

36th Annual James W. Rae Scientific Day & Lecture Agenda

September 6th, 2019

Richard L. Postma Family Clubhouse-University of Michigan Golf Course

500 E. Stadium, Ann Arbor, MI 48104

Program will take place on the second floor

8 am	Registration & Continental Breakfast	
8:30 am	Welcome & Opening Remarks	Joseph Hornyak, MD, PhD, Program Chair Professor of Physical Medicine & Rehabilitation Edward A. Hurvitz, MD, Department Chair James W. Rae Professor of Physical Medicine & Rehabilitation
9 am	Novel Interventions for Chronic Pain, Fatigue, & Depressed Mood in Multiple Sclerosis	Anna Kratz, PhD Associate Professor of Physical Medicine & Rehabilitation
9:30 am	Battling Pain with Data: VA Health System Leads the Charge	Devon Shuchman, MD Assistant Professor of Physical Medicine & Rehabilitation Melissa Tinney, MD Assistant Professor of Physical Medicine & Rehabilitation Heidi Happala, MD Associate Professor of Physical Medicine & Rehabilitation
10 am	Exercise-related Leg Pain: Is it Shin Splints or Something Worse?	Andrea Aagesen, DO Assistant Professor of Physical Medicine & Rehabilitation
10:30 am	BREAK	
10:45 am	Psychological Treatment for Chronic Pain	Michael Geisser, PhD Professor of Physical Medicine & Rehabilitation
11:15 am	Pelvic Pain: Don't Run for the Hills	Reina Nakamura, MD Assistant Professor of Physical Medicine & Rehabilitation
11:45 am	Interdisciplinary Treatment for Youth with Chronic Pain	Eric Scott, PhD Associate Professor of Pediatric Psychology
12:15 pm	LUNCH	
1:15 pm	<u>Keynote Presentation</u> Treating Pain Based On the Underlying Mechanism: Are We There Yet?	Daniel Clauw, MD Professor of Anesthesiology Professor of Medicine Professor of Psychiatry Director of the Chronic Pain & Fatigue Research Center
2:15 pm	Willingness to Change – Discussing Chronic Pain with Patients	David Kohns, DO Assistant Professor of Physical Medicine & Rehabilitation
2:45 pm	BREAK	

3 pm	Kathy Kielb Memorial Lecture Sleep & Rehabilitation	Introduction by Edward A. Hurvitz, MD, Department Chair James W. Rae Professor of Physical Medicine & Rehabilitation Kathy Kielb Memorial Lecture Presented by Joshua Startup, MD Chief Resident, Physical Medicine & Rehabilitation
3:30 pm	Opioid Management in MSK Pain: Current State	Anthony (Tony) Chiodo, MD Professor of Physical Medicine & Rehabilitation
4 pm	Wrap Up & Q&A's	Joseph Hornyak, MD, PhD, Program Chair Professor of Physical Medicine & Rehabilitation

CME Credit:

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Target Audience:

This program is planned for faculty, alumni, house officers, medical students, residents, and guests of the Department of Physical Medicine & Rehabilitation (PM&R).

Objective:

The primary objective is to gain medical knowledge and evaluate scientific evidence relating to the on-going research activities. This event also proves to be an exercise in communication and professional skills as presentations are required as part of the activity. All participants gain new or improved skills and information on medically related research that can be implemented into daily practice.