CDB Annual Review / IDP worksheet

Date___________________

A. NAME AND YEAR:

Mentor:

Thesis Advisory Committee:
  Date of last meeting:
  Members of Committee:

B. SUMMARY OF THE PAST ACADEMIC YEAR

Scholarship:
  Posters, talks, presentations:
  Papers drafted, submitted or published:
  Meetings, seminars or workshops attended:
  Awards or recognitions:
  Grants submitted or funded:

Teaching:
  Classroom teaching:
  Mentoring and lab training:

Service:
  Committee membership:

Research: (write a paragraph outlining your research accomplishments e.g. established C. elegans as a model system in the lab, identified protein X as important for process Y, etc.)

C. POSITIONING YOURSELF FOR THE FUTURE.

Goals:
  Research
  Career

What have you done to improve/develop your skills in:
  communication (oral presentation and scientific writing)?
  leadership or organization?
  project management?
  teamwork?
  networking?

What have you done to explore career options you may be interested in?