



35TH ANNUAL

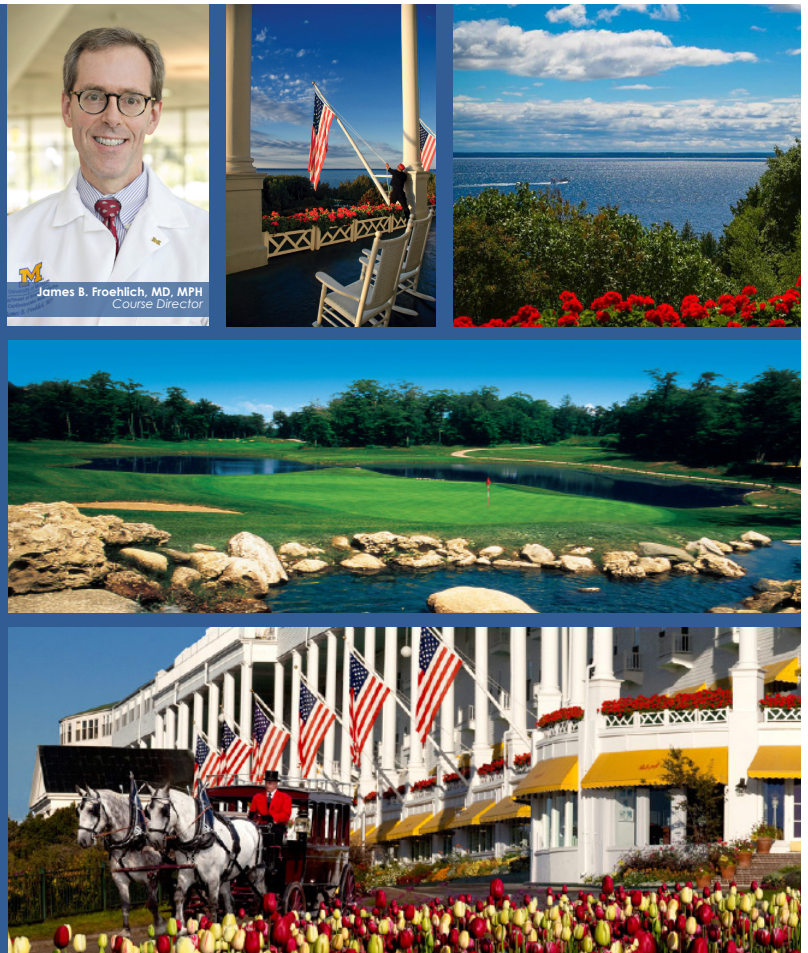
Internal Medicine Update

July 28 - July 30, 2017

Grand Hotel, Mackinac Island, Michigan



The 35th Annual Internal Medicine Update is sponsored by Grand Hotel



GRAND HOTEL, MACKINAC ISLAND, MICHIGAN

AMERICA'S SUMMER PLACE. A GRAND EXPERIENCE.

Celebrating its 130th Anniversary Season this year, Grand Hotel has been welcoming guests to Mackinac Island since 1887. Visitors enjoy all the modern amenities along with the hotel's original architecture and tastefully preserved charm. That ambiance is enhanced by Mackinac Island's relaxed atmosphere, where cars are not allowed and horse-drawn carriages and bicycles are favored modes of transportation.

Named US News and World Report's 2016 Best Hotel in Michigan, one of Travel + Leisure's 500 World's Best Hotels, and Condé Nast Traveler's Top 5 Midwest Resorts, Grand Hotel offers an unmatched vacation experience. Your stay in one of the 393 uniquely decorated guest rooms, including one and two-bedroom suite options. A full breakfast and five-course dinner are included daily in most guest room rates. Children 9 and under are complimentary and can enjoy children's programs from June - September.

Grand Hotel activities include Afternoon Tea, nightly dancing to Grand Hotel Orchestra, lawn games in the Tea Garden, garden tours, the heated Esther Williams Swimming Pool, 18 holes of golf, FootGolf, Astor's Salon & Spa, and shopping in Grand Hotel's many distinctive stores. Or guests can simply enjoy spectacular views of the Straits of Mackinac while relaxing in a rocking chair on the world's longest porch.

Mackinac Island itself offers many ways to unwind and explore. Guests can rent bikes, hike the island's interior, tour historic Fort Mackinac or take a horse-drawn carriage ride. There are also two butterfly houses and the Richard and Jane Manoogian Mackinac Art Museum, which showcases island-inspired art (complimentary for Grand Hotel guests). And no island visitor can leave without sampling some of the world's best fudge – 12 shops island-wide in all – including Grand Hotel's own signature confectionery.

So much to do. So much to see. So much grace, elegance and beauty. Plan your grand getaway today at 1-800-33GRAND or visit grandhotel.com.

Grand Hotel is a proud partner of the University of Michigan.

PROGRAM SCHEDULE

Friday, July 28, 2017

- 7:45 am Continental Breakfast & Registration
- 8:15 **Welcome and Announcements** | James Froehlich, MD, MPH
- 8:20 **Stable CAD Management and the Role of Stress Testing** | James Froehlich, MD, MPH
- 9:00 **HIV for the PCP: How to PrEP and Prevent!** | Preeti Malani, MD
- 9:35 **Advance Care Planning and Goals of Care Discussions: When, How, and for Whom** | Adam Marks, MD
- 10:10 Break
- 10:25 **New Approaches to Cancer Genetic Testing for Your High-Risk Patients** | John Carethers, MD
- 11:05 **Obesity: An Endocrinologist's Perspective on Managing the Epidemic** | Robert Lash, MD
- 11:40 **Sinusitis: Acute, Chronic, and Everything in Between** | Mark Zacharek, MD
- 12:15 pm *Session Adjourns*
- 12:30 - 2:00 **Lunch on the Lawn & Children's Games**, Tea Garden
(Alt: Grand Luncheon Buffet, Main Dining Room)

Saturday, July 29, 2017

- 7:45 am Continental Breakfast & Registration
(for those who have not already)
- 8:15 **Announcements** | James Froehlich, MD, MPH
- 8:20 **PPI Upside and Downside Especially in CAD Patients** | James Froehlich, MD, MPH
- 9:00 **I Can't Stop Coughing! How to Approach Chronic Cough** | Mark Zacharek, MD
- 9:40 **Evaluation and Care for the Transgender Patient** | Robert Lash, MD
- 10:20 Break
- 10:35 **What is Palliative Care and Will It Help my Patient?** | Adam Marks, MD
- 11:10 **C. Difficile: Risks, Diagnosis, and Update on Newer Treatment Approaches** | John Carethers, MD
- 11:50 **Hep B and Hep C Testing and Treatment in 2017** | Preeti Malani, MD
- 12:30 pm *Session Adjourns*
- 6:00 - 7:00 **Private Reception**, Front Porch
(Alt: Terrace Room)

Sunday, July 30, 2017

- 7:45 am Continental Breakfast & Registration
(for those who have not already)
- 8:15 **Announcements** | James Froehlich, MD, MPH
- 8:20 **Non-Cardiac Chest Pain: GI Tract Causes** | John Carethers, MD
- 9:00 **Geriatric Pearls for the Primary Care Provider** | Adam Marks, MD
- 9:40 **Another Diabetes Treatment? How to Choose in an Age of Plenty** | Robert Lash, MD
- 10:20 Break
- 10:35 **That Doesn't Work Anymore! Antibiotic Resistance and New Antibiotics** | Preeti Malani, MD
- 11:10 **What Was That? Approach to the Patient with Hearing Loss** | Mark Zacharek, MD
- 11:50 **Atrial Fibrillation: How to Manage and When to Refer** | James Froehlich, MD, MPH
- 12:30 pm *Course Adjourns*

TARGET AUDIENCE

This is a clinically focused program designed for primary care health providers interested in the diagnosis and management of clinical problems encountered in primary care. This would include family physicians, general practitioners, internists, physician assistants, nurse practitioners, and other health care professionals involved in primary care.

PROGRAM OBJECTIVES

The objective of this course is to update primary care providers in their current thinking about various diagnostic and therapeutic challenges commonly encountered in clinical practice.

At the conclusion of this course, participants will be able to implement:

- a better understanding of the multitude of diabetes treatments.
- the latest updates in chronic coumanagement.
- the effective management of sinusitis.
- the basics of HIV education and prevention.
- the best approach to palliative care.
- standard approach to C. difficile treatments.
- evidence-based evaluation of non-cardiac chest pain.
- treatment options for PPI.
- updates on resistant and new antibiotics.

MICHIGAN MEDICINE FACULTY

John Carethers, MD

John G. Searle Professor and Chair
Department of Internal Medicine

James Froehlich, MD, MPH

Course Director
Professor,
Department of Internal Medicine
Director, Vascular Medicine
Director, Anticoagulation Clinic

Robert Lash, MD

Professor,
Department of Internal Medicine
Chief of Staff, Michigan Medicine
Director,
Clinical Foundations of Medicine

Preeti Malani, MD, MSJ

Professor,
Department of Internal Medicine

Adam Marks, MD

Associate Professor,
Department of Internal Medicine
Associate Director, Adult Palliative and
Supportive Care Clinic
Medical Director, Arbor Hospice
Adult Palliative Care

Mark Zacharek, MD

Associate Professor,
Department of Otorhinolaryngology
Director, Michigan Sinus Center

PLANNING COMMITTEE

James Froehlich, MD, MPH

Course Director
Professor,
Department of Internal Medicine,
Division of Cardiology
Director, Vascular Medicine
Director, Anticoagulation Clinic

Allison Picinotti

Program Manager,
Department of Internal Medicine
Continuing Medical Education

Katie Ursitti

Program Coordinator,
Department of Internal Medicine
Continuing Medical Education

Erin Van Washnova

Program Coordinator,
Department of Internal Medicine
Continuing Medical Education

UPCOMING CME COURSES

for more information and to register, visit: medicine.umich.edu/dept/intmed

Updates in Nephrology for the Primary Care Provider

Saturday, May 6, 2017
Ann Arbor Marriott at Eagle Crest, Ypsilanti, MI

5th Annual Internal Medicine Spring Review

Friday - Saturday, May 19-20, 2017
The Inn at St. John's, Plymouth, MI

Update on Arrhythmias & Syncope

Saturday, June 3, 2017
The Inn at St. John's, Plymouth, MI

Maintenance of Certification (MOC) Study Session

Saturday, June 10, 2017
Ann Arbor Marriott at Eagle Crest, Ypsilanti, MI

2nd Annual Internal Medicine Board Review

Sunday-Thursday, June 11-16, 2017
Ann Arbor Marriott at Eagle Crest, Ypsilanti, MI

30th Annual Cardiology Update

Friday - Sunday, August 18-20, 2017
Grand Hotel, Mackinac Island, MI

30th Annual Pediatric Board Review

Monday-Saturday, August 21-26, 2017
The Kensington Hotel, Ann Arbor, MI

Clinical Issues in the Care of Older Adults

Thursday, September 28, 2017
The Kensington Hotel, Ann Arbor, MI

Gastroenterology Update: A Case-Based Approach to Common GI Problems

Friday-Saturday, September 29-30, 2017
The Dearborn Inn, Dearborn, MI

30th Annual Update in Pulmonary & Critical Care Medicine

Friday-Saturday, October 13-14, 2017
The Dearborn Inn, Dearborn, MI

20th Annual Liver Disease Wrap-Up

Saturday, December 2, 2017
The Inn at St. John's, Plymouth, MI

COURSE FEE

The course fee includes electronic syllabus, continental breakfast, coffee service, Lunch on the Lawn, and private Welcome Reception for participants, faculty and families. Please RSVP for the Lunch on the Lawn and the Welcome Reception on the course registration form.

VENUE

Grand Hotel, Mackinac Island, Michigan

Hotel reservations must be made by mail or fax (see Lodging) using the Grand Hotel Reservation Form on the next page.

Reservation Deadline: Tuesday, June 27, 2017

Phone: (800) 334-7263 or visit www.grandhotel.com

REGISTRATION

You are encouraged to register as soon as you are certain of attending. Payment must accompany registration. Checks should be made payable to the University of Michigan in U.S. currency. Payments by American Express, Discover, MasterCard or Visa are also accepted.

CONFIRMATION

Conference registrations will be confirmed by email. If you do not receive confirmation, or if the information is in question, please contact the Department of Internal Medicine CME Office at (734) 232-3469 or email intmedcme@umich.edu.

CANCELLATION POLICY

An administrative fee of \$50 will be deducted from your registration payment. Refund requests must be received in writing one week prior to the course, no later than Thursday, July 20, 2017. No refunds will be made thereafter.

ACCREDITATION

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Applications have been submitted to the American Osteopathic Association and the American Academy of Family Physicians for credits. Determination of credit is pending. Other credits by specialty may apply.

COURSE SYLLABUS

An electronic syllabus will be available to download during and a week after the course. The URL will be provided at the course. In addition, a printed syllabus can be purchased for an additional fee of \$20. The printed syllabus must be purchased no later than Thursday, July 20, 2017.

LODGING

Grand Hotel reservation deadline is Tuesday, June 27, 2017.

Please Note: The reservation form in this brochure must be used.

To arrange for accommodations, please complete the Hotel Reservation Form on the following page and return it to:

Reservations Department: Grand Hotel, PO Box 286, Mackinac Island, Michigan 49757 or fax to (906) 847-0945 by Tuesday, June 27, 2017.

See the Hotel Reservation Form for room guarantees. Lodging rates at the Grand Hotel are based on the Modified American Plan – breakfast and dinner are included. For additional Grand Hotel questions, please contact Grand Hotel at (800) 334-7263 or visit www.grandhotel.com

GUEST ATTIRE

Casual resort wear is welcome anywhere in Grand Hotel throughout the day. However, in accordance with Grand Hotel tradition, a dress code is in effect after 6:30 pm. Dress, skirt and blouse or pantsuit for ladies, and coat, necktie and dress pants for gentlemen are required for the enjoyment of hotel activities. Less formal dining areas are available at an additional charge to guests at Woods, The Jockey Club at the Grand Stand, The Gate House, Sushi Grand, or Cawthorne's Village Inn downtown.

ADDITIONAL NEARBY ACCOMMODATIONS

Hotel Iroquois 906-847-3321

Island House Hotel 906-847-3347

Mission Point Resort 906-847-3000

For additional information on other hotels, please call the Mackinac Island Tourism Bureau at 800-4LILACS or visit www.mackinacisland.org

TRANSPORTATION

Motor vehicles are prohibited on the island and all travel is by carriage, bicycle, horseback or foot. Mackinaw City and St. Ignace are easily accessible by car. Transportation is available from either location to Mackinac Island by ferry or charter flight to the Island's airstrip. Discount ferry coupons for transportation to Mackinac Island will be emailed several weeks prior to the course. Pellston Regional Airport serves Mackinaw City and is located 16 miles south off I-75. You must pre-arrange your ground transportation to Mackinaw City.

CONTACT INFORMATION

University of Michigan Department of Internal Medicine

Continuing Medical Education

Phone: (734) 232-3469

Fax: (734) 998-0085

Email: intmedcme@umich.edu

Web: medicine.umich.edu/dept/intmed

Grand Hotel Reservation Form

U-M 35th ANNUAL INTERNAL MEDICINE UPDATE · JULY 28 - 30, 2017



ARRIVE: Thursday, July 27, 2017 **DEPART:** Sunday, July 30, 2017

ACCOMMODATIONS MAY BE AVAILABLE PRIOR TO AND FOLLOWING THE ABOVE DATES

Return this form to Grand Hotel

Mail: Reservations Department, Grand Hotel, PO Box 286, Mackinac Island, MI 49757
Email: groupforms@grandhotel.com
Fax: (906) 847-0945

Hotel Reservation Deadline: Tuesday, June 27, 2017

Dr. Mr. Mrs. Ms. Mr. & Mrs.

Name _____

Address _____

City _____ State _____ Zip _____

Home/Cell Phone _____ Business Phone _____

Email address (for reservation confirmation) _____

If sharing a room, name(s) of person(s) sharing with you: _____

Grand Hotel offers a variety of room types for conference attendees. Guests sometimes ask to arrive earlier or remain later than the conference's official dates. We welcome your request for a specific room, room type, or room dates either prior to or following the conference. While your request will receive careful attention, please understand that it cannot be guaranteed.

ARRIVAL DATE: _____ **DEPARTURE DATE:** _____

Please reserve the following accommodations:	Double - Daily, Per Person, based on Double Occupancy	Single - Daily
CATEGORY I - Smaller, interior-view rooms	<input type="checkbox"/> \$235.00	<input type="checkbox"/> \$395.00
CATEGORY II - Larger, interior-view and smaller, lake-view rooms	<input type="checkbox"/> \$290.00	<input type="checkbox"/> \$505.00
CATEGORY III - Deluxe lake-view guest rooms, some with balcony	<input type="checkbox"/> \$370.00	<input type="checkbox"/> \$665.00

Grand Hotel operates on the **Modified American Plan**. This means that your daily rate *includes* breakfast and dinner. In addition to our Grand Luncheon Buffet, other facilities are available at Grand Hotel for lunch.

RESERVATIONS FOR ADDITIONAL PERSONS

_____ 9 years of age and under, no charge, except for luggage charge _____ 18 years of age and over, \$139.00 daily, per person
_____ 10 through 17 years of age, \$59.00 daily, per person

For an adult staying in a guest room with one or more children, the adult will pay the single convention rate, the children will be at the appropriate children's rates listed above. For two or more children staying in a guest room without an adult, the oldest child will be charged the single convention rate based on the category of room they are in and the remaining children will be at the additional persons rates listed above.

PLEASE NOTE THAT A LIMITED NUMBER OF ROOMS ARE AVAILABLE FOR EACH RATE CATEGORY. IF THE RATE REQUESTED IS NOT AVAILABLE, THE CLOSEST AVAILABLE RATE WILL BE CONFIRMED.

NO TIPPING: Tipping to any employee anywhere within Grand Hotel is not required, expected or permitted. There is tipping at the following offsite restaurant locations: The Jockey Club at the Grand Stand, Woods, The Gate House, the Pool Grill, Cawthorne's Village Inn, Sushi Grand, and Fort Mackinac Tea Room.

NOTE: Michigan 6% Sales Tax applies to all charges, including a 19.5% added charge on the per person daily room rate. There is also a 2% Mackinac Island Assessment charge on the per person daily room rate. There is a one-time charge of \$8.50 per person for transfer of luggage from the dock to the Hotel and return. Taxi transportation to and from the boat docks and the Hotel is not included in the daily rate.

The block of rooms being held for this meeting is based on estimated attendance. Please make your reservation as promptly as possible. Requests received after the block is filled will be contacted and given an option of being placed on a waitlist. The waitlist is not a guarantee of a room. All rooms in the block which have not been reserved 30 days in advance of the meeting will be released for other guests. Individual group reservations are subject to a 10-day cancellation policy. Reservation deposits will be refunded if cancelled 10 or more days prior to arrival, less a \$45.00 processing fee. Reservations cancelled less than 10 days prior will forfeit the room deposit. Once a guest confirms a departure date upon check-in, should check-out occur earlier than agreed, there will be a \$400.00 charge.

DEPOSIT POLICY: A deposit, including luggage charge, must accompany this form in order to hold your room.
Grand Hotel accepts VISA, MasterCard, Discover, American Express, traveler's checks, personal checks, and cash payments for bills.

METHOD OF DEPOSIT: CHECK OR CREDIT CARD: MasterCard Discover AmEx VISA
 Please charge one full night rate to my credit card. Please charge my full stay to my credit card.

CARD NUMBER: _____ EXP. DATE: _____ SEC. CODE: _____

NAME ON CARD: (Please print) _____

SIGNATURE: (Not valid without signature) _____

CHECK-IN TIME: After 4:00 p.m. **CHECK-OUT TIME:** Before 11:00 a.m. Your hotel confirmation will be arriving to you via e-mail. Please check your confirmation to make sure it is correct and print it for your records. Please contact us with any questions or changes. In accordance with Michigan law, all Grand Hotel guest rooms, meeting rooms, restaurants and bars are non-smoking. For additional information, please visit us at www.grandhotel.com



COURSE REGISTRATION FORM

35th Annual Internal Medicine Update
July 28 - July 30, 2017



Mail this form to:
University of Michigan
Department of Internal Medicine CME
24 Frank Lloyd Wright Dr.
Lobby J, Suite 1200
Ann Arbor, MI 48106-5750



Online: medicine.umich.edu/intmed/cme



Fax: (734) 998-0085

REGISTRANT NAME (first, middle initial, last) <i>(as you would like it to appear on your name tag)</i>	DEGREE - select all that apply
	<input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> Other:
	SPECIALTY:

PREFERRED MAILING ADDRESS.....select one	<input type="checkbox"/> HOME	<input type="checkbox"/> BUSINESS
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ADDRESS

CITY	STATE	ZIP OR POSTAL CODE	COUNTRY
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CONTACT PHONE NUMBER(S):

CELL / HOME WORK

EMAIL ADDRESS (Receipts and confirmations are sent via email. Please print clearly.)	SPECIAL ACCOMMODATIONS
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RSVP - LUNCH ON THE LAWN • 12:30-2:00 pm • Friday, July 28, 2017 (no charge)

<input type="checkbox"/> WILL ATTEND _____ # of Adults (include children 13 and older) _____ # of Children (12 and younger)	<input type="checkbox"/> WILL NOT ATTEND
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RSVP - WELCOME RECEPTION • 6:00-7:00 pm • Saturday, July 29, 2017 (no charge)

<input type="checkbox"/> WILL ATTEND _____ # of Adults (include children 13 and older) _____ # of Children (12 and younger)	<input type="checkbox"/> WILL NOT ATTEND
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Course Options	Physician	Physician-in-Training, Retired Physician, RN & Allied Health	U-M Faculty & Staff
Full Course	<input type="checkbox"/> \$730	<input type="checkbox"/> \$560	<input type="checkbox"/> \$200
One-Day Course – Friday only	<input type="checkbox"/> \$320	<input type="checkbox"/> \$250	<input type="checkbox"/> \$100
One-Day Course – Saturday only	<input type="checkbox"/> \$320	<input type="checkbox"/> \$250	<input type="checkbox"/> \$100
One-Day Course – Sunday only	<input type="checkbox"/> \$320	<input type="checkbox"/> \$250	<input type="checkbox"/> \$100
Printed Syllabus (BE GREEN! Electronic syllabus is free)	<input type="checkbox"/> \$20	<input type="checkbox"/> \$20	<input type="checkbox"/> \$20

Please enclose a check (U.S. currency) payable to the University of Michigan or pay by credit card below. Payment must accompany registration.

CREDIT CARD: AmEx Discover MasterCard Visa

CARD # EXP. DATE SEC. CODE

NAME ON CARD (Please print)

SIGNATURE (Not valid without signature)