October 18, 2017  
Sports Medicine for the Primary Care Physician

7:30-8:00 AM  
Registration and Breakfast

8:00-8:40 AM  
Plenary Session: Don’t Take this Sitting Down: Update on physical activity recommendations  
Bob Kiningham, MD

8:40-9:20 AM  
Plenary Session: Diagnostic Imaging in Sports Medicine: What to order, when (and why!)  
Mark Mirabelli, MD

9:20-10:00 AM  
Plenary Session: Cardiovascular Screening of Athletes  
Keri Denay, MD

10:00-10:30 AM  
Plenary Session: Recognition and Treatment of Shoulder Adhesive Capsulitis  
Jeff Housner, MD, MBA

10:30-10:45 AM  
Break

10:45-11:25 AM  
Workshop Session 1

Session 1A-1: Examination of the Foot and Ankle  
Kylee Phillips, MD, MBA

Session 1B-1: Examination of the Shoulder  
Lindsay Quade, MD

Session 1C-1: Update on Supplements and Ergogenic Aides  
Sander Rubin, MD

Session 1D-1: Office Fracture Care  
Ramsey Shehab, MD
October 18, 2017, continued

11:30 AM-12:10 PM  Workshop Session 1 is repeated: 1-2

12:10- 1:00 PM  LUNCH

1:00-1:40 PM  Plenary Session: Truth or Fallacy: Critical examination of common sports medicine practices
Bob Kinningham, MD

1:45-2:25 PM  Workshop Session 2

Session 2A-1: Approach to Knee Injuries
Alan Zakaria, DO, MS

Session 2B-1: Special Concerns of Female Athletes
Zoe Foster, MD

Session 2C-1: Pediatric Sports Medicine
Ingrid Ichescio, MD

Session 2D-1: Diagnosis and Treatment of Common Tendinopathies
Christina Murphy, MD

2:30-3:10 PM  Workshop Session 2 is repeated: 2-2

3:10-3:25 PM  BREAK

3:25-4:05 PM  Workshop Session 3-1

Session 3A-1: Examination of the Hand and Wrist
Dan Lueders, MD

Session 3B-1: Approach to Hip Pain
Adam Lewno, DO

Session 3C-1: Prevention and Screening of Pediatric Sports Injuries
Rebecca Northway, MD

Session 3D-1: Recognition, Evaluation and Treatment of Concussion in Athletes
Andrea Aagesen, DO

4:10-4:50 PM  Workshop Session 3 is repeated: 3-2

4:50 PM  Adjourn
### October 19, 2017

**Fall Update in Family Medicine**

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<td>7:30-8:00 AM</td>
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| 8:00-8:30 AM  | **Plenary Session: Prescribing Medications for Anxiety and Depression (Without Causing Yourself Anxiety or Depression!)**  
Stephen Warnick, MD |
| 8:35 - 9:05 AM| **Plenary Session: Evidence Based Review of Preventive Medicine Guidelines**                 
Eric Skye, MD               |
| 9:10 - 9:40 AM| **Plenary Session: Headaches in Children**                                                  
Steve Leber, MD             |
| 9:40 - 10:00 AM| **Break**                                                                                  |
| 10:00 - 10:50 AM| **Workshop Session 4-1**                                                                  |
|               | **Session 4A-1: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure**  
Stephen Warnick, MD |
|               | **Session 4B-1: Case Studies in Controversial Topics**                                      
Eric Skye, MD               |
|               | **Session 4C-1: Is It a Seizure?**                                                         
Steve Leber, MD             |
|               | **Session 4D-1: Transgender Medicine for the Primary Care Provider**                        
Daniel Shumer, MD, MPH      |
| 10:55 - 11:45 AM| **Workshop Session 4 is repeated: 4-2**                                                    |
| 11:45 AM - 12:45 PM| **Lunch**                                                                                 |
| 12:45 – 1:15 PM| **Plenary Session: Tobacco Addiction and Dependence**                                      
Alena Williams, MD          |
| 1:20 – 1:50 PM | **Plenary Session: Evaluation of Elevated Liver Tests/Non-Alcoholic Fatty Liver Disease** 
Lisa Glass, MD             |
| 1:55 – 2:25 PM | **Plenary Session: Vaginitis: Fate of the Wet Prep**                                        
Barbara Apgar, MD           |
2:25 – 2:40 PM      Break

October 19, 2017, continued

2:40 – 3:30 PM      Workshop Session 5

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco
Alena Williams, MD

Session 5B-1: Elevated Liver Tests: Cases
Lisa Glass, MD

Session 5C-1: Vaginitis Case Studies
Barbara Apgar, MD

Session 5D-1: Inter-professional Management of Dental Caries in Children
Carlos Gonzalez-Cabezas, DDS, MSD, PhD

3:35 - 4:25 PM      Workshop Session 5 is repeated: 5-2

4:25 PM      Adjourn

October 20, 2017
Fall Update in Family Medicine

7:30-8:00 AM      Registration and Breakfast

8:00-8:30 AM      Plenary Session: Child/Adult Immunization Update
Pam Rockwell, DO

8:35 – 9:05 AM      Plenary Session: Weight Control Medications
Andrew Kraftson, MD

9:10 – 9:40 AM      Plenary Session: Outpatient VTE Management
Anna McEvoy, MD

9:45 – 10:35 AM      Workshop Session 6

Session 6A-1: Immunization Case Studies
Pam Rockwell, DO

Session 6B-1: Weight Management Case Studies
Andrew Kraftson, MD

Session 6C-1: VTE Cases
Anna McEvoy, MD
**October 20, 2017, continued**

**Session 6D-1: Common Issues in Men’s Health**  
Joel Heidelbaugh, MD

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<tr>
<td>10:40 – 11:30 AM</td>
<td>Workshop Session 6 is repeated: 6-2</td>
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<tr>
<td>11:30 AM – 12:15 PM</td>
<td>Lunch</td>
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| 12:15 – 1:15 PM | Interactive Session: Tai Chi - Background, Characteristics and Benefits  
Wasentha Young |
| 1:20 – 2:20 PM  | Interactive Session: Case Studies in Cognitive Dysfunction  
Praveen Dayalu, MD |
| 2:25 – 3:25 PM  | Interactive Session: EKG Basics . . . and Then Some  
Rusty Chavey, MD, MS |
| 3:25 PM        | Adjourn                                               |