

Sports Medicine for the Primary Care Physician & Fall Update in Family Medicine

 **MEDICAL SCHOOL**
UNIVERSITY OF MICHIGAN
Department of Family Medicine

Kensington Hotel | Ann Arbor, MI
October 18-20, 2017

October 18, 2017

Sports Medicine for the Primary Care Physician

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| 7:30-8:00 AM | Registration and Breakfast |
| 8:00-8:40 AM | Plenary Session: Don't Take this Sitting Down: Update on physical activity recommendations Bob Kinningham, MD |
| 8:40-9:20 AM | Plenary Session: Diagnostic Imaging in Sports Medicine: What to order, when (and why!) Mark Mirabelli, MD |
| 9:20-10:00 AM | Plenary Session: Cardiovascular Screening of Athletes Keri Denay, MD |
| 10:00-10:30 AM | Plenary Session: Recognition and Treatment of Shoulder Adhesive Capsulitis Jeff Housner, MD, MBA |
| 10:30-10:45 AM | Break |
| 10:45-11:25 AM | Workshop Session 1 |
| | Session 1A-1: Examination of the Foot and Ankle Kylee Phillips, MD, MBA |
| | Session 1B-1: Examination of the Shoulder Lindsay Quade, MD |
| | Session 1C-1: Update on Supplements and Ergogenic Aides Sander Rubin, MD |
| | Session 1D-1: Office Fracture Care Ramsey Shehab, MD |

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11:30 AM-12:10 PM **Workshop Session 1 is repeated: 1-2**

12:10- 1:00 PM **LUNCH**

1:00-1:40 PM **Plenary Session: Truth or Fallacy: Critical examination of common sports medicine practices**
Bob Kiningham, MD

1:45-2:25 PM **Workshop Session 2**

Session 2A-1: Approach to Knee Injuries
Alan Zakaria, DO, MS

Session 2B-1: Special Concerns of Female Athletes
Zoe Foster, MD

Session 2C-1: Pediatric Sports Medicine
Ingrid Ichesco, MD

Session 2D-1: Diagnosis and Treatment of Common Tendinopathies
Christina Murphy, MD

2:30-3:10 PM **Workshop Session 2 is repeated: 2-2**

3:10-3:25 PM **BREAK**

3:25-4:05 PM **Workshop Session 3-1**

Session 3A-1: Examination of the Hand and Wrist
Dan Lueders, MD

Session 3B-1: Approach to Hip Pain
Adam Lewno, DO

Session 3C-1: Prevention and Screening of Pediatric Sports Injuries
Rebecca Northway, MD

Session 3D-1: Recognition, Evaluation and Treatment of Concussion in Athletes
Andrea Agesen, DO

4:10-4:50 PM **Workshop Session 3 is repeated: 3-2**

4:50 PM **Adjourn**

October 19, 2017

Fall Update in Family Medicine

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| 7:30-8:00 AM | Registration and Breakfast |
| 8:00-8:30 AM | Plenary Session: Prescribing Medications for Anxiety and Depression (Without Causing Yourself Anxiety or Depression!) Stephen Warnick, MD |
| 8:35 - 9:05 AM | Plenary Session: Evidence Based Review of Preventive Medicine Guidelines Eric Skye, MD |
| 9:10 - 9:40 AM | Plenary Session: Headaches in Children Steve Leber, MD |
| 9:40 - 10:00 AM | Break |
| 10:00 - 10:50 AM | Workshop Session 4-1 Session 4A-1: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure Stephen Warnick, MD Session 4B-1: Case Studies in Controversial Topics Eric Skye, MD Session 4C-1: Is It a Seizure? Steve Leber, MD Session 4D-1: Transgender Medicine for the Primary Care Provider Daniel Shumer, MD, MPH |
| 10:55 - 11:45 AM | Workshop Session 4 is repeated: 4-2 |
| 11:45 AM - 12:45 PM | Lunch |
| 12:45 – 1:15 PM | Plenary Session: Tobacco Addiction and Dependence Alena Williams, MD |
| 1:20 – 1:50 PM | Plenary Session: Evaluation of Elevated Liver Tests/Non-Alcoholic Fatty Liver Disease Lisa Glass, MD |
| 1:55 – 2:25 PM | Plenary Session: Vaginitis: Fate of the Wet Prep Barbara Apgar, MD |

2:25 – 2:40 PM **Break**

October 19, 2017, continued

2:40 – 3:30 PM **Workshop Session 5**

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco

Alena Williams, MD

Session 5B-1: Elevated Liver Tests: Cases

Lisa Glass, MD

Session 5C-1: Vaginitis Case Studies

Barbara Apgar, MD

Session 5D-1: Inter-professional Management of Dental Caries in Children

Carlos Gonzalez-Cabezas, DDS, MSD, PhD

3:35 - 4:25 PM **Workshop Session 5 is repeated: 5-2**

4:25 PM **Adjourn**

October 20, 2017

Fall Update in Family Medicine

7:30-8:00 AM **Registration and Breakfast**

8:00-8:30 AM **Plenary Session: Child/Adult Immunization Update**

Pam Rockwell, DO

8:35 – 9:05 AM **Plenary Session: Weight Control Medications**

Andrew Kraftson, MD

9:10 – 9:40 AM **Plenary Session: Outpatient VTE Management**

Anna McEvoy, MD

9:45 – 10:35 AM **Workshop Session 6**

Session 6A-1: Immunization Case Studies

Pam Rockwell, DO

Session 6B-1: Weight Management Case Studies

Andrew Kraftson, MD

Session 6C-1: VTE Cases

Anna McEvoy, MD

October 20, 2017, continued

Session 6D-1: Common Issues in Men's Health

Joel Heidelbaugh, MD

10:40 – 11:30 AM **Workshop Session 6 is repeated: 6-2**

11:30 AM – 12:15 PM **Lunch**

12:15 – 1:15 PM **Interactive Session: Tai Chi - Background, Characteristics and Benefits**

Wasantha Young

1:20 – 2:20 PM **Interactive Session: Case Studies in Cognitive Dysfunction**

Praveen Dayalu, MD

2:25 – 3:25 PM **Interactive Session: EKG Basics . . . and Then Some**

Rusty Chavey, MD, MS

3:25 PM **Adjourn**