October 18, 2017
Sports Medicine for the Primary Care Physician
All Plenary Sessions will be held in Grande II.

7:30-8:00 AM  Registration and Breakfast
Grand Foyer

8:00-8:40 AM  Plenary Session: Don’t Take this Sitting Down: Update on physical activity recommendations
Robert B. Kiningham, MD, MA, Associate Professor, Department of Family Medicine, Michigan Medicine

8:40-9:20 AM  Plenary Session: Diagnostic Imaging in Sports Medicine: What to order, when (and why!)
Mark H. Mirabelli, MD, FAAFP, Associate Professor, Departments of Family Medicine and Orthopaedics & Rehabilitation, University of Rochester (New York)

9:20-10:00 AM Plenary Session: Cardiovascular Screening of Athletes
Keri L. Denay, MD, Assistant Professor, Sports Medicine Fellowship Director, Department of Family Medicine, Michigan Medicine

10:00-10:30 AM Plenary Session: Recognition and Treatment of Shoulder Adhesive Capsulitis
Jeffrey A. Housner, MD, MBA, Assistant Professor, Orthopaedic Sports Medicine Program, Department of Family Medicine, Michigan Medicine

10:30-10:45 AM  Break
Grand Foyer

10:45-11:25 AM  WORKSHOP SESSION 1-1

Session 1A-1: Examination of the Foot and Ankle
Grande II
Kylee E. Phillips, MD, MBA, CAQSM, Clinical Instructor of Emergency Medicine, University of Michigan Medical School and Team Physician, University of Michigan Athletic Department

Session 1B-1: Examination of the Shoulder
Grande III
J. Lindsay Quade, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 1C-1: Update on Supplements and Ergogenic Aides
**Cancelled, see Session 1C-2 at 11:30 a.m.**
10:45-11:25 AM

**WORKSHOP SESSION 1-1 (Continued)**

**Session 1D-1: Office Fracture Care**

*Westminster I-III*

Ramsey Shehab, MD, Deputy-Chief, Division of Sports Medicine, Department of Orthopaedics, Henry Ford Health System

11:30 AM-12:10 PM

**WORKSHOP SESSION 1-2 (Repeat of Workshop Session 1-1)**

**Session 1A-2: Examination of the Foot and Ankle**

*Grande II*

Kylee E. Phillips, MD, MBA, CAQSM, Clinical Instructor of Emergency Medicine, University of Michigan Medical School and Team Physician, University of Michigan Athletic Department

**Session 1B-2: Examination of the Shoulder**

*Grande III*

J. Lindsay Quade, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

**Session 1C-2: Update on Supplements and Ergogenic Aides**

*Vanderbilt*

Sander Rubin, MD, Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine

**Session 1D-2: Office Fracture Care**

*Westminster I-III*

Ramsey Shehab, MD, Deputy-Chief, Division of Sports Medicine, Department of Orthopaedics, Henry Ford Health System

12:10-1:00 PM

**Lunch**

*Buffet in Library; seating in Conservatory*

1:00-1:40 PM

**Plenary Session: Truth or Fallacy: Critical examination of common sports medicine practices**

Robert B. Kiningham, MD, MA, Associate Professor, Department of Family Medicine, Michigan Medicine

1:45-2:25 PM

**WORKSHOP SESSION 2-1**

**Session 2A-1: Approach to Knee Injuries**

*Grande II*

Alan A. Zakaria, DO, MS, Assistant Professor, Oakland University William Beaumont Hospital, School of Medicine

**Session 2B-1: Special Concerns of Female Athletes**

**Cancelled, see Session 2B-2 at 2:30 p.m.**
Session 2C-1: Pediatric Sports Medicine  
**Westminster I-III**  
**Ingrid K. Ichesco, MD,** Clinical Instructor, Pediatric Sports Medicine, Michigan Medicine

Session 2D-1: Diagnosis and Treatment of Common Tendinopathies  
**Grande III**  
**Christina N. Murphy, MD,** Clinical Lecturer, Department of Family Medicine, Michigan Medicine

### WORKSHOP SESSION 2-2 (Repeat of Workshop Session 2-1)

Session 2A-2: Approach to Knee Injuries  
**Grande II**  
**Alan A. Zakaria, DO, MS,** Assistant Professor, Oakland University William Beaumont Hospital, School of Medicine

Session 2B-2: Special Concerns of Female Athletes  
**Vanderbilt**  
**Zoë Foster, MD,** Adjunct Associate Professor, Department of Family Medicine, Michigan Medicine

Session 2C-2: Pediatric Sports Medicine  
**Westminster I-III**  
**Ingrid K. Ichesco, MD,** Clinical Instructor, Pediatric Sports Medicine, Michigan Medicine

Session 2D-2: Diagnosis and Treatment of Common Tendinopathies  
**Grande III**  
**Christina N. Murphy, MD,** Clinical Lecturer, Department of Family Medicine, Michigan Medicine

### Break

Grand Foyer

### WORKSHOP SESSION 3-1

Session 3A-1: Examination of the Hand and Wrist  
**Grande II**  
**Daniel R. Lueders, MD,** Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

Session 3B-1: Approach to Hip Pain  
**Grande III**  
**Adam Lewno, DO,** Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine
3:25-4:05 PM

WORKSHOP SESSION 3-1 (Continued)

Session 3C-1: Prevention and Screening of Pediatric Sports Injuries
Vanderbilt
Rebecca M. Northway, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 3D-1: Recognition, Evaluation and Treatment of Concussion in Athletes
Westminster I-III
Andrea L. Aagesen, DO, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

4:10-4:50 PM

WORKSHOP SESSION 3-2 (Repeat of Workshop Session 3-1)

Session 3A-2: Examination of the Hand and Wrist
Grande II
Daniel R. Lueders, MD, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

Session 3B-2: Approach to Hip Pain
Grande III
Adam Lewno, DO, Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine

Session 3C-2: Prevention and Screening of Pediatric Sports Injuries
Vanderbilt
Rebecca M. Northway, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 3D-2: Recognition, Evaluation and Treatment of Concussion in Athletes
Westminster I-III
Andrea L. Aagesen, DO, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

4:50 PM

Adjourn
October 19, 2017

Fall Update in Family Medicine
All Plenary Sessions will be held in Grande II.

7:30-8:00 AM  Registration and Breakfast
Grand Foyer

8:00-8:30 AM  Plenary Session: Prescribing Medications for Anxiety and Depression (Without Causing Yourself Anxiety or Depression!)
Stephen J. Warnick, MD, Assistant Professor, Departments of Family Medicine and Psychiatry, Michigan Medicine

8:35 - 9:05 AM  Plenary Session: Evidence Based Review of Preventive Medicine Guidelines
Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

9:10 - 9:40 AM  Plenary Session: Headaches in Children
Steven M. Leber, MD, PhD, Professor, Division of Pediatric Neurology, Department of Pediatrics, Michigan Medicine

9:40 - 10:00 AM  Break
Grande Foyer

10:00 - 10:50 AM  WORKSHOP SESSION 4-1

Session 4A-1: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure
Grande II
Stephen J. Warnick, MD, Assistant Professor, Departments of Family Medicine and Psychiatry, Michigan Medicine

Session 4B-1: Case Studies in Controversial Topics
Grande III
Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 4C-1: Is It a Seizure?
**Cancelled, see Session 4C-2 at 10:55 a.m.**

Session 4D-1: Transgender Medicine for the Primary Care Provider
Vanderbilt
Daniel E. Shumer, MD, MPH, Assistant Professor, Division of Pediatric Endocrinology, Department of Pediatrics, Michigan Medicine
10:55 - 11:45 AM

WORKSHOP SESSION 4-2 (Repeat of Workshop Session 4-1)

Session 4A-2: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure
**Cancelled, see Session 4A-1 at 10:00 a.m.**

Session 4B-2: Case Studies in Controversial Topics
Grande III
Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 4C-2: Is It a Seizure?
Westminster I-III
Steven M. Leber, MD, PhD, Professor, Division of Pediatric Neurology, Department of Pediatrics, Michigan Medicine

Session 4D-2: Transgender Medicine for the Primary Care Provider
Vanderbilt
Daniel E. Shumer, MD, MPH, Assistant Professor, Division of Pediatric Endocrinology, Department of Pediatrics, Michigan Medicine

11:45 AM - 12:45 PM

Lunch
Buffet in Library; seating in Conservatory

12:45 – 1:15 PM

Plenary Session: Tobacco Addiction and Dependence
Alena Williams, MSW, CTTS-M, Health Educator/Tobacco Treatment Specialist, Michigan Medicine

1:20 – 1:50 PM

Plenary Session: Evaluation of Elevated Liver Tests/Non-Alcoholic Fatty Liver Disease
Lisa M. Glass, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

1:55 – 2:25 PM

Plenary Session: Vaginitis: Fate of the Wet Prep
Barbara S. Apgar, MD, MS, Professor, Department of Family Medicine, Michigan Medicine

2:25 – 2:40 PM

Break
Grand Foyer

2:40 – 3:30 PM

WORKSHOP SESSION 5-1

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco
Grande II
Alena Williams, MSW, CTTS-M, Health Educator/Tobacco Treatment Specialist, Michigan Medicine
Session 5B-1: Elevated Liver Tests: Cases  
*Grande III*  
**Lisa M. Glass, MD**, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine  

Session 5C-1: Vaginitis Case Studies  
*Westminster I-III*  
**Barbara S. Apgar, MD, MS**, Professor, Department of Family Medicine, Michigan Medicine  

Session 5D-1: Inter-professional Management of Dental Caries in Children  
**Cancelled, see Session 5D-2 at 3:55 p.m.**  

### 3:35 - 4:25 PM  
WORKSHOP SESSION 5-2 (Repeat of Workshop Session 5-1)  

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco  
*Grande II*  
**Alena Williams, MSW, CTTS-M**, Health Educator/Tobacco Treatment Specialist, Michigan Medicine  

Session 5B-2: Elevated Liver Tests: Cases  
*Grande III*  
**Lisa M. Glass, MD**, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine  

Session 5C-2: Vaginitis Case Studies  
*Westminster I-III*  
**Barbara S. Apgar, MD, MS**, Professor, Department of Family Medicine, Michigan Medicine  

Session 5D-2: Inter-professional Management of Dental Caries in Children  
*Vanderbilt*  
**Carlos Gonzalez-Cabezas, DDS, MSD, PhD**, Associate Professor, University of Michigan School of Dentistry  

### 4:25 PM  
Adjourn
October 20, 2017

Fall Update in Family Medicine
All Plenary Sessions will be held in Grande II.

7:30-8:00 AM | Registration and Breakfast
Grand Foyer

8:00-8:30 AM | Plenary Session: Child/Adult Immunization Update
Pamela G. Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

8:35 - 9:05 AM | Plenary Session: Weight Control Medications
Andrew T. Kraftson, MD, Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

9:10 – 9:40 AM | Plenary Session: Outpatient VTE Management
Anna K. McEvoy, MD, Clinical Lecturer, Academic Fellow, Department of Family Medicine, Michigan Medicine

9:45 – 10:35 AM | WORKSHOP SESSION 6-1

Session 6A-1: Immunization Case Studies
Westminster I-III
Pamela G. Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 6B-1: Weight Management Case Studies
Grande II
Andrew T. Kraftson, MD, Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

Session 6C-1: VTE Cases
Vanderbilt
Anna K. McEvoy, MD, Clinical Lecturer, Academic Fellow, Department of Family Medicine, Michigan Medicine

Session 6D-1: Common Issues in Men’s Health
Grande III
Joel J. Heidelbaugh, MD, FAAP, FACG, Clinical Professor, Departments of Family Medicine and Urology, Michigan Medicine
10:40 – 11:30 AM  
**WORKSHOP SESSION 6-2 (Repeat of Workshop Session 6-1)**

**Session 6A-2: Immunization Case Studies**  
*Westminster I-III*  
**Pamela G. Rockwell, DO,** Associate Professor, Department of Family Medicine, Michigan Medicine

**Session 6B-2: Weight Management Case Studies**  
*Grande II*  
**Andrew T. Kraftson, MD,** Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

**Session 6C-2: VTE Cases**  
**Cancelled, see Session 6C-1 at 9:45 a.m.**

11:30 AM – 12:15 PM  
**Lunch**  
*Buffet in Library; seating in Conservatory*

12:15 – 1:15 PM  
**Interactive Session: Tai Chi - Background, Characteristics and Benefits**  
**Wasentha Young, MA,** Master Instructor, Peaceful Dragon School of Tai Chi and Chi Kung

1:20 – 2:20 PM  
**Interactive Session: Case Studies in Cognitive Dysfunction**  
**Praveen Dayalu, MD,** Clinical Associate Professor, Department of Neurology, Michigan Medicine

2:25 – 3:25 PM  
**Interactive Session: EKG Basics . . . and Then Some**  
**William E. Chavey, MD, MS,** Associate Professor, Department of Family Medicine, Michigan Medicine

3:25 PM  
**Adjourn**