

Agenda

October 18, 2017

Sports Medicine for the Primary Care Physician

All Plenary Sessions will be held in Grande II.

7:30-8:00 AM

Registration and Breakfast

Grand Foyer

8:00-8:40 AM

Plenary Session: Don't Take this Sitting Down: Update on physical activity recommendations

Robert B. Kinningham, MD, MA, Associate Professor, Department of Family Medicine, Michigan Medicine

8:40-9:20 AM

Plenary Session: Diagnostic Imaging in Sports Medicine: What to order, when (and why!)

Mark H. Mirabelli, MD, FAAFP, Associate Professor, Departments of Family Medicine and Orthopaedics & Rehabilitation, University of Rochester (New York)

9:20-10:00 AM

Plenary Session: Cardiovascular Screening of Athletes

Keri L. Denay, MD, Assistant Professor, Sports Medicine Fellowship Director, Department of Family Medicine, Michigan Medicine

10:00-10:30 AM

Plenary Session: Recognition and Treatment of Shoulder Adhesive Capsulitis

Jeffrey A. Housner, MD, MBA, Assistant Professor, Orthopaedic Sports Medicine Program, Department of Family Medicine, Michigan Medicine

10:30-10:45 AM

Break

Grand Foyer

10:45-11:25 AM

WORKSHOP SESSION 1-1

Session 1A-1: Examination of the Foot and Ankle

Grande II

Kylee E. Phillips, MD, MBA, CAQSM, Clinical Instructor of Emergency Medicine, University of Michigan Medical School and Team Physician, University of Michigan Athletic Department

Session 1B-1: Examination of the Shoulder

Grande III

J. Lindsay Quade, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 1C-1: Update on Supplements and Ergogenic Aides

Cancelled, see Session 1C-2 at 11:30 a.m.

Agenda continued

10:45-11:25 AM

WORKSHOP SESSION 1-1 (Continued)

Session 1D-1: Office Fracture Care

Westminster I-III

Ramsey Shehab, MD, Deputy-Chief, Division of Sports Medicine, Department of Orthopaedics, Henry Ford Health System

11:30 AM-12:10 PM

WORKSHOP SESSION 1-2 (Repeat of Workshop Session 1-1)

Session 1A-2: Examination of the Foot and Ankle

Grande II

Kylee E. Phillips, MD, MBA, CAQSM, Clinical Instructor of Emergency Medicine, University of Michigan Medical School and Team Physician, University of Michigan Athletic Department

Session 1B-2: Examination of the Shoulder

Grande III

J. Lindsay Quade, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 1C-2: Update on Supplements and Ergogenic Aides

Vanderbilt

Sander Rubin, MD, Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine

Session 1D-2: Office Fracture Care

Westminster I-III

Ramsey Shehab, MD, Deputy-Chief, Division of Sports Medicine, Department of Orthopaedics, Henry Ford Health System

12:10- 1:00 PM

Lunch

Buffet in Library; seating in Conservatory

1:00-1:40 PM

Plenary Session: Truth or Fallacy: Critical examination of common sports medicine practices

Robert B. Kinningham, MD, MA, Associate Professor, Department of Family Medicine, Michigan Medicine

1:45-2:25 PM

WORKSHOP SESSION 2-1

Session 2A-1: Approach to Knee Injuries

Grande II

Alan A. Zakaria, DO, MS, Assistant Professor, Oakland University William Beaumont Hospital, School of Medicine

Session 2B-1: Special Concerns of Female Athletes

****Cancelled, see Session 2B-2 at 2:30 p.m.****

2:30-3:10 PM

Session 2C-1: Pediatric Sports Medicine

Westminster I-III

Ingrid K. Ichesco, MD, Clinical Instructor, Pediatric Sports Medicine, Michigan Medicine

Session 2D-1: Diagnosis and Treatment of Common Tendinopathies

Grande III

Christina N. Murphy, MD, Clinical Lecturer, Department of Family Medicine, Michigan Medicine

WORKSHOP SESSION 2-2 (Repeat of Workshop Session 2-1)

Session 2A-2: Approach to Knee Injuries

Grande II

Alan A. Zakaria, DO, MS, Assistant Professor, Oakland University William Beaumont Hospital, School of Medicine

Session 2B-2: Special Concerns of Female Athletes

Vanderbilt

Zoë Foster, MD, Adjunct Associate Professor, Department of Family Medicine, Michigan Medicine

Session 2C-2: Pediatric Sports Medicine

Westminster I-III

Ingrid K. Ichesco, MD, Clinical Instructor, Pediatric Sports Medicine, Michigan Medicine

Session 2D-2: Diagnosis and Treatment of Common Tendinopathies

Grande III

Christina N. Murphy, MD, Clinical Lecturer, Department of Family Medicine, Michigan Medicine

3:10-3:25 PM

Break

Grand Foyer

3:25-4:05 PM

WORKSHOP SESSION 3-1

Session 3A-1: Examination of the Hand and Wrist

Grande II

Daniel R. Lueders, MD, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

Session 3B-1: Approach to Hip Pain

Grande III

Adam Lewno, DO, Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine

Agenda continued

3:25-4:05 PM

WORKSHOP SESSION 3-1 (Continued)

Session 3C-1: Prevention and Screening of Pediatric Sports Injuries *Vanderbilt*

Rebecca M. Northway, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 3D-1: Recognition, Evaluation and Treatment of Concussion in Athletes

Westminster I-III

Andrea L. Aagesen, DO, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

4:10-4:50 PM

WORKSHOP SESSION 3-2 (Repeat of Workshop Session 3-1)

Session 3A-2: Examination of the Hand and Wrist

Grande II

Daniel R. Lueders, MD, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

Session 3B-2: Approach to Hip Pain

Grande III

Adam Lewno, DO, Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine

Session 3C-2: Prevention and Screening of Pediatric Sports Injuries *Vanderbilt*

Rebecca M. Northway, MD, Clinical Instructor, Department of Internal Medicine, Michigan Medicine

Session 3D-2: Recognition, Evaluation and Treatment of Concussion in Athletes

Westminster I-III

Andrea L. Aagesen, DO, Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine

4:50 PM

Adjourn

October 19, 2017

Fall Update in Family Medicine

All Plenary Sessions will be held in Grande II.

7:30-8:00 AM

Registration and Breakfast

Grand Foyer

8:00-8:30 AM

Plenary Session: Prescribing Medications for Anxiety and Depression (Without Causing Yourself Anxiety or Depression!)

Stephen J. Warnick, MD, Assistant Professor, Departments of Family Medicine and Psychiatry, Michigan Medicine

8:35 - 9:05 AM

Plenary Session: Evidence Based Review of Preventive Medicine Guidelines

Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

9:10 - 9:40 AM

Plenary Session: Headaches in Children

Steven M. Leber, MD, PhD, Professor, Division of Pediatric Neurology, Department of Pediatrics, Michigan Medicine

9:40 - 10:00 AM

Break

Grande Foyer

10:00 - 10:50 AM

WORKSHOP SESSION 4-1

Session 4A-1: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure

Grande II

Stephen J. Warnick, MD, Assistant Professor, Departments of Family Medicine and Psychiatry, Michigan Medicine

Session 4B-1: Case Studies in Controversial Topics

Grande III

Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 4C-1: Is It a Seizure?

Cancelled, see Session 4C-2 at 10:55 a.m.

Session 4D-1: Transgender Medicine for the Primary Care Provider

Vanderbilt

Daniel E. Shumer, MD, MPH, Assistant Professor, Division of Pediatric Endocrinology, Department of Pediatrics, Michigan Medicine

Agenda continued

10:55 - 11:45 AM

WORKSHOP SESSION 4-2 (Repeat of Workshop Session 4-1)

Session 4A-2: What Do I Do Now? Treating Depression and Anxiety After First-Line Treatment Failure

****Cancelled, see Session 4A-1 at 10:00 a.m.****

Session 4B-2: Case Studies in Controversial Topics

Grande III

Eric P. Skye, MD, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 4C-2: Is It a Seizure?

Westminster I-III

Steven M. Leber, MD, PhD, Professor, Division of Pediatric Neurology, Department of Pediatrics, Michigan Medicine

Session 4D-2: Transgender Medicine for the Primary Care Provider

Vanderbilt

Daniel E. Shumer, MD, MPH, Assistant Professor, Division of Pediatric Endocrinology, Department of Pediatrics, Michigan Medicine

11:45 AM - 12:45 PM

Lunch

Buffet in Library; seating in Conservatory

12:45 - 1:15 PM

Plenary Session: Tobacco Addiction and Dependence

Alena Williams, MSW, CTTS-M, Health Educator/Tobacco Treatment Specialist, Michigan Medicine

1:20 - 1:50 PM

Plenary Session: Evaluation of Elevated Liver Tests/ Non-Alcoholic Fatty Liver Disease

Lisa M. Glass, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

1:55 - 2:25 PM

Plenary Session: Vaginitis: Fate of the Wet Prep

Barbara S. Apgar, MD, MS, Professor, Department of Family Medicine, Michigan Medicine

2:25 - 2:40 PM

Break

Grand Foyer

2:40 - 3:30 PM

WORKSHOP SESSION 5-1

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco

Grande II

Alena Williams, MSW, CTTS-M, Health Educator/Tobacco Treatment Specialist, Michigan Medicine

3:35 - 4:25 PM

Session 5B-1: Elevated Liver Tests: Cases

Grande III

Lisa M. Glass, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

Session 5C-1: Vaginitis Case Studies

Westminster I-III

Barbara S. Apgar, MD, MS, Professor, Department of Family Medicine, Michigan Medicine

Session 5D-1: Inter-professional Management of Dental Caries in Children

****Cancelled, see Session 5D-2 at 3:55 p.m.****

WORKSHOP SESSION 5-2 (Repeat of Workshop Session 5-1)

Session 5A-1: Evidence-Based Interventions to Help Patients Quit Tobacco

Grande II

Alena Williams, MSW, CTTS-M, Health Educator/Tobacco Treatment Specialist, Michigan Medicine

Session 5B-2: Elevated Liver Tests: Cases

Grande III

Lisa M. Glass, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

Session 5C-2: Vaginitis Case Studies

Westminster I-III

Barbara S. Apgar, MD, MS, Professor, Department of Family Medicine, Michigan Medicine

Session 5D-2: Inter-professional Management of Dental Caries in Children

Vanderbilt

Carlos Gonzalez-Cabezas, DDS, MSD, PhD, Associate Professor, University of Michigan School of Dentistry

4:25 PM

Adjourn

Agenda continued

October 20, 2017

Fall Update in Family Medicine

All Plenary Sessions will be held in Grande II.

7:30-8:00 AM

Registration and Breakfast

Grand Foyer

8:00-8:30 AM

Plenary Session: Child/Adult Immunization Update

Pamela G. Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

8:35 - 9:05 AM

Plenary Session: Weight Control Medications

Andrew T. Kraftson, MD, Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

9:10 – 9:40 AM

Plenary Session: Outpatient VTE Management

Anna K. McEvoy, MD, Clinical Lecturer, Academic Fellow, Department of Family Medicine, Michigan Medicine

9:45 – 10:35 AM

WORKSHOP SESSION 6-1

Session 6A-1: Immunization Case Studies

Westminster I-III

Pamela G. Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 6B-1: Weight Management Case Studies

Grande II

Andrew T. Kraftson, MD, Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

Session 6C-1: VTE Cases

Vanderbilt

Anna K. McEvoy, MD, Clinical Lecturer, Academic Fellow, Department of Family Medicine, Michigan Medicine

Session 6D-1: Common Issues in Men's Health

Grande III

Joel J. Heidelbaugh, MD, FAAP, FACG, Clinical Professor, Departments of Family Medicine and Urology, Michigan Medicine

10:40 – 11:30 AM

WORKSHOP SESSION 6-2 (Repeat of Workshop Session 6-1)

Session 6A-2: Immunization Case Studies

Westminster I-III

Pamela G. Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

Session 6B-2: Weight Management Case Studies

Grande II

Andrew T. Kraftson, MD, Clinical Assistant Professor, Department of Internal Medicine, Division of Metabolism, Endocrinology and Diabetes, Michigan Medicine

Session 6C-2: VTE Cases

****Cancelled, see Session 6C-1 at 9:45 a.m.****

11:30 AM – 12:15 PM

Lunch

Buffet in Library; seating in Conservatory

12:15 – 1:15 PM

Interactive Session: Tai Chi - Background, Characteristics and Benefits

Wasantha Young, MA, Master Instructor, Peaceful Dragon School of Tai Chi and Chi Kung

1:20 – 2:20 PM

Interactive Session: Case Studies in Cognitive Dysfunction

Praveen Dayalu, MD, Clinical Associate Professor, Department of Neurology, Michigan Medicine

2:25 – 3:25 PM

Interactive Session: EKG Basics . . . and Then Some

William E. Chavey, MD, MS, Associate Professor, Department of Family Medicine, Michigan Medicine

3:25 PM

Adjourn