

# Agenda

## 27<sup>th</sup> Annual Primary Health Care of Women Conference

Thursday, December 5, 2019

7:00-7:30 AM	<b>Registration and Breakfast</b>
7:30-7:45 AM	<b>Welcome Remarks</b> <i>Sahoko Little, MD and Carrie Bell, MD</i>
7:45-8:30 AM	<b>Plenary Session: Joint Pain in Women: Evaluation and When to Refer?</b> <i>Deeba Minhas, MD</i> , Clinical Lecturer, Department of Internal Medicine, Michigan Medicine
8:30-9:15 AM	<b>Plenary Session: Diabetic Women: Preparing for Pregnancy</b> <i>Liselle Douyon, MD</i> , Assistant Professor, Department of Internal Medicine, Michigan Medicine
9:15-9:25 AM	<b>Break</b>
9:25-10:10 AM	<b>Plenary Session: Substance Use in the Adolescent: Vaping and CBD</b> <i>Courtney Townsel, MD</i> , Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine
10:10-10:55 AM	<b>Plenary Session: Primary Health Care of Women with Spinal Injury</b> <i>Giana Rodriguez, MD</i> , Medical Director, Wheelchair Seating Clinic, Department of Physical Medicine and Rehabilitation, Michigan Medicine
11:05-11:35 AM	<b>Concurrent Breakout Sessions: Group A</b> <i>Group A sessions are repeated at 11:40 AM in Group B.</i> <b>Session A-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack?</b> <i>Samantha Kempner, MD</i> , Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine <b>Session A-2: Hypertension in Children: How Do We Manage?</b> <i>Angela Kuznia, MD, MPH</i> , Lecturer, Department of Family Medicine, Michigan Medicine <b>Session A-3: Supplements for Menopause</b> <i>Mark Owolabi, MD</i> , Lecturer, Department of Family Medicine, Michigan Medicine
11:35-11:40 AM	<b>Break</b>

# Agenda

**Thursday, December 5, 2019, *continued***

**11:40 AM-12:10 PM**

**Concurrent Breakout Sessions: Group B**

*Group B sessions are a repeat of Group A at 11:05 AM.*

**Session B-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack?**

*Samantha Kempner, MD*

**Session B-2: Hypertension in Children: How Do We Manage?**

*Angela Kuznia, MD, MPH*

**Session B-3: Supplements for Menopause**

*Mark Owolabi, MD*

**12:10-1:10 PM**

**Lunch**

**1:10-1:40 PM**

**Concurrent Breakout Sessions: Group C**

*Group C sessions are repeated as Group D at 1:45 PM.*

**Session C-1: When to Think About Ovarian Cancer?**

*Aimee Rolston, MD, MS, Gynecologic Oncology Fellow, Department of Obstetrics & Gynecology, Michigan Medicine*

**Session C-2: Delayed Menarche**

*Melina Dendrinis, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine*

**Session C-3: Weight Loss for Women Over 65 Years Old**

*Amy Rothberg, MD, Associate Professor, Department of Internal Medicine, Michigan Medicine*

**1:40-1:45 PM**

**Break**

**1:45-2:15 PM**

**Concurrent Breakout Sessions: Group D**

*Group D sessions are a repeat of Group C at 1:10 PM.*

**Session D-1: When to Think About Ovarian Cancer?**

*Aimee Rolston, MD, MS*

**Session D-2: Delayed Menarche**

*Melina Dendrinis, MD*

**Session D-3: Weight Loss for Women Over 65 Years Old**

*Amy Rothberg, MD*

**2:15-2:25 PM**

**Break**

# Agenda

## Thursday, December 5, 2019, *continued*

2:25-3:10 PM	<b>Plenary Session: Common Eye Problems</b> <i>Ariane Kaplan, MD</i> , Assistant Professor, Department of Ophthalmology, Michigan Medicine
3:10-3:55 PM	<b>Plenary Session: Primary Healthcare of Latina</b> <i>Mikel Llanes, MD</i> , Assistant Professor, Departments of Family Medicine and Obstetrics & Gynecology, Michigan Medicine
3:55-4:40 PM	<b>Plenary Session: Shingles and Vaccine</b> <i>Pamela Rockwell, DO</i> , Associate Professor, Department of Family Medicine, Michigan Medicine
4:40 PM	<b>Adjourn</b>

## Friday, December 6, 2019

7:00-7:30 AM	<b>Registration and Breakfast</b>
7:30-7:45 AM	<b>Welcome Remarks</b> <i>Sahoko Little, MD and Carrie Bell, MD</i>
7:45-8:30 AM	<b>Plenary Session: Alcohol and Women</b> <i>Anne Fernandez, PhD</i> , Assistant Professor, Department of Psychiatry, Michigan Medicine
8:30-9:15 AM	<b>Plenary Session: CBD Oil for Chronic Pain: The Practical Use</b> <i>Kevin Boehnke, PhD</i> , Research Investigator, Department of Anesthesiology and the Chronic Pain and Fatigue Research Center, Michigan Medicine
9:15-9:30 AM	<b>Break</b>
9:30-10:00 AM	<b>Concurrent Breakout Sessions: Group E</b> <i>Group E sessions are repeated as Group F at 10:05 AM.</i>
	<b>Session E-1: AUB in Premenopausal Women: Indications for Endometrial Sampling</b> <i>Danica Aquino, MD</i> , Instructor, Department of Obstetrics & Gynecology, Michigan Medicine
	<b>Session E-2: Non-invasive Genetic Testing: What's New?</b> <i>Audrey Norby, MS, CGC</i> , Genetic Counselor, Fetal Diagnostic Center, Human Genetics, University of Michigan Medical School
	<b>Session E-3: Anticoagulation for Women</b> <i>Anna McEvoy, MD</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine

# Agenda

Friday, December 6, 2019, *continued*

10:00-10:05 AM

Break

10:05-10:35 AM

**Concurrent Breakout Sessions: Group F**

*Group G sessions are a repeat of Group E at 9:30 AM.*

**Session F-1: AUB in Premenopausal Women: Indications for Endometrial Sampling**

*Danica Aquino, MD*

**Session F-2: Non-invasive Genetic Testing: What's New?**

*Audrey Norby, MS, CGC*

**Session F-3: Anticoagulation for Women**

*Anna McEvoy, MD*

10:35-10:40 AM

Break

10:40-11:10 AM

**Concurrent Breakout Sessions: Group G**

*Group G sessions are repeated as Group H at 11:15 AM.*

**Session G-1: Sexually Transmitted Infections in Non-Vaginal Sites**

*Daniel S. Oram, MD, Lecturer, Department of Family Medicine, Michigan Medicine*

**Session G-2: Mood Supporting Supplements and ECT in Pregnancy**

*Juan Francisco Lopez, MD, Associate Professor, Department of Psychiatry, Michigan Medicine*

**Session G-3: Methods of Contraception and Contraindications**

*Sheila Flaum, DO, Lecturer, Department of Obstetrics & Gynecology, Michigan Medicine*

11:10-11:15 AM

Break

11:15-11:45 AM

**Concurrent Breakout Sessions: Group H**

*Group H sessions are a repeat of Group G at 10:40 AM.*

**Session H-1: Sexually Transmitted Infections in Non-Vaginal Sites**

*Daniel S. Oram, MD*

**Session H-2: Mood Supporting Supplements and ECT in Pregnancy**

*Juan Francisco Lopez, MD*

**Session H-3: Methods of Contraception and Contraindications**

*Sheila Flaum, DO*

11:45 am-12:45 PM

Lunch

# Agenda

**Friday, December 6, 2019, *continued***

**12:45-1:30 PM**

**Plenary Session: ASCCP Algorithm for Vaginal Cytology**

**Barbara Apgar, MD**, Professor, Department of Family Medicine, Michigan Medicine

**1:30-2:15 PM**

**Plenary Session: USPSTF Update 2019: BRCA Screening Recommendations**

**Mark Pearlman, MD**, Professor, Department of Obstetrics & Gynecology, Michigan Medicine

**2:15-3:15 PM**

**Plenary Session: Ethics in Fertility**

**John Randolph, Jr., MD**, Professor, Department of Obstetrics & Gynecology, Michigan Medicine

**3:15 PM**

**Adjourn**