Thursday, December 5, 2019
All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.

7:00-7:30 AM  Registration and Breakfast ◆ Ballroom Foyer

7:30-7:45 AM  Welcome Remarks  
Sahoko Little, MD, PhD and Carrie Bell, MD, Course Directors, Michigan Medicine

7:45-8:30 AM  Plenary Session: Joint Pain in Women: Evaluation and When to Refer?  
Deeba Minhas, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

8:30-9:15 AM  Plenary Session: Diabetic Women: Preparing for Pregnancy  
Liselle Douyon, MD, Assistant Professor, Department of Internal Medicine, Michigan Medicine

9:15-9:25 AM  Break

9:25-10:10 AM  Plenary Session: Substance Use Among Adolescents and Pregnant Women: Vaping and CBD  
Courtney Townsel, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine

10:10-10:55 AM  Plenary Session: Primary Health Care of Women with Spinal Injury  
Gianna Rodriguez, MD, Medical Director, Wheelchair Seating Clinic; Associate Professor, Department of Physical Medicine & Rehabilitation, Michigan Medicine

11:05-11:35 AM  Concurrent Breakout Sessions: Group A  
Group A sessions are repeated at 11:40 AM in Group B.

Session A-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack? ◆ Wolverine D  
Samantha Kempner, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine

Session A-2: Hypertension in Children and Adolescents: 2019 Update ◆ Wolverine E  
Angela Kuznia, MD, MPH, Lecturer, Department of Family Medicine, Michigan Medicine
Thursday, December 5, 2019, continued

11:05-11:35 AM  Concurrent Breakout Sessions: Group A, continued

Session A-3: Supplements for Menopause  ♦  Wolverine C
Mark Owolabi, MD, Integrative Medicine Fellow, Department of Family Medicine, Michigan Medicine

11:35-11:40 AM  Break

11:40 AM-12:10 PM  Concurrent Breakout Sessions: Group B
Group B sessions are a repeat of Group A at 11:05 AM.

Session B-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack?  ♦  Wolverine D
Samantha Kempner, MD

Session B-2: Hypertension in Children and Adolescents: 2019 Update  ♦  Wolverine E
Angela Kuznia, MD, MPH

Session B-3: Supplements for Menopause  ♦  Wolverine C
Mark Owolabi, MD

12:10-1:10 PM  Lunch

1:10-1:40 PM  Concurrent Breakout Sessions: Group C
Group C sessions are repeated as Group D at 1:45 PM.

Session C-1: When to Think About Ovarian Cancer?  ♦  Wolverine C
Aimee Rolston, MD, MS, Gynecologic Oncology Fellow, Department of Obstetrics & Gynecology, Michigan Medicine

Session C-2: Delayed Menarche  ♦  Wolverine E
Melina Dendrinos, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine
1:10-1:40 PM  **Concurrent Breakout Sessions: Group C, continued**

**Session C-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations** ♦ **Wolverine D**  
* Xin He, MD, Endocrinology Fellow, Department of Internal Medicine, Michigan Medicine

1:40-1:45 PM  **Break**

1:45-2:15 PM  **Concurrent Breakout Sessions: Group D**  
*Group D sessions are a repeat of Group C at 1:10 PM.*

**Session D-1: When to Think About Ovarian Cancer?** ♦ **Wolverine C**  
* Aimee Rolston, MD, MS

**Session D-2: Delayed Menarche** ♦ **Wolverine E**  
* Melina Dendrinos, MD

**Session D-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations** ♦ **Wolverine D**  
* Xin He, MD

2:15-2:25 PM  **Break**

2:25-3:10 PM  **Plenary Session: Common Eye Problems**  
* Ariane Kaplan, MD, Assistant Professor, Department of Ophthalmology, Michigan Medicine

3:10-3:55 PM  **Plenary Session: Primary Health Care of Latina**  
* Mikel Llanes, MD, Assistant Professor, Department of Family Medicine, Michigan Medicine

3:55-4:40 PM  **Plenary Session: Update on Herpes Zoster: Treatment and Prevention of Shingles**  
* Pamela Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

4:40 PM  **Adjourn**
**Friday, December 6, 2019**

*All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.*

7:00-7:30 AM  **Registration and Breakfast ♦ Ballroom Foyer**

7:30-7:45 AM  **Welcome Remarks**  
*Sahoko Little, MD, PhD and Carrie Bell, MD*

7:45-8:30 AM  **Plenary Session: Alcohol and Women**  
*Anne Fernandez, PhD*, Assistant Professor, Department of Psychiatry, Michigan Medicine

8:30-9:15 AM  **Plenary Session: Practical Use of CBD Oil for Chronic Pain**  
*Kevin Boehnke, PhD*, Research Investigator, Chronic Pain and Fatigue Research Center, Department of Anesthesiology, Michigan Medicine

9:15-9:30 AM  **Break**

9:30-10:00 AM  **Concurrent Breakout Sessions: Group E**  
*Group E sessions are repeated as Group F at 10:05 AM.*

**Session E-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling ♦ Wolverine E**  
*Danica Maureen Aquino, MD*, Instructor, Department of Obstetrics & Gynecology, Michigan Medicine

*Audrey Norby, MS, CGC*, Genetic Counselor, Fetal Diagnostic Center, Human Genetics, University of Michigan Medical School

**Session E-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women ♦ Wolverine C**  
*Anna McEvoy, MD*, Assistant Professor, Department of Family Medicine, Michigan Medicine

10:00-10:05 AM  **Break**
Agenda

Friday, December 6, 2019, continued

10:05-10:35 AM  Concurrent Breakout Sessions: Group F
Group F sessions are a repeat of Group E at 9:30 AM.

Session F-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling ⬤ Wolverine E
Danica Maureen Aquino, MD

Audrey Norby, MS, CGC

Session F-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women ⬤ Wolverine C
Anna McEvoy, MD

10:35-10:40 AM  Break

10:40-11:10 AM  Concurrent Breakout Sessions: Group G
Group G sessions are repeated as Group H at 11:15 AM.

Session G-1: Sexually Transmitted Infections in Non-Vaginal Sites ⬤ Wolverine C
Daniel Oram, MD, Women’s Health Fellow, Department of Family Medicine, Michigan Medicine

Session G-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy ⬤ Wolverine E
Juan Francisco Lopez, MD, Associate Professor, Department of Psychiatry, Michigan Medicine

Session G-3: Methods of Contraception and Contraindications ⬤ Wolverine D
Sheila Flaim, DO, Lecturer, Department of Obstetrics & Gynecology, Michigan Medicine

11:10-11:15 AM  Break
Agenda

**Friday, December 6, 2019, continued**

11:15-11:45 AM  **Concurrent Breakout Sessions: Group H**  
*Group H sessions are a repeat of Group G at 10:40 AM.*

**Session H-1: Sexually Transmitted Infections in Non-Vaginal Sites**  
♦ **Wolverine C**  
*Daniel Oram, MD*

**Session H-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy**  
♦ **Wolverine E**  
*Juan Francisco Lopez, MD*

**Session H-3: Methods of Contraception and Contraindications**  
♦ **Wolverine D**  
*Sheila Flaum, DO*

11:45 AM-12:45 PM  **Lunch**

12:45-1:30 PM  **Plenary Session: Vaginal Cytology and Histology and Challenges of Examining the Vagina**  
*Barbara Apgar, MD*, Professor, Department of Family Medicine, Michigan Medicine

1:30-2:15 PM  **Plenary Session: USPSTF Update 2019: BRCA Screening Recommendations**  
*Mark Pearlman, MD*, Director, Cancer Genetics & Breast Health; Professor, Department of Obstetrics & Gynecology, Michigan Medicine

2:15-3:15 PM  **Plenary Session: Ethics in Fertility**  
*John Randolph, Jr., MD*, Professor, Department of Obstetrics & Gynecology, Michigan Medicine

3:15 PM  **Adjourn**