Thursday, December 5, 2019

All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.

7:00-7:30 AM  Registration and Breakfast  ◆ Ballroom Foyer

7:30-7:45 AM  Welcome Remarks
Sahoko Little, MD, PhD and Carrie Bell, MD, Course Directors, Michigan Medicine

7:45-8:30 AM  Plenary Session: Joint Pain in Women: Evaluation and When to Refer?
Deeba Minhas, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine

8:30-9:15 AM  Plenary Session: Diabetic Women: Preparing for Pregnancy
Liselle Douyon, MD, Assistant Professor, Department of Internal Medicine, Michigan Medicine

9:15-9:25 AM  Break

9:25-10:10 AM  Plenary Session: Substance Use Among Adolescents and Pregnant Women: Vaping and CBD
Courtney Townsel, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine

10:10-10:55 AM  Plenary Session: Primary Health Care of Women with Spinal Injury
Gianna Rodriguez, MD, Medical Director, Wheelchair Seating Clinic; Associate Professor, Department of Physical Medicine & Rehabilitation, Michigan Medicine

11:05-11:35 AM  Concurrent Breakout Sessions: Group A
Group A sessions are repeated at 11:40 AM in Group B.

Session A-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack?  ◆ Wolverine D
Samantha Kempner, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine

Session A-2: Hypertension in Children and Adolescents: 2019 Update  ◆ Wolverine E
Angela Kuznia, MD, MPH, Lecturer, Department of Family Medicine, Michigan Medicine
Thursday, December 5, 2019, continued

11:05-11:35 AM  Concurrent Breakout Sessions: Group A, continued

Session A-3: Supplements for Menopause ♦ Wolverine C
Mark Owolabi, MD, Integrative Medicine Fellow, Department of Family Medicine, Michigan Medicine

11:35-11:40 AM  Break

11:40 AM-12:10 PM  Concurrent Breakout Sessions: Group B
Group B sessions are a repeat of Group A at 11:05 AM.

Session B-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack? ♦ Wolverine D
Samantha Kempner, MD

Session B-2: Hypertension in Children and Adolescents: 2019 Update ♦ Wolverine E
Angela Kuznia, MD, MPH

Session B-3: Supplements for Menopause ♦ Wolverine C
Mark Owolabi, MD

12:10-1:10 PM  Lunch

1:10-1:40 PM  Concurrent Breakout Sessions: Group C
Group C sessions are repeated as Group D at 1:45 PM.

Session C-1: When to Think About Ovarian Cancer? ♦ Wolverine C
Aimee Rolston, MD, MS, Gynecologic Oncology Fellow, Department of Obstetrics & Gynecology, Michigan Medicine

Session C-2: Delayed Menarche ♦ Wolverine E
Melina Dendrinos, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine
1:10-1:40 PM  Concurrent Breakout Sessions: Group C, continued

Session C-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations ♦ Wolverine D
Xin He, MD, Endocrinology Fellow, Department of Internal Medicine, Michigan Medicine

1:40-1:45 PM  Break

1:45-2:15 PM  Concurrent Breakout Sessions: Group D
Group D sessions are a repeat of Group C at 1:10 PM.

Session D-1: When to Think About Ovarian Cancer? ♦ Wolverine C
Aimee Rolston, MD, MS

Session D-2: Delayed Menarche ♦ Wolverine E
Melina Dendrinos, MD

Session D-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations ♦ Wolverine D
Xin He, MD

2:15-2:25 PM  Break

2:25-3:10 PM  Plenary Session: Common Eye Problems
Ariane Kaplan, MD, Assistant Professor, Department of Ophthalmology, Michigan Medicine

3:10-3:55 PM  Plenary Session: Primary Health Care of Latina
Mikel Llanes, MD, Assistant Professor, Department of Family Medicine, Michigan Medicine

3:55-4:40 PM  Plenary Session: Update on Herpes Zoster: Treatment and Prevention of Shingles
Pamela Rockwell, DO, Associate Professor, Department of Family Medicine, Michigan Medicine

4:40 PM  Adjourn
Friday, December 6, 2019

All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.

7:00-7:30 AM  
Registration and Breakfast  ◆ Ballroom Foyer

7:30-7:45 AM  
Welcome Remarks
Sahoko Little, MD, PhD and Carrie Bell, MD

7:45-8:30 AM  
Plenary Session: Alcohol and Women
Anne Fernandez, PhD, Assistant Professor, Department of Psychiatry, Michigan Medicine

8:30-9:15 AM  
Plenary Session: Practical Use of CBD Oil for Chronic Pain
Kevin Boehnke, PhD, Research Investigator, Chronic Pain and Fatigue Research Center, Department of Anesthesiology, Michigan Medicine

9:15-9:30 AM  
Break

9:30-10:00 AM  
Concurrent Breakout Sessions: Group E
Group E sessions are repeated as Group F at 10:05 AM.

Session E-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling  ◆ Wolverine E
Danica Maureen Aquino, MD, Instructor, Department of Obstetrics & Gynecology, Michigan Medicine

Audrey Norby, MS, CGC, Genetic Counselor, Fetal Diagnostic Center, Human Genetics, University of Michigan Medical School

Session E-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women  ◆ Wolverine C
Anna McEvoy, MD, Assistant Professor, Department of Family Medicine, Michigan Medicine

10:00-10:05 AM  
Break
Friday, December 6, 2019, continued

10:05-10:35 AM  Concurrent Breakout Sessions: Group F  
Group F sessions are a repeat of Group E at 9:30 AM.

Session F-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling ✦ Wolverine E  
Danica Maureen Aquino, MD

Session F-2: Non-invasive Genetic Testing: What’s New?  
✦ Wolverine D  
Audrey Norby, MS, CGC

Session F-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women ✦ Wolverine C  
Anna McEvoy, MD

10:35-10:40 AM  Break

10:40-11:10 AM  Concurrent Breakout Sessions: Group G  
Group G sessions are repeated as Group H at 11:15 AM.

Session G-1: Sexually Transmitted Infections in Non-Vaginal Sites  
✦ Wolverine C  
Daniel Oram, MD, Women’s Health Fellow, Department of Family Medicine, Michigan Medicine

Session G-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy ✦ Wolverine E  
Juan Francisco Lopez, MD, Associate Professor, Department of Psychiatry, Michigan Medicine

Session G-3: Methods of Contraception and Contraindications  
✦ Wolverine D  
Sheila Flaim, DO, Lecturer, Department of Obstetrics & Gynecology, Michigan Medicine

11:10-11:15 AM  Break
Agenda

Friday, December 6, 2019, continued

11:15-11:45 AM  Concurrent Breakout Sessions: Group H
Group H sessions are a repeat of Group G at 10:40 AM.

Session H-1: Sexually Transmitted Infections in Non-Vaginal Sites
★ Wolverine C
Daniel Oram, MD

Session H-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy ★ Wolverine E
Juan Francisco Lopez, MD

Session H-3: Methods of Contraception and Contraindications
★ Wolverine D
Sheila Flaum, DO

11:45 AM-12:45 PM  Lunch

12:45-1:30 PM  Plenary Session: Vaginal Cytology and Histology and Challenges of Examining the Vagina
Barbara Apgar, MD, Professor, Department of Family Medicine, Michigan Medicine

1:30-2:15 PM  Plenary Session: USPSTF Update 2019: BRCA Screening Recommendations
Mark Pearlman, MD, Director, Cancer Genetics & Breast Health; Professor, Department of Obstetrics & Gynecology, Michigan Medicine

2:15-3:15 PM  Plenary Session: Ethics in Fertility
John Randolph, Jr., MD, Professor, Department of Obstetrics & Gynecology, Michigan Medicine

Raymond De Vries, PhD, Professor, Department of Learning Health Sciences and Department of Obstetrics and Gynecology, Michigan Medicine

3:15 PM  Adjourn