

# Agenda

## Thursday, December 5, 2019

*All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.*

- 7:00-7:30 AM      **Registration and Breakfast** ♦ **Ballroom Foyer**
- 7:30-7:45 AM      **Welcome Remarks**  
*Sahoko Little, MD, PhD and Carrie Bell, MD, Course Directors, Michigan Medicine*
- 7:45-8:30 AM      **Plenary Session: Joint Pain in Women: Evaluation and When to Refer?**  
*Deeba Minhas, MD, Clinical Lecturer, Department of Internal Medicine, Michigan Medicine*
- 8:30-9:15 AM      **Plenary Session: Diabetic Women: Preparing for Pregnancy**  
*Liselle Douyon, MD, Assistant Professor, Department of Internal Medicine, Michigan Medicine*
- 9:15-9:25 AM      **Break**
- 9:25-10:10 AM     **Plenary Session: Substance Use Among Adolescents and Pregnant Women: Vaping and CBD**  
*Courtney Townsel, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine*
- 10:10-10:55 AM    **Plenary Session: Primary Health Care of Women with Spinal Injury**  
*Gianna Rodriguez, MD, Medical Director, Wheelchair Seating Clinic; Associate Professor, Department of Physical Medicine & Rehabilitation, Michigan Medicine*
- 11:05-11:35 AM    **Concurrent Breakout Sessions: Group A**  
*Group A sessions are repeated at 11:40 AM in Group B.*
- Session A-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack?** ♦ **Wolverine D**  
*Samantha Kempner, MD, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine*
- Session A-2: Hypertension in Children and Adolescents: 2019 Update** ♦ **Wolverine E**  
*Angela Kuznia, MD, MPH, Lecturer, Department of Family Medicine, Michigan Medicine*

# Agenda

## Thursday, December 5, 2019, *continued*

11:05-11:35 AM

### Concurrent Breakout Sessions: Group A, *continued*

#### Session A-3: Supplements for Menopause ♦ Wolverine C

**Mark Owolabi, MD**, Integrative Medicine Fellow, Department of Family Medicine, Michigan Medicine

11:35-11:40 AM

### Break

11:40 AM-12:10 PM

### Concurrent Breakout Sessions: Group B

*Group B sessions are a repeat of Group A at 11:05 AM.*

#### Session B-1: Is Vaginal Estrogen Safe If I had Cancer or a Heart Attack? ♦ Wolverine D

**Samantha Kempner, MD**

#### Session B-2: Hypertension in Children and Adolescents: 2019 Update ♦ Wolverine E

**Angela Kuznia, MD, MPH**

#### Session B-3: Supplements for Menopause ♦ Wolverine C

**Mark Owolabi, MD**

12:10-1:10 PM

### Lunch

1:10-1:40 PM

### Concurrent Breakout Sessions: Group C

*Group C sessions are repeated as Group D at 1:45 PM.*

#### Session C-1: When to Think About Ovarian Cancer? ♦ Wolverine C

**Aimee Rolston, MD, MS**, Gynecologic Oncology Fellow, Department of Obstetrics & Gynecology, Michigan Medicine

#### Session C-2: Delayed Menarche ♦ Wolverine E

**Melina Dendrinis, MD**, Assistant Professor, Department of Obstetrics & Gynecology, Michigan Medicine

# Agenda

1:10-1:40 PM

## **Concurrent Breakout Sessions: Group C, continued**

### **Session C-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations** ◆ **Wolverine D**

*Xin He, MD*, Endocrinology Fellow, Department of Internal Medicine, Michigan Medicine

1:40-1:45 PM

## **Break**

1:45-2:15 PM

## **Concurrent Breakout Sessions: Group D**

*Group D sessions are a repeat of Group C at 1:10 PM.*

### **Session D-1: When to Think About Ovarian Cancer?** ◆ **Wolverine C**

*Aimee Rolston, MD, MS*

### **Session D-2: Delayed Menarche** ◆ **Wolverine E**

*Melina Dendrinis, MD*

### **Session D-3: Weight Loss for Women Over 65 Years Old: Medical Management and Clinical Considerations** ◆ **Wolverine D**

*Xin He, MD*

2:15-2:25 PM

## **Break**

2:25-3:10 PM

## **Plenary Session: Common Eye Problems**

*Ariane Kaplan, MD*, Assistant Professor, Department of Ophthalmology, Michigan Medicine

3:10-3:55 PM

## **Plenary Session: Primary Health Care of Latina**

*Mikel Llanes, MD*, Assistant Professor, Department of Family Medicine, Michigan Medicine

3:55-4:40 PM

## **Plenary Session: Update on Herpes Zoster: Treatment and Prevention of Shingles**

*Pamela Rockwell, DO*, Associate Professor, Department of Family Medicine, Michigan Medicine

4:40 PM

## **Adjourn**

# Agenda

**Friday, December 6, 2019**

*All plenary sessions and lunch seating will be held in Wolverine Ballroom AB.*

- 7:00-7:30 AM      **Registration and Breakfast** ♦ **Ballroom Foyer**
- 7:30-7:45 AM      **Welcome Remarks**  
*Sahoko Little, MD, PhD and Carrie Bell, MD*
- 7:45-8:30 AM      **Plenary Session: Alcohol and Women**  
*Anne Fernandez, PhD, Assistant Professor, Department of Psychiatry, Michigan Medicine*
- 8:30-9:15 AM      **Plenary Session: Practical Use of CBD Oil for Chronic Pain**  
*Kevin Boehnke, PhD, Research Investigator, Chronic Pain and Fatigue Research Center, Department of Anesthesiology, Michigan Medicine*
- 9:15-9:30 AM      **Break**
- 9:30-10:00 AM      **Concurrent Breakout Sessions: Group E**  
*Group E sessions are repeated as Group F at 10:05 AM.*
- Session E-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling** ♦ **Wolverine E**  
*Danica Maureen Aquino, MD, Instructor, Department of Obstetrics & Gynecology, Michigan Medicine*
- Session E-2: Non-invasive Genetic Testing: What's New?**  
♦ **Wolverine D**  
*Audrey Norby, MS, CGC, Genetic Counselor, Fetal Diagnostic Center, Human Genetics, University of Michigan Medical School*
- Session E-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women** ♦ **Wolverine C**  
*Anna McEvoy, MD, Assistant Professor, Department of Family Medicine, Michigan Medicine*
- 10:00-10:05 AM      **Break**

# Agenda

## Friday, December 6, 2019, *continued*

10:05-10:35 AM

### **Concurrent Breakout Sessions: Group F**

*Group F sessions are a repeat of Group E at 9:30 AM.*

#### **Session F-1: Abnormal Uterine Bleeding in Premenopausal Women: Indications for Endometrial Sampling** ◆ **Wolverine E**

*Danica Maureen Aquino, MD*

#### **Session F-2: Non-invasive Genetic Testing: What's New?**

◆ **Wolverine D**

*Audrey Norby, MS, CGC*

#### **Session F-3: Venous Thromboembolism Management and Anticoagulation: Special Considerations for Women** ◆ **Wolverine C**

*Anna McEvoy, MD*

10:35-10:40 AM

### **Break**

10:40-11:10 AM

### **Concurrent Breakout Sessions: Group G**

*Group G sessions are repeated as Group H at 11:15 AM.*

#### **Session G-1: Sexually Transmitted Infections in Non-Vaginal Sites**

◆ **Wolverine C**

*Daniel Oram, MD, Women's Health Fellow, Department of Family Medicine, Michigan Medicine*

#### **Session G-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy** ◆ **Wolverine E**

*Juan Francisco Lopez, MD, Associate Professor, Department of Psychiatry, Michigan Medicine*

#### **Session G-3: Methods of Contraception and Contraindications**

◆ **Wolverine D**

*Sheila Flaum, DO, Lecturer, Department of Obstetrics & Gynecology, Michigan Medicine*

11:10-11:15 AM

### **Break**

# Agenda

## Friday, December 6, 2019, *continued*

11:15-11:45 AM

### Concurrent Breakout Sessions: Group H

*Group H sessions are a repeat of Group G at 10:40 AM.*

#### Session H-1: Sexually Transmitted Infections in Non-Vaginal Sites

##### ◆ **Wolverine C**

*Daniel Oram, MD*

#### Session H-2: Mood Supporting Supplements and Complementary Treatments in Pregnancy ◆ **Wolverine E**

*Juan Francisco Lopez, MD*

#### Session H-3: Methods of Contraception and Contraindications

##### ◆ **Wolverine D**

*Sheila Flaum, DO*

11:45 AM-12:45 PM

### Lunch

12:45-1:30 PM

### Plenary Session: Vaginal Cytology and Histology and Challenges of Examining the Vagina

*Barbara Apgar, MD*, Professor, Department of Family Medicine, Michigan Medicine

1:30-2:15 PM

### Plenary Session: USPSTF Update 2019: BRCA Screening Recommendations

*Mark Pearlman, MD*, Director, Cancer Genetics & Breast Health; Professor, Department of Obstetrics & Gynecology, Michigan Medicine

2:15-3:15 PM

### Plenary Session: Ethics in Fertility

*John Randolph, Jr., MD*, Professor, Department of Obstetrics & Gynecology, Michigan Medicine

*Raymond De Vries, PhD*, Professor, Department of Learning Health Sciences and Department of Obstetrics and Gynecology, Michigan Medicine

3:15 PM

### Adjourn