Dr. Caroline Richardson
Appointed Editor-in-Chief of the Annals of Family Medicine

Caroline R. Richardson, M.D., the Dr. Max and Buena Lichter Research Professor and associate chair for research programs, has been appointed editor of Annals of Family Medicine, among the most prestigious primary care research journals worldwide.

Dr. Richardson, a nationally recognized leader in primary care research, will lead the journal in its mission to advance knowledge essential to understanding and improving health and primary care. Her successful academic work has led to this exciting new endeavor. Most recently, she was associate editor of the American Journal of Preventive Medicine and co-director of the University of Michigan National Clinical Scholars Program.

“I am so pleased that Dr. Richardson has agreed to be editor of the Annals of Family Medicine. She will bring incredible expertise and a passion for excellence to this position. Under her leadership, I expect the journal to build on the tradition of excellence it has garnered over the past years,” noted Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine.

Dr. Richardson succeeds William R. Phillips, M.D., M.P.H., who has served as editor, since founding editor Kurt Stange, M.D., Ph.D., of Case Western Reserve University stepped aside in January 2019. Dr. Stange was instrumental in shaping this highly-ranked journal.

According to Richelle Koopman, M.D., M.S., president of Annals of Family Medicine, Inc., “Dr. Richardson is a scholar, a strategist, an inspiring leader, and a diplomat. Beyond preserving what has made Annals the research powerhouse that Dr. Stange built over the past 17 years, we are excited about the new perspectives that Dr. Richardson brings to advance Annals’, learning community of researchers, clinicians, and policy makers.”

“It is an honor to have been selected to lead the Annals of Family Medicine,” said Richardson, “and it is a privilege to build on the tradition of excellence that Dr. Stange and his team have established. The journal will continue to publish high-quality original research that advances the science of family medicine. And, as the academic publishing environment continues to change, we have some exciting plans to increase engagement with journal content through social media.”

Congratulations Dr. Richardson! ■

The current issue and all back issues of the Annals of Family Medicine and submission details can be found at www.annfammed.org.

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Reflections from the Chair

Family Medicine is a specialty known for its breadth. In fact, one of the unique (and appealing) aspects of being a family physician is being involved in all areas of medicine. This issue of our newsletter highlights this concept. It hits on some of the exciting things going on in the Department in all our missions. All of these, in one way or another, eventually help the patients and their families to be healthier. Whether it’s our clinical care, our teaching, or our research — it all supports our Michigan Medicine mission to improve the health of the people of Michigan and beyond.

In the clinical arena, Michigan Medicine has redesigned their structure to better serve patients as health care changes. One of our faculty members, Kathryn Harmes, M.D. was selected to lead the Institution’s primary care clinical network (all ambulatory care provided by family medicine, general medicine, general pediatrics and geriatrics), and another faculty member, David Serlin, M.D. was selected to be the Institution’s lead physician for Family Medicine. Family Medicine faculty, residents and mid-level providers engaged in more than 150,000 face-to-face clinic visits last year, plus provided care for numerous patients via non-face-to-face visits (on the portal and video-visits) as well as caring for patients in more than 3,000 adult-, obstetrical- and pediatric- hospitalizations. As part of our commitment to clinical care, we continue to address the needs of the underserved (e.g., Luke Clinic under Katherine Gold’s, M.D. leadership and Maggie’s Marketplace at our Ypsilanti Health Center), adopting new technology (e.g., POCUS — point of care ultrasound — under Christa Williams,’ M.D., leadership), and reaching out to other populations (e.g., the Japanese Family Health Program under Michael Fetters,’ M.D., leadership). These are a representative sample of the many clinical programs and endeavors with which we are engaged.

Since we are in academia, we also teach and do scholarly work. In the education arena, you’ll find articles about our top-rated medical student clerkship, led by Joel Heidelbaugh, M.D. and Kent Sheets, Ph.D., our residency teaching, led by Jean Wong, M.D., clinical simulation center, led by James Cooke, M.D., and our upcoming CME courses, led by Catherine Bettcher, M.D. Similar to that described above in our clinical arena, these stories highlight just a sample of a much larger ongoing teaching effort.

The newsletter also has articles about our research work, some of which have international impact. Among those listed, you’ll find a story about Diane Harper’s, M.D. work on HPV, as well as a highlight of the recent British Medical Journal issue devoted entirely to family medicine research with Michael Fetters, M.D., as lead editor, and articles written by several other of our faculty. Faculty members on both the research and clinical tracks are quite productive in the scholarly realm, as demonstrated by the large number of articles published. In addition to this, many of us also travel both nationally and internationally, giving talks, consulting and doing poster presentations.

In the last few years, we’ve focused on establishing and developing what we call “major programs” — endeavors that involve more than one of our missions with the ultimate aim of addressing areas of special importance. The most recent programs we’ve funded are the Michigan Mixed Methods Program, the MDisability program, and the POCUS programs. We are excited about all three, and each one is discussed in this issue.

As you can see, there is much going on in the Department. All this phenomenal work is due to the efforts of the incredible faculty we’ve been able to attract over the years. They, along with the amazing staff supporting all three missions, are what makes the Department so successful and able to help the people of Michigan and beyond. I hope you enjoy reading about the Department, and I would love to hear from you.

Go Blue!

~ Philip
**Clinical Mission**

**Kathryn M. Harmes, M.D., M.H.S.A.,** assistant professor, was selected for a new leadership position within the University of Michigan Medical Group (UMMG). A reorganization created this new position, the associate chief clinical officer for the primary care oversight team. She will be responsible for oversight and surveillance of the performance of all Michigan Medicine primary care groups including internal medicine, family medicine, geriatrics, pediatrics, along with women’s general and preventative health.

Dr. Harmes is a skilled leader and clinician who has overseen, population health within the Department of Family Medicine for six years as the current associate chair for population health and previous director of the patient-centered medical home. Prior to that she was the medical director of the Dexter Health Center, during which time Dexter became an institution-wide leader in quality, patient satisfaction and clinical excellence. Nationally, she has served on a number of key strategic and leadership roles related to practice transformation and payment reform. A recent graduate of the U-M School of Public Health with a Master’s degree in health management and policy, she is also a graduate of U-M Medical School (2001) and the Department’s family medicine residency program (2004), where she served as co-chief resident.

“I am honored and excited to support our physicians and staff in their effort to provide the ideal primary care experience to our patients,” said Dr. Harmes.

As primary care is undergoing major practice transformations, Dr. Harmes has the opportunity to make a significant impact on its future. “Dr. Harmes will work with administrative and nursing leadership to oversee ambulatory primary care as we expand our regional ‘whole patient care’ responsibility to 400,000 people over the next decade. Dr. Harmes will work with respective chairs to build a physician team of Ambulatory Care Clinical Chiefs (ACCC) who will provide content expertise and leadership in general pediatrics, general internal medicine, geriatrics and family medicine. She will lend her experience and leadership to Michigan Medicine as we move to a more progressive and unified primary care strategy,” said Michael W. Mulholland, M.D., Ph.D., senior associate dean for clinical affairs and executive director of UMMG.

In her role, Dr. Harmes will lead ACCCs from each of the primary care clinical service lines. **David C. Serlin, M.D.,** assistant professor and associate chair for clinical programs, was selected as the family medicine ACCC. Dr. Serlin is also a dedicated leader, currently as the associate chair for clinical programs and previously as the medical director at Briarwood Family Medicine.

As the ACCC, Dr. Serlin will provide operational leadership related to clinical processes, systems and practice models focused on improving safety, access and resource efficiency. He will be a liaison between the UMMG and the Department’s medical directors.
The Luke Clinic
Helping Those Most in Need in Detroit

Wayne County ranks last (83/83) among Michigan counties for health outcomes and Detroit has one of the highest infant death rates (14.5 per 1,000 births) of any city in Michigan. Racial disparities, in a city that is 81% African American and 8% Latino, persist. Despite multiple health care systems located in Detroit, many women and infants, particularly African American and Latina women, receive inadequate prenatal care – a proxy for poor outcomes.

Katherine J. Gold, M.D., M.S.W., M.S., associate professor of family medicine and obstetrics and gynecology, is working to combat these issues. As medical director of the Luke Clinic, the only free clinic in the Detroit area that provides prenatal care, Dr. Gold sees patients and oversees a team of volunteers and trainees who staff the clinic. The goal of the clinic, which provides free prenatal and infant care (up to one year of age), is to reduce adverse perinatal outcomes and infant mortality. The faith-based clinic is open to individuals of any race, ethnicity, sexual orientation or religion.

Dr. Gold has volunteered her time since the clinic’s inception in October 2016, but has now succeeded in building a clinical/educational partnership between the clinic and the Department. This partnership will allow Dr. Gold to dedicate a small portion of her time for administrative oversight of the clinic and to develop resources for resident and medical student rotations. Additionally, clinical time will be covered for four Department faculty to provide care once per month and residents will also start to rotate through the clinic in their third year of training.

“My experience at Luke Clinic has truly been life-changing. We focus first and foremost on building relationships with patients. This is the highest risk population I have worked with in my life, even counting years of other volunteer activities, time at the Ypsilanti Health Center and The Corner Health Center, and my social work training. Many of these moms have nothing - no money, no support, no hope. We have become used to moms telling us that Luke Clinic is the only place they feel that anyone at all cares about them. Sometimes we can’t fix some of their life challenges, but we can always care and be present and that means a lot,” said Dr. Gold.

Despite serving an extremely high-risk patient population (68% African American, 17% Latina, 100% have household incomes below $16,000 per year), the clinic has outstanding clinical outcomes. In its first two years, the clinic provided care for 127 moms and 50 babies and maintains a preterm birth rate of 10.3%, significantly lower than the rest of Wayne County (11.5%) and Detroit (14.5%). The 6.1% rate of low birth weight is more than half that of Detroit at 14.4%. For comparison, the U.S. average is 8.2%.

“I’m so proud of family medicine — our faculty, residents, and Dr. Zazove for supporting this initiative. We have had literally hundreds of health professionals express interest in volunteering, but most never follow through. The fact that our Department made this commitment has stabilized our physician volunteer workforce and helped ensure care for...
POCUS - A New Departmental Project

A Point-of-Care ultrasound (POCUS) is a tool used to perform limited ultrasound protocols that can be performed in clinic or directly at a patient’s bedside. They can help guide treatment and offer a higher patient satisfaction.

According to an article published in the August 2018 issue of *American Family Physician*, there is mounting evidence that POCUS can help decrease the costs of care while improving patient access to care and safety. Beyond that, POCUS is better than physical examination or plain radiography in many settings.

Under the direction of Christa B. Williams, M.D., assistant professor, the Department is developing a POCUS program with a goal to have at least one, but ideally three to five clinician faculty members, trained in POCUS at each of our residency continuity sites and on all inpatient services. Clinical applications of this technology will include: office-based ultrasound, obstetric ultrasound and musculoskeletal ultrasound.

Beyond improving clinical care, Dr. Williams will oversee the development of a robust clinical educational program centered around the teaching and clinical application of POCUS in family medicine. Educationally, the Department’s goals are to offer POCUS exposure in each category to every resident graduate and to offer a dedicated POCUS track for interested residents. Additionally, further education would be developed for the sports medicine fellowship program.

Dr. Denay Honored at ACSM

Exercise is Medicine On Campus at the University of Michigan, a campus program led by Keri L. Denay, M.D., assistant professor and sports medicine fellowship director, earned Gold Status at the most recent American College of Sports Medicine annual meeting.

Exercise is Medicine On Campus is a joint effort of the American Medical Association and the American College of Sports Medicine. It is designed to integrate the scientifically supported benefits of exercise into the healthcare system in the United States.

The program has three core goals:

1. To encourage more physical activity on college campuses and enable students with the skills and knowledge necessary to establish healthy habits early in life

2. To encourage primary care physicians to assess levels of physical activity at medical visits as another vital sign of health, and write exercise prescriptions to patients

3. To connect fitness specialists and healthcare providers to allow for exercise referrals in the university clinical setting

“We are delighted to be presented with this honor recognizing our commitment to the education and promotion of physical activity on our campus,” noted Dr. Denay about the program at U-M.

To learn more about Exercise is Medicine on Campus at U-M, please contact ExerciseIsMedicine@umich.edu.

Dr. Keri Denay (center) celebrates the success and recognition of Exercise is Medicine on Campus at U-M. With her (left to right) are: Dr. Peter Bodary, assistant professor at U-M’s School Kinesiology; Dr. Robert Sallis, Exercise is Medicine advisory board chair; Dr. Denay; Dr. Cerena Winters, co-founder of the Exercise is Medicine On Campus initiative; and Dr. Lori Ploutz-Snyder, dean of U-M’s School of Kinesiology.
Ebony Parker-Featherstone, M.D., assistant professor of family medicine and obstetrics and gynecology, has been named medical director of the Ypsilanti Health Center.

Dr. Parker-Featherstone, a 2006 U-M Medical School graduate, 2009 family medicine residency program graduate, and 2010 women’s health fellowship graduate, previously served as the medical director at Briarwood Family Medicine.

“Under her leadership, Briarwood has continued to grow and prosper, and remains the largest single specialty site in the health system, caring for over 18,000 patients,” said David C. Serlin, M.D., assistant professor and associate chair for clinical programs. “It is a large and dynamic place, with robust teams contributing to all of our missions, serving a variety of learners, housing multiple research projects, and offering a variety of clinical specialty consultations within family medicine. I thank Ebony for her dedication to Briarwood and look forward to working with her in her new role as the Medical Director at Ypsilanti Health Center.”

During her tenure at Briarwood Family Medicine, she led active sports medicine and procedures clinics and a new palliative care clinic. She also oversaw the clinic as a pilot site for a partnership with Meijer pharmacy for blood pressure control that is now an Institutional program and led the clinic through the development of a Department-wide walk-in clinic.

Dr. Parker-Featherstone also serves as director of the Department’s diversity, equity, and inclusion committee.

Congratulations Dr. Parker-Featherstone.

Japanese Family Health Program Celebrates 25 Years!

Established in 1994 by Michael D. Fetters, M.D., M.P.H., M.A., professor, the Japanese Family Health Program focuses on the health and well-being of each family by providing comprehensive cross-cultural care. Growing from one single patient 25 years ago, the program, under the direction of Dr. Fetters, now includes more than 7,000 patient visits a year, and serves the growing population of Japanese families living in the Midwest and beyond. Additionally, its missions have grown to include education, research and cross-cultural exchange.

Joined by a number of friends who traveled from Japan, the October anniversary celebration included a Grand Rounds Presentation on the 25 years of success, a tour of U-M’s Clinical Mission.
Kroger Supports Maggie’s Marketplace

More than 40% of the patients of the Ypsilanti Family Medicine Health Center face food insecurity, which led to the opening of Maggie’s Marketplace in 2017. The food pantry, named for the health center’s former director, Margaret (Maggie) A. Riley, M.D. (2008 RES), focuses on healthy foods and offers a variety of perishable and non-perishable items at no cost to patients.

Thanks to a new partnership, Kroger has awarded a $10,000 grant in support of Maggie’s Marketplace, which will ensure the shelves remain stocked with healthy food and other items, such as diapers, feminine hygiene products and light bulbs.

Since opening, Maggie’s Marketplace has provided healthy food three days a week for more than 3,500 patients and their families. This is the equivalent of nearly 13,000 pounds of food or more than 10,000 meals.

Thank you, Kroger!

Luke Clinic ... continued from pg. 4

these patients. I’m thrilled that we can give our residents the opportunity to experience the lives of these patients and to understand how rewarding it is to give care to those who are most vulnerable,” Dr. Gold added.

This partnership is a small step forward in improving healthcare outcomes and access to a very high-risk population in Detroit. There is still work to be done. Dr. Gold and the rest of the clinic team aim to provide care to as many patients as possible. The Luke Clinic is ultimately intended to serve as a mobile clinic in underserved communities and has early plans to initiate care at a site in Flint over the next 1-2 years. Funding, along with volunteer physicians, midwives and nurses who can commit to regular clinical care at the Luke Clinic, is desperately needed to help ensure care is safe and of the highest quality.

If you are interested in supporting the Luke Clinic, please contact Amy St. Amour at astamour@med.umich.edu or 734-645-0423.

Betz Preceptorship

The M1/M2 Kenneth and Judy Betz Preceptorship Program supported medical student, Brandon Ellsworth, for a two-week preceptorship experience with Kurt Lindberg, M.D. (MED 1996) in Holland, Mich.

“With the new curriculum, this was an outstanding experience to test what you learned in the didactic year, consolidate information and prepare you to see patients on the wards the second year. I feel more prepared to come up with treatment plans and present to health care professionals than before I did this preceptorship,” shared a grateful Brandon.

He also participates in the MDIsability wheelchair basketball drop-in sessions.
Terence C. Davies, M.D. Award Winner

The Department is pleased to announce that Lakshmi Karra is the 32nd annual Terence C. Davies, M.D. Award Winner.

Lakshmi graduated from Stanford University with an undergraduate degree in biological sciences and continued on to complete two graduate degrees in biology and psychiatric epidemiology.

“Growing up, my parents always told me: ‘As long as you are learning something or helping someone, you are doing a good thing.’ Whether traveling to Morocco to practice French and immerse myself in another culture or traveling just up the road to Detroit to learn about the urban underserved in my own backyard, most of my life’s decisions have been guided by the twin principles of curiosity and service. These principles have led me along a multidisciplinary path, including work in education, economic research, epidemiology, and public health, all of which shaped my desire to pursue medicine. These experiences, along with the many opportunities I have had in medical school, have helped me to start shaping a career in which I hope to serve women in urban, underserved communities with an emphasis on health policy, advocacy, and mental health care,” said Lakshmi.

During medical school, Lakshmi was very involved in many service activities including: The Corner Health Center, which provides judgment-free, high-quality, affordable health services to young people aged 12 through 25 in Ypsilanti, Mich.; the U-M Student-Run Free Clinic that provides primary care services to uninsured and underinsured adults in Pinckney, Mich.; the Delonis Center for the homeless; and Detroit’s Women Inspired Neighborhoods Network.

Lakshmi also worked with TeachAids, a nonprofit dedicated to health education, served as a research associate for Cornerstone Research in San Francisco for four years, and was a project manager for a Rwanda higher education project.

“Over the past three years, my clinical experiences have shown me how family medicine is uniquely poised to address the intersection of women’s health, mental health, and primary care for the underserved,” continued Lakshmi. “I aspire to become a family physician who has the ability to think creatively and with humility, and has the curiosity and commitment to service to bring about meaningful change for patients and populations alike.”

Lakshmi is completing residency training at the University of Colorado, Denver.

This award was established in honor of the founding Chair of the Department of Family Medicine, Terence C. Davies, M.D. The award is presented to a graduating senior(s) who exemplifies the qualities of an outstanding family physician: dedication to patient needs, intellectual curiosity, personal integrity, community service and leadership.
Congratulations, Class of 2019!

Resident Awards

The Class of 2019 also honored faculty and staff with the following awards:

- **Resident Appreciation Award**
  Presented for encouragement and assistance beyond the call of duty. It honors someone who has significantly contributed to the residency program.
  
  **Andrew Bendall, P.A.**

- **Faculty Appreciation Senior Resident Award**
  Presented to a faculty member who best typifies the principles of family medicine in character and sensitivity to resident needs.
  
  **John M. O’Brien, M.D.**

- **Award for Excellence in Teaching**
  Presented in recognition of outstanding contributions to resident education.
  
  **Uche D. George-Nwogu, M.D.**

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**Resident Awards**

- **Julie Blaszczak, M.D.**
  Academic Fellowship
  University of Michigan
  Ann Arbor, Mich.

- **Laura Crespo Albiac, M.D.**
  University of Michigan
  Ann Arbor, Mich.

- **Camila Diaz, M.D.**
  Palliative Care Fellowship
  Duke University
  Durham, N.C.

- **Andrea Lui, M.D.**
  Undecided

- **Elizabeth Marshall, M.D.**
  Ascension Medical Group
  Frankenmuth, Mich.

- **Anthony Tam, M.D.**
  Sports Medicine Fellowship
  Henry Ford Hospital
  Detroit, Mich.

- **Kristin Pacl, M.D.**
  University of Wisconsin
  Oregon Clinic
  Oregon, Wisc.

- **Margaret Moon, M.D.**
  Undecided

- **Daniel Oram, M.D.**
  Women’s Health Fellowship
  University of Michigan
  Ann Arbor, Mich.

- **Russ Wasylyshyn, M.D.**
  University of Michigan
  Ann Arbor, Mich.

- **Elizabeth Marshall, M.D.**
  Ascension Medical Group
  Frankenmuth, Mich.

- **Laura Crespo Albiac, M.D.**
  University of Michigan
  Ann Arbor, Mich.

- **Elizabeth Marshall, M.D.**
  Ascension Medical Group
  Frankenmuth, Mich.

- **Hope Meyer, M.D.**
  Essentia Health Moorhead
  Moorhead, Minn.
Welcome, Class of 2022!

Dr. Adetoye Invited to Speak at ABIM Forum

In a letter to the editor of Academic Medicine, Mercy Adetoye, M.D., M.S., house officer III, discusses residency recruitment and diversity.

In the letter, which ran in the June 2019 issue, Dr. Adetoye begins, “As I embarked on the interview trail in search of a family medicine residency program, I created questions to evaluate each program. I struggled with one topic: determining how my minority status would affect my education at a particular program. For instance, if a patient requested strictly Caucasian physicians, how would my program respond? I did not trust that a program director would broach the subject.”

Her main directive was to propose steps that residency program directors should take to build trust with minority candidates and to convey that they will be protected and supported.

Following the publication of this letter, Dr. Adetoye was invited to attend the selective 2019 American Board of Internal Medicine Foundation Forum. The forum’s topic, [Re] Building Trust: A Path Forward, provided a fantastic opportunity for her to present her work. Speakers at the event discussed the strategies, tactics and environmental conditions that lead to greater trustworthiness and stronger trusting relationships. And, Dr. Adetoye presented background related to her letter along with her thoughts and ideas on promoting trust to minority resident candidates.
Davies Lectureship: Father and Daughter Return

The Department was privileged to welcome Nicola (Nikki) J. Davies, M.D., the oldest daughter of former Chair, Terence C. Davies, M.D., back to Ann Arbor as the Davies Lectureship in Medical Education presenter on May 8th. Nikki was joined by her father, Terry, and her twin sons.

The presentation, “My Life in Family Medicine,” was fitting as Dr. Davies has spent her entire life immersed in family medicine, beginning with her parents, Drs. Terry and Margaret Davies, who were inaugural faculty at U-M in 1978. Nikki’s personal presentation told her journey as a family physician and shared reflections on balancing a career and motherhood.

Dr. Nikki Davies graduated from U-M Medical School (MED 1992) and completed her residency program at Lancaster General Hospital in Lancaster, PA. Following residency, she completed a Rural and Emergency Medicine fellowship at the University of Tennessee in Memphis and then was recruited to a faculty appointment at Eastern Virginia Medical School where she served as director of the Family Medicine Obstetric Service for almost a decade. Dr. Davies has been in private clinical practice in Virginia Beach, VA for the past fifteen years.

The Lectureship and dinners brought together friends and former colleagues of Terry’s who remembered Nikki when she was a young girl. In addition to sharing memories and laughter, the special events and gatherings provided an opportunity to honor both Nikki and Terry for their accomplishments and dedication to family medicine.

Dr. Nikki Davies, M.D., along with her sons, is thrilled to return to the Department founded by her father, Terence C. Davies, M.D.

Dr. Polk Presents Zazove Lecture

The 5th annual Drs. Earl and Louise Zazove Lectureship in Family Medicine sponsored Thad A. Polk, Ph.D., professor, University of Michigan Department of Psychology, to present “The Aging Mind and Brain” at department grand rounds on July 10th.

The lectureship showcased Dr. Polk’s research, which combines functional imaging of the human brain with computational modeling and behavioral methods to investigate the neural architecture underlying cognition. Some of his major projects have investigated differences in the brains of smokers who quit compared with those who do not, changes in the brain as we age, and contributions of nature versus nurture to neural organization. He also had the opportunity to speak with residents and hold meetings with faculty members.

The Zazove Lectureship in Family Medicine supports an annual lectureship in family medicine that features a prominent speaker and family medicine educator, who embodies the same values and passion that Terry exemplified as Chair of the Department.
Clinical Simulation Center Celebrates 15 Years

The Clinical Simulation Center (CSC), under the leadership of James M. Cooke, M.D., associate professor, is an innovative, instructional environment and learning laboratory providing challenging, immersive simulation training for students, residents, faculty, nurses and other health care professionals at the University of Michigan.

In 2004, the Department of Family Medicine was one of the CSC’s founding departments and continues to oversee its success through the work of several faculty members. Dr. Cooke, the executive director of the CSC, also serves as lead faculty for the Department’s simulation-based education, along with Ketti S. Petersen, M.D., assistant professor, and Christina W. Chiang, M.D., lecturer. Scott A. Kelley, M.D., assistant professor, is the Department’s liaison faculty member and a CSC core faculty member.

Dr. Cooke gives instruction in the simulation of an obstetrical ultrasound.

The Department is very active in the CSC with more than 143 hours of instruction using simulation for skills training of family medicine residents in the past year and is one of the most productive family medicine departments in terms of scholarship in simulation-based education.

In honor of this momentous occasion, Dr. Cooke notes, “As we celebrate 15 years of the Clinical Simulation Center at Michigan Medicine, we wanted to take a moment to thank all current and former members of CSC committees, staff, instructors and those across the institution for supporting our mission of advancing best practices in health care education and improving patient safety through simulation. We have grown from a staff of two in one room in the Towsley Center for Continuing Medical Education, providing a few hundred hours of simulation per year, to a multi-site, high-fidelity center offering a wide variety of team- and skill-training simulators with 11 experienced staff and a host of instructors training more than 12,000 learners per year from many departments, the medical school and the health system. The rapid adoption of high-impact education into training across an institution as large as Michigan Medicine has been remarkable, and many thanks go to all of those who contributed to the establishment and success of this amazing resource.”

Dr. Cooke has authored a white paper, titled “Evolution of Simulation-Based Education at Michigan Medicine From Simulation Center to Skills-Commons,” that focuses on the CSC’s journey and the center’s vision for the next 15 years (bit.ly/CSCWhitePaper2019) and developed videos showcasing the CSC (bit.ly/CSCYouTubeUM).

Please visit the CSC whenever you are back in Ann Arbor! ■
Dr. Pacl presents her award winning work at the annual NAPCRG meeting in Chicago.

**Kristin Pacl, M.D.**, 2019 resident graduate, attended the 2018 North American Primary Care Research Group annual meeting where she presented her resident original research project. Due to her outstanding work with mentor **Tammy Chang, M.D., M.P.H., M.S.**, she earned a Distinguished Trainee Research Award.

Her presentation entitled, “The Social Media CAGE: A Rapid Assessment of Problematic Social Media Use Among Youth” utilized Dr. Chang’s MyVoice project to ask open-ended questions regarding social media use.

**Her questions included:**
- List the types of social media (SM) you use:
- Do you find yourself checking your social media without realizing it? Describe it.
- Have you ever felt like you should CUT BACK on your SM use? Describe it.
- Have people ANNOYED you by commenting on how often you use SM? Tell us about it.
- Have you ever felt GUILTY about your SM use? What happened?
- Is checking your SM the FIRST THING you do in the morning?

Dr. Pacl received responses from 572 participants and determined that participants were willing to respond to the CAGE-style questionnaire and provided insightful and nuanced views of their social media use. She found that more than 60% of respondents answered “yes” to at least 2 of the questions meaning that they would screen positive in a standard CAGE questionnaire.

In terms of clinical practice, Dr. Pacl’s results find that a CAGE-style questionnaire may be helpful for clinicians to open a dialogue about social media use that is more extensive than simply screening for screen time.

**Outstanding Resident Research**

By the Numbers: How We Rank

In the 2019 *US News & World Report* ranking of Best Graduate Schools — Best Family Medicine Programs, the Department jumped to No. 3!

“We are honored by this high ranking by our peers. I truly believe it’s due to the Michigan way, exemplified by Bo Schembechler’s famous speech about ‘The Team, The Team, The Team.’ Our team of incredible faculty, residents and staff do amazing work in all our missions, and are the ones who enabled us to achieve this ranking. And, of course, our patients and learners are the ones who benefit,” said **Philip Zazove, M.D.**, the George A. Dean, M.D. Chair of Family Medicine.

The U-M Medical School is the No. 6 institution for training primary care physicians and is No. 16 nationally among research medical schools. The primary care ranking is up one spot from last year, while the research ranking places the U-M in the top 16 every year since 2003. Family Medicine remains the top ranked specialty among all U-M Medical School specialties!

Internally, all medical student clerkships are ranked and the family medicine clerkship consistently ranks among the highest programs, this year again earning the top spot. **Kent J. Sheets, Ph.D.**, professor and director of educational development, noted, “As in the past, the high ratings of the clerkship have been due to the efforts of every one in our clinical sites and administrative offices who come into contact with the student-faculty, fellows, residents, staff and even patients. The Department has a long history of excellence in patient care, research/scholarship, community service and education. The success of the required clerkship is a reflection of all those areas of excellence and of the contributions of all of you.”
2019 Student Scholarships & Awards

The University of Michigan Department of Family Medicine held its 16th annual Scholarships and Awards Ceremony on May 8, 2019. The scholarships and awards, which provided more than $100,000 in support, were presented to the recipients by Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine; and the event was emceed by R. Dale Lefever, Ph.D., emeritus faculty. The day of celebration and reflection concluded with a lunch for the scholarship donors, their recipients and their families.

This year, we are sharing the recipients’ thoughts, plans and aspirations in their own words.

Kristen Cross is excited to meet Kenneth Betz, who established a scholarship in honor of his daughter, Anne Kittendorf, M.D., an assistant professor in the Department. Philip Zazove, M.D., Kenneth Betz, Kristen Cross, Anne Kittendorf, M.D. (2001 MED, 2004 RES), and Jeff Kittendorf, Ph.D. (left to right).

Kristen Cross: Kenneth & Judy Betz Family Medicine Scholarship and the Harold Kessler, M.D. Scholarship in Family Medicine recipient

“Coming from a family of rural Georgians, many of whom have never had health insurance, I understand how a lack of access to health prevention and health maintenance services takes its toll on individuals and their families. Many members of my family have suffered the preventable complications of untreated chronic illness. Not only does this often lead to disability, resulting in economic strife and further compounding of their difficult situation, but it also threatens many psychological and relational components of wellbeing. For those who do have insurance, usually Medicaid, it has been challenging to find physicians located in accessible areas who accept public insurance.

These experiences inspired me to pursue a career as a family physician in order to provide primary care to those who otherwise do not have access.

I plan to combine all of the aspects of my training and interests in my practice as a broad-scope, rural family physician in an area where healthcare access is limited. I look forward to increasing access to healthcare services for my patients and to being an advocate for them as they navigate the complexities of the healthcare system. Throughout the remainder of medical school and residency, I will continue to build on the skills that I have already learned to enhance my medical knowledge and procedural skills as well as skills around health policy, diversity, and humanism with an ultimate goal of creating an accessible primary care clinic with sustainable and affordable payment options based in cultural competency and community involvement.”

Kristen has begun her residency at Mountain Area Health Education Center, Asheville, NC.

Lakshmi Karra: Department of Family Medicine Scholarship and the AEI Sorority Family Medicine Scholarship recipient

Please read more about Lakshmi in the article on page 8.
“Since my decision to pursue medical training, I have envisioned myself as a family physician. Perhaps that dream arose from hearing my grandfather’s stories of his many years of practice in family medicine. Or, perhaps, I have always known that I am a generalist at heart. When my friends and classmates talked of other careers in medicine, I reconsidered my dedication to primary care, but I found that I genuinely liked aspects of most of my rotations. The longer I considered other specialties, the more I found myself reluctant to restrict myself to the care of just one organ system or to just one patient demographic. I also discovered that I love the variety of both general medicine and pediatrics, especially the intellectual challenge of unpredictable patient encounters. Similarly, I learned that I love the fast-paced decision-making of obstetrics just as much as the careful communication of psychiatry.

I am looking forward to providing full-spectrum biopsychosocial medical care, across ages, languages and genders, for the rest of my career. I am excited for the variety of illnesses and concerns that I will treat in family medicine, as well as the deep relationships that can be formed with patients over time.”

Emily’s grandfather, Dr. Harry Holwerda (1965 MED) was in private practice as a family physician for 35 years. He and his wife continue to live in Grand Rapids.

Emily has begun her residency at Mercy Health in Grand Rapids, Mich.
belief that the path for me to become the physician I see myself being is through family medicine.

I envision myself using family medicine as a platform to address health disparities in cancer, with a particular focus on the African-American community. I recognize that in dedicating myself to healthcare disparities, I am not just committing myself to the patient, but also to the community to which the patient belongs. I see my role as a family physician extending outside of the clinic to promoting the health of the community in schools and at community events. I hope to utilize community-based preventative health education strategies to promote healthy lifestyles and increase cancer screenings with the goal of decreasing the rates of late-stage cancer diagnoses and closing the gap between racial groups in cancer mortality. More broadly, I aim to grow in my understanding of the community in which I serve, in hopes to better understand the socioeconomic factors that affect my patients’ health and their access to health care, so that I can appropriately treat the whole patient.”

Morgan has begun her residency at University of Wisconsin, Madison.

Josiah D. Smiley: Robert J. Fisher, M.D. Family Medicine Scholarship; Michael Papo, M.D. Family Medicine Scholarship and the Chelsea Community Family Medicine Scholarship recipient

“Medical school has shown me that family medicine is the answer to combining my passions for serving the underserved and providing whole-person care. There is no other specialty that emphasizes both the individual and the community like family medicine. I envision myself working in places like Afghanistan as a physician, a teacher, and a community advocate. I want to partner with local government, businesses, and universities to help establish health centers, train future physicians, and establish clinics and hospitals in the areas of greatest need. As a medical student, my focus has been on building the foundation for this dream. In residency, I hope to supplement this knowledge by learning at a program whose strengths will complement my goals. I want to become an excellent clinician for children, men, and women of all ages, treating patients by integrating the latest evidence-based research into my practice. I want to become a better educator, using my skills as a teacher to teach medical learners at all levels. I want to grow as a leader, using my platform in the community to enact lasting change. Ultimately, I want to become a proficient, globally-minded, compassionate, full-spectrum family physician, comfortable and capable of facing whatever comes my way.”

Josiah has begun his residency at John Peter Smith Hospital, Fort Worth, Texas.

Mariam Z. Abdulghani: Gazella-Brandle Memorial Family Medicine Scholarship recipient

“At a very young age, my parents instilled within me a love of learning. Almost 20 years ago, they immigrated to the United States for the sole purpose of education, a decision motivated by a number of struggles. As with many other immigrants, they saw the United States as a place where educational success would not be shaped by political instability or economic difficulties. With such an education came a variety of opportunities and interests, particularly those related to science and medicine.
Having realized my passion for medicine, I felt determined to discover the one specialty that would match my interests. In looking back on my third year of medical school, I see that some of my most memorable moments have taken place during my family medicine rotation. I recall celebrating with my patients when they met their health maintenance goals, explaining why a particular treatment was prescribed, and engaging in deeply personal discussions surrounding mental health. It was then that I understood how privileged physicians truly are, having the ability to forge connections that are unlikely to happen outside of a hospital or clinical setting.”

Mariam has begun her residency at Ascension Providence Hospital, Southfield, Mich.

Dr. Margaret Dobson Earns Innovation Award

Margaret L. Dobson, M.D., assistant professor, received the Graduate Medical Education Faculty Innovation Award at a ceremony in April.

“It is truly an honor to be recognized. I think the award is a reflection of Departmental innovation, the encouragement of Dr. Zazove and Dr. Skye to develop and move new ideas forward, and the effort of a very strong residency team,” said Dr. Dobson, who was previously the residency program director.

The award is given to recognize faculty who have made outstanding and innovative contributions to graduate medical education. The nomination team noted, “Dr. Dobson has broad visions, a collaborative nature, and the bravery to pursue change at a large academic center where there can be institutional resistance. And, she possesses a unique ability to assess the pulse of the residency with a keen eye toward physician wellness, leading a highly regarded revamp of our wellness curriculum. At the same time, she focused on the future metrics by which family physicians will be measured; she directed our clinical teaching around quality improvement and oversaw an overhaul of our morbidity and mortality conference to focus on system improvement and quality care.”

Eric P. Skye, M.D., professor and associate chair for educational programs, added, “The team that Dr. Dobson developed and led has accomplished so much that has impacted our residents, the Department and our patients. Her team’s accomplishment occurred while she role-modeled and created an environment of respect and care during great change, a model we would like to see more broadly.”

Congratulations Dr. Dobson!
Pregnant Smokers Shown to be More Open to Tobacco Screening Than Their Providers

Physicians have long advocated cessation of tobacco use during pregnancy as a way to improve birth outcomes. Yet many pregnant smokers, including vulnerable Medicaid populations, may never disclose their smoking or their desire to quit when asked by providers. One nontraditional option for starting the conversation is a urine test that traces cotinine, a tobacco metabolite. This test, when administered during a prenatal visit, could open the conversation to smoking cessation. But, it also runs the risk of damaging doctor-patient trust.

Research from Katherine J. Gold, M.D., M.S.W., M.S., associate professor, explored the acceptability of urine testing for tobacco use, from both patient and provider perspectives. The research team conducted 19 interviews and four focus groups with 40 pregnant or postpartum women covered by Medicaid, as well as interviews with 20 clinicians who provide prenatal care.

Surprisingly, the study found that patient participants generally saw the testing more positively than their clinician counterparts. Despite having some reservations, a majority of patients (89%) identified tobacco screenings as an intervention that could help them and others stop smoking.

Endorsing statements were not mutually exclusive with concerns about the potential strain on the doctor-patient relationship. About one-third of patient participants expressed reservations and fears. At the same time, more than 80% of clinicians raised fears that the testing could have a negative impact on the doctor-patient relationship.

Dr. Gold believes clinicians should recognize that patients may be open to being tested, as long as it is carried out in an honest, transparent, and non-judgmental way. Dr. Gold stresses that clinicians can leverage that openness to help women either quit or considerably reduce their tobacco usage.


Raising Tobacco Sale Age to 21 Would Prevent Thousands of Premature Deaths in Michigan

Restricting sales of tobacco products to people 21 and older could keep 11,000 Michiganders from starting to smoke within five years, potentially avoiding premature deaths in two-thirds of that population, according to a study conducted by a team of researchers at the U-M Institute for Health Policy and Innovation, including Tammy Chang, M.D., M.P.H., M.S., assistant professor.

The change would translate into 17,000 fewer smoking-related deaths and 198,000 fewer smokers by 2100, according to U-M researchers who analyzed the potential impact if Michigan were to pass what’s often called “Tobacco 21” legislation.

“The population most likely to be affected by Tobacco 21 policies are younger teens, whose input is largely missing in the debate,” said Dr. Chang, an adolescent health researcher. “That’s where MyVoice comes in.”

MyVoice, a national poll of youth developed by Dr. Chang and her team, sends a weekly text message survey to more than 1,800 youth, ages 14-24, from across the United States. The Tobacco 21 research team leveraged MyVoice to collect responses from 800 youth in September 2018.

About 60% of Michigan youth surveyed supported the adoption of a Tobacco 21 policy, mirroring nationwide responses. Dr. Chang added, “Our work on Tobacco 21 is a perfect example of how MyVoice can engage youth in the policy decisions that impact their lives and their health.”
The 14th annual William Clippert Gorenflo Research award was presented to Mercy A. Adetoye, M.D., a second-year U-M family medicine resident, and Emily H. Johnson, a second-year U-M medical student, on May 8, 2019. William’s son, Daniel W. Gorenflo, Ph.D., former faculty member, was able to attend.

The current research interests of Dr. Adetoye include trends in healthcare leadership and workforce sustainability particularly pertaining to family medicine.

“As our patient population becomes more diverse, I wonder if the physician population and leadership has changed as well. I am particularly interested in learning not only about the demographics of those who hold leadership positions, but what determinates led them to their positions. I recently applied for and was accepted into a fellowship during which I will get to learn about clinical leadership and how it is enhanced by research. Doing my own research project, under the mentorship of Katherine J. Gold, M.D., M.S.W., M.S., associate professor, has provided me the opportunity to put together my own question and methods, learn the IRB process and gain a better understanding of data analysis. I have also been able to work closely with family medicine leadership nationally. Upon completion, I look forward to sharing my findings and hope that it will inspire young physicians in training to pursue leadership roles in academic family medicine,” explained Dr. Adetoye.

Dr. Adetoye added, “I look forward to my continued growth as a physician and a scientist. The support that donors like you offer us as trainees is greatly appreciated. It is deeply gratifying to know that you and others like you have seen fit to create awards that assist students and residents like me to achieve their dreams.”

In partnership with Justine P. Wu, M.D., assistant professor, Emily is conducting a project in women’s health, in particular to help women with chronic medical conditions like high blood pressure and diabetes make thoughtful decisions about contraception and pregnancy.

“These chronic conditions can make pregnancy complicated, and often contribute to maternal mortality and morbidity. Together with my mentor, Dr. Justine Wu, I will use the award to help study how medical providers and women of child bearing age with chronic medical conditions can use shared decision-making to promote better outcomes for this cohort of women. Specifically, this award will help pay for publication and dissemination of the information we collect. I hope to travel to conferences and lobby local and state politicians with our data, so we can promote evidence-based practices in women’s health,” Emily shared gratefully.

This is the true spirit of the Gorenflo Award, which aims to provide incentive and reward passion for research among medical students or residents who are engaging in research with a family medicine faculty member.
**New Research Funding**

*Medicine does not exist in a vacuum. New research from the Department strives to frame medicine in the context of our everyday life. To do so, these new works draw on insights from fields as far ranging as social computing and economics to genomics and epidemiology, all with the goal of understanding and solving large-scale issues in health and health care. New research funding will support investigations of online support groups for moms experiencing perinatal loss, the preventative health impact of hearing loss screenings and the power of data collected from the maternal microbiome.*

<table>
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<tr>
<th><strong>MOMSonLINE 2: A Pilot Study Testing Recruitment and Retention of Women of Color to an Online Support Group for Bereaved Mothers</strong></th>
<th><strong>The Impact of Hearing Loss on Hospital Readmissions</strong></th>
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<tr>
<td><strong>Katherine J. Gold, M.D., M.S.W., M.S., associate professor</strong>&lt;br&gt;$75,000&lt;br&gt;Michigan Institute for Clinical and Health Research**</td>
<td><strong>Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine</strong>&lt;br&gt;$75,000&lt;br&gt;Blue Cross Blue Shield Foundation**</td>
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In the last decade, online support groups and communities have become popular sources of peer support, including for women with pregnancy and infant loss. Perinatal death, loss of a baby in the second half of pregnancy (stillbirth) or infant death in the first month of life, is traumatic and devastating for parents and impacts more than 50,000 families a year in the United States and more than 5 million families worldwide. African-American women have twice the risk for perinatal loss and similar rates of depression and traumatic stress, but are rarely the focus of bereavement research.

A feasibility study led by Dr. Gold will work with the Michigan Department of Health and Human Services to recruit bereaved women of color and with BabyCenter.com, which hosts an online anonymous loss group, to accurately track data on participant usage of an online support group. Fifty women of racial/ethnic minority groups will be recruited shortly after loss to participate in an online support group for six weeks, providing feedback on their experience. The study builds on Dr. Gold’s pilot study, which examined both anonymous and non-anonymous online interventions for perinatal loss support. It found that moms strongly preferred active and anonymous sites, like BabyCenter.com, over sites like Facebook where their identity was visible to others. Findings from the MOMSonLINE study were published in *OMEGA—Journal of Death and Dying*.

Is undiagnosed or untreated hearing loss (HL) associated with increased hospital readmissions? Initial data suggests this might be true. Dr. Zazove and his research team will investigate this potential connection in a new study. They will evaluate the impact of treated and untreated HL status on readmission rates by tracking adult inpatients ages 55 and over, at two major southeast Michigan hospitals. Over a six-month period, the research team will evaluate hospitalized patients for HL using both a questionnaire and by doing an audiogram. The patients will then be followed over time to determine their 30-day readmission rate. Dr. Zazove and his team will include demographic, medical and other data from the electronic medical records, as well as health literacy, social and other data in their analysis.

This study builds on the team’s work on the health impacts of untreated HL. Previous studies by Dr. Zazove and other MDisability researchers, [Michael M. McKee, M.D., M.P.H.](http://medicine.umich.edu/dept/family-medicine), associate professor, and [Elham Mahmoudi, Ph.D.](http://medicine.umich.edu/dept/family-medicine), assistant professor, include an analysis of Medical Expenditure Panel Survey (MEPS) data. This study, published in *JAMA Otolaryngology-Head & Neck Surgery* in June 2018, found that patients with HL who used hearing aids had an 8% lower risk of any emergency visit and a 9% lower relative risk of any hospitalization. Additional research includes Dr. Zazove’s Early Auditory Referral in Primary Care (EAR-PC) study investigating how to identify untreated HL through the use of effective best practice alerts in the electronic medical record system and Dr. McKee’s examination of the social determinants of hearing aid use.
Optimizing and Validating Data on the Maternal Microbiome

Kimberly S. McKee, Ph.D., M.P.H., assistant professor
$200,000
National Institutes of Health

How is a child’s long-term health shaped by their mother’s microbiome during pregnancy? A new study of the vaginal microbiome, led by Dr. McKee, will provide the critical scientific precursor to determining the effects of the vaginal microbiota on pregnancy and child health outcomes. Dr. McKee and her team will analyze maternal microbiota data collected from pregnant women in five diverse cohorts across the country.

The project aims to:
• Harmonize and validate microbiota signatures across cohorts.
• Identify different factors in pregnancy that may be associated with vaginal microbiota signatures.

In 2016, the National Institutes of Health launched a nationwide research program to enhance child health, the Environmental influences on Child Health Outcomes (ECHO) Program. The program is designed to understand the effects of a broad range of early environmental influences on child health and development. It consists of existing and ongoing observational studies of more than 50,000 children. This project is funded by the ECHO Opportunities and Infrastructure Fund (OIF), a mechanism for ECHO Early Investigators to leverage extant cohort data. The project is a continuation of Dr. McKee’s work with the Child Health Advances from Research with Mothers, a coalition of maternal and child health researchers from five Michigan institutions, led by Nigel Paneth, M.D. M.P.H., professor of epidemiology, biostatistics and pediatrics at Michigan State University.

Hearing Aids Linked to Lower Risk of Dementia, Depression and Falls

Older adults who get a hearing aid for a newly diagnosed hearing loss have a lower risk of being diagnosed with dementia, depression or anxiety in the following three years, and a lower risk of suffering fall-related injuries, than those who leave their hearing loss uncorrected, a new study finds.

Yet, only 12% of those who have a formal diagnosis of hearing loss actually get the devices – even when they have insurance coverage for at least part of the cost, the study shows. It also reveals gaps in hearing aid use among people of different racial and ethnic backgrounds, geographic locations and genders.

The findings, made by a team of family medicine and other University of Michigan researchers, used data from nearly 115,000 people over age 66 with hearing loss and insurance coverage through a Medicare HMO between 2008 and 2016. The study was published in the *Journal of the American Geriatrics Society*.

Lead investigator, Elham Mahmoudi, M.B.A., Ph.D., assistant professor and health economist, says it confirms what other research has shown among patients studied at a single point in time – but the new findings show differences emerging as time goes on.

“We already know that people with hearing loss have more adverse health events, and more co-existing conditions, but this study allows us to see the effects of an intervention and look for associations between hearing aids and health outcomes,” she says.

“Though hearing aids can’t be said to prevent these conditions, a delay in the onset of dementia, depression and anxiety, and the risk of serious falls, could be significant both for the patient and for the costs to the Medicare system.”

http://medicine.umich.edu/dept/family-medicine
Dr. Harper Finds Promising Effects of Experimental HPV Immunotherapy

A potential new therapeutic vaccine to treat precancers in the cervix completely eliminated both the lesion and the underlying HPV infection in a third of women enrolled in a clinical trial led by Diane M. Harper, M.D., M.P.H., M.S., professor of family medicine, obstetrics and gynecology, and women’s studies.

The vaccine, called Tipapkinogen Sovacivec, or TS, injects a specific protein that triggers an immune system response to attack high-risk HPV types that cause nearly all cervical cancer precursors, known as cervical intraepithelial neoplasia, or CIN.

“There are very few products trying to cure women who already have an HPV infection,” noted Dr. Harper. “It’s very exciting. This is the first time we’ve seen something with this success rate that is relatively easy to implement.”

The study enrolled 192 women diagnosed with moderate (CIN 2) to severe (CIN 3) dysplasia, randomizing 129 to receive the vaccine and 63 to receive a placebo. Women were given three shots in their thigh, one per week for three weeks. Six months later, the women were treated with standard surgical procedures for CIN2/3 and the removed tissue was examined.

Women who received the vaccine were more than twice as likely as those who received placebo to see their CIN eliminated regardless of the type of HPV infection. The results were most striking in the more-severe CIN3: at least 15 percent, and as much as 36 percent of those who got the vaccine, saw their CIN3 eliminated, while none of the women in the placebo group did. With the TS vaccine, researchers found that it not only eliminated the lesions, but also eliminated the HPV infection.

Researchers followed the participants for another two and one half years after surgery; the longest any study has followed women in these trials. They showed that long-term follow-up was better for those who received vaccine over placebo, with more women in the vaccine group remaining completely clear of HPV. The study was published in Gynecologic Oncology in June.

The study looked only at cervical lesions, but HPV is linked to several other types of cancer, including head and neck cancer and anal cancer. The researchers envision testing TS for these cancers in the future.

Ten Faculty Members Author Works on Conducting Research in Family Medicine

The May 2019 issue of Family Medicine and Community Health (FMCH) provides ten quick start research guides, with contributions from ten U-M Family Medicine faculty.

In an opening editorial, Michael D. Fetters, M.D., M.P.H., M.A., professor and FMCH editorial board member, dedicates the issue to aspiring family medicine and community health researchers, encouraging readers to share the resources with students, residents, fellows, as well as experienced clinical practitioners “who are inquisitive and want to contribute to the science of family medicine and community health.”

Among the works:

- A template for curriculum development, developed by Jill R. Schneiderhan, M.D., assistant professor; Timothy C. Guetterman, Ph.D., M.A., former assistant professor; and Margaret L. Dobson, M.D., assistant professor, which outlines a six-step approach to curriculum development in family medicine.
- A guide to improving patient health directly using this quality improvement methodology. Co-authors, Allison N. Ursu, M.D., assistant professor, Michael M. McKee, M.D., M.P.H., associate professor, and Grant M. Greenberg, M.D., M.H.S.A., M.A., former assistant professor and class of 2000 residency alumnus, discuss a quality improvement method used in a case study of chlamydia screening in women. They reported an increase in screening rates from 29% to 60%.
- Instructions for mixing survey data with qualitative data in your first mixed methods research project by John W. Creswell, Ph.D., adjunct professor, and Mariko Hirose, Ph.D. of Kwansei Gakuin University, Japan.
- Work by Melissa J. Dejonckheere, Ph.D., assistant professor, Lisa M. Meeks, Ph.D., assistant professor, and Michael D. Fetters, M.D., M.P.H., M.A., professor, were also featured.

Find the full contents of the special issue online http://bit.ly/fmcmhmethods
One in five Americans identify themselves as a person with a disability (PWD) and experience significant health inequities. PWD are rarely the focus in health care efforts, including research, education, and employment and remain underrepresented in medical education and practice.

The Department of Family Medicine is working to change this. A new program, MDisability, was founded in April 2019 to promote greater inclusion of people with disabilities in healthcare research, education, practice and community engagement. Under the leadership of three co-directors — Michael M. McKee, M.D., M.P.H., assistant professor (research and clinical); Lisa M. Meeks, Ph.D., M.A., assistant professor (education); Oluwaferanmi O. Okanlami, M.D., M.S., assistant professor (community) — they lead several MDisability initiatives producing impactful research, guiding national educational policy and providing specialized and inclusive care and sports opportunities for PWD. Recent MDisability efforts include:

**Research:** Earlier this year, two grants were funded through the Blue Cross Blue Shield Foundation and the National Institutes for Health to gauge how hearing loss may impact health.

Dr. McKee’s research project, “Assessing Hearing’s Effects on Aging, Memory and Health Literacy,” will assess the effect hearing has on cognitive abilities, aged related decline and health literacy. Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine, is also leading a multi-site research project to determine whether undiagnosed or untreated hearing loss is associated with increased hospital readmissions. Elham Mahmoudi, Ph.D., M.B.A., M.S., assistant professor, received widespread publicity with her recent article, “Can Hearing Aids Delay Time to Diagnosis of Dementia, Depression, or Falls in Older Adults?” in the *Journal of American Geriatrics Society*. See page 21.

**Education:** #DocsWithDisabilities, a new bimonthly podcast hosted by Dr. Meeks, explores real-life stories and experiences of doctors with disabilities. The goal is to provide a deeper understanding of issues, challenges faced by medical professionals with disabilities through critical conversations with the doctors, researchers, administrators, faculty and policy makers working to ensure medicine remains an equal opportunity profession. Subscribe to the #DocsWithDisabilities podcast on iTunes, Google Play, Spotify and SoundCloud.

MDisability completed its first summer internship program designed to train future clinicians and researchers interested in disability health. The inaugural cohort included Caroline Cerilli, a sophomore at Johns Hopkins University; Kate Panzer, a 2018 graduate from the University of Pennsylvania; and Anah Salgat, a 2019 graduate from the University of Michigan.

**Clinical:** The Deaf Health Clinic recently celebrated its fourth year. Located at the Dexter Health Center, it provides accessible, integrated health programs for patients with hearing loss, including nearly 150 deaf signers residing locally. In September, Dr. McKee and Leslie Pertz, LMSW, conducted a conference workshop on Deaf Patients’ Substance Use Disorders and managing their healthcare needs at the 20th Annual Substance Use and Co-Occurring Disorder Conference in Detroit.

**Community:** Physical fitness is vital for everyone’s health and wellness. Participation in sports offers the ability to provide a sense of community. Dr. Okanlami, in partnership with U-MAISE and RecSports, ensures adaptive sports opportunities are available for everyone regardless of competition level or (dis)ability. This year kicked off wheelchair drop in basketball sessions with Rec Sports and U-MAISE wheelchair tennis began this fall. The Department is supporting two student athletes in tennis.

For more information about MDisability, visit bit.ly.mdisability-memed.
DEI in Family Medicine

The Department of Family Medicine values and invests in Diversity, Equity and Inclusion (DEI) efforts. This commitment has been long standing and, over the past three years, the Department’s work has been synergistic with efforts of the Institution and Michigan Medicine, both of which have identified DEI as a strategic priority, necessary for excellence.

Our commitment to these same principles is reflected in the Department’s strategic plan, which includes set goals related to diversity, equity and inclusion.

In an effort to expand our reach and applicant pool, faculty and resident representatives have attended the Student National Medical Association (SNMA) conference, the largest medical student organization for students under-represented in medicine, and participated in the U-M simulation fest.

The Residency program has revised the recruitment process to be more inclusive, expanded education to include annual HO-1 unconscious bias training, incorporated core lectures on DEI content and established a Spanish Language and Community Medicine track.

Carolina B. Sierra Lopez, M.D., is the inaugural resident to match to this new track and sees patients at the Ypsilanti Health Center.

DEI COMMITTEE MISSION

Develop sustainable department processes that promote diversity, equity and inclusion and allow us to recruit and retain diverse talent such that faculty members, residents and staff “mirror” the diversity of the State of Michigan. Our aim is to be the leader among peer departments locally and nationally, related to programming and scholarly work focused on diversity, equity and inclusion efforts.

Committee members are working on multiple efforts and have formed working groups to achieve their goals.

Ebony Parker-Featherstone, M.D., Department Co-Lead
Devon Kinney, Department Co-Lead
Jean H.C. Wong, M.D., Resident Education
Masahito Jimbo, M.D., Ph.D., M.P.H., Recruitment/Retention
Elizabeth K. Jones, M.D., Department Engagement
Anita K. Hernandez, M.D., Department Engagement
Anna R. Laurie, M.D., Gender Equity
Golfo K. Tzilos Wernette, Ph.D., Infrastructure/IT
Katherine E. Hughey, M.D., Committee Member
Masahito Jimbo, M.D., Department Engagement
Mercy Adetoye, M.D., house officer III, and Oluwaferanmi O. Okanlami, M.D., M.S., assistant professor, attended the 2019 SNMA conference to recruit new residents.
Michigan Mixed Methods Program

Mixed methods researchers use the power of “stories” from qualitative research and “numbers” from quantitative research to address society’s most challenging behavioral, clinical and educational issues. Based in the Department of Family Medicine, the University of Michigan Mixed Methods Program (MMP) is promoting applications and advances in the methodology of mixed methods research (MMR). “Mixed methods methodology is like a ‘core technology’ that researchers can apply to understand and solve complex phenomenon,” noted professor and MMP director, Michael D. Fetters, M.D., M.P.H., M.A.

John W. Creswell, Ph.D., adjunct professor, and Timothy C. Guetterman, Ph.D., adjunct professor, established MMP in 2015 as the world’s first mixed methods research “think tank.” Over 300 researchers from across the country and from over 20 countries have participated in interactive MMP workshops advancing study design, analysis, software use, and writing.

Melissa DeJ onckheere, Ph.D., assistant professor and MMP faculty member, provides mixed methods expertise on two NIH projects, one with associate professor, Michael M. McKee, M.D., M.P.H., on understanding health literacy and information accessibility for the deaf, and with Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine, on early auditory referral for hearing loss in primary care. MMP faculty member and assistant professor, Justine P. Wu, M.D., M.P.H., utilizes mixed methods to improve contraceptive care for adult women with chronic disease through an NIH career development award. Current MMP fellow, Paul Chandanabhumma, Ph.D., combines MMR with community-based participatory research to reduce health disparities.

Recently, MMP faculty collaborated with several clinical faculty members in a special issue of Family Medicine and Community Health that you can read about on page 22.

Dr. DeJ onckheere and Dr. Jane Forman, Sc.D., director of Qualitative and Mixed Methods Core at the VA Ann Arbor’s Center Clinical Management Research, lead the Qualitative and Mixed Methods Learning Lab, which provides a venue for work-in-progress and methodology sessions. MMP faculty members collaborate with colleagues in cardiothoracic surgery, emergency medicine, psychiatry and public health and have authored nearly 80 peer-reviewed articles.

With support from the McCune Foundation, the MMP provides training to female visiting scholars from low- and middle-income countries. The MMP is partnering with both the William T. Grant Foundation to support scholars’ research approaches to reduce inequality in youth outcomes through policy change and the Foundation for Child Development to optimize the methodology of applicants who are emerging scholars of color or studying minority issues in early childhood development.

The MMP benefits from the support of faculty across U-M including the School of Social Work, School of Nursing, School of Public Health, School of Education, Institute for Healthcare Policy and Innovation and VA Ann Arbor Center for Clinical Management Research, as well as the Mixed Methods International Research Association.

“It is a privilege to train and collaborate with so many local, national and international researchers as they tackle the most compelling and complex problems of our time in clinics, classrooms, and society,” notes Dr. Fetters.

Learn more about MMP at www.mixedmethods.org

http://medicine.umich.edu/dept/family-medicine

Fall 2019
Family Physicians Return to U-M

The Department of Family Medicine hosted a reception for returning Medical School Alumni family physicians during Reunion Weekend this October. With guests in attendance from as far as Texas, Colorado and Utah with graduation years ranging from 1953 to 2011, the evening was a nice opportunity to reconnect fellow family physicians and share Department updates.

Two of four members of first residency graduate class of 1982, Patrick J. Kearney, M.D. (MED 1979), Colorado, and John M. O’Brien, M.D. (MED 1979), emeritus faculty; reconnect and reminisce.

Amy B. Locke, M.D. (MED 1999, RES 2002), former director of the Department’s Integrative Medicine program, flew in from Utah to spend time with friends and former colleagues, including Eric P. Skye, M.D., associate professor, and Louito C. Edje, M.D. (MED 1995).


Kent J. Sheets, Ph.D., professor and author of the Department’s 40-year history, signed a copy of the tome for James W. Langley, M.D. (MED 1957), who traveled from Colorado for the weekend.

Philip Zazove, M.D., chair, spends time with David S. Webster, M.D. (MED 1994), wife, Joann R. Webster, M.D. (MED 1993), an ophthalmologist. David is the Vice President, Executive Medical Director, at Highmark Health, the third largest Blue Cross Blue Shield organization nationally.

Calling Resident and Fellow Alums!

In September, the Department of Family Medicine, in partnership with the U-M Alumni Association, launched a new online family medicine community for all current and former residents and fellows.

This new family medicine alumni community will:
- Provide a platform for resident and fellow alumni to engage with one another and share ideas, such as job posts, and learn how-and what-friends and former colleagues are doing,
- Create a safe and trusted space to build a community of family physicians, and
- Allow discussions and sub-groups to grow organically around the field of family medicine and the community’s interests.

We look forward to welcoming you into our new community!
Larry S. Kelly, M.D. (MED 1957) and wife, Sandy, spend time with James F. Peggs, M.D., emeritus professor.

Louis R. Zako, M.D. (MED 1957), his wife, Mary Jane, and good friend, R. Dale Lefever, Ph.D., emeritus faculty, see each other regularly “Up North” during the summer months. Lou is still very active in locum tenens in Michigan and beyond.

Oluwaferanmi O. Okanlami, M.D., M.S., assistant professor of family medicine and physical medicine and rehabilitation, was awarded the prestigious Michigan Medicine Alumni Society’s Early Distinguished Career Award.

Dr. Okanlami, who is also the director of medical student programs in the Medical School’s Office for Health Equity and Inclusion and director of Michigan Medicine’s Adaptive Sports: Michigan Center for Human Athletic Medicine and Performance, accepted the award during the Medical School Reunion in October.

Born in Nigeria, he completed medical school at U-M in 2011 and matched into the Orthopedic Surgery Residency Program at Yale University. In his third year, he acquired a spinal cord injury, paralyzing him from the chest down. Through surgeries and intense rehabilitation, he regained some motor function and went on to earn a Master’s in Engineering, Science, and Technology Entrepreneurship from the University of Notre Dame. He completed a family medicine residency at Memorial Hospital in South Bend, Ind.

Dr. Okanlami is vice-president of the River City Challenged Athletes, a South Bend nonprofit supporting sports programs for people with disabilities. He is currently growing similar opportunities at U-M as director of adaptive sports beginning with wheel chair basketball and tennis. He has given talks around the country on diversity, equity, and inclusion.

His catchphrase — “Disabusing Disability®” — demonstrates that disability is not inability. Clinically, Dr. Okanlami provides full-spectrum care at Briarwood Family Medicine, with a focus on disability health, and is a leader in the Department’s MDisability program. He works with all students, with an aim to encourage success among those underrepresented in medicine.

The Early Distinguished Career Award is presented to U-M Medical School alumni or faculty members in the initial 20 years of their career, this honor acknowledges the recipient’s excellence and exemplary achievement in medical education, research or patient care. ■

Congratulations Dr. Okanlami!

If you have not received your evite to join us in the family medicine resident and fellow online community, please email astamour@umich.edu
Best Wishes

John M. O’Brien, M.D., a graduate of the U-M Medical School (1979) and one of the first four Department of Family Medicine residency graduates in 1982, retired this year. His entire career was spent with the Department, teaching clinical medicine and providing primary care for the residents of Chelsea and surrounding communities. He spent 38 of those years delivering babies. He served in several leadership positions at both Chelsea and U-M hospitals, including residency program director for 16 years. He was chosen as Educator of the Year by the Michigan Academy of Family Physicians. Dr. O’Brien remains a member of the Department’s emeritus faculty.

Theresa R. Peters, M.D., a longtime physician at the Dexter Health Center, retired this June. Dr. Peters worked at Dexter Village Family Physicians before the practice was purchased by the University in 1996. For 31 years she cared for the families of Dexter and the surrounding communities. Fostering an interest in women’s health, Dr. Peters served as the medical director of the Women’s Health Center at Chelsea Community Hospital and developed a practice around vulvodynia. Dr. Peters graduated from the U-M Medical School in 1985 and completed her residency at Providence Hospital in Southfield, Mich. in 1988.

Margaret A. Riley, M.D., a Department faculty member since 2009, recently left to join Totora Health in Hawke’s Bay, New Zealand. A 2008 graduate of the Department’s residency program, Dr. Riley developed expertise in adolescent health and spent several years as medical director of both the U-M Regional Alliance for Healthy Schools and U-M’s Adolescent Health Initiative. In 2016, she was named medical director of the Ypsilanti Health Center where she aided the practice’s transition to population management and spearheaded Maggie’s Marketplace, a food pantry available to all patients and community members in Ypsilanti.

Welcome New Faculty

- Melissa J. Dejonckheere, Ph.D., Assistant Professor
  Health services researcher and mixed methods methodologist
- Kimberly S. McKee, Ph.D., M.P.H., Assistant Professor
  Maternal and child health researcher
- Christopher J. Frank, M.D., Ph.D., Assistant Professor
  Chelsea Family Medicine
  Medical School: Johns Hopkins School of Medicine, 2007
  Residency: University of Wisconsin, 2010
- Aleksandr Belakovskiy, M.D., Assistant Professor
  Dexter Health Center
  Medical School: Georgetown School of Medicine, 2015
  Residency: University of Michigan, 2018
- Robert J. Heizelman II, M.D., Instructor
  Briarwood Family Medicine
  Medical School: University of Toledo, 2002
  Residency: University of Toledo, 2004
- Cornelius D. Jamison, M.D., M.S.P.H., Lecturer
  Briarwood Family Medicine
  Medical School: East Carolina University School of Medicine, 2012
  Residency: Duke University, 2016
  Fellowship: U-M National Clinician Scholars, 2019
- Leigh M. Morrison, M.D., Assistant Professor
  Briarwood Family Medicine
  Medical School: University of Cincinnati College of Medicine, 2015
  Residency: University of Michigan, 2018
  Fellowship: Academic Medicine, University of Michigan, 2019
- Timothy J. Tellez, M.D., Lecturer
  Ypsilanti Health Center
  Medical School: University of Arkansas College of Medicine, 2015
  Residency: University of Michigan, 2018
  Fellowship: Community Medicine, University of Michigan, 2019
- Laura M. Crespo Albiac, M.D., Lecturer
  Ypsilanti Health Center
  Medical School: Rush Medical College, 2016
  Residency: University of Michigan, 2019
A few years ago, I saw a new patient with abdominal pain. She reported weight loss, changes in stools, and was jaundiced. Labs showed severe anemia. She was admitted, found to have metastatic colon cancer and tested positive for Lynch syndrome. She died within two months of our first visit. This case resonated with me because she had two teenage children. I thought about her a lot. It made me reflect on my mortality, and appreciate my family’s health. Months later, I saw a young woman as a new patient for a physical. When asked about her family history, she said her mother died recently from colon cancer. It turned out that she was my patient’s daughter. She, along with her father and brother, established care with me because they liked how I cared for her mother. I was overwhelmed with emotion and had to sit in the break room. I was so honored that this woman’s family would trust me to care for them, despite only meeting her at the end of her life. I still see them and the daughter plans to become a doctor because of what happened to her mother.

A former resident contacted me to talk about her pregnancy. At 35 weeks pregnant, she had some complications and worried about balancing new motherhood with the demands of being a family physician. She felt torn about not disrupting her patients’ care, while also caring for herself and her soon-to-be-born baby. She wanted to be available for her patients, but knew she needed to slow down and take care of herself and her child. When her husband asked who she could trust to give her advice about balancing these tensions, she chose me — her former faculty advisor. It was tremendously affirming for me that she trusted me so much. It highlighted that the value of the education we provide extends far beyond clinical care. It also showed the value of having compassion and kindness as leaders.

A few months ago, I had the misfortune of diagnosing an early case of colon cancer in a 40 year-old man. How we got there was a testament to the power of family medicine. In short, I diagnosed colon cancer with a PHQ-9. I was seeing him for unrelated reasons (because patients don’t ever come in for just one reason) when I stumbled into some concern about his mood. This led to a PHQ-9, which highlighted his sleep issues, which led to his restless leg symptoms, which caused me to order iron studies, which prompted me to check a CBC, which led to his colonoscopy, which made the diagnosis. This story has an unfortunate ending from one perspective, but from another, we caught a colon cancer in a gentleman with no family history or symptoms several years before he was due for routine screening. Without that family medicine holistic approach, this is a diagnosis that would certainly have been made months, if not years later, and his prognosis would have been much worse.

Women with HPV often read about my research and share intimate details. Knowing that my work makes a difference to so many people gives me the strength to keep applying for grants despite rejections. Here’s an example of the frequent emails I get:

I’m 21 years old, and have HPV. I’m contacting you because I follow all research being done on HPV. I’ve been doing everything to get rid of this as it’s made my depression worse. I read about you online and want to know how you choose people for your studies. Is there any way I could be considered? I know there are risks that could be involved, but I’m willing to accept those. I know you’re trying your best to find a cure, and just wanted to know if and/or how it would be possible to be a “test subject.”


Faculty Activity

- **Meeks LM**. The disabilities we don’t see. [Invited Article in Medical Education]. AAMC News. 2019.
• Braciszewski JM, Tzilos Wernette GK, Moore RS, Bock BC, Stout RL, Chamberlain P. A Pilot Randomized Controlled Trial of a Technology-Based Substance Use Intervention for Youth Exiting Foster Care. Child Youth Serv Rev. 2019 Nov;94:46-57.

As a 2019 Institute for Healthcare Policy & Innovation Emerging Scholar, Lorraine R. Buis, Ph.D., assistant professor, traveled to the University of California, San Francisco as a visiting scholar. She presented “Using mHealth in Clinical Settings: Benefits and Challenges” at UCSF’s Philip R. Lee Institute for Health Policy Studies.

Dr. Buis is also a member of the Invited Guest Editorial Committee for the Journal of the American Medicine Informatics Association and is an invited author for the 20th anniversary issue of JMIR.

Tammy Chang, M.D., M.P.H., M.S., assistant professor, serves on the Committee on the Neurobiological and Socio-behavioral Science of Adolescent Developments and Its Applications through the National Academies of Sciences, Engineering, and Medicine. The committee produced a report, The Promise of Adolescence: Realizing Opportunity for All Youth, that draws on work from Dr. Chang’s national adolescent polling platform, MyVoice.

James M. Cooke, M.D., associate professor, is an elected member of the U-M Medical School’s Executive Committee. The committee advises the Dean and is charged with duties of investigating and formulating educational and instructional policies for consideration by the faculty and acts for the faculty on personnel matters such as the promotion and appointment of faculty and curriculum and student-related issues.

Keri L. Denay, M.D., assistant professor, was selected as a world team physician with U.S. Figure Skating. In March, she traveled to Nottingham, England to provide care for athletes selected to the world team. Dr. Denay was also elected to the Midwest American College of Sports Medicine Board of Directors.

Margaret L. Dobson, M.D., assistant professor, was one of four faculty members inducted into the Michigan Chapter of the Gold Humanism Honor Society. The chapter honors physicians who practice patient-centered care by modeling the qualities of integrity, excellence, compassion, altruism, respect and empathy.

Dr. Dobson was also selected to be a peer mentor for Michigan Medicine’s new Patient Advocacy Reporting System (PARS) and Coworker Observation Reporting System (CORS). Peer mentors in this program provide informal and confidential feedback to faculty about concerns from patients and coworkers with the goal to improve professionalism, safety and accountability at Michigan Medicine.

The Society for Teachers of Family Medicine presented Michael D. Fettters, M.D., M.P.H., M.A., professor, with the 2019 Gabriel Smilkstein Award for outstanding contributions to the growth and development of family medicine education throughout the world. Dr. Fettters has conducted cross-cultural primary care research for more than 20 years and remains committed to building partnerships with medical schools and family medicine training programs around the world.

Additionally, in a trip to Japan, Dr. Fettters presented a mixed methods research design workshop for faculty and graduate students in nursing to the Japan Academy of Gerontological Nursing. And, he served as the conference chair for the combined meeting of the Mixed Methods International Research Association Asia Regional Conference 2019 and the 5th Japan Society of Mixed Methods Research Annual Conference.

After serving for three years as the U-M representative, Katherine J. Gold, M.D., M.S.W., M.S., associate professor, was selected as the American Academy of Family Physicians representative to the Association of American Medical Colleges Council of Faculty and Academic Societies. Dr. Gold also recently completed her three-year term as chair of the International Stillbirth Alliance, the largest global coalition working toward stillbirth prevention.

Lee A. Green, M.D., M.P.H., emeritus professor, is now chair of the Association of Canadian Chairs of Family Medicine.

Kathryn M. Harmes, M.D., M.H.S.A., assistant professor and associate chief clinical officer, now sits on the University of Michigan Medical Group Board Nominating Committee.

Continued on page 36
Diane M. Harper, M.D., M.P.H., M.S., professor, was named senior associate director of the Michigan Institute for Clinical and Health Research (MICHR). MICHR is a catalyst for clinical and translational research at U-M. The Institute serves to educate, fund, connect and support research teams at Michigan and beyond. Dr. Harper was also named a professor in U-M’s Department of Women’s Studies.

Katherine L. Hughey, M.D., assistant professor, was selected by U-M Medical School’s Global Health and Disparities Path of Excellence and U-M’s Global Reach to develop Spanish-speaking options for medical student electives in Peru. Related to this, she authored a paper published in the May issue of Academic Medicine entitled, “Scaling Up a Global Health and Disparities Path of Excellence Pilot Program at the University of Michigan Medical School.”

As a member of the American Gastroenterological Association, Joel J. Heidelbaugh, M.D., professor, co-authored new guidelines on the medical management of opioid-induced constipation. They guidelines were published in Gastroenterology in January.

Cornelius D. Jamison, M.D., M.S.P.H., lecturer, is leading adolescent medicine at Michigan Medicine as the co-director of U-M’s Adolescent Health Initiative. This group works with health care providers and health systems to help improve their care and better serve adolescents nationwide.

Masahito Jimbo’s, M.D., Ph.D., M.P.H., professor, work was highlighted as one of the distinguished papers of the year at the Society of Teachers of Family Medicine’s annual meeting. His recognized paper is titled “Does Shared Decision Making Affect People’s Preference, Intent, and Adherence Regarding Colorectal Cancer Screening? Results From the Decision Aid to Technologically Enhance Shared Decision Making (DATES) Study.” Dr. Jimbo was also appointed to the Medical Decision Making editorial board.

Elizabeth K. Jones, M.D., Assistant professor, and Anne L. Kittendorf, M.D., assistant professor, were featured in a Medical Education Podcast from the journal, Medical Education. They discussed “Creative Art and Medical Student Development.”

Anne L. Kittendorf, M.D., assistant professor, and Elham Mahmoudi, Ph.D., assistant professor, were selected as 2019 Policy Fellows through U-M’s Center for Health and Research Transformation (CHRT). The fellowship brings together policymakers and researchers to learn about health policy and the research process — and the intersection between the two — from subject-matter experts and each other. Dr. Kittendorf authored a commentary piece entitled “Michigan should fight weakening of federal school lunch standards” that was featured in September’s issue of Bridge.

Angela L. Kuznia, M.D., M.P.H., assistant professor, received a New Faculty Scholars Program scholarship from the Society for Teachers of Family Medicine (STFM). The scholarship is designed to be a catalyst for developing future leaders in STFM and other areas of academic family medicine.

Elham Mahmoudi, Ph.D., assistant professor, was named co-chair of AcademyHealth’s Disability Interest Group. The group is composed of health services and policy researchers interested in the coordination, quality improvement, and financing of services, assistive devices, and environmental changes needed for the optimal health and social integration of people in situations of disability. Dr. Mahmoudi was also accepted to the leadership committee for AcademyHealth 2020. And, she was selected as the representative of Gerontological Society of America’s delegation team to present at the annual Gerontological Conference in China.

Lisa M. Meeks, Ph.D., assistant professor, was an visiting professor speaking at: Stanford University Medical Center on Disability Inclusion in Medical Education; Harvard Medical School and Massachusetts General Hospital on Excellence in Disability Accommodation; and New York Medical College on Disability as Part of Diversity in Medical Education.
She was also appointed as the U.S. advisor to the International Council on Disability Inclusion in Medical Education. And, she authored a chapter entitled “Mental Health and Medical Education” in the book, Medical Student Well-Being.

Oluwaferanmi O. Okanlami, M.D., M.S., assistant professor, was named director of adaptive sports for the Michigan Center for Human Athletic Medicine and Performance (MCHAMP). MCHAMP is an Institutional program that unites more than 30 departments with a goal of caring for the athlete in all of us.

General Motors presented Dr. Okanlami with General Motors African Ancestry Network Inspiration Award at its 13th annual Black History Month Celebration. The theme of the program was The Power of Reinvention and the corporation honored several community leaders who model perseverance, dedication and courage that open avenues of growth in society.

Dr. Okanlami was also elected to the Michigan Medicine Alumni Society; the U-M Student Inclusion, Diversity, Equity and Accessibility (IDEA) Board; and the Association of American Medical Colleges Group on Diversity and Inclusion.

Ebony C. Parker-Featherstone, M.D., assistant professor, was accepted as a fellow with the International Society for the Study of Vulvovaginal Diseases. At the group’s recent international meeting she presented work discussing the rates of marijuana use in women with vulvar diseases.

Karl T. Rew, M.D., associate professor, taught at The University of Tokyo, Graduate School of Medicine and Faculty of Medicine. Invited as a visiting scholar through the International Research Center for Medical Education, he worked with medical students teaching clinical reasoning and professionalism. While in Tokyo, Dr. Rew also spoke about “Family Medicine in the USA” at Tokyo Medical and Dental University, and he organized and helped to teach a workshop for medical interpreters at Juntendo University.

Additionally, working with Michigan Medicine interpreter, Jeanette Kibler, Dr. Rew co-authored a pair of reference books for medical interpreters: Kibler’s Medical Terms for Interpreters, Japanese to English, and Kibler’s Medical Terms for Interpreters, English to Japanese.

Caroline R. Richardson, M.D., the Dr. Max and Buena Lichter Research Professor of Family Medicine, was awarded the prestigious Curtis Hames Research Award from the Society for Teachers of Family Medicine. Dr. Richardson has published more than 130 peer-reviewed articles, received funding from more than 50 grants and has maintained independent research funding during her nearly 20 year career. Her academic pursuits have focused on the benefits of exercise in promoting health, improving the care of diabetes, and reducing the adverse effects of obesity. The Hames award honors those individuals whose careers exemplify dedication to research in family medicine. Dr. Richardson was also named editor-in-chief of JMIR Diabetes.

Phillip E. Rodgers, M.D., professor, joined the founding board of the Palliative Care Quality Collaborative and will serve as treasurer. The group is the leading national registry and quality improvement network in palliative medicine. Additionally, he was appointed chair of the Policy and Advocacy Strategic Coordinating Committee for the American Academy of Hospice and Palliative Medicine (AAHPM). The committee examines public policy issues; develops AAHPM’s advocacy agenda; and, guides the Academy’s response to legislative and regulatory proposals.

Dr. Rodgers also gave several invited talks including: the opening plenary at the inaugural Forging the Future of Palliative Care conference at the University of Alabama-Birmingham, “Getting It Paid For: Alternative Payment Models in Palliative Care;” the closing plenary address for the annual meeting of the Palliative Care Quality Network, “Value-Based Payment is Here: Why Quality Palliative Care Has Never Been More Important;” and the annual Driskill Lecture Penn State University, entitled: “Integrating Palliative Care in Value-based Care Delivery.”

A team including Pamela G. Rockwell, D.O., associate professor, received a grant award from Pfizer Educational Grants and the National Kidney Foundation for their project entitled, “Improving Vaccination Rates in Chronic Kidney Disease Using Reminder/Recall Strategies via the Patient Portal.”

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Faculty Accolades

...continued from page 37

Keturah P. Schacht, M.D., lecturer, is a member of the Michigan Academy of Family Physicians’ Practice Management Committee. The group provides advisory support for Academy efforts to address Family Physician practice management issues through advocacy.

Ananda Sen, Ph.D., professor, served as a reviewer on a biostatistics panel at the National Science Foundation.

David C. Serlin, M.D., assistant professor, was selected as a member of the Association of Departments of Family Medicine Practice Transformation Workgroup.


Golfo K. Tzilos Wernette, Ph.D., assistant professor, has joined the College on Problems of Drug Dependence’s Travel Awards Committee. This committee solicits and reviews applications for the Early Career Investigator Travel Awards and the Awards for Community Clinicians and recommends a final list of awardees.

Sara L. Warber, M.D., emeritus faculty, was named an Institute Scholar at the health-centered nonprofit and “think tank,” the Institute for Integrative Health. The institute focuses on improving optimal health and wellness of people and communities.

Jean H.C. Wong, M.D., assistant professor and residency program director, completed the National Institute for Program Director Development Fellowship from the Association of Family Medicine Residency Directors. Through this program she had the opportunity to engage with and learn from seasoned program directors, family medicine educators and other family medicine leaders.

Sara L. Warber, M.D., emeritus faculty, was named an Institute Scholar at the health-centered nonprofit and “think tank,” the Institute for Integrative Health. The institute focuses on improving optimal health and wellness of people and communities.

Philip Zazove, M.D., the George A. Dean, M.D. Chair of Family Medicine, has joined the Association of Departments of Family Medicine’s Diversity Task Force. He was also an invited visiting professor at both the University of Texas, San Antonio and Western Michigan University.

Suzanna M. Zick, M.D., M.P.H., associate professor, was named co-chair of the joint committee of the American Society of Clinical Oncology and Society of Integrative Oncology. In her role she will develop guidelines for integrative oncology.


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Faculty Activity

Department Faculty

Professor and Chair
Philip Zazove, M.D.

Professor
James E. Aikens, Ph.D.
Zora Djuric, Ph.D.
Michael D. Fetter, M.D., M.P.H., M.A.
Diane M. Harper, M.D., M.P.H., M.S.
Joel J. Heidelbaugh, M.D.
Masahito Jimbo, M.D., Ph.D., M.P.H.
Michael S. Klinkman, M.D., M.S.
Diane M. Harper, M.D., M.P.H., M.S.
Joel J. Heidelbaugh, M.D.
Masahito Jimbo, M.D., Ph.D., M.P.H.
Michael S. Klinkman, M.D., M.S.

Associate Professor
William E. Chavey II, M.D., M.S.
Christine T. Cigolle, M.D., M.P.H.
James M. Cooke, M.D.
Katherine J. Gold, M.D., M.S.W., M.S.
Robert B. Kiningham, M.D., M.A.
Michael M. McKee, M.D., M.P.H.
Karl T. Rew, M.D.
Pamela G. Rockwell, D.O.
Suzanna M. Zick, N.D., M.P.H.

Assistant Professor
David J. Alvarez, D.O.
Aleksandr Belakovskiy, M.D.
Catherine M. Betcher, M.D.
Thomas W. Bishop, Psy.D., M.A.
Lorraine R. Buis, Ph.D.
Juana Nicoll Capizzano, M.D.
Maricela Castillo MacKenzie, M.D.
Tammy Chang, M.D., M.P.H., M.S.
Melissa J. DeJonckheere, Ph.D.
Margaret L. Dobson, M.D.
Jill N. Fenske, M.D.
Randall T. Forsch, M.D., M.P.H.
Christopher J. Frank, M.D., Ph.D.
Kristina M. Gallagher, M.D.
Uche D. George-Nwogu, M.D.
Jenna L. Green, M.D.
Kathryn M. Harmes, M.D., M.S.P.H.
Micheleen Hashikawa, M.D.
Erin Hendriks, M.D.
Anita K. Hernandez, M.D.
Katherine L. Hughve, M.D.
Elizabeth K. Jones, M.D.
Scott A. Kelley, M.D.
Neil B. Kirsch, M.D.
Anne L. Kittendorf, M.D.
Ayano Kiyota, M.D., Ph.D.
Christine W. Krause, M.D.
Angela L. Kuznia, M.D., M.P.H.
Cheryl E. LaMore, M.D.
Anna R. Laurie, M.D.
Sahoko H. Little, M.D., Ph.D.
Mikel Llunes, M.D.
Elham Mahmoudi, Ph.D.
Tarannum A. Master-Hunter, M.D.
Anna K. McEvoy, M.D.

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http://medicine.umich.edu/dept/family-medicine Fall 2019
Highlights

Providing OB Care to Underserved Patients in Detroit

Clinical Simulation Center Celebrates 15 Years

Innovation Through Inquiry - Current Research Projects

Michigan Mixed Methods Program Grows

Medical School Alumni Reunion

Highlights

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Innovation Through Inquiry - Current Research Projects

Michigan Mixed Methods Program Grows

Medical School Alumni Reunion

Mark Your Calendars for These CME Courses

Join the Department for these outstanding CME courses. These conferences feature speakers who are experts in their field and offer hands-on workshops to hone your skills.

<table>
<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Location</th>
<th>Details</th>
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<tr>
<td>27th Annual Primary Health Care of Women Conference</td>
<td>December 5–6, 2019</td>
<td>Ann Arbor, Mich.</td>
<td>Hear the latest updates in women’s health and apply integrative medicine practices to your office. Get into the holiday spirit while shopping at local businesses.</td>
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<tr>
<td>Sports Medicine for the Primary Care Physician &amp; Fall Update in Family Medicine</td>
<td>September 30–October 2, 2020</td>
<td>Ann Arbor, Mich.</td>
<td>Enjoy the fall weather and University of Michigan’s homecoming football game while honing your sports medicine skills and discussing evidence-based primary care topics.</td>
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Register for these courses or sign up for our mailing list at [www.UMFamilyMedCME.com](http://www.UMFamilyMedCME.com).