56th Annual Northern Michigan Family Medicine Update
All sessions will be held in the Boardman Room

Monday, June 22, 2020

7:00-7:30 AM  Registration and Breakfast

7:45 AM  Welcome Remarks
Joel Heidelbaugh, MD, Course Director and Professor, Departments of Family Medicine and Urology, Michigan Medicine

8:00-8:55 AM  Migraines: Review and Update for the PCP
Bridget Cornett, MD, Assistant Professor, Department of Neurology, Michigan Medicine

8:55-9:30 AM  Update on Chronic Hepatitis C
Hellan Kang Kwon, MD, Associate Professor, Department of Internal Medicine, Michigan Medicine

9:30-10:05 AM  Typical and Atypical Neuropathies
Bridget Cornett, MD

10:05-10:20 AM  Break

10:20-10:55 AM  Overview of Cirrhosis and Complications
Hellan Kang Kwon, MD

10:55-11:30 AM  Syncope vs. Seizure: How Can We Tell the Difference?
Bridget Cornett, MD

11:30 AM-12:05 PM  Alcoholic Liver Disease: The Other Fatty Liver Disease
Hellan Kang Kwon, MD

12:05-12:30 PM  Q&A Session

12:30 PM  Session Adjourns
### Agenda

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**Tuesday, June 23, 2020**

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<th>Time</th>
<th>Session</th>
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<tr>
<td>7:30 AM</td>
<td>Breakfast</td>
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<tr>
<td>8:00-8:55 AM</td>
<td><strong>Non-Alcoholic Fatty Liver Disease and Noninvasive Assessment of Liver Disease</strong></td>
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<td><em>Hellan Kang Kwon, MD</em></td>
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<td>8:55-9:30 AM</td>
<td><strong>Current Practice in Acute Stroke Management</strong></td>
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<td><em>Bridget Cornett, MD</em></td>
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<td>9:30-10:05 AM</td>
<td><strong>Atrial Fibrillation: Interventions and Anticoagulation</strong></td>
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<td><em>Michael Shea, MD</em>, Professor, Department of Internal Medicine, Michigan Medicine*</td>
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<td>10:05-10:20 AM</td>
<td><strong>Break</strong></td>
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<tr>
<td>10:20-10:55 AM</td>
<td><strong>Staying Well After Liver Transplantation</strong></td>
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<td><em>Hellan Kang Kwon, MD</em></td>
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<td>10:55-11:30 AM</td>
<td><strong>Asthma Review: Focus on Medications</strong></td>
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<td><em>Kellie Kipps, PharmD, BCPS, BCACP</em>, Clinical Pharmacy Specialist, Adjunct Assistant Professor, Department of Pharmacy, Michigan Medicine*</td>
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<td>11:30 AM-12:05 PM</td>
<td><strong>ECG Review</strong></td>
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<td><em>Michael Shea, MD</em></td>
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<td>12:05-12:30 PM</td>
<td><strong>Q&amp;A Session</strong></td>
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<td>12:30 PM</td>
<td><strong>Session Adjourns</strong></td>
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Wednesday, June 24, 2020

7:30 AM  Breakfast

8:00-8:55 AM  Systolic and Diastolic Heart Failure: Where Do We Stand?
Michael Shea, MD

8:55-9:30 AM  Managing Polypharmacy in the Elderly
Kellie Kippes, PharmD, BCPS, BCACP

9:30-10:05 AM  Cardiac Imaging Update
Michael Shea, MD

10:05-10:20 AM  Break

10:20-10:55 AM  Community Acquired Pneumonia Update
Jawad Al-Khafaji, MD, MHSA, Assistant Professor, Department of Internal Medicine, Michigan Medicine and VA Ann Arbor Health System

10:55-11:30 AM  The New Lipid Guidelines
Michael Shea, MD

11:30 AM-12:05 PM  Cellulitis and the Bactrim Controversy
Jawad Al-Khafaji, MD

12:05-12:30 PM  Q&A Session

12:30 PM  Session Adjourns
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Thursday, June 25, 2020

7:30 AM  Breakfast

8:00-8:55 AM  The Pre-operative Clinic Evaluation
Megan Mack, MD, Assistant Professor, Department of Internal Medicine,
Department of Hospital Medicine, Michigan Medicine

8:55-9:30 AM  Strength Training for Health
Robert Kiningham, MD, MA, Associate Professor, Department of Family
Medicine, Michigan Medicine

9:30-10:05 AM  Evaluation of Abnormal Uterine Bleeding in the Premenopausal
Woman
Anita Hernandez, MD, Assistant Professor, Department of Family Medicine,
Michigan Medicine

10:05-10:20 AM  Break

10:20-10:55 AM  Sepsis and the One-Hour Bundle
Jawad Al-Khafaji, MD

10:55-11:30 AM  Update on the Pre-Participation Physical Exam
Robert Kiningham, MD, MA

11:30 AM-12:05 PM  The Preconception Counseling Visit
Anita Hernandez, MD

12:05-12:30 PM  Q&A Session

12:30 PM  Session Adjourns
# Agenda

## 56th Annual Northern Michigan Family Medicine Update

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### Friday, June 26, 2020

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 AM</td>
<td>Breakfast</td>
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</table>
| 8:00-8:55 AM | Prevention and Treatment of Knee Osteoarthritis
  *Robert Kiningham, MD, MA*                  |
| 8:55-9:30 AM | Postnatal Health: How to Best Care for Our Patients After Childbirth
  *Anita Hernandez, MD*                       |
| 9:30-10:05 AM | Antiobiotic Stewardship Tips for the Front-Line Provider
  *Megan Mack, MD*                             |
| 10:05-10:20 AM | Break                                                                                             |
| 10:20-10:55 AM | Evaluation of Shoulder Pain
  *Robert Kiningham, MD, MA*                   |
| 10:55-11:30 AM | The Pain is Unbearable: Endometriosis 101
  *Anita Hernandez, MD*                        |
| 11:30 AM-12:05 PM | 10 Sports Medicine Facts Primary Care Doctors Should Know
  *Robert Kiningham, MD, MA*                   |
| 12:05-12:30 PM | Q&A Session                                                                                       |
| 12:30 PM    | Session Adjourns                                                                                 |