MICHIGAN MEDICINE AND VA ANN ARBOR HEALTHCARE SYSTEM POSTDOCTORAL CONSORTIUM IN ADULT CLINICAL PSYCHOLOGY

2020 POSTDOCTORAL FELLOWSHIP BROCHURE

Application Deadline: December 13, 2019

Four positions anticipated beginning in September 2020

- 2 Adult Positions (Michigan Medicine)
- 3 Adult Positions (VA Ann Arbor Healthcare System)
- 1 Adult Women’s Position (VA Ann Arbor Healthcare System)

ACCREDITED BY THE COMMISSION ON ACCREDITATION AMERICAN PSYCHOLOGICAL ASSOCIATION
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Michigan Medicine/VA Ann Arbor Healthcare System Training Network Overview

Michigan Medicine (MICHMED) and the VA Ann Arbor Healthcare System (VAAAHS) have joined programmatic forces to create a Postdoctoral Training Network in Professional Psychology, consisting of two consortial programs and one non-consortial program. The two consortial programs are Clinical Neuropsychology and Clinical Psychology, and the nonconsortial program is in Clinical Child Psychology. All three programs are accredited by the American Psychological Association (next site visit 2020). The overall Training Network is led by the Network Training Committee Chair, J. Todd Arnedt, Ph.D.

MICHMED and VAAAHS provide a rich interdisciplinary training environment with seminars, invited lectures, and opportunities for collaboration with faculty across disciplines and departments. Postdoctoral fellows are offered a diverse set of clinical experiences in assessment, treatment, and consultation with a focus on empirically-based treatments; mentorship in conducting independent clinical research; and didactics focused on professional development, the integration of science and practice, cultural and individual diversity, and ethics and the law.

The training philosophy of the programs within the Network is rooted in the scientist-practitioner model. The institutional philosophy and values of all the Network programs are focused on normative healthcare ethical values of beneficence, non-malfeasance, and social contract in a context of public service. The overarching aim of the UMHS postdoctoral program is to train practitioner-scientists to an advanced level who are capable of functioning at a high level in a range of occupational settings for psychologists.

To serve this overall goal, the training network welcomes applications from individuals who have graduated from accredited clinical/counseling psychology programs. The program selects candidates whose academic and clinical preparation, supervisor recommendations, and perceived synergy with our programs are ideally suited. Thus, we hope to identify postdoctoral fellows who demonstrate a readiness and desire to learn and develop professionally. To that end, the training network provides the breadth and depth of experiences in assessment, treatment, consultation, and scholarly support of practice and research.

Fellows in the Clinical Psychology Consortium complete training after one year; fellows at the MICHMED site of the Consortium have the option to extend their training into a second year to enhance their research and advanced clinical training portfolio. Questions about the accreditation and the accreditation process can be addressed to:

Office of Program Consultation and Accreditation American Psychological Association
750 First Street N.E., Washington DC, 20002
Phone: 202-336-5979

Clinical Psychology (Adult) Consortium

The Clinical Psychology Consortium provides specialty training in the acquisition and application of evidence-based practice in clinical adult psychology. Clinical training occurs in interprofessional settings with a specialized research emphasis for each fellow. In keeping with the goals of the broader training program, the Clinical Psychology Consortium focus develops professionals with the specialty training necessary to accurately assess, diagnose, and provide treatment at an advanced level to individuals with a variety of psychiatric disorders throughout the adult lifespan. Fellows select a preferred primary site (MICHMED or VAAAHS) when applying to the program, although clinical and research experiences are encouraged at both sites. Our Consortium prepares fellows to direct clinical programs, educate professional...
psychologists, and perform programmatic research. Clinical research opportunities are available in a range of areas, including mood disorders; women’s mental health; sleep and circadian research; health psychology; anxiety and related disorders (e.g., posttraumatic stress disorder); substance use disorders; psychotic disorders; primary care mental health integrations; and mental health recovery.

For the 2020-2021 class, the MICHMED/VAAAHS Clinical Psychology Consortium will be recruiting 6 fellows for the following positions (more than one position can be ranked per applicant):

- **MICHMED-Adult** (2 positions available)
- **VAAAHS-Adult** (3 positions available)
- **VAAAHS-Adult Women’s** (1 position available)

**Clinical Psychology Sections**

**Michigan Medicine (MICHMED) Clinical Adult Section**
The MICHMED Clinical Adult Section provides outpatient assessment, consultation, and treatment services across the range of adult psychiatric disorders.

**MICHMED Facilities**
Michigan Medicine is one of the largest hospitals in Michigan and a premier academic medical center made up of the University of Michigan (U-M) Health System, U-M Medical School, and one of the nation’s largest biomedical research communities. Michigan Medicine is known for conducting cutting-edge biomedical research and delivering premier patient care. According to the US News and World Report, the institution ranks among the best in the nation in a range of both pediatric and adult specialties. Michigan Medicine consists of 9 Basic Science Departments, 20 Clinical Departments, and 50 Interdisciplinary Departments, Programs, Centers and Institutes. Major facilities consist of the University Hospital (UH), the Frankel Cardiovascular Center, Rogel Cancer Center, Kellogg Eye Center, and C.S. Mott Children’s Hospital. The East Ann Arbor Medical Campus, Turner Geriatric Center, and the VAAAHS are in close proximity. Adding to the University’s research capabilities in 2009, UM acquired the North Campus Research Complex—formerly the Pfizer property—which is close to the East Ann Arbor Medical Campus, and encompasses four parcels of land and 30 buildings. The acquisition added nearly two million square feet of sophisticated laboratory facilities and administrative space, along with furnishings.
Postdoctoral activities for Adult Clinical Psychology fellows take place primarily in the Department of Psychiatry’s Depression and Ambulatory Care Center within the Rachel Upjohn Building, a state-of-the-art facility located on the East Ann Arbor Medical Campus that was completed in 2006. This building includes over 39,000 net square feet (over 54,000 BGSF), and provides key new laboratories for current PHS-funded investigators, clinical investigation facilities and offices, educational facilities, and treatment clinics.

**VAAAHS Clinical Adult Section**
The VAAAHS Clinical Adult Section has a long history of evaluating and treating Veterans in acute and long-term care inpatient, outpatient, and rehabilitation settings.

**VAAAHS Facilities**
The VA Ann Arbor Medical Center is located adjacent to the University of Michigan campus and medical center. Our medical center is a 105-bed general medical-surgical hospital, which includes an inpatient psychiatric unit, outpatient mental health clinics, substance abuse disorders treatment and extensive medical and community-based psychiatric and recovery services. The Community Living Center (CLC), specializing in short-term geriatric work, is attached to the Medical Center. Community Based Outpatient Clinics (CBOCs) provide outpatient mental health services to Veterans in the VAAAHS catchment area but residing nearer to Jackson and Flint, Michigan, and to Toledo, Ohio. Mental Health facilities have been fully updated in the past few years. Offices for fellows have modern support facilities, with full computer access to the University of Michigan information systems and library, as well as VAAAHS information systems.

**Education**
In addition to core curriculum, fellows in the MICHMED/VAAAHS Clinical Psychology Consortium have several unique learning opportunities, ranging from targeted coursework to visiting lectures. Educational opportunities include both mandatory training requirements designed to ensure smooth and consistent progress throughout the training program, and

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**Michigan Medicine: Key Facts**

| Licensed Beds (medical & surgical) | 1,000 |
| Discharges | 49,008 |
| Patient Days | 312,749 |
| Emergency/Urgent Care Visits | 106,451 |
| Outpatient Clinic Visits | 2,4M |
| Surgeries | 57,442 |
| Deliveries | 4,682 |
| Faculty Members | 3,097 |
| Nurses | 5,712 |
| Residents in Training | 1,265 |
| Medical Students | 735 |
| Employees | 28,618 |

https://www.uofmhealth.org/about%20umhs/facts-figures
optional training opportunities that can be pursued to enrich the training experience to the extent that there is available time.

Required:
- Weekly Professional Development Seminar
- Weekly Grand Rounds
- Monthly Postdoctoral Forum
- Monthly International Case Conference
- Monthly Bioethics Conference (Minimum two per year)

Optional as time permits:
- Section meetings
- Invited Lecturers throughout the MICHDMED and VAAAHS

Teaching/Supervision Experiences
Fellows are provided with the opportunity to perform clinical supervision of predoctoral practicum students and interns. Additional supervision of undergraduate students who work with faculty and fellows on a wide variety of research projects is also available. Fellows may also assist faculty with teaching seminars and take part in an annual half-day supervision skills workshop.

Clinical Psychology Consortium: Clinical Experiences
Adult fellows develop individualized training plans comprised of experiences selected by the fellows in conjunction with their faculty mentor. Clinical experiences typically account for 50% of the fellow’s experience and may be a combination of experiences at either the MICHMED or VAAAHS site from those described below. The following figure provides an overview of the clinical experiences at the two sites:
Adult Anxiety and Depression Programs
The adult anxiety and depression programs are committed to providing state-of-the-art treatment for adult anxiety and mood disorders and maintaining scientific leadership in the study of these disorders. The clinics affiliated with these programs focus on individual and group evidence-based therapies for patients with anxiety, depression, and comorbid disorders. Postdoctoral fellows receive supervised training in CBT for anxiety disorders and CBT/Interpersonal Therapy for depression and may have the opportunity to provide tiered clinical supervision to predoctoral clinical psychology practicum students.

Behavioral Sleep Medicine (BSM) Clinic
The BSM Clinic conducts initial consultations and follow-up visits (individual and group therapy modalities) for adults 18 years of age and older with sleep disorders amenable to evidence-based sleep treatments (e.g., CBT for insomnia). The primary referrals to the BSM clinic are for insomnia, hypnotic discontinuation, circadian rhythm sleep-wake disorders, and adherence to medical regimens (e.g., Continuous Positive Airway Pressure, CPAP). Many initial consultations are conducted in a multidisciplinary context, where clinical psychologists work side-by-side with sleep medicine physicians. Fellows are additionally encouraged to rotate through other Michigan Medicine sleep-related clinics, including the General Sleep Disorders Clinic, Pediatric Sleep Clinic, and Alternatives to CPAP Clinic, where they gain exposure to various medical specialties involved in the care of patients with sleep disorders. (e.g., Neurology, Pulmonology, Pediatrics, Otolaryngology, Oral and Maxillofacial Surgery).

Early Psychosis (PREP) Clinic
The PREP Clinic conducts initial consultations and early interventions for adolescents and young adults 14 years of age and older presenting with early psychosis or symptoms suggestive of increased risk for developing a psychotic disorder (attenuated psychosis syndrome or “prodromal” psychosis). We are the only early psychosis clinic in southeast Michigan. Our treatment focuses on evidence-based psychosocial interventions, including individual CBT for psychosis (CBTp), family psychoeducation, case management, and group therapy. Medication treatments are also available when appropriate. We are a multidisciplinary team consisting of clinicians and researchers from multiple disciplines, including clinical psychologists, psychiatrists, and social workers. Fellows have the opportunities to learn and provide specialized assessments and individual, family, and group interventions for this young population. Fellows are also encouraged to participate in local educational outreach activities to help promote early detection and intervention on campus and in the community.

University of Michigan Addiction Treatment Service (UMATS)
The University of Michigan Addiction Treatment Service is an outpatient substance use disorder treatment center located in the Department of Psychiatry, Rachel Upjohn Building. In addition to psychiatric services (medication management, outpatient detoxification, and opioid substitution treatment), psychotherapy services include intensive outpatient programming, aftercare groups, dual diagnosis groups, family/couple’s therapy, individual therapy, treatment for healthcare professionals, and a blended motivational interviewing/psychoeducational group. Fellows will work collaboratively in our interdisciplinary team of psychiatrists, social workers, psychologists, and certified addiction nurses to treat patients with substance use or dual diagnoses. Fellows will conduct individual and group therapies and have the opportunity to receive specialized training in Motivational Interviewing and Behavioral Couple’s Therapy, in addition to cognitive behavioral approaches.
Women and Infants Mental Health Clinic (WIMHC)
The WIMHC is an outpatient clinic in the Department of Psychiatry in the University of Michigan Health System. Our clinic is staffed by a multidisciplinary team of psychiatrists, nurse-practitioners, psychologists, and social workers. Trainees on the team include psychology practicum students, psychiatry fellows, and social work interns and fellows. As a tertiary care clinic, we specialize in assessment and treatment of mental health conditions in women, primarily during pregnancy, postpartum, and other times of hormonal change (e.g., perimenopause). We also offer dyadic-based psychotherapy services for mothers and their infants and young children. As one of very few clinics in Michigan that specialize in perinatal mental health, we serve a diverse population, often with medical and psychiatric comorbidities. As part of this rotation, postdoctoral fellows complete a mentorship in Interpersonal Psychotherapy.

VA Ann Arbor Healthcare System

Health Psychology
The health psychology offerings emphasize functional assessments and brief interventions for patients presenting in ambulatory care settings. Exposure to interprofessional practice and the “medical home” model are important elements in learning. The fellow can gain experience with chronic pain management, MOVE! Weight Management and other patient education programs, and tobacco cessation services with some additional options. Working with the Pain Clinic and Primary Care (and Brent Coy, Ph.D.), the fellow can learn to provide comprehensive, biopsychosocial assessments and provide integrated CBT-based chronic pain management services. Fellows can be integral part of the MOVE! Weight Management, Diabetes Education, or Cardiac/Pulmonary Rehabilitation, facilitating behavior change enhancement and stress management classes in these programs. Using Motivational Interviewing (MI) and Acceptance and Commitment Therapy (ACT) principles, the fellows may collaborate with Pharmacy and Nursing to offer tobacco cessation services as well. Integrated care opportunities are also available with Oncology, Women’s Health and the Sleep Clinics. The fellows may also conduct organ transplant and/or bariatric surgery mental health evaluations. Therefore, assessment and consultation skills, and both individual and group intervention modalities are available experiences. We aim to provide the fellow with experience in working as part of medical teams in different parts of the hospital setting, consult with referring providers, and practice serving as a representative of the field of psychology in the broader healthcare setting.

Mental Health Clinic (MHC)
Training opportunities in the Mental Health Clinic include thorough diagnostic assessment and psychotherapy training with a wide variety of outpatient clients. Fellows may learn risk assessment and crisis intervention strategies, interviewing and assessment skills, and other screening techniques. Individual therapy cases and group therapy experiences (e.g., depression and anxiety) are available. The clinic offers opportunities to work closely with a variety of mental health professionals. Treatment approaches include empirically supported strategies, such as CBT, Dialectical Behavior Therapy (DBT), Motivational Interviewing, and Solution-Focused/Strategic Therapies. There are opportunities for fellows to work with individuals from diverse backgrounds who present with a wide range of psychopathology. There is flexibility to accommodate individual fellow interests in terms of caseload, development and implementation of treatment groups, and program assessment and evaluation activities.

Posttraumatic Stress Disorder Clinical Team (PCT)
The PCT functions as an outpatient specialty clinic within the medical center. This multidisciplinary team provides comprehensive assessment, treatment, and research-based protocols
to patients with PTSD. The fellow may attend teaching rounds, perform assessments, and follow cases within this specialty clinic. Fellows will have opportunities for training and practice in specialized PTSD evaluation and empirically supported treatments, including Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT). In addition to weekly individual supervision, fellows participate in weekly PCT staff meetings. This includes clinical case presentations, evaluation presentations, and didactic presentations on topics related to PTSD.

**Psychosocial Rehabilitation & Recovery (PSR&R)**

Psychosocial Rehabilitation and Recovery (PSR&R) offers training opportunities across multiple specialty clinics (e.g., Psychosocial Rehabilitation & Recovery Center; Mental Health Intensive Case Management, Acute Inpatient Mental Health, Compensated Work Therapy, etc.) spanning the full continuum of care. The focus of PSR&R is weighted towards improving Veterans’ functioning, and role functioning. This means we work to help individuals develop and pursue their personal living, learning, and socialization goals to help them move forward in their mental health recovery. PSR&R offers multiple opportunities in initial and diagnostic assessments; recovery action planning; group-based EBPs (e.g., Cognitive Behavioral Social Skills Training, Illness Management & Recovery, Dual Diagnosis, etc.); individual therapy (e.g., CBT for Psychosis and Solution-Focused approaches); community-based work helping Veterans apply the skills they’ve learned or developed; program development and evaluation; and working with peer-based services. Additional PSR&R opportunities are also available in the areas of home visits (MHICM), outreach, and working with community partners.

**Substance Use Disorders Section (SUDC & SUD IOP)**

The SUD experiences include opportunities for training in assessment and diagnosis, treatment planning, participating in multidisciplinary treatment, and training in empirically supported intervention approaches for individuals with substance use disorders with and without comorbidities. Psychological treatment approaches across levels of care include Cognitive Behavioral Therapy (CBT), Motivational Interviewing/Enhancement Therapy, Behavioral Couples Therapy, Harm Reduction, Mindfulness Based Relapse Prevention, and Contingency Management. The clinic provides core therapy groups using CBT, as well as a number of specialty interventions, (e.g., emotion regulation, IMR, behavioral pain management, insomnia treatment). There are opportunities for fellows to work with individuals presenting with a wide range of psychopathology from diverse backgrounds in both inpatient and outpatient settings. There is also flexibility to accommodate individual fellow interests in terms of caseload, development/implementation of treatment groups, program assessment/evaluation, and research activities.

**Telemental Health Services**

The VA is dedicated to improving access to care for Veterans using telehealth and telemedicine. Telemental health (TMH) is rapidly becoming the wave of the future, with ample opportunity for research and program development. Fellows interested in TMH services will have the opportunity to conduct evidence-based evaluations and interventions for a wide variety of mental health disorders using clinical video technology (CVT) to the community-based outpatient clinics (CBOCs), community partners, and to Veterans’ homes. Specific evidence-based modalities available include cognitive behavioral therapy (CBT) for depression and anxiety, CBT-Insomnia, CBT-Chronic Pain, ACT, and Behavioral Couples Therapy (BCT). Common presenting concerns include depressive disorders, bipolar disorders, and anxiety disorders. However, the TMH team gets all types of referrals and will work with fellows to assign cases that fit interests or learning needs. In supervision, special attention will be paid to development and maintenance of therapeutic rapport, as well as risk assessment and safety procedures using this modality. Fellows will gain experience developing and navigating relationships with administrative and clinical staff.
at multiple locations. They will also attend weekly TMH team meetings, which includes case consultation as well as administrative topics that are important in promoting and disseminating the TMH service.

**Women Veterans’ Mental Health**

This experience involves evidence-based care in the outpatient mental health clinics (MHC, SUDC, and PCT) and/or health clinics. The Women’s VAAAHs Fellow may elect to focus in a single clinic or can collaborate with supervisors to incorporate clinical care opportunities from multiple clinics and sites. The focus on women’s mental or behavioral health training may involve participation in both individual and group therapy offerings specifically for women Veterans and training in common intersections between military culture, gender issues, and other aspects of diversity. Options include trauma-focused treatments for PTSD (CPT, PE), DBT, Interpersonal Violence, Wellness Group for Women, Military Sexual Trauma evaluation and interventions for women, and brief interventions within the Substance Use Disorders Clinics. Fellows with interest in providing trauma-focused therapy with Women Veterans diagnosed with PTSD are required to attend the PE and CPT trainings at the beginning of the fellow year. Fellows may be integrated into the Women’s Health Clinic (4 hours per week) to provide consultation/liaison and/or brief interventions to women presenting for specialty medical assessments or care. There are several current research options available throughout the service. Fellows are afforded many opportunities to be integrally involved in administrative activities (i.e., membership in the Women Veterans’ Mental Health Working Group, projects associated with mental health service aspects of the VA Ann Arbor Healthcare System’s Women Veterans’ Programming Committee).

**Couples & Family Intervention**

Fellows may have the opportunity to see couples utilizing the Behavioral Couples Therapy Model (BCT), Behavioral Family Therapy for SMI, and the Integrative Behavioral Couples Therapy model (IBCT). Cases may be referred for numerous presenting problems (marital distress, substance use, SPMI, etc.). Fellows may also provide evidence-based CBT for partner abuse. Opportunities for providing parenting skills training for Veterans and family education are also available. Opportunities for administrative activities are available as well through involvement in the family services work group.

**Additional Opportunities**

**Psychological Assessment**

Fellows may practice and learn our battery of neuropsychological tests at the start of the year in addition to reviewing standard objective and personality test procedures. Psychological testing experience includes not only interpretation of tests, but also organization and integration of interview and historical data.

**Clinical Psychology Consortium: Research Experiences**

We believe that progress in understanding human behavior can come from testing hypotheses generated from clinical observations. Research involvement is a necessary component of the modern clinical psychologist and therefore is a significant emphasis of the Clinical Psychology Consortium training program. Fellows at the VAAAHs typically include a research component in their individualized development plan ranging from 10-40% of their training time. Here, fellows are encouraged to work with a faculty member’s current research or produce a small original study that complements the interest of a faculty psychologist who could serve as a mentor for the project. MICHMED fellows are matched with an academic/research mentor and spend
roughly 40% of their time in research activities, with an emphasis on development and execution of original scientific work as well as manuscript/grant writing.

Consortium training faculty are involved in many kinds of clinical research efforts, including VAAAHS- and NIH-funded projects (often in conjunction with other University of Michigan faculty). These activities provide students with knowledge of psychology’s interface with related health disciplines. Faculty is involved with research projects in a variety of clinical departments, including Surgery, Neurology, Internal Medicine, and Family Medicine, and research programs, such as the VAAAHS Serious Mental Illness Treatment Research and Evaluation Center (SMITREC), the University of Michigan Addiction Center, the Molecular and Behavioral Neuroscience Institute, and the Institute for Healthcare Policy. All fellows have access to the wealth of research-related resources at the University of Michigan, such as the Center for Statistical Research and Consultation (CSCAR) and Michigan Institute for Clinical and Health Research (MICHR). Training faculty is also involved as members of NIH or VAAAHS Research Committees and can introduce the fellow to the elements of good peer research review. In a similar fashion, a number of faculty are active on editorial boards as editors, board members, or regular reviewers of research manuscripts and can mentor fellows on how constructive peer reviews can improve the quality and utility of research.

Sample week-long schedules outlining the various clinical, research, and didactic experiences for a postdoctoral fellow at both the Michigan Medicine and VAAAHS site are shown below:

A. Michigan Medicine Fellow (WIMHC and BSM Clinics):

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<th>MONDAY</th>
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<tr>
<td>09:00-13:00</td>
<td>Research Time</td>
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<tr>
<td>13:00-14:00</td>
<td>Supervision (Clinical)</td>
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<td>14:00-15:30</td>
<td>Mentorship</td>
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<tr>
<td>15:30-17:00</td>
<td>Research Time</td>
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<th>TUESDAY</th>
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<tr>
<td>09:00-11:00</td>
<td>Clinical Time</td>
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<td>11:00-12:00</td>
<td>Clinical Team Meeting</td>
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<tr>
<td>12:00-12:30</td>
<td>Clinical Team Didactics</td>
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<tr>
<td>12:30-16:00</td>
<td>Clinical Time</td>
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<tr>
<td>16:00-17:30</td>
<td>Clinical Group</td>
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<tr>
<td>08:00-09:15</td>
<td>Postdoc Didactics</td>
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<tr>
<td>09:15-10:30</td>
<td>Administrative Time</td>
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<tr>
<td>10:30-12:00</td>
<td>Psychiatry Grand Rounds</td>
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<td>12:00-16:00</td>
<td>Clinical Time</td>
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<td>16:00-17:00</td>
<td>Mentorship</td>
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<tr>
<td>THURSDAY</td>
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<tr>
<td>09:00-17:00</td>
<td>Clinical Time</td>
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<th>FRIDAY</th>
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<tr>
<td>09:00-11:00</td>
<td>Supervision (Research + Clinical)</td>
</tr>
<tr>
<td>11:00-12:00</td>
<td>Lab Meeting</td>
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<tr>
<td>12:00-17:00</td>
<td>Research/Administrative Time</td>
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</table>

**Current Fellows**

- **Hillary Gorin, Ph.D.** (VAAAHS-Women’s Health): Rosalind Franklin University of Medicine and Science; Alexian Brothers Behavioral Health Hospital (*internship*)
- **Alexander Jendrusina, Ph.D.** (VAAAHS-Adult): University of Illinois at Chicago; Edward Hines Jr. VA Hospital (*internship*)
- **Benjamin Pfeifer, Ph.D.** (VAAAHS-Adult): The Ohio State University; VA Ann Arbor Healthcare System (*internship*)
- **Takakuni Suzuki, Ph.D.** (MICHMED-Adult): Purdue University; University of Mississippi Medical Center (*internship*)
- **Tyler Grove, Ph.D.** (MICHMED-Adult): University of Michigan; VA Ann Arbor Healthcare System (*internship*)
J. Todd Arnedt, Ph.D., CBSM
Network Director, MICHMED/VAAAHS Postdoctoral Training Programs in Psychology
Program Director, Clinical Psychology Consortium (Michigan Medicine)
Co-Director, Sleep and Circadian Research Laboratory
Director, Behavioral Sleep Medicine Program
tarnedt@med.umich.edu

Dr. Arnedt, Ph.D., CBSM is an Associate Professor in the University of Michigan Departments of Psychiatry and Neurology and Co-Director of the Sleep and Circadian Research Laboratory in the Department of Psychiatry. Dr. Arnedt obtained his Ph.D. in clinical psychology from Queen’s University in Kingston, Ontario, Canada and completed his clinical internship and a two-year postdoctoral fellowship in Behavioral Medicine at the Brown University School of Medicine. Dr. Arnedt is certified in Behavioral Sleep Medicine and directs the Behavioral Sleep Medicine Program, which is one of only a handful of nationally accredited programs that has a primary mission of training the next generation of sleep psychologists. He serves as a primary clinical supervisor in the Behavioral Sleep Medicine clinic. Dr. Arnedt’s primary research interests include sleep and circadian rhythm disturbances in mental health disorders; psychological treatments for sleep disorders; and novel technologies to assess and treat sleep disorders. His research has received support through NIAAA, NIDA, NIMH, and NIMHD. Dr. Arnedt is Associate Editor for the journal Behavioral Sleep Medicine and is on the Editorial Board for the journal Sleep.

Lindsey Bloor, Ph.D., ABPP
Health Behavior Coordinator
lindsey.bloor2@va.gov

Dr. Bloor is a Clinical Psychologist in the Health Psychology program at the Ann Arbor VA and Clinical Assistant Professor of the Department of Psychiatry at the University of Michigan. She is a graduate of the University of Utah and is an ABPP Diplomate. Her clinical interests include Veterans’ behavioral health, primary care mental health integration, and women Veterans’ behavioral health. She serves as a primary supervisor for Interns electing the Health Rotation. Her research interests primarily concentrate in the areas of social support and mental and physical health; mediators and moderators of the social support-health association; gender and cultural distinctions with social support and health; and coping with chronic conditions.

Erin E. Bonar, Ph.D.
Substance Abuse Program/ Addiction Research Center
erinbona@med.umich.edu

Dr. Bonar is an Associate Professor in the University of Michigan Department of Psychiatry. She obtained her Ph.D. in clinical psychology from Bowling Green State University after completing clinical internship at the VAAAHS. Dr. Bonar then completed a two-year post-doctoral
fellowship at the University of Michigan Addiction Research Center. Her clinical interests include motivational interviewing and cognitive behavioral treatments for substance use disorders and co-morbid mental health conditions. Dr. Bonar is a member of the Motivational Interviewing Network of Trainers. She is the primary supervisor for the clinical rotation in the UMHS Addiction Treatment Service. Her research interests include: applications of mobile and digital media technologies to assessment and intervention for substance use and related risk behaviors, brief interventions using motivational interviewing principles, and prevention of substance use problems and related outcomes (e.g., injury, violence, HIV) in adolescents and emerging adults. Her research has received support from NIDA, NIAAA, and the Fordham University Research Ethics Training Institute. Dr. Bonar is also an Editorial Fellow (2015-2016) for the Journal of Substance Abuse Treatment.

**Chelsea Cawood, Ph.D.**  
Mental Health Clinic Supervisor  
[Chelsea.Cawood@va.gov](mailto:Chelsea.Cawood@va.gov)

Dr. Cawood is a Clinical Psychologist in the outpatient Mental Health Clinic. Dr. Cawood specializes in dialectical behavior therapy for borderline personality disorder, and evidence-based treatments for mood and anxiety disorders. Her research interests include novel adaptations of DBT, non-suicidal self-injury, personality disorders, and effectiveness/program evaluation of evidence-based treatments in clinical settings. Dr. Cawood earned her Ph.D. from Eastern Michigan University. Dr. Cawood has presented on Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, and Dialectical Behavior Therapy.

**Heather M. Cochran, Ph.D.**  
PTSD-SUD Specialist  
Local Evidence Based Psychotherapy Coordinator  
[Heather.cochran@va.gov](mailto:Heather.cochran@va.gov)

Dr. Cochran is a Staff Psychologist in the PTSD and SUDC clinics at the Ann Arbor VA, and a Clinical Instructor with the Department of Psychiatry, University of Michigan Medical School. She completed her Ph.D. in clinical psychology at Central Michigan University, and her internship at the University of Oklahoma Health Sciences Center. Her clinical interests include evidence-based PTSD treatment and integrating trauma-focused treatment with interventions for concurrent conditions, particularly substance use disorders (SUD) and borderline personality disorder. Dr. Cochran serves as a VA Consultant in Prolonged Exposure (PE) Therapy for the national dissemination of PE, and locally she provides supervision to psychology trainees utilizing PE or Cognitive Processing Therapy (CPT). She is involved in program development for veterans with PTSD and SUD diagnoses as well as the provision of concurrent PE and Dialectical Behavior Therapy (DBT). Additionally, she serves as the Local Evidence Based Psychotherapy Coordinator for the VA Ann Arbor Healthcare System, and is actively involved in program evaluation of the implementation, sustained delivery, and fidelity of evidence based psychotherapy practices. Her research interests primarily concentrate in issues of implementation, attrition, and outcomes of evidence-based psychotherapies.
Deirdre A. Conroy, Ph.D., D, ABSM, CBSM, ABPP
Clinical Director, Behavioral Sleep Medicine Program
daconroy@umich.edu

Dr. Conroy is a Clinical Professor in the University of Michigan Department of Psychiatry. She is board certified in Sleep Disorders Medicine by the American Board of Sleep Medicine, in Behavioral Sleep Medicine by the American Academy of Sleep Medicine, and in cognitive behavioral therapy by the American Board of Professional Psychology. Dr. Conroy obtained her Ph.D. in psychology from The City University of New York, New York, NY. She completed her two-year postdoctoral fellowship at the University of Michigan Addiction Treatment Center. Her primary research interests include the relationship between sleep and psychiatric disorders, such as depression and substance use disorders. Her research has received support through Michigan Institute for Clinical and Health Research as well as the Flinn and Berman Foundations. Dr. Conroy serves as one of the clinical supervisors in the Behavioral Sleep Medicine clinical rotation.

Brent Coy, Ph.D.
PACT Pain Psychologist
william.coy@va.gov

Dr. Coy is a Clinical Psychologist in the Health Psychology program and a Clinical Instructor with the UM Medical School’s Department of Psychiatry. He earned his Ph.D. in Clinical Psychology from Bowling Green State University. Dr. Coy specializes in health psychology, pain management, interventions for wellness, managing chronic disease, and CBT for anxiety disorders. His research interests include the role of anxiety in rehabilitation outcome and factors influencing healthy behavior change. He serves as an Intern Supervisor for the Health Psychology/Pain Management minor rotations.

Cathy Donnell, Ph.D.
Primary Care Mental Health
cathy.donnell@va.gov

Dr. Donnell is an attending Staff Psychologist for the Primary Care Mental Health Clinic. She holds a Clinical Assistant Professorship at the UM Psychiatry Department and an Adjunct Faculty position with Eastern Michigan University. Dr. Donnell is also associated with private practice work entailing bariatric surgery evaluations and psychotherapy for adults with affective disorders and women with reproductive health issues. She completed her Ph.D. at George Washington University and Postdoctoral Fellowship at the University of Michigan’s Physical Medicine and Rehabilitation Program. Dr. Donnell’s clinical interests include the application and efficacy of Acceptance and Commitment Therapy (ACT) with different clinical populations, application of evidence-based psychotherapies to primary care populations, problem solving therapy/training, and health psychology. Her research foci include Primary Care Mental Health interventions and use of evidence-based therapies, coping with chronic illness, palliative care and family grief responses among Veterans, application of ACT, health psychology and women’s mental and physical health (specifically related to Ob/Gyn), and examination of psychological constructs in the prediction of pain and function among chronic pain populations (e.g., pelvic pain, fibromyalgia, back pain).
Elizabeth Duval, Ph.D.
Assistant Professor
eduval@med.umich.edu

Dr. Duval is an Assistant Professor in the Department of Psychiatry at the University of Michigan. She obtained her Ph.D. in Clinical Psychology at the University of Missouri-Kansas City, completed her clinical internship at the VA Ann Arbor Healthcare System, and conducted postdoctoral work in the University of Michigan-VA Ann Arbor Training Network. Dr. Duval’s primary research interests include identifying neural mechanisms underlying cognitive and emotional processes in anxiety and stress disorders, in an effort to develop more targeted, easily disseminated, and cost-effective treatments. She has been involved in multiple projects using fMRI and physiological measures to investigate differences in brain function associated with emotion regulation, threat reactivity, attentional control, and memory in healthy adults, social anxiety, and PTSD. She has active funding from the National Institute of Mental Health (NIMH) and the Michigan Institute for Clinical and Health Research (MICHR). Dr. Duval is a member of the Society for Psychophysiological Research and the Anxiety and Depression Association of America. She co-facilitates the CBT for Anxiety Mentorship for psychiatry trainees, supervises trainees delivering CBT in the outpatient anxiety clinic, and provides individual CBT for adults with anxiety and related disorders.

Todd K. Favorite, Ph.D.
PTSD Psychologist
tfavor@umich.edu

Dr. Favorite is an attending clinical psychologist on the PTSD Clinical Team at the Ann Arbor VA. He earned his Ph.D. in Clinical Psychology at Fielding Graduate University. He has been the director of the University of Michigan Psychological Clinic since 2010. He holds a clinical faculty position in the University of Michigan Department of Psychiatry. His clinical and research areas are in the area of the co-occurring symptoms of PTSD, chronic depression, and insomnia. From a psychological training perspective, Dr. Favorite has a background in psychodynamic as well as cognitive-behavioral methods and views the psychotherapy integration as an important evolution in the practice of psychosocial treatments. He is internationally certified as an advanced trainer for the Cognitive Behavioral Analysis System for Psychotherapy (CBASP) and has conducted research and published on the use of this integrative system of treatment for co-existing psychological symptoms.

Mark Ilgen, Ph.D.
Professor
Mark.Ilgen@va.gov

Dr. Ilgen is a Clinical Psychologist at the Ann Arbor VA. He also holds the positions of Professor at the University of Michigan Department of Psychiatry and Research Investigator with the VA Center for Clinical Management Research. He obtained his Ph.D. at the University of Colorado. Dr. Ilgen’s primary interests include treatment evaluation research on methods for improving the treatment of alcohol or drug use disorders, examining of the association between alcohol or drug use and risk for suicide,
intervention development and evaluation for treating chronic pain in individuals with alcohol or
drug use disorders, and health services research on program policies linked to varying rates of
suicide.

**Carol Lindsay-Westphal, Ph.D.**  
Primary Care Mental Health  
Health Psychology

Dr. Lindsay-Westphal is a Staff Psychologist at AAVHA and a Clinical 
Instructor with the University of Michigan Medical School. She earned her 
degree in Clinical Psychology from Northwestern University, where she 
completed the health psychology training track. Her primary interest is 
facilitating lifestyle change for enhanced health. During her career she 
has worked in tobacco cessation, the VA’s MOVE Program for weight management, psychology 
training, and the outpatient Mental Health Clinic. She holds VA certification in Acceptance and 
Commitment Therapy for Depression, and Prolonged Exposure Therapy for PTSD. As the 
Bariatric Psychologist, she completes pre-surgical psychosocial evaluations for weight loss 
surgery candidates, and assists with their pre- and post-surgical adaptation. Dr. Lindsay-Westphal 
also enjoys trainee supervision and contributing to the multidisciplinary Bariatric Surgery Team.

**Rebecca Lusk, Psy.D., ABPP**  
Mental Health Clinic and DBT  
Assistant Chief, Mental Health Clinic (MHC)  
rebecca.lusk@va.gov

Dr. Lusk is the Assistant Chief of the VA Mental Health Clinic. She is an 
Assistant Professor in the Department of Psychiatry, Michigan Medicine. Dr. 
Lusk completed her Psy.D. at the University of Indianapolis and her 
postdoctoral fellowship with the Consortium for Advanced Psychology 
Training, Michigan State University College of Human Medicine. She is an 
ABPP Diplomate. Her clinical interests include cognitive behavioral applications and treatment 
outcomes, health and behavior change, borderline personality disorder, and the implementation 
of empirically supported treatment. She is involved in research activities concentrating on pre-
treatment intervention in preparation for psychotherapy and program evaluation outcomes.

**Clayton “Beau” Nelson, Ph.D.**  
Local Recovery Coordinator  
Psychosocial Rehabilitation & Recovery and Applied Clinical Research  
Postdoctoral Fellowship VA Adult Track Lead  
Clayton.Nelson2@va.gov

Dr. Nelson is a Clinical Psychologist and the Local Recovery Coordinator for 
the VA Ann Arbor Healthcare System and holds an Assistant Professorship 
with the Department of Psychiatry, Michigan Medicine. He serves as the VA lead for the UM/VA 
Adult Track of the Postdoctoral Consortium. Dr. Nelson completed his doctoral degree at the 
University of Missouri-Kansas City and attended an Interprofessional Postdoctoral Fellowship in 
Psychosocial Rehabilitation and Recovery at the San Diego VA. His clinical interests include 
psychosocial rehabilitation, cognitive-behavioral therapy, motivational interviewing, and mental 
health recovery for individuals diagnosed with serious mental illness. His research concentrates 
on psychophysiological indices of attentional and affective processes, motivational factors 
promoting mental health recovery, and computer-based interventions.
Dr. Porter is a Clinical and Research Psychologist at AAVHS and Clinical Assistant Professor with the University of Michigan Medical School. She earned her doctoral degree at Eastern Michigan University. She currently serves as PI for multisite treatment outcome study and provides oversight of the VAAHS practica training experiences. Dr. Porter’s clinical and research foci include treatment outcomes with Veterans experiencing PTSD; improving access to care and retention in empirically supported PTSD interventions; the intersections of trauma and somatic/pain complaints; trauma and aging; outcomes for Veterans with co-occurring legal problems; suicide and high-risk behaviors; psychometric qualities of assessment instruments; and differential diagnoses specific to anxiety. She is actively involved in several research activities with the PTSD Research Team. In addition, Dr. Porter has an interest in applied biomedical ethics and is currently co-chair for ethics consultation within VAAHS.

Dr. Raglan, Ph.D., is a Clinical Assistant Professor in the University of Michigan Department of Psychiatry. Dr. Raglan obtained her Ph.D. in Clinical Psychology from American University in Washington, D.C. and completed her clinical internship at the Catholic University of America Counseling Center. Following her internship, Dr. Raglan completed a two-year postdoctoral fellowship at the University of Michigan Department of Psychiatry. Dr. Raglan’s primary clinical and research interests are in sleep and perinatal mental health. She is a clinical supervisor in the Women and Infants Mental Health Clinic as well as within the Behavioral Sleep Medicine Clinic.

Dr. Schubert is a Staff Psychologist in the outpatient Mental Health Clinic and the Telemental Health Clinic. She additionally has clinical time allocated to the Sleep Clinic, where she provides behavioral sleep medicine assessment and intervention services for Veterans presenting with insomnia, sleep apnea, and nightmares. Dr. Schubert holds a Clinical Assistant Professor appointment at the University of Michigan Medical School, Department of Psychiatry. She earned her Ph.D. from Binghamton University (SUNY) with specialization in EBPs for anxiety disorders, and she completed her pre-doctoral internship at the Durham Veterans Affairs Medical Center. Dr. Schubert completed postdoctoral fellowship at the University of Michigan Department of Psychiatry which emphasized both research and clinical practice with a dual concentration in Behavioral Sleep Medicine and Anxiety Disorders. Clinical and research interests include improving the quality, efficiency, and dissemination of EBPs for anxiety disorders and
understanding the impact of sleep disturbance on mental health as it relates to treatment outcomes.

**Minden B. Sexton, Ph.D.**
Women Veterans’ Mental Health Coordinator  
Assistant Director of Clinical Training  
Women Veterans’ Mental Health and Applied Research

Dr. Sexton is the Women Veterans’ Mental Health Coordinator, a Staff Psychologist in the PTSD Clinic, and a Clinical Associate Professor with the University of Michigan Medical School. She obtained her Ph.D. in at Eastern Michigan University and postdoctoral training at the UM Medical School. Her primary clinical work entails evaluation and therapy services related to trauma (PTSD and other clinical presentations associated with interpersonal violence and military/non-military sexual trauma). She supervises the Women Veterans’ Mental Health and Applied Research rotations, facilitates trainee engagement in women's mental health administration, and provides training in the assessment and treatment of disordered sleep. She is the PIs for studies on a study examining Veterans’ engagement, retention, and clinical outcomes following military sexual trauma (MST) and our Mental Health Services’ study on mental and medical outcomes and service use utilizing psychosocial, clinical, laboratory, and other clinical indicators. Her primary research interests are PTSD; MST and other interpersonal traumas; diversity, equity, and inclusion in mental health care; peripartum mental health; psychometrics; sleep; and predictors of PTSD treatment and health services engagement, retention, and outcomes.

**Erin Smith, Ph.D.**
Chief, PTSD Clinical Team  
PTSD and Applied Research  
Erin.Smith3@va.gov

Dr. Smith is the Chief of the PTSD Clinical Team service. She is an Assistant Clinical Professor with the Department of Psychiatry, University of Michigan Medical School. She attained her doctoral degree from Fuller Seminary and completed postdoctoral training in PTSD at the Ann Arbor VA. Administratively, Dr. Smith oversees the coordination of clinical and evaluation services in the PCT. Dr. Smith is a certified trainer and consultant in Prolonged Exposure (PE) Therapy and provides supervision of Interns utilizing PE or Cognitive Processing Therapy (CPT). Her clinical and research interests entail evidence-based interventions for PTSD, development of clinical interventions for PTSD, provision of evidence-based PTSD interventions in group formats and with support involvement, perceived perpetration, and spirituality and trauma.
Leslie Swanson, Ph.D., CBSM  
Sleep and Circadian Research Laboratory  
lmswan@med.umich.edu

Dr. Swanson, Ph.D., CBSM, is a Clinical Associate Professor in the University of Michigan Department of Psychiatry. Dr. Swanson obtained her Ph.D. in clinical psychology from the University of Alabama. She completed her clinical internship at the Veterans Affairs Ann Arbor Healthcare System, followed by a two-year postdoctoral fellowship at the University of Michigan Department of Psychiatry. Dr. Swanson's research and clinical work are focused on sleep and circadian rhythms in perinatal mental health, with a particular interest in sleep-based interventions to improve outcomes in perinatal depression. Dr. Swanson is a primary clinical supervisor in the Women and Infants Mental Health Clinic and she also provides supervision within the Behavioral Sleep Medicine Clinic. Her research has received support through NHLBI.

Ivy F. Tso, Ph.D.  
Assistant Professor of Psychiatry  
Program for Risk Evaluation and Prevention (PREP)  
ivytso@med.umich.edu

Dr. Tso is an Assistant Professor of Psychiatry and Adjunct Assistant Professor of Psychology at the University of Michigan. Dr. Tso obtained her Ph.D. in clinical psychology from the University of Michigan in Ann Arbor and completed a postdoctoral fellowship in clinical psychology at the University of Michigan Medical School. Dr. Tso is a licensed clinical psychologist and is specialized in assessment and psychotherapy for schizophrenia and psychotic disorders. She directs the psychological treatment services of the PREP Clinic, currently the only clinic in southeast Michigan dedicated to evaluation and treatment of early and prodromal psychosis. She serves as the clinical supervisor in the Early Psychosis (PREP) clinical rotation. Dr. Tso's research focuses on social cognition in schizophrenia and bipolar disorders. She uses electrophysiological (EEG/ERP) and neuroimaging (fMRI) methods to investigate neural mechanisms underlying altered socio-emotional functions in these disorders. Her research has received support through NIH/MICHR, American Psychological Foundation, and the Depression Center.

Lisa Valentine, Ph.D.  
Telemental Health  
lisa.valentine@va.gov

Dr. Valentine is a Clinical Psychologist at the Ann Arbor VA Medical Center. She completed her Ph.D. in Clinical Health Psychology and Behavioral Medicine at the University of North Texas. She served on active-duty in the United States Air Force during her internship and post-doctoral training. During her time in the military, she worked as a staff provider in the Mental Health Clinic, an element leader in the substance abuse prevention and treatment program, and as suicide prevention program manager. She serves as primary supervisor for the telemental health major and minor rotations. Clinical interests include providing evidence-based psychotherapies to rural and remote veterans and health behavior change. Her past research has focused on posttraumatic growth and meaning making following stressful.
events. Current research interests include efficacy and effectiveness of telemental health services, as well as quality improvement projects for the telemental health team.

Joseph VanderVeen, Ph.D.
Chief, Substance Use Disorders Intensive Outpatient Program
Joseph.Vanderveen3@va.gov

Dr. VanderVeen is the Chief of the Substance Use Disorder – Intensive Outpatient Clinic (SUD-IOP), Acting Chief of the Substance Use Disorders Clinic (SUDC), and holds a Clinical Assistant Professor position with the Department of Psychiatry, University of Michigan Medical School. He earned his doctoral degree at Texas Tech University and completed his internship at the University of Mississippi / Jackson VA consortium. Following this, Dr. VanderVeen completed a postdoctoral fellowship with an emphasis on substance use and co-occurring PTSD at the VA in Jackson. Dr. VanderVeen’s current clinical activities entail the use of motivational interviewing and evidence-based practices for the treatment of substance use disorders. In regard to his research, Dr. VanderVeen’s interests have focused on substance use and the prevention of relapse. Specifically, he is interested in risk and resilience factors, such as impulsivity, as measures of relapse and repeated use of treatment services. Dr. VanderVeen has also published several articles on training and competency measures within clinical psychology doctoral programs as well as the internship match.

L. Ricks Warren, Ph.D., ABPP
Clinical Associate Professor
Department of Psychiatry

Dr. Warren, Ph.D., ABPP, is a Clinical Associate Professor in Psychiatry in the University of Michigan Department of Psychiatry. Dr. Warren obtained his Ph.D. in Psychology at the University of Oregon in Eugene, Oregon, and completed his clinical internship at the University Counseling Center at UO in Eugene and the Veteran’s Administration Hospital in Portland, Oregon. Dr. Warren is certified by the American Board of Professional Psychologists. Dr. Warren’s primary research interests include assessment and treatment of worry and self-criticism; self-compassion interventions; and the effectiveness of evidence-based CBT treatment of anxiety disorders. He is on the editorial board of the Journal of Rational Emotive and Cognitive Behavior Therapy and serves as a reviewer for conference submissions to the Anxiety and Depression Association of America (ADAA). He is a member of the ABCT CBT Definition Task Force of the Association for Behavioral and Cognitive Therapies. Dr. Warren conducts the CBT for Depression Mentorship for psychiatry fellows, clinical social workers, and nurse practitioners and provides both individual and group CBT for adults with anxiety and depression.
Dr. Winters serves as the Training Director of the VAAAHS training programs. She is the Acting Associate Chief and Chief Psychologist of the Mental Health Service and a Clinical Assistant Professor at the University of Michigan Department of Psychiatry. She earned her doctoral degree at the University of Maryland, Baltimore County and completed a postdoctoral fellowship at the Research Institute on Addictions. Dr. Winters is closely involved with Interns throughout the programming year and supervises several of the available rotations. Her clinical activities entail substance use disorder and treatment, substance use and violence, behavioral couples therapy, intimate partner violence, Motivational Interviewing, and implementation of empirically supported treatments. Dr. Winters focuses on research elucidating factors associated with substance use disorders and treatment outcome, substance use and violence, behavioral couples therapy, and intimate partner violence.
ANN ARBOR LIFE AND COMMUNITY

The University of Michigan and VA Ann Arbor Healthcare System are located within the mid-sized city of Ann Arbor. The 2010 Census recorded its population to be 113,934, making it the sixth largest city in Michigan. Ann Arbor is renowned for its cultural offerings and is home to an avid base of sport enthusiasts. Ann Arbor has you covered year-round, whether you enjoy arts, sports or recreational activities, shopping, festivals, casual or fine dining, family-friendly activities, or nightlife. Ann Arbor is also home to award winning public schools and higher learning universities and colleges. For further information please visit www.visitannarbor.org.

Awards and Accolades: (https://www.visitannarbor.org/about)

#1 Location for Family Vacation, Vacation Idea, 2019
#1 2018-2019 Best in College Sports, CBS Sports, 2019
Living Lab for City Mobility, Medium, 2019
#6 One of the Top Startup Cities in the Midwest, Chicago Inno, 2019
#2 One of the Best Cities to Live in America, Niche, 2019
#3 Unexpectedly Awesome Coffee Cities, Livability, 2019
One of the Top 5 Car-Free Small Metros, City Lab, 2019
#47 Best Places to Live in America, TIME, 2018

#1 Eastern Michigan University Recognized as Michigan's Top LGBTQ- Friendly University, AffordableCollegesOnline, 2018
#1 Most Educated City in America, WalletHub, 2018
#1 University of Michigan the Top Public University in U.S., All About Ann Arbor, 2018
#1 Top 100 Best Places to Live, Livability.com, 2018
#2 Top 10 Best Places to Raise a Family, Livability, 2018
Clinical Psychology Application Process

The application deadline for the Clinical Psychology Consortium residency is December 13, 2019.

Application materials include:

2) Completed online application
3) Letter of interest/Statement of future goals
4) Graduate School transcripts
5) CV
6) Letter from the Graduate Program training director attesting to readiness for postdoctoral training
7) Three (3) Letters of Recommendation

For general questions about the program, contact the Psychology Postdoctoral Training Network Program Coordinator (UM-VA-PostdocApply@umich.edu or 734-763-4872). For specific inquiries about opportunities at the MICHMED site, contact J. Todd Arnedt, Ph.D., MICHMED Program Director (tarnedt@med.umich.edu); for questions about the VAAAHS site, contact Beau Nelson, Ph.D. VAAAHS Program Director (Clayton.Nelson2@va.gov).

The MICHMED/VAAAHS Consortium offers stipends ranging from $50,004-$53,177 for 1st and 2nd year fellows, respectively. In addition, fellows are eligible for medical benefits, paid vacation days, and travel support for professional development.

Candidate interviews take place typically in January and February. Onsite or electronic interviewing options are available. After a review of applications, individuals will be contacted for interview.

Eligibility requirements for a postdoctoral position at the Michigan Medicine site are described in our Recruitment and Selection Policy. Additional eligibility requirements for postdoctoral positions at the VAAAHS site are outlined here.