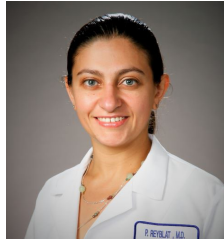


POLINA REYBLAT, M.D., FPMRS

Chief, Department of Urologic Surgery, Kaiser Permanente Los Angeles Medical Center
Reconstructive, Female and Neuro-Urology, Kaiser Permanente, LAMC
Southern California Permanente Medical Group



-
- Specialty:** Urology
- Sub-Specialty:** Female Pelvic Medicine, NeuroUrology
Reconstructive Surgery
- Licensure:** Medical Board of California, 2004
- Certification:** Diplomate, American Board of Urology, 2012
Diplomate, Female Pelvic Medicine and Reconstructive Surgery, 2013
- Positions:** **Chief, Department of Urologic Surgery**
Kaiser Permanente Los Angeles Medical Center
2016 - Present
- Elected Board Director**
SCPMG Board of Directors
2021-2026
- Chair, Tertiary, Quaternary, and Specialty Care Strategy Committee**
Southern California Permanente Medical Group
2022 - present
- KP Physician Ambassador**
Ambassador Physician Recruitment Program
2014 - present
- Co-Lead, Gender Affirmation Surgery Program**
Southern California Permanente Medical Group
2017-2021
- Area Appeals and Awards Committee**

Kaiser Permanente Los Angeles Medical Center
2017-2019

President

California Urologic Association
2023-2025

Planning Committee, Annual KP Urology Symposium

Kaiser Permanente Southern California
2010-2019

POE Champion, Department of Urology

Kaiser Permanente Los Angeles Medical Center
2014-2016

Attending Staff Urologist

Kaiser Permanente Los Angeles Medical Center
2010-Present

Member, Transgender Working Group

Education Council, American Urological Association
2017 - present

Board Member, District 6

Western Section American Urological Association
2016-2019

Advisory Council, Neurogenic Bladder Committee

Health Ministry, Ukraine
2016 – 2018

Executive Director

International Russian-Speaking Urologic Society
2011- 2016

President, Los Angeles Urologic Society

Los Angeles, California
2011-2012

Secretary/Treasurer, Los Angeles Urologic Society

Los Angeles, California
2009-2011

Education:

American Urological Association Leadership Program

Lithicum, Maryland
2021-2022

Advanced Management Program 2.0
Kaiser Permanente / USC Marshall School of Business
Los Angeles, California
2018

Middle Management Program
Kaiser Permanente
San Diego, California
2017

Doctor of Medicine
University of Southern California
Los Angeles, California
Highest Academic Distinction
1999-2003

Bachelor of Science, Biology
UCLA
Los Angeles, California
Summa Cum Laude
Highest Departmental Honors
1995-1999

High School #13, Riga, Latvia
Valedictorian
1988-1992

Residency:

Fellow, Female Pelvic Medicine Reconstructive Surgery
Prosthetic Surgery/ Neurourology
Keck School of Medicine, University of Southern California
Los Angeles, California
2009-2010

Chief Resident, Urologic Surgery
Keck School of Medicine, University of Southern California
Los Angeles, California
2008-2009

Resident in Urologic Surgery
Keck School of Medicine, University of Southern California
Los Angeles, California

2004-2008

Internship in General Surgery

Keck School of Medicine, University of Southern California

Los Angeles, California

2003-2004

Academic Appointments:

Clinical Volunteer Faculty

Harbor-UCLA FPMRS Fellowship program,

2013-present

Volunteer Staff Physician

Los Angeles County Medical Center / University of Southern California

2010-2016

Volunteer Staff Physician

Rancho Los Amigos Rehabilitation Center,

2010-2015

Honors:

Distinction Merit Award

Southern California Permanente Medical Group

2020, 2022

AUA Outstanding Young Urologist Award

American Urological Association

2019

Jon A. Kaswick Resident Teaching Award

Kaiser Permanente, Los Angeles, Medical Center

2017

Walter Lusk Award, Humanism in Medicine

Kaiser Permanente, Los Angeles Medical Center

2016

Young Urologist of the Year Award for Outstanding Leadership

American Urological Association

2016

“Top Doctors Selected by their Peers” Award

Los Angeles Magazine

2016-2023

Residency

Outstanding Resident Teaching Award
LA County Medical Center GME Office
2010

Resident -Teacher of the Year
Department of Urology, LAC USC
2006

Intern of the Year Teaching Award
Department of General Surgery, LAC USC
2004

Medical School

Dean's Scholar Award Year, year I-IV
USC Keck School of Medicine
1999-2003

Dr Morris and Janice Lipson Achievement Award
Department of Geriatrics
USC Keck School of Medicine
2003

Alpha Omega Alpha Honor Society, Junior Member
USC Keck School of Medicine
2002

Salerni Collegium Scholarship
USC Keck School of Medicine
2001-2003

Undergraduate

Outstanding Senior Award
UCLA, 1999

Senior Research Award
Cell, Molecular, Developmental Biology Department
UCLA, 1999

Regents Scholars Honor Society
UCLA

Dean's Honor List

1996-1999

Provost Honors List

1996-1999

Golden Key National Honor Society

1998

Commencement Speaker

Molecular, Cell, Developmental Biology Dept, UCLA,
2006

Professional Societies/Licensure:

Diplomate, The American Board of Urology
Diplomate, Female Pelvic Medicine and Reconstructive Surgery
American Urological Association
Western Section American Urological Association
California Medical Association
California Urological Association
LA County Medical Association
SUFU Society of Urodynamics and Female Urology
GURS Society of Genitourinary Reconstructive Surgeons
SWIU Society of Women in Urology
WPATH/ USPATH
Medical Board of California A88234
Drug Enforcement Agency FR2983799
Fluoroscopy Operator/ X-Ray Supervisor

Speaking / Lecturing Experience /Teaching Responsibilities:

Masculinizing and Feminizing Gender Affirming Surgery: A Comprehensive Course
Sept 2023, University Hospitals, Cleveland, OH

Oral Boards Examiner, American Board of Urology
2021 – present

SUFU Reconstructive Urology Preceptorship SUFU, Speaker
Chicago, 2022 - 2023

Speaker, Plenary Session, AUA Annual Meeting, New Orleans 2022

Course Director, Complications after Gender Affirming Surgery
AUA National Annual Meeting, 2019-2022

Multiple Departments and Specialties in Internal Medicine, Family Medicine, Urgent Care on topics of: Urologic emergencies, Erectile dysfunction, Overactive Bladder, PSA screening guidelines, hematuria guidelines, transgender medicine.
Kaiser Permanente, Los Angeles Medical Center.
2003-present

Course Director, Female and Reconstructive Urology and Prosthetics, R2-R3
Kaiser Permanente LAMC, Urology Residency Program, 2010-present

Course Director, Neuro-Urology Curriculum
Kaiser Permanente LAMC, Urology Residency Program, 2010-present

Course Director, Neuro-Urology / Transgender Health
UCLA- Harbor, Urogynecology Fellowship Program, 2010-present

Lecturer, Urology COVID-19 Collaborative
2020

Program Director, Annual Meeting Society of Urodynamics and Female Urology
SUFU 2020

Course Director, Complications of Gender Affirming Surgery, What General Urologist Needs to Know
American Urological Association (AUA) 2019

Basics of Gender Affirmation Surgery and Management of Complications
Harbor-UCLA, Ob-Gyn Department, Grand Rounds 2019

Transgender Health – Guidelines for General Urologist
Regional Urology Chiefs goal – Educator, SCPMG 2019

Invited Faculty, Gender Affirmation Surgery
Western Section of American Urological Association, Annual Meeting 2019

Lecturer, Reproductive/ GU system; Prostate Cancer, MSII
USC Keck School of Medicine 2010-2018

Gender Affirmation Surgery and Transgender Medicine for Pelvic Floor Urologist
SUFU, Annual meeting 2018

Instructor, Hands-On Gender-Affirmation Cadaver Course
American Urological Association 2018

Instructor, Hands-On Urodynamics Course
American Urological Association 2018

Chairperson, Functional Urology Section
4th Friends of Israel in Urology Symposium, Tel Aviv, 2018

Course Facilitator, Gender Affirmation Surgery/ Transgender Health for General
Urologist
Western Section AUA 2017

Surgical Considerations for Gender Affirmation Surgery
Advance Mental Health Professionals Symposium, SCPMG 2017

Panel Facilitator, Neuromodulation for Pelvic Floor, Bowel, Bladder, Pelvic Pain in
21st Century
North American Neuromodulation Society, Annual Meeting 2016

Lecturer, Urology for Family Medicine Practitioner
Annual Family Medicine Symposium, SCPMG 2016

Course Director, Novel Therapy for Peyronie's Disease, Xiaflex injectable therapy
Urology Symposium, SCPMG 2015

Lecturer, Sexual Health in 21st Century, Contemporary issues in treatment and evaluation
of sexual dysfunction Or "*What Dr. Ruth Forgot to Tell You*"
58th Annual Raymond M Kay Internal Medicine Symposium, SCPMG 2015

Lecturer, Urologic Complications of Surgical Interventions – Diagnosis and Management
General Surgery Residency Program, LAMC 2015

Lecturer, Urologic Complications of Gynecologic Surgery
ObGyn Residency Program, LAMC 2012-2013

Course Coordinator, Life After Residency, Annual Course for Urology Residents
Western Section AUA 2013-present

Reviewer: Urology Practice Journal, Editorial Committee
Journal of Neurourology and Urodynamics, Editorial Committee
World Journal of Urology
Journal of Urology
Spinal Cord

Clinical Trials:

Sub-Investigator, Neuspera Wireless Sacral Nerve Modulation System. 2022

Principal Investigator, Initial Results of Single Stage Sacral Neuromodulation. 2019

Principal Investigator. AQX- 1125 Leadership 301. 2017

Principal Investigator. Double-Blind, Randomized, Placebo-Controlled, Parallel Group, Multi-center study to Evaluate the Efficacy, Safety, and Tolerability of Mirabegron in Older Adult Subjects with Overactive Bladder. 2015

Principal Investigator. A Multicenter, Randomized, Double-Blind, Three-Arm Efficacy Study of Auriclosene Irrigation Solution on Indwelling Urinary Catheter Patency. 2014

Principal Investigator. Randomized trial of 8 weeks versus 12 weeks of PTNS therapy and maintenance therapy with no maintenance therapy. 2013- 2014

Principal Investigator. Clinical Investigation of the ProACT™ Adjustable Continence Therapy for Treatment of Post Prostatectomy Stress Urinary Incontinence. Uromedica. 2010-2014. In PMA - FDA approved, in pre-commercial stages

Sub-Investigator. Randomized, Multi-Center Study of fesoterodine in children with neurogenic bladder. Pfizer 2012- 2013

Principal Investigator. A prospective, multicenter trial to investigate the safety and efficacy of percutaneous tibial nerve stimulation for the treatment of fecal incontinence. Uroplasty 2013

Sub-Investigator. Premature Ejaculation – Novel treatment Protocol. Promescent 2013

Principal Investigator. Clinical Investigation of an Adjustable Continence Therapy (ACT) Periurethral Prosthetic System for Treatment of Female Stress Urinary Incontinence with or Without Hypermobility. Uromedica, 2010-2011

Principal Investigator. A Single-Masked, Randomized, Multi-Center, 2-Arm Parallel Study Comparing the Safety and Effectiveness of Bulkamid® and Contigen® as Bulking Agents for the Treatment of Stress Urinary Incontinence in Females 2010-2011

Principal Investigator. VIRTUE Male Sling Study. Coloplast 2010-2011

Sub-Investigator. Botulinum Toxin A use in Neurogenic Bladder Population. Allergan – 2009-2010

Sub-Investigator. Botulinum Toxin A use in Idiopathic Overactive Bladder. Allergan – 2009-2010

Visiting Professorships:

Neurogenic Bladder – How to simplify Evaluation and Management

Visiting Professorship, University Hospitals Case Western, Cleveland OH 2023

Functional Considerations after Radical Cystectomy in Women

Prentiss Visiting Professorship, University California, San Diego 2023

Urologic Care for Transgender and Gender Diverse Patients

Pellar Visiting Professorship, Mayo Clinic AZ 2022

What general Urologist Needs to Know - Care for Transgender Patient

Urology Department, Stanford University, Palo Alto, CA 2022

Neurogenic Bladder – Contemporary Evaluation and Management

Urology Department, Stanford University, Palo Alto, CA 2013

Refractory Overactive Bladder – as a new disease of the 21st century

1st International Meeting of Young Urologists, 2013

Contemporary Evaluation and Management of Patients with Neurogenic Bladder

Urology Department, SUNY Upstate , Syracuse NY 2012

Kaiser Permanente Medicine – as a model of modern healthcare delivery

Moscow Institute of Urology, Moscow, Russia 2011

Publications and Bibliography:

Manuscripts

Aftreth O, Tenggardjaja C, **Reyblat, P**

Cystectomy for Benign Indications

Current Urology Report, 2022 Sept 3; PMID 36057019

Reynolds W, Suskind A, Anger J, Brucker B, Cameron A, Chung D, Daignault-Newton S, Lane G, Lucioni A, Mourtzinis A, Padmanabhan P, **Reyblat P**, Smith A, Tenggardjaja CF, Lee UJ; SUFU Research Network.

Incomplete bladder emptying and urinary tract infections after botulinum toxin injection for overactive bladder: Multi-institutional collaboration from the SUFU research network. *Neurourol Urodyn.* 2022 Feb;41(2):662-671.

McLaughlin, K, Poh M, Chi A, Kim H, **Reyblat P**

Gender-Affirming Genitourinary Surgery

Phys Asst Clinics 2021 Apr(6):343-360

Lee W, Artenstein D, Tenggardjaja CF, Lee UJ, Lucioni A, **Reyblat P**, Kobashi KC.
Single Institutional Experience with Single-Stage Sacral Neuromodulation: Cost Savings and Outcomes in a Contemporary Case Series.
J Urol. 2019 Oct 4

Chen ML, **Reyblat P**, Poh MM, Chi AC.
Overview of surgical techniques in gender-affirming genital surgery.
Transl Androl Urol. 2019 Jun;8(3):191-208

Banapour P, Tenggardjaja C, **Reyblat, P**.
Anastomotic Urethroplasty for an Obstructing Calculus Within a Bulbar Urethral Diverticulum and Urethral Stricture. Urol Case Rep 2016, Dec 8

Vainrib M, **Reyblat, P**, Ginsberg D.
Outcomes of Male Sling Mesh Kit Placement in Patients with Neuropathic Stress Urinary Incontinence: A single Institution Experience. Urol Int 2015, May

Kilday PS, Abdelsayed GA, **Reyblat P** .
The shifting paradigm of treating neurogenic bladder patients after introduction of neuromodulation.
Curr Bladder Dysfunct Rep, 2015 Jan

Patil MB, Hannoun D, **Reyblat P**, Boyd SD.
Total Bladder and Posterior Urethral Reconstruction: Salvage Technique for Defunctionalized Bladder with Recalcitrant Posterior Urethral Stenosis
J Urol 2014 Dec 5137-4

Vainrib M, **Reyblat P**, Ginsberg DA.
Long-Term efficacy of repeat incisions of bladder neck/ external sphincter in patients with spinal cord injury.
Urology. 2014 Oct 84(4): 940-5

Vainrib M, **Reyblat P**, Kong WG, Ginsberg DA.
Supine and upright urodynamic evaluation of incontinence ileovesicostomy in wheelchair-bound adults with neurogenic bladder.
Spinal Cord. 2013 Aug;51(8):634-6

Vainrib M, **Reyblat P**, Ginsberg DA.
Differences in urodynamic study variables in adult patients with neurogenic bladder and myelomeningocele before and after augmentation enterocystoplasty.
Neurourol Urodyn. 2013 Mar;32(3):250-3

Reyblat, P, Ginsberg DA.

Evaluation and Management of the Failed Bladder Augment
Current Bladder Dysfunction Reports, Volume 7 Issue 4 2012

Reyblat, P, Ginsberg DA.

Augmentation Enterocystoplasty for Overactive Bladder: Is there still a role?
Current Urology Reports. 2010

Reyblat P, Chan KG, Josephson DY, Stein JP, Freeman JA, Grossfeld GD, Esrig D, Ginsberg DA.

Comparison of extraperitoneal and intraperitoneal augmentation
enterocystoplasty for neurogenic bladder in spinal cord injury patients.
World Journal of Urology. 2009 Feb;27(1):63-8

Reyblat P, Ginsberg DA.

Augmentation Cystoplasty: What are the indications?
Current Urology Reports. 2008 Nov;9(6):452-8

Book Chapters

Chen M, Krug A, **Reyblat P**

Infections and Inflammatory Conditions of the Genitourinary System

In : Campbell Walsh Wein Handbook of Urology, 1st Edition

Elsevier, 2022

Chi A, Ye N, Li V, DePorto K, **Reyblat P**

Incontinence After Complex Urinary Reconstruction: Orthotopic Neobladder and
Gender-Affirming Surgery

In: Female Urinary Incontinence, Cameron A, Ed

Springer 2021

Chi A, Poh M, **Reyblat P**

Urological Complications of Vaginoplasty.

In: Urological Care for the Transgender Patient: A Comprehensive Guide,

Nikolavskiy D, Blakely S, Ed

Springer 2020

Smith A, **Reyblat P**, Kim JH.

Surgical Management of Pelvic Organ Prolapse

In: Glenn's Urologic Surgery, 8th edition , Eds LWW 2014

Reyblat P, Ginsberg DA.

Complications of Bladder Augmentation.

In: Complications in Urologic Surgery, Taneja, S, Smith R.B. and Ehrlich, R.,

Eds.W.B. Saunders and Company, Philadelphia 2010

Reyblat P, Skinner DG, Stein JP.
Surgical Management of Urologic Malignancies,
In Principles and Practice of Surgical Oncology, A. Silberman and H. Silberman, Eds,
LWW, 2009

Abstracts

Lee J, DePorto K, Ye N, Poh M, **Reyblat P**, Chi A
Two-Day Admission for Gender Affirming Vaginoplasty: A Single Center Experience
Proceedings of the Western Section of the American Urological Association, Oct 2023

DePorto K, Ye N, **Reyblat P**, Tenggardjaja, C
Incidence of Long-Term Complications in Patients with Neurogenic Bladder Managed
with Chronic Suprapubic Catheterization
Society of Urodynamics and Female Urology, Feb 2022

Dallas K, Kuhlmann P, Zhao H, Scott V, Eilber K, **Reyblat P**, Anger J
Complications After Gender Affirming Vaginoplasty in Large Population Based Cohort
Society of Urodynamics and Female Urology, Feb 2021

Dallas K, Kuhlmann P, Eilber K, Scott V, Anger J, **Reyblat P**
Patters of Psychiatric Diagnosis in Patients Undergoing Gender Affirming Surgery
Society of Urodynamics and Female Urology, Feb 2021

Li V, Jabaji R, Shu Y, Feng M, **Reyblat P**, Mirheydar H.
Predictors of Rapid Disease Progression from Initial Diagnosis of Erectile Dysfunction to
Surgical Intervention
Society Sexual Medicine North America, 2020

Li V, Artenstein D, Kern T, Chi A, Poh M, **Reyblat P**.
Sexual function and Satisfaction after Inversion Vaginoplasty. Early Experience in
Integrated Healthcare System.
American Urologic Association, 2019

Li V, Artenstein D, Chi A, Poh M, **Reyblat, P**.
50 vaginoplasties- Lessons Learned.
Proceedings of the Society of Urodynamics and Female Urology, March 2019

Chi A, Poh M, **Reyblat P**.
Characterizing Lower Urinary Tract Symptoms in Patients who Undergo Vaginoplasty
Using American Urological Association Symptom Index.
World Professional Association for Transgender Health (WPATH) November 2018

Li V, Chi A, Poh M, **Reyblat P**.
Early Vaginoplasty Experience of a Multidisciplinary Team in an Integrated Healthcare
System. Proceedings of the Society of Urodynamics and Female Urology, February 2018

Artenstein D, Kern T, Tenggardjaja C, **Reyblat P**.

Initial results of single stage sacral nerve stimulation procedure.

Proceedings of the Western Section American Urological Association, August 2017

Artenstein D, Kern T, Abdelsayed G, Patel N, Tenggardjaja C, Rhee E, **Reyblat P**.

Treatment of Peyronie's disease with intralesional collagenase clostridium histolyticum (Xiaflex®) within an integrated healthcare system.

Proceedings of the Western Section American Urological Association, August 2017

Vainrib M, **Reyblat P**, Ginsberg DA.

Is Long-Term Follow-Up Required for Adult Myelomeningocele Patients After Lower Urinary Tract Reconstructive Surgery?

Proceedings of the International Continence Society Meeting, October 2012

Vainrib M, **Reyblat P**, Ginsberg DA.

Long-Term Management of Neuropathic Patients with Indwelling Transurethral Catheter or Suprapubic Cystostomy: What's Better?

Proceedings of the International Continence Society Meeting, October 2012

Cheng A, **Reyblat P**.

Efficacy and Trends in Usage of Sacral Nerve Neuromodulation in a Health Maintenance Organization Setting – Kaiser Permanente Experience.

Proceedings of the International Continence Society Meeting, October 2012

Chang A, **Reyblat P**, Chang J.

Repeat Sling Surgery Using a Single Mid-Urethral Sling for Women with Recurrent Stress Urinary Incontinence.

Proceedings of the Western Section American Urological Association, August 2011

Reyblat P, Kadam P, Kong W, Ginsberg DA.

Supine and Upright Urodynamic Evaluation of Incontinent Ileovesicostomy in Wheelchair-Bound Adults with Neurogenic Bladder.

Proceedings of the Society of Urodynamics and Female Urology, Feb 2010

Reyblat P, Ginsberg DA.

Urologic quality of life in adult spina bifida patients.

Proceedings of the Society of Urodynamics and Female Urology, Feb 2010

Reyblat P, Eisenberg MS, Brandina R, Ginsberg DA, Boyd SD.

Urethral Reconstruction of Complicated Intractable Posterior Urethral Strictures.

Proceedings of the American Urological Association, May 2010

Kadam P, **Reyblat P**, Ginsberg DA, Boyd SD.

Management of Intractable Posterior Urethra/ Bladder Neck Contracture and Urinary Incontinence: Long Term Evaluation.

Proceedings of the American Urological Association, May 2010

Reyblat P, Boyd SD.

Urethral Reconstruction of Complicated Intractable Posterior Urethral Strictures.

Proceedings of the American Urological Association, May 2010

Irwin B, Berger A, Brandina R, **Reyblat P**, Stein R and Desai M.

Experience with Complex Percutaneous Resections for Upper Tract Urothelial Carcinoma.

Proceedings of the Western Section of American Urological Association, Oct 2009

Skinner E, **Reyblat P**, Cortessi, V.

Bladder cancer in women – tumor biology and outcomes.

Society of Urologic Oncology (SUO) Annual Meeting, Maryland, March 2009

Reyblat P, Sriram S, Ginsberg DA.

Long Term Follow Up of Patients with Injury to Spinal Cord Sustained Prior to 1977: Retrospective Review.

Proceedings of the American Spinal Cord Injury Association, June 2008

Bong G, Altman A, **Reyblat P**, Sriram S, Ginsberg D and Rovner E.

Sexual Health and Erectile Dysfunction in Adult Men with Spina Bifida.

Proceedings of the American Urological Association, Apr 2008

Reyblat P, Sriram S, Ginsberg DA.

Long Term Follow-up of Renal Function in Patients with Spinal Cord Injury and Minimum of 40-year Follow-up: Retrospective Review.

Proceedings of the Western Section of American Urological Association, Oct 2007

Reyblat P, Sanderson K, Cai J, Miranda G, Groshen S, Penson D, Skinner DG, Stein JP.

Gender Differences in the pathologic characteristics and disease specific outcomes in patients with transitional cell carcinoma (TCC) following radical cystectomy.

Proceedings of the American Urological Association, Apr 2007

Ginsberg DA, **Reyblat P**.

Management of outlet obstruction following cadaveric pubovaginal sling.

Proceedings of the Western Section of the American Urological Association, Oct 2002

Languages: English, Russian

Personal Interests: Volunteer, LA Family Housing
Volunteer, TreePeople
Paddle Boarding/Skiing
Spartan Runs/ 10K/ Half-Marathons
NYT Cooking