

# Agenda

## 55<sup>th</sup> Annual Northern Michigan Family Medicine Update

*All sessions are held in the Boardman Room.*

**Monday, June 24, 2019**

7:30 am	<b>Registration and Breakfast</b>
7:45 am	<b>Welcome Remarks</b> <i>Joel Heidelbaugh, MD</i>
8:00-8:55 am	<b>Update on Diabetes Management</b> <i>Amy Thompson, PharmD</i>
8:55-9:30 am	<b>Obesity Myths—What Do You Think?</b> <i>Amal Othman, MD</i>
9:30-10:05 am	<b>Update on Outpatient Management of Hypertension</b> <i>Amy Thompson, PharmD</i>
10:05-10:20 am	<b>Break</b>
10:20-10:55 am	<b>Management of Hypertensive Urgency/Emergency</b> <i>David Somand, MD</i>
10:55-11:30 am	<b>Bridging the Gap in Obesity Management</b> <i>Amal Othman, MD</i>
11:30 am-12:05 pm	<b>Update in Evaluation and Management of Chest Pain</b> <i>David Somand, MD</i>
12:05-12:30 pm	<b>Question-and-Answer Session</b>
12:30 pm	<b>Session Adjourns</b>

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**Tuesday, June 25, 2019**

7:30 am	<b>Registration and Breakfast</b>
8:00-8:55 am	<b>Update in Stroke Management</b> <i>David Somand, MD</i>
8:55-9:30 am	<b>Guidance on Polypharmacy</b> <i>Amy Thompson, PharmD</i>
9:30-10:05 am	<b>Historical Perspective and Essentials of a Malpractice Claim</b> <i>Dale Hebert, JD</i>
10:05-10:20 am	<b>Break</b>
10:20-10:55 am	<b>Management of Atrial Fibrillation</b> <i>David Somand, MD</i>
10:55-11:30 am	<b>Optimizing Safe Driving in the Elderly</b> <i>Amal Othman, MD</i>
11:30 am-12:05 pm	<b>Receiving and Responding to a Notice of Intent to File Claim, Case Example</b> <i>Dale Hebert, JD</i>
12:05-12:30 pm	<b>Question-and-Answer Session</b>
12:30 pm	<b>Session Adjourns</b>
7:00 pm	<b>Family Bonfire</b> <i>Join us for a family friendly gathering complete with games, snacks and a cash bar.</i>

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**Wednesday, June 26, 2019**

<b>7:30 am</b>	<b>Registration and Breakfast</b>
<b>8:00-8:55 am</b>	<b>Understanding the CDC Prescribing Guidelines for Chronic Pain</b> <i>Patrick Carter, MD</i>
<b>8:55-9:30 am</b>	<b>Contraceptive Cases in Chronic Health Conditions</b> <i>Julie Prussack, MD</i>
<b>9:30-10:05 am</b>	<b>Lawsuit, Trial and Beyond, Case Examples</b> <i>Dale Hebert, JD</i>
<b>10:05-10:20 am</b>	<b>Break</b>
<b>10:20-10:55 am</b>	<b>Having Difficult Conversations with Patients Regarding Opioid Medication Use</b> <i>Patrick Carter, MD</i>
<b>10:55-11:30 am</b>	<b>Screen Time? Risk Evaluation for Breast, Ovarian and Endometrial Cancer</b> <i>Julie Prussack, MD</i>
<b>11:30 am-12:05 pm</b>	<b>Indirect Involvement in Litigation, Case Examples</b> <i>Dale Hebert, JD</i>
<b>12:05-12:30 pm</b>	<b>Question-and-Answer Session</b>
<b>12:30 pm</b>	<b>Session Adjourns</b>

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**Thursday, June 27, 2019**

<b>7:30 am</b>	<b>Registration and Breakfast</b>
<b>8:00-8:55 am</b>	<b>Primary Care for Transgender/Gender Nonbinary Patients</b> <i>Julie Prussack, MD</i>
<b>8:55-9:30 am</b>	<b>The State of Michigan Opioid Laws</b> <i>Patrick Carter, MD</i>
<b>9:30-10:05 am</b>	<b>Gastroprotection and Helicobacter Pylori: Why They Still Matter</b> <i>William Chey, MD</i>
<b>10:05-10:20 am</b>	<b>Break</b>
<b>10:20-10:55 am</b>	<b>Basics of Hormone Therapy for Transgender Patients</b> <i>Julie Prussack, MD</i>
<b>10:55-11:30 am</b>	<b>Functional Dyspepsia: A Tale of Bugs and Drugs</b> <i>William Chey, MD</i>
<b>11:30 am-12:05 pm</b>	<b>Breastfeeding MythBusters</b> <i>Julie Prussack, MD</i>
<b>12:05-12:30 pm</b>	<b>Question-and-Answer Session</b>
<b>12:30 pm</b>	<b>Session Adjourns</b>

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**Friday, June 28, 2019**

7:30 am	<b>Registration and Breakfast</b>
8:00-8:55 am	<b>Patient-Centered Management of Irritable Bowel Syndrome</b> <i>William Chey, MD</i>
8:55-9:30 am	<b>Updates in Deep Venous Thrombosis and Pulmonary Embolism</b> <i>Ashwin Gupta, MD</i>
9:30-10:05 am	<b>Chronic Constipation: Different Strokes for Different Folks</b> <i>William Chey, MD</i>
10:05-10:20 am	<b>Break</b>
10:20-10:55 am	<b>Pneumonia: Antibiotic Overuse and the Changing Landscape of Treatment</b> <i>Ashwin Gupta, MD</i>
10:55-11:30 am	<b>Update on Fecal Incontinence</b> <i>William Chey, MD</i>
11:30 am-12:05 pm	<b>Diagnostic Errors in Medicine</b> <i>Ashwin Gupta, MD</i>
12:05-12:30 pm	<b>Question-and-Answer Session</b>
12:30 pm	<b>Conference Adjourns</b>

# Faculty Directory

**Patrick Carter, MD**, Assistant Professor, Department of Emergency Medicine, Michigan Medicine

**William Chey, MD**, Professor, Department of Internal Medicine, Division of Gastroenterology and Hepatology, Michigan Medicine

**Ashwin Gupta, MD**, Section Chief, Hospital Medicine, VA Ann Arbor Healthcare System; Assistant Professor, Department of Internal Medicine, Michigan Medicine

**Dale Hebert, JD**, Associate General Counsel, Office of the General Counsel, The University of Michigan

**Joel Heidelbaugh, MD**, Course Director and Professor, Departments of Family Medicine and Urology, Michigan Medicine

**Amal Othman, MD**, Clinical Lecturer, Department of Family Medicine, Division of Geriatric and Palliative Medicine, Michigan Medicine

**Julie Prussack, MD**, Clinical Lecturer, Departments of Family Medicine and Obstetrics & Gynecology, Michigan Medicine

**David Somand, MD**, Director, MPLAN, Adult Emergency Services; Assistant Professor, Department of Emergency Medicine, Michigan Medicine

**Amy Thompson, Pharm D**, Clinical Associate Professor of Pharmacy, College of Pharmacy, and Director of Ambulatory Clinical Pharmacy Practices, Pharmacy Innovations and Partnerships, Michigan Medicine



