3rd CopMich Urology Symposium 2019

August 22nd-24th 2019
Hotel Hesselet
Christianslundsvej 119
DK-5800 Nyborg

Presented by the CopMich Urology Core Unit

A continuation of an “old” collaboration between the Department of Urology, University of Michigan and the Department of Urology, Herlev and Gentofte Hospital & University of Copenhagen
Sponsors:

CopMich Urology Core Unit greatly appreciates the support from:

- Teledx
- Ipsen
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Scientific Program:

Thursday August 22nd

1.00-1.10pm  Opening of the 3rd CopMich Symposium
Dana A. Ohl, MD (US) and Jens Sønksen, MD, DMSc (DK)

1.10-1.55pm  State of the art – Benign prostatic hyperplasia
Moderators: Anne P. Cameron, MD (US) and Peter Østergren, MD, PhD (DK)
- 12min  - Minimally invasive BPH procedures (Mikkel Fode, MD, PhD (DK))
- 12min  - State of the art on enucleation surgery for BPH (John Wei, MD (US))
- 12min  - Managing complications from BPH surgery (Chad S. Ellimoottil, MD (US))
- 9min  - Questions

1.55-2.40pm  State of the art – Clinical health promotion in Urology
Moderators: Susanne Quallich RN, BSN, PhD (US) and Henrik Jakobsen, MD (DK)
- 12min  - Strategies in patient-centered prevention in clinical practice (Mette L. K. Schmidt, MA (DK))
- 12min  - Benefits of a structured exercise program in men with advanced prostate cancer (Peter B. Østergren, MD, PhD (DK))
- 12min  - Experience with "March madness vasectomy" (Dana A. Ohl, MD (US))
- 9min  - Questions

2.40-3.30pm  Coffee break

3.30-4.15pm  State of the art – Urothelial cancer
Moderators: Ganesh Palapattu, MD (US) and Michael Vangedal, MD (DK)
- 12min  - Novel biomarkers to improve risk stratification in NMIBC (Arvin George, MD (US))
- 12min  - Challenges in the treatment of T1 bladder tumors, where do we stand? (Juan Luis Vasquez, MD, PhD (DK))
- 12min  - UTUC: Nephron-sparing approaches and outcomes in upper tract urothelial carcinoma (Lars Lund, MD, PhD (DK))
- 9min  - Questions

4.15-4.45pm  State of the art – Spina Bifida
Moderators: John Park, MD (US) and Peter Hjort, MD (DK)
- 12min  - The role of the urologist in the care of pediatric spina bifida patients (Yazan F. H. Rawashdeh, MD, PhD (DK))
- 12min  - Spina bifida patients – transition to adult care (Kate Kraft, MD (US))
- 6min  - Questions

4.45-5.05pm  Debate – Circumcision
Moderators: Dana A. Ohl, MD (US) and Hans Jørgen Kirkeby, MD, DMSc (DK)
- Circumcision is safe and has health benefits (David A. Bloom, MD (US))
- Circumcision is unnecessary and should not be done routinely (Yazan F. H. Rawashdeh, MD, PhD (DK))
Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions
5.05-5.25pm  Debate – Adolescent varicocele and testicular function: operative intervention vs. surveillance
Moderators: Kate Kraft, MD (US) and Christian Fuglesang S. Jensen, MD (DK)
- Fix it (John Park, MD (US))
- Surveillance (Ulla Joensen, MD, PhD (DK))
Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions

6.30pm  100-year Anniversary Michigan Reception, Hotel Hesselet, Nyborg

10.30pm  Bus transport to Hotel Knudsens Gaard (optional)*

Friday August 23rd

8.15am  Bus transport from Hotel Knudsens Gaard (optional)*

9.00-9.45am  State of the art – Urology and pain
Moderators: Anne P. Cameron, MD (US) and Peter B. Østergren, MD, PhD (DK)
-12min  - Risk factors for chronic pain after urological surgery (Susanne Quallich, RN, BSN, PhD (US))
-12min  - Risk factors for opioid abuse after urological surgery (Michael Vangedal, MD (DK))
-12min  - Urologic pain management – what do residents need to know (Maiken Bjerggaard, MD (DK))
-9min  - Questions

9.45-10.30am  State of the art – Prostate cancer detection
Moderators: Arvin George, MD (US) and Henrik Jakobsen, MD (DK)
-12min  - Novel biomarkers in prostate cancer detection (Todd Morgan, MD (US))
-12min  - Biparametric MRI for detection of prostate cancer prior to initial biopsy (Lars Boesen, MD, PhD (DK))
-12min  - In-office ultrasound-guided transperineal prostate biopsy: diagnostic performance, patient tolerance and infectious complications (Brian Stork, MD (US))
-9min  - Questions

10.30-11.05am  Coffee break

11.05-11.50am  State of the art – Controversies in prostate cancer
Moderators: Todd Morgan, MD (US) and Lars Boesen, MD, PhD (DK)
-12min  - Screening for prostate cancer (Peter B. Østergren, MD, PhD (DK))
-12min  - Intermediate risk PCA on surveillance and confirmatory testing in active surveillance (Arvin George, MD (US))
-12min  - Role of surgery in oligometastatic disease (Henrik Jakobsen, MD)
-9min  - Questions

11.50-12.40pm  Lunch

12.40-1.00pm  Debate – Premature ejaculation – medical therapy vs. behavioral therapy
Moderators: Susanne Quallich, RN, BSN, PhD (US) and Alexander Nolsøe, MD (DK)
- Medical therapy (Mikkel Fode, MD, PhD (DK))
- Behavioral therapy (Annamaria Giraldi, MD, PhD, (DK))

Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions

1.00-1.45pm  State of the art – Pelvic floor issues
Moderators: John Wei, MD (US) and Lars Lund, MD, PhD (DK)
-12min - Anterior vaginal wall masses – a visual atlas (Anne P. Cameron, MD (US))
-12min - Surgical management of the overactive bladder (Hans Jørgen Kirkeby, MD, DMSc (DK))
-12min - Medication and Botox in the treatment of the overactive bladder (Anne P. Cameron, MD (US))
-9min - Questions

1.45-2.25pm  Special session – Patient Information Programs
Moderator: Jens Sønksen, MD, DMSc (DK) and Hendrik Van Poppel, MD, PhD (BE))
-10min - The EAU Patient Information Program – reliable information for urological patients (Hendrik Van Poppel, MD, PhD (BE))
-10min - EAU Patient Information example – condition: bladder cancer (Juan Luis Vasquez, MD, PhD (DK))
-10min - EAU Patient Information example – treatment: cystectomy (Ulla N. Joensen, MD, PhD (DK))
-10min - Animated narratives in a digital platform – a new way to inform radical prostatectomy patients (Dennis Michael Hansen (DK))

2.25-2.50pm  Coffee break

2.50-3.10pm  Special session – Honorary lecture: David Alan Bloom,
Moderator: Dana A. Ohl, MD (US) and Jens Sønksen, MD, PhD, DMSc (DK)
- Finding equanimity in a world of TMI (David A. Bloom, MD (US)) (20min)

3.10-3.45pm  State of the art – Urology and psychosexual health
Moderators: Dana A. Ohl, MD (US) and Mikkel Fode, MD, PhD (DK)
-12min - Medical management of sexual problems after cancer treatment (Dana A. Ohl, MD (US))
-12min - Non-medical management of sexual problems after cancer treatment – when to refer (Annamaria Giraldi, MD, PhD (DK))
-11min - Questions

3.45-4.20pm  Coffee break

4.20-4.35pm  Special session – Adverse childhood experiences and physician burnout – Denmark vs. USA
Moderator: Annamaria Giraldi, MD, PhD, (DK)
- Adverse childhood experiences and physician burnout (Brian Stork, MD (US)) (15min)

4.35-5.20pm  Research from our young brains (4min presentation and 2min discussion)
Moderators: Brian Stork, MD (US) and Juan Luis Vasquez, MD, PhD (DK)
“Best presentation prize” sponsored by Nature Reviews Urology

-6min
- Herlev Enzalutamide versus Abiraterone Trial (HEAT) (Klara K. Ternov, MD (DK))
-6min
- Can intraoperative nerve monitoring predict an improved functional outcome after robot-assisted radical prostatectomy (Alexander Nolsøe, MD (DK))
-6min
- Patient satisfaction and pain management following robot assisted radical prostatectomy: USA vs. Denmark (Frederik M. Jakobsen (DK))
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- Patient satisfaction and pain management following robot assisted radical prostatectomy: USA vs. Denmark (Frederik M. Jakobsen (DK))
-6min
- Outpatient diode laser treatment of intermediate risk NMIBC (Marie Schmidt Erikson, MD (DK))
-6min
- T1 bladder cancer – The Danish approach (Erik Hansen, MD (DK))
-6min
- Danish pigs – great for bacon and urological research (Anna Krarup Keller, MD (DK))
-6min
- Scheduling appointments for post vasectomy specimen checks has no impact on compliance (Christian Fuglesang S. Jensen, MD (DK))

5.30pm
Bus transport to Hotel Knudsens Gaard (optional)*

7.30pm
Bus transport from Hotel Knudsens Gaard (optional)*

8.00pm
CopMich 2019 Gala Dinner, Hotel Hesselet, Nyborg

9.000am
Bus transport to Hotel Knudsens Gaard (optional)*

Saturday August 24th

8.15am
Bus transport from Hotel Knudsens Gaard (optional)*

9.00-9.20am
Special session – Telehealth in urology practice
Moderator: Klara Kvorning Ternov, MD (DK)
- Developing telemedicine tools to bring specialty care closer to home (Chad Ellimootil, MD (US)) (20min)

9.20-10.05am
State of the art – Stone Disease
Moderators: Chad Ellimootil, MD (US) and Lars Lund, MD, PhD (DK)
-12min
- Evaluation of hematuria (Jan Jepsen, MD, PhD (DK))
-12min
- Bladder stones – tricks and tips (John Wei, MD (US))
-12min
- An update on the surgical management of kidney stones (Lene H. Bigum, MD (DK))
-9min
- Questions

10.05-10.50am
State of the art – Fertility preservation in boys with cancer
Moderators: John Park, MD (US) and Jens Sønksen, MD, PhD, DMSc (DK)
-12min
- Fertility preservation in pre- and post-pubertal boys (Christian Fuglesang S. Jensen, MD (DK))
-12min
- Auto-transplantation of testis tissue to restore spermatogenesis (Kate Kraft, MD (US))

-12min

- The artificial testis – in vitro maturation of sperm cells (Lihua Dong, PhD (DK))

-9min

- Questions

10.50-11.30am  Coffee break

11.30-12.15pm  State of the art – Hypospadias
Moderators: David A. Bloom, MD (US) and Jan Jepsen, MD, PhD (DK)

-12min

- Hypospadias – an isolated genital condition or part of the testicular dysgenesis syndrome? (Ulla N. Joensen, MD, PhD (DK))

-12min

- Optimal management of hypospadias (Peter Hjort, MD (DK))

-12min

- Penile curvature and surgical complications in hypospadias repair (John Park, MD (US))

-9min

- Questions

12.15-12.45pm  Special session – Current CopMich projects (30min)
Moderator: Brian Stork, MD (US) and Christian Fuglesang S. Jensen, MD (DK)

-10min

- CopMich resident exchange program – experiences and research (Kasper Berg, MD, PhD (DK))

-10min

- A tale from the first CopMich Symposium (Michelle Mistry, MD (DK))

-10min

- Experiences and research results from Michigan 2019 (Frederik M. Jakobsen, stud.med. (DK))

12.45-12.50pm  Closing of the 3rd CopMich Symposium
Dana A. Ohl, MD (US) and Jens Sønksen, MD, DMSc (DK)

12.50pm  Farewell grab-and-go lunch

* Bus transport between Hotel Hesselet and Hotel Knudsens Gaard is an optional service for the delegates staying at Hotel Knudsens Gaard.