3rd CopMich Urology Symposium 2019

August 22nd-24th 2019
Hotel Hesselet
Christianslundsvej 119
DK-5800 Nyborg

Presented by the CopMich Urology Core Unit

A continuation of an “old” collaboration between the Department of Urology, University of Michigan and the Department of Urology, Herlev and Gentofte Hospital & University of Copenhagen
Scientific Program:

**Thursday August 22nd**

**1.00-1.10pm**  
**Opening of the 3rd CopMich Symposium**  
Dana A. Ohl, MD (US) and Jens Sønksen, MD, DMSc (DK)

**1.10-2.05pm**  
**State of the art – Benign prostatic hyperplasia**  
Moderators: James M. Dupree, MD (US) and John Thomas Helgstrand, MD, PhD (DK)  
- 15min - Minimally invasive BPH procedures (Mikkel Fode, MD, PhD (DK))  
- 15min - State of the art on enucleation surgery for BPH (Casey Dauw, MD (US))  
- 15min - Managing complications from BPH surgery (Chandy S. Ellimoottil, MD (US))  
- 10min - Questions

**2.05-3.00pm**  
**State of the art – Clinical health promotion in Urology**  
Moderators: Susanne Quallich RN, BSN, PhD (US) and Henrik Jakobsen, MD (DK)  
- 15min - Strategies in clinical health promotion (Mette L. K. Schmidt, MA (DK))  
- 15min - Benefits of a structured exercise program in men with advanced prostate cancer (Peter B. Østergren, MD, PhD (DK))  
- 15min - Experience with “March madness vasectomy” (James M. Dupree, MD (US))  
- 10min - Questions

**3.00-3.30pm**  
**Coffee break**

**3.30-4.45pm**  
**State of the art – Urothelial cancer**  
Moderators: Ganesh Palapattu, MD (US) and Michael Vangedal, MD (DK)  
- 15min - Improving diagnosis and grading in the endoscopic assessment of urothelial tumors: PDD, NBI and CLE (Sami Beji, MD (DK))  
- 15min - Novel biomarkers to improve risk stratification in NMIBC (Arvin George, MD (US))  
- 15min - Outpatient diode laser treatment of intermediate risk NMIBC (Gregers G. Hermann, MD, PhD (DK))  
- 15min - UTUC: Nephron-sparing approaches and outcomes in upper tract urothelial carcinoma (Lars Lund, MD, PhD (DK))  
- Questions

**4.45-5.20pm**  
**State of the art – Spina Bifida**  
Moderators: John Park, MD (US) and Peter Hjort, MD (DK)  
- 15min - The role of the urologist in the care of pediatric spina bifida patients (Yazan F. H. Rawashdeh, MD, PhD (DK))  
- 15min - Spina bifida patients – transition to adult care (Kate Kraft, MD (US))  
- 5min - Questions

**5.20-5.40pm**  
**Debate – Circumcision**  
Moderators: Dana A. Ohl, MD (US) and Hans Jørgen Kirkeby, MD, DMSc (DK)  
- Circumcision is safe and has health benefits (David A. Bloom, MD (US))  
- Circumcision is unnecessary and should not be done routinely (Yazan F. H. Rawashdeh, MD, PhD (DK))
Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions

5.40-6.00pm Debate – Adolescent varicocele and testicular function: operative intervention vs. surveillance
Moderators: Kate Kraft, MD (US) and Christian Fuglesang S. Jensen, MD (DK)
- Fix it (John Park, MD (US))
- Surveillance (Ulla Joensen, MD, PhD (DK))
Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions

Friday August 23rd

9.00-9.55am State of the art – Kidney Stones
Moderators: Chad Ellimoottil, MD (US) and Lars Lund, MD, PhD (DK)
- 15min - Evaluation of hematuria (Jan Jepsen, MD, PhD (DK))
- 15min - An update on the medical management of kidney stones (Casey Dauw, MD (US))
- 15min - An update on the surgical management of kidney stones (Lene H. Bigum, MD (DK))
- 10min - Questions

9.55-10.50am State of the art – Prostate cancer detection
Moderators: Arvin George, MD (US) and Henrik Jakobsen, MD (DK)
- 15min - Novel biomarkers in prostate cancer detection (Todd Morgan, MD (US))
- 15min - Biparametric MRI for detection of prostate cancer prior to initial biopsy (Lars Boesen, MD, PhD (DK))
- 15min - In-office ultrasound-guided transperineal prostate biopsy: diagnostic performance, patient tolerance and infectious complications (Brian Stork, MD (US))
- 10min - Questions

10.50-11.05am Coffee break

11.05-12.20pm State of the art – Controversies in prostate cancer
Moderators: Todd Morgan, MD (US) and Lars Boesen, MD, PhD (DK)
- 15min - Screening for prostate cancer (Peter B. Østergren, MD, PhD (DK))
- 15min - Intermediate risk PCa on surveillance and confirmatory testing in active surveillance (Arvin George, MD (US))
- 15min - Focal therapy for prostate cancer (John Thomas Helgstrand, MD (DK))
- 15min - Role of surgery in oligometastatic disease (Henrik Jakobsen, MD, PhD)
- 15min - Questions

12.20-1.00pm Lunch

1.00-1.20pm Debate – Premature ejaculation – medical therapy vs. behavioral therapy
Moderators: Susanne Quallich, RN, BSN, PhD (US) and Alexander Nolsøe, MD (DK)
- Medical therapy (Mikkel Fode, MD, PhD (DK))
- Behavioral therapy (Daniela Wittmann, PhD (US))
Format: 5 min presentation from each presenter, 2 min rebuttal from each presenter, 6 min discussion and questions
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Chair/Moderator</th>
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<tbody>
<tr>
<td><strong>1.20-1.15pm</strong></td>
<td>State of the art – Pelvic floor issues</td>
<td>Moderators: Casey Dauw, MD (US) and Lars Lund, MD, PhD (DK)</td>
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<td>1.20-1.15pm</td>
<td>- 15min Anterior vaginal wall masses – a virtual atlas</td>
<td>Anne P. Cameron, MD (US)</td>
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<td>- 15min Surgical management of the overactive bladder</td>
<td>Hans Jørgen Kirkeby, MD, DMSc (DK)</td>
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<td></td>
<td>- 15min Medication and Botox in the treatment of the overactive bladder</td>
<td>Anne P. Cameron, MD (US)</td>
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<td>- 10min</td>
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<td><strong>2.15-2.55pm</strong></td>
<td>Special session – Patient Information Programs</td>
<td>Moderator: Jens Sønksen, MD, DMSc (DK)</td>
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<td>2.15-2.55pm</td>
<td>- 20min The EAU Patient Information Program – reliable</td>
<td>information for urological patients (Hendrik Van Poppel, MD, PhD (BE))</td>
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<td>- 5min EAU Patient Information example – condition: bladder</td>
<td>cancer (Juan Luis Vasquez, MD, PhD (DK))</td>
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<td>- 5min EAU Patient Information example – treatment: cystectomy</td>
<td>Ulla N. Joensen, MD, PhD (DK)</td>
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<td>- 10min Animated narratives in a digital platform – a new way to inform radical prostatectomy patients</td>
<td>Dennis Michael Hansen (DK)</td>
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<td><strong>2.55-3.15pm</strong></td>
<td>Coffee break</td>
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<td><strong>3.15-3.35pm</strong></td>
<td>Special session – Honorary lecture: David Alan Bloom,</td>
<td>Moderator: Dana A. Ohl, MD (US) and Mikkel Fode, MD, PhD (DK)</td>
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<td>3.15-3.35pm</td>
<td>- TBA (David A. Bloom, MD (US)) (20min)</td>
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<td><strong>3.35-4.30pm</strong></td>
<td>State of the art – Urology and psychosexual health</td>
<td>Moderators: Dana A. Ohl, MD (US) and Mikkel Fode, MD, PhD (DK)</td>
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<td>3.35-4.30pm</td>
<td>- 15min Medical management of sexual problems after cancer treatment (James M. Dupree, MD (US))</td>
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<td>- 15min Non-medical management of sexual problems after cancer treatment (Daniela Wittmann, PhD (US))</td>
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<td>- 15min When to refer a urology patient to a sexual health or mental health provider (Annamaria Giraldi, MD, PhD (DK))</td>
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<td>- 10min Questions</td>
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<td><strong>4.30-4.55pm</strong></td>
<td>Coffee break</td>
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<td><strong>4.55-5.15pm</strong></td>
<td>Special session – Honorary lecture: Edward McGuire</td>
<td>Moderator: Dana A. Ohl, MD (US) and Jens Sønksen, MD, PhD (DK)</td>
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<td>4.55-5.15pm</td>
<td>- TBA (Edward McGuire, MD (US))</td>
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<td><strong>5.15-5.30pm</strong></td>
<td>Special session – Adverse childhood experiences and</td>
<td>Moderator: Annamaria Giraldi, MD, PhD, (DK)</td>
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<tr>
<td>5.15-5.30pm</td>
<td>physician burnout – Denmark vs. USA</td>
<td>- Adverse childhood experiences and physician burnout (Brian Stork, MD (US))</td>
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<td><strong>5.30-??pm</strong></td>
<td>Research from our young brains (4min presentation and</td>
<td>2min discussion)</td>
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-6min - Herlev Enzalutamide versus Abiraterone Trial (HEAT) (Klara K. Ternov, MD (DK))
-6min - TBA (Alexander Nolsøe, MD (DK))
-6min - TBA (Frederik M. Jakobsen (DK))
-6min - TBA (Marie Schmidt Erikson, MD (DK))
-6min - An innovative nurse-led cystoscopy clinic in Denmark (Anders Frey, MD (DK))
-6min - TBA (Christian Fuglesang S. Jensen, MD (DK))
-6min - T1 bladder cancer – The Danish approach (Erik Hansen, MD (DK))
-6min - TBA (Anna Krarup Keller, MD (DK))
- more TBA

Saturday August 24th

9.00-9.55am State of the art – Urology and pain
Moderators: Anne P. Cameron, MD (US) and Peter B. Østergren, MD, PhD (DK)
-15min - Risk factors for chronic pain after urological surgery (Susanne Quallich, RN, BSN, PhD (US))
-15min - Risk factors for opioid abuse after urological surgery (Michael Vangedal, MD (DK))
-15min - Urologic pain management – what do residents need to know (Maken Bjerggaard, MD (DK))
-10min - Questions

9.55-10.50am State of the art – Fertility preservation in boys with cancer
Moderators: John Park, MD (US) and Jens Sønksen, MD, PhD, DMSc (DK)
-15min - Fertility preservation in pre- and post-pubertal boys (Christian Fuglesang S. Jensen, MD (DK))
-15min - Auto-transplantation of testis tissue to restore spermatogenesis (Kate Kraft, MD (US))
-15min - The artificial testis – in vitro maturation of sperm cells (Lihua Dong, PhD (DK))
-10min - Questions

10.50-11.10pm Coffee break

11.10-11.30pm Special session – Telehealth in urology practice
Moderator: Klara Kvorning Ternov, MD (DK)
- Developing telemedicine tools to bring specialty care closer to home (Chad Ellimootil, MD (US))

11.30-12.25pm State of the art – Hypospadias
Moderators: David A. Bloom, MD (US) and Jan Jepsen, MD, PhD (DK)
-15min - Hypospadias – an isolated genital condition or part of the testicular dysgenesis syndrome? (Ulla N. Joensen, MD, PhD (DK))
-15min - Optimal management of hypospadias (Peter Hjort, MD (DK))
-15min  - Penile curvature and surgical complications in hypospadias repair (John Park, MD (US))
-10min  - Questions

12.25-12.55pm  Special session – Current CopMich projects (30min)
Moderator: James M. Dupree, MD (US) and Christian Fuglesang S. Jensen, MD (DK)
-10min  - CopMich resident exchange program – experiences and research (Kasper Berg, MD, PhD (DK))
-10min  - A tale from the first CopMich Symposium (Michelle Mistry, MD (DK))
-10min  - Experiences and research results from Michigan 2019 (Frederik M. Jakobsen, stud.med. (DK))

12.55-1.05pm  Closing of the 3rd CopMich Symposium
Dana A. Ohl, MD (US) and Jens Sønksen, MD, DMSc (DK)

1.05-1.40pm  Farewell lunch