

**Margaret Lekander Dobson, M.D.**  
Assistant Professor  
Department of Family Medicine  
University of Michigan Medical School  
Email: [mlekande@umich.edu](mailto:mlekande@umich.edu)

## **Education and Training**

3/2014-5/2014	Linkage Leadership Institute, Department of Faculty Development, University of Michigan Medical School, Ann Arbor, Michigan
11/2011-3/2012	Faculty Development Institute, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
9/2010-6/2011	Teaching of Tomorrow, Faculty Development Program, University of Massachusetts, Worcester, Massachusetts
6/2007-8/2010	Resident, Department of Family Medicine, Alpert School of Medicine, Brown University, Memorial Hospital of Rhode Island, Pawtucket, Rhode Island
8/2003-5/2007	M.D., Michigan State University, College of Human Medicine, East Lansing, Michigan
8/1997-5/2001	B.A. (English), Cornell University, College of Arts and Sciences, Ithaca, New York

## **Certification and Licensure**

12/2010-present	Board Certified, American Board of Family Medicine (# 145720)
7/2010-6/30/2012	Medical Licensure, State of Rhode Island (# MD13394)
5/2011-present	Medical Licensure, State of Michigan (# 5315050584)

## **Academic, Administrative and Clinical Appointments**

### Academic Appointments

2/8/2015-present	Clinical Assistant Professor, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
------------------	---

8/2011- 2/2015 Clinical Lecturer, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

9/2010-6/2011 Clinical Instructor, Department of Family Medicine, Alpert School of Medicine, Brown University, Providence, Rhode Island

#### Administrative Appointments

7/2018-current Assistant Course Director, Doctoring program, University of Michigan Medical School, Ann Arbor, Michigan

8/2013-6/2018 Program Director, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

8/2013-8/2014 Adolescent Health Champion, Recipient of Michigan Department of Health grant for funded time to encourage development of excellence in care of adolescent patients

6/2009-5/2010 Chief Resident, Department of Family Medicine, Alpert School of Medicine, Brown University, Memorial Hospital of Rhode Island, Pawtucket, Rhode Island

#### Clinical Appointments

2/8/2015-present Clinical Assistant Professor, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

8/2011-present Clinical Lecturer, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

9/2010-6/2011 Staff Physician, Department of Family Medicine, Alpert School of Medicine, Brown University, Memorial Hospital of Rhode Island, Pawtucket, Rhode Island

#### **Research Interests**

Self-Directed Learning Skills in Medical Education  
Primary Care Procedures  
Cross Generational Care  
Adolescent Medicine  
Physician Wellness  
Faculty Development

#### **Grants, Honors and Awards**

2014-15	University of Michigan GME Innovations Grant, Deb Rooney, Ph.D. – PI, M Dobson, MD, one of 4 involved educators, Mixed modality modules for universal high impact in medical residents' education, \$24,000 grant to develop on-line curricula blended with simulation experiences for independent learning, including cardiopulmonary examination, retinal examination and lumbar puncture.
2013-2016	PI, HRSA-10-277, Affordable Care Act Primary Care Residency Expansion (PRCE) Program grant recipient to expand class by 1 resident/year, \$960,000.00
2013	Faculty Teacher of the Year, Family Medicine Residents, University of Michigan Hospital and Health Systems
2012	FMESP recipient for project looking at Professional Transitions for new faculty in primary care
2011	FMESP recipient for project aimed at Adolescent and pediatric hypertension detection
2007	Gold Humanism Honor Society
2005	Global Focus Photography Winner, Michigan State University
2004	Grant Recipient, Medical Education in Cooperation with Cuba, Michigan State University
2004	Grant Recipient, Center for Advanced Study of International Development, Michigan State University

## Memberships in Professional Societies

2014-present	Society of Adolescent Medicine Michigan Chapter Member
2009-present	Society of Teachers of Family Medicine
2010-present	American Academy of Family Physicians

## Teaching

2017 – present	University of Michigan Medical School Doctoring course small group leader, and small group coach
2018 – present	University of Michigan, Ypsilanti and Chelsea Family Medicine Residency Clinic alternate preceptors
2014 – 2018	University of Michigan, Ypsilanti Family Medicine Residency clinic, core preceptor 2half days/month and Chelsea clinic alternate preceptor
2013 – 2018	University of Michigan, Family Medicine clerkship, lead discussion for 2 hours every 3 months regarding acute or chronic cases
2012 – present	University of Michigan, Chelsea Family Medicine In-patient Service, Teaching Attending, 4-8 weeks/year
2012 – 2014	University of Michigan, Chelsea and Ypsilanti Family Medicine Residency clinic, Alternate Preceptor 2-4 half days/month

2012 – 2013	University of Michigan Family Medicine Residency Education, lecturer for Clinical Pathology Conference, 6 times/year
2012 – 2016	University of Michigan Family Medicine Clinical Simulation Center Education for ACLS, LP, Airway management, para/thoracentesis 8-12 sessions/year
2011 – present	University of Michigan, Family Medicine procedure clinic preceptor, 1 session/month
2011 – present	University of Michigan, Family Medicine Clerkship, primary preceptor 4 months/year, clinical teaching sessions 1-6 sessions/month
2010-2011	Brown University Department of Family Medicine and Department of Internal Medicine, continuity clinic preceptor 2-3 sessions/week
2010-2011	Brown University Department of Family Medicine, Resident Education Coach (investigator on HRSA grant)
2010-2011	Brown University, Memorial Hospital of RI Family Medicine In-patient Service, Teaching Attending, 3 weeks/year
2010-2011	Brown University School of Medicine, Small Group Leader, Medical Student Course “Doctoring”

### **Committee, Organizational and Volunteer Service**

2013 – 2018	Member, Family Medicine Department, executive committee
2013 – 2018	Chair, Residency Recruitment Committee, U of M Family Medicine Residency
2013 – 2018	Chair, Residency Education Committee, U of M Family Medicine Residency
2013 – current	Clinical Competency Committee, member, U of M Family Medicine Residency
2013 – 2015	Adolescent Health Champion pilot site lead for Adolescent Health Initiative Project
2013 – 2017	Volunteer clinician, Migrant Health Clinic, Manchester, MI (2013-2015) Migrant Health Clinic Bush Farm (2016-2017)
2012 – 2017	Family Medicine representative to Women’s Health Committee, University of Michigan Health System
2012 – 2013	University of Michigan Medical School admissions committee member
2012 – 2013	Facilitator of Peer- Mentoring group for new faculty
2012 – current	Chelsea Community Hospital, Clinical Care Review Committee

2008-2010	Resident Recruitment Committee, Department of Family Medicine, Alpert School of Medicine, Brown University, Memorial Hospital of Rhode Island, Pawtucket, Rhode Island
2008-2010	Resident Representative, Rhode Island Primary Care Physicians Advisory Committee
2008 – 2009	Mentor, “School to Work” Program for Rhode Island High School Seniors
2007-2009	Leader, Brown Intern Orientation (BIO) for Family Medicine Residents
2005-2007	Upper Peninsula Campus Dean’s Advisory Committee Representative, Michigan State University
2004-2007	Chairperson, Michigan State University Chapter of Physician for Human Rights, East Lansing, Michigan
2004-2005	Co-Leader, Medical Education in Cooperation with Cuba, Michigan State University, East Lansing, Michigan
2004-2005	Founder/Facilitator, Medical Anthropology/Medical Professional Forum, Michigan State University, East Lansing, Michigan

## **Bibliography**

Lekander M, Rubeor DO, Telang G. “Alopecia.” *Ferri’s Clinical Advisor*, 2009, 2010, 2011.

Lekander M. “Family physicians and global health – A qualitative look.” Presentation, Society of Teachers of Family Medicine Annual Meeting, Denver, Colorado, April 2009.

Dobson M. “Exploring the role of a learning coach in graduate medical education.” Poster Presentation, Society of Teachers of Family Medicine Annual Meeting, New Orleans, Louisiana, April 2011.

George P, Dobson M, White J, Nothnagle M. “A model for working with struggling learners in residency.” Society of Teachers of Family Medicine Annual Conference, Seattle, WA, April 2012.

Dobson M, Riley M. “Professional Transitions: Making Opportunities Matter.” Society of Teachers of Family Medicine Annual Conference, Seattle, WA, April 2012.

Riley M, Dobson M “Pediatric Hypertension: How are we doing?” presentation. Society of

Teachers of Family Medicine Annual Conference, Seattle, WA, April 2012.

George P, Reis S, Dobson M, Nothnagle M. Using a learning coach to develop residents' goal setting and reflection skills. *Journal of Graduate Medical Education*, June 2013.

Riley M, Dobson M, Sen A, Green L. "Recognizing elevated BP in children and adolescents: How are we doing?" *Journal of Family Practice*, June 2013.

Riley M, Dobson M, Jones E, Kirst N. "Health Maintenance in Women," *AAFP*, January 1, 2013

Dobson M "Professional Transitions in Primary Care." Society of Teachers of Family Medicine Annual Conference, San Antonio, TX, May 2014

Dobson M, Riley M, Skye E. "Peer Mentoring Groups: Piloting a New Mentorship Model." Society of Teachers of Family Medicine Annual Conference, San Antonio, TX, May 2014

Wong J, Dobson M, Romano S. "Competent About Competencies: Our Milestones or Theirs?" Society of Teachers of Family Medicine Annual Conference, San Antonio, TX, May 2014

Kirst N, Dobson M, Wong J. "Teaching Our Teachers: A Case-Based Forum for Developing Faculty Educators." Presentation, Society of Teachers of Family Medicine Annual Meeting Orlando, FL, April 2015

Riley M, Chang T, Dobson M, Locke A, Shih E. "Using an MOC Part IV Project to Improve Confidential Care for Adolescent Patients." Presentation, Society of Teachers of Family Medicine Annual Meeting Orlando, FL, April 2015

Riley M, Dobson M, Skye E. "Using Faculty and Resident-Faculty Business Meetings to Promote a Culture of Mentorship, Faculty Development, Wellness and Community" Presentation, Society of Teachers of Family Medicine Annual Meeting Orlando, FL, April 2015

Shih E, Chang T, Dobson M, Locke A, Riley M. "Adolescent Champions: A Mechanism for Optimizing Adolescent Patient Care" Presentation, Society of Teachers of Family Medicine Annual Meeting Orlando, FL, April 2015

Wong, J. H. C., McTaggart, S., Shultz, C. G., Dobson, M. L. Implementing the Family Medicine Milestones Using an Iterative, Rapid-cycle Feedback Procedure. *International Journal of Advanced Research in Education*. 2015; 3(1): 19-24.

Dobson M, Sheets K, Wong J, Kirst N. "Teaching our teachers: results from a 1-year Pilot of Educators' Forums." Society of Teachers of Family Medicine Annual Conference, Minneapolis, MN, May 2016.

Margaret Dobson, MD; Nirali Bora, MD; Monica Lypson; Jordan White, MD, MPH. Medical

Marriages: Integrating Marriage and Medicine. Society of Teachers of Family Medicine Annual Conference, Minneapolis, MN, May 2016.

Dobson M, McTaggart S, Wong J, Kirst N, Romano S, Gold K. "Increasing rigor of resident research better responds to ACGME scholarly work requirement, fosters critical inquiry and improves departmental quality." Macy Foundation Innovation in GME Conference, University of Michigan, Ann Arbor MI. May 2016.

Wong J, McTaggart S, Romano S, Dobson M, Kirst N, Greenberg G. "Improving Population Health Care in Family Medicine Residency Clinics: Clinical and Educational Interventions." Macy Foundation Innovation in GME Conference, University of Michigan, Ann Arbor MI. May 2016.

Margaret Riley, MD; Margaret Dobson, MD; Amy Locke, MD; Christina Nisonger; Elizabeth Shih, MD; Allison Ursu. "Sparks: Teaching Interdisciplinary Teams about Adolescent Health Through Mini-Trainings." Society of Teachers of Family Medicine Annual Conference, Minneapolis, MN, May 2016.

Lydia Lee, MD; Margaret Dobson, MD; Jill Schneiderhan, MD. "Multifaceted wellness curriculum to reduce depression, anxiety and burnout rates among first year family medicine residents" poster at Society of Teachers of Family Medicine Annual Conference, San Diego, CA, May 2017

Elizabeth Shih, Margaret Dobson, Amy Locke, Margaret Riley, Allison Ursu. "Adolescent Champions: An Innovative Model to Optimize Health Care Delivery to Teen Patients." Poster at Society of Teachers of Family Medicine Annual Conference, San Diego, CA, May 2017

Margaret Dobson MD, Nell Kirst, Jean Wong, Jill Schneiderhan. "A Framework for promoting resident wellness in a Family Medicine residency program – evidence, successes and tensions." Poster presented at the AMA conference on Physician Health and Wellness San Francisco, CA October 2017.

Jill Schneiderhan, Lydia Lee, Kate Baker, Margaret Dobson. Multifaceted wellness curriculum to reduce depression and burnout rates among family medicine residents. Poster presented at the AMA conference on Physician Health and Wellness San Francisco, CA October 2017.

Anna McEvoy and Margaret Dobson. Readiness Assessment for Residents Managing Transitions of Care, poster at Society of Teachers of Family Medicine, Washington DC, May 2018

Alexandra Verdiek, Thomas Bodenheimer, Margaret Dobson, Roger Garvin, Marianna Kong, Barbara Miller, Walter Mills. Clinic First: What's the buzz? Four program share their experiences with clinic first curriculum transformation. Workshop at Society of Teachers of Family Medicine, Washington DC, May 2018

Margaret Dobson MD, Jean Wong MD, Jill Schneiderhan MD. Structural Factors as a Foundation for Wellness in Residency Education, qualitative data. Poster. International Conference on Physician Health and Wellness. Toronto ON Canada, October 2018

## **Lectures:**

Faculty Development: Intersection of coaching and wellness. Invited presentation at Michigan State University December 2019

Coaching to Wellness. Invited Faculty Development workshop at Michigan State University, March 2020

Working with Challenging learners. Presented as faculty development CME March 2017, presented as nurse/social work CE September 2017.

Chat with Program Director Resident Conference, Department of Family Medicine. Recurring session every 3-4 months, 8/2013 – 6/2018

Outpatient M and M. Department of Family Medicine, University of Michigan. January 22, 2014

Annual Program Evaluation for Resident/faculty business forum. Department of Family Medicine, University of Michigan. October 30, 2013, and annually through present

Beers: Safe Prescribing in the Elderly. MidWinter Updates in Family Medicine CME, MAFP, Harbor Springs MI, February 2013

Obesity: a growing problem for children and adolescents. MidWinter Updates in Family Medicine CME, MAFP, Harbor Springs MI, February 2013

Recognizing High Blood Pressure in Children and Adolescents. MidWinter Updates in Family Medicine CME, MAFP, Harbor Springs MI, February 2013

Developmental Delay: Case Series for review. MidWinter Updates in Family Medicine CME, MAFP, Harbor Springs MI, February 2013

Outpatient M and M. Department of Family Medicine, University of Michigan. April 2012, September 2016.

Educators' Forums co-led with Nell Kirst MD and Jean Wong MD, faculty education quarterly sessions based on educational issues, exploring topics including autonomy vs supervision, precepting through doubt, residents in burn out, etc. October 2014 – June 2018, continues 3-4 times a year.

Professionalism lecture/discussion, facilitated annually to entering HO1 residents in July and HO2 residents in December, July 2014-June 2018.

Faculty Development Workshop for Doctoring Faculty, Inclusive teaching principles and cases, co-facilitated 2 3 hour workshops, October 2018