1. Pull off the blue safety release cap.

2. Swing and firmly push the orange tip against the outer thigh so it ‘clicks.’ HOLD on thigh for approximately 10 seconds to deliver the drug.

   Please note: As soon as you release pressure from the thigh, the protective cover will extend.

   Each EpiPen Auto-Injector contains a single dose of a medicine called epinephrine, which you inject into your outer thigh. DO NOT INJECT INTRAVENOUSLY. DO NOT INJECT INTO YOUR BUTTOCK, as this may not be effective for a severe allergic reaction. In case of accidental injection, please seek immediate medical treatment.

3. Seek immediate emergency medical attention and be sure to take the EpiPen Auto-Injector with you to the emergency room.

To view an instructional video demonstrating how to use an EpiPen Auto-Injector, please visit epipen.com.