



PRESENTS THE

**Dr. Elizabeth Young Lectureship
on Stress & Mood Disorders**

THURSDAY, MAY 9

3:30 P.M. Presentation

5:00 P.M. Reception

Kahn Auditorium, BSRB

**LIFELONG STRESS:
GOOD OR BAD NEWS?**

FEATURING



MARIAN JOËLS, PH.D.

University Medical Center Groningen
The Netherlands





Marian Joëls, Ph.D.

University Medical Center Groningen, The Netherlands

Emeritus Professor



Marian Joëls obtained her Ph.D. degree at the University of Utrecht (1984) under the mentorship of David de Wied. She carried out postdoctoral research at the University of Texas Medical Branch in Galveston and at the Scripps Research Institute in La Jolla California.



Between 1991 and 2009 she was appointed at the University of Amsterdam, first as Associate Professor and later as Full Professor in neurobiology. In 2009 she was appointed as (full) Professor of Neuroscience at the University of Utrecht and Scientific Director of Brain Center Rudolf Magnus. Between September 2016 and November 2023, she was Dean of the Medical Faculty and Board member of the University Medical Center Groningen.

Her research focuses on the effects of stress in the brain, in health and disease. This involves studies with human subjects as well as animal models. By combining such approaches, insight is obtained in the neuronal effects of stress, from the molecular level to the level of populations. Research of the past decade focused particularly on the life-long consequences of postnatal stress and the possibilities to normalize these consequences by interventions during puberty.

Marian Joëls was elected as a member of the Royal Netherlands Academy of Arts and Sciences in 2002 and of the Academia Europaea in 2023. She served as President of the Federation of European Neuroscience Societies between 2012 and 2014.



Elizabeth Young, M.D.

University of Michigan

Dr. Elizabeth Young was a Professor of Psychiatry and Senior Research Professor at the Molecular & Behavioral Neuroscience Institute (MNI's predecessor organization) at the University of Michigan.



Dr. Young was an internationally renowned biological psychiatrist who conducted seminal research on stress biology and its role in depression and other mood disorders. She was raised in the Detroit and Chicago areas, earned her medical degree from the Ohio State University in 1976, and completed her residency in Psychiatry at the same institution in 1979.

Elizabeth came to the University of Michigan Medical School in July 1979 as a Research Fellow in the Department of Psychiatry. In 1981, she received a postdoctoral fellowship to work in the laboratories of Drs. Huda Akil and Stanley Watson at the MBNI.

She quickly established herself as a trailblazer, particularly in studying the role of stress in depression and anxiety disorders. Dr. Young made notable strides in understanding how stress affects the pathophysiology of mood disorders, focusing on why women are more prone to depression and anxiety. She was instrumental in uncovering the complexities of the stress system, emphasizing its potential as a therapeutic target.

A visionary physician-scientist, Young was among the first to recognize the significance of translational research in psychiatry. She deftly bridged the gap between foundational research and clinical application, leaving a rich legacy through her detailed examinations of the biology of mood disorders.

However, Elizabeth was much more than a talented physician scientist. She was also a loving wife and stepmother, a devoted friend, a caring physician, a wonderful collaborator and mentor, an ardent gardener and appreciator of the best life offers.



Today's Lectureship on
Stress & Mood Disorders
honors the late

Elizabeth A. Young, M.D.



a visionary physician-scientist,
expert in the biology of mood
disorders in psychiatry, and
beloved friend of MNI.



*Connecting neuroscience throughout
the U-M and Michigan Medicine campus*

