

ERIN HENDRIKS MD, FAAFP
ehendrik@med.umich.edu

Education and Training

8/1999-12/2003

The University of Michigan, Ann Arbor, MI
Bachelor of Arts, Spanish, Biology

8/2002-7/2003

Universidad de Sevilla, Seville, Spain
Study Abroad Program

8/2004-6/2008

Wayne State University School of Medicine, Detroit, MI
Doctor of Medicine, With High Distinction

7/2008-9/2011

Beth Israel Residency in Urban Family Practice, New York, NY

10/2011-8/2012

The Falencki Fellowship in Reproductive Health and Advocacy, New York, NY

10/2011-8/2012

Physicians for Reproductive Health (PRH), New York, NY
Leadership Training Academy

Certification and Licensure

1/2011-Present

Michigan Medical License (Active)
License Number: 4301097747

11/2011-12/2012

New York Medical License (Inactive)
License Number: 260071-1

Family Medicine Board Certification

Certificate Number: 1048151546
Date of Expiration: 11/2021

American Board of Obesity Medicine

Diplomate in Obesity Medicine, 5/2019

Center for Nutrition Studies
Certificate in Plant-Based Nutrition, 7/2019

Nexplanon® Clinical Trainer

Academic, Administrative and Clinical Appointments

Academic Appointments

9/2012-12/2017

Wayne State University School of Medicine
Clinical Assistant Professor

1/2018-Present

The University of Michigan Medical School
Clinical Assistant Professor

Administrative Appointments

10/2015-2/2017

Detroit Medical Center (Sinai Grace) Family Medicine Residency
Associate Program Director

2/2017-12/2017

Detroit Medical Center (Sinai Grace) Family Medicine Residency
Interim Program Director

Clinical Appointments

9/2012-3/2014

Crittenton Hospital Medical Center
Staff Physician

09/2012-03/2014

Wayne State University Physician Group
Staff Physician

3/2014-12/2017

Advantage Health Centers
Staff Physician

Grants

8/2014-8/2015

Miscarriage Care Initiative

Role: Primary Investigator

This grant provided funding for all necessary supplies to initiate office management of miscarriage training to family medicine residency programs.

4/2015-4/2016

The getLARC Program

Role: Primary Investigator, Percent Effort: 20%

This grant provided funding to family medicine residency programs to integrate long-acting reversible contraceptive (LARC) training and services.

Total Direct Costs: \$62,733

Honors and Awards

Alpha Omega Alpha, 06/2007

Janet M. Glasgow Memorial Achievement Citation, American Medical Women's Association, 06/2008

Beth Israel Residency in Urban Family Practice Obstetrics Award, 06/2011

Einstein College of Medicine Teaching Award, 06/2011

The Association of Family Medicine Residency Directors (AFMRD) and the North American Primary Care Research Group (NAPCRG) Family Medicine Resident Award for Scholarship, 06/2011

STFM Marathonaki Learner Honoree, 04/2015

DMC/WSU Family Medicine Residency Faculty Teacher of the Year Award, 06/2016

Memberships in Professional Societies

Alpha Omega Alpha

American Academy of Family Physicians

Reproductive Health Member Interest Group

Editorial Positions, Boards and Peer-Review Service

Ad Hoc Reviewer – The Journal of Family Practice, 08/2014

Teaching

Institute for Family Health, New York, NY

Resident Lectures

Contraception Basics, 11/2011

Abnormal Pap and Colposcopy, 03/2012

Advocacy in Medicine Lecture Series and Workshops

Journal Club (weekly)

Harlem Residency in Family Medicine

Resident Lectures

Introduction to Inpatient Medicine Lecture Series, 07/2012

Wayne State University

Medical Students

9/2012-12/2017

MS-3 Continuity Clerkship Preceptor

9/2014-12/2017

Family Medicine Clerkship Clinical Preceptor

Medical Student Lectures

Headaches in Primary Care, 01/2013, 09/2013

Pneumonia, 02/2013, 03/2013 and 09/2013

Pharyngitis, 02/2013, 03/2013 and 09/2013

Upper Respiratory Tract Infection, 02/2013, 03/2013 and 09/2013

Urinary Tract Infection, 02/2013, 03/2013 and 09/2013

Vaginal Discharge, 02/2013, 03/2013 and 09/2013

Diagnosis of Pregnancy, 02/2013, 03/2013 and 09/2013

Sexually Transmitted Infections, 02/2013, 03/2013 and 09/2013

MedU Cases Didactic Series, 09/2014

DMC (Sinai Grace) Family Medicine Residency

Resident Lectures

Patient Centered Contraception, 11/2012

Sexually Transmitted Infections, 03/2013

Influenza, 01/2013 and 10/2014

First Trimester Bleeding, 05/2013 and 08/2014

Shoulder Pain, 09/2013

Medically Complex Contraception, 01/2013, 07/2014 and 07/2015

Hip Pain, 04/2014

Urinary Tract Infection, 05/2014

Asthma, 06/2014

Endometrial Biopsy Workshop, 10/2014

IUD Insertion Workshop, 10/2014 and 04/2017

Advocacy 101: Writing a Letter to the Editor, 12/2014

Preparation for Family Medicine Board Certification and In-training Examination, 02/2015

Advocacy 101: Writing to your legislator, 03/2015

OSCE Review, 05/2015

IUD Basics, Annually since 2014
Pelvic Exam Workshop, Annually 7/2014-18
“Tour of Detroit”, Annually 7/2014-18
Environmental and Socioeconomic Health Determinants,
08/2015
Common Urban Clinical Problems, 09/2015
Developing a QI Project, 10/2015
Advocacy 101: Storytelling for Advocacy Purposes,
01/2016
How to Read a Cochrane Review, 02/2016
Absolute and Relative Risk, 03/2016
Review of Current Diabetes Care Guidelines, 08/2016
Nexplanon Clinical Training, 01/2013, 09/2014 and
09/2016
Birth Control Myths, Facts and Patient Concerns, 10/2016
Care of the Hispanic Patient, 10/2016
Patient Centered Care of the Transgender Patient, 10/2016
Professionalism, 06/2017
Journal Club (monthly)

Curriculum Development

Integrated Family Medicine in Residency, 2012-2014
Clinical Skills for the Transitional Year, 2012-2014
Journal Club, 2013-2017
Advocacy 101, 12/2014-2017
Procedure Clinic for the Family Medicine Resident,
05/2015-12/2017
Observed Clinical Skills Examination, 05/2015
Family Medicine in the FQHC for the MS-3, 03/2016-
12/2017
Cultural Competency in Residency, 07/2016-12/2017

Committee, Organizational, and Volunteer Service

Institutional

Beth Israel Residency in Urban Family Practice
Curriculum Committee Chair, 7/2010-6/2011

University Physician Group
Marketing Advisory Committee, 06/2013-06/2014

Wayne State University School of Medicine
American Medical Women’s Association Mentoring Program
WSU Student Run Free Clinic (preceptor)

DMC (Sinai Grace)/WSU Family Medicine Residency

Chair of Medical Student Teaching Committee

Regional

Michigan Academy of Family Physicians
Advocacy Committee, 7/2017-Present
Political Action Committee Board, 7/2017-7/2018
The Reproductive Health Access Project
Michigan Advocacy Liaison, 1/2017-Present

Volunteer Service

UPG Annual Ladies Night Out Event, 05/2013
Rochester High School Sports Physicals, 06/2013 and 06/2014
Institute for Population Health Community Baby Shower, 08/2013
Detroit Healthcare for the Homeless
Homeless Memorial Sock Drive Coordinator, 12/2014 and 12/2015
Lincoln King Academy
“Movement and Exercise” program, 12/2014
WSU Hispanic Health Fair, 10/2016

Visiting Professorships, Seminars, and Extramural Invited Presentations

The University of Detroit Mercy, 2/2017
Human Sexuality: Contraception

MAFP Future of Family Medicine Conference, 10/2018
Family Medicine: Options to Last a Career

Bibliography

Peer Reviewed Journals

1. See S, Hendriks E, Hsiung L. Akathisia Induced by Gabapentin Withdrawal. *Ann Pharmacother.* 2011; Jun;45(6):e31. doi: 10.1345/aph.1Q057.
2. Hendriks E, Rubin S, Prine L. Abnormal bleeding in your female patient? Consider a progestin IUD. *J Fam Pract.* 2014; 63(1):17-21
3. Hendriks E, MacNaughton H, Mackenzie M. First Trimester Bleeding: Evaluation and Management. *Am Fam Physician.* 2019 Feb 1;99(3):166-174.
4. Hendriks E, Rosenberg R, Prine L. Ectopic Pregnancy: Diagnosis and Management. *Am Fam Physician.* 2020 May 15;101(10):599-606.

Editorials/Commentaries

1. Hendriks E, Prine L, Reduced Effectiveness of Emergency Contraception in Women with Increased BMI, *Am Fam Physician.* 2014 Aug 15;90(4):209

Peer Reviewed Published Curricula

1. MacNaughton H, Hendriks E, Prine L, First-Trimester Bleeding, *Association of Family Medicine Residency Directors (AFMRD) and Society of Teachers of Family Medicine (STFM) Family Medicine Residency Curriculum Resource*, 5/2013
2. Hendriks E, Fox K, Prine L, Medically Complex Contraceptive Care, *Association of Family Medicine Residency Directors (AFMRD) and Society of Teachers of Family Medicine (STFM) Family Medicine Residency Curriculum Resource*, 8/2014
3. Hendriks E, Warnick S, Binienda J, Environmental and Socioeconomic Health Determinants, *Association of Family Medicine Residency Directors (AFMRD) and Society of Teachers of Family Medicine (STFM) Family Medicine Residency Curriculum Resource*, 3/2016
4. Warnick S, Hendriks E, Giannola J, Lax S, Common Clinical Problems in Urban Populations, *Association of Family Medicine Residency Directors (AFMRD) and Society of Teachers of Family Medicine (STFM) Family Medicine Residency Curriculum Resource*, 6/2016

Electronic Publications Curriculum Development

1. Hendriks E, Fox K, Hinchcliffe N. Teaching Contraception Using CDC Guidelines for Women with Co-morbidities: Does 2+2= 2, 3, or 4?. The STFM Resource Library; 2014. Available from <http://www.fmdrl.org/4788>
2. Hendriks E, Sadoski J. Strength in Numbers: Implementing a Group Weight Loss Program. The STFM Resource Library; 2015. Available from <http://www.fmdrl.org/5514>

Published Abstracts

1. Prine L, Hendriks E. Medically Complex Contraception: Putting Guidelines into Practice, *Contraception*, Abstract published August 2013, vol. 88, Issue 2, Page 300, Presented at the Association of Reproductive Healthcare Professionals annual meeting, CO, 9/2013
2. Prine L, VanDerhei D, Wallace R, Lossy P, Hendriks E, Pickle S, Darney B, Prager S, Early Pregnancy Loss Best Practices, *Contraception*, Abstract published August 2013, vol. 88, Issue 2, Page 298, Presented at the Association of Reproductive Healthcare Professionals annual meeting, CO, 9/2013

PRESENTATIONS

Family Medicine Education Consortium Northeast Regional Meeting, PA, 10/2010

Health Care Reform and Women's Reproductive Health Care Coverage

Linda Prine MD, Elizabeth Enschede MD, Erin Hendriks MD, Honore Lansen MD

NYC Department of Health: Community Clinics Lead the Way, NY, 03/2011

Long Acting Reversible Contraception in a Community Health Center

Erin Hendriks MD

Community Health Care Association of NY State Annual Meeting, NY, 10/2011

Family Planning in the Patient-Centered Medical Home

Linda Prine MD, Erin Hendriks MD

Family Medicine Education Consortium Northeast Regional Meeting, MA, 10/2011

Teaching Residents to Counsel Women about LARC: The Three Options and Trouble-Shooting Side Effects

Kamini Geer MD, MPH, Erin Hendriks MD, Linda Prine MD

Contraception: Challenging Cases

Ginger Gillespie MD, Ruth Lesnewski MD, Erin Hendriks MD, Kamini Geer MD, MPH

NY Academy of Family Physicians Downstate Regional Conference, NY, 04/2012

Contraception Options

Erin Hendriks MD

Society of Teachers of Family Medicine 45th Annual Spring Conference, WA, 04/2012

Teaching Residents to Counsel Women about LARC: The Three Options and Trouble-Shooting Side Effects

Kamini Geer, MD, MPH, Linda Prine, MD, Erin Hendriks, MD

Evidence Based Family Planning: Putting New Contraceptive Guidelines into Practice

Erin Hendriks, MD; Linda Prine, MD; Ginger Gillespie, MD; Ruth Lesnewski, MD, MS

Family Medicine Education Consortium Northeast Regional Meeting, OH, 9/2012

Birth Control Basics

Hendriks E, Gillespie G, Prine L

Association of Reproductive Healthcare Professionals Annual Meeting, CO, 9/2013

Medically Complex Contraception: Putting Guidelines into Practice

Prine L, Hendriks E

Early Pregnancy Loss Best Practices

Prine L, VanDerhei D, Wallace R, Lossy P, Hendriks E, Pickle S, Darney B, Prager S

Family Medicine Midwest Annual Meeting, WI, 10/2013

Office Management of Early Pregnancy Loss

Hendriks E, Oshman L, Al-Obosi Z

Society of Teachers of Family Medicine 47th Annual Meeting, TX, 5/2014

Teaching Contraception Using CDC Guidelines for Women with Co-Morbidities: Does 2+2=2,3, or 4?

Hendriks E, Fox K, Hinchcliffe N

Teaching First Trimester Bleeding: An Example from the Family Medicine Residency

Curriculum Resource
MacNaughton H, Hendriks E, Baird S

Family Medicine Midwest Annual Meeting, MN, 10/2014

Teaching Contraception Using CDC Guidelines for Women with Co-Morbidities: Does 2+2=2,3, or 4?

Hendriks E, Sadoski J, Oshman L

Strength in Numbers: Implementing a Group Weight Loss Program

Sadoski J, Hendriks E

Society of Teachers of Family Medicine 48th Annual Meeting, FL, 4/2015

Strength in Numbers: Implementing a Group Weight Loss Program

Sadoski J, Hendriks E

Teaching Residents to Troubleshoot Difficult Questions About Abortion Care.

Pierce C, Prine L, Hendriks E, Johnston J

Michigan Academy of Family Physicians Annual Meeting, MI, 7/2015

Evidence Based Contraception

Hendriks, E

Family Medicine Midwest Annual Meeting, IL, 10/2015

Troubleshooting Long Acting Reversible Contraception: dilemmas and difficulties with IUDs and implants in primary care.

Hendriks E, Oshman L, Eller S

Family Medicine Midwest Annual Meeting, IN, 10/2016

Will the Pill Make Me Fat? Common contraception myths, facts and patient concerns

Hendriks E, Castillo-Mackenzie M, Oshman L

Hola! Caring for the Hispanic Patient

Castillo-Mackenzie M, Perez L, Hendriks E

Patient Centered Care of the Transgender Patient

Giannola J, Long P, Hendriks E

The University of Michigan Conference on Adolescent Health, MI, 4/2017

IUD Insertion Workshop

Hendriks E, Sahhar F, Harris R, Peter A

Society of Teachers of Family Medicine 50th Annual Meeting, CA, 5/2017

A FRESH Approach to Difficult Conversations on Race, Ethnicity, Religion, Sex and Culture

Warnick S, Harris R, MacKenzie M, Hendriks E, Sahhar F

Family Medicine Midwest Annual Meeting, IL, 10/2017

Understanding the Social Determinants of Health and Community Resources to Care for Medically Complex and Vulnerable Urban Patients

Warnick S, Hendriks E, Castillo-Mackenzie M

Applying Motivational Interviewing to Contraceptive Choice

Oshman L, Hendriks E, Warnick S

Michigan Academy of Family Physicians, MI, 7/2018

Knowledge Self-Assessment: Women's Health

Hendriks, E

Management of Early Pregnancy Loss

Hendriks, E

The University of Michigan 26th Annual Primary Care of Women Conference and Integrative Health in Primary Care, MI, 12/2018

Talking to Teenagers About Sex

Hendriks, E

The University of Michigan Conference on Adolescent Health, MI, 4/2019

IUD Tips, Tricks and Troubleshooting

Hendriks E, Ursu A

Michigan Academy of Family Physicians, MI, 8/2019

Embark on LARC with Certainty

Hendriks E, Ursu A, Prussack J

FMX Family Medicine Experience, PA, 9/2019

Insertions and Removals of IUDs: Fundamentals

Hendriks E, Rashid M

Integrative Medicine Case Conference Series, MI, 11/2019

Expanded Lipid Panels

Hendriks, E

Integrative Medicine Case Conference Series, MI, 5/2020

The Placebo Effect

Hendriks, E

POSTERS

North American Primary Care Research Group, Montreal, Canada, 11/2009

Development And Validation of a Vaginal Symptom Scale^[1]_[SEP]

Jason Fletcher, Ph.D.; Matthew R Anderson, MD, MS; Andreas Cohrssen, MD; BE Heinke, MD; EM Hendriks, MD

Family Medicine Education Consortium Northeast Regional Meeting, MA, 10/2011

Long Acting Reversible Contraception Use and Training Before and After Grant Funding in an Urban Family Medicine Residency

Erin Hendriks MD, Linda Prine MD

Michigan Family Medicine Research Day, 05/2016

Acromegaly Diagnosed from Differing Appearance of Mother and Daughter

Nirav Patel MD, Mosam Patel MD, Erin Hendriks MD

FMX Family Medicine Experience, FL, 09/2016

Polymyositis and Vitamin D Deficiency

Dinh Tran MD, Maricela Castillo Mackenzie MD, Erin Hendriks MD, Joe Giannola MD

Michigan Family Medicine Research Day, 05/2017

Resident Input in the Ranking of Residency Candidates

Erin Hendriks MD, Fatin Sahhar MD, Sahar Yazdani MD, Maricela Castillo Mackenzie MD, Blake Sanford MS