

Anita Hernandez, MD
Clinical Assistant Professor
1801 Briarwood Circle, Bldg. 10
Ann Arbor, Michigan 48108
Email: akhernan@med.umich.edu

Education and Training

- 8/2001 – 5/2005 Washington University in St. Louis, St. Louis, Missouri
Bachelor of Arts with Majors in Biology and Spanish, College
Graduated with Honors
- 7/2005 – 6/2009 Baylor College of Medicine, Houston, Texas
Doctor of Medicine
Completion of the International Health Track
Completion of the Care of the Underserved Track
- 6/2009 – 6/2012 Swedish Medical Center, Cherry Hill Family Medicine Residency
Program, Sea Mar Community Health Center Continuity Clinic Site
Certificate in Rural Health Area of Concentration, Seattle, Washington
- 5/2011 – 5/2012 Chief Resident- Swedish Family Medicine, Seattle, Washington
- 7/2013 – 8/2014 Swedish Medical Center, Advanced Obstetrics Fellowship, Seattle,
Washington
- 5/2017-5/2018 Emerging Leaders Fellowship- Society of Teachers of Family Medicine

Certification and Licensure

Certification

- 12/2022 Board Certified in Family Medicine
10/2016 Advanced Trauma Life Support
06/2022 Advanced Cardiac Life Support
10/2016 Pediatric Advanced Life Support
07/2021 Neonatal Resuscitation Program

Licensure

- 10/2016 Inactive Ohio Medical License
4/2017 Inactive Washington Medical License
11/2012 Inactive Alaska Medical License
05/2015 – 01/2022 State of Michigan Physician license
05/2015 – 01/2022 State of Michigan Controlled Substance License
10/2014 – 10/2020 Drug Enforcement Administration (DEA)

Academic, Administrative and Clinical Appointments

Academic Appointment

- 08/2015 – 10/2019 Clinical Lecturer, Department of Family Medicine, University of Michigan Health System, Ann Arbor, Michigan
- 10/2019-Present Clinical Assistant Professor, Department of Family Medicine, University of Michigan Health System, Ann Arbor, Michigan

Administrative Appointment

- 8/2012 – 6/2013 Marietta College: Student Health Services Clinical Director, Marietta, Ohio
- 8/2017 – 5/2018 The Corner Health Center- Interim Medical Director during sudden Medical leave of current Director (various dates)
- 3/2019- Present Family Mother Baby Service Director, Department of Family Medicine, University of Michigan Health System, Ann Arbor, Michigan.

Clinical Appointments

- 7/2012 – 5/2015 Memorial Health Systems: Family Medicine Physician in the Department of Family Medicine and Obstetrics and Gynecology, Hospitalist and Urgent Care physician. Marietta, Ohio
- 7/2013 – 2/2015 Swedish Medical Center: Attending Physician and Advanced Obstetrics Fellow- Seattle, Washington
- 5/9/2015- 5/16/2015 Swedish Medical Center: Visiting Family Medicine Attending Physician- coverage of obstetrics fellow shifts and didactics teaching. Seattle, Washington
- 5/2015 – 7/2015 Relocating and moving to Michigan for a faculty position at University of Michigan Health System, Ann Arbor, Michigan
- 08/2015 – Present Staff physician, Briarwood Family Medicine Center, Ann Arbor, Michigan
- 08/2016 – Present Staff physician, The Corner Health Center, Ypsilanti, Michigan

Awards and Honors

2008	Gold Humanism Honor Society
2009	Leonard D Moise Award for Excellence in Family Medicine
2010	AAFP Resident Community Outreach Award
2012	Society of Teachers in Family Medicine Resident Teaching Award
2016	Provider of the Month- Briarwood Family Medicine (December)
10/2017-03/2018	Recipient of Family Medicine Educational Scholars Program (FMESP)- “Development of Modules for Learning on FMB”
2017	Provider of the Month- Briarwood Family Medicine (November)
2018	Provider of the Month- Briarwood Family Medicine (February)
2019	Provider of the Month- Briarwood Family Medicine (January)

Memberships in Professional Societies

2005-Current	American Academy of Family Physicians
2012-2015	Ohio Academy of Family Physicians
2015- Current	Michigan Academy of Family Physicians
2016- Current	Society of Teachers of Family Medicine
2016- Current	Society for Adolescent Health and Medicine

Teaching

2005-2014	Baylor College of Medicine Shoulder to Shoulder in Santa Ana, Honduras: Enrolled in clinical elective and went to Santa Ana April 2007 and October 2008; former chair of nutrition project fundraising, research, and community, assisting with and attending brigade April 2011 and November 2012, in teaching and mentoring role for medical students.
October-November 2008	Rural Family Medicine Experience in Santa Rosa del Conlara, Argentina
March 2014	One month rotation in Kijabe, Kenya as Obstetrics and Women’s Health Attending physician

August 2016- Current	Director of Adolescent Medicine Elective. University of Michigan Medical School, Ann Arbor, MI
August 2017- Current	Fourth Year Medical Student Branch Advisor. Ann Arbor, MI
February 2019	LGBTQ Affirming Health Care Providers Panel. Panel Member. Hosted by Spectrum Center, University of Michigan.

Committee, Organizational and Volunteer Service

2001-2004	Traditional Karate Club, St. Louis, MO, Treasurer
2001-2005	Catholic Student Center, St. Louis, MO: Hospitality Minister, Communion Minister, Community Service Committee co-chair, retreat leader
2001-2005	STONE Soup, St. Louis, MO, Treasurer (2002-2005); Cooks and delivers food for the Homeless of St. Louis
2001-2005	Association of Latin American Students, Washington University in St Louis, MO
2003-2005	Biology Teaching Team, St Louis, MO, Heart Team Leader; Presentations at St Louis schools about the heart and health.
Fall 2004	La Clinica, St. Louis, MO, Bilingual Receptionist Volunteer
2005-2009	HOMES clinic volunteer (Baylor College of Medicine, Houston, TX: A student run organization that sees homeless patients.
2005-2009	Family Medicine Interest Group, Houston, TX: Member, Co-President (2008-2009)
2005-2009	International Health Track, Baylor College of Medicine Houston, TX
2005-2009	Care of the Underserved Track (Baylor College of Medicine, Houston, TX): student representative on track curriculum committee. Activities include monthly lectures, electives, and advocacy
2006	Volunteer at Body Worlds Houston
2006-2009	Admissions Tour Guide and Volunteer, Baylor College of Medicine Houston, TX

2007	Teaching Assistant for Harvey Heart Simulator, Baylor College of Medicine Houston, TX
2008-2009	Health Care for All Texas, Houston, TX
2008-2012	Family Medicine Service Task Force (Swedish Family Medicine Residency Seattle, WA): working to improve inpatient education
2009, 2010	Assisting with vital signs workshop for medical students at the University of Washington, Seattle, WA
2009-2012	Health Literacy and ESL Courses (Kent, WA): started a project in which health literacy education is incorporated into ESL Courses in Seattle by developing the curriculum and engaging community organizations. Residents are encouraged to help teach ESL courses.
September 2010	Fiestas Patrias Physician Volunteer, Seattle, WA: mammogram screening, pre-boxing physicals
2010	Seattle Public Schools Head Start Volunteer: physician volunteer in workshop for parents learning to use a book to take care of their children when sick.
Winter 2011, 2012	Snoqualmie ski patrol volunteer, Seattle, WA
2012-2013	Volunteer at Washington County Free Clinic, Marietta, OH
2015- Current	Latin American and Native American Medical Association Faculty Mentor and Health Fair Volunteer Attending Physician; Ann Arbor, MI
Summer 2016, 2017, 2018	MHSSI Career Development Academy Mentor: assessing applications, participating in mentorship gatherings, participating in mock medical school admissions interviews. Ann Arbor, MI
2015-Current	Member of the Diversity, Equity, and Inclusion Committee for the Department of Family Medicine, Ann Arbor, MI
2019-Current	Member of the Perinatal Joint Practice Committee, Michigan Medicine, Ann Arbor, MI
2019-Current	Member of the Peer Review Committee, Department of Family Medicine, Ann Arbor, MI
2019- Current	Member of the Von Voigtlander Women's Hospital Operations Committee, Michigan Medicine, Ann Arbor, MI.

Visiting Professorships, Seminars, Extramural Invited Presentations

Hernandez, Anita K “Health Literacy Assessment in Spanish Speaking Patients.” Latino Medical Student Association- Midwestern Regional Conference. Invited Speaker. Ann Arbor, MI 2/11/2017

Hernandez, Anita K and Angela Kuznia “Hypertension in Children and Adolescents: 2018 Primary Care Update.” Conference on Adolescent Health. Ypsilanti, MI. April 24, 2018.

Hernandez, Anita K “Hypertension in Children and Adolescents” Fall Update in Family Medicine. October 3, 2019.

Bibliography

Peer Reviewed Journals and Publications

Riley M, Hernandez A, Kuznia A High Blood Pressure in Children and Adolescents. *Am Fam Physician* 2018 Oct 15;98(8):486-494

Kuznia, A, Hernandez A, Lee, L Adolescent Idiopathic Scoliosis: Common Questions and Answers. *Am Fam Physician*. 2020 Jan 1;101(1):19-23

Other Media

Monroe, K, Burrows, H... Hernandez, A (5/6). “Lotus Birth/Umbilical Non Severance” *Perinatal Joint Practice Clinical Guideline -University of Michigan* February 2, 2017

Peahl, A. Smith, R.... Hernandez, A (8/11). “Guidelines for Outpatient Prenatal Care During the COVID-19 Pandemic.” *Michigan Medicine*. June 6, 2020

Abstracts and Posters

Hernandez, Anita K. “Enhancing Educational Opportunities and a Community Adolescent Health Clinic: Lessons in Leadership” *Poster Presentation*. Society of Teachers of Family Medicine National Conference. Washington, DC. May 2018

Languages Spoken

German: Fluent; Spanish: Fluent; French: Basic

Interests

Academic: Family Medicine Leadership and Education, Obstetrics and Woman’s Health, International Health, Immigrant Health, Community-oriented Health Care, Medical Anthropology. Single-Payer Health Care, Adolescent Medicine

Non-Academic: Languages, Documentaries, Bicycling, Kayaking, Travel, Hiking, Reading, Cooking, Snow