

**Joseph Alan Himle, Ph.D.**  
**Associate Dean for Faculty Affairs**  
**Howard V. Brabson Collegiate Professor**

University of Michigan  
School of Social Work  
Department of Psychiatry  
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<http://tidl.ssw.umich.edu>  
*h-index 56*  
*i10-index 117*

## **EDUCATION**

Doctor of Philosophy (Social Work and Psychology)  
The University of Michigan, Ann Arbor, Michigan, August 1995

Master of Social Work - Interpersonal Practice  
The University of Michigan, Ann Arbor, Michigan, December 1984

Bachelor of Arts – Psychology  
The University of Michigan, Ann Arbor, Michigan, May 1983

## **GRADUATE TRAINING**

INTERNSHIP (November, 1983 - December, 1984) Anxiety Disorders Program, Department of Psychiatry, University of Michigan, Ann Arbor, Michigan

## **ACADEMIC APPOINTMENTS**

HOWARD V. BRABSON COLLEGIATE PROFESSOR (September 2017-Present) School of Social Work, University of Michigan

PROFESSOR (September 2015-Present) School of Social Work, University of Michigan

PROFESSOR (September 2015-Present) Medical School - Department of Psychiatry, University of Michigan

ASSOCIATE PROFESSOR (Sept 2009-April 2015) School of Social Work, University of Michigan

ASSOCIATE PROFESSOR (Sept 2009-April 2015) Medical School - Department of Psychiatry, University of Michigan

ASSISTANT PROFESSOR (Sept 2003-Aug 2009) School of Social Work, University of Michigan

ASSISTANT PROFESSOR (Sept 2003-Aug 2009) Medical School - Department of Psychiatry, University of Michigan

ASSISTANT CLINICAL PROFESSOR II (July 1999-Aug 2003) Department of Psychiatry, University of Michigan

ASSISTANT CLINICAL PROFESSOR I (July 1996-July 1999) Department of Psychiatry, University of Michigan

LECTURER (October 1991 to July 1996) Department of Psychiatry, University of Michigan

ADJUNCT LECTURER (January 1988 to August 2003) School of Social Work, University of Michigan

FIELD INSTRUCTOR (September 1987 to December 2005) School of Social Work, University of Michigan

## **CERTIFICATION AND LICENSURE**

Licensed Clinical and Macro Social Worker - State of Michigan

## **ACADEMIC ADMINISTRATIVE APPOINTMENTS**

ASSOCIATE DEAN, FACULTY AFFAIRS - (January 2018 - Present), School of Social Work, University of Michigan

INTERIM DEAN - (January 2022 – July 2022), School of Social Work, University of Michigan

ASSOCIATE DEAN FOR RESEARCH - (June 2015 – December 2017), School of Social Work, University of Michigan

DIRECTOR - VIVIAN A. AND JAMES L. CURTIS RESEARCH CENTER (June 2010- August, 2015; July 2016 to 2018), School of Social Work, University of Michigan

CIC FELLOW – ACADEMIC LEADERSHIP PROGRAM (September 2011–August 2012), Committee on Institutional Cooperation

CO-DIRECTOR - VIVIAN A. AND JAMES L. CURTIS RESEARCH CENTER (February 2008- May 2010), School of Social Work, University of Michigan

DIRECTOR OF PSYCHOSOCIAL PROGRAMS – UNIVERSITY OF MICHIGAN DEPRESSION CENTER (March 2001- 2013) Department of Psychiatry, University of Michigan

DIRECTOR OF COGNITIVE-BEHAVIORAL TRAINING (July 1999 – 2013) Department of Psychiatry, University of Michigan

ASSOCIATE DIRECTOR – Anxiety Disorders Program (September 1999 – 2013) Department of Psychiatry, University of Michigan

DIRECTOR OF EDUCATION - Adult Ambulatory Psychiatry (August 1996 – Sept 2004)  
Department of Psychiatry, University of Michigan

## CLINICAL APPOINTMENTS

SOCIAL WORK SPECIALIST (May 1995 to May 1999)  
Anxiety Disorders Program, Department of Psychiatry, University of Michigan

SENIOR CLINICAL SOCIAL WORKER (January 1991 - May 1995)  
Anxiety Disorders Program, Department of Psychiatry, University of Michigan

CLINICAL SOCIAL WORKER II (January 1987 to January 1991)  
Anxiety Disorders Program, Department of Psychiatry, University of Michigan

CLINICAL SOCIAL WORKER I (January 1986 to January 1987)  
Anxiety Disorders Program, Department of Psychiatry, University of Michigan

CASEWORKER (January 1985 - January 1986) Family Service Agency of Genesee County,  
Flint, Michigan

## SCIENTIFIC ACTIVITIES

Grant Review - National Institute of Mental Health Review Panels 2009 – 2018  
ZRG1-RPHB-R-(12); ZRG1 RPHB-R (12B); ZRG1 RPHB-R (12); ZRG1 RPHB-R  
(12); ZRG1 RPHB-R (12); ZRG1 RPHB-R (13); ZRG1 BBBP-T (10); ZRG1  
BBBP-T (10); ZRG1 BBBP-T (11); ZRG1 BBBP-T (50); ZRG1 BBBP-N (11);  
ZRG1 RPHB-R (12); ZRG1 RPHB-Y (12); **S** ZRG1 RPHB-Y (12)

University of Michigan Depression Center – STAR Award  
2018 - 2019

Kukes Foundation for Social Anxiety  
Member 2013-2017

United States Department of Veterans Affairs, Rehabilitation Research and  
Development Service. Member, 2003 – 2010

IRB Board - Institutional Review Board (IRBMED), University of Michigan Medical School,  
member, 2015 – 2018

Editorial Boards - *Social Work Research* 2011 – 2020  
*Journal of Social Work Education* 2006-2012  
*Research on Social Work Practice* 2003-2012

Ad hoc reviewer - *Psychiatry Research*  
*Journal of Psychiatric Research*  
*American Journal of Psychiatry*  
*Archives of General Psychiatry*  
*Depression and Anxiety*  
*Journal of Nervous and Mental Disease*

*Evolution and Human Behavior*  
*Alcoholism: Clinical and Experimental Research*  
*Behavior Research and Therapy*  
*Addictive Behaviors*  
*Journal of Anxiety Disorders*  
*Children and Schools*  
*Journal of Geriatric Psychiatry and Neurology*  
*Journal of Clinical Psychiatry*  
*Personality and Mental Health*  
*Behavior Therapy*  
*Cognitive Therapy and Research*  
*Social Psychiatry and Psychiatric Epidemiology*  
*Comprehensive Psychiatry*  
*Journal of Rehabilitation Research and Development*  
*Journal of the American Psychiatric Nursing Association*  
*Journal of Affective Disorders*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Obsessive Compulsive and Related Disorders*  
*Preventive Medicine*  
*Psychotherapy Research*  
*The Journal of Black Psychology*  
*Journal of Rural Health*

Book Reviewer- Taylor and Francis  
Oxford University Press

Abstract Reviewer -Association for Behavioral and Cognitive Therapies, 2004 – 2012, 2016, 2018, 2019  
Society for Social Work and Research, 2006 – 2012, 2016, 2018, 2019  
Anxiety and Depression Association of America, 2015

Award Reviewer-- Dissertation Award - Society for Social Work and Research, 2011-2020

## GRANTS

### Current

Co-Investigator - National institutes of Mental Health - NIMH  
R01MH11420  
1/1/17-5/31/24 Total Cost: 2,497,535  
Improving Student Mental Health Outcomes - Adaptive Implementation of School-based CBT  
(A.Kilbourne, PI)

Co- Investigator Michigan Health Endowment Fund  
6/1/2022-5/31/2024  
Total Direct Cost \$100,000  
“Implementing depression treatment for mothers in Head Start.” (A. Weaver, PI)

Co-Investigator

Mi. Dept. of Health and Human Services, Michigan Mental Health Integration Partnership Program  
10/1/2023-09/30/2024,  
\$50,000 Total Direct Cost

“Evaluating a tailored, online depression treatment for MC3 perinatal clients.” (A. Weaver, PI)

Co-Mentor - National Institutes of Health - NCI

K01CA255137

2022-2027 Total Direct Costs: \$800,000

“Family Centered Approaches to Promoting Cascade Screening for Hereditary Cancer Syndromes among African Americans” (K. Ellis, Principal Investigator)

Co-Investigator - National Institutes of Health

R34MH123609

06/01/20 – 05/31/24 Total Cost: \$702,000

“Feasibility, acceptability, and preliminary impact of a cognitive-behavioral suicide-prevention focused intervention tailored to adults diagnosed with schizophrenia” (L. Bornheimer, PI)

Co-Investigator - Michigan Health Endowment Fund Community Impact Initiative

09/2023-08/2025 Total Direct Cost: \$100,000

“Training Home Visitors to Support Technology-Assisted Depression Treatment for Perinatal Clients” (A. Weaver, PI)

## Pending

Principal Investigator (mPI with Jordana Muroff) – National Institutes of Health

R34 PAR- 21-131

04/01/2024 - 03/31/2027 Total Cost: \$742,531

“Entertainment as a method to enhance treatment engagement and outcomes for persons with hoarding disorder”

Co-Investigator – National Institutes of Health

R34 PAR-22-173

04/01/2024 - 03/31/2027

“Refining and evaluating an engaging and computer-based cognitive behavioral therapy for depression among adolescents and young adults with cancer” (A. Zhang and A. Duvall. mPIs)

Co-Investigator – National Institutes of Health

24-PAF03899

12/01/2024 - 11/30/2029

“Using Artificial Intelligence to Maximize the Efficiency of Evidence-based Transdiagnostic Cognitive Behavioral Therapy: A Comparative Effectiveness Trial (J. Piette. PI)

Co-Investigator – National Institutes of Health

RO1 24-PAF02096

09/01/2024 - 08/30/2029

“Suicide in Black/African American youth: Identifying developmental assets to generate new knowledge for intervention development and adaptation” (C. Quinn and D. Boyd. mPIs)

Co-Mentor - National Institute on Minority Health and Health Disparities  
(NIMHD - K01). 23-PAF07843

09/2024 – 08/2029 Total Cost: \$685,000

“Enlace Familiar: Combating Mental Health Stigma, Improving Mental Health Literacy, Supporting Mental Health Discussions at Home, and Access to care among Latinx Adolescents from Mixed Status Families” (F. Cross, PI)

Co-Investigator – National Institutes of Health  
(NIMH R34) 24-PAF05550

01/01/2025 - 12/31/2027

“Tailoring a fun and engaging tech-assisted cognitive behavioral therapy program for adolescents and young adults with hematological malignancies: A planning grant” (A. Zhang and A. Duvall. mPIs)

Co-Investigator – National Institutes of Health  
(NIH RO1) 24-PAF01907

07/01/2024 - 06/30/2029

“Community-Embedded, Layperson-Supported Digital Mental Health Intervention for Homebound Older Adults with Depression” (X. Xiang. PI)

## Past

Co-Investigator

UM Depression Center Oscar Stern Depression Research Scholar Award

10/2020-07/2023

Total Direct Cost \$150,000

“Increasing Depression Treatment Access for Rural Postpartum Women”, (A. Weaver, PI)

Co-Investigator

MI Dept. of Health and Human Services, FY23 Michigan Mental Health Integration Partnership Program 05/01/2023-09/30/2023,

Total Direct Cost \$38,000

“Tailoring entertaining online depression treatment for medicaid-eligible perinatal clients.” (A. Weaver, PI)

Co-Investigator Michigan Health Endowment Fund  
(R-2007-14720)

11/2020-10/2022, Total Direct Cost \$199,991

PATH: Partnership for Accelerating Tele-mental Health for MI Seniors (X. Xiang, PI)

Co-Investigator - National Institutes of Health

1 R01 MH102242

09/01/2014 - 07/31/2021 Total Cost: \$3,680,654

“Neurocircuit mechanisms of OCD across the lifespan” (K. Fitzgerald; S. Taylor, PI)

Co-Investigator - National Institutes of Health  
 R01MH114958  
 09/15/18 – 06/30/22 Total Cost: \$1,440,612  
 “Task control circuit targets for obsessive compulsive behaviors in children” (K. Fitzgerald, PI)

Co-Investigator - Children’s Hospital of Michigan Foundation  
 R-1904-144473  
 10/01/19 – 09/30/20 Total Cost: \$50,000  
 “Implementing TRAILS 3-Tiered School Mental Health Program with Detroit Public School Community District (E. Koschmann, PI)

Co-Investigator - Ethel and James Flinn Foundation  
 1293  
 08/25/17 – 05/31/22 Total Cost: \$300,000  
 “Implementing TRAILS 3-Tiered School Mental Health Program with Detroit Public School Community District, Year 2” (E. Koschmann, PI)

Co-Investigator - Michigan Health Endowment Fund  
 R-1904-144473  
 10/01/19 – 09/30/20 Total Cost: \$400,000  
 “Implementing TRAILS 3-Tiered School Mental Health Program with Detroit Public School Community District, Year 2 (E. Koschmann, PI)

Faculty/Mentor - Health Resources and Services Administration (HRSA)  
 10/6/2017 - 10/5/2021 Total Cost: \$1,917,635  
 “Interdisciplinary MSW Clinical Training Program in Children and Adolescent Mental and Behavioral Health” (M. Ruffolo, PI)

Principal Investigator - National Institutes of Health  
 NIMH 1R01MH102263-01A1  
 07/01/2014 - 06/30/2021 Total Cost: \$1,743,750  
 “A Multi-Site Systems Intervention for Unemployed Persons with Social Anxiety”

Principal Investigator - University of Michigan – Poverty Solutions  
 U066215  
 04/01/19 – 6/1/21 Total Cost: \$50,000  
 “Work Related Transdiagnostic Cognitive Behavioral Therapy for Unemployed Homeless Persons with Anxiety and Depression”

Primary Mentor - National Institutes of Health - NIMH  
 K01 MH110605-01  
 7/1/17-6/30/22 Total Cost: \$658,555  
 “A Systems-Level Intervention for Rural Adults with Depression” (A.Weaver, PI)

Co-Investigator  
 UM Depression Center Oscar Stern Depression Research Scholar Award; MI Dept. of Health & Human Services  
 10/2020-09/2022, Total Direct Cost \$150,000  
 Increasing Depression Treatment Access for Rural Postpartum Women (A. Weaver, PI)

## Co-Investigator

UM Depression Center MIP Scholar Award; MI Dept. of Health and Human Services 10/2019-09/2020, Total Direct Cost \$100,000

Implementing postpartum depression screening in rural Michigan WIC clinics: A pilot study (A. Weaver, PI)

## Co-Investigator - National institutes of Mental Health - NIMH

R01MH11420

1/1/17-6/30/22 Total Cost: 2,497,535

Improving Student Mental Health Outcomes - Adaptive Implementation of School-based CBT (A.Kilbourne, PI)

## Co-Investigator Centers for Medicare and Medicaid Services-Subcontracts State of Michigan

10/01/18 – 09/30/19 Annual Direct Cost: \$145,908

“MIP-TRAILS: Transforming Research into Action to Improve the Lives of Students (FY19)” (E. Koschman, PI)

## Lead Evaluator – Substance Abuse and Mental Health Services Administration

1 TI025559-01

09/2017-03/2019, Total Cost for Evaluation Component \$195,800

“Evaluation of a Residential Treatment Program for Pregnant and Postpartum Women” (S. Calmes, PI).

## Principal Investigator – University of Michigan Interprofessional Education Research Grant (IP-X)

09/29/2017 – 09/28/2018 Total Cost: \$49,997

“Computer-Assisted Cognitive Behavioral Therapy for Depressed Dialysis Patients”

## Co-Investigator - Centers for Medicare and Medicaid Services-State of Michigan

E20202775-00

10/01/19 – 09/30/20 Total Cost: \$622,339

“MIP-3-Tiered Mental Health Program with Detroit Public School Community District” (A. Kilbourne, PI)

## Co-Investigator - Norwegian Research Council

4/1/15-3/30/20

“New treatment strategies for difficult to treat anxiety patients: A randomized placebo controlled multi-center study” (G. Kvale, PI)

## Co-Investigator - Michigan Department of Education, Michigan Health Endowment Foundation

R-1604-139753

8/1/16-7/31/17

“CBT training for school professionals in Michigan” (E. Koschmann, PI)

## Mentor and Investigator - Detroit Creativity Project

07/20/15 - 07/31/18

“The Improv Project: Process and Outcome Evaluations” (P. Felsman, PI)

## Co-Mentor – National Institutes of Health



NIMH K-23

5/15/12-4/30/18

“Neural mechanisms of therapeutic response in generalized social anxiety disorder with cognitive behavioral intervention” (H. Klumpp, PI)

Consultant - U.S. Department of Veterans Affairs

RRP 12-511

“Employment Support Needs of VA Primary Care Patients with Depression and Anxiety;” (K. Zivin, PI)

Co-Investigator - Norwegian Research Council

ES507419

9/1/13 - 12/31/16

“Low-Intensity CBT for Internalizing Youth Mental Health Problems: A Multi-Site Randomized Controlled Trial” (K. Stormark, PI)

Faculty/Mentor - Health Resources and Services Administration (HRSA)

G02HP279540100

9/30/14-9/29/17 Total Cost: \$1,515,901

“Integrated Behavioral Health and Primary Care Clinical MSW Scholars Program,” (M. Ruffolo, PI)

Co-Investigator - Michigan Department of Education

R-1604-139753

08/1/16 - 07/30/17

TRAILS: Transforming Researching into Action to Improve the Lives of Students (E. Koschmann, PI)

Co-Investigator - DHHS Centers for Medicare & Medicaid Services

E20171475-001

10/1/16 - 09/30/17

Faculty/Mentor - Health Resources and Services Administration (HRSA)

9/30/2012 - 9/29/2015; Total Costs \$472,847

“Interdisciplinary MSW Clinical Training Program in Children and Adolescent Mental and Behavioral Health” (M. Ruffolo, PI)

Consultant - Pennsylvania Department of Health

6/1/12 - 3/31/14 Total Costs \$250,000

“Dental Anxiety and Access to Care” (M. Telez-Merchan, PI)

Co-Investigator - Michigan Department of Human Services

CSGRNT-12-81001

1/1/2012 - 12/31/2014; Total Direct Costs \$375,594

“Re-tooling Michigan’s Child Support Enforcement Program” (L. Lein, PI)

Consultant – Temple University

5/1/11 – 4/30/12

“Treating Dental Anxiety Using Technology” (A. Ismail, PI)

Principal Investigator - National Institutes of Health

2R42MH077362-02 NIMH

7/1/10-12/30/13, Total Cost \$961,000

"Awareness Enhancement and Monitoring Device for Trichotillomania – Phase II"

Principal Investigator - National Institutes of Health

1R34MH083031-01 NIMH

4/1/08-3/31/12, Total Cost \$697,500

"A Systems Level Intervention for Unemployed Persons with Social Anxiety Disorder"

Consultant – United States Veterans Administration

4/1/09 – 3/30/2013

"Integrating CBT into Peer Support" (M.Valenstein, PI)

Co-Investigator –National Institutes of Health National Institute of Dental and  
Craniofacial Research (NIDCR)

5U01DE019258-02

09/22/2008 - 05/31/2011, Total Cost \$477,823

"Community Oral Health Interventions Program" (Ismail P.I.).

Consultant - Tourette Syndrome Association

4/2008- 3/2009, Total Cost \$70,533

"Evaluating Dissemination Strategies for Habit Reversal Training: Initial Development and Testing of a Telehealth Approach." (M. Himle & D. Woods, Co-PIs).

Co-Investigator - National Institutes of Health

R01 MH074852-01 NIMH

4/01/2007 – 3/31/13, Total Cost \$1,937,500

"Psychological Modulation of the Human HPA Stress Axis" (J. Abelson, PI)

Principal Investigator - U of Michigan Department of Psychiatry Research Committee

3/1/07-9/1/09 Total Cost \$17,240

"Neuroimaging and CBT for OCD"

Co-Investigator - National Institutes of Health

1R34MH076219-01A2

4/01/2007- 3/31/10, Total Cost \$697,500

"Improving Psychosocial Treatment for Perinatal Depression" (H. Flynn, PI)

Co-Investigator – National institutes of Health

R01 138600309A1 NIMH

04/01/05 – 03/31/10, Total Cost \$2,861,595

"Mapping the Functional Anatomy of Obsessive-Compulsive Disorder" (S. Taylor, PI).

Co-investigator - National Institutes of Health

R18 DK066166-01A1

12/01/04 – 4/30/11, Total Cost \$3,790,104

"Depression and Mental Disorders in Diabetes, Renal Disease, and Obesity/Eating Disorders" (J. Piette, PI).

Principal Investigator - National Institutes of Health

1R41MH077362-01A1 NIMH

8/1/07-7/31/08, Total Cost \$207,700

"Awareness Enhancement and Monitoring Device for Trichotillomania"

Principal Investigator - U of Michigan Department of Psychiatry Research Committee  
PRC 2002-01

1/1/02-6/30/02 Total Cost: \$15,000

Cognitive-Behavioral Group Therapy of Pediatric OCD Randomized controlled pilot outcome trial of group cognitive-behavioral therapy versus group anxiety management control in the treatment of adolescents with Obsessive-Compulsive Disorder.

Co-Investigator – National Institutes of Health  
RO1 MH58376 NIMH

07/01/99 – 06/30/04 Total Cost \$2,296,483

"Molecular Genetics of Obsessive-Compulsive Disorder" (G. Hanna, PI)

## HONORS AND AWARDS

American Academy of Social Work and Social Welfare – Fellow – 2020

Distinguished Clinical and Translational Research Mentor Award - Michigan Institute for Clinical and Health Research – 2019

Top 100 Most Influential Contemporary Social Work Faculty as Assessed by the H-Index. (Thyer, Smith, Osteen and Carter, *Journal of Social Services Research*, 2019).

Howard V. Brabson Collegiate Professor. University of Michigan School of Social Work 2017 – Present

Nomination for MICHHR outstanding Mentor Award – Michigan Institute for Clinical and Health Research, 2015

Who's Who in America 2004, 2010

Teacher of the Year - University of Michigan, Department of Psychiatry, 2007 – 2008

Nomination for ABCT outstanding Mentor Award - Association for Advancement of Cognitive Behavioral Therapy, 2008

Top 100 Most Influential Contemporary Social Work Faculty

Who's Who in Medical Sciences Education 2005

Who's Who in American Education 2003

Teacher of the Year - University of Michigan, Department of Psychiatry, 2000 – 2001

Teacher of the Year - University of Michigan, Department of Psychiatry, 1996 – 1997

NIMH Mental Health Intervention Research Fellowship - Pre-doctoral studies. September 1989 - August 1990

## U.S. PATENTS

*Systems and Methods for Managing a Person's Position Based on a Personal Health Factor*

Patent Number: US **11,456,074**

Role: Inventor

Submission Date: August 22, 2019

Date of Patent: September 27, 2022

Description: A monitoring system and method tracks a patient's position over time and ensures that proper turning or other manipulation is done within the time prescribed. Preferably, the techniques herein continuously monitor patient position and alert medical or other personnel of the need for turning or other patient manipulation. The system may be implemented within a medical or other care facility, or within a patient's home.

*Systems and Methods for Monitoring and/or Managing a Person's Position Using an Accumulated Timer*

Patent Number: US **10,892,053**

Role: Inventor

Submission Date: November 6, 2018

Date of Patent: January 12, 2021

Description: A monitoring system and method tracks a patient's position over time and ensures that proper turning or other manipulation is done within the time prescribed. Preferably, the techniques herein continuously monitor patient position and alert medical or other personnel of the need for turning or other patient manipulation. The system may be implemented within a medical or other care facility, or within a patient's home.

*Systems and Methods for Monitoring and/or Managing a Person's Position Using Variable Parameters*

Patent Number: US **10,535,432**

Role: Inventor

Submission Date: September 28, 2017

Date of Patent: January 14, 2020

Description: A monitoring system and method tracks a patient's position over time and ensures that proper turning or other manipulation is done within the time prescribed. Preferably, the techniques herein continuously monitor patient position and alert medical or other personnel of the need for turning or other patient manipulation. The system may be implemented within a medical or other care facility, or within a patient's home.

*Patient Movement Detection System and Method*

Patent Number: US **10,497,47**

Role: Inventor

Submission Date: June 16, 2016

Date of Patent: December 3, 2019

Description: A monitoring system and method tracks a patient's position over time and ensures that proper turning or other manipulation is done within the time prescribed. Preferably, the techniques herein continuously monitor patient position and alert medical or

other personnel of the need for turning or other patient manipulation. The system may be implemented within a medical or other care facility, or within a patient's home.

*Systems and Methods for Monitoring and/or Managing Patient Orientation Using a Dynamically Adjusted Relief Period*

Patent Number: US **10,020,075**

Role: Inventor

Submission Date: March 24, 2010

Date of Patent: July 10, 2018

Description: A monitoring system and method that tracks a patient's position over time and ensures that proper turning or other manipulation is done within the time prescribed.

## **MEMBERSHIPS IN PROFESSIONAL SOCIETIES**

Anxiety Disorders Association of America  
 Association for Cognitive-Behavioral Therapy  
 Society for Social Work Research  
 Academy of Cognitive Therapy (Fellow)

## **TEACHING ACTIVITIES**

### **SOCIAL WORK**

#### Teaching

Social Work 715 – Cognitive-Behavioral Treatment of Depression (mini course), University of Michigan, School of Social Work, (2023)

Social Work 790 – Cognitive-Behavioral Treatment of Depression (mini course), University of Michigan, School of Social Work, (2008 - present)

Social Work 790 – Cognitive-Behavioral Treatment of Anxiety (mini course), University of Michigan, School of Social Work, (2007 - 2016)

Social Work 513 - Interpersonal Practice Skills Laboratory, University of Michigan, School of Social Work, (2011 - 2015)

Social Work 790 – Cognitive-Behavioral Treatment of Anxiety (mini course), University of Michigan, School of Social Work, (2007 - 2014)

Social Work 619 - Behavioral and Psychosocial Aspects of Health, Mental Health and Disease, (2014)

Social Work 818 – Evidence-Based Interventions in Mental Health and Health (doctoral), University of Michigan, School of Social Work, (2012)

Social Work 810 – Principles and Processes of Individual Change (doctoral), University of Michigan, School of Social Work, (2007)

Social Work 628 – Interpersonal Practice with Adult Individuals, University of Michigan, School of Social Work, (2005 - 2010)

Social Work 698 - Social Work Practice in Mental Health, University of Michigan, School of Social Work, (2003 - 2007)

Social Work 606 - Mental disorders among adults and the elderly, University of Michigan, School of Social Work, (1998 - 2013)

Social Work 522 – Basic Social Work Research, University of Michigan, School of Social Work, (1998 - 2003)

Social Work 622 - Interpersonal practice with Individuals: Behavior Therapy, University of Michigan, School of Social Work, (1988 - 1997)

Social Work 681 - Research, Monitoring, and Evaluation, University of Michigan, School of Social Work, (1994)

Social Work 510 - Theoretical Basis of Individual Change: Behavioral Theory, University of Michigan, School of Social Work, (1989 - 1990)

Field Instructor - University of Michigan School of Social Work (1987 - 2005)

#### Doctoral Student Education

##### Current Advisees

Trujillo, Michelangelo

Takahashi, Sakura (graduated in spring 2023)

##### Prelim Committees

Granillo, Teresa (2009)

Campbell, Rosalyn (2010)

James, Leah (2010)

Thomason, Elizabeth (2011)

Bularka, Viktor (2012)

Nguyen, Ann (2013)

O'Donnell, Lisa (2013 - Chair)

Trujillo, Michelangelo (2014 - Chair)

Felsman, Peter (2016 – Chair)

Janelle Goodwill (2017)

Sara Stein (2017)

Sakura Takahashi (2020)

Matthew Hiller (2020)

##### Dissertation Committees

Muroff, Jordana (2004)

Gloster, Andrew (2006)

Bares, Cristina (2007)

Buttermore, Nichole (2009)

Granillo, Teresa (2011 - Chair)

Åshild Tellefsen Håland (2012 - Trondheim University, Norway)

Campbell, Rosalyn (2012)  
 Thomason, Elizabeth (2013)  
 Levine, Debra (2013 - Chair)  
 O'Donnell, Lisa (2015 - Chair) U of Michigan, Joint Program SW and Psychology  
 Amanda Schuh (2016) U of Michigan, School of Nursing  
 Horwitz, Adam (2016) U of Michigan, Clinical Psychology  
 Savanna Mueller (2016) U of Michigan, Clinical Psychology  
 Felsman, Peter (2019 – Chair) U of Michigan, Joint Program SW and Psychology  
 Kim, Min Hee (2019 – Member) U of Michigan, Joint Program SW and Psychology  
 Tor Sunde (2022 - Member) - Trondheim University, Norway, Clinical Psychology  
 Terje Thesen (Expected 2023) - Trondheim University, Norway, Psychiatry  
 Michelangelo Trujillo (Expected 2023 – Chair) U of M, Joint Program SW and Psychology  
 Sakura Takahashi (2023 – Chair) U of Michigan, Joint Program SW and Psychology  
 Thomas Bertelson (2023 – Member) - Trondheim University, Norway, Clinical Psychology

## **PSYCHIATRY**

Course Director – Resident Clinical Mentorship Program University of Michigan, Department of Psychiatry, (1997 – 2015)

Residents Core Curriculum Course - Cognitive-Behavioral Therapy, University of Michigan, Department of Psychiatry, (1992 - 2010)

Residents Core Curriculum Course - Introduction to Psychotherapy, University of Michigan, Department of Psychiatry, (1998 - 2010)

Residents Core Curriculum Course - Anxiety Disorders, University of Michigan, Department of Psychiatry, (1990 - 2010)

Medical Student Lecture (M3) – Learning Theory and Behavioral Therapy, University of Michigan, Medical School

Medical Student Lecture (M2) – Introduction to Psychotherapy, University of Michigan, Medical School

Behavioral Training and Clinical Supervision of Psychiatry Residents - University of Michigan, Department of Psychiatry, (1987 - 2015)

## **COMMITTEE, ORGANIZATIONAL, AND VOLUNTEER SERVICE**

Search Committee (member), University of Michigan, School of Social Work, 2017 to present

Promotion and Tenure Committee (ex officio) University of Michigan, School of Social Work, 2017 to present

Executive Committee (ex officio), University of Michigan, School of Social Work, 2015 to present

Doctoral Committee Joint Doctoral Program (member), University of Michigan, School of Social Work, 2008 – 2009; 2020-2021

Ad Hoc Clinical Faculty Working Group (chair) University of Michigan, School of Social Work, 2018 – 2119

Search Committee for new Associate Vice Provost for Academic and Faculty Affairs and Director of Academic Human Resources (member) University of Michigan, School of Social Work, 2019

Technology Committee University of Michigan (member), School of Social Work, 2018 to present

Executive Committee (member). Graham Sustainability Institute, University of Michigan, 2012 to 2018

Steering Committee (member). Institute for Human Adjustment, University of Michigan, 2013 to present

Search Committee (member). Center for the Education of Women (CEW), University of Michigan, 2016

Health Science Lab Safety Committee (member). University of Michigan, 2016 to present

Space Planning Committee (member). School of Social Work, University of Michigan, 2016 to present

Research Advisory Committee (member). School of Education, University of Michigan, 2016 to present

Emergency Preparedness Task Force (member). School of Social Work, University of Michigan, 2016 to present

Lecture Advisory Committee (member), University of Michigan, School of Social Work, 2015 to 2016

Search Committee (member). University of Michigan, School of Social Work, 2014-2105

Executive Committee (member - elected), University of Michigan, School of Social Work, 2010 to 2014

Technology Task Force (member). Anxiety and Depression Association of America, 2014 to present

Outstanding Social Work Doctoral Dissertation Award Review Committee, Society for Social Work and Research, 2010-2016

MICHR - Mental Health Initiative Advisory Board, University of Michigan, 2012 - 2013

Appointments and Promotions Committee (member - elected), University of Michigan, Department of Psychiatry, 2009 to 2012



Supervising Committee Joint Doctoral Program (chair), University of Michigan, School of Social Work, 2009 to 2010

M-Healthy, Stress Management Task Force (co-chair), University of Michigan, 2009 to 2012

Depression Center Steering Committee (member), University of Michigan, Department of Psychiatry, 2007 - present

Mental Health Workgroup (chair), University of Michigan School of Social Work, 2009 to 2010

Alumni Board of Governors (member), University of Michigan, School of Social Work, 2008 to 2010

Field Advisory Committee (chair), University of Michigan, School of Social Work, 2008

Health/Mental Health Concentration Committee (chair), University of Michigan, School of Social Work, 2008

Continuing Education Committee - Association for Behavioral and Cognitive Therapies 2006 - 2012

Executive Committee (member), University of Michigan, School of Social Work, 2007

Adjunct Advisory Committee (member), University of Michigan, School of Social Work, 2007

Health/Mental Health Concentration Committee (chair), University of Michigan, School of Social Work 2003 - 2006

Curriculum Committee (member), University of Michigan, School of Social Work 2004 - 2006

Student Relations Advisory Committee (member), University of Michigan 2004 – 2006

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## SHORTER COMMUNICATIONS – NON-PEER REVIEWED

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## ARTICLES SUBMITTED

Himle, J.A., LeBeau, R.T., Jester, J.M., Kilbourne, A., Weaver, A., Brydon, D., Tucker, K.M., Hamameh, N., Craske, M.G. (Under Review). Work-Related Cognitive Behavioral Therapy for racially and economically diverse unemployed persons with social anxiety: A randomized clinical trial. *Journal of Consulting and Clinical Psychology*.

Takahashi, S., Weaver, A., Jester, J.M., & Himle, J.A. (Under review). The relationship between social anxiety severity and alcohol use in Asian Americans. *Addictive Behaviors*.

Smith, S.N., Almirall, D., Choi, S. Y., Andrews, C., Koschmann, E., Rusch, A., Bilek, E., Lane, A., Abelson, J.L., Eisenberg, D., Himle, J.A., Liebrecht, C., & Kilbourne, A.M., PhD7,8 (revise and resubmit). Student mental health outcomes of a clustered SMART for developing a school-level, adaptive implementation strategy to support CBT delivery at high schools in Michigan. *JAMA Psychiatry*.

## VISITING PROFESSORSHIPS

VISITING PROFESSOR (July 2006-August 2006) School of Social Work,



Yonsei University, Seoul, Korea

VISITING PROFESSOR (May, 2011) Department of Psychology,  
University of Agder, Kristiansand, Norway

## **SEMINARS AND EXTRAMURAL INVITED PRESENTATIONS**

1. Thyer, B.A., Papsdorf, J., Davis, R., Vallecorsa, S. Himle, J. Synchrony in response to acute anxiety: relationships between bilateral hand temperature, pulse, and subjective anxiety. Presented to the 1981 Association for the Advancement of Behavioral Therapy convention, Toronto, 1981.
2. Himle, J.A., McPhee, K.M., Cameron, O.G. & Curtis, G.C. Simple phobia: evidence for heterogeneity. Presented to the 1987 American Psychiatric Association annual meeting, Chicago, 1987.
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5. Himle, J., Himle, D.P. & Thyer, B.A. Irrationality and the anxiety disorders. Presented to the 1989 World Congress of Cognitive Therapy, Oxford, England.
6. Krone, K., Himle, J.A., & Nesse, R. A brief group Treatment program for obsessive compulsive disorder. Presented to the 1989 Conference on Anxiety and Related Disorders, Washington, D.C.
7. Curtis, G. C., Himle, J.A., Lewis, J., & Hill, E.M. Heterogeneity of simple phobias: evidence from the epidemiologic catchment area study. Presented to the 1990 Conference on Anxiety and Related Disorders, Washington, D.C.
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11. Himle, J.A., & Bordnick, P.S. A comparison of trichotillomania and obsessive-compulsive disorder. Presented to the 1991 Albert J. Silverman Conference, University of Michigan, Ann Arbor.

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13. Krone, K., Himle, J.A., & Nesse, R.N. A standardized behavioral group treatment for obsessive-compulsive disorder: preliminary outcomes. Presented to the 1992 Anxiety Disorders Association of America Conference, Dallas, Texas.
14. Himle, J.A., & Bordnick, P.S. A comparison of trichotillomania and obsessive-compulsive disorder. Presented to the 1992 Anxiety Disorders Association of America Conference, Dallas, Texas.
15. Himle, J.A., Nesse, R.N., & Krone, K.P. Group behavioral treatment of obsessive-compulsive disorder. Presented to the 1995 American Psychiatric Association Annual Meeting, Miami, FL
16. Himle, J.A., Nesse, R.N., & Krone, K.P. Group behavioral treatment of obsessive compulsive disorder. Presented to the 1995 Anxiety Disorders Association of America Conference, Pittsburgh, PA
17. Himle, J.A., Curtis, G.C., Hill, E.M., Abelson, J.L., Nesse, R.M., & Haghightgou, H. The effect of alcohol on social phobic anxiety. Presented to the 1995 American Psychiatric Association Annual Meeting, Miami, FL
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19. Fischer, D.J., Himle, J.A., & Hanna, G. Symptom profiles of adult versus childhood OCD. Presented to the 1996 American Psychiatric Association of America Annual Meeting, New York, NY.
20. Fischer, D.J., Himle, J.A., & Hanna, G.L. Symptom profiles of adult versus childhood OCD. Presented to the 1996 Anxiety Disorders Association of America Convention, Orlando, FL.
21. Fischer, D.J., Himle, J.A., & Hanna, G.L. Group behavioral therapy for adolescents with obsessive-compulsive disorder. Presented to the 1996 Anxiety Disorders Association of America Convention, Orlando, FL.
22. Himle, J.A., & Fennell, J. Unwanted obsessions about harming others: Understanding the boundaries between obsessive-compulsive disorder and criminal behavior. Presented to the 13th annual conference of the National Organization of Forensic Social Work, Chicago, IL.
23. Hill, E.M., Marks, J.L., Harris, S.A., & Himle, J.A. Stress response dampening by alcohol for women: Role of alcoholism family history and interpersonal anxiety. Presented to the 1997 Research Society on Alcoholism Conference,
24. Fischer, D.J., Himle, J.A., & Hanna, G.L. Age and gender effects on obsessive compulsive symptoms in children and adults. Presented to the 1997 Anxiety Disorders Association of America Convention, New Orleans, LA.
25. Himle, J.A. The behavioral treatment of paruresis. Presented to the 1997 Anxiety Disorders Association of America Convention, New Orleans, LA.

26. Himle, J.A. Integrating didactics in the adult and child residencies: the intensive modular core. Presented to the 1998 American Association for Directors of Psychiatric Residency Training, Orlando, FL.
27. Himle, J.A. Understanding violent obsessions. Presented to the 1998 Anxiety Disorders Association of America, Annual Conference, Boston, MA.
28. Hanna, G.L., Piacentini, J., Fischer, D.J., & Himle, J.A. Obsessive-compulsive disorder with and without tics in a clinical sample of children and adolescents. Presented to the 1998 American Academy of Child and Adolescent Psychiatry, Annual Meeting, Anaheim, California.
29. Gehring, W.J., Himle, J., & Neisenson, L.G. Action monitoring deficits in obsessive-compulsive disorder. Presented at the 1999 Society for Psychophysiological Research, Annual Meeting, Atlanta, GA.
30. Himle, J.A., Fischer, D.J., & Van Etten, M.L. Special issues in obsessive-compulsive disorder. Presented to the 1999 Behavior Analysis Association of Michigan, Annual Conference, Ypsilanti, MI.
31. Fischer, D.J., Himle, J.A., & Hanna, G.L. Group therapy for adolescents with obsessive-compulsive disorder. Presented to the 1999 Anxiety Disorders Association of America, Annual Conference, San Diego, CA.
32. Himle, J.A. Cognitive therapy: Our reluctant embrace of the therapy of thoughts. Presented to the 1999 Anxiety Disorders Association of America, Annual Conference, San Diego, CA.
33. Himle, J.A. The treatment of bashful bladder syndrome. Presented to the 1999 Anxiety Disorders Association of America, Annual Conference, San Diego, CA.
34. Hanna, G.L., Veenstra-VanderWeele, J., Cox, N.J., Boehnke, M., Himle, J.A., Curtis, G.C., Leventhal, B.L., & Kook, E.H. Genome scan of early onset obsessive compulsive disorder. Presented to the 1999 Anxiety Disorders Association of America, Annual Conference, San Diego, CA.
35. Dettman, D., Himle, J.A., & Albuher, R. Training residents in the treatment of Post-Traumatic Stress Disorder. Presented to the 1999 American Association for Directors of Psychiatric Residency Training, Annual Conference, Santa Monica, CA.
36. Riba, M., Jibson, M., Champine, D., Kumar-Gill, A., & Himle, J.A. The educator track. Presented to the 1999 American Association for Directors of Psychiatric Residency Training, Annual Conference, Santa Monica, CA.
37. Gay, T.L., Himle, J., Glick, R.L., Kronfol, Z., Marcus, S., Kloss, R., Gruppen, L., Riba, M.: Enhanced ambulatory experience within the third year psychiatry clerkship. The Association of Directors of Medical Student Education in Psychiatry, 25th Annual Meeting. Rockport, ME, June 1999.

38. Gay, T.L., Himle, J., Glick, R.L., Kronfol, Z., Marcus, S., Kloss, R., Gruppen, L. Riba, M.: Enhanced ambulatory experience within the third year psychiatry clerkship. 10th Annual Silverman Research Conference, Ann Arbor, MI, June 1999.
39. Fischer, D.J., Himle, J.A., & Hanna, G.L. Group behavioral therapy for adolescents with OCD. Presented to the 1999 American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago Illinois, October 1999.
40. Gay, T.L., Riba, M., Himle, J., Glick, R., Gruppen, L.: Ambulatory curriculum innovations for clerkships. 51st Institute on Psychiatric Services. New Orleans, LA, November 1999.
41. Gay, T.L., Riba, M., Himle, J., Glick, R., Gruppen, L.: Ambulatory curriculum innovations for clerkships. Medical Education Day 1999, "Innovations in Medical Education", Towsley Center, University of Michigan, November 1999.
42. Himle, J.A., Rassi, S., Haghightgou, H., Nesse, R.M., & Abelson, J.L. Group behavioral therapy for obsessive-compulsive disorder: seven versus twelve-week outcomes. Presented to the 1999 Association for Advancement of Behavioral Therapy, Annual Conference, Toronto, Canada
43. Himle, J.A. Cognitive-Behavioral therapy of paruresis. Presented to the 1999 Association for Advancement of Behavioral Therapy, Annual Conference, Toronto, Canada
44. Himle, J.A. Behavioral group therapy for adults and children with OCD. Presented to the 2000 Anxiety Disorders Association of America Convention, Washington, D.C. March, 2000.
45. Hanna GL, Curtis GC, Himle JA, Koram DQ, Chadha KR, Gillespie BW, Kress KA. A family study of early-onset obsessive-compulsive disorder. Proceedings of the Annual Meeting of the Society of Biological Psychiatry. Chicago, IL. May 13, 2000. Biol Psychiatry 47:135S-136S, 2000.
46. Himle, J.A., Janeck, A.S., Fischer, D.J., & Van Etten, M.L., Insight as a predictor of outcome in behavioral group therapy for OCD. Presented to the 2000 Association for Advancement of Behavior Therapy, National Convention, New Orleans, Louisiana.
46. Fischer, D.J., Himle, J.A., Van Etten, M.L., Janeck, A.S., & Hanna, G.L., Group behavioral Ttherapy for adolescents with OCD: Tics as a predictor of response. Presented to the 2000 Association for Advancement of Behavior Therapy, National Convention, New Orleans, Louisiana.
47. Hanna, G.L., Curtis, G.C., Himle, J.A., Koram, D.Q., Chadha, K.R., Gillespie, B.W., Kress, K.A. A family study of early-onset obsessive-compulsive disorder. Proceedings of the Annual Meeting of the American Academy of Child and Adolescent Psychiatry. New York, NY. October 27, 2000.
49. Van Etten, M.L., Himle, J.A., Fischer, D.J., Janeck, A.S., & Curtis, G., Comparing social phobia subtypes in a clinical sample. Presented to the 2000 Association for Advancement of Behavior Therapy, National Convention, New Orleans, Louisiana

50. Himle, J.A., Fischer, D.J., Van Etten, M.L., & Janeck, A.S. Group behavioral therapy for adolescents with tic-related and non-tic-related obsessive-compulsive disorder. Presented to the 2001 Society for Social Work Research Conference, Atlanta, G.A. January 20, 2001
51. Himle, J.A., Fischer, D.J., Van Etten, M.L., & Janeck, A.S. Group behavioral therapy for adolescents with tic-related and non-tic-related obsessive-compulsive disorder. Presented to the 2001 American Psychiatric Association Annual meeting, New Orleans, LA. May 9, 2001.
52. Fischer, D.J., Himle, J.A., Van Etten, M.L., Janeck, A.S., & Hanna, G.L., Group behavioral therapy for adolescents with OCD: Tics as a predictor of response. Presented to the 2001 Behavior Analysis Association of Michigan, Ypsilanti, Michigan.
53. Van Etten, M.L., Himle, J.A., Fischer, D.J., Janeck, A.S., & Curtis, G., Comparing social phobia subtypes in a clinical sample. Presented to the 2001 Behavior Analysis Association of Michigan, Ypsilanti, Michigan.
54. Himle, J.A., Janeck, A.S., Fischer, D.J., & Van Etten, M.L., Insight as a predictor of outcome in behavioral group therapy for OCD. Presented to the 2001 Behavior Analysis Association of Michigan, Ypsilanti, Michigan.
55. Himle, J.A., Fischer, D.J., Van Etten, M.L., Janeck, A.S., & Hanna, G.L., Group behavioral therapy for adolescents with OCD: Tics as a predictor of response. Presented to the 2001 American Academy of Child and Adolescent Psychiatry, Annual Meeting, Honolulu, Hawaii.
56. Hanna, G.L., Himle, J.A., Fingerlin, T.E., Curtis, G.C., Koram, D.Q., Boehnke, M. Complex segregation analysis of obsessive-compulsive disorder in families with pediatric probands. Proceedings of the Annual Meeting of the American Society of Human Genetics. San Diego, CA. October 14, 2001. *Am J Hum Genet* 69:392, 2001.
57. Himle, J.A., Pediatric obsessive-compulsive disorder: A discussion of clinical components necessary for effective treatment. Presented to the 2001 Association for the Advancement of Behavior Therapy, Annual Convention, Philadelphia, Pennsylvania.
58. Tolman, R.M., Himle, J.A., Van Etten, M.L., and Abelson, J.L. Impact of social anxiety disorder on work success in welfare recipients. Anxiety Disorders Association of America 22nd National Conference on Anxiety Disorders, Austin, Texas, March 23, 2002.
59. Van Etten, M.L., Abelson, J.L., Lowell, M., Himle, J., Koch, E., Muroff, J., Rassi, S. One year follow-up of non-cardiac chest pain and psychiatric symptoms in emergency department patients. Anxiety Disorders Association of America 22nd National Conference on Anxiety Disorders, Austin, Texas, March 23, 2002.
60. Himle, J.A., Fischer, D.J., Van Etten, M.L., Janeck, A.S., & Hanna, G.L., Group Behavioral Therapy for Adolescents with with tic-related and non-tic-related OCD. Presented to the 2002 Anxiety Association of America, Annual Meeting, Austin, Texas March 23, 2002.

61. Soifer, S, Himle, J.A., & Fischer, D.J. Brief behavioral therapy for avoidant paruresis (Bashful Bladder Syndrome). Presented to the 2002 Anxiety Disorders Association of America, Annual Meeting, Austin, Texas March 23, 2002.
62. Soifer, S, Himle, J.A., & Fischer, D.J. Brief behavioral therapy for avoidant paruresis (Bashful Bladder Syndrome). American Psychiatric Association Annual Meeting, Philadelphia, PA, May 22, 2002.
63. Abelson, J.L., Himle, J.A., Van Etten, M.L., Golec, S., Tolman, R.M. Impact of social anxiety disorder on work success in welfare recipients. American Psychiatric Association Annual Meeting, Philadelphia, PA, May 22, 2002.
64. Taylor, S.F., Fitzgerald, K.D., Himle, J.A., Gehring, W.J., Welsh, R.C., Decker, L.R., Abelson, J.L., Liberzon, I. Evaluation of anterior cingulate dysfunction in obsessive compulsive disorder during cognitive conflict, Annual Meeting of the American College of Neuropsychopharmacology, San Juan, PR, December 2002.
65. Himle, J.A., Fischer, D.F., Van Etten, M.L., & Muroff, J.R., Group cognitive-behavioral therapy versus group anxiety management for adolescent OCD: A randomized, controlled, pilot study. Anxiety Disorders Association of America, Annual Meeting, Toronto, Canada, March 29, 2003.
66. Hanna, G.L., Himle, J.A., Complex segregation analysis of obsessive-compulsive disorder in families with pediatric probands. Anxiety Disorders Association of America, Annual Meeting, Toronto, Canada, March 29, 2003.
67. Himle, J.A., Fischer, D.F., Van Etten, M.L., & Muroff, J.R. Group cognitive-behavioral therapy versus group anxiety management for adolescent OCD: A randomized, controlled, pilot study. Presented to the 2003 Albert J. Silverman Research Conference, Ann Arbor MI, May 28, 2003.
68. Taylor, S.F., Fitzgerald, K.D., Himle, J.A., Gehring, W.J., Welsh, R.C., Decker, L.R., Abelson, J.L., Liberzon, I. Evaluation of anterior cingulate dysfunction in obsessive compulsive disorder during cognitive conflict. Presented to the 2003 Albert J. Silverman Research Conference, Ann Arbor MI, May 28, 2003.
69. Himle, J.A., & Burton, D. Obsessive-compulsive symptoms among convicted sex offenders. Presented to the Anxiety Disorders Association of America, Annual Meeting, Miami, Florida, March 13, 2004.
70. Himle, J.A., & Gloster, A. The effect of alcohol on moderate to severe social phobic anxiety. To be presented to the Anxiety Disorders Association of America, Annual Meeting, Miami, Florida, March 13, 2004.
71. Hanna, G., Himle, J.A., Fischer, D.J., Van Etten, M., Chadha, K.R., & Curtis, G.C. Familial and sporadic forms of early onset obsessive-compulsive disorder. To be presented to the Anxiety Disorders Association of America, Annual Meeting, Miami, Florida, March 13, 2004.

72. Hanna, G.L., Fischer, D.J., Chadha, K.R., Himle, J.A., Van Etten, M. Familial and sporadic subtypes of early-onset obsessive-compulsive disorder. Proceedings of the Annual Meeting of the Society of Biological Psychiatry. New York City, NY. April 30, 2004.
73. Muroff, J., Jackson, J. S., Mowbray, C. T., Himle, J. A. (2004). Diagnostic decisions are loaded: The effect of workload on racial and gender stereotyping. Poster presented at the Annual Meeting of the Society for Medical Decision-making, Atlanta, Georgia. October 17-20, 2004.
74. Himle, J.A., & Burton, D. Obsessive-compulsive symptoms among convicted sex offenders. Association for Advancement of Behavior Therapy, Annual Meeting, New Orleans. November 19, 2004.
75. Fischer, D.J., Himle, J.A., Foley, S., Nitzberg, L., & Wade, K. Health and mental health cross-training for MSW students. Presented to the International Conference on Social Work in Health and Mental Health, Quebec City, Canada. May, 23-27, 2004
76. Taylor, S.F., Martis, B., Welsh, R.C., Gehring, W.J., Liberzon, I., Fitzgerald, K.D., Himle, J.A., Abelson, J.L. Incentive modulation of performance monitoring in the anterior cingulate cortex. Annual Meeting of the American College of Neuropsychopharmacology, San Juan, Puerto Rico. December, 2004.
77. Ruffolo, M.C., Gioia, D., Himle, J.A., & Fischer, D.J. Young adults in transition from the child mental health system to the adult mental health system: Parent perspectives. Society for Social Work and Research, Miami, Florida. January 16, 2005.
78. Muroff, J.R., Himle, J.A., & Jibson, M. Resident psychiatrists' clinical decision-making in psychiatric emergency services (PES). American Association of Directors of Psychiatric Residency Training, Tucson, Arizona. March 13, 2005.
79. Himle, J.A., Fischer, D.J., Van Etten, M.L., Muroff, J., Crumpton, L., & Hanna, G.L. Teleconferencing CBT for obsessive-compulsive disorder. Anxiety Disorders Association of America, Annual Meeting, Seattle, Washington. March 19, 2005.
80. Soifer, S., & Himle, J.A. Paruresis or shy bladder syndrome: Effective clinical treatment. Anxiety Disorders Association of America, Annual Meeting, Seattle, Washington. March 19, 2005.
81. Hanna GL, Himle JA, Curtis GC, & Gillespie, B. A family study of obsessive-compulsive disorder with pediatric probands. Anxiety Disorders Association of America, Annual Meeting, Seattle, Washington. March 19, 2005.
82. Hoffman, J, Erickson, S, Van Etten, S, Himle, J, Abelson, J, & Guthrie, S. (2005). The nature and extent of impairment in work functioning in the anxiety disorders. Anxiety Disorders Association of America, Annual Meeting, Seattle, Washington. March 19, 2005.
83. Van Etten, M, Hoffman, J., Abelson, J, Lowell, M., Himle, J, A. & Glick, R. Impact of a brief psychiatric consultation for non-cardiac chest pain on patients presenting to an

- emergency department. Anxiety Disorders Association of America, Annual Meeting, Seattle, Washington. March 19, 2005.
84. Hanna, G.L., Himle, J.A., Curtis, G.C., & Gillespie, B. A family study of obsessive-compulsive disorder with pediatric probands. Society of Biological Psychiatry Convention, Atlanta, Georgia. May 20, 2005.
  85. Martis, B., Welsh, R.C., Gehring, W.J., Liberzon, I., Fitzgerald, K.D., Abelson, J.L., Himle, J.A., Taylor, S.F. The functional anatomy of decision making under risk. Society of Biological Psychiatry Convention, Atlanta, Georgia. May 20, 2005.
  86. Martis, B., Welsh, R.C., Gehring, W.J., Liberzon, I., Fitzgerald, K.D., Abelson, J.L., Himle, J.A., Taylor, S.F. Risk and reward: preliminary findings of an fMRI study. Annual Meeting of the Organization for Human Brain Mapping, Toronto, CA. June, 12, 2005.
  87. Taylor, S.F., Martis, B., Welsh, R.C., Fitzgerald, K.D., Liberzon, I., Abelson, J.L., Himle, J.A., Gehring, W.J., The cost of a mistake: fMRI and ERP studies. Annual Meeting of the Organization for Human Brain Mapping, Toronto, CA. June, 12, 2005.
  88. Himle, J.A. Using technology to treat mental illness. Asia-Pacific Social Work Conference, Seoul Korea, September 21, 2005.
  89. Himle, J.A. Program evaluation. Asia-Pacific Social Work Conference, Seoul Korea, September 21, 2005.
  90. Fanous, A.H., Pato, M.T., Richter, M.A., Hanna, G.L., Arnold, P.D., Burroughs, E., Himle, J.A., Van Etten, M., Fischer, D.J., Kennedy, J.L., Murphy, D.L., Pato, C.N. Sibling resemblance for clinical features of obsessive-compulsive disorder. Proceedings of the Annual Meeting of the International Society of Psychiatric Genetics. Boston, MA. October 15, 2005.
  91. Dickel, D.E., Veenstra-VanderWeele, J., Cox, N.J., Wu, X., Fischer, D.J., Van Etten-Lee, M., Himle, J.A., Leventhal, B.L., Cook, E.H., Hanna, G.L. Association testing of the positional and functional candidate gene SLC1A1 in early-onset obsessive-compulsive disorder. Proceedings of the Annual Meeting of the Society of Biological Psychiatry. Toronto, Canada. May 19, 2006.
  92. Stern, E.R., Liu, Y., Gehring, W.J., Himle, J.A., Fitzgerald, K.D., Abelson, J.L., and Taylor, S.F. Reward manipulation impacts error processing in obsessive-compulsive disorder. Presented to the Society for Neuroscience meeting, Atlanta, GA., 2006
  93. Himle, J.A. Cognitive-behavioral treatment for paruresis. Annual Meeting of the Association for Cognitive Behavioral Therapy. Chicago, IL. November 16, 2006.
  94. Himle, J.A., Fischer, D.J., Van Etten, M.L., Muroff, J., Crumpton, L., & Hanna, G.L. Teleconferencing CBT for obsessive-compulsive disorder. Anxiety Disorders Association of America, Annual Meeting. St. Louis, MO. March 30, 2007.
  95. Stern, E.R., Liu, Y., Gehring, W.J., Welsh, R.C., Fitzgerald, K.D., Himle, J.A., Abelson, J.L., Liberzon, I., and Taylor, S.F. Risk anticipation and error monitoring in obsessive-



- compulsive disorder. Presented at the annual meeting for the Organization of Human Brain Mapping, Chicago, IL, 2007
96. Taylor, S.F., Stern, E.R., Gehring, W.J., Fitzgerald, K.D., Welsh, R.C., Liberzon, I., Himle, J.A., and Abelson, J.L.. Making an error and anticipating the worst: The functional anatomy of OCD. Presented at the annual meeting for the American College of Neuropsychopharmacology, Boca Raton, FL., 2007
  97. Muroff, J.R., Himle, J.A., Steketee, G., & Frost, R.O.; Delivery of internet treatment for compulsive hoarding (D.I.T.C.H.) Anxiety Disorders Association of America, Annual Meeting. St. Louis, MO. March 30, 2007.
  98. Khan, S., Himle, J.A., Liberzon, I., & Abelson, J.A. Effect of controlled exposure on cortisol release in specific phobia. Anxiety Disorders Association of America, Annual Meeting. St. Louis, MO. March 30, 2007.
  99. Hanna, G.L., Himle, J.A., Gold, K.J., Gillespie, B.W. Major depressive disorder in a controlled family study of early-onset obsessive-compulsive disorder. Proceedings of the Annual Meeting of the Society of Biological Psychiatry. San Diego, CA. May 18, 2007.
  100. Himle, J.A. Cognitive-behavioral treatment for paruresis. Annual Meeting of the Association for Cognitive Behavioral Therapy. Philadelphia, PA. November 17, 2007.
  101. Himle, J.A. Awareness enhancing and monitoring device for trichotillomania. Annual Meeting of the Association for Cognitive Behavioral Therapy. Philadelphia, PA. November 17, 2007.
  102. Himle, J.A. & Perlman, D. Awareness enhancing and Monitoring device for Ttrichotillomania. Annual Meeting of the Association for Cognitive Behavioral Therapy. Philadelphia, PA. November 17, 2007.
  103. Himle, J.A. & Perlman, D. Awareness enhancing and monitoring device for trichotillomania. Anxiety Disorders Association of America, Annual Meeting. Savannah, GA. March 7, 2008.
  104. Stern, E.R., Liu, Y., Gehring, W.J., Lister, J.J., Fitzgerald, K.D., Martis, B., Himle, J.A., Abelson, J.L., and Taylor, S.F. Effects of incentive value on hyperactive error responses in patients with obsessive-compulsive disorder. Poster to be presented at the annual meeting of the Society of Biological Psychiatry, Washington, D.C., 2008
  105. Klumpp, H., & Himle, J.A. Examination of alcohol on speech performance in social phobia. Annual Meeting of the Association for Cognitive Behavioral Therapy. Orlando, FL. November 14, 2008.
  106. Tolman, R., Himle, J., Abelson, J.A., Hoffman, J., Van Etten-Lee, M.L. Impact of Social Anxiety Disorder on Employment among Women. Annual meeting of the Society for Social Work and Research, New Orleans, LA. January 16, 2009.
  107. Himle, J.A. Un- and anti-scientific abandonment of exposure therapy: A flight from reason obfuscates translation of basic science into practice. Anxiety Disorders Association of America, Annual Meeting. Santa Ana Pueblo, NM. March 13, 2009.

108. Muroff, J., Steketee, G., Himle, J.A., Frost, R. Hoarding considerations and complexities. Anxiety Disorders Association of America, Annual Meeting. Santa Ana Pueblo, NM. March 13, 2009.
109. Perlman, D., & Himle, J.A. Awareness enhancing and monitoring device for trichotillomania: new advances. Trichotillomania Learning Center, Annual Meeting. Boston, MA. May 5, 2009.
110. Himle, J.A., Beck, D. Social work and ABCT: A partnership comes of age. Annual Meeting of the Association for Cognitive Behavioral Therapies. Orlando, FL. November 20, 2009.
111. Flynn H.A., O'Mahen H, Himle J, Henshaw E. Personalizing CBT for perinatal depression: Results of a qualitative study on improving intervention adherence and effectiveness. Presented at the 48th Annual NCDEU Meeting, Phoenix, AZ, 2008.
112. Flynn H.A., O'Mahen H.A., Himle J, Henshaw E. Development of a Psychotherapeutic Intervention Delivered in the Context of Prenatal Care for Depression. Paper presented at the 35th Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology. New Haven, CT, 2009.
113. Flynn H.A., Henshaw, E., O'Mahen, H., Himle, J. Developing psychological interventions for depression within obstetrics settings Association of Psychologists in Academic Health Centers 4th National Conference. St. Louis, MO.
114. Flynn H.A., Henshaw, E., O'Mahen, H., Himle, J. Improving CBT Outcomes for Perinatal Depression: Results of a Mixed Method Intervention Development Project. Poster presented at 43rd Annual Convention of the Association for Behavioral and Cognitive Therapy, New York, NY, 11/2009.
115. Flynn H.A., O'Mahen H, Himle J., Henshaw E. A newly developed obstetric clinic-based psychotherapeutic treatment for perinatal Major Depressive Disorder. Paper presented at the 36th Annual Meeting of the North American Society for Psychosocial Obstetrics and Gynecology. Richmond, VA
116. Himle, J.A., Steinberger, E., Laviolette, W., & Vlnka, S. Work-related cognitive-behavioral treatment for unemployed persons with social anxiety. International Association of Jewish Vocational Services. St. Louis, MO. April 26, 2010.
117. Himle, J.A., Steinberger, E., Laviolette, W., & Vlnka, S. Work-related cognitive-behavioral treatment for unemployed persons with social anxiety. World Congress of Cognitive and Behavioral Therapies. Boston, MA. June 4, 2010.
118. Himle, M.B., Olufs, E., Himle, J.A., & Woods, D.W. Behavior therapy for tics via videoconference: an initial pilot test in children. World Congress of Cognitive and Behavioral Therapies. Boston, MA. June 4, 2010.
119. Levine, D.S., Himle, J.A., Abelson, J.L., Muroff, J., Taylor, R.J., & Jackson, J. S. The effects of panic disorder among African Americans, Caribbean Blacks and Non-Hispanic

- Whites. Anxiety Disorders Association of America, Annual Conference, New Orleans, LA. March 25, 2011.
120. Himle, J., Steinberger, E., Laviolette, W., Golenberg, Z., Vlnka, S., Levine, D., O'Donnell, L., & Bybee, D. Work related cognitive-behavioral therapy for unemployed persons with social anxiety. Society for Social Work and Research. San Diego, January 18, 2013.
  121. Himle, J.A. Telehealth, tablets and technology: Innovative therapy delivery. Anxiety and Depression Association of America Annual Conference. La Jolla, CA, April 6, 2013.
  122. Levine, D.S., Himle, J.A., O'Donnell, L., & Sellers, R. Racial Identity and Discrimination Matter: Identifying New Predictors of Social Anxiety Disorder Symptoms in a Low Income, African American Sample. Anxiety and Depression Association of America Annual Conference. La Jolla, CA, April 6, 2013.
  123. Levine, D.S., Himle, J.A., Vlnka, S., Steinberger, E., Laviolette, W., & Bybee, D. Effectiveness of the Mini Social Phobia Inventory (mini-spin) as a Screener for Social Anxiety Disorder in a Low-Income, Job-Seeking Sample. Anxiety and Depression Association of America Annual Conference. La Jolla, CA, April 6, 2013.
  124. Himle, J.A., Weaver, A., Bybee, D., O'Donnell, L.A., Vlnka, S., Laviolette, W.T., Steinberger, E., Golenberg, Z., & Levine, D.S. A Comparison of Unemployed Job-Seekers with and without Social Anxiety. Anxiety and Depression Association of America Annual Conference. Chicago, IL, March 28, 2014.
  125. Levine, D.S., Himle, J.A., Abelson, J., & Taylor, R.J. Social Anxiety Disorder Among African Americans and Non-Hispanic Whites: Results From the National Survey of American Life and the National Comorbidity Study-Replication. Anxiety and Depression Association of America Annual Conference. Chicago, IL, March 29, 2014.
  126. Himle, J.A. The Ethics of Electronics Use in Treatment. Anxiety and Depression Association of America Annual Conference. Chicago, IL, March 29, 2014.
  127. Solem, S., Vogel, P., & Himle, J. Applying videoconferencing in cognitive behavioral treatment. European Association for Behavioural and Cognitive Therapies Annual Congress. The Hague, Netherlands, September 11, 2014.
  128. Thomason, E., Flynn, H. A., Himle, J., & Volling, B. L. Are Women's Parenting-Specific Beliefs Associated with Depressive Symptoms in the Perinatal Period?: Development of the Rigidity of Maternal Beliefs Scale. Society for Social Work and Research Annual Conference. New Orleans, LA, January 17, 2015.
  129. Himle, J.A., Bordnick, P.S., & Newman, J. SBIR/STTR funding mechanisms: Exemplars – What is it, what are the research priorities, and what types of social work research are supported by this funding. Society for Social Work and Research Annual Conference. Washington, D.C., January 14, 2016.
  130. Thomason, E., Himle, J.A., Savas, S., Sundstrom, L., Tolman, R., & Lein, L. The Impact of Non-Custodial Parents' Mental Health, Substance Abuse, and Unemployment on Child Support Compliance. Society for Social Work and Research Annual Conference. Washington, D.C., January 15, 2016.

131. Thomason, E., Weaver, A., & Himle, J.A. Sociodemographic, Psychosocial, and Physical Health Predictors of Depression in African-American Mothers. Society for Social Work and Research Annual Conference. Washington, D.C., January 15, 2016
132. Himle, J.A., Weaver, A., Levine, D., Steinberger, E., Miller, R.J., Bybee, D., Vlnka, S., & Nicholl, K.L. Social Anxiety and Work: A Qualitative Investigation in a Low-Income, Minority Sample. Society for Social Work and Research Annual Conference. New Orleans, LA, January 14, 2017.
133. Weaver, A., Himle, J.A., Elliott, M., Hahn, J., & Bybee, D. Rural Residents' Depressive Symptoms and Help-Seeking Preferences: Opportunities for Intervention Development in Non-Mental Health Settings. Society for Social Work and Research Annual Conference. New Orleans, LA, January 13, 2017.
134. Felsman, P., Siefert, C., & Himle, J.A. Improvisational Theater Reduces Social Anxiety in Adolescents. Society for Social Work and Research Annual Conference. New Orleans, LA, January 15, 2017.
135. Himle, J.A., Craske, M., Weaver, A., Bybee, D., Lebeau, R., Brydon, D., Check, K., Hasratian, A., & Sinco, B. A Multisite Systems Intervention for Unemployed Persons with Social Anxiety Disorder. Association for Behavioral and Cognitive Therapies, Washington, D.C., November 18, 2017.
136. Weaver, A., Himle, J.A., Elliott, M., Hahn, J., Kilbourne, A., Valenstein, M., & Bybee, D. Community-Based Participatory Research to Inform a Church-Based Depression Intervention in Rural Michigan. Association for Behavioral and Cognitive Therapies, Washington, D.C., November 18, 2017.
137. Salloum, A., Pettus-Davis, C., & Himle, J.A. Overcoming Challenges to Implementing Randomized Controlled Trials with Underserved Populations in Community-Based Settings. Roundtable discussion at Society for Social Work and Research Annual Conference, Washington, D.C., January 13, 2018.
138. Weaver, A., Taylor, R.J., Chatters, L.M., & Himle, J.A. Depressive Symptoms and Psychological Distress Among Rural African Americans: The Role of Material Hardship. Society for Social Work and Research Annual Conference, Washington, D.C., January 14, 2018.
139. Khanna, M., Kyrios, M., Lee, C., Muroff, J. & Himle, J.A. Using Innovative Inclusive Technologies to Transcend Barriers in Mental Health Service Utilization. Association for Behavioral and Cognitive Therapies, Washington, D.C., November 17, 2018.
140. Felsman, P., Seifert, C., & Himle, J. Adolescents Engaged in Improvisational Theater Have Reduced Social Anxiety and Increased Confidence. Society for Social Work and Research Annual Conference, Washington, D.C., January 19, 2019.
141. Lister, J., Weaver, A., Ellis, J., Ledgerwood, D., & Himle, J. Availability of Medication-Assisted Treatment in Rural Michigan: A Comparison of Non-Metropolitan and Metropolitan Counties. Society for Social Work and Research Annual Conference, Washington, D.C., January 18, 2019.

142. Himle, J.A., LeBeau, R., Weaver, A., Jester, J., Kilbourne, A.M., & Craske, M.G. A Multisite Trial of Work-Related Cognitive Behavioral Therapy for Unemployed Persons with Social Anxiety: Study Methods and Sample Characteristics. Accepted for Symposia at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, November 2020, Virtual.
143. Weaver, A., Tucker, K.M., Felsman, P., & Himle, J.A. Human service provider perceptions of mental healthcare needs and priorities in a rural Michigan community. Accepted for poster presentation at the Society for Social Work and Research 25th Annual Conference, January 2021. Virtual
144. Weaver, A., Hahn, J., Tucker, K.M., Johnson, J.M., & Himle, J.A. Depressive symptoms, material hardship, and barriers to mental health treatment among rural residents seeking food bank services. Oral presentation at the Society for Social Work and Research 25th Annual Conference, January 2021, Virtual.
145. Wojtalik, J.A. et al. (Himle, J.A. Discussant. Social Work Neuroscience: Using Neuroimaging to Study and Address Social Problems. Oral presentation at the Society for Social Work and Research 25th Annual Conference, January 2021, Virtual.
146. Himle, J.A., & Craske, M.G. Embedding Mental Health Care within Employment and Training Centers to Reduce Suicide Risk. Oral presentation to the American Association for Suicidality Annual Conference, April 2021, Virtual.
147. Bornheimer, L. A., \*Li Verdugo, J., \*Holzworth, J., Smith, F., \*Im, V., \*Sliwa, H., & Himle, J. A. (2022, January). Client, Peer, and Provider Stakeholder Input on the Modification of a Cognitive Behavioral Suicide Prevention Treatment for Adults with Psychosis. Poster presentation at the annual Society for Social Work and Research conference, Washington, D.C.
148. Tan, J., Stuchell, E., Walling, E., Himle, J., Weaver, A., & Zhang, A. Evaluating the effectiveness of a computer-based CBT for AYAs with cancer: A pilot randomized controlled trial. Symposium Presentation at The (2023) 5th Global Adolescent and Young Adult Cancer Congress, Long Beach, CA.
149. Smith, M., Himle, J., Weaver, A., & Zhang, A. (2022, Nov.). Leveraging technology and community-engaged approaches to increase access to evidence-supported mental health treatment. Symposium Presentation at the 2022 Mental Health Services Research Conference by the National Institute of Mental Health (NIMH). Online
150. Bornheimer, L. A., \*Li Verdugo, J., Taylor, S. F., King, C. A., & Himle, J. A. (2022, May). Modifying a cognitive behavioral suicide prevention treatment for adults with schizophrenia spectrum disorders in community mental health. Poster presentation at the annual University of Michigan Department of Psychiatry Albert J. Silverman Conference.
151. Bornheimer, L. A., \*Li Verdugo, J., \*Holzworth, J., Taylor, S. F., King, C. A., Florence, T., & Himle, J. A. (2022, June). Adapting a suicide prevention treatment for adults with schizophrenia spectrum disorders in community mental health. Oral presentation at the inaugural Suicide Research Symposium

152. Bornheimer, L. A., \*Li Verdugo, J., \*Holzworth, J., Smith, F., Himle, J. A., Taylor, S. F., King, C. A., & Tarrier, N. (2022, April). Adapting a cognitive behavioral suicide prevention treatment for adults with schizophrenia spectrum disorders. Poster (virtual) presentation at the annual 2022 Congress of the Schizophrenia International Research Society (SIRS)

## EXTRAMURAL INVITED PRESENTATIONS – INTERNATIONAL/NATIONAL (LAST 10 YEARS)

“Meeting the Mental Health Needs of Unemployed Individuals” American Psychological Association/NIMH webinar. April 28, 2021. Virtual

“Social Anxiety Disorder” Solvang Hospital, October 28, 2020. Virtual

“Obsessive Compulsive Disorder” Solvang Hospital, June 5, 2020. Virtual

“Entertain Me Well” Solvang Hospital Research Retreat, \*\*\*, Norway, June 15, 2019

“National Implementation Project - Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder” National Implementation Project Training, Bergen, Norway, May 19-21, 2015

“National Implementation Project - Cognitive Behavioral Therapy for Obsessive-Compulsive Disorder” National Implementation Project Training, Bergen, Norway, June 3-6, 2014

“Cognitive-Behavioral Therapy for Social Anxiety Disorder” National Depression on College Campuses Annual Conference, Ann Arbor, Michigan, March 27, 2013

“The Life of CBT Therapist” Invited Workshop, Norwegian Association of Cognitive-Behavioral Therapists, Lisbon, Portugal, June 6, 2012.

“Identification and Treatment of Social Anxiety Disorder” Invited Address, Annual Meeting of the American College Health Association, Chicago, Illinois, May 31, 2012

“Cognitive-Behavioral Therapy for Obsessive-Compulsive” Invited 2-Day Workshop, Oslo University Hospital, Oslo, Norway, June 16-17, 2011.

“Cognitive-Behavioral Therapy for Anxiety Disorders” Two Day Workshop – Adger University, Kristiansand, Norway, May 18 & 19, 2011.

“Cognitive-Behavioral Therapy for Dental Anxiety” Invited Grand Rounds Presentation – Temple University Dental School. Philadelphia, PA, November 1, 2010.

“Cognitive-Behavioral Therapy for Obsessive-Compulsive and Related Disorders for Children, Youth and Adults” Invited 2-Day Workshop Leader, Oslo University Hospital, Oslo, Norway, May 14-15, 2009

"Cognitive-Behavioral Therapy for Depression in Underserved Populations" Invited Key-Note Address; Breakout Session Leader, Indian Health Service - Annual Mental Health and Substance Abuse Conference. Sioux Falls, SD., April 22, 2009

"Obsessive-Compulsive Disorder" Invited Lecture, National Depression on College Campuses Annual Conference, Ann Arbor, MI., March 19, 2009

"Cognitive-Behavioral Therapy" Invited Workshop Leader, Heartland Kidney Conference. Kansas City, Missouri January 10, 2008.

"Cognitive-Behavioral Therapy" Invited Workshop Leader, Atlantic Stars Kidney Conference. Cambridge, Maryland November 29, 2007.

"Cognitive-Behavioral Therapy" Invited Workshop Leader, National Kidney Foundation – Annual Meeting. Orlando, Florida, April 11, 2007.

"Cognitive Behavioral Treatment of Depression" Invited Lecture, National Depression on College Campuses Annual Conference, Ann Arbor, Michigan, March 19, 2007.

"Clinical Discussion Group" Invited Lecture, National Depression on College Campuses Annual Conference, Ann Arbor, Michigan, March 20, 2007.

"Psychological Treatment of Depression" Invited Lecture, "The Michigan Difference" Program, West Palm Beach, Florida, March 2, 2006.

"Psychological Treatment of Depression" Invited Lecture, "The Michigan Difference" Program, Naples, Florida, February 28, 2006.

"Cognitive-Behavioral Therapy of Depression and Anxiety" Invited Full Day Workshop, Korean Hospital Social Workers Association, Seoul, Korea, September 23, 2005

"Cognitive-Behavioral Therapy for Pediatric Anxiety Disorders" Invited Full-Day Workshop, Kaiser Permanente, California Region, San Francisco, California, April 16, 2005.

"Functional Impairment and Psychosocial Treatment of Anxiety Disorders" Invited Half - Day Workshop, Providence Health System, Anchorage, Alaska, February 5, 2005.

"Cognitive-Behavioral Group Therapy for Adult and Pediatric OCD", invited key-note speaker, two day workshop. Kristiansand, Norway. October 6-7, 2003.

"Cognitive-Behavioral Group Therapy for Pediatric OCD", invited key-note speaker, two day workshop. Kaiser Permanente, California Region. February 6-8, 2003.

"Cognitive-Behavioral Treatment of Anxiety Disorders" invited keynote speaker, conducted entire daylong workshop, Louisiana State University School of Social Work, October, 5, 2002.

"Cognitive-Behavioral Treatment of Anxiety Disorders" invited keynote speaker, conducted entire two-day workshop, Waukesha Memorial Hospital, Waukesha, Wisconsin, November 30, 2000.

“Cognitive-Behavioral Therapy of Trauma and Anxiety” invited speaker, Toledo Hospital Annual Social Work Conference, Toledo, Ohio, November 5, 1999.

“Cognitive-Behavioral Treatment of Depression and Anxiety”, invited key-note speaker, full day workshop, Memorial Hospital, South Bend, Indiana, April 16, 1999.

## **EXTRAMURAL INVITED PRESENTATIONS – STATE/LOCAL (LAST 11 YEARS)**

“Social Anxiety, Nature and Treatment” Invited Speaker, Andrew Kukas Foundation, Farmington Hills, MI. March 9, 2017

“CBT for Impulse Control Disorders” Invited speaker – St. Joseph Hospital, Chelsea, MI. March 29, 2016

“Anxiety and Employment” Invited speaker – JVS Detroit. October 1, 2015

“Avoidance in Depression and Anxiety” Invited speaker - Michigan Psychiatric Society Annual Conference, March 28, 2014

“Adolescent Anxiety Disorders” Invited speaker - Community Forum “Bright Nights”– Ann Arbor District Library, September, 24, 2013

“Cognitive-Behavioral Therapy Across the Lifespan” Invited Speaker – Advances in Psychiatry, University of Michigan Department of Psychiatry, November 11, 2011.

“Improving Your Spirits Using Cognitive-Behavioral Strategies” Connecting the Dots Annual Conference – University of Michigan Work/Life Resource Center. October 12, 2010

“Cognitive-Behavioral Treatment of OCD” Invited speaker Community Forum University of Michigan Medical School – Ann Arbor District Library, March 24, 2010.

“Cognitive Behavioral Treatment of Depression” Invited speaker Community Forum “Bright Nights”– Ann Arbor District Library, January 26, 2010.

“Behavioral Treatment of Obsessive Compulsive Disorder” Invited Grand Rounds Speaker, January 6, 2010.

“Cancer and Depression” Invited guest on web-radio show September 14, 2009.

“CBT For Depression and Anxiety” Invited full day workshop Center for Forensic Psychiatry, September 18, 2009.

“Anxiety Disorders” Invited speaker University of Michigan Department of Cardiology, July 13, 2009.

“Obsessive-Compulsive Disorder” Invited speaker



Chelsea Community Hospital, May 26, 2009.

“Depression and Diabetes” Invited Speaker,  
Community Forum “Bright Nights”– Ann Arbor District Library, March 4, 2008.

“Anxiety and Panic” Invited Speaker,  
Community Forum “Bright Nights”– Ann Arbor District Library, September 25, 2007.

“Work-related Cognitive-Behavioral Therapy for Unemployed Persons with Social Anxiety” Invited Speaker, Ann Arbor Veterans Administration Hospital, March 27, 2007.

“How Life Has Changed Post-9/11” Invited Speaker, Community Forum – Ann Arbor District Library, September 26, 2006.

"Cognitive Problem Solving" Invited Workshop Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, June 29, 2006.

“Cognitive-Behavioral Therapy for Anxiety Disorders” Invited full day workshop, Grand Rapids Community Mental Health, April 12, 2006.

“Understanding and Treating Depression in Multiple Sclerosis” Invited Speaker, Livonia, Michigan, March 10, 2006.

“Cognitive-Behavioral Therapy of Depression and Anxiety” Invited Speaker, Tom D. Rowe 54th Annual Pharmacy Lectures, Ann Arbor, Michigan, October 7, 2005.

"Cognitive Problem Solving", invited speaker, Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, June 23, 2005.

“Treating Violent Obsessions”, invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, April 29, 2005.

"Cognitive-Behavioral Therapy of Obsessive-Compulsive Spectrum Disorders" Invited Full Day Workshop, Sanilac County Community Mental Health, Sandusky, Michigan, April 28, 2005.

“Cognitive-Behavioral Treatment Anxiety Related to Kidney Disease” Invited Half -Day Workshop, Michigan Council of Nephrology Social Work, Ann Arbor, Michigan, March 25, 2005.

“Cognitive Behavioral Treatment of Anxiety Disorders” Invited Lecture, Hillside Center, Flint, Michigan, January 20, 2005.

“Cognitive Behavioral Treatment of Anxiety Disorders” Invited Full-Day Workshop, Alma Community Mental Health, Alma, Michigan, December 17, 2004.

“Cognitive Behavioral Treatment of Depression” Invited lecture, St. Joseph Hospital, Ann Arbor, Michigan, November 17, 2004.

“Cognitive Behavioral Treatment of Anxiety Disorders” Invited Lecture, Mental Health Agency, Battle Creek, Michigan, November 9, 2004.

"Cognitive Behavioral Treatment of Anxiety Disorders" Invited Lecture, Mental Health Agency, Eaton Rapids, Michigan, November 9, 2004.

"Cognitive Behavioral Treatment of Anxiety Disorders" Invited Lecture, Michigan Psychiatric Society Annual Meeting, Plymouth, Michigan, October 29, 2004.

"Cognitive Behavioral Treatment of Depression" Invited lecture, St. Joseph Hospital, Ann Arbor, Michigan, October 10, 2004.

"Cognitive Behavioral Treatment of Anxiety Disorders" Invited One-Day Workshop Huron County Community Mental Health, Bad Axe, Michigan, July 22, 2004.

"Cognitive Problem Solving", invited speaker, Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, June 21, 2004.

"Cognitive Behavioral Treatment of Depression" Invited lecture, Chelsea Community Hospital, Chelsea, Michigan, May 18, 2004.

"Anxiety Disorders and Substance Abuse: Relationship and Treatment", invited key-note speaker, one day workshop. Traverse City, Michigan. April 30, 2004.

"Cognitive-Behavioral Therapy of Social Anxiety", invited speaker. Jackson, Michigan. March 31, 2004.

"Cognitive-Behavioral Therapy of Generalized Anxiety Disorder", invited speaker. Lansing, Michigan. March 25, 2004.

"Cognitive-Behavioral Therapy of Obsessive Compulsive Disorder", invited speaker. Saginaw, Michigan. February 11, 2004.

"Cognitive-Behavioral Treatment of PTSD", invited key-note speaker, ½ day workshop. Munson Hospital, Traverse City, Michigan. September 26, 2003.

"Cognitive Problem Solving", invited speaker, Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, June 26, 2003.

"DSM-IV - Diagnosis and Treatment", invited speaker, two day workshop. Community Mental Health, Sandusky, Michigan. June 11-12, 2003.

"Cognitive-Behavioral Treatment of PTSD", invited speaker. Foote Hospital, Flint, Michigan. June 3, 2003.

"Cognitive-Behavioral Treatment of Panic Disorder", invited speaker. Foote Hospital, Flint, Michigan. May 7, 2003.

"Cognitive-Behavioral Treatment of Panic Disorder", invited speaker. Community Mental Health, Adrian, Michigan. May 1, 2003.

"Treatment Resistant OCD", invited speaker, Department of Psychiatry Grand Rounds, Veterans Administration Hospital, Ann Arbor, Michigan, March 25, 2003.

"Social Anxiety Disorder", invited speaker, Monroe County Community Mental Health, Monroe, Michigan, March 6, 2003.

"Graduation address", invited key-note speaker, University of Michigan Department of Psychiatry, June 6, 2002.

"Cognitive-Behavioral Therapy", invited speaker, Psycho-oncology Grand Rounds, University of Michigan Cancer Center, Ann Arbor, Michigan, April 15, 2002.

"Violent Obsessions", invited speaker, Department of Psychiatry Grand Rounds, Veterans Administration Hospital, Ann Arbor, Michigan, March 19, 2002.

"Obsessive-Compulsive Hoarding", invited speaker, University of Michigan Geriatrics Center, Ann Arbor, Michigan, March 6, 2002.

"Post Traumatic Stress Disorder", invited speaker, Monroe County Community Mental Health, Monroe, Michigan, February 7, 2002.

"Depression, Nature and Treatment", invited speaker, University of Michigan Cancer Center, Ann Arbor, Michigan, January 15, 2002.

"Post Traumatic Stress Disorders" invited speaker, Jackson County Community Mental Health - Lifeways, Jackson, Michigan, November, 29, 2002.

"Cognitive Therapy in Office Practice", invited speaker, Annual Update in Family Practice, University of Michigan Department of Family Practice. October 24, 2002.

"Cognitive-Behavioral Treatment of Depression", invited speaker, Advances in Psychiatry, University of Michigan Department of Psychiatry, November 15, 2002.

"Cognitive-Behavioral Treatment of Depression", invited speaker, half day workshop, Families First of Michigan, Lewiston, Michigan, June 5, 2001.

"Behavioral Therapy of Obsessive-Compulsive Disorder", invited speaker, Third Great Lakes Conference on Obsessive Compulsive Disorder, The Obsessive Compulsive Foundation of Michigan, University of Michigan, Ann Arbor, Michigan, May 5, 2001.

"Cognitive-Behavioral Treatment of Depression and Anxiety", invited key-note speaker, full day workshop, University of Michigan School of Social Work, Ann Arbor, Michigan, April 18, 2001.

"Cognitive-Behavioral Treatment of Depression and Anxiety", invited key-note speaker, full day workshop, Gratiot County Community Mental Health, Alma, Michigan, March 22, 2001.

"Understanding Violent Obsessions", invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, December 12, 2000.

"Behavioral Therapy of Obsessive-Compulsive Disorder", invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, December 8, 2000.

"Anxiety disorders and Alcoholism", invited speaker, Association for Ambulatory Behavioral Health-Michigan Annual Conference, Owasso, Michigan, November 3, 2000.

"Behavioral Treatment of Personality Disorders" invited speaker, Michigan Psychiatric Society, Novi, Michigan, April 28, 2000.

"Cognitive-Behavioral Treatment of Depression and Anxiety" invited keynote speaker, conducted entire daylong workshop, University of Michigan School of Social Work, Ann Arbor, Michigan, April 18, 2000

"Social Anxiety Disorder" invited speaker, Bay Medical Center, Internal Medicine Grand Rounds, Bay City, Michigan, February, 16, 2000.

"Social Anxiety Disorder" invited speaker, All Physicians Grand Rounds, Traverse City Medical Center, Traverse City, Michigan February 11, 2000.

"Cognitive Behavioral Therapy" conducted entire four-day workshop, Towsley Center, Ann Arbor, Michigan, October 21 – December 2, 1999.

"Cognitive-Behavioral Treatment of Substance Abuse", invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, November 10, 1999.

"Social Anxiety Disorder" invited speaker, Community Mental Health, Annual Conference, Grayling, Michigan, October 13, 1999.

"Social Anxiety Disorder" invited grand rounds speaker, Hurley Medical Center, Department of Internal Medicine, Flint, Michigan, October 7, 1999.

"Panic Disorder" invited speaker, Jackson County Community Mental Health - Lifeways, Jackson, Michigan, October 7, 1999.

"Cognitive Behavioral Therapy of Anxiety Disorders" invited key-note speaker, half day lecture, Borgess Health Center Annual Mental Health Conference, Kalamazoo, Michigan, September 29, 1999.

"Cognitive Behavioral Therapy of Depression" invited key-note speaker, full day workshop, Marquette General Hospital Annual Mental Health Conference, Marquette, Michigan, September 17, 1999.

"Cognitive Behavioral Therapy of Anxiety Disorders" invited speaker, University of Michigan Health Service Continuing Medical Education Program, September 16, 1999.

"Obsessive-Compulsive Disorder," invited speaker, Pine Rest Christian Mental Health Center, Grand Rapids, Michigan, August 10, 1999.

"Cognitive-Behavioral Treatment of Panic Disorder," invited speaker, Veterans Association Hospital, Ann Arbor, Michigan, August 3, 1999.

"Cognitive Problem Solving", invited speaker, Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, June 30, 1999.

“Social Anxiety Disorder,” invited speaker, Traverse Area Psychiatry Association, Traverse City, Michigan, June 17, 1999.

“Cognitive-Behavioral Treatment of Depression”, invited speaker, half day workshop, Michigan Association of Community Mental Health Boards, Annual Conference, Grand Rapids, Michigan, May 4, 1999.

“Cognitive-Behavioral Treatment of Excessive Anger”, invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, April 30, 1999.

“Cognitive-Behavioral Treatment of Depression”, invited speaker, Michigan Department of Corrections, Forensic Center, Ypsilanti, Michigan, April 23, 1999.

“Behavioral Treatment of Obsessive-Compulsive Disorder”, invited speaker, Center for Behavior and Medicine, Ann Arbor, Michigan. April 9, 1999.

"Anxiety Disorders - Diagnosis and Treatment", invited speaker, internal medicine physicians, Ann Arbor, Michigan, January 21, 1999.

"Cognitive-Behavioral Treatment of Depression", invited speaker, North Oakland Medical Center, Farmington Hills, Michigan, January 20, 1999.

"DSM-IV Training Workshop", speaker, Towsley Center, Ann Arbor, Michigan, January 13, 1999.

"Anxiety Disorders - Diagnosis and Treatment", invited speaker, internal medicine physicians, Ann Arbor, Michigan, November 19, 1998.

"Behavioral Therapy of Obsessive-Compulsive Disorder", invited key-note speaker, Obsessive-Compulsive Foundation of Michigan Annual Meeting, Warren, Michigan, October 10, 1998.

"Cognitive-Behavioral Therapy of Anxiety Disorders", invited key-note speaker, full day workshop, Marquette General Hospital Annual Mental Health Conference, Marquette, Michigan, September 11, 1998.

"Behavioral Therapy of Childhood Obsessive-Compulsive Disorder", invited speaker, Pine Rest Psychiatric Hospital, Grand Rapids, Michigan, July 21, 1998.

"Cognitive Behavioral Therapy of Anxiety and Depression", program director and key-note speaker, full weekend workshop, Grand Traverse Resort, Traverse City, Michigan, July 18 - 19, 1998.

"Anxiety Disorders - Diagnosis and Treatment", invited speaker, family practice physicians, Ann Arbor, Michigan, March 5, 1998.

"DSM-IV Training Workshop", speaker, Towsley Center, Ann Arbor, Michigan, March 3, 1998.

"Anxiety Disorders - Diagnosis and Treatment", invited speaker, family practice physicians, Ann Arbor, Michigan, November 11, 1997.

"Medication Backup - The Non-Physician's Perspective", invited speaker, annual psychiatry update, Towsley Center, Ann Arbor, Michigan, November 8, 1997.

"Cognitive Behavioral Therapy" conducted entire five-day workshop, Towsley Center, Ann Arbor, Michigan, Sept 15 - Nov 20, 1997.

"Anxiety Disorders - Diagnosis and Treatment", invited key-note speaker, Marquette County Community Mental Health, Marquette, Michigan, July 17, 1997.

"Cognitive Problem Solving", invited speaker, Ann Arbor Public Schools Summer Enrichment Program, Ann Arbor, Michigan, July 8, 1997.

"Resident as Teacher Day", invited speaker, Michigan Psychiatric Society, Dearborn, Michigan, May 2, 1997.

"DSM-IV Training Workshop", speaker, Towsley Center, Ann Arbor, Michigan, April 24, 1997.

"Cognitive Behavioral Therapy", key-note speaker, 5 day workshop, Towsley Center, Ann Arbor, Michigan, February 20 - April 17, 1997.

"Cognitive-Behavioral Therapy of Anxiety Disorders", invited speaker, St. Joseph Mercy Hospital Department of Psychiatry, March 19, 1997.

"Anxiety Disorders - Diagnosis and Treatment", invited speaker, Eastern Michigan University Community Education, March 3, 1997.

"Cognitive-Behavioral Therapy of Depression", St. Joseph Mercy Hospital Department of Psychiatry, February 26, 1997.