

Cheryl LaMore, MD  
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Department of Family Medicine  
University of Michigan Medical School  
Dexter Family Medicine Center  
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## **Education and Training**

- 8/2000 to 05/2004    University of Illinois at Chicago School of Medicine  
Chicago, Illinois 60607  
Medical School - Degree: M.D.
- 6/2004 to 6/2005    University of Michigan Health Center  
Family Medicine, Internship (House Officer I)  
Ann Arbor, Michigan 48109
- 7/2005 to 6/2007    University of Michigan Health Center  
Family Medicine, Residency (House Officer II, III)  
Ann Arbor, Michigan 48109
- 07/2016 to 06/2017    University of Michigan Health Centers  
Family Medicine, Integrative Medicine Faculty Fellowship  
Ann Arbor, Michigan 48109

## **Certifications and Licensures**

American Board of Family Medicine (7/21/2007 – 07/01/2017) certification # 138098  
Michigan Medical License 4301083409 (01/31/2020)

## **Academic, Administrative, and Clinical Appointments**

### Academic Appointment

- 9/2007                    Clinical Lecturer, Department of Family Medicine, Ann Arbor, Michigan  
6/2009                    Assistant Professor, Department of Family Medicine, Ann Arbor,  
Michigan

### Administrative Appointment

- 1/2010 – 2/2012        Medical Director, Nurse Practitioner Clinics of the University of Michigan  
School of Nursing

### Clinical Appointment

- 9/2007                    Staff Physician, Dexter Family Medicine Center, Dexter, Michigan

9/2007	Staff Physician, University of Michigan Medical Center
9/2007	Staff Physician, Chelsea Community Hospital, Chelsea, Michigan
9/2007	Staff Physician, Chelsea Retirement Community, Chelsea, Michigan

## **Professional Organization Memberships**

2007 – Present	American Academy of Family Physicians
2009 – 2018	Society of Teachers of Family Medicine
2007 – Present	Michigan Academy of Family Practice
2016 – Present	Academic Consortium for Integrative Medicine and Health

## **Teaching**

February 2007	Facilitator, small group learning on interpersonal violence, for second year medical students, University of Michigan Medical School
2007 – Present	Clinical Preceptor for resident physicians, University of Michigan Department of Family Medicine Chelsea Family Medicine Clinic
2007 – Present	Attending Physician, University of Michigan Department of Family Medicine Chelsea Community Hospital
2007 – 2011	Attending Physician, University of Michigan Department of Family Medicine Family Mother Baby inpatient obstetrical and newborn Service
2007 – 2018	Attending physician, University of Michigan Department of Family Medicine Nursing Home Rounds, United Methodist Retirement Center for second and third year family medicine resident physicians
2007 – Present	Preceptor, University of Michigan Department of Family Medicine third-year medical student clerkship
2009 – 2017	Resident advisor for Department of Family Medicine, University of Michigan
2017 – Present	Volunteer physician for the Medical Student Home Healthcare Program, University of Michigan
2018 – Present	Preceptor for home visits for family medicine residents, University of Michigan Department of Family Medicine, University of Michigan

## Intramural Presentations

1. Strzoda, CE, February 2008, “Management of Abnormal Pap Smears.” University of Michigan Midwinter Family Practice Update; Boyne Highlands, MI
2. Strzoda, CE, February 2008, “Update on Prenatal Care.” University of Michigan Midwinter Family Practice Update; Boyne Highlands, MI
3. Strzoda, CE, February 2008, “Labor Induction: Indications and Methods.” University of Michigan Midwinter Family Practice Update; Boyne Highlands, MI

4. LaMore, CE, December 2018, “Evidence for Yoga in Geriatric Populations.” University of Michigan 26th Annual Primary Health Care of Women Conference & Integrative Health in Primary Care; Ann Arbor, MI

#### Grand Rounds

1. Strzoda, CE, April 2008, “Update on Cervical Dysplasia.” University of Michigan Department of Family Medicine; Ann Arbor, MI

#### Resident Lectures

1. Strzoda, CE, November 2007, “Indication and Management of Labor Induction.” University of Michigan Department of Family Medicine; Ann Arbor, MI
2. Strzoda, CE, March 2008, “Primary and Secondary Amenorrhea.” University of Michigan Department of Family Medicine; Ann Arbor, MI
3. Strzoda, CE, July 2009, “Induction of Labor.” University of Michigan Department of Family Medicine; Ann Arbor, MI
4. Strzoda, CE, November 2009, “Mobility and Fall Risk in the Elderly.” University of Michigan Department of Family Medicine; Ann Arbor, MI
5. Strzoda, CE, March 2016 and May 2014, “Functional Bowel Disorders in the Elderly.” University of Michigan Department of Family Medicine; Ann Arbor, MI
6. Strzoda, CE, July 2014, “Geriatric Mega-Case: An Introduction to Geriatrics.” University of Michigan Department of Family Medicine; Ann Arbor, MI
7. LaMore, CE, March 2015, “Geriatric Pharmacology.” University of Michigan Department of Family Medicine; Ann Arbor, MI
8. LaMore, CE, July 2015, “Geriatric Cases of Polypharmacy and Falls.” University of Michigan Department of Family Medicine; Ann Arbor, MI
9. LaMore, CE, March 2016, “Bowel Disorders in the Elderly.” University of Michigan Department of Family Medicine; Ann Arbor, MI
10. LaMore, CE, July 2016, “Intro to Polypharmacy and Integrative Practices in Geriatric Care.” University of Michigan Department of Family Medicine; Ann Arbor, MI
11. LaMore, CE, November 2017, “Mobility and Fall Risk in the Elderly.” University of Michigan Department of Family Medicine; Ann Arbor, MI
12. LaMore, CE, March 2018, “Case Study: POTS and Intractable Nausea/Vomiting.” University of Michigan Department of Family Medicine; Ann Arbor, MI
13. LaMore, CE, March 2018, “Bowel Disorders in the Elderly.” University of Michigan Department of Family Medicine; Ann Arbor, MI
14. LaMore, CE, March 2019, “Evaluation of a Culinary Medicine Elective for Medical Students.” University of Michigan Department of Family Medicine, Ann Arbor MI
15. LaMore, CE, March 2019, “Geriatric Pharmacology.” University of Michigan Department of Family Medicine; Ann Arbor, MI
16. LaMore, CE, October 2019, “Integrative medicine neurology topic teaching – Parkinsons, Alzheimer’s, Multiple Sclerosis and Peripheral Neuropathy.” University of Michigan, Department of Family Medicine; Ann Arbor, MI (recurring)
17. LaMore, CE, March 2020, “Integrative medicine treating hypertension and diabetes

### Medical Student Lectures

June 2008 – Acute Case Presentations, Family Medicine Clerkship, University of Michigan Department of Family Medicine; Ann Arbor, MI  
June 2019 – Integrative Medicine Medical Student Session, University of Michigan Medical School; Ann Arbor, MI

### Curriculum Development

2009 – 2018 – Geriatric curriculum development, University of Michigan Department of Family Medicine; Ann Arbor, MI

### **Committee, Organizational, and Volunteer Service**

2007 – 2013           Community volunteer physician, Ann Arbor Middle School Sports Physicals; Ann Arbor, Michigan  
2007 – 2013           Sexual Education Sessions, Beach Middle School; Chelsea, Michigan  
2007 – Present       Team physician, Dexter High School Football; Dexter, Michigan  
2010                   Obstetrical volume task force, University of Michigan Department of Family Medicine; Ann Arbor, MI  
2010                   Faculty oversight for Resident Peer Review Committee  
2012 – 2013          Member, Ethics Committee, University of Michigan; Ann Arbor, MI  
2015 – Present       Pharmacy and Therapeutics Committee, St. Joseph Mercy Hospital; Chelsea, MI

### **Bibliography**

#### Peer reviewed articles

Kaferle, J., Strzoda, C. Evaluation of Macrocytosis. Am Fam Physician. 2009; 79(3): 203-208

#### Book chapters

- 1) Strzoda, C. Raynaud's phenomenon. In: Ebell MH, Ferenchick G, Smith M, Barry H, Slawson D, Shaughnessy A, Forsch R, Li S, Wilkes M, Usatine R, eds. Essential Evidence. John Wiley & Sons: Hoboken, NJ, 2009.
- 2) Strzoda, C. Leg cramps. In: Ebell MH, Ferenchick G, Smith M, Barry H, Slawson D, Shaughnessy A, Forsch R, Li S, Wilkes M, Usatine R, eds. Essential Evidence. John Wiley & Sons: Hoboken, NJ, 2009.

#### Poster Presentations

LaMore C. Feasibility Study of a Modified Yoga Program for Elderly Adults. International Congress, Academic Consortium on Integrative Medicine & Health, April 2020.