The **MC3 Perinatal** program offers psychiatry support to perinatal providers in Michigan who are caring for women who are contemplating pregnancy, pregnant, or postpartum (up to one year). Perinatal psychiatrists are available through same-day phone consultations to offer guidance on diagnostic questions, safe medications in pregnancy and while breastfeeding, and appropriate psychotherapy.

### How does MC3 work?

1. **PCP/delegate** contacts MC3 BHC
2. **BHC triages call and provides resources**
3. **Psychiatrist and PCP connect**
4. **Consult summary sent to PCP**

#### MC3 Process
- Call can be initiated by anyone in the practice with knowledge about the patient
- Call with psychiatrist will need to be with the prescribing provider
- Behavioral Health Consultants (BHCs) can provide resource-only consults

#### Who is eligible to participate?
Perinatal providers in Michigan are eligible to participate in the program. This includes MDs, DOs, NPs, PAs, and CNMs in family medicine and OB/Gyn practices. Non-prescribers are not required to formally sign up; they can participate in educational trainings, access resources, and utilize BHCs for referrals and local resources.

**Sources:** National Institute of Mental Health, 2018, CDC, PRAMS, 2018
This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U4CMC32321, Pediatric Mental Health Care Access Program as part of an award totaling $534,000, with 20 percent financed with state government resources. This information or content and conclusions are those of MDHHS, and should not be construed as the official position or policy of, nor should an endorsements be inferred by HRSA, HHS or the U.S. Government.