

# U-M MOVEMENT DISORDERS FOR THE NON-NEUROLOGIST

**FRIDAY, SEPTEMBER 14, 2018**

LAUREL MANOR, LIVONIA, MI



# PROGRAM SCHEDULE

FRIDAY, SEPTEMBER 14, 2018 6.5 CREDIT HOURS

7:30am Registration and Continental Breakfast

## AM SESSION - Didactic lectures

8:00 **The Patient Who Shakes**  
*Chou*

8:45 **The Dystonic Patient**  
*Dayalu*

9:15 **The Parkinsonian Patient**  
*Poston*

10:00 BREAK

10:15 **The Patient with a Walking Problem**  
*Kotagal*

11:00 **The Fidgety Patient**  
*Wyant*

11:30 **The Patient with Tics**  
*Spears*

12:00pm LUNCH

## PM SESSION - Participants will be split into 3 groups and spend 20-25 minutes with each live patient

1:00 **Patient 1**

1:25 **Patient 2**

1:50 **Patient 3**

2:15 BREAK

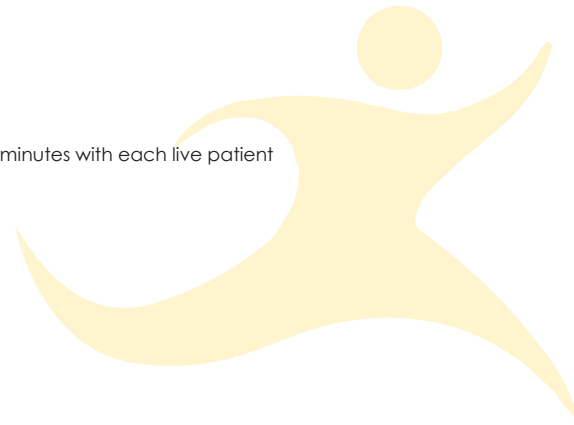
2:30 **Patient 4**

2:55 **Patient 5**

3:20 **Patient 6**

3:45 Q&A

4:00 Adjourn



# GUEST FACULTY

**Kathleen Poston, MD**  
Stanford University Medical Center  
Associate Professor of Neurology & Neurological Sciences and  
(by courtesy) Neurosurgery

# UNIVERSITY OF MICHIGAN FACULTY

**Kelvin L. Chou, MD**  
Professor, Neurology and Neurosurgery

**Praveen Dayalu, MD**  
Associate Professor, Neurology

**Kara J. Wyant, MD**  
Assistant Professor, Neurology

**Vikas Kotagal, MD**  
Assistant Professor, Neurology

**Christopher Chauncey Spears, MD**  
Assistant Professor, Neurology

# PLANNING COMMITTEE

**Kelvin L. Chou, MD**  
Course Co-Director

**Kara J. Wyant, MD**  
Course Co-Director

**Laura Zeitlin, LMSW**  
Educational Activities Coordinator, Udall Center of Excellence for  
Parkinson's Disease Research  
Administrative/Logistical Support

## COURSE HIGHLIGHTS

Designed for the busy clinician, this exciting full-day course will cover the most common movement disorders seen in clinical practice, including tremor, dystonia, tics, chorea and parkinsonism, as well as gait disorders. Participants will benefit from the expertise of our highly regarded movement disorders faculty, who will provide attendees with high-yield, practical information for recognition, diagnosis, assessment and management of these movement disorders. The afternoon session is dedicated to "bedside teaching" sessions with actual patients. During these sessions, faculty will demonstrate movement disorders examination techniques and share clinical pearls so that participants can be more confident in diagnosing various movement disorders.

Primary care physicians, geriatricians, psychiatrists, physiatrists, physicians in training, nurses, physician assistants, and rehabilitation specialists who are interested in learning more about clinical aspects of movement disorders will find this course highly beneficial.

## LEARNING OBJECTIVES:

Upon completion of this course, participants should be able to describe how to evaluate, examine and treat patients who present with:

- Tremor
- Dystonia
- Parkinsonism
- Gait disorders
- Chorea
- Tics

## WHO SHOULD ATTEND:

The intended audience for this course includes primary care physicians, geriatricians, psychiatrists, physiatrists, physicians in training, nurses, physician assistants, and rehabilitation specialists who are interested in learning more about clinical aspects of movement disorders.

#### DATE

FRIDAY, SEPTEMBER 14, 2018

Registration and Continental Breakfast: 7:30am

Course Adjourns: 4:00 pm

#### LOCATION

Laurel Manor

39000 Schoolcraft Rd, Livonia, MI 48150

Phone: (734) 462-0770

<http://laurelmanor.com/>

Course Fee: \$150

#### REGISTRATION

You are urged to register as soon as you are certain of attending as we cannot guarantee education materials for applicants who are not preregistered and prepaid by **August 30, 2018**. Registration fees include continental breakfast, lunch, and educational materials for each participant. Checks should be made payable to the University of Michigan. Payments made via American Express, Visa or MasterCard are also accepted.

#### RECORDING THE PROGRAM

Recording the program with battery-operated devices not requiring podium microphones is permitted for the registrant's personal use.

#### PROGRAM FUNDING

This program is supported under the Education and Outreach Core of the University of Michigan Udall Center of Excellence for Parkinson's Disease Research. The Education and Outreach Core pursues a comprehensive program to educate caregivers about the etiology, clinical features and state-of-the-art management of Parkinson disease and falls, including the clinical education of Udall Center Fellows and an aggressive outreach program to inform and educate traditionally underserved communities about Parkinson Disease and related movement disorders.

<http://www.udallpd.umich.edu/>

#### FOR PATIENT CARE OR REFERRALS:

University of Michigan Health System Department of Neurology

East Ann Arbor Health and Geriatrics Center

4260 Plymouth Rd. Level 1

734-764-6831

<http://www.uofmhealth.org/medical-services/brain-neurological-conditions/movement-disorders>

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#### ACCREDITATION AND CREDIT DESIGNATION:

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Osteopathic Association has approved this live activity for 6.5 credit hours.

This Live activity, U-M Movement Disorders for the Non-Neurologist, with a beginning date of 09/14/2018, has been reviewed and is acceptable for up to 6.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### DRIVING DIRECTIONS

##### *From Detroit*

I-96 West to Newburgh Rd. Exit (173A). Follow Schoolcraft service drive for approximately 3/4 mile. Laurel Manor is on the right hand side.

##### *From Ann Arbor*

M-14 East (turns into I-96 East) to Newburgh / Levan Road Exit (173).

Immediately after exiting the freeway, there is an overpass / 96 West, make a left hand turn to cross over the freeway, turn left onto the Schoolcraft Rd service drive heading West (stay in the right hand lane, not to enter back onto the freeway) Follow for approximately ½ mile. Laurel Manor is on the right hand side.

##### *From Metro Airport*

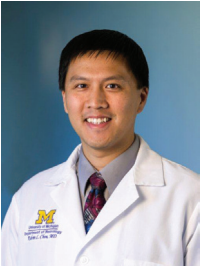
I-94 West to I-275 North to I-96 East (Detroit) to Newburgh / Levan Road Exit (173).

Immediately after exiting the freeway, there is an Overpass / 96 West, make a left hand turn to cross over the freeway, turn left onto the Schoolcraft Rd. service drive heading West (stay in the right hand lane, not to enter back onto the freeway) Follow for approximately ½ mile. Laurel Manor is on the right hand side.

##### *From Grand Rapids*

I-696 West to I-275 South to I-96 East (Detroit) I-96 East to 275 South to 1-96 East to Newburgh / Levan Road Exit (173) immediately after exiting the freeway, there is an overpass / 96 West, make a left hand turn to cross over freeway, turn left onto the Schoolcraft service drive heading West. Follow for approx. 1/2 mile. Laurel Manor is on the right hand side.

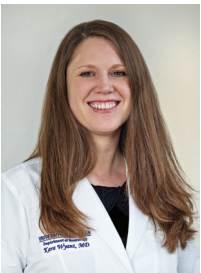
## COURSE DIRECTORS



### **Kelvin L. Chou, MD**

Kelvin L. Chou, MD, is a Professor of Neurology and Neurosurgery in the Department of Neurology. He is the Education and Outreach Core Director for the U-M Udall Center of Excellence for Parkinson's Disease Research and the Co-Director of the Surgical Therapies Improving Movement (STIM) Program.

Board-certified in Neurology and fellowship-trained in movement disorders, Dr. Chou maintains an active movement disorders practice. His research is focused on improving the ability to treat movement disorders patients through deep brain stimulation (DBS) by better understanding the relationships between patient baseline characteristics, DBS targeting, and the clinical effects of stimulation.



### **Kara J. Wyant, MD**

Kara J. Wyant, MD, is an Assistant Professor in the Department of Neurology. She is board certified in Neurology and fellowship trained in movement disorders. She is currently serving as a neurohospitalist at the University of Michigan and provides teleneurology consults for MidMichigan Health System.

Dr. Wyant is actively participating in industry and clinician-led clinical trials for patients with Parkinson disease piloting in-home tele-health visits to improve access to care for patients in rural Michigan. She is also working with MidMichigan Health System to establish remote DBS and movement disorders clinic.

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