



NAVIGATING A MENTAL HEALTH CRISIS BEFORE / DURING / AFTER

A Three-Part Webinar Series

Are you unsure of what to do when you or a loved one are experiencing a mental health crisis? This three-part webinar series will cover early intervention, what to do during a crisis, and what recovery looks like after. Each topic will be discussed by a NAMI WC peer, a CMH representative, and an expert Michigan Medicine Psychiatry with time for Q&A from the audience.

9-30 / 10-7 / 10-14
7 to 8 PM

Learn More and Register at <https://bit.ly/navmhc3>



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

DEPARTMENT OF PSYCHIATRY



National Alliance on Mental Illness

Washtenaw County

