

Carissa Orizondo
Assistant Professor
Family Medicine at Domino's Farms
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Education and Training

Education

05/2006-06/2010 MD, University of Michigan Medical School, Ann Arbor, Michigan

PostDoctoral Training

07/2010-06/2013 Residency, Family Medicine, West Suburban Medical Center, Oak Park, Illinois

07/2017-06/2018 Fellowship, Integrative Medicine Faculty Fellowship, Michigan Medicine, Ann Arbor

07/2018-06/2019 Fellowship, Medical Student Education Fellow, Michigan Medicine, Ann Arbor

Certification And Licensure

Certification

07/2010-present Advanced Cardiac Life Support (Recertified every 2 years)

Licensure

01/2020 State of Michigan, Controlled Substance

01/2020 State of Michigan, Medical License

12/2021 United States, DEA Registration

Academic, Administrative, Clinical, Research and Military Appointments

Academic Appointments

08/2013-present Clinical Lecturer in Family Medicine, University of Michigan, Ann Arbor, Michigan

10/2019-08/2020 Clinical Assistant Professor in Family Medicine, University of Michigan - Ann Arbor, Ann Arbor, Michigan

Clinical Appointments

08/2013-present Staff Physician, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

10/2013-06/2016 Packard Health Prenatal Care Liason, Packard Health, Ann Arbor

Clinical Interests

- Integrative Primary Care, Preventative Health.

Research Interests

- Using integrative medicine to enhance a holistic approach to delivery of family medicine care and education.

Memberships in Professional Societies

2010-present Member, American Academy of Family Physicians

2017-present Member, Academic Consortium Integrative Medicine

Teaching Activity

National

- 01/2020 Educational Handover–Improving the Communication Gap Between Medical School and Internship Elizabeth Jones, MD; Carissa Orizondo Society for Teachers of Family Medicine. Scholarly Topic Roundtable Discussion.
- 01/2020 Family Medicine Residency Preparation Course: 'Bootcamp'–Where It's Been and Where It's Going. Elizabeth Jones, MD; Scott Kelley, MD; Carissa Orizondo; Joel Heidelbaugh, MD. Society for Teachers of Family Medicine. Lecture Discussion.
- 01/2020 Improving Student Teaching Skills With the PERT Feedback Tool. Carissa Orizondo; Elizabeth Jones, MD; Aleksandr Belakovskiy, MD Society for Teachers of Family Medicine. In-Progress Research Project.
- 01/2020 Shared Decision Making and Critical Appraisal–An Introduction to Integrative Medicine (IM) for First-Year Medical Students. Carissa Orizondo; Sylvia Li, BA; Jonathan Welt, BS. Society of Teachers of Family Medicine Poster Presentation.

Regional

- 10/2015 Rashes that Itch. Fall Update in Family Medicine. Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
- 03/2016 My Health Coach Study. Michigan Family Medicine Research Day.

Institutional

- 08/2013-present Outpatient Attending Physician for Medical Students (200 hours/year). Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
- 08/2013-present Primary Preceptor (0-4 times per year), Family Medicine Required Clerkship, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan.
- 07/2014 Antenatal Testing and Fetal Well-Being. Resident Lecture, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
- 07/2014-06/2015 Instructor, Clinical Foundations of Medicine. First-year medical student small group teaching. University of Michigan Medical School, Ann Arbor, Michigan
- 07/2014-present Alternate Clinical Preceptor for Family Medicine Resident Clinic at Ypsilanti Family Health. Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan.
- 07/2015-06/2016 Feedback on Clinical Skills Instructor. Third-year medical students. University of Michigan Medical School, Ann Arbor, Michigan
- 06/2016 Introduction to Integrative Medicine, Online Lecture for first-year medical students. University of Michigan Medical School, Ann Arbor, Michigan
- 06/2016-present Introduction to Integrative Medicine for First-Year Medical Students. 2hr annually.
- 07/2016-present M-Home Doctoring Faculty. Four-year longitudinal course for medical students. University of Michigan Medical School, Ann Arbor, Michigan.
- 10/2016 Outpatient M&M: Acute Abdominal Pain. Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan
- 07/2018-present Lecturer, Michigan Medicine Integrative Medicine Fellowship (~2 per year)
- 08/2018-present Assistant Director, Family Medicine Residency Preparation Course
- 10/2018 Outpatient M&M: Hyperhidrosis. Department of Family Medicine, Michigan Medicine.

Clinical Track Scholarly Contribution

Clinician-Educator

- Chronic pain: How to approach these 3 common conditions.
- Delivery of Health Coaching by Medical Assistants in Primary Care.

Committee and Administrative Services

Committee Services

Institutional

2016-present	Comprehensive Gender Services Program Provider Meetings, Quarterly. Michigan Medicine, Ann Arbor, MI., Member
2018-2019	Ambulatory Leadership Team, Michigan Medicine, Ann Arbor, MI., Member
2018-2019	Clerkship Steering Group, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan., Member
2018-2019	Medical Student Education Committee, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan., Member

Administrative Services

Volunteer

2014-present	Clinician, Educator, Migrant Health Clinics, Rotating sites in Lenawee County, In partnership with Community Action Agency. Provide medical care to Migrant Farm workers and their families.
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Bibliography

Peer-Reviewed Journals and Publications

1. Schneiderhan J, **Orizondo C**: Chronic pain: How to approach these 3 common conditions. J Fam Pract 66 (3): 145-157, 2017. PM28249053
2. Djuric Z, Segar M, **Orizondo C**, Mann J, Faison M, Peddireddy N, Paletta M, Locke A: Delivery of Health Coaching by Medical Assistants in Primary Care. J Am Board Fam Med 30(3): 362-370, 2017. PM28484068/PMC5634140