

CURRICULUM VITAE

Lauren Oshman MD MPH FAAFP

Department of Family Medicine, University of Michigan Medical School
300 North Ingalls Street, NI4C06, Ann Arbor, Michigan 48109-5435

laoshman@med.umich.edu

EDUCATION AND TRAINING

Education

9/1994-6/1998 B.S., Biochemistry, University of Cincinnati, Cincinnati, OH
9/1994-6/1998 B.M., Bassoon, University of Cincinnati, Cincinnati, OH
9/1998-6/2003 M.D., Baylor College of Medicine, Houston, TX
9/2000-6/2001 M.P.H., Columbia University Mailman School of Public Health, NY, NY

Postdoctoral Training

7/2004-7/2007 Family Medicine Residency, Beth Israel Medical Center, Albert Einstein College of Medicine of Yeshiva University, NY, NY
9/2013-6/2014 Faculty Development Fellowship, Teaching for Healthy Families and Communities, Department of Family Medicine, Cook County Hospital, Chicago, IL
10/2015-10/2016 Quality and Patient Safety Fellowship, NorthShore University HealthSystem, Chicago, IL
7/2016 Centering Pregnancy Basic Facilitation Training, Chicago, IL
9/2017 Motivational Interviewing Network of Trainers, Training of New Trainers (TNT) Certificate, Montreal, CA
9/2018-11/2018 Improvement Coach Certificate, Institute for Healthcare Improvement, Boston, MA
11/2019 Certification, Cognitive Behavioral Therapy for Insomnia
11/2018-5/2019 NorthShore Medical Group Leadership Institute
3/2020 Pinnacle Performance Executive Communication Training

1/2020-7/2020 Rush Opioid Use Disorder Fellowship Program, Chicago, Illinois

Gaps

6/2003-7/2004 Elected National President American Medical Student Association, with one year full time employment in this role between medical school graduation and start of Family Medicine residency.

CERTIFICATION AND LICENSURE

Certification

7/2007-2027 American Board of Family Medicine, certified 7/2007, recertified 4/2017

4/6/21-12/31/31 American Board of Obesity Medicine, initial certification 4/6/2021

Licensure

2007-2013 New Hampshire License

2012-present Illinois License

2020-present Michigan License

WORK EXPERIENCE

Academic Appointments

2/2009-6/2012 Adjunct Assistant Professor, Department of Community and Family Medicine, Geisel School of Medicine at Dartmouth University

3/2014-6/2020 Clinical Assistant Professor, Department of Family Medicine, Pritzker School of Medicine, The University of Chicago

7/2020- Clinical Associate Professor, Department of Family Medicine, Pritzker School of Medicine, The University of Chicago

10/2020- Associate Professor, Department of Family Medicine, University of Michigan Medical School

Administrative Appointments

6/2006-6/2007 Chief Resident, Beth Israel Residency in Urban Family Practice, Beth Israel Medical Center, Albert Einstein College of Medicine of Yeshiva University

2013-2017 Site Director for Medical Education, Family Care Center, NorthShore University HealthSystem, University of Chicago

- 2015-2017 Assistant Medical Director for Quality, Glenbrook Family Care Center

- 5/2016-9/2019 Director of Quality, Department of Family Medicine, NorthShore University HealthSystem

- 9/2018-9/2019 Fellowship Director, Quality and Safety Fellowship, NorthShore University HealthSystem. Key roles include: serve on fellowship committee, organize didactic curriculum, and mentor six quality fellows in practicum projects

- 9/2019-10/2020 Vice-Chair for Quality, Department of Family Medicine, NorthShore University HealthSystem. Key roles include: chair quality improvement committee; guide improvement in key quality metrics; manage credentialing and professional practice evaluation; represent department in organizational quality improvement activities.

Clinical Appointments

- 7/2007-8/2012 Family Physician, Concord Family Medicine, Concord, NH
- 8/2012-6/2019 Family Physician, Glenbrook Family Care Center, Glenview, IL
- 9/2013-6/2019 Family Physician, Lake County Health Department, Highland Park, IL
- 7/2019-7/2020 Family Physician, Glenview Health Center, Glenview, IL
- 12/2020- Family Physician, Chelsea Family Medicine, Chelsea, MI

CLINICAL INTEREST

Family medicine including obstetrics and outpatient care, with strong history of inpatient care, with expertise in motivational interviewing, obesity medicine, substance use disorders, mental health and chronic disease management, women’s health, procedures and family planning.

RESEARCH INTEREST

Quality improvement science and implementation of evidence-based care into primary care settings with focus topics including motivational interviewing, primary care diabetes management, depression screening, ambulatory pain management and opioid safety, and primary care integration of opioid use disorder and behavioral health.

GRANTS AND FUNDING

- 2005 PI: Prine. Physicians for Reproductive Choice and Health Model Family Medicine Residency Training Program in Contraception Award. My role: Mentee. \$5000.
- 2015 Co-PI: Oshman. Scholl Foundation Seed Grant. Centering Pregnancy group visit pilot program. Co-PI Dr Miriam Whiteley. \$3000. My role: conception of project design, development of intervention, mentorship of residents, project evaluation.
- 9/2018-9/2019 PI: Oshman. Pfizer Independent Grants for Learning & Change (IGLC) and the Institute for HealthCare Improvement (IHI) Medication Optimization in Primary Care Grant. Pharmacy Intervention for Medication Adherence for High-risk Patients after Hospitalization. \$16,400.
- 8/2018-7/2019 PI: Oshman. Chicago Center for Diabetes Translation Research Pilot and Feasibility Grant. Feasibility Study of Person-Centered EMR Decision Support Tool to Improve Diabetes Care. \$25,000. Support from NIDDK P30 DK092949 and the Dean's office of the Biological Sciences Division of the University of Chicago
- 3/2021- Co-Program Director: Michigan Collaborative for Type 2 Diabetes. Co-PIs: Caroline Richardson and Jim Aikens. FTE 0.2
- 3/2021- Consultant. University of Toledo Department of Family Medicine. Program to Enhance Quality Improvement Activities in a Department of Family Medicine. Chair: Linda Speer. FTE 0.05

HONORS AND AWARDS

- 1994 National Merit Finalist
- 1998 Magna cum laude, University of Cincinnati
- 1998 Phi Beta Kappa
- 2007 Best Teaching Resident, Beth Israel Residency in Urban Family Practice
- 2015 Outstanding Faculty Teacher of the Year, University of Chicago (NorthShore) Family Medicine Residency Program
- 2015 Degree of Fellow, American Academy of Family Physicians

- 2019 Outstanding Faculty Teacher of the Year, University of Chicago (NorthShore)
Family Medicine Residency Program
- 2020 Outstanding Faculty Teacher of the Year, University of Chicago (NorthShore)
Family Medicine Residency Program

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- 2007-present American Academy of Family Physicians, active member
- 2012-2020 Illinois Academy of Family Physicians
- 2013-2019 Society of Teachers of Family Medicine
- 2017-present Motivational Interviewing Network of Trainers
- 6/2020-present Obesity Medicine Association
- 2020-present Michigan Academy of Family Physicians

EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE

Peer review service

- 2017-present Family Medicine, Ad hoc journal reviewer
- 2017-present PRiMER, Ad hoc journal reviewer
- 2017-present Evidence-Based Practice, Ad hoc journal reviewer
- 2020-present Journal of Community Health and Primary Care, Ad hoc journal reviewer

TEACHING

Medical Student Education

Geisel School of Medicine at Dartmouth University

- 2008-2012 Preceptor, *On Doctoring course*, Department of Community and Family
Medicine, Geisel School of Medicine at Dartmouth University

University of Chicago Pritzker School of Medicine

- 2012-2020 Preceptor, Family Medicine clerkship, 2-4 M3 students / year
- 2012-2020 Preceptor, Family Medicine sub-internship, Glenview Hospital Family Medicine Inpatient Service, 2-4 M4 students / year
- 2014-2020 Lecturer, Motivational Interviewing, Family Medicine clerkship, monthly 2 hour introductory lecture
- 2014-2020 Observed Standardized Clinical Encounter Supervisor, Motivational Interviewing, Family Medicine clerkship. Cases: smoking cessation, exercise prescription.
- 2016 Mentor, Scholarship and Discovery project, "The Current State of Motivational Interviewing Curricula in Undergraduate Medical Education," medical student Graham Block.
- 2017-2020 Lecturer, Brief Action Planning for Behavior Change, Family Medicine clerkship, monthly 45 minute follow up lecture

University of Michigan Medical School

- 2020- Research mentorship:
- Student Stephanie Terrell. Project: Mixed Methods Needs Assessment of Trauma-Informed Care Approaches to Pelvic Examination. Work in progress.
- 2021- Preceptor, Family Medicine Clerkship, Chelsea Family Medicine, approximately 2-4 sessions per month, 10 students per year
- 2/12/2021 Student Lecture: Case Discussion Facilitation: cases of dizziness, syncope, and chronic hypertension management

Resident Education

NH-Dartmouth Family Medicine

- 2009-2010 Community preceptor, NH-Dartmouth Family Practice Residency, clinic preceptor and Centering Pregnancy preceptor, 1-2 sessions precepting per month.

University of Chicago NorthShore Family Medicine Residency Program

- 2012-2020 Core residency program faculty member, duties as below.

2012-2020	Attending physician, Glenbrook Hospital Family Medicine Inpatient Service, daily rounds and teaching, 6 weeks / year
2012-2019	Attending physician, Highland Park Hospital family medicine labor and delivery services, 2-4 days / month
2012-2019	Core Preceptor, Glenbrook Family Care Center, residency ambulatory clinic, 1 session / week
2012-2019	Attending physician, Lake County Health Department, resident women's health clinic, gynecological procedures and colposcopy, 1 session / week
2012-2019	Attending physician, Lake County Health Department, resident prenatal clinic, 1 session / week
2012-2020	Lecturer, residency didactic lecture series. Selected lectures: Motivational Interviewing, agenda setting, contraception, sexually transmitted infections, pregnancy options counseling and abortion care, gastroenteritis, skin procedures workshop, quality Improvement lecture series, cost conscious care – Choosing Wisely, cost conscious care – pharmaceutical advertising, ADHD pharmacology, vaping and adolescents.
2012-2020	Curriculum coordinator, Community Medicine rotation. Organize longitudinal blended community medicine and behavioral health PGY2/3 curriculum. Deliver didactic lectures with Behavioral faculty Dr. Lindsay Fazio, including: SBIRT, medication assisted treatment, trauma informed care, care of difficult patients, health equity, implicit bias, community resources, community strategic planning, vaping, cognitive behavioral therapy for insomnia, pediatric and adolescent behavioral health. Organize community site visits and mentor residents in community presentations.
2012-2019	Curriculum coordinator and mentor, women's health track, 1 resident / yr
2012-2019	Curriculum coordinator and mentor, obesity medicine rotation and track, 1-2 resident / yr
2012-2019	Team mentor, quality improvement project teams, 1 team per year; mentor resident to become team leaders in QI, submit projects for resident ABFM QI credit, mentor poster presentation at residency annual scholarship day. <ul style="list-style-type: none"> • 2019: Implementing Counseling on Early Peanut Introduction • 2017: Increasing Cervical, Breast, and Colorectal Cancer Screening • 2016: Improving PCP and Team Continuity Using an After Visit Summary Instruction

- 2015: How Do Patient Intake Forms Impact Resident Physician Agenda-Setting?

2015-2020 Mentor, scholarly activity Help Desk Answer publication, 1 resident / yr

2019-2020 Attending physician, Evanston Hospital family medicine labor and delivery services, ad hoc call

2019-2020 Preceptor, Erie Evanston Skokie Health Center, residency ambulatory clinic, 1 session / week

University of Michigan Family Medicine Residency Program

2020- Attending physician, Von Voigtlander Hospital family medicine labor and delivery services, 2-4 days / month

2020- Research mentorship:

- Resident Sebastien Schoenlich. Project: Retrospective Analysis of Patient and Provider Factors Influencing Meconium Testing of Newborns: An Anti-Racism Informed Quantitative Analysis
- Resident Carol Shetty. Project: Care Provider Attitudes Informing Informed Consent for Newborn Meconium Screening: An Anti-Racism Informed Qualitative Analysis

2/3/2021 Resident Lecture: "Choosing Wisely: Striving for Cost Conscious Care"

3/3/2021 Resident Lecture: "Interpretation of Urine Drug Testing"

Fellowship Education

NorthShore Quality and Patient Safety Fellowship

2018-2019 Fellowship Director and Mentor, served on selection committee, organized six-month didactic curriculum, mentored six quality fellows in practicum projects with co-director Anthony Solomonides DPhil, and supervised fellowship mid-year and final presentations.

Practicum projects:

- Matt Biszewski, PharmD, Reducing Clinical Inertia Associated with T2 DM
- Amanda Caplan, MD, Immediate Care Antibiotic Stewardship
- Matthew Howard MD, Identifying Developmental Delays in Pediatric Pts
- Svjetlana Lozo, MD MPH, Should Penicillin Allergy Be Confirmed During Pre-Operative Testing?
- Jennifer Paruch, MD, Managing Opiate Use for Outpt Surgical Procedures

- Nirav Shah, MD MPH, Development of a Clinical Analytics Prediction Engine and Learning Health System

Institutional Teaching

- 9/22/2016 Depression diagnosis and management for the primary care physician. NorthShore Department of Family Medicine Continuing Professional Development Series. With Ethan Karsen MD, NorthShore Department of Psychiatry. Chicago, IL.
- 8/11/2017 Grand Rounds: Update on Safe Opioid Prescribing: A Prescription for Change. With Regan Christopoulos MD. NorthShore Department of Medicine. Chicago, IL.
- 3/13/2018 Update on Safe Opioid Prescribing: A Prescription for Change. With Regan Christopoulos MD. NorthShore Department of Medicine Division of General Internal Medicine Education Series. Chicago, IL.
- 4/11/2018 Panel presentation: Leading with Influence: Learning from those who do it well. NorthShore Medical Group Leadership Institute. Chicago, IL.
- 6/12/2019 Motivating Patients and Teams. NorthShore Medical Group Leadership Institute. Chicago, IL.
- 7/21/2020 Whom Should We Test for COVID-19? Use of a Risk Stratification Tool in Immediate Care. With Amanda Caplan, MD. NorthShore University HealthSystem Outcomes Research Seminar COVID-19 Research Series. Chicago, IL.
- 7/30/2020 Diabetes Update. With Dr Liana Billings, Endocrinology, and Dr. Romy Block, Endocrinology. NorthShore Department of Family Medicine. Chicago, IL.
- 8/28/2020 Diabetes Focused Visit: A Pilot to Improve Primary Care Diabetes Care. Chicago Center for Diabetes Translational Research General Internal Medicine Research Workshop. Chicago, IL.
- 1/19/2020 Predictors of meconium screening ordering and canceling at UM. Justine Wu, MD MPH, Paul Chandanabhumma, MPH PhD, Christopher Frank, MD, PhD, Lauren Oshman, MD MPH, Sebastian Schoneich, MD. Research Meeting Presentation. University of Michigan Department of Family Medicine, Ann Arbor, MI.

TRACK: INDIVIDUALIZED – QUALITY AND RESEARCH INNOVATION

I plan to continue my quality and patient safety leadership experience to pursue quality improvement and research work in my clinical areas of interest, including primary care diabetes, obesity care, women’s health and family planning, and behavioral health. I will expand the scope of my work through state-wide and national projects and collaborations with NIH-funded researchers, and through consulting work with other departments of family medicine.

COMMITTEE, ORGANIZATION AND VOLUNTEER SERVICES

Intramural, Beth Israel Medical Center

2005-2007 Co-Chair, House Staff Committee

Intramural, Concord Hospital Medical Group

2009-2012 Member, Quality Improvement Committee

2010-2012 Member, Informatics Committee

Intramural, NorthShore University HealthSystem

2014-2016 Member, EPIC Optimization Committee

2016-2020 Member, Faculty Practice Associates Quality Committee

2016-2017 Co-Chair, Opioid Task Force, Subcommittee, Faculty Practice Associates Quality Committee, NorthShore HealthSystem

2017-2020 Member, Immunization Quality Improvement Committee: develop immunization reference sheet, academic detailing on HPV vaccine

2017-2020 Member, Diabetes Quality Improvement Committee: develop quality improvement tactics to improve diabetes control, author NorthShore Diabetes Algorithm, lead multi-office QI project “Diabetes Focused Visits”

2017-2020 Member, Ambulatory Quality Council

2017-2020 Member, Physician Practice Council (Vice Chairs and Directors of Quality)

2017-2020 Chair, Ambulatory Pain Committee: co-author Practice Advisory for Safe Opioid Prescribing, achieve organizational quality metric for safe opioid prescribing, manage Professional Practice Evaluation for opioid prescribing concerns in practices

- 2018-2020 Member, NorthShore Physician Associates Value Based Care Board of Directors
- 2019-2020 Member, NorthShore Sensitive Exam Task Force, tasked with developing chaperone policy for NorthShore University HealthSystem
- 2019-2020 Member, Board of Directors, NorthShore University HealthSystem Medical Group, selected to serve on board of 900 multi-specialty physician group

Intramural, University of Michigan

- 2020- Member, Inpatient Prioritization Committee, Michigan Medicine, prioritizing development and implementation of clinical guidelines
- 2020- Member, Department of Family Medicine Quality Committee
- 2021- Member, Anti-Racism in Research, Family Medicine Committee
- 2021- Member, Clinical Academy of Excellence Task Force, Family Medicine Committee

Regional extramural

- 2009-2012 Member, Board of Directors, New Hampshire Academy of Family Physicians
- 2013-2020 Member, Government Relations Committee, Illinois Academy of Family Physicians
- 2015-2018 Member, Board of Directors, Illinois Academy of Family Physicians
- 2017-2020 Member, CME Committee, Illinois Academy of Family Physicians
- 2017-2020 Member, Host Committee, Family Medicine Midwest Conference 2017
- 2018-2019 Chair, Resolutions Task Force, Illinois Academy of Family Physicians
- 2018-2020 Member, Board of Directors, Illinois Academy of Family Physicians Foundation
- 2019 Member, Host Committee, Family Medicine Midwest Conference 2019
- 2019 Member, Educational Planning Committee, Family Medicine Midwest Conference 2019

- 2019-2020 Member, Planning Committee, 2020 Multistate Forum, Illinois Academy of Family Physicians
- 3/2020- Member, Board of Directors, Family Medicine Midwest Foundation
- 8/2020-8/2021 Professional Development Committee, Family Medicine Foundation Michigan
- 8/2021- Vice-Chair, Professional Development Committee, Family Medicine Foundation Michigan

National extramural

- 2002-2004 Board of Directors, American Medical Student Association (AMSA)
- 2004 National President, American Medical Student Association (AMSA)
- 2000-2004 Member, STFM Family Medicine Curriculum Resource (FMCR) Project, HRSA Contract #240-00-0107, Representative from American Medical Student Association (AMSA)
- 3/2020 Invited attendee, Family Medicine Leaders Conference, Dallas Meeting, March 2020
- 1/2021- Obesity Medicine Association, Advocacy Committee

SEMINARS, VISITING PROFESSORSHIP, EXTRAMURAL INVITED PRESENTATIONS

Intramural invited presentations:

- 4/2021 Nexplanon Training. University of Michigan School of Nursing, teaching three cohorts of nurse practitioner and nurse midwife students.

Extramural invited presentations:

- 1/2006 Evidence Based Update on Contraception. Seminar. With Linda Prine MD et al. New York State Academy of Family Physicians Winter Weekend Conference. Lake Placid, NY.
- 11/13/2015 Essentials of Motivational Interviewing. Geisinger 22nd Annual Primary Care Update. State College, PA.

3/30/2016 Physician wellness and rejuvenation, nutritional supplements, motivational interviewing. American Academy of Family Physicians Infant, Child and Adolescent Medicine course. Las Vegas, NV.

11/12/2016 Motivational Interviewing. Illinois Academy of Family Physicians Annual Meeting. Chicago, IL.

7/12-15/2017 Care of the difficult patient, chronic pain cases, preventive care, motivational interviewing. American Academy of Family Physicians Chronic Conditions Course. San Diego, CA.

8/2-5/2017 Contraception, immunizations, nutritional supplements, motivational interviewing. American Academy of Family Physicians Infant, Child and Adolescent Medicine course. Myrtle Beach, SC.

9/26/2018 Care of the difficult patient, childhood obesity, motivational interviewing. American Academy of Family Physicians Chronic Disease Course. Tampa, FL.

10/13/2018 Adolescent Contraception. Problem Based Learning. Family Medicine Experience. New Orleans, LA.

2/24/2019 Safe Opioid Prescribing. American Academy of Family Physicians Multi-State Forum. Dallas, TX.

10/5/2019 Creating an Institutional Practice Advisory for Safe Opioid Prescribing. Midwest Pain Society. Chicago, IL.

11/13/2019 Difficult patients, Pediatric Obesity. American Academy of Family Physicians Chronic Disease Course. La Joya, CA.

11/19/2019 Vaping Use and Brief Tobacco Intervention. Illinois Academy of Family Physicians Webinar.

4/12/2020 Post Hospital Care of the COVID Patient. Illinois Academy of Family Physicians Webinar.

9/2020 Childhood obesity, menopause. American Academy of Family Physicians Chronic Disease Course. Virtual live stream.

10/2020 Motivational interviewing in maternity care, childhood obesity, menopause, American Academy of Family Physicians Family Medicine Experience (FMX), Chicago IL. Virtual live stream.

- 3/2021 Depression and Anxiety in Your Practice. American Academy of Family Physicians. Facebook Livestream.
- 4/2021 Depression and Anxiety in Your Practice. American Academy of Family Physicians. Virtual conference.

BIBLIOGRAPHY

Peer-reviewed, Primary Literature

1. The Good Stewardship Working Group, Aguilar Irene, Berger Zackary D, Casher Danielle, Choi Ricky Y, Green Jonas B, Harding Elizabeth G, Jaeger Jeffrey R, Lavin Arthur, Martin Rebecca, Montgomery Lynda G, Morioka-Douglas Nancy, Murphy Judith A, **Oshman Lauren**, Picker Bethany, Smith Stephen R, Venkatesh Shubha, Williams Mozella, Wright Gwendolyn M. The "top 5" lists in primary care: meeting the responsibility of professionalism. *Arch Intern Med*. 2011;171(15):1385–1390. doi:10.1001/archinternmed.2011.231. 195 citations.
2. **Oshman LD** and Combs GN. Integrating Motivational Interviewing and Narrative Therapy to Teach Behavior Change to Family Medicine Resident Physicians. *International Journal of Psychiatry and Medicine*. 2016 May: 51 (4): 367-78. doi: 10.1177/0091217416659273. 5 citations.
3. Combs G and **Oshman L**. Pearls for Working with People Who Have Personality Disorder Diagnoses. In: *Psychiatric Care in the Primary Care Practice*. Primary Care: Clinics in Office Practice. 2016 June: 43 (2): 263-8. doi: 10.1016/j.pop.2016.02.001. 3 citations.
4. **Oshman LD**, Davis AM. Human Papillomavirus Vaccination for Adults: Updated Recommendations of the Advisory Committee on Immunization Practices (ACIP). *JAMA*. Published online January 13, 2020. doi:10.1001/jama.2019.18411, >20,000 views.
5. Lemke AA, Thompson J, Hulick PJ, Sereika AW, Johnson C, **Oshman L**, Dunnenberger HM. Primary care physician experiences utilizing a family health history tool with electronic health record-integrated clinical decision support: an implementation process assessment [published online ahead of print, 2020 Feb 4]. *J Community Genet*. 2020;10.1007/s12687-020-00454-8. doi:10.1007/s12687-020-00454-8
6. Lemke AA, Amendola LM, Kuchta K, Dunnenberger HM, Thompson J, Johnson C, Ilbawi N, **Oshman L**, Hulick P. Primary care physician experiences with integrated population-scale genetic testing: A mixed-methods assessment. *Journal of Personalized Medicine*. 2020: Oct 13; 10(4): 165.

7. **Oshman L**, Caplan C, Ali R, Singh L, Khalid, Jameel M, David S. Whom Should We Test for COVID-19? Performance of a Symptom and Risk Factor Questionnaire on COVID-19 Test Results and Patient Outcomes in an Immediate Care Setting. *Journal of Primary Care & Community Health*. January 2020. doi:10.1177/2150132720981297
8. **Oshman L**, Solomonides A, Masi C, Leiderbauer V, Rao G .Evolution and Evaluation of a Quality and Patient Safety Fellowship for Practicing Health Professionals. *American Journal of Medical Quality*. Accepted for publication.

Peer Reviewed, Non-Traditional Outlet

9. **Oshman L**. Vitamin C for pregnant smokers. *Evidence-Based Practice*. 18(1):4, January 2015.
10. **Oshman L**. Skip the drip when prescribing PPIs for high-risk bleeding ulcers. *Evidence-Based Practice*. 18(6):4, June 2015.
11. **Oshman L**. In women who have experienced one or more miscarriages, does the addition of oral progesterone improve pregnancy outcomes? *Evidence-Based Practice*. 18(10): E1, October 2015.
12. **Oshman L**. BMI: A weighty risk for complex endometrial hyperplasia. *Evidence-Based Practice*. 20(2):4, February 2017.
13. Miller DE and **Oshman L**. Are calcium channel blockers effective for treating primary Raynaud's phenomenon? *Evidence-Based Practice*. 20(8):E1, August 2017.
14. Singh S and **Oshman L**. In adult patients with depression, does a diet low in refined sugars improve mood? *Evidence-Based Practice*. 20(10): E8-E9, October 2017.
15. Tetreault S and **Oshman L**. In women desiring postpartum contraception with an IUD, does immediate IUD insertion after delivery increase continued IUD use at 6 months compared with delayed IUD insertion? *Evidence-Based Practice*. 21(6): E5-6, June 2018.
16. Viollet A and **Oshman L**. For adults with chronic low back pain, is a prescribed walking program as effective as formal physical therapy? *Evidence-Based Practice*. 21(8):44, September 2018
17. **Oshman L**. How Many Mammograms? Let Breast Density and Risk Factors Guide Screening Intervals. *Evidence-Based Practice*. *Evidence-Based Practice*. 21(9):4-5, December 2018.
18. **Oshman L**. Will a crash lifestyle intervention put new diabetes in reverse? *Evidence-Based Practice*. 23(2): 5, February 2020.

19. Jaeger A, **Oshman L**. Is binge drinking in adults associated with increased mortality compared to moderate consumption of alcohol? Evidence-Based Practice. Accepted, awaiting publication.
20. Suboc G, **Oshman L**. Exercise plus Diet or Diet Alone for Weight Loss. Evidence-Based Practice. Accepted, awaiting publication.

Non Peer-Reviewed

1. Monthly President's column, *The New Physician* magazine, *American Medical Student Association*. 2003-2004.
2. Print interview with James F. Sweeney, *Medical Economics*, "Tips for physicians who also need to be consumer advocates," 9/10/16.
3. Print interview with Kristen Thometz, WTTW: "How Chicago Hospitals are Addressing the Opioid Epidemic," 8/6/18.
4. Video interview with Carla Johnson, Associated Press, part of "Overcoming Opioids" series, 6/2017.
5. Print interview with Karen Younger, *Make it Better* magazine: "7 Tips for Establishing a Good Relationship With Your Doctor — and What to Do When It's Not Working," 9/18/17.
6. Print mention AAFP News: "Delegates Act on Obesity Bias, Other Public Health Issues." <https://www.aafp.org/news/2019-congress-fmx/20191002cod-hops.html>, October 3, 2019

Other Media

Letter to the Editor

McCoy C, **Oshman L**. Psychological aspects of gifts from drug companies. *JAMA*. 2003;290(18):2406–2407. doi:10.1001/jama.290.18.2406-b. 26 citations.

Peer-Reviewed Abstracts / Poster Presentations:

Intramural, University of Chicago

- 11/2013 Poster: Impact of a Dedicated Procedure Clinic on Family Medicine Resident Procedure Training. Tanuja Sharma, Eze Uzosike, and Lauren Oshman. University of Chicago Medical Education Day.
- 11/2014 Poster: Improving Clinic Handoffs in a Family Medicine Residency Setting: Quality Improvement Work in Progress. Lauren Oshman et al. University of Chicago Medical Education Day.
- 11/2015 Poster: Teaching Future Docs to Help Patients Change: A Formative OSCE to Enhance Family Medicine Clerk Skills in Motivational Interviewing. Lauren Oshman and Sonia Oyola. University of Chicago Medical Education Day.

Regional

- 4/2004 Poster: Examining Student Education and Action of Health Disparities, Association of American Medical Colleges Northeastern Group on Educational Affairs Regional Meeting.
- 10/2005 Seminar: Initiating and Enhancing Adherence to Contraception. Linda Prine, Lauren Oshman. Society of Teachers of Family Medicine Annual Northeast Regional Conference. Hershey, PA.
- 10/2005 Seminar: Choosing and Promoting a Community-Responsive Residency Program. Marc Levin, Francesco Leanza, Lauren Oshman, Noa'a Shimoni. Society of Teachers of Family Medicine Annual Northeast Regional Conference. Hershey, PA.
- 10/2006 Poster: Web Portal for Point of Care Information in Family Medicine Residency. Lauren Oshman, Andreas Cohrssen, Sarah Nosal, Julia Helstrom. Society of Teachers of Family Medicine NorthEast Region Meeting.
- 10/2006 Seminar: Improving EC Practices with the EHR: Ruth Lesnewski, Lauren Oshman. Society of Teachers of Family Medicine Annual NorthEast Region Meeting.
- 10/2013 Presentation: Office Management of Early Pregnancy Loss. Speaker(s): Erin Hendriks MD, Lauren Oshman MD, Zainab AL-Obosi, MD. Family Medicine Midwest Conference, Milwaukee, WI.
- 10/2013 Round Table Discussion: Family Medicine Midwest Maternal Care Collaborative Roundtable - Where We Are and Where We are going. Alicia Vazquez MD, Evelyn Figueroa MD, Rachel Klamo DO, Leslie Sleuwen MD, Lauren Oshman MD. Family Medicine Midwest Conference. Milwaukee WI.
- 10/2014 Panel presentation: Community Medicine: Cultural Sensitivity Project. Lauren Oshman, MD MPH. Family Medicine Midwest Conference, Minneapolis, MN.
- 10/2014 Presentation: A Direct Observation Tool for Residents-As-Teachers. Tanuja Sharma MD, Janice Benson MD, Kimberly Clinite, Lauren Oshman, MD. Family Medicine Midwest Conference, Minneapolis, MN.

- 10/2014 Presentation: Teaching Contraception Using CDC Guidelines for Women With Co-morbidities: Does 2+2=2,3, or 4? Erin Hendriks MD, Jill Sadoski MD, Lauren Oshman MD, Nicole Steineke MD, Family Medicine Midwest Conference, Minneapolis, MN.
- 10/2015 Presentation: Addressing Difficult Questions in Options Counseling and Abortion Care. Lauren Oshman, MD, MPH; Erin Hendriks MD, Tabatha Wells, Nirali Bora. Family Medicine Midwest Conference, Chicago IL.
- 10/2015 Poster: How Do Patient Intake Forms Impact Resident Physician Agenda-Setting? Bianca Dube MD MBA, Mandeep Sehmbey MD, Simren Singh MD, Cindy Iglesias MD, Sarah Horowitz MD, Stephanie Tetreault MD. Lauren Oshman MD MPH, Miriam Whiteley MD, Janice Benson MD. Family Medicine Midwest Conference, Chicago IL.
- 10/2016 Troubleshooting Long Acting Reversible Contraception (LARC). Erin Hendriks MD, Lauren Oshman, MD, MPH. Family Medicine Midwest Conference, Chicago IL.
- 10/2016 Presentation: "Will the pill make me fat?" Common contraception myths, facts, and patient concerns. Erin Hendriks MD, Maricela Castillo-Mackenzie, Lauren Oshman. Family Medicine Midwest. Indianapolis, IN.
- 10/2019 Poster: Implementing Counseling on Early Peanut Introduction. Damian Hanekom, MD, Nicole Bogdanovich, MD, Anu Bhosale, MD, Andrew Jaeger, MD, Alex Cook, MD, Gessa Suboc, MD, Lauren Oshman, MD MPH, et al. Family Medicine Midwest Conference, Chicago IL.

National

- 3/2003 Poster: Primary Care Education Promoting Healthy Behaviors, American Medical Student Association (AMSA) Annual Convention Poster Session, , Crystal City, VA.
- 3/2003 Presentation: What Do You Know About Prevention and Your Own Well-Being? AMSA Annual Convention, Crystal City, VA.
- 9/2003 Panel Presentation: Medical Student Action to Prevent Disparities in Cancer, CDC 2003 Cancer Conference, Atlanta, GA.
- 10/2003 Poster: Linking Student Wellness to Prevention, American Academy of Family Physicians Scientific Assembly Student and Resident Scientific Exhibits. New Orleans, LA.
- 5/2004 Poster: Medical Students' Knowledge and Beliefs About Health Policy Issues. Society of Teachers of Family Medicine Annual Spring Conference Research Fair. Toronto, ON.
- 4/2006 Presentation: Using Electronic Health Records to Improve Patient Care and Resident Education. Wendy Barr, Elizabeth Molina-Ortiz, Noa'a Shimoni, Lauren Oshman. Society of Teachers of Family Medicine Annual Spring Conference. San Francisco, CA.

- 10/2006 Presentation: Using the Electronic Health Record to Monitor EC Prescribing. Linda Prine, Lisa Maldonado, Lauren Oshman. American Public Health Association. Boston, MA.
- 11/2006 Breakfast Table Discussion: Integrating the Internet: Using Web Resources in EMR Settings. Lauren Oshman, Andreas Cohrssen, Sarah Nosal, Julia Helstrom. Society of Teachers of Family Medicine Annual Practice Improvement Conference. Denver, CO.
- 11/2006 Presentation: Electronic Health Record Allows Data Gathering: Emergency Contraception. Ruth Lesnewski, Lauren Oshman. Society of Teachers of Family Medicine Annual Practice Improvement Conference. Denver, CO.
- 5/2008 Presentation: Translating Evidence into Practice: Effective Faculty/Resident Collaboration. Stephen Ratcliffe, Wendy Brooks Barr, Nina Tomaino, Jacqueline Julius, Lauren Oshman, Natasha Kelly. Society of Teachers of Family Medicine Annual Spring Conference, Baltimore MD
- 5/2013 Poster: Using the "Choosing Wisely" Campaign to Teach Residents Better Use of Finite Clinical Resources." Lauren Oshman and Bethany Picker. Poster. STFM Annual Spring Conference. Baltimore MD.
- 4/2015 Breakfast Table Discussion: Direct Observation of "Residents as Teachers:" Watch and Learn! Lauren Oshman, Janice Benson MD, Tanuja Sharma MD. STFM Annual Spring Conference. Orlando, FL.
- 5/2014 Poster: Designing and Implementing a Curriculum to Engage Residents in Cultural Proficiency And Patient Communication. Lauren Oshman. Society of Teachers of Family Medicine Annual Conference, San Antonio, TX.
- 9/2015 Seminar: "Integrating Motivational Interviewing and Narrative Medicine to Teach Behavior Change." The Forum for Behavioral Science. Lauren Oshman MD MPH, Gene Combs MD. Chicago, IL.
- 12/2015 Seminar: "Doctor or Data? Comparing Two Approaches to Complex Patient Identification in a Residency Setting." Lauren Oshman MD MPH, Anastasia Lopukhin. STFM Conference on Practice Improvement. Dallas, TX.
- 4/2016 Roundtable Presentation: Evidence Based Medicine: is it broken and should we fix it? Kate Rowland MD MS, Lauren Oshman MD MPH. STFM Annual Meeting. Minneapolis, MN.
- 4/2016 Seminar: Improving Communication Skills: Adding Narrative Therapy to Motivational Interviewing to Reach the Residency Milestones. Lauren Oshman MD MPH, Gene Combs MD, Sarah Horowitz MD. STFM Annual Meeting. Minneapolis, MN.
- 11/2016 Poster: Qualitative Survey of Physician Attitudes Toward Depression Care in a Primary Care Setting. Lauren Oshman, MD MPH. North American Primary Care Research Group. Colorado Springs, CO.
- 10/2017 Presentation: Applying Motivational Interviewing to Contraceptive Choice. Lauren Oshman, MD MPH. Erin Hendriks, MD, Assistant Professor, Wayne State University; Stephen Warnick, Jr., MD, Assistant Professor, University of Michigan Medical School. Family Medicine Midwest. Chicago, IL.

- 10/2017 Presentation: Abortion Care and Narrative Medicine. Erin Hendriks, MD, Wayne State University, Lauren Oshman, MD MPH, Razel Remen MD, DMC Family Medicine Residency, Katie Longo MD, NorthShore. Family Medicine Midwest. Chicago, IL.
- 12/2017 Poster: An Implementation Science Approach to Depression Screening in a Large Group Practice. Lauren Oshman MD. Society of Teachers of Family Medicine Conference on Practice Improvement. Louisville, KY.
- 11/2018 Poster: Improving Primary Care for Diabetes Patients Through an Evaluation of Sustainable Solutions (ImPrESS). Lauren Oshman, MD, MPH; Anthony Solomonides, MSc, PhD; Willemijn Schäfer, PhD. North American Primary Care Research Group. Chicago, IL.
- 6/2020 Poster: Diabetes Focused Visits: A Pilot Study of a Team-Based Approach to Address Prescriber Inertia and Patient Engagement in Primary Care.” Oshman L, Biszewski M, Shah N. 2020 AHA Team Training National Conference in New Orleans on June 3-5, 2020. Accepted. Meeting cancelled for COVID-19.
- 11/2020 Poster: Evaluation of a Triage Protocol for COVID19 Testing in an Immediate Care Setting. Lauren Oshman, MD, MPH; Amanda Caplan, MD; Sean David, MD MSc, DPhil; Rabeeya Khalid, MD; Raabiah Ali, MPH. North American Primary Care Research Group. Virtual Meeting. November 20-24, 2020.
- 11/2020 Poster: Diabetes Focused Visits: A Pilot to Improve Quality of Diabetes Care in Primary Care Practices. Lauren Oshman, MD, MPH; Liana Billings, MD; Francesca Carlock; Matt Biszewski PharmD. North American Primary Care Research Group. Virtual Meeting. November 20-24, 2020.

Non-Peer Reviewed Posters, Intramural

- 5/2016 Poster: Improving PCP and Team Continuity Using an After Visit Summary Instruction. Cindy Iglesias MD, Simren Singh MD, Sarah Horowitz MD, Stephanie Tetreault MD, Meera Sharma MD, Anne Viollet MD, Lauren Oshman MD MPH, Janice Benson MD, Miriam Whiteley MD, Tom Triantafillou MD. University of Chicago NorthShore Residency Program Family Medicine Scholarship Day Poster Session.
- 5/2017 Poster: Increasing Cervical, Breast, and Colorectal Cancer Screening at GBFCC. May Soliz, MD, Benjamin Sanfilippo-Cohn, MD, Sarah Stombaugh, MD, Henri Zhuri, MD, Damian Hanekom, MD, Nicole Bogdanovich, MD, Janice Benson, MD, Pooja Saigal, MD. University of Chicago NorthShore Residency Program Family Medicine Scholarship Day Poster Session.

LIFE SUPPORT TRAINING

- BLS 3/6/2019-3/2021
 ACLS 4/20/2020-4/20/2022

