

Agenda

Sports Medicine for the Primary Care Physician Wednesday, October 3, 2018

7:30-8:00 AM	Registration and Breakfast	Ballroom Foyer
8:00-8:40 AM	Plenary Session: Exercise: A Prescription with Unlimited Refills <i>Keri Denay, MD</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine; Director, Primary Care Sports Medicine Fellowship	Wolverine Ballroom
8:40-9:20 AM	Plenary Session: Recognition, Evaluation and Treatment of Concussion in Athletes <i>Andrea Agesen, DO</i> , Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine	Wolverine Ballroom
9:20-10:00 AM	Plenary Session: Cardiovascular Evaluation and Screening of Athletes <i>Eugene Chung, MD</i> , Associate Professor, Department of Internal Medicine, Michigan Medicine	Wolverine Ballroom
10:00-10:30 AM	Plenary Session: Approach to Common Musculoskeletal Problems in Primary Care <i>Robert Kinningham, MD, MA</i> , Associate Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom
10:30-10:45 AM	Break	Ballroom Foyer
10:45-11:25 AM	Concurrent Breakout Sessions: Group A	
	A-1: Evaluation of the Painful Shoulder <i>J. Lindsay Quade, MD</i> , Clinical Instructor, Departments of Internal Medicine and Pediatrics, Michigan Medicine	Wolverine Ballroom D
	A-2: Pediatric Sports Medicine <i>Ingrid Ichesco, MD</i> , Clinical Instructor, Department of Pediatrics, Michigan Medicine	Wolverine Ballroom E
	A-3: Sports Dermatology <i>Robert Kinningham, MD, MA</i> , Associate Professor, Department of Family Medicine, Michigan Medicine	Huron Room
11:25-11:30 AM	Break	Ballroom Foyer
11:30 AM-12:10 PM	Concurrent Breakout Sessions: Group B	
	B-1: Evaluation of the Painful Shoulder <i>J. Lindsay Quade, MD</i> , Clinical Instructor, Departments of Internal Medicine and Pediatrics, Michigan Medicine	Wolverine Ballroom D

Agenda

Wednesday, October 3, 2018, *continued*

11:30 AM-12:10 PM	Concurrent Breakout Sessions: Group B, <i>continued</i>	
	B-2: Common Diagnostic Imaging Findings in Sports Medicine <i>Mark Mirabelli, MD, FAAFP</i> , Associate Professor, Departments of Family Medicine and Orthopaedics & Rehabilitation, University of Rochester (New York)	Wolverine Ballroom E
	B-3: Office Fracture Care <i>Ramsey Shehab, MD</i> , Deputy Chief, Department of Sports Medicine, Henry Ford Health System	Huron Room
12:10-1:00 PM	Lunch	Wolverine Ballroom
1:00-1:40 PM	Plenary Session: Are Sports Safe for Children? <i>Rebecca Northway, MD</i> , Clinical Instructor, Departments of Internal Medicine and Pediatrics, Michigan Medicine	Wolverine Ballroom
1:40-1:45 PM	Break	Ballroom Foyer
1:45-2:25 PM	Concurrent Breakout Sessions: Group C	
	C-1: Evaluation of Knee Injuries <i>Alan Zakaria, DO, MS</i> , Assistant Professor, Oakland University William Beaumont School of Medicine	Wolverine Ballroom D
	C-2: Adhesive Capsulitis of the Shoulder <i>Jeffrey Housner, MD, MBA</i> , Assistant Professor, Orthopaedic Sports Medicine Program, Department of Family Medicine, Michigan Medicine	Huron Room
	C-3: Stress Fractures and Bone Health <i>Christina Murphy, MD</i> , Clinical Lecturer, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom E
2:25-2:30 PM	Break	Ballroom Foyer
2:30-3:10 PM	Concurrent Breakout Sessions: Group D	
	D-1: Evaluation of Knee Injuries <i>Alan Zakaria, DO, MS</i> , Assistant Professor, Oakland University William Beaumont School of Medicine	Wolverine Ballroom D
	D-2: Approach to Hip Pain <i>Zoë Foster, MD</i> , Adjunct Associate Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom E

Agenda

Wednesday, October 3, 2018, *continued*

2:30-3:10 PM	Concurrent Breakout Sessions: Group D, <i>continued</i>	
	D-3: Cases in Return to Play Decision <i>Michael Anacker, MD</i> , Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine <i>Robert Kinningham, MD, MA</i> , Associate Professor, Department of Family Medicine, Michigan Medicine	Huron Room
3:10-3:25 PM	Break	Ballroom Foyer
3:25-4:05 PM	Concurrent Breakout Sessions: Group E	
	E-1: Evaluation of Foot and Ankle Injuries <i>Kylee Phillips, MD, MBA</i> , Clinical Instructor, Department of Emergency Medicine, Michigan Medicine; Team Physician, University of Michigan Athletic Department	Wolverine Ballroom D
	E-2: Effective Use of Physical Therapy and Occupational Therapy <i>Reina Nakamura, DO</i> , Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine	Huron Room
	E-3: Special Concerns of the Female Athlete <i>Rebecca Northway, MD</i> , Clinical Instructor, Departments of Internal Medicine and Pediatrics, Michigan Medicine	Wolverine Ballroom E
4:05-4:10 PM	Break	Ballroom Foyer
4:10-4:50 PM	Concurrent Breakout Sessions: Group F	
	F-1: Evaluation of Foot and Ankle Injuries <i>Kylee Phillips, MD, MBA</i> , Clinical Instructor, Department of Emergency Medicine, Michigan Medicine; Team Physician, University of Michigan Athletic Department	Wolverine Ballroom D
	F-2: Examination of Elbow, Wrist and Hand Injuries <i>Adam Lewno, DO</i> , Assistant Professor, Department of Physical Medicine and Rehabilitation, Michigan Medicine	Wolverine Ballroom E
	F-3: Indications for Musculoskeletal Injections <i>Erica Martin, MD</i> , Sports Medicine Fellow, Department of Family Medicine, Michigan Medicine	Huron Room
4:50 PM	Adjourn	

Agenda

Fall Update in Family Medicine

Thursday, October 4, 2018

7:30-8:00 AM	Registration and Breakfast	Ballroom Foyer
8:00-8:30 AM	Plenary Session: Hypertension Management: How to Interpret the New Guidelines <i>Masahito Jimbo, MD, PhD, MPH</i> , Professor, Departments of Family Medicine and Urology, Michigan Medicine	Wolverine Ballroom
8:35-9:05 AM	Plenary Session: Understanding the Epidemiology and Transmission of Hepatitis A <i>Sandro Cinti, MD</i> , Professor, Department of Internal Medicine, Michigan Medicine and Ann Arbor VA Medical Center	Wolverine Ballroom
9:10-9:40 AM	Plenary Session: Alcohol Use Disorder <i>Joshua Smith, MD</i> , Assistant Professor, Department of Psychiatry and Behavioral Neurosciences, Wayne State University School of Medicine, Henry Ford Maplegrove Center	Wolverine Ballroom
9:40-10:00 AM	Break	Ballroom Foyer
10:00-10:50 AM	Concurrent Breakout Sessions: Group G <i>Group G sessions are repeated at 10:55 AM in Group H.</i>	
	G-1: Alcohol Use Disorder <i>Joshua Smith, MD</i> , Assistant Professor, Department of Psychiatry and Behavioral Neurosciences, Wayne State University School of Medicine, Henry Ford Maplegrove Center	Wolverine Ballroom E
	G-2: Hypertension Management <i>Masahito Jimbo, MD, PhD, MPH</i> , Professor, Departments of Family Medicine and Urology, Michigan Medicine	Wolverine Ballroom D
	G-3: Infectious Diarrheas <i>Sandro Cinti, MD</i> , Professor, Department of Internal Medicine, Michigan Medicine and Ann Arbor VA Medical Center	Huron Room
10:50-10:55 AM	Break	Ballroom Foyer
10:55-11:45 AM	Concurrent Breakout Sessions: Group H <i>Group H sessions are a repeat of Group G at 10:00 AM.</i>	
	H-1: Alcohol Use Disorder <i>Joshua Smith, MD</i> , Assistant Professor, Department of Psychiatry and Behavioral Neurosciences, Wayne State University School of Medicine, Henry Ford Maplegrove Center	Wolverine Ballroom E

Agenda

Thursday, October 4, 2018, *continued*

10:55-11:45 AM	Concurrent Breakout Sessions: Group H, <i>continued</i>	
	H-2: Hypertension Management <i>Masahito Jimbo, MD, PhD, MPH</i> , Professor, Departments of Family Medicine and Urology, Michigan Medicine	Wolverine Ballroom D
	H-3: Infectious Diarrheas <i>Sandro Cinti, MD</i> , Professor, Department of Internal Medicine, Michigan Medicine and Ann Arbor VA Medical Center	Huron Room
11:45 AM-12:30 PM	Lunch	Wolverine Ballroom
12:30-1:00 PM	Plenary Session: A Family Physician's Guide to Vitality, Resilience and Joy <i>Harland Holman, MD</i> , Associate Program Director, Spectrum Health Family Medicine Residency and Lead Clerkship Director, Michigan State University <i>Nichole Lambert, LMSW, SPADA, CAADC</i> , Behaviorist Faculty, Department of Family Medicine, Spectrum Health/Michigan State University	Wolverine Ballroom
1:05-1:35 PM	Plenary Session: Fever, Croup and Bronchiolitis in Kids <i>Stuart Bradin, DO</i> , Associate Professor, Departments of Pediatrics and Emergency Medicine, Michigan Medicine	Wolverine Ballroom
1:40-2:10 PM	Plenary Session: Numb and Number: An Approach to Peripheral Neuropathy <i>Zachary London, MD</i> , Associate Professor, Department of Neurology, Michigan Medicine	Wolverine Ballroom
2:10-2:20 PM	Break	Ballroom Foyer
2:20-3:10 PM	Concurrent Breakout Sessions: Group I <i>Group I sessions are repeated at 3:15 PM in Group J.</i>	
	I-1: Neuropathy: Choose Your Own Adventure <i>Zachary London, MD</i> , Associate Professor, Department of Neurology, Michigan Medicine	Wolverine Ballroom E

Agenda

Thursday, October 4, 2018, *continued*

2:20-3:10 PM	Concurrent Breakout Sessions: Group I, <i>continued</i>	
	I-2: Fever, Croup and Bronchiolitis in Kids <i>Stuart Bradin, DO</i> , Associate Professor, Departments of Pediatrics and Emergency Medicine, Michigan Medicine	Huron Room
	I-3: A Family Physician's Guide to Vitality, Resilience and Joy <i>Harland Holman, MD</i> , Associate Program Director, Spectrum Health Family Medicine Residency and Lead Clerkship Director, Michigan State University <i>Nichole Lambert, LMSW, SPADA, CAADC</i> , Behaviorist Faculty, Department of Family Medicine, Spectrum Health/Michigan State University	Wolverine Ballroom D
3:10-3:15 PM	Break	Ballroom Foyer
3:15-4:05 PM	Concurrent Breakout Sessions: Group J <i>Group J sessions are a repeat of Group I at 2:20 PM.</i>	
	J-1: Neuropathy: Choose Your Own Adventure <i>Zachary London, MD</i> , Associate Professor, Department of Neurology, Michigan Medicine	Wolverine Ballroom E
	J-2: Fever, Croup and Bronchiolitis in Kids <i>Stuart Bradin, DO</i> , Associate Professor, Department of Pediatrics and Emergency Medicine, Michigan Medicine	Huron Room
	J-3: A Family Physician's Guide to Vitality, Resilience and Joy <i>Harland Holman, MD</i> , Associate Program Director, Spectrum Health Family Medicine Residency and Lead Clerkship Director, Michigan State University <i>Nichole Lambert, LMSW, SPADA, CAADC</i> , Behaviorist Faculty, Department of Family Medicine, Spectrum Health/Michigan State University	Wolverine Ballroom D
4:05 PM	Adjourn	

Agenda

Fall Update in Family Medicine Friday, October 5, 2018

7:30-8:00 AM	Registration and Breakfast	Ballroom Foyer
8:00-8:30 AM	Plenary Session: Menopause Management: Hormone Therapy <i>Leigh Morrison, MD</i> , Academic Medicine Advanced Learner and Clinical Lecturer, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom
8:35-9:05 AM	Plenary Session: Integrative Approaches to Depression and Anxiety <i>Gregory Shumer, MD, MHSA</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom
9:10-9:40 a.m.	Plenary Session: Chronic Pain, The Opioid “Epidemic,” CDC Guidelines, New State Laws— Now What Do I Do? <i>Daniel Berland, MD</i> , Associate Professor, Department of Internal Medicine, Michigan Medicine	Wolverine Ballroom
9:40-9:45 AM	Break	Ballroom Foyer
9:45-10:35 AM	Concurrent Breakout Sessions: Group K <i>Group K sessions are repeated at 10:40 AM in Group L.</i> K-1: Cases, Clinical Pearls, Q&A (What to Do with Chronic Pain Patients) <i>Daniel Berland, MD</i> , Associate Professor, Department of Internal Medicine, Michigan Medicine	Wolverine Ballroom D
	K-2: Integrative Medicine for Headaches <i>Gregory Shumer, MD, MHSA</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom E
	K-3: Menopause Management: Hormone Therapy Case Studies <i>Leigh Morrison, MD</i> , Academic Medicine Advanced Learner and Clinical Lecturer, Department of Family Medicine, Michigan Medicine	Huron Room
10:35-10:40 AM	Break	Ballroom Foyer

Agenda

Friday, October 5, 2018, *continued*

10:40-11:30 AM	Concurrent Breakout Sessions: Group L <i>Group L sessions are a repeat of Group K at 9:45 AM.</i>	
	L-1: Cases, Clinical Pearls, Q&A (What to Do with Chronic Pain Patients) <i>Daniel Berland, MD</i> , Associate Professor, Department of Internal Medicine, Michigan Medicine	Wolverine Ballroom D
	L-2: Integrative Medicine for Headaches <i>Gregory Shumer, MD, MHSA</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom D
	L-3: Menopause Management: Hormone Therapy Case Studies <i>Leigh Morrison, MD</i> , Academic Medicine Advanced Learner and Clinical Lecturer, Department of Family Medicine, Michigan Medicine	Huron Room
11:30 AM-12:15 PM	Lunch	Wolverine Ballroom
12:15-1:15 PM	Interactive Session: The Behavior in the Exam Room: Putting CBT and Other Behavioral Interventions into Practice <i>Thomas Bishop, PsyD</i> , Assistant Professor, Department of Family Medicine, Michigan Medicine	Wolverine Ballroom
1:20-2:20 PM	Interactive Session: Legal and Ethical Issues in Family Medicine <i>Edward Goldman, JD</i> , Associate Professor, Department of Obstetrics & Gynecology, Michigan Medicine <i>Katherine Gold, MD, MSW, MS</i> , Assistant Professor, Departments of Family Medicine and Obstetrics & Gynecology, Michigan Medicine	Wolverine Ballroom
2:25-3:25 PM	Interactive Session: Allergic Contact Dermatitis <i>Mari Paz Castanedo Tardan, MD</i> , Assistant Professor, Department of Dermatology, Michigan Medicine	Wolverine Ballroom
3:25 PM	Adjourn	