

## **Julie Kaplan Prussack, MD**

Assistant Professor

University of Michigan Department of Family Medicine  
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### **Current Position**

5/2020-present      **Assistant Professor**  
University of Michigan Departments of Family Medicine and  
Obstetrics/Gynecology, Ann Arbor, MI

7/2015-4/2020      **Clinical Lecturer**  
University of Michigan Departments of Family Medicine and  
Obstetrics/Gynecology, Ann Arbor, MI

### **Education and Training**

7/2015-7/2016      **Women's Health Fellowship**  
University of Michigan Departments of Family Medicine and  
Obstetrics/Gynecology, Ann Arbor, MI

6/2012-6/2015      **Family Medicine Residency**  
University of Michigan Family Medicine Program, Ann Arbor, MI

8/2008-5/2012      **Doctorate of Medicine (M.D.)**  
University of Michigan Medical School, Ann Arbor, MI

8/2004-5/2008      **Bachelor of Arts (B.A.) in Philosophy-Neuroscience-Psychology**  
Washington University in St. Louis, St. Louis, MO

### **Certifications and Licensure**

Michigan Medical License #4301101277 *Issued: 04/06/2015, Expires: 01/31/2022*  
Michigan Controlled Substance License #5315069369 *Issued: 04/06/2015, Expires: 01/31/2022*  
DEA# FP5156078

6/2012-present      Advanced Cardiovascular Life Support (ACLS)  
6/2012-6/2015      Pediatric Advanced Life Support (PALS)  
6/2012-present      Neonatal Resuscitation Program (NRP)  
7/2015-present      Nexplanon Certified Provider (#60880124)  
7/2015-present      Advanced Life Support in Obstetrics (ALSO)  
7/2017-present      Advanced Life Support in Obstetrics (ALSO) Instructor

### **Research Interests**

\*anticipated

- 2018-Present **Contraceptive and Pregnancy Options and Counseling.** Current focus: Attitudes of staff and faculty towards providing reproductive health care in Michigan Medicine Family Medicine clinics. Mentor: Justine Wu, MD, MPH.
- 2016-2017 **Fostering appropriate vitamin D screening in the University of Michigan Health System.** Mentor: Grant Greenberg, MD, MHSA, MA
- 2015-2016 **Breast cancer screening gaps in the University of Michigan Health System.** Mentor: Grant Greenberg, MD, MHSA, MA.
- 2013-2015 **The impact of undergraduate shadowing in family medicine.** Residency Research Project, University of Michigan Department of Family Medicine. Mentor: Katherine J. Gold, MD, MSW, MS.
- 2011 **The Columbia Suicide Severity Rating Scale: predictive validity in the adolescent population in the emergency room setting.** University of Michigan Health System Department of Psychiatry. Mentor: Cheryl King, PhD.
- 2009 **Candidate gene analysis in Martin-Probst Syndrome.** University of Michigan Medical School, Student Biomedical Research Program, Department of Pediatrics, Division of Genetics. Mentor: Donna M. Martin, MD, PhD.
- 2005 **Anatomical correlates in hemispatial neglect.** Washington University School of Medicine, Mind-Brain Program, Department of Neurology. Mentor: Maurizio Corbetta, MD.

## Honors and Awards

- 10/2018 University of Michigan's Distinguished Diversity Leaders Award. *Team Award awarded to Comprehensive Gender Services Program Team.*
- 5/2012 University of Michigan Dale L. Williams, M.D. Family Medicine Scholarship.
- 5/2012 University of Michigan Medical School Distinction in Service.
- 8/2008-5/2012 Danforth Scholar, Washington University in St. Louis. *Recognized for excellence in service, leadership, and academics.*

## Memberships in Professional Societies

- 10/2010-present American Academy of Family Physicians (AAFP)
- 10/2010-present Michigan Academy of Family Physicians (MAFP)

## Conference and Program Participation

- 9/2020 **GLMA Annual Conference on LGBTQ Health.** Virtual.
- 9/2016 **Advanced Life Support in Obstetrics (ALSO) Instructor Course.** Presence Health Resurrection Medical Center, Chicago, IL
- 6/2016 **Introduction to OB/GYN Ultrasound.** Gulfcoast Ultrasound Institute, St. Pete Beach, FL
- 4/2016 **Conference on Adolescent Health.** University of Michigan Adolescent Health Initiative, Ypsilanti, MI
- 11/2016 **North American Forum on Family Planning and Planned Parenthood Foundation of America National Medical Conference.** Society of Family Planning, Chicago, IL
- 10/2015-5/2016 **Patient Safety and Quality Leadership (PASQUAL) Scholars Program,** University of Michigan Office of Faculty Affairs, Ann Arbor, MI

\*anticipated

10/2015 **He, She, They and Zie: Patient-Centered Care for Transgender Adolescents,**  
Adolescent Health Initiative, University of Michigan, Ann Arbor, MI

## Teaching

3/2020 **Hormone Therapy for Transgender and Nonbinary Patients.** Resident Conference. Sparrow-MSU Family Medicine Residency Program.

12/2019 **Transgender Health Session.** Small Group Facilitator. Medical Student Doctoring Course. University of Michigan Medical School.

9/2019 **Abnormal Uterine Bleeding.** Small Group Facilitator. Medical Student Transition to Clerkship Course. University of Michigan Medical School.

8/2019 **Pregnancy Options Counseling and Manual Vacuum Aspiration Workshop.** Resident Conference. Department of Family Medicine.

7/2019 **Breastfeeding MythBusters.** Grand Rounds. Department of Family Medicine.

7/2019 **Advanced Life Support in Obstetrics (ALSO) Provider Course.** University of Michigan Simulation Center.

7/2019 **Breastfeeding Basics for the Family Physician.** Intern Block Month. Department of Family Medicine.

7/2019 **Screening for Gynecologic Cancers.** Women's Health Theme Day. Department of Family Medicine.

7/2019 **The "How Tos" of Pelvic Exams and Associated Testing.** Women's Health Theme Day. Department of Family Medicine.

2/2019 **Health Care Considerations in Caring for Transgender and Gender Diverse People.** Expert Facilitator, Medical School Doctoring Course.

10/2018 **Contraception and Pregnancy Options.** Internal Medicine/Pediatrics Residency Didactics. University of Michigan Medical School.

10/2018 **Contraception.** Family Medicine Clerkship Lectures.

10/2018 **Back Pain.** Family Medicine Clerkship Lectures.

7/2018 **Pregnancy Options Counseling.** Intern Block Month. Department of Family Medicine.

7/2018 **Breastfeeding Basics for the Family Physician.** Intern Block Month. Department of Family Medicine.

7/2018 **Mental Health in Pregnancy.** Intern Block Month. Department of Family Medicine.

7/2018 **OB Ultrasound Simulation.** Intern Block Month. Department of Family Medicine.

7/2018 **Advanced Life Support in Obstetrics (ALSO) Provider Course.** University of Michigan Simulation Center.

7/2018 **Screening for Gynecologic Cancers.** Women's Health Theme Day. Department of Family Medicine.

7/2018 **The "How Tos" of Pelvic Exams and Associated Testing.** Women's Health Theme Day. Department of Family Medicine.

1-3/2018 **Healer's Art Course.** Facilitator for fourth year medical students. University of Michigan Medical School.

11/2017 **Primary Care of Transgender and Gender Non-Conforming Patients.** Resident Conference. Department of Family Medicine.

8/2017 **Prevention and Population Health.** Family Medicine Clerkship Lectures.

7/2017 **Mental Health in Pregnancy.** Intern Block Month. Department of Family Medicine.

\*anticipated

- 7/2017 **OB Ultrasound Simulation.** Intern Block Month. Department of Family Medicine.
- 7/2017 **Advanced Life Support in Obstetrics (ALSO) Provider Course.** University of Michigan Simulation Center.
- 7/2017 **The “How Tos” of Pelvic Exams and Associated Testing.** Women’s Health Theme Day. Department of Family Medicine.
- 6/2017 **Pregnancy Options Counseling.** Intern Block Month. Department of Family Medicine.
- 10/2016 **Transgender Medical Management in Primary Care.** Roundtable discussion leader. He, She, They and Zie: Patient Centered Care for Transgender Adolescents Connection Session. Adolescent Health Initiative.
- 10/2016 **M2 Reproduction Sequence Case Discussion.** University of Michigan Medical School.
- 8/2016 **Contraception.** Family Medicine Clerkship Lectures.
- 8/2016 **Back Pain.** Family Medicine Clerkship Lectures.
- 7/2016 **Advanced Life Support in Obstetrics (ALSO) Provider Course.** University of Michigan Simulation Center.
- 7/2016 **Prevention and Population Health.** Family Medicine Clerkship Lectures.
- 7/2016 **The “How Tos” of Pelvic Exams and Associated Testing.** Women’s Health Theme Day. Department of Family Medicine.
- 7/2016 **Prevention and Population Health.** Family Medicine Clerkship Lectures.
- 6/2016 **Pregnancy Options Counseling.** Intern Block Month. Department of Family Medicine.
- 6/2016 **Case Discussions.** Family Medicine Clerkship Lectures.
- 3/2016 **Primary Care of Transgender and Gender Non-Conforming Patients** Grand Rounds. Department of Family Medicine.
- 2/2016 **Aspirin for Primary Prevention in Women: If, When, and Why.** Grand Rounds. Department of Obstetrics and Gynecology.
- 1-3/2016 **Healer’s Art Course.** Facilitator for first year medical students. University of Michigan Medical School.
- 10/2015 **Ending the Pregnancy: Abortion Stigma.** Women’s Studies 410: Reproductive Justice. University of Michigan College of Literature, Science, and the Arts.
- 10/2015 **Intrauterine Contraceptive Placement Workshop.** Primary Care Day for first and second year medical students. University of Michigan Medical School.
- 8/2015 **Hypertension in Pregnancy: A Review of the ACOG Report November 2013.** Department of Family Medicine Resident Conference.
- 7/2015 **The “How Tos” of Pelvic Exams and Associated Testing.** Women’s Health Theme Day. Department of Family Medicine.

## Organizational and Volunteer Service

### *Institutional Service*

- 1/2020-Present Family Medicine Representative. **Gynecology Joint Practice Committee.** *Establish, revise, and evaluate institutional standards for outpatient and surgical gynecologic care. Represent primary care women’s health.*
- 10/2018-Present Family Medicine Representative and Pilot Director. **Planning Committee to Establish Mifepristone Availability in Family Medicine and Ob/Gyn Clinics.**

\*anticipated

- Partner with physician, nurse, administrative, and pharmacy colleagues to create a pilot for in-clinic mifepristone provision in order to allow gold standard miscarriage treatment.
- 10/2016-Present Founding Member. **Family Medicine Reproductive Health Care and Advocacy Fellowship Steering Committee.** Plan and network in order to establish a reproductive health fellowship within our department with hopeful role out of fall 2020. Once established, will become a core faculty member for the fellowship.
- 1/2016-Present Family Medicine Representative. **Comprehensive Gender Services Program (CGSP) Provider Committee.** Join together with CGSP leadership and care providers throughout the health system to improve care for transgender and gender non-conforming patients.
- 7/2015-Present New Faculty Representative. **Quality Improvement Committee.** Department of Family Medicine. Continue to collaborate at the department level to review quality data and create initiatives for quality improvement.

## Bibliography

### Peer Reviewed Journals and Publications

Kang M, Wu JP, Prussack JK, Ursu A, Guetterman TC (2019). Contraceptive care for women with medical conditions: A qualitative study to identify potential best practices for primary care physicians. *Family Medicine*. 51(7):559-566. PMID: 31287901

Petrilli CM, Henderson J, Keedy JM, Dibble ER, Wei MY, Prussack JK, Greenberg G, Kerr EA (2018). Reducing unnecessary vitamin D screening in an academic health system: what works and when. *The American Journal of Medicine*. 131(12):1444-1448. PMID: 30063888

Bedoyan JK, Schaibley VM, Peng W, Bai Y, Mondal K, Shetty AC, Durham M, Micucci JA, Dhiraaj A, Skidmore JM, Kaplan JB, Skinner C, Schwartz CE, Antonellis A, Zwick ME, Cavalcoli JD, Li JZ, Martin DM (2012). Disruption of RAB40AL function leads to Martin--Probst syndrome, a rare X-linked multisystem neurodevelopmental human disorder. *Journal of Medical Genetics*. 49(5):332-40. PMID: 22581972

Sapir A, Kaplan JB, He BJ, Corbetta M (2007). Anatomical correlates of directional hypokinesia in patients with hemispatial neglect. *Journal of Neuroscience*. 27:4045-51. PMID: 17428982.

### Oral Presentations

Prussack JK (2020). *Breastfeeding MythBusters*. Fall Update in Family Medicine, Hilton Doubletree, Ann Arbor, MI, 1 Oct 2020.\*

Hendriks E, Ursu A, Prussack JK (2019). *Embark on LARC with Certainty*. Michigan Academy of Family Physicians: 2019 Michigan Family Medicine Conference & Expo, Shanty Creek Resort, Bellaire, MI, 2 August 2019.

\*anticipated

Prussack JK (2019). *Breastfeeding MythBusters*. 55<sup>th</sup> Annual Northern Michigan Family Medicine Update, Shanty Creek Resort, Bellaire, MI, 26 June 2019.

Prussack JK (2019). *Basics of Hormone Therapy for Transgender Patients*. 55<sup>th</sup> Annual Northern Michigan Family Medicine Update, Shanty Creek Resort, Bellaire, MI, 26 June 2019.

Prussack JK (2019). *Primary Care for Transgender/Gender Nonbinary Patients*. 55<sup>th</sup> Annual Northern Michigan Family Medicine Update, Shanty Creek Resort, Bellaire, MI, 26 June 2019.

Prussack JK (2019). *Screen Time? Risk Evaluation for Breast, Ovarian and Endometrial Cancer*. 55<sup>th</sup> Annual Northern Michigan Family Medicine Update, Shanty Creek Resort, Bellaire, MI, 25 June 2019.

Prussack JK (2019). *Contraceptive Cases in Chronic Health Conditions*. 55<sup>th</sup> Annual Northern Michigan Family Medicine Update, Shanty Creek Resort, Bellaire, MI, 25 June 2019.

Prussack JK (2016). *Primary Care of Transgender and Gender Non-Conforming Patients*. 24<sup>th</sup> Primary Health Care of Women Conference, Ann Arbor, MI, 16 December 2016.

Prussack JK, Greenberg G (2016). *A Multifaceted Approach to Enhancing Preventive Care: Breast Cancer Screening at the University of Michigan*. 2016 STFM Annual Conference on Practice Improvement, Newport Beach, CA, 1 December 2016.

Prussack JK (2015). *Aspirin in Women: When and Why and If to Use*. 23<sup>rd</sup> Primary Health Care of Women Conference, Ann Arbor, MI, 3 December 2015.

Prussack JK, Plegue MA, Gold KJ (2015). *The Impact of Undergraduate Shadowing in Family Medicine*. Michigan Family Medicine Research Day Conference, Howell, MI, 21 May 2015.

Prussack JK, Plegue MA, Gold KJ (2015). *The Impact of Undergraduate Shadowing in Family Medicine*. University of Michigan Department of Family Medicine Original Project Presentations, Ann Arbor, MI, 13 May 2015.

#### *Poster Presentations*

Henderson J, Petrilli CM, Keedy JM, Dibble ER, Wei MY, Prussack JK, Greenberg G, Kerr EA (2018). *Rigorous Evaluation in Quality Improvement: Decreasing Vitamin D Screening in an Academic Healthcare System*. High Value Practice Academic Alliance National Conference, Baltimore, MD, 22 Sept 2018.

Prussack JK, Plegue MA, Sen A, Gold, KJ (2015). *The Impact of Undergraduate Shadowing in Family Medicine*. Society of Teachers of Family Medicine Annual Conference, Works in Progress, Orlando, FL, 26 Apr 2015.

\*anticipated

Kaplan JB, Bedoyan JK, Skidmore JM, Billi AC, Bai Y, Cavalcoli JD, Li J, and Martin DM (2009). *Candidate Gene Analysis in Martin-Probst Syndrome*. University of Michigan Medical School, Pediatric Research Symposium, Ann Arbor, MI, 9 Nov 2009.

Kaplan JB, Bedoyan JK, Skidmore JM, Billi AC, Bai Y, Cavalcoli JD, Li J, and Martin DM (2009). *Candidate Gene Analysis in Martin-Probst Syndrome*. University of Michigan Medical School, Student Biomedical Research Fall Forum, Ann Arbor, MI, 5 Nov 2009.

Bedoyan JK, Schaibley V, Peng W, Bai Y, Mondal K, Shetty AC, Durham M, Dhiraaj A, Skidmore J, Kaplan JB, Skinner C, Stevenson RE, Schwartz CE, Antonellis A, Zwick ME, Cavalcoli JD, Li J, and Martin DM (2012). *Mutations in RAB40AL cause Martin-Probst syndrome, an X-linked disorder characterized by sensorineural hearing loss, cognitive impairment, short stature, and craniofacial dysmorphisms*. International Congress of Human Genetics presented by the American Society of Human Genetics, Montreal, Canada, 11 October 2011.

\*anticipated