



UNIVERSITY OF MICHIGAN

BETTER BREATHERS CLUB

The Better Breathers Club is designed to support individuals and their caregivers who deal with various types of lung diseases. The club offers better ways to cope with lung disease while getting the support of others in similar situations. In addition, educational presentations are offered on a wide range of relevant topics such as breathing techniques, medications, exercise, talking with your physician, home health care, supplemental oxygen, lung transplantation and many more. Led by a trained facilitator, the in-person adult support group gives you the tools you need to live the best quality of life you can.

JOIN US!

4th Tuesday of each month from 2:30 pm - 4:00 pm

Monthly (May – October)

University of Michigan Pulmonary Rehabilitation Center

www.lung.org/support-and-community/better-breathers-club



betterbreathersclub@med.umich.edu (734) 647-7840 or (734) 998-9686



The Better Breathers Club is sponsored by the University of Michigan Division of Pulmonary and Critical Care Medicine.

WHAT WE FOCUS ON

PATIENT CARE

Pulmonary and Critical Care Medicine serves as a regional referral center for both the inpatient and outpatient evaluation of a broad range of pulmonary disorders.

EDUCATION

Pulmonary and Critical Care Medicine assumes a prominent role in the overall educational mission of the Department of Internal Medicine and Medical School at Michigan. Our educators have been recognized as some of the top within the institution and serve in major leadership roles within the educational programs.

RESEARCH

Research performed within the Pulmonary and Critical Care Medicine Division has greatly impacted our understanding of basic lung biology, disease pathogenesis, and targeted therapeutics.

www.medicine.umich.edu/dept/pulmonary-critical-care-medicine