

# **SIMULATION CONTRAST INSTRUCTIONS**

## **Oral Contrast (All Patients)**

- No Required Preparations
- No Restrictions
- No Modification for Diabetics

## **IV Contrast (All Patients)**

- NPO (Nothing by Mouth): Nothing to eat or drink four hours prior. Clear liquids OK up to two hours prior.
- Acceptable clear liquids: tea, black coffee, apple juice, lemon or lime Jell-O, clear chicken or beef broth, clear soda (7-Up, Sprite, Ginger Ale), water.

## **IV Contrast (Diabetic Patients)**

- Insulin: If the patient is diabetic and on Insulin, their instructions will be given to them at the time of consult if they are to have treatment.
- Glucophage or Glucophan: If the patient is on Glucophage or Glucophan, they need to refrain from taking this up to 48 hours following the CT. Their doctor will need to prescribe them an alternate medication.

## **IV Contrast (Pregnant and/or Breastfeeding)**

- If the patient is pregnant, the Radiation Oncologist will call the Radiologist to discuss adverse effects. If the patient is breastfeeding she will need to pump breast milk and save 48 hours' worth of breast milk before CT Simulation and discard all pumped breast milk 48 hours prior.