

What Is It Like to Participate In The Longitudinal Study of Bipolar Disorder?

What is a longitudinal study?

- Follows participants across their lifespan.
- Studies change in people and the disorder over time.

What is like to participate in the Prechter Longitudinal Study?

- You give a blood or saliva sample.
- Fill out online bi-monthly questionnaires.
- Participate in annual interviews via phone, Zoom, or in person.

Who can participate in bipolar disorder research?

People with bipolar disorder:

- 18 years or older
- Bipolar I disorder with a history of treated mania, or schizoaffective disorder, manic type.
- Bipolar II disorder with a history of recurrent major depression.

People without bipolar disorder:

- 18 years or older

How is personal data used?

Staff members are trained to understand the delicate nature of the questions asked and the importance of confidentiality. The data we collect goes into a database, without names and personal contact info.

18 yrs.

The Longitudinal Study of Bipolar Disorder began in 2006.

1,500+

research participants are enrolled.



Why should I participate in bipolar disorder research? Who does it benefit?

- We are passionate about improving the lives of individuals with bipolar disorder.
- Your participation will improve our understanding of bipolar disorder and paths to wellness.
- Provide hope for the next generation.

“Participating in research is meaningful to me because I'm actively involved in helping the scientists find better treatments and care for bipolar disorder.”

-Prechter Program research participants



We offer compensation to Longitudinal Study participants

Scan the QR code to learn more about the Prechter Program!

