Local Resources for Older Adults in Washtenaw County

This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.

If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.

Michigan Medicine Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors. Please contact us at (734) 998-9353 to suggest changes.

Types of Assistance

- Adult Day Care / Respite Services
- Counseling / Mental Health
- Education
- Emergency Services
- Financial Assistance
- Health Services – Alzheimer's Disease/Memory Loss
- Health Services – Dental
- Health Services – Geriatric Health Assessment
- Health Services – Health Care Organizations
- Health Services – Hearing and Speech Impairment
- Health Services – Hospice & Palliative Care
- Health Services – Hospitals
- Health Services – Low Vision and Blindness
- Health Services – Outpatient Services
- Home Care
- Home Maintenance
- Housing – Independent/Assisted Living/Memory Care
- Housing – Nursing Homes
- Information / Referral / Advocacy
- Insurance Assistance
- Legal Assistance
- Meals
- Physical Fitness
- Senior Centers
- Support Groups
- Transportation
- Volunteer and Employment Opportunities
Many listings are pre-Covid-19; contact agencies directly for current information

**ADULT DAY CARE / RESPITE SERVICES**  -  rev Jan 2021

*Many assisted living and nursing facilities offer respite care based on availability. Be sure to inquire at the specific facility.*

*Many home care agencies offer respite care in the home; also check with them.*

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**Area Agency on Aging 1B  (Livingston/Washtenaw County)**
**Website:** [aaa1b.org/caregiver-resources/adult-day-programs/](aaa1b.org/caregiver-resources/adult-day-programs/)
**Address:** 29100 Northwestern Hwy., Suite 400, Southfield  MI 48034  
**Phone:** (248) 357-2255  
**Toll Free:**  (800) 852-7795
**TTY:**  Michigan Relay (800) 649-3777  
**Fax:**  (248) 262-9971  
**Services:** A directory of selected adult day care programs in Washtenaw County. For additional help finding an adult day or respite care program nearby, call the toll free number.  
**Hours:** Information and assistance: Monday - Friday 8 am - 5 pm  
**Fees:** Call programs for current rates and discounts. Some programs have eligibility requirements.

**Catholic Social Services of Washtenaw County - Volunteer Caregiver Respite (VCR)**
**Website:** [www.csswashtenaw.org](www.csswashtenaw.org)
**Phone:** (734) 971-9781 press 8
**Services:** Trained volunteers provide in-home companionship visits for homebound Washtenaw County older adults, 2-4 hours per week. Clients must be at least 60 years old. No medical attention or assistance with toileting available.  
**Hours:** Scheduled visits of 2-4 hours per week.  
**Fees:** No fee; donations accepted.

**Chelsea Retirement Community - Respite & Short Stay**
**Website:** [umrc.com/communities/chelsea-retirement-community/respite-short-stay/](umrc.com/communities/chelsea-retirement-community/respite-short-stay/)
**Address:** 805 West Middle Street, Chelsea Michigan 48118  
**Phone:** (734) 433-1000 ext.7404  
**Services:** The Respite and Short-Stay Programs provide assistance with everyday tasks, physical therapy and rehabilitative services in Towsley Village (memory care) or Glazier Assisted Living.  
**Hours:** Stays of 30 days minimum up to 6 months.  
**Fees:** Call for current rates.

**Dottie Crim Adult Day Care and Education Center - EHM Senior Solutions**
**Website:** [ehmsolutions.org/service/adult-day-care/](ehmsolutions.org/service/adult-day-care/)
**Address:** 200 Brecon Drive and 101 Brecon Drive, Saline  MI 48176  
**Phone:** (734) 429-1155  
**Email:** marketing@ehmsolutions.org  
**Services:** Housed in the Memory Support Center and Brecon Village, Adult Day Care Service provides secure environments with specially trained staff to offer daily recreation, social support, and individually-based activities. Overnight respite is available.  
**Hours:** Adult Day Care  Monday – Friday; Overnight Respite Care – 7 days a week.  
**Fees:** Call for current rates.

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Hillside Terrace
Website: [www.hillsideterrace.net](http://www.hillsideterrace.net)
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Services: Respite care in independent, assisted-living, and enhanced memory apartments. LGBT-friendly.
Hours: Based on availability.
Fees: Call for current rates.

Jewish Family Services of Washtenaw County - Caregiver Assessment, Respite, Education & Support (CARES)
Website: [jfsannarbor.org/cares/](http://jfsannarbor.org/cares/)
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: [info@jfsannarbor.org](mailto:info@jfsannarbor.org)
Services: Respite care includes COMPANION CARE -- meal preparation, companionship, household chores, errands and SKILLED CARE -- bathing, dressing, dementia care, chronic condition care.
Hours: Vary. Limited to 24 36 hours during a 90 day period.
Fees: No fee.

Jewish Family Services of Washtenaw County - Friendly Visitor Service
Website: [jfsannarbor.org/transforming-aging](http://jfsannarbor.org/transforming-aging)
Address: 2245 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-0209
Email: [info@jfsannarbor.org](mailto:info@jfsannarbor.org)
Services: Screened volunteers, matched and trained, meet once per month (or more if agreed upon) with older adults in their homes to participate in activities ranging from playing board games, sitting and chatting, taking walks or going on short outings.
Hours: Vary.
Fees: No fee.

Linden Square
Website: [linden-square-assisted-living-center-saline-michigan/](http://linden-square-assisted-living-center-saline-michigan/)
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
Email: [lindensquarealc@heritagepmi.com](mailto:lindensquarealc@heritagepmi.com)
Services: Adult Day Care ranges from a few hours to overnight and includes medication assistance, structured activities, snacks and/or meals, and quiet space as needed. Respite care available for a week or a few months.
Hours: Provided hourly to monthly.
Fees: Call for current rates.
Many listings are pre-Covid-19; contact agencies directly for current information

PACE (Program of All-Inclusive Care for the Elderly) - Huron Valley
Website: www.HuronValleyPACE.org
Address: 2940 Ellsworth Road, Ypsilanti MI 48197
Phone: (734) 572-5777
Toll Free: (855) 483-7223-
TDD/TTY: (800) 649-3777
Email: info@hvpace.org
Services: Adult Day program and respite care for enrolled participants. Eligibility is based on medical criteria. Must be 55+ or with disabilities and live in the service area. Transportation provided.
Hours: Varies according to services provided. Office Monday - Friday 8:30 am - 5 pm
Fees: No cost if on Medicaid / Medicare. If on Medicare only, responsible for portion of cost. Call for additional information.

St. Louis Center
Website: stlouiscenter.org
Address: 16195 Old U.S. 12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Services: Respite care for individuals 5-70+ with intellectual/developmental disability and cognitive impairment. Typical stays are 2-7 days.
Hours: Call for availability
Fees: Call for information.

St. Joseph's Village - Ann Arbor & Ypsilanti
Website: www.trinityhealthseniorcommunities.org/st-josephs-village
Address: 5341 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-1610
Services: Respite care available. Ninety (90) day minimum for independent living; 6 month minimum for assisted living.
Hours: Based on availability. Office 8:30 am - 4 pm
Fees: Call for current rates.

Silver Club Memory Programs - Michigan Medicine
Website: michmed.org/silver-club-memory
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105
Phone: (734) 998-9352
Fax: (734) 998-9340
Email: GerMedSilverClub@umich.edu
Services: Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available.
Hours: Monday through Friday 10 am - 3 pm. Early stage memory loss programs meet one day a week: call for information.
Fees: Hourly rates based on ability to pay.
Silver Maples of Chelsea
Website: silvermaples.org/living-options/short-stay/
Address: 100 Silver Maples Drive, Chelsea MI 48118
Phone: (734) 475-4111
Email: info@silvermaples.org
Services: Short term respite stays in The Meadows assisted living residence. Includes social and recreational activities, art, musical and intellectual interests. Based on availability.
Hours: One week minimum to several months. Office: Monday - Friday 8 am - 5 pm
Fees: Call for current rates; prepayment required with refunds as appropriate.

VA - Home and Community-based Care (HCBC)
Website: www.annarbor.va.gov/services/ecrc.asp
Address: Extended Care Center, First floor, Room F149, 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387
Services: HCBC program offers adult day health care and respite care for veterans along with various home health services.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies according to income and/or military service-connected disability.
Many listings are pre-Covid-19; contact agencies directly for current information

COUNSELING / MENTAL HEALTH - rev March 2021

Ann Arbor Center for Independent Living (CIL)
Website: www.annarborcil.org
Address: 3941 Research Park Drive, Ann Arbor MI 48108
Phone: (734) 971-0277
Fax: (734) 971-0826
Email: info@aacil.org, info@livingstoncil.org, info@monroecil.org
Services: The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Livingston and Monroe Counties.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee; donations accepted.

Ann Arbor Center for the Family
Website: www.annarborcenter.com
Address: 2395 Oak Valley Drive Suite 100, Ann Arbor MI 48103
Phone: Service/Intake (734) 995-5181  Alternate (734) 995-9010
Fax: (734) 995-9011
Services: Psychotherapy for individuals, couples, families, and groups; divorce and other mediation; and family business consultation.
Hours: Varies according to therapist
Fees: Varies. Some insurances accepted.

Catholic Social Services of Washtenaw County - Behavioral Health Counseling Services
Website: www.csswashtenaw.org/bhs/counseling
Address: 4925 Packard Road, Ann Arbor MI 48108
Phone: (734) 926-0155 Intake
Fax: (734) 971-2730
Services: Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available. Provides psychiatric evaluation and medication monitoring when appropriate.
Hours: Monday - Thursday 8:30 am - 9 pm; Friday 8:30 am - 5 pm; Saturday 9 8:30 am - 3 pm
Fees: Most insurance policies accepted, sliding scale available

Dawn Farm
Website: www.dawnfarm.org
Address: 315 N. Main, 1st Floor, Ann Arbor MI 48104 - Outpatient Services
6633 Stony Creek Road, Ypsilanti MI 48197
Spera (Detox) Recovery Center, 502 W. Huron, Ann Arbor MI 48104
Phone: (734) 821-0216 AA or (734) 485-8725 Ypsi or (734) 669-8265 Detox Intake
Email: info@dawnfarm.org
Services: Addiction treatment center providing assessments, case management, detox, residential services, and out-patient group/family/individual counseling to adolescents & adults.
Hours: Call for information.
Fees: Sliding scale, Medicaid.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
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Elder Abuse Hotline & Resources - Michigan - Dept. of Attorney General
Website: www.michigan.gov/ag/elder_abuse or www.michigan.gov/som/elder_abuse
Toll Free: (855) 444-3911 Report Abuse   (800) 242-2873 Resources
Services: Call or complete a complaint form online to report suspected elder or vulnerable adult neglect, abuse or exploitation. AG site advises on how to document the situation.
Hours: 24 Hours
Fees: No fee.

EMU Community Behavioral Health Clinic (formerly EMU - Psychology Clinic)
Website: www.emich.edu/psychology/psychologyclinic
Address: 1075 N. Huron River Drive, Ypsilanti MI 48197
Phone: (734) 487-4987   Older Adults & Caregivers (734) 627-7620 leave name & number
Fax: (734) 487-4989
Email: psychclinic_admin@emich.edu
Services: Comprehensive cognitive and neuropsychological assessments and group and/or individual psychotherapy are provided to the Ypsilanti community and surrounding areas. Speciality programming for caregivers and for older adults 60+ who have concerns about thinking, remembering or problem-solving.
Hours: Monday - Thursday 8:30 am – 7 pm; Friday 8:30 am – 4 pm
Fees: $5 per group session, $10 per individual session; $200 for a full psychological assessment. Fees due at time of service.

Family Crisis Center of Washtenaw
Website: www.familycrisiscenterwashtenaw.org
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104
Phone: (734) 660-7059
Services: Provides professional mental health assistance as well as resources to families, individuals, and couples. Holds small group sessions and workshops. Grief/loss support meetings are every Wednesday.
Hours: Call for hours.
Fees: Vary; call for information.

Hoarding Task Force of Washtenaw County ℅ Synod Community Services
Website: htfwashtenaw.org
Address: 615 S. Mansfield, PO Box 980465, Ypsilanti MI 48198
Phone: (734) 340-5813
Email: hoarding@htfwashtenaw.org
Services: Provides Hoarding Behavior Assessments, counseling referrals, clutter assistance volunteer program, speakers and links to support groups for individuals.
Hours: Call for information.
Fees: Medicare and most insurances; some free or donation suggested on a sliding scale. Costs for code compliance are not covered.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
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Home of New Vision
Website: homeofnewvision.org
Address: 3115 Professional Drive, Ann Arbor  MI 48104
Phone: (734) 975-1602
Fax: (734) 975-1604
Email: admin@homeofnewvision.org
Services: Various programs for those affected by substance abuse including recovery housing, recovery support program, and early intervention. Special programs:
  ● **The Engagement Center** is a 24-hour crisis intervention facility providing a supervised, supportive setting for individuals with substance use and co-occurring disorders.
  ● **The Assessment and Referrals Program** serves clients referred from courts, Friend of the Court, Child Protective Services, Secretary of State, private attorneys, and other service agencies by performing psychosocial diagnostic assessments.
  ● **Withdrawal Management (formerly Detoxification) Program** provides non-medical (sub-acute or social) detoxification in a safe, home-like environment.

Hours: Monday - Friday 9 am - 5 pm
Fees: Services covered by Medicare/Medicaid and other insurances.

LGBT National Help Center - Senior Hotline
Website: www.glbthotline.org
Toll Free: (888) 234-7243
Online Live Chat: Yes, Peer Support
Email: help@LGBThotline.org
Services: Provides a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and more.

Hours: Monday - Friday 4 pm - 12 am (midnight) ET  Saturdays 12 pm (noon) - 5 pm ET
Fees: No fee.

Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)
Website: mcedsv.org
Phone: (517) 347-7000
Toll Free: (855) VOICES4  (855) 864-2374
Fax: (517) 347-1377
TTY: (517) 381-8470
Text: (866) 238-1454
Online Live Chat: mcedsv.org/hotline/hotline-chat/
Email: voices4.email@mcedsv.org
Services: Develop and promote efforts to end domestic and sexual violence in Michigan. Resources include information on relationship violence and sexual violence in LGBT communities.
  -- **Survivor Law Clinic** provides legal representation; education, technical support and training; and expert witness referrals.

Hours: 24 Hour hotline, chat and text
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information.

**Michigan Medicine - Geriatrics Center - Social Work and Community Programs**
- **Website:** [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)
- **Address:** 4260 Plymouth Road, Ann Arbor MI 48109
- **Phone:** (734) 764-2556
- **Fax:** Clinic (734) 647-8535
- **Services:** Various therapy groups available to anyone in the community, individual counseling for Turner Geriatric Clinic patients.
- **Hours:** Monday - Friday 8 am – 5 pm
- **Fees:** Services reimbursed by Medicare and most insurances.

**Michigan Medicine Hospital - Psychiatric Emergency Services – 24 Hour Crisis Center**
- **Website:** [www.medicine.umich.edu/dept/psychiatric-emergency-service](http://www.medicine.umich.edu/dept/psychiatric-emergency-service)
- **Address:** Michigan Medicine Hospital, 1500 E. Medical Drive, Floor B1, Room A240, Ann Arbor MI 48109 (use Emergency Dept. entrance)
- **Phone:** (734) 936-5900  24 Hours (734) 996-4747
- **Services:** Psychiatric Emergency Services (PES) provides crisis phone services and emergency/urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; and mental health and substance abuse treatment referral information.
- **Hours:** 24 Hours
- **Fees:** Charges are the same as an ER Visit. Covered by insurance plans and Medicare.

**NAMI (National Alliance of Mental Health) Washtenaw County**
- **Website:** namiwc.org
- **Address:** 1100 N. Main Street, Ann Arbor MI 48104
- **Phone:** (734) 994-6611
- **Toll Free:** (800) 950-NAMI (6264) Helpline  Mondays - Fridays 10 am - 6 pm ET
- **Text:** “NAMI” to 741-741 Crisis SMS Service
- **Email:** office@namiwc.org info@nami.org  Monday - Friday 10 am - 6 pm
- **Services:** Offers support groups and educational programs plus advocates for mental health issues.
- **Hours:** Mondays & Thursdays 9:30 am - 2:30 pm; Tuesdays 1 - 4 pm
- **Fees:** No fee.

**National Domestic Violence Hotline**
- **Website:** [www.thehotline.org](http://www.thehotline.org)
- **Toll Free:** (800) 799-SAFE (7233)
- **TTY Toll Free:** (800) 787-3224
- **Video Phone:** (855) 812-1011
- **Online Live Chat:** Yes [Chat](http://www.thehotline.org)
- **Services:** Trained advocates talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Links to services for Native Americans and the deaf or hard of hearing. Provides information on [Legal Help](http://www.thehotline.org).
- **Hours:** 24 Hours
- **Fees:** No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

National Suicide Prevention Lifeline
Website: suicidepreventionlifeline.org
Toll Free: 24 Hours (800) 273-8255 Spanish (888) 628-9454
TTY: 711 (800) 273-8255
Online Live Chat: Yes Chat
Services: Provides confidential support for people in distress, prevention and crisis resources, and best practices for professionals. The website offers specific resources for disaster survivors, veterans, loss survivors, LGBTQ+, suicide attempt survivors, and for the deaf/hard of hearing. Also offers resources in Spanish.
Hours: 24 Hours
Fees: No fee.

St. Joseph Mercy Ann Arbor - Behavioral [Health] Services
Website: www.stjoesannarbor.org/behavioral-health
Address: SJMAA Hospital, 5301 McAuley Drive, Ann Arbor MI 48197
Huron Oaks - 5401 McAuley Drive, Ann Arbor MI 48106 (Adult Partial Hospitalization)
Greenbrook Recovery Center - 5401 McAuley Drive. PO Box 995, Ann Arbor MI 48106
Phone: (734) 712-3456
(734) 786-2300 Outpatient Behavioral Health - 2006 Hogback Road, Suite 1, Ann Arbor MI 48105
(734) 712-2762 Inpatient Psychiatric Program
(734) 712-2020 Adult Partial Hospitalization
(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center
(734) 786-2300 Psychological Testing - 2006 Hogback Rd Suite 1, Ann Arbor MI 48105
(734) 712-5850 Transition Clinic
Fax: (734) 712-5302
(734) 712-5455 Adult Partial Hospitalization @ Huron Oaks
(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center
Services: Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers.
Hours: Varies by program; call for hours.
Fees: Covered by Medicare and most insurances.

St. Joseph Mercy Chelsea – Behavioral Health Services
Website: st-joseph-mercy-chelsea-behavioral-health-services
Address: 775 S. Main, Chelsea MI 48118 Inpatient program
7089 Dexter-Ann Arbor Road, Dexter MI 48130 Outpatient program
Phone: (734) 593-5251 (734) 593-5200 Inpatient BHS
Toll Free: (800) 328-6261
Services: Inpatient, outpatient, and day treatment programs are available. Services include individual and family counseling as well as support groups. Serves the Chelsea, Dexter, Manchester, Stockbridge and Grass Lake communities
Hours: Call for hours.
Fees: Most insurance policies accepted.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
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St. Joseph Mercy Chelsea – Older Adult Recovery Center
Website: www.stjoeschelsea.org/olderadultrecoverycenter
Address: 350 N. Main Street, Suite 150, Chelsea  MI 48118
Phone: (734) 593-5251
Toll Free: (800) 328-6261
Services: Outpatient/inpatient detoxification, intensive outpatient treatment, and standard outpatient treatment, including recovery groups and family treatment. Socialization and peer counselors are also available. Serves those 40+.
Hours: Call for hours.
Fees: Accepts Medicare and many commercial health insurances.

Senior Counseling Services, LLC
Website: www.seniorcounseling.info
Address: 37899 W. 12 Mile Road Suite 130, Farmington Hills  MI 48334
Phone: (248) 476-2229
Fax: (248) 476-4434
Email: admin@seniorcounseling.info
Services: In-home mental health counseling for seniors, homebound, and disabled individuals in southeast Michigan. Provides supportive counseling for family members and caregivers. Assists with resources and referrals. “In-home” includes senior residences and assisted living facilities.
Hours: Office Monday - Friday 9 am – 5 pm; Confidential voicemail and fax available 24 Hours.
Fees: Medicare, some insurances, private pay.

Trans Lifeline
Website: www.translifeline.org
Toll Free: (877) 565-8860 hotline
Services: A trans-led organization that connects trans people to the community, support, and resources needed to survive and thrive. Provides Spanish-speaking operators.
Hours: 24 Hours
Fees: No fee.

The Trevor Project
Website: www.thetrevorproject.org
Toll Free: (866) 488-7386 Helpline
Online Live Chat: Yes, via computer, not via smartphone or tablet
Text: Text START to 678-678
Services: LGBTQ crisis intervention and suicide prevention hotlines. Online Support Center - Mental Health provides links to information on anxiety, depression, eating disorders, suicide and substance abuse.
Hours: 24 Hours
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

THRIVE - Jewish Family Services of Washtenaw County
Website: thrivecounselinga2.com
Address: 2245 S. State Street, Suite 1100, Ann Arbor  MI  48103
Phone: (734) 436-4249
Email: hello@ThriveCounselingA2.com
Services: Counseling services for individuals, couples and families.
Hours: Call for hours.
Fees: Many insurances, including Medicare, and employee assistance programs (EAP) accepted. Sliding scale available for uninsured.

VA Ann Arbor Healthcare System – Mental Health
Website: www.annarbor.va.gov/services/mentalhealth
Address: Mental Health Clinic, 7th Floor, Room B707 - VA Hospital, 2215 Fuller Road, Ann Arbor  MI  48103
Phone: (734) 845-3471
Toll Free: (800) 361-8387 Ext. 53471  Veterans Crisis Line (800) 273-8255 press 1
Services: General mental health, PTSD, substance use disorder, neuropsychology, geropsychiatry (persons 50+), returning veterans program Military sexual trauma, suicide prevention, and women’s mental health. Offers clinical videoconferencing.
Hours: Monday - Friday 8 am 4:30 pm; Mondays and Wednesdays until 6:30 pm; Tuesdays and Thursdays until 8:30 pm
Fees: Covered by VA health care.

Veterans Crisis Line
Website: www.veteranscrisisline.net or any VA website - top right corner
Toll Free; (800) 273-8255, press 1
TTY: 711 then (800) 273-8255
Text: 838255
Online Live Chat: Yes
Services: Counseling for veterans, family members and friends.
Hours: 24 Hours
Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis
Website: www.washtenaw.org/wccmh
Address: Adult Services Clinic, 555 Towner Street, Ypsilanti  MI 48197
   Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor  MI 48107
   Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor  MI 48108
Phone: 24 Hours (734) 544-3050
Services: Counselors available any time day or night for emergency assistance over the phone or in person. Provides some residential services; serves the homeless. Screening process determines eligibility.
Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.
Fees: Some insurances and based on ability to pay.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
The Women's Center of Southeastern Michigan
Website: www.womenscentersemi.org
Address: 1100 Victors Way, Suite 10, Ann Arbor MI 48108
Phone: (734) 973-6779
Fax: (734) 973-6609
Email: info@womenscentersemi.org
Services: Personal counseling, job and financial coaching, divorce support, tax assistance, and community resource information.
Hours: Monday - Friday 9 am - 5 pm; other hours by appointment.
Fees: Insurance or based on ability to pay.
Many listings are pre-Covid-19; contact agencies directly for current information

EDUCATION - rev Oct 2018

Adult Learners Institute of Chelsea MI
Website: www.adultlearnersinstitute.org
Address: PO Box 134, Chelsea MI 48118
Phone: (734) 292-5540
Email: info@adultlearnersinstitute.org
Services: ALI provides a diverse selection of quality community-based learning experiences and camaraderie for adults in western Washtenaw County. ALI is a Lifelong Learning Institute (LLI) affiliated with the LLI Resource Network at RoadScholar, a group of hundreds of similar organizations. Programs are conducted in cooperation with Washtenaw Community College.
Hours: Leave message for call to be returned. Registration is by mail only.
Fees: Vary by course offered; some are no fee.

American Association of Retired Persons (AARP) - Smart Driver™ Course / Driver Safety Program
Website: www.aarp.org/auto/driver-safety/
Address: 309 N Washington Square, Suite 110 Lansing MI 48933
Toll Free: (866) 227-7448
Fax: (517) 482-2794
TTY: National (877) 434-7598
Email: miaarp@aarp.org
Services: Eight (8) hour classroom course for drivers 50+ offered at many locations around the state throughout the year. Call for dates, time and location or available online. Offers Smart DriverTEK™ workshops about the latest high-tech safety features in current and future cars; check website for locations & times – $5 or free, depending on location.
Hours: Monday – Friday 9 am – 5 pm
Fees: $20.00 AARP members, $25.00 Non-members.

Elderwise
Website: www.elderwiselearning.org/
Address: 4624 Packard Road, Ann Arbor MI 48108 (Red Cross Building)
Phone: (734) 340-6091
Email: elderwiselearning@gmail.com
Services: In-depth courses and interactive learning with peer teaching, plus social activities. Programs may include art, music, literature, history, gardening, and travelogues and presentations on medical, financial, and legal issues.
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to program - $40/year membership fee, which can be prorated by term, entitles member to a discount on course fees; membership is not required for class enrollment.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Jewish Family Services of Washtenaw County
Website: [www.jfsannarbor.org](http://www.jfsannarbor.org/)
Address: 2245 S. State Street, Ann Arbor  MI  48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Services: English as a Second Language and Citizenship classes.
Hours: Daytime, call for schedule.
Fees: No fee.

MSU Extension - Washtenaw County
Website: [www.canr.msu.edu/washtenaw/](http://www.canr.msu.edu/washtenaw/)
Address: 705 N. Zeeb Road, PO Box 8645, Ann Arbor  MI 48107
Phone: (734) 997-1678
Fax: (734) 222-3990
Email: msue.washtenaw@county.msu.edu
Services: Free educational programs in Washtenaw County: Food and nutrition, finances, agriculture, horticulture, and natural resources, master gardener training. Open to Washtenaw County residents.
Hours: Monday – Friday 8 am – 12:30 pm & 1:30 pm - 4:30 pm
Fees: Varies according to program; some have no fee.

Osher Lifelong Learning Institute at the University of Michigan - Michigan Medicine
Website: [www.olli.umich.org/](http://www.olli.umich.org/)
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor  MI 48105
Phone: (734) 998-9351
Fax: (734) 998-9340
Email: olli.info@umich.edu
Services: Lectures, study groups MIni classes, plus trips. Ages 50+.
Hours: Monday – Friday 9 am – 5 pm
Fees: $25 annual membership fee. Additional fees vary by program. Scholarships available.

Road Scholar (formerly Elderhostel)
Website: [www.roadscholar.org](http://www.roadscholar.org)
Address: 11 Avenue de Lafayette, Boston MA 02111
Toll Free: (800) 454-5768
Fax: (877) 426-2116
Online Live Chat: Yes
Email: contact@roadscholar.org
Services: Learning experiences around the world, through educational field trips, excursions, and a variety of activities. Offers Caregiver Grants or scholarships for respite and renewal - information at [www.roadscholar.org/about/financial-assistance/media/](http://www.roadscholar.org/about/financial-assistance/media/)
Hours: Monday – Friday 8 am – 9 pm ET
Fees: Varies according to program, no membership fee.
Many listings are pre-Covid-19; contact agencies directly for current information

St. Joseph Mercy Health System - Classes & Events
www.stjoeshealth.org/classes
Services: Search by categories such as Exercise and Fitness, Healthier Living, Seniors, Weight and Healthy Lifestyle and/or by location to find classes of interest.
Hours: Varies
Fees: No fee or minimal fee; varies according to class

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services Provided: Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55+).
Hours: Monday – Friday 9 am – 5 pm
Fees: Varies according to the program. Scholarships available.

University of Michigan – Center for Education of Women
Website: www.cew.umich.edu
Address: 330 E Liberty Street, Ann Arbor MI 48104
Phone: (734) 764-6005
Email: contactcew@umich.edu
Services: Workshop and programs: career development, building your financial future, work/life balance. Job search assistance: members of surrounding community, men and women, students, faculty, and staff from the University of Michigan.
Hours: September – April, Mondays & Wednesdays - Friday 8 am - 4:30 pm; Tuesdays 8:30 am – 7 pm; & May - August, Monday - Friday 8:30 am - 4:30 pm
Fees: Fees apply to some programs.

Washtenaw Community College – Senior Focus
Website: www.wccnet.edu/start-now/enrich-your-life/seniors.php
Address: 4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 667-5060
Fax: (734) 973-5045
Services: Community Enrichment at WCC offers classes that are requested by and designed for older adults. Classes meet at convenient sites, including community and senior centers, throughout Washtenaw County and are available to county residents 65+.
Hours: Monday – Friday 8 am – 5 pm
Fees: Varies according to program.

Washtenaw Community College - Emeritus Scholarship Program
Website: www.wccnet.edu/studentconnection/payingtuition/emeritus/
Address: Student Connection, Student Center Bldg., 4800 E Huron River Drive, Ann Arbor MI 48105
Phone: (734) 973-3543
Fax: (734) 677-5408
Email: studrec@wccnet.edu

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Services: For Washtenaw County residents who are 65+. Covers tuition for non-credit and credit classes and some fees for credit classes.

Hours: Monday – Thursday 8 am – 7 pm; Fridays 8 am - 5 pm; Saturdays 9 am - 1 pm

Fees: No fee or tuition for most classes, if space available.

Washtenaw Literacy
Website: www.washtenawliteracy.org
Address: 5577 Whittaker Road, Ypsilanti  MI 48197
Phone: (734) 337-3338
Email: info@washtenawliteracy.org

Services: One-on-one and group tutoring for adults in various locations for basic literacy skills, educational attainment training and jobs and workforce literacy. Also offers English as a Second Language (ESL) tutoring, test preparation, computer literacy, financial literacy and more. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County.

Hours: Monday – Friday 9 am – 5 pm

Fees: No fee.

Check with local public school districts to discover inexpensive, discounted or free community education classes, events and programs

Washtenaw County schools contact information given below.

**Ann Arbor Public Schools**  (734) 994-2300 ext. 1  drago@a2schools.org
**Chelsea District Schools**  (734) 433-2208  chelseacommed@chelsea.k12.mi.us

**Dexter Community Schools**  (734) 424-4180  no email

**Lincoln Community Schools**  (734) 484-7007  grajczyk@lincolnk12.org

**Manchester Community Schools**  (734) 428-9711  no email

**Milan Area Schools**  (734) 439-5272  coxc@milanareaschools.org

**Saline Area Schools**  (734) 401-4020  pufferb@salineschools.org

**Whitmore Lake Public Schools**  (734) 449-4461 ext. 3052  wlcrinfo@wlps.net

**Ypsilanti Community Schools**  (734) 221-1200  no email

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
EMERGENCY SERVICES - rev Jan 2020

Aid in Milan (AIM)
Website: www.aidinmilan.org
Address: 89 W. Main Street Milan MI 48160
Phone: (734) 439-8420
Email: info@aidinmilan.org
Services: Rent and utility crisis intervention, help with prescriptions, emergency food pantry, home-delivered meals for seniors, and winter clothing. Generally reserved for residents of Milan School District, with proof of residency and income. Emergency Food available during regular office hours. Medical equipment loan closet available.
Hours: Monday & Thursday - Friday 9 am - 3 pm; Tuesdays 12 pm - 7 pm; closed Wednesdays
Fees: No fee.

American Red Cross - Southeast Michigan
Website: www.redcross.org/local/michigan or www.redcross.org
Address: 7800 Outer Drive W. Suite 205, Detroit MI 48235
Blood Donation Center: 4624 Packard Road, Ann Arbor MI 48108
Phone: (313) 833-4440    Military family emergency (877) 272-7337
Toll Free: (800) RED-CROSS 733-2767 AA Blood donation
Services: Works to meet immediate needs after an emergency or disaster; provides shelter, food, personal and other emergency supplies, plus health and mental health services. In addition, serves as communication liaison between the military and a soldier’s family in an emergency. Apple and Android smartphone apps available. Also works with Amazon Alexa.
AA Hours for Blood Donations: Monday - Wednesday 11 am - 7:15 pm; Fridays 6:30 am - 2:45 pm;
Saturday - Sunday 6:30 am - 2:45 pm; closed Thursdays
Fees: No fee.

Ann Arbor Thrift Shop
Website: www.annarborthriftshop.org
Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104
Phone: (734) 662-6771
Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation.
Hours: Tuesday, Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm
Fees: No fee.

Catholic Social Services of Washtenaw County - Food Pantry
Website: csswashtenaw.org/family-children/cssw-food-pantry/
Address: Northside Community Center, 815 Taylor, Ann Arbor MI 48105
Phone: (734) 662-4462
Services: Distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels.
Hours: Tuesdays 2 pm - 5:30 pm; Thursdays 10 am - 2:30 pm;

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
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2nd and 4th Saturdays 10 am - 12:30 pm
Fees: No fee. Food donations are accepted.

Emmanuel Lutheran Church
Website: www.emmanuelypsi.org
Address: 201 N. River Street, Ypsilanti MI 48198 Clothes Closet - Education Hall, N. Entrance
Phone: (734) 482-7121
Email: info@EmmanuelYpsi.org
Services: Emergency food supplies are distributed based on referrals from local services agencies.
Medical Equipment Loan Closet and Clothes Closet is available.
Hours: Food Pantry - Wednesdays 3 - 3:45 pm & Clothes Closet - Wednesdays 9 - 10:30 am
Fees: No fee.

Faith in Action (FIA) - Chelsea & Dexter
Website: www.faithinaction1.org
Address: 603 S Main Street, Chelsea MI 48118 and 7275 Joy Road, Dexter MI 48103
Phone: (734) 475-3305 Chelsea (734) 426-7002 Dexter Food Pantry
Services: Food for 3 – 5 days. Clothing available: no residency requirement but limited to every 2 weeks & no more than 12 times per year. Household and other supplies not purchasable with food stamps; and financial assistance for rent and utilities: must be low income and live within the Dexter and Chelsea School Districts. Medical equipment loan closet.
Hours: Chelsea: Monday – Friday 9 am - 4 pm; Wednesdays open until 7 pm
Dexter Food Pantry: Wednesdays 12 - 7 pm
Fees: No fee.

Food Gatherers - Need Food?
Website: www.foodgatherers.org/pantries
Services: This page provides both a map and a list of food and meal sites within Washtenaw County. Flyers on free grocery distribution are available in English, Spanish, Arabic and Mandarin Chinese.
Phone: (734) 761-2796
Email: info@foodgatherers.org
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info/
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357 Helpline
Fax: (734) 484-5335
Email: Helpline@FriendsInDeedMI.org and Furnitureline@FriendsinDeedMi.org
Furniture Line: (734) 484-7607 Tuesday - Friday 9:30 am - 12:30 pm
Services: Provides furniture, transportation assistance and utility shut-off help. Information and referrals for housing, health and employment-related needs, childcare, clothing, prescriptions, and medical needs. Focuses on unmet needs for Washtenaw County residents, such as those that other human services agencies cannot meet.
Hours: Monday - Friday 9:30 am - 2 pm Helpline; Walk-in Hours Thursdays 2 - 5 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

House by the Side of the Road
Website: www.housebythesideoftheroad.org
Address: 2051 S. State Street, Ann Arbor MI 48104
Phone: (734) 769-4085
Email: housebyroad@gmail.com
Services: Free clothing and small household items available to people in need.
Hours: Monday - Friday 10 am - 2 pm and many 1st Saturdays 10 am - 2 pm (call for dates)
Fees: No fee.

Housing Access for Washtenaw County (HAWC)
Website: www.housingaccess.net
Address: 101 S. Huron Street, Ypsilanti MI 48197 (admin)
Phone: (734) 961-1999
Email: HAWC_Washtenaw@usc.salvationarmy.org
Services: Central intake or single point of entry for all emergency shelters and housing resources that are available to serve people experiencing homelessness in the county. Must be resident of Washtenaw County.
Hours: Monday - Friday 8:30 am - 5:30 pm Call Center
       Walk-In: Tuesdays 9 am - 12 pm @ The Salvation Army, 9 S. Park Street, Ypsilanti MI 48197
       Thursdays 1 - 4 pm @ The Salvation Army, 100 Arbana Drive, Ann Arbor MI 48103
Fees: No fee.

Kiwanis Club of Ann Arbor - Thrift Sale
Website: www.a2kiwanis.org and www.kiwanissale.com
Address: 100 N. Staebler at Jackson (1 mile west of Zeeb) Ann Arbor MI 48103
Phone: (734) 665-0450
Services: Ann Arbor Kiwanis sells used furniture, household goods, and clothing. Household goods assistance is provided only through charity and social agency caseworkers trained by Kiwanis.
Hours: Voucher Services by appointment with caseworkers trained by Kiwanis.
       Thursday 9:30 am - 11 am
Fees: No fee w/voucher. Merchandise as priced.

Lions of Michigan Foundation - Emergency Disaster Relief Program
Website: www.lmsf.net/emergency-disaster-relief-program/
Address: 5730 Executive Drive, Lansing MI 48911
Phone: 517-887-6640
Fax: 517-887-6642
Email: info@lmsf.net
Services: Provides help for people victimized by floods, forest fires, tornadoes, and other natural disasters. Funding may be provided for food, clothing, shelter and other personal needs.
Hours: Call for information.
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Manchester Community Resource Center
Website: manchestercrc.org
Address: 710 E. Main, Riverside Intermediate School, PO Box 433, Manchester MI 48158
Phone: (734) 428-7722
Email: manchestercrc@sbcglobal.net or info@manchestercrc.org
Services: Assistance covered includes Medicare issues, respite care referrals and more. Older Adults can meet with a Senior Resource Advocate from Catholic Social Services. Serves the Village of Manchester and surrounding townships: Freedom, Bridgewater, Sharon and Manchester. Call for appointment.
Hours: Food Pantry - Mondays & Wednesdays 11:30 am - 2:30 pm; Tuesdays & Thursdays 9 am - 2:30 pm; Fridays 9 am - 12 noon;
Office Mondays 11:30 am - 2:30 pm; Tuesday - Thursday 9 am - 4 pm; Fridays 9 am - 12 pm.
Fees: No fee.

Manchester Family Services, Inc.
Address: PO Box 471, Manchester MI 48158
Phone: (734) 428-7183
Services: Vouchers given any time for food, rent, and utility assistance. Location for food pick up varies each month. Must call in advance to participate in the food program and live in Freedom, Manchester, Bridgewater, or Sharon Townships. Based on need.
Hours: Food pantry available 3rd Wednesday each month 1 - 3 pm
Fees: No fee.

Michigan Department of Human Services - Adult Protective Services
Website: www.michigan.gov/mdhhs/adult-protective-services
Toll Free: (855) 444-3911
Services: Call to report adults 18+ of being abused, neglected or exploited. Caller can remain anonymous.
Hours: Call for hours
Fees: No fee.

Peace Neighborhood Center
Website: www.peaceneighborhoodcenter.org
Address: 1111 N. Maple Road, Ann Arbor MI 48103
Phone: (734) 662-3564
Email: info@peaceneighborhoodcenter.org
Services: Provides regular food assistance. Coordinates with other agencies to provide services.
Hours: Monday - Friday 9:30 am - 5:30 pm
Food distribution: Fridays, 10 am - 12 pm, September - June
Fees: No fee.

Poison Control Center aka National Capital Poison Center
Website: www.poison.org
Toll Free: (800) 222-1222
Services: Telephone guidance for poisoning emergencies. Provides guided online help via webPOISONCONTROL website.
Hours: 24 Hours

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fees: No fee.

SOS Community Services - Food Pantry & Housing Crisis Center
Website: www.soscs.org
Address: Resource Center, 114 N. River Street, Ypsilanti MI 48198
Phone: Food Pantry (734) 484-9945  Housing via HAWC (734) 961-1999
       Office (734) 485-8730
Fax: Office (734) 485-8739
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification), bus tokens. Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County (HAWC). Food for 3 meals per person in household up to 12 times a year. Personal care items and meats from Pantry for eligible residents by appointment.
Hours: Monday - Friday 9 am - 5 pm; Tuesdays 9 am - 6:30 pm
       Resource Center: Mondays 9 am - 1 pm; Thursdays & Fridays 9 am - 4 pm
       Food Pantry: Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm
Fees: No fee.

SafeHouse Center
Website: www.safehousecenter.org
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: 24-Hour Helpline (734) 995-5444 uses Language Line for interpreters as needed
       Office (734) 973-0242
Fax: (734) 973-7817
TTY: Helpline (734) 973-2227
Email: info@safehousecenter.org
Services: Provides safety, support, legal, and resources for survivors (female, male & LGBT) of sexual assault and domestic violence and their children. Has a 20-bedroom, 50-bed emergency shelter, limited to a 35 day stay. Must be a survivor of an intimate partner of domestic violence to use the services. All domestic violence services are confidential.
Hours: Monday - Friday 8 am - 5 pm for counseling and legal advocacy.
Fees: No fee.

Saline Area Social Service
Website: salinesocialservice.com
Address: 224 W. Michigan Avenue, Saline MI 48176
Phone: (734) 429-4570
Email: info@salinesocialservice.com
Services: Provides temporary emergency financial aid, food, clothing, holiday food baskets, and emergency car repair to residents of Saline Area School District. Must provide ID & meet income guidelines.
Hours: Mondays 10 am - 5:30 pm; Tuesday - Thursday 10 am - 2:30 pm
Fees: No fee.
Salvation Army - Ann Arbor MI
Website: centralusa.salvationarmy.org/washtenaw
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Fax: (734) 668-0908
Email: delandm@med.umich.edu
Services: Food, fuel, clothing, and shelter provided during an emergency. Call to make appointment; application must be picked up in person. Eligibility determined on individual basis. Must be Washtenaw County resident. Ypsilanti and Willis residents should use Ypsilanti office.
Hours: Monday - Friday 8 am - 4 pm
Food Pantry Tuesdays & Thursdays 9:30 - 11:30 am and 1 - 3 pm
Fees: No fee.

Salvation Army - Ypsilanti MI
Website: centralusa.salvationarmy.org/washtenaw
Address: 9 S. Park Street, Ypsilanti MI 48198
Food Pantry at Hope Clinic, 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 482-4700
Fax: (734) 482-2689
Services: Food pantry, soup kitchen, clothing, family shelter, transitional housing and counseling for veterans, emergency and disaster relief, utility assistance, and eviction prevention. Emergency services by appointment only. Food pantry visits are limited to 1/month; fresh food distribution is limited to 1/week. Primarily serves Ypsilanti area residents.
Hours: Monday - Friday 8:30 am - 4 pm
Hot Meals: Mondays & Thursdays 5 - 6 pm
Fresh Food Distribution: Thursdays 1 - 3 pm
Food Pantry at Hope Clinic: Tuesdays 1 - 3 pm
Fees: No fee.

Shelter Association of Washtenaw County - Delonis Center
Website: www.annarborshelter.org
Address: 312 W. Huron Street, Ann Arbor MI 48103
Phone: Office (734) 662-2829
Fax: (734) 996-3022
Email: shelterassociation@ewashtenaw.org
Services: Provides temporary shelter and supportive services to homeless adults on a walk-in or appointment basis. Employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and networking to other community resources are offered to clients 18+, drug-free, and sober. Washtenaw County residents served first; all others will be on a 30-day wait list pending availability.
Hours: 24 Hours
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
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Staples Family Center - Salvation Army of Washtenaw County
Website: centralusa.salvationarmy.org/washtenaw/provide-housing
Address: 3660 Packard Street, Ann Arbor MI 48108
Phone: (734) 761-7750 or (734) 961-1999
Services: A drug-free homeless shelter of 36 beds. Phone screening required.
Hours: 24 Hours
Fees: No fee.

St. Thomas Catholic Church - St. Vincent de Paul Office Ministry
Website: stthomasannarbor.org/l3-ministries/st-vincent-de-paul/ or svdpaa.org/office/
Address: Parish Office Bldg., 530 Elizabeth Street, Ann Arbor MI 48104
Phone: Office (734) 761-8606 Ext. 2901  Home Visit Request (734) 719-1632
Fax: (734) 997-8432
Email: svdpaa@att.net
Services: Provides Kroger gift cards, bus tokens; and referrals to other social agencies. Clients must come in person with photo ID. Home visits to assess need are available. Individual services provided once every 6 months.
Hours: Tuesday - Friday 9 - 11 am
Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs
Website: www.michigan.gov/mdhhs/AssistancePrograms
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
TTY: 711
Services: The Emergency Relief Program provides immediate help to individuals or families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, helps low-income households meet emergency needs such as heat & utilities, home repairs, relocation assistance, home ownership services, and burial. Designed for low-income households which occasionally need help when unexpected emergency situations arise, not for chronic difficulties. Includes migrant and refugee assistance. Must meet eligibility requirements.
Hours: Monday - Friday 8 am - 5 pm excluding state holidays
Fees: No fee.

University of Michigan. Department of Psychiatry - Psychiatric Emergency Services
Website: www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service
Address: Michigan Medicine Hospital, 1500 E. Medical Center Drive, Floor B1, Room A240; Ann Arbor MI 48109 (use Emergency Room Department entrance)
Phone: (734) 936-5900  24 Hours (734) 996-4747
Services: Offers assistance with psychological emergencies, including suicide prevention. Provides psychiatric evaluations, referrals to inpatient treatment facilities and mental health referral information. Evening phone calls are forwarded to Psychiatric Emergency Services at Michigan Medicine.
Hours: 24 Hours
Fees: Patient’s insurance is billed for services. If uninsured, other billing agencies may be considered.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

VA Ann Arbor Healthcare System - Healthcare for Homeless Veterans Office
Website: [www.annarbor.va.gov/services/homeless/index.asp](http://www.annarbor.va.gov/services/homeless/index.asp)
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-5058
Toll Free: 24 Hours (877) 424-3838
Online Live Chat: Yes
Services: A collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families find and sustain permanent housing.
Hours: Varies; call.
Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis Services
Website: [www.washtenaw.org/839/Community-Mental-Health](http://www.washtenaw.org/839/Community-Mental-Health)
Address: 555 Towner Street, Ypsilanti MI 48198 and 110 N. Fourth Ave, Ann Arbor MI 48107
Phone: 24 Hours (734) 544-3050
Toll Free: 24 Hours (800) 440-7548
Fax: Ypsi (734) 544-6732
Services: Crisis planning, stabilization and support for substance abuse and mental health; Project Outreach (PORT) Services for the Homeless - crisis management and transition to mainstream services; OBRA Services for Older Adults - Nursing Home Screening and Services. Includes Crisis Residential Services (CRS), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis. For Washtenaw County residents.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: Based on ability to pay.

Ypsilanti Thrift Shop
Website: [www.ypsithriftshop.org](http://www.ypsithriftshop.org)
Address: 14 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 483-1226
Services: Provides housewares; toys & books; clothing for men, women & children; jewelry, and small appliances. Vouchers accepted from area agencies and must be signed by the Thrift Shop social worker.
Hours: Tuesdays 2 - 5 pm Saturdays 11 am - 2 pm
Fees: Cash and vouchers accepted.
Many listings are pre-Covid-19; contact agencies directly for current information

**FINANCIAL ASSISTANCE** - rev Nov/Dec 2020

American Association of Daily Money Managers (AADMM)
Website: [secure.aadmm.com](http://secure.aadmm.com)
Address: 174 Crestview Drive, Bellefonte, PA 16823-8516
Phone: (814) 357-9191
Fax: (814) 355-2452
Email: [info@aadmm.com](mailto:info@aadmm.com)
**Services:** Daily Money Managers deliver essential personal financial services to seniors and older adults, people with disabilities and others. Search the directory to find a money manager locally and/or who works remotely and who specializes in seniors and older adults.
**Fees:** Vary with services provided.

Ann Arbor Thrift Shop
Website: [www.annarborthriftshop.org](http://www.annarborthriftshop.org)
Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor  MI 48104
Phone: (734) 662-6771
**Services:** Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation.
**Hours:** Tuesday, Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm
**Fees:** No fee.

B&B Payee Services
Website: [www.bbpayeeservices.org](http://www.bbpayeeservices.org)
Address: PO Box 980295, Ypsilanti  MI 48198
Phone: (734) 480-1347
Fax: (734) 480-1327
Email: [info@bbpayeeservices.org](mailto:info@bbpayeeservices.org)
**Services:** A non-profit organization which provides representative payee services -- budgeting, bill payment, reports, maintenance of benefits -- federal fiduciary services, conservator services and financial management assistance.
**Hours:** Monday - Friday 9 am - 12 pm and 1 pm - 4 pm
**Fees:** Vary by service; Social Security & VA determine flat rates for clients as does the Probate Court; others pay $55/per hourly, prorated.

BenefitsCheckUp
Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)
**Services:** Finds benefits programs for seniors with limited income and resources. Search by zip code for information on: medication, food and nutrition, income assistance, health care, housing and utilities, discounts, tax relief, transportation, education, employment, veterans, and other assistance such as legal aid for civil matters. From the National Council on Aging. Available in Spanish.
**Hours:** 24 Hours
**Fees:** No fee.

Contact: Maire DeLand
E-mail: [delandm@med.umich.edu](mailto:delandm@med.umich.edu)
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Consumers Energy - Payment Plans & Assistance
Website: www.consumersenergy.com/residential/programs-and-services/payment-assistance
Toll Free: (800) 477-5050
Toff Free Fax: (800) 363-4806
TTY: 711
Services: Offers programs for emergency and ongoing assistance including senior citizens.
  - **Consumers Affordable Resource for Energy (CARE) plan** - a portion of the monthly bill is paid and past due balances are gradually forgiven for on-time payments.
  - **Winter Protection Plan** - pay partial charges during winter months
  - **Electric Senior Citizen Bill Credits** - income assistance credit when on fixed income
  - **Electric Income Assistance Credit**

Hours: Monday - Friday 7 am - 6 pm Saturdays 8 am - 2 pm
Fees: Varies according to service.

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs
Address: 2155 Hogback Road, Ann Arbor MI 48108
Phone: (734) 973-4540
Fax: (734) 973-4560
Services: Help offered to Washtenaw County veterans to apply for all federal, state and local veterans’ pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Acts as liaison with the Michigan Veterans Trust Fund, which has emergency funds for assistance with employment and burial expenses.

Hours: Walk In Service (Public): 8:30 am - 12 pm; Appointments (Public) 1 - 5:30 pm;
       Closed for Lunch 12 - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee.

DTE - Energy Efficiency Assistance (EEA) Program
Website: dteenergy.com/home/save-energy/residential/incentives+and+programs/limited+income
Toll Free: (866) 796-0512
Email: energy_saving@dteenergy.com
Services: Heating system tuneups or replacement, refrigerator replacement and home weatherization services. Energy-saving devices for the home may be provided. Contact the Washtenaw County Office of Community and Economic Development (734) 544-3005 or (734) 622-9008 or Habitat for Humanity Huron Valley (734) 677-1558 for local assistance.

Hours: DTE Monday - Friday 8 am - 6 pm Saturday 8 am - 12 pm
Fees: Varies according to service.

Faith in Action (FIA) – Chelsea & Dexter
Website: www.faithinaction1.org
Address: St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main Street, Chelsea MI 48118
Phone: (734) 475-3305
Services: Financial help with heat, electric, water, and rent when shut-off notice or notice to quit/eviction is received. Social work staff negotiates with utility companies and landlords to clarify expectations. Available only to residents of Chelsea and Dexter School Districts.

Hours: Call for hours.
Fees: No fee. Income eligibility requirements.
Many listings are pre-Covid-19; contact agencies directly for current information

Friends in Deed
Website: www.friendsindeed.info
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357 (Helpline) or (734) 484-7607 (Furniture)
Fax: (734) 484-5355
Email: Helpline@FriendsInDeedMi.org
Services: Financial help or referrals for unmet needs of Washtenaw County residents, such as housing, utility bills, health and employment-related needs, transportation, childcare, clothing, prescriptions, and medical needs. Focus on needs that other human services agencies cannot meet.
Hours: Monday - Friday 9:30 am - 12 pm
Fees: No fee.

GreenPath Financial Wellness
Website: www.greenpath.com
Address: 2470 Collingwood St., Detroit, MI 48206 and 27780 Novi Road, Suite 105, Novi, MI 48377 and c/o People Driven Credit Union, 24333 Lahser, Southfield, MI 48033
Toll Free: (800) 550-1961
Services: Non-profit company provides confidential credit reports, money management assistance, debt consolidation, foreclosure prevention, mortgage and reverse mortgage counseling.
Hours: Call for hours and in-person appointments.
Fees: Varies according to service.

Habitat for Humanity - Huron Valley - Critical Home Repair & Weatherization
Address: 2805 S. Industrial Hwy., Suite 100, Ann Arbor MI 48104
Website: www.h4h.org/criticalhomerepair
Phone: (734) 263-2317
Fax: (734) 215-9843
Services: Provides assistance with pre- and post-energy audits; roof, refrigerator and water heater replacement; furnace tune-up or replacement; water heater replacement; and additional home repairs. Based on need and available funding.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 1 pm
Fees: No fee.

Health Well Foundation
Website: www.healthwellfoundation.org
Address: Head Office PO Box 4133, Gaithersburg, MD 20878
Call Center PO Box 220410, Chantilly, VA 20153
Toll Free: (800) 675-8416
Fax: (800) 282-7692
Email: Grants@HealthWellFoundation.org
Services: A non-profit organization for improving access to care for America’s underinsured. Assists with copays, premiums, deductibles and out-of-pocket expenses including travel. Eligibility is determined by financial, medical, and insurance information. Apply online or via automated phone system.
Hours: Monday - Friday 9 am - 5 pm.
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

Hope Clinic
Website: www.thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48198
Phone: (734) 484-2989
Email: info@thehopeclinic.org
Services: Provides limited financial help for prescription co-pays, transportation to medical appointments, or help with other emergency financial needs including food.
Hours: Monday - Friday 9 am – 5 pm
Food Pantry Tuesdays 1 - 3 pm
Fees: No fee.

Housing Bureau for Seniors - Michigan Medicine
Website: www.med.umich.edu/seniors
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9339
Fax: (734) 998-5878
Email: housingbureauseniors@umich.edu
Services: Offers support and resources for older adults in search of sustainable housing. Staff social workers conduct assessments, provide appropriate information and offer decision-making tools to help find and maintain stable, affordable living arrangements. Through the HomeShare, Foreclosure Prevention, and Housing Counseling/Eviction Prevention programs, HBS provides resources and helps find community support systems for those planning or making housing transitions, and/or those handling housing-related crises.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee. Donations accepted.

Jewish Family Services of Washtenaw County
Website: www.jfsannarbor.org/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Services: Through its Community Assistance program, helps Washtenaw County residents access a variety of emergency community funds, based on those programs’ income and asset guidelines.
Hours: Monday - Thursday 9 am – 5 pm; Friday 9 am – 3 pm
Fees: No fee.

Manchester Family Services, Inc. (MFS, Inc.)
Address: PO Box 471, Manchester MI 48158
Phone: (734) 428-7183
Email: manchesterfamilyservice@gmail.com
Services: Emergency aid for residents of Manchester School District. Can provide food or help with rent, utility payments, and medical bills.
Hours: Monday – Friday 9 am - 4 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

MiCafe - ELM (Elder Law of Michigan, Inc.)
Website: elderlawofmi.org/micafe
Toll Free: (877) 664-2233
Services: Assists in applying for SNAP (Supplemental Nutrition Assistance Program - USDA) benefits. Also assists seniors to apply for, or connect with, utility assistance, tax programs and other community programs.
Hours: Call for hours.
Fee: No fee.

Michigan Ability Partners (MAP) - Representative Payee
Website: www.mapagency.org/payee
Address: 3810 Packard Road, Suite 260, Ann Arbor MI 48108
Phone: (734) 975-6880
Fax: (734) 975-2956
Email: info@mapagency.org
Services: Provides financial management assistance. Helps participants increase money management skills, build and maintain credit, and achieve financial stability.
Hours: Monday - Friday 8:30 am - 12 pm and 1:30 - 4:30 pm
Fees: Typically flat rate as set by Social Security, currently $43 per month.

Michigan Department of Health & Human Services - Assistance Programs
Website: www.michigan.gov/mdhhs/Assistance Programs
Services: Information on various programs -- cash assistance, food assistance, refugee assistance, emergency relief, and housing. Links to specific programs in each area.
Hours: 24 Hours
Fees: No fee.

Michigan Medicare/Medicaid Assistance Program, Inc. (MMAP)
Website: www.mmapinc.org
Address: Services offered at various locations
Toll Free: (800) 803-7174
Services: Assists all Medicare beneficiaries in choosing a Medigap plan and/or Part D plan for prescription coverage, applying for Extra Help through Social Security, applying for Medicaid, getting a Medigap Subsidy, and understanding medical bills.
Hours: 9 am - 4:30 pm
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmi.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Phone: (248) 433-1011
Toll Free: Michigan (800) 852-9781
Email: info@parkinsonsmi.org
Services: Assists Michigan residents who have Parkinson’s disease & who meet financial criteria obtain relief for medication costs and respite care. Can help find sources of funding medication costs.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Michigan Prescription Drug Discount Card - miRx
Website: www.mihealth.org/mirx/
Address: PO Box 30412, Lansing MI 48909
Toll Free: (866) 755-6479 Press 2, then 1 or (800) 259-8016
Services: MiRx card is a prescription drug discount program for Michigan residents who do not have any prescription drug coverage.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org
Services: The Luann Scheppelmann-Eib Emergency Fund provides one-time help of up to $100 for the urgent needs of people with kidney disease. Payments are made directly to vendors. Common uses for emergency funds include: transportation to dialysis, utility bills, food, prescription co-pays, medical equipment, and moving. Contact a social worker to complete an application.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

NeedyMeds
Website: www.needymeds.org
Toll Free: (800) 503-6897
Fax: (206) 260-8850
Email: info@needymeds.org
Services: A source of information on thousands of programs that may be able to offer assistance to people in need. The information is available anonymously.
- **Patient Assistance Programs**: Sponsored by pharmaceutical companies and provide free or discounted medicines to low-income, uninsured and underinsured people who meet the guidelines. Eligibility criteria are different for every program. Includes some medical transportation assistance.
- **Disease-Based Assistance**: Programs targeted at specific diseases.
- **Discount Drug Cards**: Obtain medicines at a discounted price. Card printable from website.
Website and telephone assistance provided in Spanish / en Espanol.
Hours: N/A.
Fees: No fee.
SOS Community Services - Food Pantry & Housing Crisis Center
Website: www.sosc.org
Address: 114 N. River Street, Ypsilanti MI 48198
Phone: Food Pantry (734) 484-9945  Housing (734) 961-1999  Office (734) 485-8730
Resource Center (734) 484-5411
Fax: (734) 485-8739
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County (HAWC). Food for 3 meals per person in household up to 12 times a year. Personal care items and meats from Pantry for eligible residents by appointment only.
Hours: Monday - Friday 9 am - 5 pm;
   Resource Center: Mondays 9 am - 1 pm; Thursdays & Fridays 9 am - 4 pm
   Food Pantry: Tuesdays 1 pm - 6:30 pm; Wednesdays 9 am - 1 pm
Fees: No fee.

Saline Area Social Service (SASS)
Website: www.salinesocialservice.com
Address: 224 W. Michigan, Saline MI 48176
Phone: (734) 429-4570
Email: socserv@frontier.com
Services: Short-term help with prescriptions, family counseling, food, rent, and utility bills. Must live in the Saline School District and meet financial criteria.
Hours: Mondays 10 am - 5:30 pm; Tuesday - Wednesday 10 am - 12 pm;
   Thursday 10 am - 2:30 pm
Fees: No fee.

Salvation Army - Washtenaw County Corps
Website: centralusa.salvationarmy.org/washtenaw
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Email: salarmya2@gmail.com
Services: Food, fuel, clothing, and shelter provided during an emergency. Call to make an appointment; application must be picked up in person. Eligibility determined on individual basis. Must be a Washtenaw County resident. Ypsilanti and Willis residents should use Ypsilanti office.
Hours: Monday - Friday 8 am - 4 pm
   Food Pantry: Tuesdays & Thursdays 9:30 - 11:30 am & 1 - 3 pm
Fees: No fee.

Salvation Army - Ypsilanti Social Service Center
Website: centralusa.salvationarmy.org/washtenaw
Address: 3020 Packard Street, Suite 1, Ypsilanti MI 48197
Phone: (734) 482-4700
Services: Food pantry, soup kitchen, clothing, family shelter, transitional housing and counseling for veterans, emergency and disaster relief, utility assistance, and eviction prevention. Emergency
services by appointment only. Food pantry visits limited to 1/month; produce distribution limited to 1/week. Primarily serves Ypsilanti area residents.

Hours: Monday - Friday 8:30 am - 4 pm
   Food Pantry: Tuesdays 1 pm - 3 pm       Produce Distribution: Thursdays 2 pm - 3 pm

Fees: No fee.

SilverBills, LLC
Website: www.silverbills.com
Address: 1333A North Avenue, # 332, New Rochelle NY 10804
Toll Free: (866) 653-4427
Fax Toll Free: (866) 817-8198
Email: info@silverbills.com
Hours: Monday - Friday 9 am - 7 pm       Saturday-Sunday 10 am - 4 pm
Fees: Flat monthly fee..

Social Security Administration - Medicare Part D & SSI
Website: www.ssa.gov/benefits/medicare/prescriptionhelp/ & www.ssa.gov/benefits/ssi/
Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108
Toll Free: (877) 402-0825 AA (800) 772-1213 National
TTY: (800) 325-0778
Toll Free Fax: (833) 950-2476
Services: Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income.
Hours: Monday - Tuesday & Thursday - Friday 9 am - 4 pm; Wednesdays 9 am - 12 pm
Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs - Washtenaw County
Website: www.michigan.gov/mdhhs
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8362
Services: Handles applications for Medicaid, State Emergency Relief, and other state financial programs - cash, food, medical, home & burial assistance.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Synod Community Services - Financial Advocacy Program
Website: www.synodhelps.org/who-we-serve/economic-guidance
Address: 615 S. Mansfield Street, P.O. Box 980465, Ypsilanti MI 48198
Phone: (734) 483-9363
Email: info@synodhelps.org
Services: Offers economic guidance and financial management including trusts, representative payeeship, and bill pay services.
Hours: Monday - Friday 9 am - 5 pm

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fees: Typically flat rate as set by Social Security, currently $43-$75 per month. Other services billed at hourly rate.

United Way of Washtenaw County - Financial Stability Program
Website: www.uwwashtenaw.org/financialstability
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: office (734) 971-8200
Toll Free: 24 Hours call 211 or (800) 552-1183
Fax: (734) 971-6230
Online Live Chat: Yes
Email: liveunited@uwwashtenaw.org
Services: Offers financial coaching to help lower monthly expenses, repair credit and set participants on the path to gaining and sustaining assets.
- Free 1-on-1 Financial Coaching & Resource Navigation
- Financial Empowerment Workshops
- Volunteer Income Tax Assistance (VITA) Program
- Free At Home Tax Filing Support
Hours: Monday - Friday 8 am - 4:30 pm
Fees: No fee.

University of Michigan Credit Union - Financial Wellness Program
Website: www.umcu.org
Address: Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ branches)
Phone: (734) 662-8200
Toll Free: (800) 968-8628
Fax: (734) 996-4522
Services: Financial education specialist offers one-on-one counseling session. Financial Wellness Program offers workshops on budgeting, debt reduction, home buying and other topics. Must be a University of Michigan Credit Union member; open an account for $5.
Hours: Call for appointments Monday - Friday.
Fees: No fee.

Washtenaw County - Healthy Michigan Plan (Medicaid)
Website: www.washtenaw.org/1877/Healthy-Michigan-Plan-Medicaid
Address: Washtenaw Health Plan, 555 Towner Street, Ypsilanti MI 48198
plus others - see complete list at www.healthcarecounts.org/washtenaw-county/
- **St. Joseph Mercy Ann Arbor & Chelsea** - St. Joseph Mercy Health Financial Assistance Programs
- **Michigan Medicine, Ann Arbor** - Michigan Medicine - Patient Financial Counselors
- **Packard Health** - Packard Health - Insurance Enrollment Assistance
- **Manchester Community Resource Center** - (734) 428-7722 or Email: manchestercrc@sbcglobal.net
- **Faith in Action - Chelsea** www.faithinaction1.org/programs-services/
Phone: Ypsi (734) 544-6700 or Washtenaw Health Plan (734) 544-5030
Fax: Ypsi (734) 544-6705
Email: l-wchdcontact@washtenaw.org
Services: Assists in applying for expanded Medicaid. Must be Michigan resident and not in or qualified for Medicare. Ypsi has Spanish, Arabic & French in-person interpretation services available.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Hours: Ypsi Monday – Friday 9 am – 4 pm
Fees: No fee.

Washtenaw County Health Plan - Plan B
Website: [www.washtenaw.org/1878/Plan-B-Information](http://www.washtenaw.org/1878/Plan-B-Information)
Address: 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-3030
Toll Free: (866) 291-8691
Fax: (734) 544-6704
Services: Includes a discount prescription drug program for County residents of all ages who have limited, exhausted, or no prescription drug coverage.
Hours: Monday – Friday 9 am - 4 pm
Fees: No fee for membership. Drug fees vary for generic & brand name.

World Medical Relief - Local Programs
Website: [www.worldmedicalrelief.org/local-programs](http://www.worldmedicalrelief.org/local-programs)
Address: 21725 Melrose Avenue, Southfield MI 48075
Phone: (313) 866-5333
Fax: (313) 866-5588
Email: info@worldmedicalrelief.org
Services: Facilitates the distribution of surplus medical resources where they are needed. Goods are distributed in a non-discriminatory manner without regard to race, color, gender, religion, nationality or political beliefs.

- **Affordable Prescriptions Program** - Available for financially-qualified individuals 18+.
  Financial guidelines: low/medium income as determined by federal guidelines and are uninsured or underinsured. Must have no or insufficient prescription coverage; not enrolled in Medicaid. May qualify with Medicare Part D.
- **Medical Supply Service (metro Detroit)** - Must have a referral from a social service agency or prescription from a licensed healthcare professional.
- **Durable Medical Equipment Program (metro Detroit)** - Must have a doctor’s prescription and the ability to pick up medical equipment from the Southfield warehouse.

Hours: Monday - Friday 9 am - 5 pm
Fees: $ 8.30 per 30-day prescription. DME handling fee.

Ypsilanti Thrift Shop
Website: [www.ypsithriftshop.org](http://www.ypsithriftshop.org)
Address: 14 S. Washington Street, Ypsilanti MI 48197
Phone: (734) 483-1226
Services: Exchange vouchers for clothing and household items from the store. Agency social workers must first contact the shop’s Director of Social Services at (734) 483-3932 for approval. One voucher per client every six months.
Hours: Tuesdays 2 - 5 pm Saturdays 11 am - 2 pm
Fees: Cash and vouchers accepted.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

HEALTH SERVICES - ALZHEIMER’S DISEASE / MEMORY LOSS - rev May 2021

Alzheimer’s Association - Greater Michigan Chapter  
Website: www.alz.org/gmc    www.alz.org  
Toll Free: 24 Hour (800) 272-3900 (Helpline)  
Fax: (734) 369-2816  
TTY: 24 Hour (866) 403-3073 (Helpline)  
Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers’ bureau, a resource library with free lending opportunities, SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer’s or a related dementia wanders and becomes lost), and opportunities for clinical trials. Provides multiple language services.  
Hours: Helpline available 24 Hours  
Fees: Varies according to service – most are offered at no cost.

Michigan Medicine - Geriatrics Specialty Clinic - Cognitive Disorders Clinic  
Website: www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty  
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109  
Phone: (734) 764-6831  
Toll free: (877) 865-2167  
TTY: (800) 649-3777  
Fax: (734) 647-8535  
Services: Provides diagnosis and management of people with memory loss, cognitive impairment due to Alzheimer’s and related disorders, and other neurodegenerative diseases. Physician’s referral required.  
Hours: Monday - Friday 8 am - 5 pm  
Fees: Varies according to insurance.

Michigan Medicine - Michigan Alzheimer’s Disease Center (MADC)  
Website: alzheimers.med.umich.edu  
Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105  
Phone: (734) 936-8803  
Email: UM-Ask-MADC@med.umich.edu  
Services: The MADC, part of the Department of Neurology, provides information on Alzheimer’s disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals / families affected by memory loss. Participation in research studies available.  
Hours: Monday - Friday 8 am - 5 pm  
Fees: No fee. Stipend may be offered for participation in research studies.

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
VA Ann Arbor Healthcare System - Specialty Care - Neurology
Website: [www.annarbor.va](http://www.annarbor.va)  
[medicine.umich.edu/dept/neurologiclinical-programs/va-hospital-neurology](http://medicine.umich.edu/dept/neurologiclinical-programs/va-hospital-neurology)
Address: 2215 Fuller Road, Ann Arbor  MI 48105
Phone: (734) 769-7100
Toll free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711
Services: Veterans requiring evaluation of dementias and movement disorders are seen in the Neurology Clinic, which is staffed by the University of Michigan Medical Center. A referral is required from the patient’s primary care provider.
Hours: Monday-Tuesday & Thursday-Friday. Call for hours.
Fees: Varies according to income and/or military service-connected disability.

Contact: Maire DeLand  
E-mail: [delandm@med.umich.edu](mailto:delandm@med.umich.edu)  
Phone: (734) 998-9353
HEALTH SERVICES – DENTAL  rev Jan 2021

Community Dental Center
Website:  dent.umich.edu/patient-care/community-dental-center
Address:  406 N. Ashley, Ann Arbor  MI 48013
Phone:  (734) 998-9640   outgoing message with voicemail option
Fax:  (734) 998-9647
Email:  CDCcontact@umich.edu
Services:  A non-profit program, jointly sponsored by the City of Ann Arbor and the University of Michigan Dental School, offering comprehensive dental care to the community.
Hours:  Monday - Thursdays 8 am - 5 pm; Fridays 8 am - 1 pm ; 2nd Saturday 8 am - 1 pm
Fees:  Most dental insurance is accepted, including Medicaid. There is a tiered fee structure for services by pre-doctoral dental students.

Hope Dental Clinic
Website:  www.thehopeclinic.org/dental-clinic/
Address:  518 Harriett Street, Ypsilanti  MI 48197
Phone:  (734) 480-9575   outgoing message & voicemail options only
Fax:  (734) 484-6825
Services:  Provides preventative and restorative dental care to low income children and adults without dental insurance or the ability to pay for dental care. If not seen at the clinic before, call or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income and a photo ID are required during new patient sign-up.
Hours:  Monday - Friday 9 am - 12 pm and 1 - 5 pm
Fees:  Does not accept patients with any dental insurance.

University of Michigan - Dental School
Website:  www.dent.umich.edu/patient-care
Address:  1011 N. University, Ann Arbor  MI 48109
Phone:  Dental Student appts. (734) 763-6933      Dental Faculty appts. (734) 764-3155
        Community Clinic (734) 998-9640      Graduate General Dentistry appts. (734) 764-1632
Toll Free:  (888) 707-2500
Services:  Comprehensive dental care provided by pre-doctoral students, residents and faculty. Speciality Clinic treats patients 16+ with disabilities including dementia; progressive neurologic conditions; and physical disabilities that limit mobility, vision, or hearing.
Hours:  Monday – Friday 8 am - 4:50 pm
        Follows the academic schedule for holidays and semester breaks.
Fees:  Varies by provider and service. Faculty Associates accepts most insurances.
Many listings are pre-Covid-19; contact agencies directly for current information

Voiage Dental / Voiage Portable Dentistry
Website: www.voigagedental.com (may need to search web for “voiage dental”)
Address: 26024 Pontiac Trail, South Lyon MI 48178
Phone: Office 248-486-4848 Coordinator Cell 248-931-4828
Fax: (855) 778-2780
Email: VoiageDental@gmail.com
Services: Elisa M. Ghezzi, DDS, PHD provides dental care for residents of assisted living facilities in the Detroit Metropolitan area. She specializes in mobile geriatric dental care for medically and cognitively impaired patients.
Hours: Call office for appointment or consultation.
Fees: Fee-for-service; submits bills to dental insurance for patient reimbursement and bills patient.

Washtenaw County Dental Clinic
Website: www.washtenaw.org/Dental-Clinic
Address: Haab Health Building, 111 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-4250
Toll Free: appointments (877) 313-6232
Services: Dental services for adults who are uninsured and low income or who are enrolled in Medicaid. Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages. A program in partnership with Saint Joseph Mercy Health System, the Washtenaw Health Plan, Washtenaw County and My Community Dental Centers.
Hours: Call for Information.
Fees: Sliding scale for the uninsured. Reduced fees for uninsured veterans. Call for more information.
IHA Senior Health Services
Website: ihacares.com/locations/iha-senior-health
Address: 5361 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-5189
Fax: (734) 222-3106
Services: Provides support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. An IHA Senior Health visit may be beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of change in living situation, assistance with advance care planning and concerns about depression or isolation. No ongoing care. Requires referral from a health provider.
Hours: Monday - Friday 8 am - 5 pm
Fees: Covered by Medicare and most insurances.

Michigan Medicine - Michigan Alzheimer’s Disease Center (MADC)
Website: alzheimers.med.umich.edu
Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105
Phone: (734) 936-8803
Email: UM-Ask-MADC@med.umich.edu
Services: The MADC, part of the Department of Neurology, provides information on Alzheimer’s disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals and families affected by memory loss. Opportunities for participation in research studies are available.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee. Stipend may be offered for participation in research studies.

Michigan Medicine - Geriatrics Center Clinics
Website: medicine.umich.edu/dept/dgpm/geriatrics-center-clinics
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109 and West Ann Arbor Health Center Parkland Plaza, 380 Parkland Plaza, Ann Arbor MI 48103
Phone: (734) 764-6831 Careline: (734) 764-6831 24 Hours
Toll free: (877) 865-2167
Fax: (734) 647-8535
Services: The Geriatrics Center Clinics provide comprehensive medical evaluations, primary care, specialty care, and geriatric assessment and consultation. Ongoing care to monitor changes and counseling are also provided. Includes a Chinese Clinic with a Chinese-speaking physician and a Chinese language interpreter.
Hours: Monday - Friday 8 am - 5 pm
Fees: Varies according to insurance.

St. Joseph Mercy Ann Arbor - Neurosciences
Website: www.stjoeshealth.org/find-a-service-or-specialty/neurosciences/
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3456
Many listings are pre-Covid-19; contact agencies directly for current information

**Services:** Neurological treatment and care of Alzheimer’s disease and dementia, cognitive disorders, and Parkinson’s disease.

**Hours:** Monday - Friday 8 am to 5 pm

**Fees:** Covered by Medicare and most insurances.

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**St. Joseph Mercy Chelsea - Neuropsychology**

**Website:** [www.stjoeshealth.org/find-a-service-or-specialty/neurosciences/](http://www.stjoeshealth.org/find-a-service-or-specialty/neurosciences/)

**Address:** 775 South Main Street, Chelsea  MI 48118

**Phone:** (734) 593-6000

**Services:** Neurological treatment and care of Alzheimer’s disease and dementia, cognitive disorders, and Parkinson’s disease.

**Hours:** Monday - Friday 8 am to 5 pm

**Fees:** Covered by Medicare and most insurances.

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**VA Ann Arbor Healthcare System - Rehabilitation, and Extended and Palliative Care Services - Geriatric Research Education and Clinical Center (GRECC)**

**Website:** [www.annarbor.va.gov/services/ecrc.asp](http://www.annarbor.va.gov/services/ecrc.asp)

**Address:** Extended Care Center, First floor, Room F149, 2215 Fuller Road, Ann Arbor  MI 48105

**Phone:** (734) 769-7100

**Toll free:** (800) 361-8387

**TTY:** (800) 361-8387 Ext. 711

**Services:** Inpatient geriatric medicine consultation and outpatient geriatric evaluation and management clinic.

**Hours:** Monday - Friday 8 am - 4:30 pm

**Fees:** Varies according to income and/or military service-connected disability.
Many listings are pre-Covid-19; contact agencies directly for current information

HEALTH SERVICES – HEALTH CARE ORGANIZATIONS - rev April 2021

Alzheimer’s Association – Greater Michigan Chapter  
Website: [www.alz.org/gmc](http://www.alz.org/gmc)  www.alz.org  
Toll Free: 24 Hour (800) 272-3900  
TTY: 24 hour (866) 403-3073  
Online Live Chat: [Ask a Librarian](#)  
Services: Provides a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, MedicAlert® + SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer’s or a related dementia wanders and becomes lost), and opportunities for clinical trials. The Alzheimer’s Association provides multi-lingual services.  
Hours: -24 Hour helpline  
Fees: Varies according to service – most are offered at no cost.

American Cancer Society Michigan  
Address: PO Box 10069, Detroit MI 48210  
Toll Free: National (800) 227-2345  24 Hours  
Online Live Chat: Yes  
Services: Dedicated to eliminating cancer as a major health problem through prevention, research, education, advocacy, programming, and fundraising. Offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, and cancer facts and figures.  
Hours: Helpline 24 Hours..  
Fees: Fees vary according to service – most are offered at no cost.

American Diabetes Association  
Website: [www.diabetes.org](http://www.diabetes.org)  
Address: PO Box 7023, Merrifield VA 22116  
Phone: (248) 433-3830  
Toll Free: National (888) DIABETES (342-2383)  
Email: [ADAMI@diabetes.org](mailto:ADAMI@diabetes.org)  
Services: Funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health professionals and the public. Advocates for scientific research and for the rights of people with diabetes.  
Hours: National Helpline Monday - Friday 8:30 am - 8 pm ET  
Fees: Fees vary according to service; most are offered at no cost.

American Heart Association - Detroit  
Website: [www.heart.org/en/affiliates/michigan/detroit](http://www.heart.org/en/affiliates/michigan/detroit)  www.heart.org  
Address: 27777 Franklin Road, Suite 1150, Southfield MI 48034  
Phone: (248) 936-5800  
Toll Free: National (800) 242-8721  
Fax: (248) 936-5784
Many listings are pre-Covid-19; contact agencies directly for current information

**Services:** Offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts. Affiliated with the American Stroke Association.

**Hours:** Monday - Friday 8 am - 10 pm & Saturday 10 am - 6 pm

**Fees:** Varies with program/service.

**American Lung Association**

**Website:** [www.lung.org](http://www.lung.org)

**Toll Free:** National (800) 586-4872 press 2

**TTY:** 800-501-1068

**Services:** Improve lung health and prevent lung disease through research, education and advocacy. Offers information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air.

**Hours:** Monday - Friday 8 am - 10 pm & Saturday - Sunday 10 am - 6 pm

**Fees:** Varies according to program.

**American Red Cross of Southeast Michigan**

**Website:** [www.redcross.org/local/michigan](http://www.redcross.org/local/michigan) or [www.redcross.org](http://www.redcross.org) (also in Spanish)

**Address:** 7800 Outer Drive W., Suite 205, Detroit MI 48235

Blood. Platelet & Plasma Donation Center - 4624 Packard Road, Ann Arbor MI 48108

**Phone:** (313) 833-4440

**Toll Free:** 24 Hours (866) RED-CROSS (733-2767)

**Services:** Trains the community in First Aid, CPR, Babysitting, Pet First Aid, and Aquatics. Holds blood drives.

**Fees:** Varies according to class or program.

**American Stroke Association**

**Website:** [www.stroke.org](http://www.stroke.org)

**Address:** 27777 Franklin Road, Suite 1150, Southfield MI 48034

**Phone:** (248) 936-5800

**Toll Free:** National (888) 4-STROKE (478-7653)

**Services:** Offers information and resources pertaining to stroke warning signs, prevention, treatment and certification, and recovery information, as well as advocacy and fundraising efforts. Affiliated with the American Heart Association.

**Hours:** Monday - Friday 8:30 am – 4:30 pm;

National Monday - Friday 8 am - 10 pm & Saturday - Sunday 10 am - 6 pm

**Fees:** Varies with program or service.

**Arthritis Foundation - Great Lakes Region - Michigan**

**Website:** [www.arthritis.org](http://www.arthritis.org)

**Address:** 888 W. Big Beaver, Suite 305, Troy MI 48084

**Phone:** (947) 282-2955

**Toll-Free:** Helpline(800) 283-7800

**Email:** [Michigan@arthritis.org](mailto:Michigan@arthritis.org)

**Services:** Offers support for more than 100 types of arthritis and related conditions. Provides public health education; does advocacy, public policy, and legislation; leads and funds research to improve the quality of life for those living with arthritis.
Many listings are pre-Covid-19; contact agencies directly for current information

Hours: Regular business hours; will return messages next business day  
Fees: Varies according to program.

The Association for Frontotemporal Degeneration  
Website: theaftd.org  
Toll Free: (866) 507-7222  
Email: info@theaftd.org  
Services: Links to resources on managing FTD, general support, research & clinical trials, and publications.  
Hours: Call for hours.  
Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)  
Website: www.gdabvi.org  
Address: 16625 Grand River Avenue, Detroit MI 48227  
Phone: (313) 272-3900  
Fax: (313) 272-6893  
Email: information@gdabvi.org  
Services: Provides services that increase self-reliance, productivity and dignity for persons with severe vision loss. Offers in-home rehabilitation services to adults and seniors, and community education programs on eye health and safety. Eligibility: Adults, age 60+ (age limit is flexible) who are blind or visually impaired.  
Hours: Monday - Friday 8:30 am to 4:30 pm  
Fees: No fee.

Huntington’s Disease Society of America (HDSA) - Michigan Chapter  
Websites: www.hdsa.org (multiple languages)  
michigan.hdsa.org  
Address: 1221 Bowers Street, PO Box 1091, Birmingham MI 48012  
Phone: (989) 832-4170  
Toll Free: MI Chapter Helpline (800) 909-0073  
National Helpline (800) 345-HDSA (4372)  
Email: HDSAinfo@hdsa.org  
Services: Works to promote and support research and medical efforts, to assist people and families affected by Huntington’s Disease, and to educate the public and health professionals about Huntington's disease. Sponsors several online support groups including a group in Royal Oak, MI.  
Hours: The HDSA-MI social worker will return all phone calls left on the Chapter Helpline voicemail or to emails sent to sforbes@hdsa.org.  
Fees: No fee for support groups that operate throughout Michigan.

Lewy Body Dementia Association  
Website: www.lbda.org  
Toll Free: (800) 539-9767  
Services: Education, research, support and resource materials on LBD.  
Hours: Call for hours.  
Fees: No fee.

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Mesothelioma Prognosis Network
Website: www.mesotheliomaprognosis.com
Toll Free: (833) 595-1804
Online Live Chat: Yes
Services: Provides free information and resources to those affected by mesothelioma cancer. A patient advocate helps find treatment grants and explore mesothelioma trust funds and VA benefits claims. Online monthly support group.
Hours: Call for information
Fees: No fee.

Michigan Parkinson Foundation
Website: www.parkinsonsmti.org
Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
Phone: (248) 433-1011
Toll Free: (800) 852-9781
Fax: (248) 433-1150
Email: info@parkinsonsmti.org
Services: Educates and supports people with Parkinson’s and related disorders, their loved ones and physicians/allied health professionals. Supports research; provides support groups for people with PD and their families. Lists exercise groups in each county. Has links to various state and national organizations and resources.
Hours: Monday - Friday 8:30 am – 5 pm or leave voicemail
Fees: Varies according to program.

National Alliance on Mental Illness -- NAMI Michigan
Website: www.namimi.org www.nami.org
Address: 401 S. Washington Suite 104, Lansing MI 48933
Phone: (517) 485-4049
Toll Free: (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm ET
Text: NAMI to 741741
Email: info@namimi.org info@nami.org
Services: Grassroots mental health organization works to raise awareness and provide support and education to those in need.
Hours: Monday - Friday 9 am - 4 pm Helpline Monday - Friday 10 am - 6 pm ET
Fees: No fee.

National Kidney Foundation of Michigan, Inc.
Website: www.nkfm.org
Address: 1169 Oak Valley Drive, Ann Arbor MI 48108
Phone: (734) 222-9800
Toll Free: Michigan (800) 482-1455
Fax: (734) 222-9801
Email: info@nkfm.org
Services: Works to prevent chronic kidney disease and its leading causes: diabetes, obesity, and high blood pressure -- through education and research. Promotes organ and tissue donation.
Hours: Call for hours.
Fees: No fee.

National Multiple Sclerosis Association - Michigan Chapter
Website: www.nationalmssociety.org/Chapters/MlG     www.nationalmssociety.org
Address: 29777 Telegraph Road (Onyx Office Building), Suite 1651, Southfield MI 48034
Phone: (248) 351-2190
Toll Free: (800) 344-4867
Fax: (248) 350-0029
Services: Educates, provides support and information on living with MS. The national website also includes links to research studies.
Hours: 9 am - 7 pm ET    phone support
Fees: No fee.

National Osteoporosis Foundation
Website: www.nof.org
Toll Free: (800) 231-4222
Email: info@nof.org
Services: Dedicated to preventing osteoporosis and broken bones, promoting strong bones for life and reducing human suffering through programs of public and clinician awareness, education, advocacy and research. Includes information on Paget’s disease.
Hours: Call for hours
Fees: No fee.

Washtenaw County Medical Society
Website: wcms-mi.org
Address: 5 Research Drive, Suite C, Ann Arbor MI 48103
Phone: (734) 668-6241
Fax: (734) 668-8928
Services: Offers a physician directory and answers inquiries regarding medical and public health programs in the community. Covers Michigan medical legislation efforts.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.
HEALTH SERVICES – HEARING AND SPEECH IMPAIRMENT - rev May 2020

Caption telephones are free to those experiencing hearing loss. Consult an audiologist or contact your telephone company for more information.

AT&T Accessibility
Website: www.att.com/features/accessibility
Toll Free Disability & Aging Center Support: (800) 772-3140
TTY Disability & Aging Center Support: (800) 651-5111
Disability & Aging Center Support Hours: Monday - Friday 10 am - 10 pm ET

Toll Free National Center for Customers with Disabilities: (866) 241-6568 for wireless customers
NCCD TTY: (866) 241-6567
NCCD Hours: Monday - Friday 9 am - 9 pm ET Saturday 11 am - 8 pm ET
TTY Relay Services: 711
Services: Rate plans developed for customers who, because of a visual, hearing, speech or cognitive disability, are unable to effectively communicate over voice networks. Plans provide data-only access to AT&T’s network and typically include the following features: Real-time text messaging, E-mail, Internet access, and Video Calling or Multimedia Messaging (when not restricted by device). Not for use on tablets. Customers using a TTY will receive a discount for local and toll calls, based on need. Plans offer special rates for customers who communicate primarily by text messaging or video calling. AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill. Offers a Directory Assistance Exemption Program for 411 calls.

Hours: see above
Fees: Varies, discounted services.

Comcast - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Online Live Chat: Yes support.xfinity.com/accessibility
Email: accessibility@comcast.com
Services: Assistance with closed captioning and obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides Braille bills, channel lineups, Xfinity User Guides and large-button Xfinity remotes.

Hours: Sunday - Saturday 8 am - 12 am ET
Fee: Varies with services.

Deaf and Hearing Interpretive Services, Inc.
Website: www.dhisonline.org
Address: 25882 Orchard Lake Road, Suite 100, Farmington Hills MI 48336
Phone: (248) 473-1888
TTY: (248) 473-1875
Fax: (248) 474-7938
Email: info@dhisonline.org

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Services: Provides assistance obtaining interpreters, assistive devices, advocacy, support groups and counseling, information and referral, and individual client assistance. Serves deaf individuals in southeastern Michigan or older adults with hearing loss.

Hours: Monday - Friday 9 am – 5 pm

Fees: Fee varies according to service, also based on ability to pay.

Deaf Health Clinic at Dexter Health Center - Michigan Medicine
Website: [www.uofmhealth.org/our-locations/deaf-health](http://www.uofmhealth.org/our-locations/deaf-health)
Address: 7300 Dexter-Ann Arbor Road, Suite 110, Dexter MI 48130
Phone: (734) 426-2796
Video Phone: (810) 355-2743
Email: deafhealth@med.umich.edu

Services: Provides in-person primary care, and mental health services by ASL-signing physicians or social workers. Also provides virtual mental health services.

Hours: Call for appointments.

Fees: Varies according to insurances.

Eastern Michigan University - Speech and Hearing Clinic
Website: [www.emich.edu/coe/speech/index.html](http://www.emich.edu/coe/speech/index.html)
Address: 135 Porter Building, EMU Campus, Ypsilanti MI 48197
Phone: (734) 487-4410

Services: Speech and hearing services, including audiology testing and hearing aid evaluation and fitting, provided by graduate students under direct supervision of faculty and staff.

Hours: Monday - Thursday 8:30 am - 5 pm; Friday 8:30 am - 4 pm

Fees: No fee.

Hearing Loss Association of America, Ann Arbor Chapter
Email: hearinglossannarbor@gmail.com  info@hearingloss-mi.org

Services: HLAA offers assistance and resources for people with hearing loss and their families. Monthly meetings offer socialization and education at the Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108

Hours: 2nd Monday of the month at 6:30 pm.

Fees: No fee; $15 annual membership fee for national association.

Lions Hearing Center of Michigan
Website: [www.lhcmi.org](http://www.lhcmi.org)
Address: c/o Lions Hearing Foundation, 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640
Email: info@lhcmi.org  info@lmsf.net

Services: Provides hearing screening and testing services plus hearing aids to all individuals, regardless of age or income. Provides hearing screening services to any senior program, community center or living facility in the region. Screenings are offered on location and at no cost to participants. Offers follow-up care and evaluation through the Michigan Ear Institute [www.michiganear.com/](http://www.michiganear.com/)

Hours: Varies, call for appointment.

Fees: Billed to insurance. Hearing aids discounted for people with limited financial resources.
Many listings are pre-Covid-19; contact agencies directly for current information

Michigan Assistive Technology Loan Fund (MATLF) - United Cerebral Palsy of Michigan
Website: www.ucpmichigan.org/assistivetech
Address: c/o United Cerebral Palsy of MI, 1325 S. Washington Avenue, Lansing  MI 48910
Phone: (517) 203-1200
Toll Free: (800) 828-2714
Fax: (517) 203-1203
Email: ucp@ucpmichigan.org
Services: Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan and have a disability or be 65+. Loans available via Option 1: Adventure Credit Union, which requires $5 to join.
Hours: Monday - Friday 8:30 am – 5 pm
Fees: Varies, low-interest loans available.

Michigan Dept. of Civil Rights (MDCR) - Division on Deaf, DeafBlind and Hard of Hearing
Website: www.michigan.gov/mdcr/
Address: Cadillac Place, 3054 W. Grand Boulevard, Suite 3-600, Detroit MI 48202
Phone: (313) 437-7035
Fax: (313) 456-3721
Toll Free Voice/TTY: (313) 437-7035
Email: DODDBHH@michigan.gov
Services: The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns including technical support, information and referral, accommodations, and interpreters.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.

Michigan Medicine - Otolaryngology-Head and Neck Surgery - Division of Otology-Neurotology
Website: medicine.umich.edu/dept/otolaryngology/clinical-divisions/division-otology-neurotology
Address: 1500 E. Medical Center Drive, Ann Arbor  MI 48109
Phone: (734) 936-8051
Services: The Michigan Hearing department provides hearing assessment plus hearing aid evaluation and dispensing, fitting and tuning.
Hours: Varies by location.
Fees: Varies based on services and insurance coverage.

Michigan Medicine - Geriatrics Center - Community Programs
Website: medicine.umich.edu/dept/geriatrics-center/community-programs
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor  MI 48109
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Quarterly hearing loss education groups offered. Call for specific topics, dates and times.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

T-Mobile Accessibility
Website: www.t-mobile.com/responsibility/consumer-info/accessibility-policy
Phone: Accessibility Customer Care (844) 375-8107
Toll Free: (800) 937-8997
TTY: (877) 296-1018
Online Live Chat: No
Services: Provides a TTY device and phone specifically for customers who request it, offers data-only mobile plans --including unlimited texting, to hearing-impaired customers. Has real-time texting (RTT) and text-to-911 service. Provides a directory assistance discount program.
Hours: TTY and Customer Care Sunday - Saturday 7 am - 12 am ET
Fees: Varies according to service.

Verizon - Accessibility Resource Center
Website: www.verizon.com/about/accessibility/
TTY: Videophone (508) 251-5301
Email: vccd@verizon.com
Online Live Chat: Yes
Services: Offers free 411/directory assistance (with physician verification), text-to-911, Braille and large print bills and audio manuals for its products, text-to-speech software for TALKS handsets, TTY support for its phones, and real-time texting for people who don't use voice.
Hours: Wireless customers Monday - Friday 8 am - 5 pm; Traditional customers 8:30 am - 5 pm
Fees: Varies by service.
Many listings are pre-Covid-19; contact agencies directly for current information

Explanation:

Hospice □ Hospice care involves a team-oriented approach to expert medical care, pain management, and emotional and spiritual support for people facing a life-limiting illness or injury. It is appropriate when it is not possible to cure an illness or a patient chooses not to undergo certain treatments. Hospice must be ordered by a physician and is generally provided in the patient’s living environment. It may also be provided in an inpatient hospital setting.

Palliative Care □ Palliative care is focused on providing relief from the symptoms and stress of a serious illness and to help patients understand their choices for medical treatment. The goal is to improve quality of life for both the patient and the family. One’s primary care physician can provide information about palliative care specialists and will continue to be involved in the patient’s care.

A specially-trained team of doctors, nurses and other specialists work together with a patient’s other doctors to provide medical, social, emotional and practical support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. Palliative care may be provided in a hospital, outpatient clinic or in the home.

Arbor Hospice
Website: www.arborhospice.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103 Admin
Phone: Admin (734) 662-5999
Toll Free: 24 Hours (888) 992-2273
Fax: (734) 662-2330 Admin
Toll Free Fax: (888) 466-7578 Referrals
Email: WebContact@arborhospice.org
Services: Provides palliative and hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes and assisted living facilities, as well as at The Residence of Arbor Hospice, Saline. Participates in the “We Honor Veterans” program. A variety of grief support groups are offered to patient families and the community. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

- NorthStar Palliative Care (formerly Arbor Palliative Care)
  Website: www.arborhospice.org/our-care-services/palliative-care/
  Toll Free: (877) 227-8823
  Fax: (734) 929-3294
  Services: Available for adults facing serious illness who have difficulty leaving home for care. In home diagnosis and treatment of distressing symptoms that may be interfering with daily life. Prescribe medications when needed and reduce triggers for visits to the emergency room.

- The Residence of Arbor Hospice
  Address: 440 W. Russell Street, Suite 100, Saline MI 48176
  Phone: (734) 662-5068
  Fax: (734) 662-5518
Services: Offers short-term in-patient hospice care in a comfortable, supportive environment to manage pain and symptoms.

Fees: Typically covered by Medicare, Medicaid, and other insurances. If someone doesn’t have the insurance coverage or financial means to pay for our services, Arbor Hospice will provide care regardless.

Grace Hospice
Website: [www.ghospice.com/](http://www.ghospice.com/)
Address: 2755 Carpenter Road, Suite 1W, Ann Arbor MI 48108
Phone: (734) 975-0499
Toll Free Fax: (855) 618-6650

Services: A team of doctors, nurses, social workers, counselors, hospice aides, chaplains, and trained volunteers work together focusing on the patient’s needs, whether physical, psychological, or spiritual. Serves veterans via a We Honor Veterans partnership. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

Fees: Medicare, Medicaid, and other insurances.

Heartland Hospice Care
Address: 3840 Packard Road, Suite 260, Ann Arbor MI 48108
Toll Free: (877) 329-1001
Toll Free Fax: (800) 878-9657
Email: annarbor@heartlandhospice.com

Services: Provides hospice and palliative care in homes, skilled nursing centers, and assisted or independent living facilities. A part of Heartland Home Care which provides nursing care, certified home health aides, social workers, volunteers, and pastoral care as needed.

Fees: Medicare, Medicaid, and other insurances. Provides hospice care for all—regardless of the ability to pay or insurance coverage.

Hospice of Michigan - NorthStar Care Community
Website: [www.hom.org](http://www.hom.org)
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Toll Free: 24 Hours (888) 247-5701

Services: Hospice care is provided in the home, at the hospital, in assisted living, or at the nursing home. Serves Washtenaw County through Arbor Hospice. A member of “We Honor Veterans.” Provides support groups.

Fees: Medicare, Medicaid, and other insurances. Provides care for all—regardless of age, diagnosis, or ability to pay.

The Jewish Hospice & Chaplaincy Network (JHCN)
Website: [jewishhospice.org/](http://jewishhospice.org/)
Address: 6555 W. Maple Road, West Bloomfield MI 48322
Phone: (248) 592-2687 24 Hour Crisis Line
Fax: (248) 592-2688
Email: [info@jewishhospice.org](mailto:info@jewishhospice.org)
Many listings are pre-Covid-19; contact agencies directly for current information

**Services**: Provides a combination of palliative care, hospice care, life enrichments and bereavement care to Jewish patients, families and caregivers in southeast Michigan. Partners with hospices, hospitals, assisted living communities and health care agencies.

**Fees**: No fee; funding comes from donations and grants.

**Kindred Hospice (formerly Gentiva Hospice) / Southern Care**

**Website**: [www.kindredhealthcare.com/locations/hospice/southfield-mi-6552](http://www.kindredhealthcare.com/locations/hospice/southfield-mi-6552)

[www.southerncarehospice.com/locations/mi/jackson](http://www.southerncarehospice.com/locations/mi/jackson)

**Address**: Riverside Center, 25925 Telegraph Road, Suite 102, Southfield MI 48033

Southern Care - 1965 Boardman Road, Unit B, Jackson MI 49202

**Phone**: 24 Hours (248) 356-5070  Southfield  (517) 788-6838  Jackson

**Toll Free**: 24 Hours (866) 546-3733

**R.N. Toll Free**: (866) 277-3524

**Services**: Hospice services provide physical, emotional and spiritual resources and grief support for families. Both s.e. Michigan locations participate in “We Honor Veterans.”

**Hours**: 24 Hours.

**Fees**: Covered by Medicare, Medicaid and other private insurance.

**Michigan Medicine - Palliative Care**

**Website**: [www.uofmhealth.org/conditions-treatments/home-care/palliative-care](http://www.uofmhealth.org/conditions-treatments/home-care/palliative-care)

**Addresses & Phone**: UM Hospital (via page) or at these clinics

- **East Ann Arbor Health Center** - Palliative and Supportive Care Clinic  (734) 764-6831
- **Rogel Cancer Center Symptom Management and Supportive Care Program**  (877) 907-0859
  - Available only for U-M Rogel Cancer Center patients
- **Frankel Cardiovascular Center Palliative and Supportive Care Clinic**  (888) 287-1082
- **Chelsea Health Center - Palliative and Supportive Care Clinic**  (734) 475-1321
  - Palliative care consultations

**Services**: Helps patients with chronic conditions or life-limiting illnesses enhance their quality of life and stay independent and symptom-free for as long as possible. Palliative care delivered by an interdisciplinary team of nurses, physicians, social workers, chaplains, pharmacists and others who focus on advanced disease management.

**Fees**: Medicare, Medicaid, and other insurances.

**St. Joseph Mercy Home Health Care and Hospice, Southeast Michigan**


**Address**: 34505 W. 12 Mile Road, Suite 100, Farmington Hills  MI 48331

**Phone**: (734) 343-7500

**Toll Free**: Michigan (855) 559-7178

**Fax**: New patient referrals (866) 754-4220

**Services**: The hospice program provides -- In collaboration with the patient’s physician -- support, comfort and care for patients with serious, possibly terminal illnesses. Also gives psychological, emotional, social and spiritual support for patients and their families. Its community-based palliative care program provides relief from the symptoms and stress of a serious illness, while patients are still receiving curative treatment. Community Health Accreditation Partner (CHAP) accredited. Provides language assistance for non-English speakers.

**Fees**: Medicare, Medicaid, and other insurances.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

VA Ann Arbor Healthcare System - Rehabilitation and Extended and Palliative Care Services

Address: Extended Care Center, First Floor, Room F149, 2215 Fuller Road, Ann Arbor MI 48105
Website: www.annarbor.va.gov/services/
Phone: (734) 769-7100
Toll Free: (800) 361-8387

Services: Offers inpatient palliative care consultation, an outpatient palliative care clinic and home hospice care.

Hours: Monday - Friday 8 am - 4:30 pm

Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.
Michigan Medicine Inpatient Unit - St. Joseph Mercy Hospital Ann Arbor (formerly ACE)
Website: www.uofmhealth.org/our-locations/st-joseph-mercy-ann-arbor-michigan-medicine-inpatient-service
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3456
Services: A collaboration of St. Joseph Mercy Ann Arbor and Michigan Medicine offers an inpatient service for older adults. Located in St. Joseph Mercy Ann Arbor, patients are cared for by geriatricians and staff from both St. Joe’s and Michigan Medicine. Admittance is physician directed based on specific needs. Provides inpatient general medical care, specialized geriatric care, and addiction medicine services for Michigan Medicine patients.

St. Joseph Mercy Ann Arbor - Hospital
Website: www.stjoeshealth.org/location/st-joseph-mercy-ann-arbor-hospital
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-3456

St. Joseph Mercy Ann Arbor & Chelsea - Senior ERSM
Website: www.stjoesannarbor.org/senior-er-ann-arbor
Address: 5301 McAuley Drive, Ypsilanti MI 48197 Ann Arbor
775 S. Main Street, Chelsea MI 48118
Phone: (734) 712-3000 Ann Arbor (734) 593-6000 Chelsea
Services: Dedicated to meeting the needs of patients age 65+, their caregivers and family. Staff have enhanced geriatric clinical training. The physical space has softer lighting, non-skid floors, and extra thick pressure-reducing mattresses in private rooms. Treatment rooms offer clocks and telephones with larger numbers. Can provide hearing assistive devices, warm blankets and items such as reading glasses.

University Hospital - Michigan Medicine, University of Michigan
Website: www.uofmhealth.org/our-locations/university-hospital
Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 936-4000
Services: Offers Survival Flight (800) 822-2233 to transport critically ill and injured patients; non-emergency dispatch (734) 936-6035

VA Ann Arbor Healthcare System
Website: www.annarbor.va.gov
Address: 2215 Fuller, Ann Arbor MI 48105
Phone: (734) 769-7100
Toll Free: (800) 361-8387

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

HEALTH SERVICES – LOW VISION AND BLINDNESS - rev Nov 2020

AT&T Accessibility - Vision
Website: about.att.com/sites/accessibility/vision
Toll Free Disability & Aging Center Support: (800) 772-3140
   TTY Disability & Aging Center Support: (800) 651-5111
   Disability & Aging Center Support Hours: Monday - Friday 10 am - 10 pm ET
   Toll Free National Center for Customers with Disabilities: (866) 241-6568 for wireless customers
      NCCD TTY: (866) 241-6567
      NCCD Hours: Monday - Friday 9 am - 9 pm ET  Saturday 11 am - 8 pm ET
   Services: Rate plans for those with a visual, hearing, speech or cognitive disability who are unable to effectively communicate over voice networks. Plans provide data-only access to AT&T’s network including Video Calling or Multimedia Messaging (when not restricted by device). Not for use on tablets. AT&T Lifeline offers low income customers a discount on monthly land or wireless / mobile / cell phone bill. Offers a Directory Assistance Exemption Program for 411 calls. Bills available in large print or Braille. AT&T basic email works with screen readers and browsers.
   Hours: see above
   Fees: Varies, discounted services.

Comcast - Accessibility Support Center
Website: www.xfinity.com/support/articles/accessibility-services
Toll Free: (855) 270-0379
Email: accessibility@comcast.com
Online Chat: Yes, at Accessibility Chat Support
   Services: Assistance with video description on non-X1 TV boxes, using voice guidance on X1 boxes, and obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides braille bills, channel lineups and Xfinity User Guides plus large-button Xfinity remotes.
   Hours: Daily 8:00 am - 7:30 pm
   Fees: No fee.

Detroit Radio Information Services (DRIS)
Website: wdet.org/dris/
Address: DRIS, c/o WDET 101.9 FM, 4600 Cass Avenue, Detroit MI 48201
Phone: (313) 577-3322  Monday - Friday 7:00 am - 12 pm
Email: dris@wayne.edu
   Services: Radio Reading/Audio Information Service for people with disabilities. A special service of WDET 101.9 FM and Wayne State University. Specially built radio receivers are loaned free of charge to qualified applicants. An applicant must be 1) registered with a Library for the Blind and Physically Handicapped or 2) certified by a qualified healthcare provider such as doctor, social worker or rehabilitation counselor.
   Fees: No fee.
Greater Detroit Agency for the Blind and Visually Impaired
Website: www.gdabvi.org
Address: 16625 Grand River Avenue, Detroit MI 48227
Phone: (313) 272-3900
Email: Information@gdabvi.org or rehabilitation@gdabvi.org
Services: Services include vision rehabilitation therapy, orientation and mobility therapy, community programs and education, and information and referral. Serves ages 60+ for rehabilitation services. Covers Livingston, Macomb, Monroe, Oakland, Washtenaw, Wayne and St. Clair counties.
Hours: Monday - Friday 8:30 am - 4:30 pm
Fees: No fee.

Lions International - Lions Clubs of Michigan & Lions of Michigan Foundation
Website: www.lionsofmi.com  www.lionsclubs.org/  www.lmsf.net
Address: 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640; ext. 10
Fax: (517) 887-6642
Email: lions@lionsofmi.com
Services: Sponsors programs that provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs.
Hours: Monday - Friday 8 am - 4:30 pm
Fees: Varies based on club in local area; usually low vision aids and canes are free for individuals who have financial need.

Michigan Bureau of Services for Blind Persons (BSBP)
Website: www.michigan.gov/BSBP
Address: 201 N. Washington Square, 2nd Floor / P.O. Box 30652 / Lansing Michigan 48909
Cadillac Place, 3038 W. Grand Boulevard, Suite 4-450, Detroit MI 48202
Phone: Lansing 517-373-2062  Detroit (313) 456-1646
Toll Free: (800) 292-4200
TTY: (517) 373-4025
TTY Toll Free: (888) 864-1212
Fax: Lansing (517) 335-5140  Detroit (313) 456-1645
Services: Provides vocational rehabilitation services, independent living services for seniors, and a BSBP training center for the blind. It sponsors the Braille and Talking Book Library. Also provides information and referral.
Hours: Monday – Friday 8 am - 5 pm
Fees: No fee.

Michigan Council of the Blind and Visually Impaired
Website: www.michigancounciloftheblind.org
Phone: (206) 666-3696
Email: info@michigancounciloftheblind.org
Services: Links to resources and has programming on MCBVI radio www.mcbviradio.com/
Hours: Leave voicemail for return call.
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

Michigan Medicine - Kellogg Eye Center
Website: www.kellogg.umich.edu
Address: 1000 Wall Street, Ann Arbor MI 48105
Phone: (734) 763-8122    appts. (734) 764-4190
Services: Provides diagnostic evaluation and treatment. Offers recommendations for optical aids and appliances as well as occupational therapy services. Support group on Living With Low Vision meets second Wednesday of each month from 2 - 4 pm.
    Address: 1500 E. Medical Center Drive, Floor B1, Room 100, Ann Arbor MI 48109
    Phone: (734) 764-5106    Fax: (734) 763-9570
  ● **SIGHT** (Screening and Intervention for Glaucoma and Eye Health through Telemedicine) - Research study provides free initial eye screenings, eyeglass frames (some free) & one follow-up exam.
    Address: Hope Clinic, 518 Harriet Street, Ypsilanti MI 48197
    Phone: (734) 436-1186
    Email: communitiesightprogram@gmail.com

Hours: Monday - Friday 8 am - 5 pm
Fees: Varies based on insurance coverage and service.

Michigan Secretary of State
Website: www.michigan.gov/sos
Address: 295 N. Maple Road, Ann Arbor MI 48103; 4675 Washtenaw Ave, Ypsilanti MI 48108;
          1113 M-52 Chelsea MI 48118
Toll Free: (888) 767-6424    Mondays - Fridays 8:30 am - 5 pm
Fax: (734) 528-0925
Services: State identification cards are free for Michigan residents who are legally blind or 65+.
Hours: All Washtenaw County offices - Mondays, Tuesdays, Thursdays & Fridays 9 am - 5 pm; Wednesdays 11 am - 7 pm. No offices close for lunch. Appointments may be made online.
Fees: Varies, free for legally blind or those 65+.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Offers low vision resources and a Low Vision Support Group which meets the fourth Wednesday 1 - 3 pm.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
VA Ann Arbor Health Care System - Visual Impairment Service Team (VIST)
Website: www.annarbor.va.gov/VIST
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 845-3934
Toll free: (800) 361-8387
Fax: (734) 845-3234
Services: Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. Referral needed from primary care physician. Support group and community activities also available.
Hours: Monday - Thursday 7:30 am - 5:30 pm for appointment; contact primary care physician at the VA for more information.
Fees: Varies based on eligibility for benefits.

Verizon - Accessibility Resource Center
Website: www.verizon.com/about/accessibility/
FIOS & Traditional customers (800) 974-6006
TTY: (508) 251-5301
Email: vccd@verizon.com
Online Live Chat: No
Services: Offers free 411/directory assistance (with physician verification), text to 911, Braille and large print bills and audio manuals for its products.
Hours: Wireless customers Monday - Friday 8 am to 5 pm ET
FIOS & Traditional customers Monday - Friday 8:30 am to 5 pm ET
Fees: Varies by service.

The Visually Impaired Information Center
Website: to be operational 2020
Address: PO Box 51207, Livonia MI 48151
Phone: (734) 421-6599 (until new website is operational)
Services: A comprehensive directory of low vision services including: low vision aids, low vision providers, support groups, education, recreation, computer consultation, and rehabilitation.
Hours: Directory of Visually Impaired Services is a volunteer based organization, and they do not have regular office hours; however, they try to be available during regular business hours as much as possible.
Fees: Website directory is free.

Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library
Website: www.aadl.org/wlbpd
Address: Downtown AADL, 343 S. Fifth Avenue, Ann Arbor MI 48104
Phone: (734) 327-4224
Toll Free: (888) 460-0680
Email: wlbpd@aadl.org
Services: Loans books, magazines, videos in alternative formats, and audiobooks in cartridges or for download; connects participants to the NFS newslime (local and national newspapers), and the Braille and Audio Reading Download (BRAD) site. For individuals who are certified as unable to read or use standard print materials. Materials and a talking book machine are shipped free to the home. In
addition, a collection of assistive technologies is available at the Downtown AADL facility. The following libraries in Washtenaw County serve as WLBPD demonstration sites for machines and materials: Chelsea District Library, Dexter District Library, Manchester District Library Milan Public Library, Northfield Township Area Library, Saline District Library, and Ypsilanti District Library. Apply through local libraries and some senior centers.

**Hours:** Mondays 10 am - 9 pm; Tuesday - Friday 9 am - 9 pm; Saturdays 9 am - 6 pm; Sundays 12 pm - 6 pm

**Fees:** No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

HEALTH SERVICES – OUTPATIENT SERVICES - rev Jan 2021

Hope Clinic
Website: thehopeclinic.org
Address: 518 Harriet Street, Ypsilanti MI 48197
Phone: (734) 481-0111
Email: info@thehopeclinic.org
Services: Provides free primary care to uninsured and underinsured patients and free medications to qualified patients. Area hospitals partner with Hope to provide discounted lab and radiology services for qualified patients. Provides SBIRT (Screening, Brief Intervention, and Referral to Treatment) assessments, screening for substance use, depression and anxiety. Behavioral health services are available on a limited basis.
Hours: Tuesday & Thursday 9 am - 5 pm; Wednesday 9 am - 12 pm & 5:30 - 8 pm; Saturday 8:30 am - 12 pm
Fees: No or discounted fees; varies by service.

Packard Health
Website: www.packardhealth.org
Address: 3174 Packard Road, Ann Arbor MI 48108 (Main)
1915 Pauline Blvd., Ann Arbor MI 48103 (Packard Health West)
200 Arnet St., Suite 150 (first floor), Ypsilanti MI 48198 (Packard Health Ypsilanti)
Phone: Packard Health Main (734) 971-1073
Packard Health West (734) 926-4900
Packard Health Ypsilanti (734) 985-7200
Fax: Packard Health Main (734) 971-8545
Packard Health West (734) 926-4901
Packard Health Ypsilanti (734) 484-0913
Services: Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management for the uninsured. Assistance with obtaining medication and transportation for medical appointments is available when a financial need is demonstrated. Has free language assistance via qualified interpreter services and written translation to patients who have limited English proficiency. The practice is open to all individuals. Clients must call, use their patient portal, or an online web form to make an appointment.
Hours: Monday - Friday 8 am - 12 pm & 1 - 5 pm. Packard Main Saturdays 8 am - 12 pm
Fees: Most major insurances are accepted; private fees are established on a sliding fee basis.
Michigan Medicine - Turner Geriatric Clinic and Geriatrics Center Clinics
Website: medicine.umich.edu/dept/geriatrics-center
Address: 4260 Plymouth Road, Ann Arbor MI 48109 (East Ann Arbor)
        380 Parkland Plaza, Ann Arbor MI 48103 (West Ann Arbor, Parkland)
Phone: Appts. (734) 764-6831   Social Work (734) 764-2556
24 Hours: (734) 764-6831 Careline
Toll Free: Appts. (877) 865-2167
Fax: (734) 647-8535
Services: Comprehensive primary care and geriatric assessments for adults 70+ staffed by
multidisciplinary teams of physicians, nurses, social workers, pharmacists, and medical assistants.
Specialty clinics with varying age eligibility also available at East Ann Arbor in the following areas:
cognitive disorders, endocrinology and diabetes care, foot care, gastroenterology, incontinence,
mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy,
psychiatry, rheumatology, and transitional care. Chinese clinic at East Ann Arbor. Laboratory at both
sites and pharmacy at East Ann Arbor. Geriatric psychiatry also at West Ann Arbor, Parkland.
Hours: Call for hours.
Fees: Varies according to service, Medicare and most insurances accepted.

St. Joseph Mercy Neighborhood Family Health Center
Website: ihacares.com/st-joseph-mercy-neighborhood-family-health-center
Address: Haab Health Building, 111 N. Huron Street, Suite 200, Ypsilanti MI 48197
Phone: (734) 547-7977
Fax: (734) 572-4855
Services: Offers primary health care services, and some in-office testing. All insurances accepted,
including Medicare, Medicaid, and Washtenaw Health Plan.
Hours: Monday 8 am - 5 pm; Tuesday 8 am - 7 pm; Wednesday & Friday 7 am - 5 pm; Thursday 9
       am - 7 pm; Saturdays 8 am - 12 pm
Fees: Varies per service.

Washtenaw County Health Department Clinics
Website: www.washtenaw.org/1131/Clinics
Address: Human Services Building, 555 Towner Street, Ypsilanti MI 48198
Phone: (734) 544-6700
Services: Routine immunizations plus sexual health and tuberculosis clinics and screenings.
Hours: See specific clinic.
Fees: Varies per service.
HOME CARE - rev Jan 2020

Explanation:

**Skilled Home Health Care - Billable to Medicare**: Medicare will pay for some home care if the patient meets "homebound" criteria, as decided by a physician, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, as decided by a physician, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

**Non-Skilled Home Care**: These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, transportation. Call the agency for a specific list of services.

**Care Management**: Planning, generating and organizing care and services in collaboration with the client and his or her support system and/or a set of activities intended to improve patient care and reduce the need for medical services by enhancing coordination of care, eliminating duplication, and helping patients and caregivers more effectively manage health conditions. More information can be found at AgingLifeCare.org.

**Helpful websites**:

**Home Health Compare**: From Medicare.gov, this site provides information about the quality of care provided by "Medicare-certified" home health agencies throughout the nation. "Medicare-certified" means the home health agency is approved by Medicare and meets certain federal health and safety requirements. Home Health Compare can help in choosing a quality home health agency that has the skilled home health services needed.

**Medical Alert Systems**: Wearable devices can help summon assistance in an emergency. AARP (as of November 2019), Consumer Reports and PC Magazine have guides on selecting a system, The CR and PC Mag web pages also provide information on 8-10 monitored systems as of February and June 2019, respectively. (These and other technologies are not listed in this resource directory.)

**Acclaimed Home Care**
Website: [www.acclaimedhc.com/](http://www.acclaimedhc.com/)
Address: 24901 Northwestern Hwy., Suite 605, Southfield MI 48075
Phone: (248) 352-0400
Fax: (248) 352-0408
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

**Accredited - We Are Home Care**
Website: [www.accreditedhomecare.com](http://www.accreditedhomecare.com)
Address: 27733 Schoenherr Road, Warren MI 48088
Phone: (586) 427-6640
Many listings are pre-Covid-19; contact agencies directly for current information

Toll Free: (888) 813-6244
Fax: (586) 427-6642
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Action Home Health Care - Work Skills Corporation (WSC)
Website: www.wsskills.com/health-care/
Address: 100 Summit Street, Brighton MI 48166
Phone: (810) 534-6128
Fax: (810) 227-1344
Classification: Non-Skilled Home Care.

Arcadia Home Care and Staffing
Website: www.arcadiahomescare.com
Address: 20750 Civic Center Drive, Suite 100, Southfield MI 48076 (HQ) plus offices in Birmingham and Jackson
Toll Free: (866) 224-7541
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.

BrightStar Care - Ann Arbor
Website: www.brightstarcare.com/ann-arbor
Address: 3810 Packard St. STE 210, Ann Arbor, MI 48108
Phone: 24 Hours (810) 225-4000
Fax: (810) 225-6150
Notes: Offers disability or special needs home care. Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Care Management by Natalie
Website: www.caremanagementbynatalie.com
Phone: (586) 703-8035
Email: adewunmin@gmail.com
Classification: Other - Care Management.

CareLinx
Website: www.carelinx.com/care4u
Toll Free: (855) 444-9329
Notes: An agency helping care seekers and care providers connect. Care seekers can post a job, interview and hire via CareLinx. Affiliated with Trinity Health at Home. Charges fee.
Classification: Non-Skilled Home Care

Carian
Website: www.carian.care
Address: 9864 E. Grand River, Suite 110, #186, Brighton MI 48116
Phone: (248) 792-0564
Email: info@carian.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

ComForCare Home Care - Western Wayne County
Website: comforcare.com//michigan/western-wayne
Address: 127 S. Main Street, Suite 3 & 5, Plymouth  MI 48170
Phone: (734) 414-1981
Fax: (734) 414-1983
Email: kprior@comforcare.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Comfort Keepers® of Ann Arbor
Website: annarbor.comfortkeepers.com
Address: 7910 Ann Arbor Street, Suite 2, Dexter  MI 48130
Phone: (734) 234-8277
Classification: Non-Skilled Home Care.

Enriched Life Home Care Services
Website: www.elhcs.com
Address: 10811 Farmington Road, Livonia  MI 48150
Phone: 24 Hours (734) 744-6477
Email: Care@enrichedlifecare.com
Classification: Non-Skilled Home Care.

Friends of the Family Home Health Care
Website: www.trustingcare.com
Address: 2035 Hogback Road, Ann Arbor  MI 48106
Phone: (734) 548-8647
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Friends Who Care
Website: www.friendswhocare.com/
Address: 2770 Carpenter Road, Suite 200, Ann Arbor  MI 48108
Phone: (734) 971-6300
Fax: (734) 971-1026
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Health Partners
Website: healthpartnersinc.com
Address: 30700 Telegraph Road, Suite 3475, Bingham Farms  MI 48025
Phone: (248) 423-3466
Toll Free Fax: (800) 969-7723
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Heartland Home Health Care
Website: www.heartlandhomehealth.com/ann-arbor
Address: 3840 Packard Road, Suite 240, Ann Arbor  MI 48108
Toll Free: (877) 329-1001
Fax: (800) 878-9657

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Email: annarbor@heartlandhomehealth.com
Notes: Accredited by Accreditation Commission for Health Care (ACHC).
Classification: Skilled Home Health Care - Billable to Medicare.

Home Instead Senior Care®
Website: www.homeinstead.com/
Address: 2160 S. Huron Pkwy., Suite 4, Ann Arbor MI 48104
Phone: (734) 971-9023
Toll Free: (888) 673-1166 National
Fax: (734) 971-9024
Classification: Non-Skilled Home Care.

Homewatch CareGivers
Website: www.homewatchcaregivers.com/ann-arbor/
Address: 525 Avis Drive, Suite 3, Ann Arbor MI 48108
Phone: (734) 622-8190 or (734) 530-4217
Fax: (734) 864-7390
Note: No minimum hours required.
Classification: Non-Skilled Home Care.

IndeQuest Nurse Care Management
Website: www.indequeStreetcom/
Address: 42237 E. Ann Arbor Road, Plymouth MI 48170
Phone: (734) 468-1760
Toll Free: (800) 422-7634
Fax: (734) 468-1765
Note: Private pay. Geriatric care managers provide assessment and education, direct care coordination, and assistance in navigating the health care system.
Classification: Other - Care Management.

Kennedy Care
Website: www.kennedycare.com/
Address: 150 S. Fifth Avenue, Suite 205, Ann Arbor MI 48104
Phone: (734) 657-3528
Toll Free: (800) 796-CARE(2273)
Fax: (877) 533-6177
Email: mi@kennedycare.com
Note: Minimum of 2 hours per day. Offers veteran care.
Classification: Non-Skilled Home Care & Other - Care Management.

LifeChoices®Membership Plan
Website: ehmssolutions.org/service/lifechoices/ or lifechoicesathome.org
Phone: (734) 295-9292
Email: LCinfo@EHMsolutions.org
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Maxim Healthcare Services
Website: www.maximhealthcare.com
Address: 30150 Telegraph Road, Suite 200, Bingham Farms MI 48025
Phone: (248) 430-0201
Toll Free Fax: (877) 306-4569
Email: detroitstaffing@maxhealth.com
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

MI Choice Waiver Program - Michigan - Department of Health & Human Services
Website: www.michigan.gov/mdhhs/
Address: Area Agency on Aging 1B - 2900 Northwestern Highway, Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: (248) 948-9691
Services: Government-funded long term care program to help Washtenaw County residents remain in their homes. Provides personal care, homemaking, respite care, legal services, care management with nursing and social work services. Eligibility: Age 60+ and medically eligible for nursing home admission. Income limits (change yearly), individual asset limits (not including house); different rules apply for couples (nursing home financial eligibility rules apply).
Classification: Non-Skilled Home Care.

Michigan Visiting Nurses
Website: homecare.med.umich.edu/Michigan-Visiting-Nurses
Address: 2850 S. Industrial Hwy., Suite 75, Ann Arbor MI 48104
Phone: (734) 677-1515
Toll Free: (800) 842-5504
Fax: (734) 908-0025
Notes: Accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO).
Classification: Skilled Home Health Care - Billable to Medicare.

Our Family Friend
Website: www.ourfamilyfriend.com
Address: 114 North Main Street, Suite B, Chelsea MI 48118
Phone: (734) 224-8158
Fax: (734) 908-0025
Email: info@annarborppa.org
Notes: Serves people with disabilities 18+ in Washtenaw County. Two-hour minimum per visit.
Classification: Non-Skilled Home Care.

Partners in Personal Assistance
Website: www.annarborppa.org/
Address: 3840 Packard Road, Suite 150, Ann Arbor MI 48108
Phone: (734) 214-3890
Fax: (734) 214-0644
TTY: 711
Email: info@annarborppa.org
Note: Serves people with disabilities 18+ in Washtenaw County. Two-hour minimum per visit.
Classification: Non-Skilled Home Care.
Many listings are pre-Covid-19; contact agencies directly for current information

Personal Touch Home Health Care Services, Inc.
Website: www.pthhc.com/
Address: 300 N. Huron Street, Ypsilanti MI 48197
Phone: (734) 480-0125
Fax: (734) 480-0015
Email: info.pthhc@gmail.com
Note: Community Health Accreditation Partner (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Reliable Home Care, LLC
Website: www.reliablecarea2.com/
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104
or PO BOX 130557, Ann Arbor MI 48113
Phone: (734) 395-7887
Email: rhcareinyourhome@aol.com
Classification: Non-Skilled Home Care.

Right at Home
Website: www.rightathome.net/washtenaw
Address: 2355 E. Stadium Blvd. Suite 2, Ann Arbor MI 48104
Phone: (734) 971-5000
Fax: (734) 971-5105
Classification: Non-Skilled Home Care.

St. Joseph Mercy Home Care and Hospice - Southeast Michigan
Website: www.stjoeshealth.org/home-care
Address: 34505 W. 12 Mile Road, Suite 100, Farmington Hills MI 48331
Toll Free: Michigan (855) 559-7178
Fax: New patient referrals (866) 754-4220
Note: Provides Home Care Connect™ remote monitoring technology. Part of Trinity Health At Home.
Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

SameAddress - Concierge and In Home Care
Address: 21800 Haggerty Road, Suite 118, Northville MI 48167
Website: sameaddress.com
Phone: (248) 262-9999
Toll Free: (866) SENIOR-1 Memory Care Program
Email: customercare@sameaddress.com
Classification: Non-Skilled Home Care.

Senior Helpers
Website: www.seniorhelpers.com/mi/ann-arbor
Address: 4130 Varsity Drive, Suite C, Ann Arbor MI 48108
Phone: (734) 927-3111
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.
Many listings are pre-Covid-19; contact agencies directly for current information

Shared Services Home Health Care & Companion Care / Private Duty Care - EHM Senior Solutions
Website: ehmsolutions.org/service/home-care/ and ehmsolutions.org/service/companion-care/
Address: 400 West Russell Street, Saline MI 48176
Phone: (734) 295-9292 or 222-4037 Home Health Care or 222-4000 Companion/Private Duty
Email: marketing@ehmsolutions.org
Notes: Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Stefanie Sinks, Geriatric Care Management
Website: www.stefaniesinks.com
Phone: (734) 649-9600
Email: stefanie@sps-consult.com
Classification: Other - Care Management.

Synergy Home Care
Website: www.synergyhomecare.com/agencies/mi/chelsea/mi01/
Address: 140 W. Middle Street, Suite A, Chelsea MI 48118
Phone: (734) 433-9007
Toll Free: (877) 432-2692
Fax: (734) 433-9744
Note: Also provides live-in care.
Classification: Non-Skilled Home Care; Other - Care Management

United Home Health Services at Garden City Hospital - Home Health Care / UHHS
Website: www.gch.org/Services//Home-Health-Care
Address: 6701 Harrison Street, Garden City MI 48135
Phone: (734) 981-8820
Fax: (734) 981-8828
Notes: Community Health Accreditation Program (CHAP) accredited.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

VA Ann Arbor Healthcare System - Home and Community-Based Care (HCBC)
Website: www.annarbor.va.gov/services/ecrc
Address: 2215 Fuller Road, Hospital First Floor, Room B147, Ann Arbor MI 48105
Phone: (734) 845-3417
Toll Free: (800) 361-8387
Note: Home and community based care services are available to all veterans who receive VA care as a standard benefit. The Social Work and Community-based Service office educates and assists veterans and their families find home health and skilled services.
Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Visiting Angels - Washtenaw County  
**Website:** [www.visitingangels.com/ann-arbor](http://www.visitingangels.com/ann-arbor)  
**Address:** 2860 Carpenter Road, Suite 300, Ann Arbor  MI 48108  
**Phone:** (734) 929-9201  
**Toll Free:** (877) 618-4748  
**Fax:** (734) 929-9202  
**Classification:** Non-Skilled Home Care.

WellsBrooke  
**Website:** wellsbrook.com  
**Address:** 14855 Galleon Court, Plymouth  MI 48170  
**Toll Free:** (888) 493-5572  
**After Hours Toll Free:** (888) 773-1001  
**Email:** info@wellsbrook.com  
**Classification:** Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management.
Many listings are pre-Covid-19; contact agencies directly for current information

HOME MAINTENANCE - rev Nov 2020

AARP - HomeFit Guide
Website: www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html
Toll Free: (888) 687-2277
Email: livable@aarp.org
Services: Use the HomeFit Guide to determine whether a residence is "fit" for independent living. The guide also includes tips for hiring a contractor. Workshops are offered periodically; or, download or request a free copy using publication number: D18959. Printable worksheets are also available.

Ann Arbor Community Center - A Helping Hand Around the House
Website: annarbor-communitycenter.org/services-seniors/
Phone: (734) 662-3128
Services: Provides help with tasks such as light housekeeping, window cleaning, home maintenance projects, yard work, moving furniture and periodically, when available and scheduled, assist with meal preparation or transportation. Registration required.

Catholic Social Services of Washtenaw County - Home Maintenance and Safety Services
Website: csswashtenaw.org/seniors/home-and-safety-services/
Address: 4925 Packard Street, Ann Arbor MI 48108
Phone: (734) 971-9781 press 8
Services: A variety of basic maintenance services are available to help older adults maintain their independence and keep them safe at home.
- **Home Safety Installations**: Smoke alarms & carbon monoxide detectors, battery & light bulb exchanges; grab bars & shower chairs, raised toilet seats and hand-held showers
- **Home Maintenance & Minor Repairs**: Basic household repairs and routine maintenance; minor plumbing.
- **Outdoor Chores**: Lawn mowing, window washing, gutter cleaning, leaf raking.

Hours: Monday - Friday 8:30 am - 5 pm
Fees: Based on ability to pay; no one is denied service if unable to contribute.

City of Ann Arbor - Waste Management and Recycling
Website: www.a2gov.org/departments/trash-recycling/
Address: Customer Service, Larcom City Hall, 1st Floor, 301 E. Huron Street, Ann Arbor MI 48104
Phone: (734) 794-6320
Email: customerservice@a2gov.org
Service: Provides side door or porch set-out service for refuse or recycling containers when “Special Pick-up Service” is requested.
Eligibility: Requires an on-site visit to begin this service; must be renewed every 2 years.
Hours: Monday - Friday 8:00 am - 5:00 pm except holidays
Fees: No additional fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Michigan Department of Health and Human Services - State Emergency Relief Program (SER)
Website: www.michigan.gov/mdhhs
Address: Washtenaw County Office - 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8386
Services: Provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services provided through direct financial assistance and contracts with a network of non-profit organizations to help with home repairs and ownership services. Asset and income guidelines. Local DHS specialists determine eligibility.
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee.

Pittsfield Charter Township - Residential Solid Waste Service
Website: www.pittsfield-mi.gov/Residential Solid Waste Service
Address: 6201 W. Michigan Avenue, Ann Arbor MI 48108
Phone: (734) 822-3105
Fax: (734) 944-6103
Email: utilities@pittsfield-mi.gov
Services: If unable to place rubbish at the curbside for pick-up due to a physical challenge or advanced age, contact the Township to arrange for assistance.
Hours: Monday - Friday 8 am - 5 pm
Fees: No additional fee.

Washtenaw County - Office of Community & Economic Development
Website: www.washtenaw.org/732/Home-Maintenance-Repair
Address: 451 W. Michigan Avenue, 2nd Floor, Ypsilanti MI 48197
Phone: (734) 544-6748
Fax: (734) 544-6749
Services:
- **Accessibility Ramp Program** - www.washtenaw.org/Accessibility-Ramp-Program
  Provides grants for the installation of exterior ramps at owner-occupied homes who meet income guidelines. Eligibility: Grants are limited to one-time assistance per dwelling during a five-year period.
- **Housing Rehabilitation** - www.washtenaw.org//Home-Rehabilitation
  Assists income-eligible county homeowners with needed home repairs. Eligibility: First-come, first served for income-eligible applicants.
- **Home Weatherization Program** - www.washtenaw.org/Home-Weatherization
  Provides weatherization services such as insulation, caulking, weather-stripping. Inspects & repairs furnaces and hot water heaters; inspects & replaces inefficient refrigerators. Eligibility requirements at www.washtenaw.org/FAQ.aspx?TID=33
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee. See individual programs for eligibility requirements.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

HOUSING – INDEPENDENT / ASSISTED LIVING / MEMORY CARE - rev Jan 2021

The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339 offers information on housing options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

All Seasons Ann Arbor
Website: www.allseasons-annarbor.com
Address: 4600 All Seasons Circle, Ann Arbor MI 48105
Phone: (734) 890-5647
Eligibility: Call for more information.
Levels of Care: Independent, Assisted

American House Senior Living Residence
Website: www.americanhouse.com
Address: 3470 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 961-4780
Email: carpenterassistant@americanhouse.com, carpenter@americanhouse.com
Eligibility: 55+; pet friendly
Respite: Short- or long-term; based on availability
Levels of Care: Independent, Assisted

Atria Park of Ann Arbor
Website: www.atria-annarbor.com
Address: 1901 Plymouth Road, Ann Arbor MI 48105
Phone: (734) 249-6045
Eligibility: 60+ (some exceptions); pet friendly
Respite: Based on availability
Levels of Care: Assisted, Memory Care

Baker Commons
Address: 106 Packard Street, Ann Arbor MI 48104
Phone: Ann Arbor Housing Bureau (734) 794-6720
Eligibility: 62+ and/or disabled
Levels of Care: Subsidized, Independent

Balfour Senior Living - Ann Arbor
Website: balfourcare.com/locations/ann-arbor
Address: 2830 South Main Street, Ann Arbor MI 48103
Phone: (734) 478-0841 478-2402
Email: a2salesteam@balfourcare.com
Eligibility: 55+; pet friendly
Respite: Short and long term.
Levels of Care: Independent, Assisted, Memory Care

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Brecon Village Retirement Community
Website: [ehmsolutions.org/location/brecon-village](http://ehmsolutions.org/location/brecon-village)
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Fax: (734) 944-2235
Email: marketing@ehmsolutions.org
Eligibility: 55+ for condominiums, 60+ for apartments; pet friendly
Respite: Based on availability
Levels of Care: Independent, Assisted, Memory Care, Nursing

Brookdale Ann Arbor
Website: [www.brookdaleliving.com](http://www.brookdaleliving.com)
Address: 2190 Ann Arbor-Saline Road, Ann Arbor MI 48103
Phone: (734) 219-3021
Toll Free: (844) 454-1076
Eligibility: 60+ or younger with waiver; pet friendly
Levels of Care: Assisted, Memory Care

Brookdale West Eisenhower (Alterra Clare Bridge)
Address: 750 W. Eisenhower Parkway, Ann Arbor MI 48103
Phone: (734) 219-3014
Toll Free: (844) 505-5025
Fax: (734) 213-1709
Eligibility: 60+ or younger with waiver; pet friendly
Levels of Care: Memory Care

Brookhaven Manor Senior Living
Website: [www.brookhavenmanorapartments.com](http://www.brookhavenmanorapartments.com)
Address: 401 W. Oakbrook Drive, Ann Arbor MI 48103
Phone: (734) 747-8800
Fax: (734) 747-9288
Eligibility: 55+; pet friendly
Levels of Care: Independent

Carpenter Place
Address: 3400 Carpenter Road, Ypsilanti MI 48197
Phone: (734) 973-8377
Fax: (734) 973-8310
Eligibility: 55+ and/or disabled; live-in caregiver with doctor’s note; pet friendly
Respite: Based on availability
Levels of Care: Subsidized, Independent
Many listings are pre-Covid-19; contact agencies directly for current information

Cedars of Dexter
Website: umrc.com/communities/cedars-of-dexter
Available in multiple languages.
Address: 411 Cedars Lane, Dexter MI 48130
Phone: (734) 792-9702
Eligibility: 60+; pet friendly
Levels of Care: Independent - CRC w/Chelsea Retirement Community
Website: umrc.com/communities/cedars-of-dexter
Available in multiple languages.
Address: 411 Cedars Lane, Dexter MI 48130
Phone: (734) 792-9702
Eligibility: 60+; pet friendly
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Chelsea Retirement Community - Glazier Commons, Towsley Village, Kresge Healthcare & Rehabilitation Center
Website: www.chelsearetirementcommunity.com
Available in multiple languages.
Address: 805 W. Middle Street, Chelsea MI 48118
Phone: (734) 433-1000
Fax: (734) 475-4421
Eligibility: 62+; small pets allowed in some locations
Respite: Assisted & Memory Care
Levels of Care: Assisted, Memory Care, Nursing

Chidester Place
Address: 330 Chidester Place, Ypsilanti MI 48197
Phone: (734) 487-9400
Fax: (734) 487-5186
Eligibility: 62+ and/or disabled; pet friendly
Levels of Care: Subsidized, Independent

Clark East Towers - Senior Apartments
Website: www.nationalchurchresidences.org/communities/clark-east-tower/
Address: 1550 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 482-5511
Fax: (734) 482-3079
Eligibility: 62+ and dependent children; live-in caregiver with doctor’s note; pet friendly
Levels of Care: Subsidized, Independent

Courthouse Square Senior Apartments
Address: 100 S. Fourth Avenue, Ann Arbor MI 48104
Phone: (734) 995-5511
Fax: (734) 995-5533
Eligibility: 55+; live-in caregiver with physician’s note; pet friendly
Levels of Care: Affordable, Independent

Cranbrook Tower
Address: 2901 Northbrook Place, Ann Arbor MI 48103
Phone: (734) 668-8914
Fax: (734) 668-7760
Email: cranbrook@kmgprestige.com
Eligibility: 62+ and disabled; live-in caregiver with doctor’s note; pet friendly
Levels of Care: Subsidized, Independent

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Cross Street Village
Address: 210 W. Cross Street, Ypsilanti MI 48197
Phone: (734) 483-8300
Fax: (734) 487-1592
Eligibility: 55+; pet friendly
Levels of Care: Independent

Eva’s House Program at Huron Woods
Website: glacierhills.org/lifestyle-options/evas-house/
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Fax: (734) 769-3092
Email: info@glacierhills.org
Levels of Care: Memory Care

Gilbert Residence
Website: www.gilbertresidence.com
Address: 203 S.Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Email: info@gilbertresidence.com
Eligibility: 60+
Levels of Care: Assisted, Memory Care, Nursing

Glacier Hills Retirement Community - The Meadows (Independent); The Manor (Assisted)
Website: www.glacierhills.org
Address: 1200 Earhart Road, Ann Arbor MI 48105
Phone: (734) 769-6410
Fax: (734) 769-3092
Email: info@glacierhills.org
Eligibility: 62+; pet friendly
Levels of Care: Independent, Assisted, Memory Care, Nursing

Hillside Terrace-Senior Living
Website: www.hillsideterrace.net
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Fax: (734) 761-7047
Email: marketing@hillsideterrace.net
Eligibility: 60+; pet friendly
Levels of Care: Independent, Assisted, Memory Care

Linden Square
Website: www.lindensquarealc.com
Address: 650 Woodland Drive East, Saline MI 48176
Phone: (734) 429-7600
TTY: Michigan Relay (800) 649-3777
Email: lindensquarealc@heritageseniorcommunities.com

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Eligibility: 60+ ; pet friendly  
Respite: Short-term.  
Levels of Care: Assisted, Memory Care

Lurie Terrace  
Website: [www.lurieterrace.org](http://www.lurieterrace.org)  
Address: 600 W. Huron Street, Ann Arbor MI 48103  
Phone: (734) 665-0695  
Fax: (734) 665-1580  
Email: contact@lurieterrace.org  
Eligibility: 62+ ; smoke free; pet friendly  
Levels of Care: Affordable, Independent

Lynden Parke (formerly Lexington Club)  
Website: [www.myllyndenparke.com](http://www.myllyndenparke.com)  
Address: 2224 Golfside Road, Ypsilanti MI 48197  
Phone: (734) 572-9000  
Toll free: (877) 231-8046  
Fax: (734) 572-9979  
Eligibility: 55+; pet friendly  
Levels of Care: Independent

Melvin T. Walls Manor  
Address: 2189 Glory Lane, Ypsilanti MI 48197  
Phone: (734) 484-3820  
Eligibility: 62+ ; pet friendly  
Levels of Care: Subsidized, Independent

Memory Lane Assisted Living  
Website: [memorylanemichigan.com](http://memorylanemichigan.com)  
Address: Office 8064 Carpenter Rd. Ypsilanti MI 48197  
Phone: (734) 707-4039  
Eligibility: Call for information  
Respite: Short-term.  
Levels of Care: Memory care

Milan Village Apartments  
Website: [properties.wodagroup.com/apartments/mi/milan/milan-village/](http://properties.wodagroup.com/apartments/mi/milan/milan-village/)  
Address: 71 Hurd Street Milan MI 48160  
Phone: (734) 439-8179  
Eligibility: 62+ or disabled  
Levels of Care: Subsidized, Independent; pet friendly

Mill Pond Manor  
Website: [www.rhf.org/location/mill-pond-manor/](http://www.rhf.org/location/mill-pond-manor/)  
Address: 460 Russell Road, Saline MI 48176  
Phone: (734) 429-3838

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fax: (734) 429-3390  
Eligibility: 62+ or mobility impaired; pet friendly  
Levels of Care: Subsidized, Independent

Parkway Meadows  
Website: parkwaymeadowsapts.com  
Address: 2375 Sandalwood Circle, Ann Arbor MI 48105  
Phone: (734) 662-5055  
Fax: (734) 662-7872  
Email: parkway@kmgprestige.com  
Eligibility: 62+ or with a disability  
Levels of Care: Subsidized, Independent

The Pines  
Website: umrc.com/communities/the-pines/Available in multiple languages.  
Address: 325 Wilkinson Street, Chelsea MI 48118  
Phone: (734) 433-9130  
Eligibility: 55+ ; pet friendly  
Levels of Care: Independent - CRC w/Chelsea Retirement Community

Sequoia Place  
Website: www.samaritas.org/AffordableLiving/Locations/Ann Arbor  
Address: 1131 Maple Road, Office Number 1025, Ann Arbor MI 48103  
Phone: (734) 669-8840  
Fax: (734) 669-8903  
Eligibility: 62+  
Levels of Care: Subsidized, Independent; smoke free; pet policy

Silver Fox Senior Condominiums  
Website: www.silverfoxseniorcondos.com  
Address: 317 Silver Fox Drive (off Redman Road) Milan MI 48160  
Phone: (734) 476-8970  
Eligibility: 55+ ; pet friendly  
Levels of Care: Independent

Silver Maples of Chelsea Retirement Neighborhood  
Website: silvermaples.org  
Address: 100 Silver Maples Drive, Chelsea MI 48118  
Phone: (734) 475-4111  
Fax: (734) 475-4112  
Email: info@silvermaples.org  
Eligibility: 62+ ; pet friendly  
Respite: Available in Meadows Apartments  
Levels of Care: Independent, Assisted, Memory Care

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

StoryPoint Saline
Website:  www.storypoint.com/community/saline-mi/
Address: 6230 S. State Street, Saline MI 48176
Phone: (734) 389-7871
Eligibility: Call for information; pet friendly
Levels of Care: Independent, Assisted Living, Memory Care

Superior Woods Healthcare Center
Website:  www.savaseniorcare.com/superior-woods-healthcare-center
Address: 8380 Geddes Road, Ypsilanti MI 48198
Phone: (734) 547-7600
Fax: (734) 547-7779
Eligibility: 60+; language assistance available
Levels of Care: Independent, Assisted

St. Joseph’s Village Ann Arbor
Website:  www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti
Address: 5341 McAuley Drive, Ann Arbor MI 48107
Phone: (734) 712-1600
Fax: (734) 712-1601
Eligibility: 55+; language assistance available
Levels of Care: Independent, Assisted

St. Louis Center
Website:  stlouiscenter.org
Address: 16195 Old U.S. 12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Eligibility: 5-70+ with intellectual/developmental disability and cognitive impairment
Respite: Short term.
Levels of Care: Assisted, Memory care

Towne Centre Place
Website:  townecentreplace.com
Address: 401 W. Michigan Avenue, Ypsilanti MI 48197
Phone: (734) 482-5500
Toll Free: (844) 284-9329
Fax: (734) 482-0581
Email: townecentreplace@rosecommunity.com
Eligibility: 62+ (55+ with waiver); dependent children; pet friendly
Levels of Care: Subsidized, Independent

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

University Commons
Website: www.universitycommons.org
Address: 817 Asa Gray Drive, Ann Arbor  MI 48105
Phone: (734) 332-1221
Fax: (734) 332-1222
Eligibility: 55+ and graduate of accredited 4-year college or university; UM affiliation not required
Levels of Care: Independent; pets allowed

University Living (A Provision Living Senior Living Community)
Website: provisionliving.com/locations/ann-arbor/
Address: 2865 S. Main Street, Ann Arbor  MI 48104
Phone: (734) 228-4203
Eligibility: 60+; UM affiliation not required; pets on a case-by-case basis
Respite: Available
Levels of Care: Independent, Assisted, Memory Care

Vibrant Life Senior Living
Website: vibrantlifr.com
Address: 8100 Geddes Road, Superior Township  MI 48198
Phone: (734) 484-4740
Eligibility: 50+
Respite: Short and long term.
Levels of Care: Assisted, Memory Care

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
HOUSING – NURSING HOMES - rev Jan 2021

Explanation: Nursing Homes are medical facilities, which are highly regulated by the State and Federal government, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term care provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid typically covers payment when eligibility requirements are met.

The Housing Bureau for Seniors - Michigan Medicine - (734) 998-9339 offers information on nursing homes, housing and care options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

Nursing Home Compare: From Medicare.gov, this website allows one to find and compare nursing homes certified by Medicare and Medicaid. This website contains quality of resident care and staffing information for more than 15,000 nursing homes around the country. Available in Spanish / Español.

Brecon Village - EHS Senior Solutions
Website: ehmsolutions.org/location/brecon
Address: 200 Brecon Drive, Saline MI 48176
Phone: (734) 429-1155
Fax: (734) 944-2235
Email: marketing@ehmsolutions.org

Chelsea Retirement Community - Kresge HealthCare & Rehabilitation Center
Website: umrc.com/kresge_rehab/ Available in multiple languages
Address: 805 W. Middle Street, Chelsea MI 48118
Phone: (734) 475-7310

Emmanuel House
Website: www.em-house.org
Address: 475 Evergreen Drive, Ann Arbor MI 48103
Phone: (734) 780-7667

Gilbert Residence
Website: www.gilbertresidence.com/nursing-care/
Address: 203 S. Huron Street, Ypsilanti MI 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Many listings are pre-Covid-19; contact agencies directly for current information

Glacier Hills Care and Rehabilitation Center  
Website: glacierhills.org/lifestyle-options/care-rehabilitation/  
Address: 1200 Earhart Road, Ann Arbor MI 48105  
Phone: (734) 769-6410  
Email: info@glacierhills.org

Heartland Health Care Center of Ann Arbor  
Website: www.heartland-manorcare.org/-ann-arbor/  
Address: 4701 E. Huron River Drive, Ann Arbor MI 48105  
Phone: (734) 975-2600  
Fax: (734) 677-5857  
Email: annarbor@heartlandnursing.com

The Redies Center for Rehabilitation & Healthy Living  
Website: ehmsolutions.org/location/the-redies-center  
Address: 440 W. Russell Street, Saline MI 48176  
Phone: (734) 429-9401  
Fax: (734) 669-3775  
Email: marketing@ehmsolutions.org

Regency at Bluffs Park  
Website: www.regencyatbluffspark.com  
Address: 355 Huron View Blvd., Ann Arbor MI 48103  
Phone: (734) 887-8700

Regency at Whitmore Lake  
Website: www.regencyatwhitmorelake.com  
Address: 8633 Main Street, Whitmore Lake MI 48189  
Phone: (734) 449-4431

Superior Woods Health Care Center  
Website: www.savaseniorcare.com/superior-woods-healthcare-center  
Address: 8380 Geddes Road, Ypsilanti MI 48198  
Phone: (734) 547-7600

VA Ann Arbor Healthcare System - Medical Foster Home Program  
Website: www.annarbor.va.gov/services/medicalfosterhome.asp  
Address: 2215 Fuller Road, Ann Arbor MI 48105  
Phone: (734) 222-4269  
Toll Free: (800) 361-8387 ext. 24269  
TTY: (800) 361-8387 Ext. 711

VA Ann Arbor Healthcare System - Rehabilitation and Extended Care Services  
Website: www.annarbor.va.gov/services/ecrc.asp  
Address: 2215 Fuller Road, Ann Arbor MI 48105

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Phone: (734) 769-7100
Toll Free: (800) 361-8387
TTY: (800) 361-8387 Ext. 711

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353

Villa at Parkridge
Website: www.villaatparkridge.com
Address: 28 S. Prospect Street, Ypsilanti MI 48198
Phone: (734) 714-5600
Fax: (734) 483-8972
Text: (313) 910-3526
Alzheimer’s Association – Greater Michigan Chapter  
Website: [www.alz.org/gmc](http://www.alz.org/gmc)  
[Toll Free](https://www.alz.org)  24 Hour (800) 272-3900  
TTY: 24 Hour (866) 403-3073  
[Online Live Chat](https://www.alz.org): Ask a Librarian  
[Email](https://www.alz.org): helplinegmc@alz.org  
[Services](https://www.alz.org): Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers’ bureau, a resource library with free lending opportunities. The Alzheimer’s Association provides multi-lingual services.  
[Hours](https://www.alz.org): Hotline available 24 Hours.  
[Fees](https://www.alz.org): No fee for most services.

American Association of Retired Persons (AARP) - Michigan Office  
Website: [www.aarp.org/michigan](http://www.aarp.org/michigan)  
[Address](https://www.aarp.org): AARP Michigan State Office, 309 N. Washington Square, Suite 110, Lansing MI 48933  
[Toll Free](https://www.aarp.org): (866) 227-7448 Michigan  
(888) 687-2277 National  
(877) 342-2277 Spanish  
[Fax](https://www.aarp.org): (517) 482-2794  
TTY: 711  
(877) 434-7598 National  
(866) 238-9488 Spanish  
[Email](https://www.aarp.org): miaarp@aarp.org  
[Services](https://www.aarp.org): AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50+. Membership provides access to various insurance, financial, health, technology and travel benefits.  
[Hours](https://www.aarp.org): Monday – Friday 8 am – 5 pm  
[Fees](https://www.aarp.org): Membership is $16 per year with discounted rates for multi-year memberships.

Ann Arbor Center for Independent Living (CIL)  
[Website](https://www.annarborcil.org): [www.annarborcil.org](http://www.annarborcil.org)  
[Address](https://www.annarborcil.org): 3941 Research Park Drive, Ann Arbor MI 48108  
[Phone](https://www.annarborcil.org): (734) 971-0277  
[Fax](https://www.annarborcil.org): (734) 971-0826  
[Email](https://www.annarborcil.org): info@aacil.org  
[Services](https://www.annarborcil.org): Information and referral services are provided by phone, email, or in person to people with disabilities, and other members of the community seeking disability-related information. Also has an online resource directory at [www.annarborcil.org/resources/](http://www.annarborcil.org/resources/). Has a medical equipment loan closet.  
[Hours](https://www.annarborcil.org): Monday - Friday 9 am - 5 pm  
[Fees](https://www.annarborcil.org): No fee.

Ann Arbor Community Center  
[Website](https://www.annarborcommunitycenter.org): [annarbor-communitycenter.org](http://annarbor-communitycenter.org)  
[Address](https://www.annarborcommunitycenter.org): 625 N. Main Street, Ann Arbor MI 48104  
[Phone](https://www.annarborcommunitycenter.org): (734) 662-3128 (leave message for return call)  
[Fax](https://www.annarborcommunitycenter.org): (734) 662-1099
Many listings are pre-Covid-19; contact agencies directly for current information

Services: Combines local volunteers and funding from the community to provide high quality programs, information, and services such as senior citizen care, food assistance, etc.

Hours: Monday - Friday 9 am - 3 pm

Area Agency on Aging 1-B (AAA 1-B)
Website: www.aaa1b.org
Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034
Phone: (248) 357-2255
Toll Free: (800) 852-7795
TTY: Michigan Relay (800) 649-3777
Fax: 248-262-9971

Services: Certified resource specialists provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, meals, long-term care, transportation, personal care, respite care, support groups and legal services. Covers Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties. Also provide referral numbers for other counties in Michigan and for all states.

- Help for Caregivers
  Website: aaa1b.org/caregiver-resources/
  Toll Free: (800) 852-7795
  Services: Links to information on training, respite, support groups, transportation, grandparents as parents and other resources.

Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Catholic Social Services of Washtenaw County - Ahead of the Curve - Washtenaw Senior Resource Directory
Website: getaheadwashtenaw.org
Phone: (734) 971-978

Services: Online browsable and searchable directory of programs and services for older adults in Washtenaw County. Also provides telephone assistance telephone during normal business hours.

Hours: 24 Hours
Fees: No fee.

Catholic Social Services of Washtenaw County - Senior Services Department
Website: csswashtenaw.org/seniors/
Address: 4925 Packard Street, Ann Arbor MI 48108
Phone: (734) 971-9781 press 8
Fax: (734) 971-2730

Services: Resource Advocates provide information and referral by telephone or in-home assessment to residents of Washtenaw County, age 60+. Publishes a free annual “Senior Resource Directory” for Washtenaw County listing agencies and phone numbers. The directory can be downloaded (from link above), requested by phone, or viewed online at blueprintforaging.org.

Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Chelsea Community Senior Services (C2S2)
Website: chelseaseniors.org/FAQ-C2S2
Address: Chelsea Senior Center, WSEC, 512 Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Helps seniors 60+ in the Chelsea School District remain in their own homes by providing access to needed services using volunteers or through referrals to vetted, discounted providers.
Hours: Monday - Friday 9 am - 3 pm
Fees: Donations accepted.

Eldercare Locator - United States - Administration on Aging
Website: eldercare.acl.gov
Toll Free: 24 Hours (800) 677-1116
Email: eldercarelocator@n4a.org
Online Chat: Y
Services: Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.
Hours: 9 am - 8 pm
Fees: No fee.

Friends in Deed
Website: www.friendsindeed.info
Address: 1196 Ecorse Road, Ypsilanti MI 48198
Phone: (734) 484-4357
Fax: (734) 484-5355
Email: Helpline@FriendsInDeedMI.org
Services: Fills the gaps of assistance offered by other agencies / organizations in Washtenaw County by providing information about or making a referral to another organization that has a program of services that better fits a client’s needs. Also works to track resources available in the community and pass on the information through an annual How to Help seminar and every other year Resource Guides:
- **Food Banks** - includes community services, shelters and hot meals locally and county-wide.
- **Clothing and Medical Closets** - covers free or low cost clothing, household & medical items.
Hours: Monday - Friday 9:30 am - 2:30 pm for document and furniture drop off
Fee: No fee.

Great Lakes Loan Closets - Washtenaw County (MI) Loan Programs
Website: loanclosets.org/michigan/washtenaw
Address: P.O. Box 19614, Kalamazoo MI 49019
Services: Help those in need find medical equipment resources within the community.
Hours: 24 Hours
Fee: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

**Jewish Family Services of Washtenaw County - New American Club**
*Website:* [jfsannarbor.org/transforming-aging/nac](http://jfsannarbor.org/transforming-aging/nac)
*Address:* 2245 S. State Street, Suite 200, Ann Arbor MI 48104
*Phone:* (734) 769-0209
*Email:* info@jfsannarbor.org
*Services:* Social services, activities, and assistance for foreign-born seniors. Intake services in English and Russian with additional translating services as needed.
*Hours:* Monday - Thursday 9 am - 5 pm  Fridays 9 am - 3 pm
*Fee:* No fee.

**Jewish Family Services of Washtenaw County - (WISE) Washtenaw Integrated Senior Experience**
*Website:* [jfsannarbor.org/transforming-aging/](http://jfsannarbor.org/transforming-aging/)
*Address:* 2245 S. State Street, Suite 200, Ann Arbor MI 48104
*Phone:* (734) 769-0209
*Email:* info@jfsannarbor.org
*Services:* Care management and aging in place service links seniors to systems, community organizations and experts in aging.
*Hours:* Monday - Thursday 9 am - 5 pm  Fridays 9 am - 3 pm
*Fee:* No fee.

**Michigan Medicine - Geriatrics Center - Social Work and Community Programs**
*Website:* [medicine.umich.edu/dept/geriatrics-center/community-programs/social-work](http://medicine.umich.edu/dept/geriatrics-center/community-programs/social-work)
*Address:* 4260 Plymouth Road, Ann Arbor MI 48109
*Phone:* (734) 764-2556  or (734) 998-9353 Turner Senior Wellness Program
*Services:* Geriatric social workers offer individuals and caregivers a wide range of information services including individual and group counseling, support groups, educational programs, and various other wellness programs.
*Hours:* Monday - Friday 8 am – 5 pm
*Fees:* No fee for support groups. There may be fees associated with other programs.

**Michigan Support for Older Adults Portal (SOAP) - Resources**
*Website:* [misoap.org/toolbox/resources/](http://misoap.org/toolbox/resources/)
*Address:* 3815 W. Saint Joseph, Suite C-200, Lansing MI 48197
*Services:* Use to find community resources to address senior needs, screen for available services and benefits, and help seniors apply for benefits.
*Hours:* 24 Hours.
*Fees:* No fee.

**National Council on Aging**
*Website:* [www.ncoa.org](http://www.ncoa.org)
*Phone:* (571) 527-3900
*Services:* Links to resources for older adults and caregivers on economic security, healthy living and public policy.
*Hours:* Call for hours
*Fees:* No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

National Resource Center on LGBT Aging - SAGE (Service & Advocacy for GLBT Elders)
Website: [www.lgbtagingcenter.org](http://www.lgbtagingcenter.org)
Address: c/o SAGE, 305 Seventh Avenue, 6th Floor, New York NY 10001
Phone: (212) 741-2247
Fax: (212) 366-1947
Email: info@lgbtagingcenter.org
Services: Provides training, technical assistance and educational resources to aging providers, LGBT organizations and LGBT older adults. Help available in English or Spanish,
Hours: 24 hours
Fees: No fee.

National Resource Directory [for Wounded Warriors, Service Members & Veterans]
Website: nrd.gov
Services: A searchable resource database that connects wounded warriors, Service Members, Veterans, their families, and caregivers to vetted programs and services that support them. It provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Find resources by category, and some subcategories, then limit by location (state).
Hours: 24 Hours
Fees: No fee.

Office of Services to the Aging - State of Michigan - Adult Protective Services
Website: [www.michigan.gov/adultprotectiveservices](http://www.michigan.gov/adultprotectiveservices)
Toll Free: Michigan 24 Hours (855) 444-3911
Services: Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults, cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.
Hours: 24 Hours
Fees: No fee.

Office of Services to the Aging - State of Michigan - Michigan Long Term Care Ombudsman Program (MILTCOP)
Website: [mltcp.org](http://mltcp.org)
Address: 15851 S. US 27, Suite 73, Lansing MI 48906
Phone: (517) 827-8040
Toll Free: (866) 485-9393
Fax: (517) 574-5301
Services: The Long Term Care Ombudsman program is available for residents or concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement. Provides local contact for Washtenaw County at the Area Agency on Aging 1-B (AAA 1-B) office: (586) 980-9303.
Hours: Monday – Friday 9 am – 5 pm
Fees: No fee.
Public Citizens of Washtenaw (formerly Gray Panthers of Washtenaw)
Address: PO Box 7213, Ann Arbor MI 48107
Phone: Michael-David BenDor (734) 484-1628
Email: Michael-David BenDor md@bendor.org or Alan Haber megiddo@umich.edu
Services: Intergenerational group which actively promotes changes in policy for economic security, health care, civil rights/liberties, political integrity, and other issues.
Hours: Group meets the 1st Saturday of each month from 10 am - 12 pm. (Please call to confirm).
Fees: $35 individual membership or sliding scale; $60 couples.

Southeast Michigan 211
Website: www.navigatoresources.net/uwse/
Address: United Way for Southeastern Michigan, 3011 W. Grand Blvd., Suite 500, Detroit MI 48202
Phone: (313) 226-9200
Text: your zip code to 898211
Services: Offers more than a dozen guided subject searches along with keyword and agency searches.
Hours: 24 Hours.
Fees: No fee

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, home care and support groups. Turner Senior Wellness Program publishes and updates "Local Resources for Older Adults in Washtenaw County" on the Michigan Medicine Geriatrics Center website.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee

United Way of Washtenaw County: 2-1-1
Website: www.uwwashtenaw.org
Address: 2305 Platt Road, Ann Arbor MI 48104
Phone: 24 Hours 2-1-1
Toll Free: (800) 552-1183 24 Hours
Email: liveunited@uwwashtenaw.org
Online Live Chat: Yes
Services: Confidential service provides information and referrals to local health and human service agencies and to volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states. Online searchable databases at mi211.communityos.org (select county) or www.navigatoresources.net/uwse/ (enter zip code).
Hours: 24 Hours
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

University of Michigan - Work-Life Resource Center - Elder Care
Website: hr.umich.edu/benefits-wellness/work-life/elder-care
Address: 2600 Wolverine Tower, 3003 S. State Street, Ann Arbor MI 48109
Phone: (734) 936-8677
Fax: (734) 615-2776
TTY: (734) 647-1388
Email: worklife@umich.edu
Services: Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other services. Provides posting board of/for "Family Helpers" -- current students at UM, recent graduates or retirees from UM who can be employed for elder care, chores, etc.
Hours: Monday - Friday 8 am – 5 pm
Fees: No fee.

Washtenaw County - Older Adults - Resource Links
Website: www.washtenaw.org/1584/Older-Adults
Services: Web page linking to county, local, and regional resources for seniors in the areas of mental health, housing and/or homelessness, food and nutrition, medical care, recreation and for persons with disabilities and veterans. Also includes links to social service agencies.
Hours: 24 Hours
Fees: No fee.
Many listings are pre-Covid-19; contact agencies directly for current information

INSURANCE ASSISTANCE - rev Jan 2021

Department of Veterans Affairs - Washtenaw County
Website: washtenaw.org/959/Veterans-Affairs
Address: 2155 Hogback Road, Ann Arbor MI 48108 or PO Box 8645, Ann Arbor MI 48107
Phone: (734) 973-4540
Toll Free: VA Health Benefits Services Center (877) 222-8387
Fax: (734) 973-4560
Services: Help for county veterans, survivors and dependents to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Call VA's Health Benefits Services Center for information about eligibility for its standard health plan.
Hours: Walk In Service (Public): 8:30 am - 12 pm; Appointments (Public) 1 pm - 5:30 pm; Closed for Lunch 12 pm - 1 pm; Closed Fridays - Sundays & Holidays
Fees: No fee for assistance in applying. Health benefits include fee and no-fee based services, depending on the veteran’s condition, income, and status.

Michigan - MDHHS - Medicare Savings Program
Website: www.michigan.gov/mdhhs/MedicareSavingsProgram - Brochure
Address: MDHHS Washtenaw County Branch, 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-9888
Services: Pays for certain Medicare costs. There is an asset limit with income determining what is covered. The Michigan Department of Community Health (MDCH) may help pay the following, depending on the person's income: Medicare premiums, Medicare coinsurance, and/or Medicare deductible. In some cases, the MDCH may refund the person a portion of the Medicare Part B premium on an annual basis. Apply through the MDHHS Washtenaw County Branch.
Hours: Vary; call
Fees: No fee

Michigan Medicare/Medicaid Assistance Program (MMAP)
Website: mmapinc.org
Address: Services offered at various locations
Toll Free: (800) 803-7174 or (800) 852-7795 AAA-1B
Services: Help and information on Medicare and Medicaid health insurance, prescription insurance, and billing, along with long term care insurance. All Medicare recipients are eligible, including veterans, regardless of age. Washtenaw County served by Area Agency on Aging 1B (AAA 1-B).
Hours: Monday - Friday 8:30 am - 5 pm
Fees: No fee

Social Security Administration
Website: www.ssa.gov
Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108
Toll Free: (800) 772-1213 national (877) 402-0825 Ann Arbor
Interpreter Services: (800) 772-1213
TTY: (800) 325-0778
Fax: (833) 950-2476 Ann Arbor

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Services: Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions (Part D), and other federal financial programs.
Hours: Office Monday – Tuesday & Thursday - Friday 9 am - 4 pm; Wednesdays 9 am – 12 pm
Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs - Health Care Coverage
Website: www.michigan.gov/mdhhs
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8382
TTY: 711 or (800) 649-3777 and ask for (517) 373 241-3740
Services: Various programs and assistance for health insurance. Call for more information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

LEGAL ASSISTANCE - rev Jan 2021

Adult Protective Services - State of Michigan - Department of Health and Human Services
Website: www.michigan.gov/mdhhs/Adult
Protective Services
Address: 22 Center Street, Ypsilanti MI 48198
Phone: (734) 481-2000
Toll Free: (855) 444-3911 24 Hour - Michigan - Report Abuse & Neglect
Fax: (734) 481-8386
Services: Investigates whether the person suspected of being abused, neglected, exploited or endangered is in need of protective services. DHHS will "make available to the adult the appropriate and least restrictive protective services ..." The Washtenaw County Dept. of Human Services will provide emergency services and referrals as needed for financial management, conservatorship, guardianship, civil commitment, case management, home help, housing information, etc.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Ann Arbor Tenants Union
Website: www.facebook.com/a2 tenants union/
Phone: (440) 482-1968
Email: aatenantunion@gmail.com
Services: Provides help in dealing with landlords, leases, repairs through paralegal assistance, court support, and anti-eviction defense. Covers all of Washtenaw County; has an online Intake form.
Hours: Typically replies within 24-48 hours.
Fees: No fee.

Crime Victims Legal Assistance Project - Elder Justice Initiative Michigan Advocacy Program
Website: cvlap.org/elder-justice-program
Address: 420 North Fourth Street, Ann Arbor MI 48104
Phone: (734) 665-6181
Toll Free: (888) 783-8190 Central Intake or (866) 665-6181
Fax: (734) 665-2974
Toll Free: Services: Through the Legal Services of South Central Michigan office, provides free legal assistance to adults age 55+ who have experienced abuse, domestic violence or neglect.
Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Dispute Resolution Center
Website: thedisputeresolutioncenter.org/
Address: 4133 Washtenaw Avenue, Suite 125, Ann Arbor MI 48108
Phone: (734) 794-2125 or (517) 546-6007
Fax: (734) 794-2126
Email: thedrc@ewashtenaw.org
Services: Provides confidential dispute resolution using trained volunteer mediators. Does not handle disputes involving serious violence and drugs.
Hours: Monday - Friday 9 am – 5 pm.
Fees: Depends on service. Some services based on ability to pay.
Many listings are pre-Covid-19; contact agencies directly for current information

Elder Law of Michigan (ELM)
Website: [www.elderlawofmi.org](http://www.elderlawofmi.org)
Address: 3815 W. St. Joseph, Suite C-200, Lansing MI 48917
7310 Woodward Avenue, Suite 703, Detroit MI 48202
Toll Free: (866) 400-9164
Fax: (517) 372-0792
Email: [info@elderlawofmi.org](mailto:info@elderlawofmi.org)

Services:
- **The Mid-America Pension Rights Project** (866) 735-7737: Assists retirees in finding, securing, and recovering pension benefits. Answers questions regarding pension plans and other retirement benefits. Monday - Friday 8 am - 4 pm
- **The Michigan Coordinated Access to Food for the Elderly** (877) 664-2233: (MiCAFE) Project is designed to increase the participation of older adults in the Food Assistance Program, Medicare/Medicaid, utility assistance and tax credits. Monday - Friday 9 am - 3 pm
- **Pooled Account Trust** (517) 485-9164: An estate planning tool designed to protect eligibility for public assistance programs for clients with significant long term health and financial needs. Pays expenses outside of the basic care provided by government benefits. Membership and monthly fees.

Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Know Your Rights - OUTreach with MLaw Outlaws
Website: [www.jimtoycenter.org/know-your-rights](http://www.jimtoycenter.org/know-your-rights)
Phone: (734) 707-9243 voicemail

Services: Provides free legal name change support, educational panels, self-representation kits, and attorney referral assistance for the LGBTQ community.

Hours: Call for information.
Fees: No fees.

Livanta (formerly KEPRO) - Medicare Quality Improvement Organization - Michigan
Website: [livantagio.com/en](http://livantagio.com/en)
Toll Free: 24 Hours-(888) 524-9900
TTY: (888) 985-8775

Services: Hotline for Michigan Medicare beneficiaries to inquire about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice. Smartphone app available.

Hours: Weekdays 9 am – 5 pm
Fees: No fee.

Legal Services of South Central Michigan (LSSCM)
Website: [www.lsscm.org/](http://www.lsscm.org/)
Address: 420 North Fourth Street, Ann Arbor MI 48104
Phone: (734) 665-6181

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Toll Free: (866) 665-6181
Fax: (734) 665-2974
Services: Free legal assistance to low-income adults 60+ who are financially eligible. Offers services in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept fee-generating or criminal cases. Arrangements for special accommodations are available.
Hours: Monday - Friday 9 am – 5 pm
Fees: No fee.

Low Income Taxpayer Clinic (LITC) - University of Michigan Law School
Website: www.law.umich.edu/clinical/litc/
Address: 701 S. State Street, Ann Arbor MI 4810
Phone: (734) 936-3535
Services: Helps low-income taxpayers with various issues -- IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more -- when the amount in dispute is $50,000 or less per tax year.
Hours: Varies; call for information
Fees: Charged only for expenses incurred.

MI-Resolve
Website: cii2.courtnnovations.com/MIWDRC
Phone: (734) 794-2125 (Dispute Resolution Center)
Email: thedrc@washtenaw.org
Services: Online site provides a free, quick and easy means of resolving disputes that are typically filed as a small claims or landlord/tenant case in the district court. Can use with or without the help of a mediator. Available from computers or mobile devices.
Hours: 24 Hours
Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs - Advance Directives
Website: none
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: Appts. (734) 764-2556
Fax: (734) 936-4120
Services: Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care (DPOA-HC), Living Will, and end of life decisions. Volunteers will assist in completing the DPOA-HC. Appointments required. Open to the public.
Hours: Monday afternoons
Fees: No fee.

SafeHouse Center
Website: www.safehousecenter.org/LegalAdvocacyServices
Address: 4100 Clark Road, Ann Arbor MI 48105
Phone: Administration (734) 973-0242
24-Hour Crisis Line: (734) 995-5444
TTY: (734) 973-2227

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fax: (734) 973-7817
Email: info@safehousecenter.org
Services: Temporary housing, counseling and legal advocacy is provided for victims of domestic violence and sexual assault. Staff works with law enforcement and social agencies for long term planning. Uses Language Line, for non-English speakers to have a conversation with SafeHouse staff through a confidential interpreter. An advocate may be available to meet for personal protection orders (PPO) at the Washtenaw County Court House -- call (734) 222-3381 for an appointment.
Hours: Lobby Monday - Friday 9 am - 5 pm
Fees: No fee.

Washtenaw Bar Association - Lawyer Referral and Information Service (LRIS)
Website: www.washbar.org/lawyer-referral
Address: 101 E. Huron Street, Suite 1111, Ann Arbor MI 48104
Phone: Referrals (734) 996-3229
Fax: (734) 663-2430
Services: For a $30 fee, the client will receive one attorney’s name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney. Also offers the family law Modest Means Program where legal services are available for $75 per hour to those of moderate means, according to federal income guidelines. Spanish-language services available.
Hours: Monday – Friday 9 am – 5 pm
Fees: $30 per referral.

Washtenaw County / Eastern Michigan University - Legal Resource Center
Website: www.emich.edu/engage/community/legal-resource-center/
Address: 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor MI 48107
Phone: (734) 994-0160
Services: Legal self-help center. Staff helps people in Washtenaw County locate and complete forms for civil and domestic issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Students from EMU's Paralegal Studies Program give information on legal procedures. No legal advice provided..
Hours: Tuesday - Thursday 9 am - 4 pm during academic calendar
Fees: No fee.

Washtenaw County - Prosecuting Attorney's Office - Victim / Witness Services
Website: www.washtenaw.org/1107/Victim-Witness-Services
Address: 200 N. Main Street, Suite 300, Ann Arbor MI 48107
Phone: (734) 222-6650
Services: Advocates work with victims of felonies, misdemeanors and juvenile crimes. Help navigate the courts system; help with the return of personal property; provide information and assistance with filing applications for victim compensation or restitution; provide information and referral for community services; and act as liaison between the victim and other criminal justice agencies such as the police, courts, and probation department.
Hours: Call for hours.
Fees: No fee.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

**MEALS** - rev Oct 2018

Ann Arbor Meals on Wheels - Michigan Medicine  
**Website:** [www.med.umich.edu/chs/services/meal.htm](http://www.med.umich.edu/chs/services/meal.htm)  
**Address:** 2025 Traverwood Drive, Suite F, Ann Arbor MI 48105  
**Phone:** (734) 998-6686  
**Fax:** (734) 998-6277  
**Email:** aameals@umich.edu  
**Services:** Provides meals Mondays-Fridays to older adults or individuals with disabilities who are homebound or unable to prepare complete nutritious meals for themselves. Clients are served regardless of age or financial status and must be a resident of Ann Arbor. There are options for standard, vegetarian entrée, diabetic dessert option, Asian, Kosher and liquid meals and for hot meals or sack meals.  
**Hours:** Monday - Friday 8:30 am - 4 pm; Saturdays 8:30 am - 1:30 pm  
**Fees:** $5 per day suggested donation.

Chelsea Senior Center - Senior Cafe & Meals on Wheels  
**Website:** [chelseaseniors.org/daily-lunch-home-delivered-meals/](http://chelseaseniors.org/daily-lunch-home-delivered-meals/)  
**Address:** 512 E Washington Street, Chelsea MI 48118  
**Phone:** (734) 475-9242  
**Fax:** (734) 475-6189  
**Email:** connected@chelseaseniors.org  
**Services:** Lunch available M-F at 12 pm; 24 hour reservation required for Senior Cafe. Check webpage for lunch menu. Also provides Meals on Wheels.  
**Hours:** Monday - Friday 9 am - 4 pm  
**Fees:** 60+: $3.00 suggested donation; others $4.00

Dexter Senior Center - Senior Nutrition Program  
**Website:** [www.dexterseniors.org](http://www.dexterseniors.org)  
**Address:** 7720 Ann Arbor Street, Dexter MI 48130  
**Phone:** (734) 426-7737  
**Services:** Lunch served to people 60+ Monday - Friday. A 24 hour advance registration required. Also provides Meals on Wheels for Dexter School District only. Must be 60+ and unable to make own meals.  
**Hours:** Monday - Friday 9 am – 3 pm  
**Fees:** 60+: $3.00 suggested donation.

Faith in Action (FIA) - Chelsea & Dexter  
**Website:** [www.faithinaction1.org](http://www.faithinaction1.org)  
**Address:** 603 S Main, Chelsea MI 48118  
**Phone:** (734) 475-3305  
**Fax:** (734) 475-3136  
**Services:** Food pantry for residents of Chelsea and Dexter school districts only. Provides Thanksgiving food baskets and a Christmas Day Meal.  
**Hours:** Dexter Food Pantry Wednesdays 12 - 7 pm  
**Fees:** Based on household income.

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Jewish Community Center of Greater Ann Arbor - Lunch Cafe
Website: jccannarbor.org/lunch-cafe/
Address: 2935 Birch Hollow Drive, Ann Arbor  MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Services: Dairy (meat-free) lunch open to all.
Hours: Tuesdays, Wednesdays (Movie & Lunch) & Thursdays; lunch served 12 - 12:30 pm; must register 24 hours before.
Fees: 60+ $3.00 suggested donation; others $5.50.

Lincoln Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti  MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Services: Lunch served at 12 pm, Tuesday - Friday.
Hours: Tuesday through Friday 8 am - 4 pm
Fees: 60+ - $3.00 suggested donation. Membership dues $15 per year.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors/
Address: meals at Emanuel United Church of Christ, 324 W. Main Street, Manchester  MI 48158
Phone: Meals/Transportation (734) 385-6308
Services: Lunch provided at 12 pm, Tuesday and Thursday, September to mid-June, and Tuesday mid-June to August. Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in available without reservations. Call to reserve deliveries or transportation to meals.
Hours: Tuesdays & Thursdays at 12 pm September to mid-June; Tuesdays only mid-June to August
Fees: 55+ $4.00 suggested donation; under 55, $4.50.

Manchester Meals on Wheels (via Chelsea Senior Center)
Website: chelseaseniors.org/daily-lunch-home-delivered-meals/
Address: 512 E. Washington Street, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Services: Meals provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.
Hours: Meals delivered on Mondays.
Fees: 60+: $3.00 suggested donation; others $4.00.

Milan Seniors for Healthy Living - Senior Cafe & Meals on Wheels
Website: milanseniors.org/
Address: 45 Neckel Court, Milan  MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Services: Lunch served Mondays, Wednesdays, and Thursdays at 11:45 am. Home delivered meals offered Monday - Friday for those 60+.
Hours: Monday – Friday 9 am - 3 pm
Fees: 60+: $3.00 suggested donation.

Northfield Township Community & Senior Center - Senior Nutrition Program
Website: www.twp-northfield.org/community_visitors/senior_center/ongoing_services.php
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Services: Lunch provided Mondays, Wednesdays & Fridays at 12:15 pm. Home-delivered meals and liquid dietary supplement available.
Hours: Call for information.
Fees: 60+ $3.00 suggested donation. Under 60 $5.50.

Pittsfield Senior Center - Senior Cafe
Website: www.pittsfield-mi.gov/Senior-Center
Phone: (734) 822-2117
Email: seniors@pittsfield-mi.gov
Services: Meals provided through the Washtenaw County Senior Cafes program. Pick up on Mondays: 1-2 brown-bag lunches, up to 3 frozen lunches for remaining weekdays. Call or email one-week ahead to order meals.
Fees: $3.00 donation; under 60, $5.00 donation.

Saline Area Senior Center - Meals on Wheels
Website: www.salineseniors.org/meals-on-wheels
Address: 7190 N. Maple, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Services: Provides Meals on Wheels services to homebound individuals of any age. A physician’s form, available at the Saline Senior Center, must be completed.
Hours: Monday - Friday 8 am - 4 pm. Meals delivered between 11:15 am - 1:30 pm. No meals served on holidays.
Fees: Ages 60+ suggested donation $2.50 for a hot meal and/or $.50 for a sack meal; others $5.00. Fees are billed on a monthly basis.

Turner Senior Wellness Program - Senior Nutrition Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Serves lunch twice weekly, Tuesdays & Fridays at 12 pm. Must call to register 2 days in advance.
Hours: Monday - Friday 9 am - 5 pm
Fees: 65+ $3.00 suggested donation; others, $5.50.
Many listings are pre-Covid-19; contact agencies directly for current information

Ypsilanti Meals on Wheels
Website: www.ymow.org
Address: 1110 W Cross Street, Ypsilanti MI 48197
Phone: (734) 487-9669
Fax: (734) 482-3868
Services: Meals are offered to homebound individuals regardless of age or financial status. Meals delivered on Christmas and New Years day; frozen meals delivered in advance of Memorial Day, Fourth of July, Labor Day and the day after Thanksgiving. Service area: Eastern Washtenaw County.
Hours: Monday - Friday 10 am - 1:30 pm
Fees: $3.00 suggested donation.

Ypsilanti (City of) Senior/Community Center
Website: www.ypsiseniorcenter.org
Address: 1015 N. Congress, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Services: Lunch is served Monday - Thursday at 11:45 am
Hours: Monday - Friday 10 am - 1:30 pm
Fees: 60+: $3.00 suggested donation; others, $5.50

Ypsilanti Township Community Center - 50 & Beyond Programs
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Services: Lunch is served Monday - Friday at 12 pm to persons 60+. Call 1 week in advance for a reservation.
Hours: Monday - Friday 8 am – 4 pm; Office hours 9 am - 2 pm
Fees: 60+: $3.00 suggested donation.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

PHYSICAL FITNESS - rev Nov 2018

Ann Arbor Public Schools - Community Education & Recreation
Website: www.a2schools.org/reced
Address: 1515 S. Seventh Street, Ann Arbor MI 48103
Phone: (734) 994-2300 ext. 1
Fax: (734) 944-1454
Activities:
● Cycling
● Dance
● Martial arts
● Nia Fitness
● Pilates
● Tai Chi
● Weight training
● Yoga
● Zumba

Hours: office Monday – Friday 8 am – 5 pm; summer office hours 8 am – 4:30 pm
Fees: Varies according to program. Scholarships are available to district residents who meet specific low-income guidelines. Seniors must mail or drop off registration forms to receive discounts.

Ann Arbor Senior Center, Burns Park - Ann Arbor - Parks & Recreation
Website: www.a2gov.org/senior
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Activities: Programs and services promote fitness and activity, reduce the risk of adverse health events, and provide recreational and cultural activities that can improve physical stamina and maintain cognitive functioning.
● Dance
● Strength training
● Tai Chi
● Yoga

Hours: Monday - Thursday 9 am - 4 pm; select evening and weekend programs
Fees: $25 single, $35 family membership fee.
Ann Arbor YMCA
Website: www.annarborymca.org
Address: 400 W. Washington, Ann Arbor MI 48103
Phone: (734) 996-9622
Activities: Promotes healthy living through facilities and programs that build healthy spirit Mind and body.
- Exercise equipment, gymnasium, indoor track, swimming pool
- Aerobics
- Arthritis warm water exercise
- Conditioning classes
- Dance classes
- Fencing
- Martial arts
- Nia and Gentle Nia
- Personal training
- Pickleball
- Pilates
- Stretch & toning classes
- Studio cycling
- Swimming
- Yoga
- Zumba

Hours: Monday - Friday 5:30 am - 10 pm; Saturday - Sunday 7 am - 7 pm
Fees: Depends on activity. Senior and senior couple monthly membership fee; scholarships available. Non-members pay higher class fee.

Chelsea Wellness Center
Website: www.chelseawellness.org
Address: 14800 E. Old U.S. 12, Chelsea MI 48118
Phone: (734) 214-0220
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Manchester Wellness Centers.
- Exercise equipment
- Aerobics
- Aqua cardio and core
- Arthritis warm water classes
- Cycling
- Dance
- Personal training
- Pickleball
- Tai Chi
- Zumba
- Pilates
- Toning

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

- Yoga
- Medical fitness programs

**Hours:** Monday - Thursday 5 am - 9:30 pm; Fridays 5 am - 8 pm; Saturday - Sunday 7 am - 6 pm

**Fees:** Membership fee includes some classes; call for services fee. Senior membership fee. Scholarships available. Non-members pay higher class fee.

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**Chelsea Senior Center**

**Website:** [www.chelseaseniors.org](http://www.chelseaseniors.org)

**Address:** Washington Street Education Center, 512 E. Washington Street, Chelsea MI 48118

**Phone:** (734) 475-9242

**Email:** [connected@chelseaseniors.org](mailto:connected@chelseaseniors.org)

**Activities:** Enhances the quality of life and well being of area seniors.

- Dance
- Enhance fitness
- Fitness, standing and seated
- Pickleball
- Tai Chi
- Wii bowling
- Yoga

**Hours:** Monday - Friday 9 am - 4 pm

**Fees:** Depends on activity; membership dues.

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**Dexter Wellness Center**

**Website:** [www.dexterwellness.org](http://www.dexterwellness.org)

**Address:** 2810 Baker Road, Dexter MI 48130

**Phone:** (734) 580-2500

**Activities:** Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Chelsea and Manchester Wellness Centers.

- Gymnasium
- Aerobics
- Cycling
- Dance
- Kettleball
- Nia Fitness
- Pickleball
- Pilates
- Swimming
- Tai Chi
- Yoga
- Zumba

**Hours:** Monday - Thursday 5 am - 9:30 pm; Fridays 5 am - 8 pm; Saturday - Sunday 7 am - 6 pm

**Fees:** Senior membership fees; non-members pay more for classes; scholarships available.

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**Jewish Community Center of Greater Ann Arbor**
Many listings are pre-Covid-19; contact agencies directly for current information

Website: www.jccannarbor.org
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990 Ext. 140
Fax: (734) 677-0109
Email: jcc@jccfed.org
Activities: Offered to include health and fitness as part of your day.
  ● Callanetics
  ● Israeli dance
  ● Low impact chair exercise
  ● Yoga
  ● Zumba
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Senior membership fee.

Manchester Area Senior Citizens Council, Inc.
Website: www.facebook.com/groups/manchesterseniors/about/
Address: 410 City Road, (PO BOX 31) Manchester MI 48158
Phone: (517) 456-4962
Activities: Yoga and Movement through Music (Movin’ and Groovin’) offered weekly. Yoga at The Manchester United Methodist Church Fellowship Hall; Movin’ and Groovin’ at Manchester Village Hall, 912 City Road.
Fees: Call for rates; some programs free.

Manchester Wellness Center
Website: www.manchesterwellness.org
Address: 710 E. Main Street, Manchester MI 48158
Phone: (734) 428-0850
Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to Dexter and Chelsea Wellness Centers.
  ● Aerobics
  ● Abs and stretching
  ● Cycling
  ● Personal training
  ● Yoga
  ● Zumba
Hours: Monday - Thursday 6 am - 1 pm & 3:30 pm - 7:30 pm; Fridays 6 am - 1 pm & 3 pm - 8 pm; Saturdays 7 am - 12 pm; Sundays 7 am - 6 pm
Fees: Senior membership fees; scholarships available.

Michigan Medicine - Transitional Therapy & Exercise Programs - Dept. of Physical Medicine & Rehabilitation
Website: medicine.umich.edu/dept/pmr/programs/transitional-therapy-exercise-programs
Address: 325 E. Eisenhower Parkway, Garden Level, Suites 12 and 200, Ann Arbor MI 48108
Phone: (734) 232-1262 Transitions Training Studio (734) 232-1196
Email: pmr--transitions@med.umich.edu
Fax: Transitions program (734) 763-3715
Many listings are pre-Covid-19; contact agencies directly for current information

Activities: Offers supervised, medically based exercise classes and programs.
- Exercise equipment
- Bariatric Conditioning Program
- BioCored
- FUNctional Fitness for Older Adults (62+)
- Personal Training
- Pilates
- Weight Management
- Yoga

Hours: Monday - Friday 8 am – 5 pm

Fees: Call for current fee. Transitions Training Studio membership available.

Milan Seniors for Healthy Living
Website: milanseniors.org/home/senior-center/fitness/
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org

Activities:
- Exercise Room
- Enhance Fitness
- Tai Chi
- Yoga

Hours: Monday - Thursday 8 am - 3 pm

Fees: Depends on activity. Membership dues.

Northfield Township Community [& Senior] Center
Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410

Activities:
- Chair Yoga
- Chair exercise, dance and weights
- Line dancing
- Tai Chi

Hours: Monday - Friday 9 am - 4 pm

Fees: Yes.

Pittsfield Township Senior Center
Website: www.pittsfield-mi.gov/AdultSenior-Programs
Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108 by appt. only
Phone: (734) 822-2117
Email: seniors@pittsfield-mi.gov

Activities:
- Golf
- Tennis
Many listings are pre-Covid-19; contact agencies directly for current information

- Cardio Drumming
- Senior Strong (Fitness)
- Morning Exercises
- Tai Chi

**Hours:** Monday - Friday 8 am - 5 pm

**Fees:** Resident/Non-Resident fees. Some free programs.

**Saline Area Senior Center**
**Website:** [www.salineseniors.org](http://www.salineseniors.org)
**Address:** 7190 N. Maple Road, Saline MI 48176
**Phone:** (734) 429-9274
**Fax:** (734) 429-1075

**Activities:**
- Clogging
- Drumming
- Hula Hooping
- Line Dancing
- Pickleball
- Ping pong
- Strength
- Tai Chi
- Walking
- Yoga - Hatha and adaptive
- Zumba

**Hours:** Mondays & Wednesdays 8 am - 9 pm; Tuesdays, Thursdays & Fridays 8 am - 4 pm

**Fees:** Membership dues vary depending on age and residency.

**Saline Recreation Center**
**Website:** [www.cityofsaline.org/parks--recreation--recreation-center](http://www.cityofsaline.org/parks--recreation--recreation-center)
**Address:** 1866 Woodland Drive, Saline MI 48176
**Phone:** (734) 429-3502
**Fax:** (734) 429-5208

**Activities:**
- Cardio
- Cycling
- Fitness
- Pilates
- Raquetball
- Swimming
- Water Aerobics
- Weightlifting
- Yoga
- Zumba

**Hours:** Monday - Friday 5:30 am - 10 pm; Saturday - Sunday 6 am - 6 pm

**Fees:** Reduced rates for Seniors / Senior Family payable monthly (facility use only), by 12-month contract or pre-paid annually. (Contract and pre-paid rates include facility use and land fitness classes with discounts for other classes and programs, including drop-in fees).
Silver Sneakers
Website: www.silversneakers.com
Services: Check eligibility for a health and fitness program designed for those 65+ which is included with many Medicare plans. Requires an email address.

St. Joseph Mercy Ann Arbor
Website: www.sjmercyhealth.org/senior-fit
Address: Towsley Health Building Gymnasium, 5361 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-5800 option 6
Activities: Doctor’s clearance required.
  - Senior Fit - cardiovascular, strength, flexibility, balance; chairs available if needed
Hours: Mondays, Tuesdays, Thursdays 10:15 - 11:15 am
Fees: No fee; may be waitlist.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Activities:
  - Enhance fitness
  - Nia Fitness
  - Posture-Balance-Strength
  - Tai Chi
  - Yoga
  - Walking in place
Hours: Monday - Friday 9 am - 5 pm
Fees: Depends on activity. No membership dues.

University Of Michigan - School of Kinesiology - Lifetime Fitness - Community Programs
Website: www.kines.umich.edu/community-programs/lifetime-fitness
Address: School of Kinesiology, 1402 Washington Heights, Ann Arbor MI 48109
Phone: (734) 764-1342
Fax: (734) 647-6375
Activities: Liability waiver required.
  - Aerobics
  - Chair yoga
  - Zumba
Hours: Briarwood Mall, Von Maur court: Monday - Friday 9 - 10 am; Saturdays 8 - 9 am - see website for schedule of classes.
Fees: No fee.

Washtenaw Community College - Health & Fitness Center
Website: www.wccfitness.org

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Address: 4833 E. Huron River Drive, Ann Arbor  MI 48108  
Phone: (734) 975-9950  
Fax: (734) 975-9958

Activities:
- Aerobics
- Ai Chi
- Aquacize
- Cycling
- Pilates
- Sit 'n Fit using chair or stability ball
- Strength
- Stepping
- Stretching
- Yoga
- Swimming
- Zumba
- Arthritis classes
- Exercise equipment

Hours: Monday - Thursday 5 am - 10 pm, Friday 5 am - 9 pm, Saturday - Sunday 7 am - 6 pm (May - August) and 7 am - 8 pm (September - April)

Fees: Varies with activity; many free. Senior and senior couple monthly membership dues.

Washtenaw County - Parks & Recreation - Meri Lou Murray Recreation Center
Website: www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center
Address: 2960 Washtenaw Avenue, Ann Arbor  MI 48104
Phone: (734) 971-6355
Fax: (734) 971-2094

Activities:
- Exercise equipment, gymnasium, Indoor track, swimming pool
- Aerobics
- Aquatics classes
- Badminton
- Basketball
- Cycling
- Dance
- Martial arts
- Pickleball
- Pilates
- Tai Chi
- Volleyball
- Yoga
- Zumba

Hours: Monday - Friday 6 am - 10 pm; Saturdays 8 am - 6 pm; Sundays 12 pm - 10 pm

Fees: Depends on activity. Senior rates available for day passes and membership dues.

Ypsilanti Senior / Community Center
Website: ypsiseniorthcenter.org
Many listings are pre-Covid-19; contact agencies directly for current information

Address: 1015 N. Congress Street, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Activities: Exercise classes offered in cooperation with Washtenaw Community College and the Ann Arbor YMCA.
- Fitness after 50
- Gentle Fitness
- Yoga
Hours: Mondays, Wednesdays, & Fridays 9 am - 2 pm; Tuesdays & Thursdays 10 am - 12 pm
Fees: No fee. No membership dues.

Ypsilanti Township - Community Center - 50 & Beyond
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Activities:
- Dance classes
- Enhance fitness
- Lifetime fitness
- Racketball
- Tai Chi
- Pickleball
- Walking indoors
- Yoga
- Zumba
Hours: Monday - Friday 8 am - 8 pm; Saturdays 9 am - 6 pm
Office Monday - Friday 9 am - 2 pm
Fees: Depends on activity; higher non-resident fee. Membership dues for residents, resident households, non-residents and non-resident households.
Many listings are pre-Covid-19; contact agencies directly for current information

SENIOR CENTERS - Nov 2018

Ann Arbor Senior Center, Burns Park
Website: www.a2gov.org/senior
Address: 1320 Baldwin Avenue, Ann Arbor MI 48104
Phone: (734) 794-6250
Fax: (734) 997-1308
Hours: Monday - Thursday 9 am - 4 pm

Chelsea Senior Center
Website: www.chelseaseniors.org
Address: Washington Street Education Center, 512 E. Washington, Chelsea MI 48118
Phone: (734) 475-9242
Email: connected@chelseaseniors.org
Hours: Monday - Friday 9 am - 4 pm

Dexter Senior Center
Website: www.dexterseniors.org
Address: 7720 Ann Arbor Street, Dexter MI 48130
Phone: (734) 426-7737
Hours: Monday - Friday 9 am - 3 pm

Jewish Community Center of Greater Ann Arbor
Website: www.jccannarbor.org
Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Email: jcc@jccfed.org
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm.

Lincoln Golden Ages Senior Center
Website: www.lincolnk12.org/community-partners/lincoln-golden-ages/
Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197
Phone: (734) 483-8366
Email: LincolnGoldenAges@lincolnk12.org
Hours: Tuesday - Friday 8 am - 4 pm

Milan Seniors for Healthy Living
Website: www.milanseniors.org
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Hours: Monday - Friday 8 am - 3 pm

Northfield Township Community & Senior Center

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Website: twp-northfield.org/community_visitors/senior_center
Address: 9101 Main Street, Whitmore Lake MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Hours: Monday - Friday 9 am - 4 pm

Pittsfield Township Senior Center
Website: www.pittsfield-mi.gov/AdultSenior-Programs
Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108
Phone: (734) 822-2117
Email: seniors@pittsfield-mi.gov
Hours: Monday - Friday 8 am - 5 pm

Saline Area Senior Center
Website: www.salineseniors.org
Address: 7190 N. Maple, Saline MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Hours: Monday - Friday 8 am - 4 pm

South Lyon Center for Active Adults
Website: www.slcs.us/departments/center_for_active_adults
Address: South Lyon High School Door #32, 1000 N. Lafayette (Pontiac Trail & Eleven Mile Road), South Lyon MI 48178
Phone: (248) 573-8175
Hours: Office Monday - Friday 9 am - 3:30 pm

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Hours: Monday - Friday 9 am - 5 pm

Well Connected (aka Senior Center without Walls)
Website: covia.org/services/well-connected
Toll Free (877) 797-7299
Email: coviaconnections@covia.org
Services: Free telephone-based program offering groups and classes to adults 60+ anywhere in the U.S. Activities are about 30-60 minutes long and led by presenters or facilitators. Also offers Social Call, a friendly visitor program with a mission to foster connections between volunteers and older adults throughout the US.
Hours: Call for hours
Fees: No fee.

Ypsilanti Senior / Community Center

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Website: www.ypsiseniorcenter.org
Address: 1015 N. Congress, Ypsilanti MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Hours: Mondays, Wednesdays & Fridays 9 am - 2 pm; Tuesdays & Thursdays 10 am - 2 pm; Saturdays 10 am - 12 pm

Ypsilanti Township - Community Center - 50 & Beyond Programs
Website: ytown.org/50-beyond-programs
Address: 2025 E. Clark Road, Ypsilanti MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Hours: Monday - Friday 8 am - 8 pm; Saturdays 9 am - 6 pm
    Office Monday - Friday 9 am - 2 pm

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353

SUPPORT GROUPS - rev Aug 2019
Many listings are pre-Covid-19; contact agencies directly for current information

- Addiction
- Alzheimer's / Dementia / Memory Loss
- Amputees
- Arthritis
- Cancer
- Caregivers
- Diabetes
- Domestic and Sexual Abuse
- Grandparents
- Grief
- Hearing Loss
- Heart Disease
- LGBTQ
- Low Vision
- Mental Health
- Multiple Sclerosis
- Osteoporosis
- Parkinson’s Disease
- Pulmonary Disease

National & Michigan Self Help Groups - Michigan Mental Health Networker
www.mhweb.org/miscellany/selfhelp.html#o

ADDICTION

Addiction Recovery Resources in Washtenaw County
Website: www.workithealth.com/blog/addiction-resources-washtenaw-county
Phone: (855) 548-8360
Services: Lists general resources, support groups in the county, online support groups, information for families of addicts, and addiction treatment.
Hours: 24 hours
Fees: No fee.

Al-Anon / ACOA
Website: www.afgdistrict5.org
Address: 1475 Westfield, Ann Arbor MI 48107
Phone: (734) 995-4949
Services: Program of recovery for family and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. Meeting list by day of week. Meetings in Ann Arbor, Chelsea, Saline, Ypsilanti and surrounding communities.
Hours: Monday - Thursday 8 am - 6 pm
Fees: Based on ability to pay.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Alcoholics Anonymous
Website: www.hvai.org
Address: 31 S. Huron Street, Ypsilanti MI 48197
Phone: (734) 482-0707 - Literature line
Helpline: (734) 482-5700 - For support groups
Email: professionals@hvai.org
Services: Support group to help recovery from alcoholism. There are a variety of locations and times for meetings — searchable online. Covers Ann Arbor, Chelsea, Dexter, Manchester Milan, Saline, Ypsilanti and surrounding communities. Open to anyone who wants to stop drinking.
Hours: Tuesday - Friday 1 pm - 6 pm
Fees: Based on ability to pay.

American Lung Association - Smoking Cessation Hotline
Website: www.lung.org/stop-smoking/
Toll Free: (800) LUNG-USA
Hours: 24 Hours

Friends of Little House
Website: www.folh.net
Address: 802 N. River Street, Ypsilanti MI 48198
Services: Creates an environment of recovery for alcoholics, addicts and people with addictive personalities. Meeting rooms for 12 Step and recovery oriented programs like Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, Overeaters Anonymous, and other programs. Has programs for LGBT, men-only, and women-only groups. Closed meetings; no wheelchair access.
Hours: Schedule at www.folh.net/meetings.html
Fees: No fee.

Gambler’s Anonymous
Website: www.gamblersanonymous.org/ga/
Toll Free: Michigan Hotline (855) 222-5542
Services: Website provides links to locate a closed, modified closed or open meeting or talk to someone nearby. Also provides a link to Gal-Anon.
Hours: Varies
Fees: No fee

Narcotics Anonymous, Washtenaw Area
Website: michigan-na.org/washtenaw-area or na.org
Toll Free: Michigan Hotline (800) 230-4085
Services: Click on “Meetings” to find local support group meetings.
Hours: Varies
Fees: No fee

Greater Ann Arbor Overeaters Anonymous
Website: www.a2oa.org
Email: aaaoaig@gmail.com
Services: Sponsors open, closed, special focus and special topics meetings.
Hours: Click on “Meetings” to find local support group meetings.
Many listings are pre-Covid-19; contact agencies directly for current information

Fees: No fee

Nicotine Anonymous (NicA)
Website: nicotine-anonymous.org
Toll Free: (877) 879-6422
Hours: 24 Hours
Services: Offers 12-step fellowship of men and women helping each other live nicotine-free lives. Use “Find Meeting” tab for face-to-face, phone, and Internet meetings or pen and email pals.
Fees: No fee.

St. Joseph Mercy Health System - Classes & Events
Website: www.stjoeshealth.org/classes
Services: Search by categories such as Substance Abuse Education & Support or Support Group and/or by location to find groups of interest.
Hours: Varies
Fees: No fee for support groups

SmokeFree 60+
Website: 60plus.smokefree.gov
Phone: (877) 44U-Quit
Online Live Chat: livehelp.cancer.gov  Monday - Friday 9 am - 9 pm ET
Services: Provides free, accurate, evidence-based information and professional assistance to help support the immediate and long-term needs of older adults trying to quit smoking.
Hours: 24 Hours
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine - Staying Smoke Free
Website: www.med.umich.edu/geriatrics/community/tswp.htm  michmed.org/tswp  Update URL
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor  MI 48105
Phone: (734) 998-9353
Services: Support group to help seniors who have quit smoking remain smoke-free.
Hours: 2nd and 4th Tuesdays 3:00 - 4:30 pm
Fees: No fee.

ALZHEIMER’S / DEMENTIA / MEMORY LOSS

Alzheimer’s Association - Michigan Great Lakes Chapter
Website: www.alz.org
Toll Free: 24 Hour (800) 272-3900
Fax: (734) 369-2816
TTY: 24 Hour (866) 403-3073
Online Live Chat: Ask a Librarian

Services: Support groups for people with Alzheimer’s disease, their family members and care partners at various locations. Check www.communityresourcefinder.org for current locations, times and contact information.
Recent caregiver support group locations:
- StoryPoint, 6230 S. State Road, Saline MI 48176
- Chelsea Retirement Community, 805 W Middle St, Chelsea MI 48118
- Glacier Hills Retirement Community, 1200 Earhart Road, Ann Arbor 48105
- King of Kings Lutheran Church, 2685 Packard Street, Ann Arbor 48104
- First Unitarian Universalist Congregation, 4001 Ann Arbor Saline Rd, Ann Arbor 48103
- St. Joseph Mercy Hospital, Towsley Health Building, 5361 McAuley Drive, Ann Arbor 48106
- Brecon Village, 101 Brecon Drive, Saline MI 48176
- Silver Maples, 100 Silver Maples Drive, Chelsea MI 48118 (with respite)
- Gilbert Residence, 203 S Huron Street, Ypsilanti MI 48197

**Hours:** Hotline available 24 Hours.
**Fees:** No fee.

### Ann Arbor Area Lewy Body Dementia Support Group
**Website:** [alzheimers.med.umich.edu/lbd/](http://alzheimers.med.umich.edu/lbd/)
**Address:** Huron Woods/Towsley Health Building, lower level cafeteria and Elderwise Room, 5361 McAuley Drive Ann Arbor MI 48106
**Phone:** (734) 764-5137 call to confirm place
**Services:** Caregivers and family members of those diagnosed with LBD; separate meeting for those who have early diagnosis of LBD.
**Hours:** 2nd Tuesday 2 - 3:30 pm
**Fee:** No fee.

### Mitten Minds Support Group
**Website:** [alzheimers.med.umich.edu/mitten-minds-support-group/](http://alzheimers.med.umich.edu/mitten-minds-support-group/)
**Email:** acmil@med.umich.edu (first-time attendees)
**Services:** For individuals with mild cognitive impairment or early stage dementia. Registration required for each session
**Hours:** Third Tuesday, 3:00 - 4:00 pm
**Fee:** No fee.

### St. Joseph Mercy Ann Arbor - Dementia / Alzheimer's Support Group
**Website:** [www.stjoeshealth.org](http://www.stjoeshealth.org)
**Address:** Call for location.
**Phone:** (734) 712-2126
**Services:** Support group for those with dementia, Alzheimer's and their families.
**Hours:** Call for hours.
**Fee:** No fee.

### Michigan Alzheimer's Disease Center - Catching Your Breath - Wellness Initiative
**Website:** [alzheimers.med.umich.edu/wellness-initiative/](http://alzheimers.med.umich.edu/wellness-initiative/)
**Address:** Matthaei Botanical Gardens, 1800 N. Dixboro Road, Ann Arbor MI 4810
**Phone:** (734) 936-8803
**Services:** Monthly program for learning and practicing stress resilience skills for continued health, balance and well-being - for adults with cognitive loss and their care partners.
**Hours:** Vary; see schedule on web or call for information.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fee: No fee for program; parking fee -- contact for assistance with this fee.

**AMPUTEES**

**Michigan Medicine - Orthotics and Prosthetics Center - U-CAN Amputee Support Group**
Website: u-can-amputee-support-group
Address: 2850 S. Industrial Hwy., Suite 400, Ann Arbor MI 48106
Phone: (734) 975-7449
Services: Support group for amputees.
Hours: First Tuesday 5:30 - 7:30 pm
Fees: No fee. Donations accepted.

**St. Joseph Mercy Ann Arbor - Amputee Support Group**
Website: www.stjoeshealth.org/AmputeeSupportGroup
Address: Michigan Heart & Vascular Institute, 5325 Elliott Drive, Ypsilanti MI 48197
Phone: (734) 712-3546
Services: Support group for amputees.
Hours: Second Wednesday 4:30 - 6 pm
Fees: No fee.

**ARTHURIS**

**Michigan Medicine - Geriatrics Center - Social Work and Community Programs – Arthritis Support Group**
Website: www.med.umich.edu/geriatrics
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support group for older adults with arthritis.
Hours: 3rd Friday 10 - 11:30 am
Fees: No fee.

**CANCER**

**Cancer Support Community of Greater Ann Arbor - Support Groups**
Website: www.cancersupportannarbor.org/support-groups
Address: 2010 Hogback Road, Suite 3, Ann Arbor MI 48105
Phone: (734) 975-2500
Email: info@cancersupportannarbor.org
Services: Programs, education, and groups for people affected by cancer. Registration required for weekly support groups. Call for times and dates of specific cancer support groups which are listed online. Some of these include:

- **Breast Cancer Group**
- **FOCUS Facing Cancer Together (for patients and their partners)**
- **Colorectal Cancer Group**

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

- **Prostate Cancer Support Group**
- **Thyroid Cancer Support Group**
- **TBLQ+ Cancer Support Group**

**Hours**: Monday - Friday 8 am - 5 pm  
**Fees**: No fee.

**Michigan Medicine - Rogel Cancer Center - Support Groups**  
**Website**: [www.rogelcancercenter.org/support/](http://www.rogelcancercenter.org/support/)  
**Address**: 1500 E. Medical Center Drive, Ann Arbor MI 48109  
**Toll Free**: Cancer Answer Line: (800) 865-1125  
**Email**: CancerAnswerLine@med.umich.edu  
**Services**: A variety of programs, education, and support groups for people affected by cancer. Groups include those for
  - **Bladder Cancer** for patients and families  
  - **Hematology/Oncology** for patients and family  
  - **Brain Tumor** for patients and a 2nd meeting at the same time for families & caregivers  
  - **Esophagectomy** (not just cancer patients) for patients and families, 1st Thursday, 6:30 - 8 pm  
  - **Head and Neck** for patients, families, and friends, 2nd Tuesday, 2 - 3:30 pm  
  - **Women with Advanced Cancer** for women only, twice a month  
  - **Melanoma Stages 3 & 4** for patients only, 2nd Tuesday, 6:30 - 8 pm  
  - **Thyroid Cancer**, 2nd Monday, 6 - 7 pm

**Hours**: Monday - Friday 8 am - 5 pm  
**Fees**: No fee.

**St. Joseph Mercy Ann Arbor - Cancer Support Groups**  
**Website**: [www.stjoesannarbor.org/cancer-support-services](http://www.stjoesannarbor.org/cancer-support-services)  
**Address**: see group listing for specific building on campus in Ypsilanti MI 48197  
**Phone**: see specific group listing  
**Toll Free**: (888) 474-HOPE (4673)  
**Support Groups**: A variety of programs, education, and groups for people affected by cancer, family, friends and/or caregivers. Call to confirm specific dates, times and locations.
  - **Head and Neck Cancer Support Group** - Radiation Oncology Lobby, 5303 Elliott Drive; for patients and caregivers; 3rd Thursday 5:30 - 7 pm (734) 712-2920  
  - **Multiple Myeloma** - Women’s Health Center, Classroom 1A, 5320 Elliott Drive; 1st Tuesday 7:30 - 9 pm (734) 645-1713  
  - **Prostate Cancer Support Group** - Education Center Auditorium, 5305 Elliott Drive; 3rd Thursday 7 pm - 8:30 pm (734) 712-6569

**Hours**: Monday - Friday 8 am - 5 pm  
**Fees**: No fee.

**St. Joseph Mercy Chelsea - Share and Care Cancer Support Group**  
**Website**: [www.stjoeschelsea.org/classes-events-chelsea](http://www.stjoeschelsea.org/classes-events-chelsea)  
**Address**: Chelsea Cancer Center, Family Lounge; 775 S. Main Street, Chelsea MI 48118  
**Phone**: (734) 593-4053  
**Services**: Adults with cancer, family, friends and/or support people meet to discuss common concerns, learn coping techniques and share feelings.  
**Hours**: 2nd Thursday, 5:30 - 7 pm

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Fees: No fee.

CAREGIVERS

Ask at TSWP front desk for handout on “Caregiver Internet Resources”

Jewish Family Services of Washtenaw County - Caregiver Support Groups
Website: jfsannarbor.org/cares/
Address: 2245 S. State Street, Suite 200, Ann Arbor  MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Services:
  ● **Caregiver Conversations** - A monthly support group for adult caregivers that provides information and peer support. Call for times and location.
  ● **Caring for You, Caring for Me** - A no-cost group to educate and support professional and family caregivers following a curriculum known to improve the well-being of caregivers. Call for times and location.
Hours: Monday - Thursday 9 am - 5 pm; Friday 9 am - 3 pm
Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs - Caregiving
Website: none
Address: 4260 Plymouth Road, Ann Arbor  MI 48109
Phone: Geriatric Center (734) 764-2556 & TSRC (734) 998-9353
Services: Support groups for those caring for spouses, significant others or relatives.
  ● **Caring For Your Mate** Information and support for people who are caring for their significant others. 4th Tuesday 1:30 - 3:30 pm, Conference Room, Level B1, Turner Geriatric Clinic, East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor  MI 48109
  ● **Caring for Aging Relatives** Support group at Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor  MI 48105. 2nd Wednesday 6 – 8 pm
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Milan Seniors for Healthy Living - Caregiver Support Group
Website: www.milanseniors.org
Address: 45 Neckel Court Milan  MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Services: Serves those caring for a loved one.
Hours: 3rd Monday 6 pm
Fee: No fee

Veteran’s Administration - Caregiver Support Line
Website: www.caregiver.va.gov/Care_Caregivers or www.annarbor.va.gov/services/Caregiver_Support
Many listings are pre-Covid-19; contact agencies directly for current information

Toll Free: (855) 260-3274
Services: To help anyone who cares for a Veteran. VA’s Caregiver Support Line has licensed caring professionals who will explain about assistance available from the VA and help caregivers access services and benefits including peer mentoring and online education.
Hours: 24 Hour
Fees: No fee.

Ypsilanti Senior / Community Center - We Care Memory Cafe
Website: www.ypsiseniorcenter.org/events.html
Address: 1015 North Congress, Ypsilanti MI 48197
Phone: (734) 483-5014.
Services: A safe environment provided to caregivers and persons living with memory loss to engage in social conversation, creative and entertaining activities, and develop friendships for mutual support.
Hours: 2nd Tuesday 2 - 4 pm
Fee: No fee.

DIABETES

St. Joseph Mercy Chelsea - Diabetes Sharing Group
Website: www.stjoeschelsea.org/diabeteseducation
Address: 755 S. Main Street, Chelsea MI 48118
Phone: (734) 593-5280
Services: Free support group offered to area residents and their families who have diabetes.
Hours: Call for hours and location.
Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine - Diabetes Adult Support Groups
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Services: Support groups to help adults with diabetes,
Hours: Type 1 - 3rd Tuesday, 6:15 - 7:15 pm; Type 2 - 2nd Saturday 9:30 - 11 am
Fees: No fee.

DOMESTIC and SEXUAL ABUSE

Domestic Violence Support Group
Website: www.safehousecenter.org/supportgroups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444
Services: For female identified survivors of intimate partner domestic violence.
Hours: Thursdays, 6 - 7:30 pm
Fees: No fee.

LGBTQIA+ Support Group
Website: www.safehousecenter.org/supportgroups/
Many listings are pre-Covid-19; contact agencies directly for current information

Address: Corner Health Center, 47 N. Huron Street, Ypsillanti MI
Phone: (734) 973-0242 x 216
Services: Open to lesbian, bisexual, gay, trans, questioning, and all queer survivors of sexual assault and/or intimate partner violence.
Hours: Mondays, 3 - 4:30 pm select Mondays July - September call for exact dates
Fees: No fee.

Sexual Assault Support Group
Website: www.safehousecenter.org/supportgroups/
Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI
Phone: (734) 995-5444
Services: For female identified survivors of sexual assault.
Hours: Mondays, 6 - 7:30 pm
Fees: No fee.

GRANDPARENTS

Catholic Social Services of Washtenaw County - Senior Services Department - Grandparents as Parents (GAP)
Website: csswashtenaw.org/parenting-families/grandparents-as-parents
Address: Senior Health Building, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106
Phone: (734) 662-4001
Services: Offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children’s special needs and to learn how and where to seek community resources. The support group meets at various times and locations; call for information.
Hours: Monday - Wednesday 8 am – 4:30 pm
Fees: No fee.

GRIEF

Arbor Hospice - Grief Support Groups
Website: www.arborhospice.org
Address: 2366 Oak Valley Drive, Ann Arbor MI 48103
Phone: (734) 662-5999
Toll Free: 24 Hours (888) 992-2273
Services: Support for those coping with the death of someone close. Call for dates and times.
  ● Adult Loss of a Child Support Group
  ● Adult Loss of a Parent Support Group
  ● Loss of a Spouse or Partner Support Group
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Family Crisis Center of Washtenaw
Website: www.familycrisiscenterwashtenaw.org
Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Phone: (734) 660-7059
Services: Grief/loss support meetings every Wednesday.
Hours: Call for information
Fees: Vary; call for information.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353

GrieveWell.com
Website: grievewell.com
Address: American Red Cross Bldg., 4624 Packard, Ann Arbor MI 48108
Phone: (734) 975-0238
Email: info@grievewell.com
Services: This non-profit offers one-to-one peer counseling, workshops, community events, and online resources for those experiencing grief.
Hours: Vary with service / event
Fees: No fee.

St. Joseph Mercy Home Care and Hospice - Grief Support Groups
Website: www.stjoesannarbor.org/bereavementservices
Address: Washtenaw Medical Arts Bldg., 3075 Clark Road, Suite 200, Ypsilanti MI 48197
Phone: (734) 343-7552 or leave a message
Toll Free: (855) 55--7178
Services: A series of meetings offer support for family members coping with the death of someone close. Call for information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

Michigan Medicine - Geriatrics Center - Community Programs - Social Work - Grief Support
Website: none
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: Geriatric Center (734) 764-2556
Services: Support groups for those grieving.
   ● Grief Support Group: Monthly group combining grief education and support. 3rd Tuesday 10:00 - 11:30 am, Conference Room, Level B1, Turner Geriatric Clinic, East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

HEARING LOSS

Hearing Loss Association of America, Ann Arbor Chapter
Website: none
Services: Monthly meetings offer socialization and education at the Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108
Hours: Second Monday 6:30 pm
Fees: No fee; optional $15 annual membership fee for national association.

Hearing Loss D.A.T.A. Group
Many listings are pre-Covid-19; contact agencies directly for current information

Website: none
Address: Pittsfield Charter Township Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48108
Services: This group is committed to offering emotional support, coping skills and an open forum to share both positive and negative experiences pertaining to hearing loss. Join anytime.
Facilitator: Tony Ferack.
Hours: 4th Monday of the month, 10:30 am - 12 pm
Fee: Senior Center membership fee, $5. Scholarships available.

Turner Senior Wellness Program - Michigan Medicine
Website: michmed.org/tswp
Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Services: Quarterly hearing loss education programs. Call for more information.
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee

HEART DISEASE

Michigan Medicine - Frankel Cardiovascular Center
Website: www.umcvc.org/cardiovascular-support-group
Address: 5th Floor Boardroom (take elevators to 5 then follow signs), 1500 E. Medical Center Drive, Ann Arbor MI 48109
Phone: (734) 232-1559
Services: Cardiovascular Support Group offers patients and families affected by cardiac illness a space to learn, share and connect with one another. RSVP not required. Call to confirm date & time.
Hours: 1st Monday of most months, 5:30 - 7 pm
Fee: No fee.

St. Joseph Mercy Ann Arbor - Cardiac / Heart
Website: www.stjoesannarbor.org/supportgroups
Address: 5301 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-5204
Fax: (734) 712-5333
Services: Registration needed to participate.
- **Atrial Fibrillation Support Group**: for people with cardiac rhythm disorders
- **Heart to Heart**: for people with cardiovascular disease
- **Heart Failure Support Group**: for patients who have heart failure and their families
- **Partners at Heart**: for spouses and partners of patients with cardiovascular disease
Hours: Monday - Friday 8 am - 5 pm
Fees: No fee.

St. Joseph Mercy Ann Arbor – Stroke Survivor & Caregiver Support Group
Website: www.stjoesannarbor.org/StrokeSurvivor

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Address: AA Center for Independent Living, 3941 Research Park Drive, Ann Arbor MI 48108
Phone: (734) 712-2830
Services: For stroke survivors and/or their caregivers, family and friends. A newsletter is sent out that details the agenda for the upcoming meeting.
Hours: 3rd Wednesday 5:30-7
Fees: No fee.

St. Joseph Mercy Chelsea – Stroke Support Group
Website: www.stjoeshealth.org
Address: Atrium A Conference Room, 775 S, Main Street, Chelsea MI 48118
Phone: (734) 593-5600
Services: New and longer-term survivors and their families/caregivers meet for friendship, support, and education.
Hours: 3rd Wednesday 5:30 - 7 pm
Fees: No fee.

LGBTQ

Jim Toy Community Center - LGBTQ Support Groups
Website: www.jimtoycenter.org
Address: 319 Braun Court, Ann Arbor MI 48104 - Closing facility January 2021. Call for services.
Phone: (734) 995-9867
Services: Offers activities and a monthly support group for older gays/transgender/bisexual/lesbians. Call to confirm times and for more information.
  • FTM A2-Ypsi - by and for trans men 16+, 3rd Monday 6 - 7 pm at Jim Toy and 1st Monday at Corner Health Center, 47 N. Huron Street, Ypsilanti MI 48197
  • GBLT AA (Alcoholics Anonymous) - Saturdays 8 - 9 pm
Hours: Vary. Drop In Tuesdays 3 - 6 pm
Fees: No fee.

Lesbian Gay Bisexual Transgender National Senior Hotline
Website: www.glbthotline.org/senior.html
Toll Free: (888) 234-7243
Services: Provides telephone peer-support about issues including isolation, relationship concerns, bullying, family concerns, HIV/AIDS, as well as factual information and local resources for the senior community
Hours: Monday - Friday 4 pm - 12 midnight and Saturdays 12 pm - 5 pm
Fees: No fee

Michigan Medicine - Transgender Services - Support Groups
Website: www.uofmhealth.org/conditions-treatments/support-groups
Address: 2025 Traverwood Dr., Suite A1, Ann Arbor MI 48105
Phone: (734) 998-2150
Email: genderservices@med.umich.edu
Services: All groups provide an accepting and inclusive space to find support and make connections with others. Participant interests direct the discussion.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information

- **Transgender and Gender Nonconforming Adult Support Group** - 1st Tuesday 6 – 8 pm
- **Parents of Gender Nonconforming People** - 2nd Tuesday 6:30 – 8:00 pm
- **Partners of Gender Nonconforming People** - 3rd Tuesday 6 – 7:30 pm

Fees: No fee

**PFLAG (Parents Families and Friends of Lesbians and Gays) Ann Arbor**
Website: [www.pflagaa.org](http://www.pflagaa.org)
Address: meetings at St. Andrews Episcopal Church, 306 N. Division Street, Ann Arbor MI 48104
Phone: (734) 741-0659
Toll Free: Affirmations Help-line (800) 398-GAYS (4297)
Nationwide Suicide (800) 850-8078 (24 Hours)
Email: info@pflagaa.org
Services: Support and information group for those learning to deal with the reality of homosexuality and how to provide loving support. For gay, lesbian, bisexual and transgender children, family, and friends at meetings
Hours: Third Sundays 2 - 4:30 pm
Fees: No fee.

**SAGE (Services & Advocacy for GLBT Elders) Metro Detroit**
Website: [www.sagemetrodetroit.org/](http://www.sagemetrodetroit.org/)
Phone: (248) 567-2363 Friendly Caller Program
Email: kwdukhie@sagemetrodetroit.org Friendly Caller Program
Services: Provides training, information, advocacy and programming for the LGBT and supporting communities.
- **Friendly Caller Program** - Matches older lesbian, gay, bi and trans (LGBT) adults with volunteers to maintain social connections through phone calls a few times a week. Callers and participants decide the time of calls based on their availability. The initial call is based on the availability listed on their respective applications.
Hours: Monday - Friday 9 am - 5 pm
Fees: No fee.

**LOW VISION**

**Michigan Medicine - Kellogg Eye Center - Living with Low Vision Support Group**
Website: [www.umkelloggeye.org/patient-resources/support-groups/living-with-low-vision-group](http://www.umkelloggeye.org/patient-resources/support-groups/living-with-low-vision-group)
Address: 6th Floor Conference Room, 1000 Wall Street, Ann Arbor MI
Phone: 763-9468
Services: Features guest speaker and discussion.
Hours: 2nd Wednesday 1 - 3 pm
Fees: No fee.

**Turner Senior Wellness Program - Michigan Medicine – Low Vision Community Group**
Website: [www.med.umich.edu/geriatrics/community/tswp michmed.org/tswp](http://www.med.umich.edu/geriatrics/community/tswp michmed.org/tswp) Update URL
Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105
Phone: (734) 764-2556
Services: A gathering for education and social support.
Many listings are pre-Covid-19; contact agencies directly for current information

Hours: 4th Wednesday 1 - 3 pm
Fees: No fee.

MENTAL HEALTH

Clutterers Anonymous (CLA)
Website: [hfwashtenaw.org/Clutterers_Anonymous.pdf](http://hfwashtenaw.org/Clutterers_Anonymous.pdf)
Address: Journey of Faith Church, 1900 Manchester, Ann Arbor  MI 48104
Services: Welcomes anyone struggling with an obsessive, compulsive or addictive relationship with clutter.
Hours: Mondays 6 - 7:30 pm
Fees: No fee.

Friendship Line - Senior Intervention Hotline
Website: [www.aging.org/services/all-inclusive-health-care/friendship-line](http://www.aging.org/services/all-inclusive-health-care/friendship-line)
Toll Free: (800) 971-0016
Services: The only accredited crisis line in the country for people 60+ and for adults living with disabilities. Accredited by the American Association of Suicidology.
Hours: 24 hour
Fees: No fee.

Michigan Medicine - Comprehensive Eisenberg Family Depression Center - Depression and Bipolar Illness Support Groups
Website: [www.depressioncenter.org/patient-resources/support-groups](http://www.depressioncenter.org/patient-resources/support-groups)
Address: Rachel Upjohn Building, 4250 Plymouth Road, SPC 5763, Ann Arbor  MI 48109
Services: Opportunities to share ideas for coping, link with community resources, develop a support network, learn about depression and bipolar illness, and discuss issues of stigma. Group A for adults with depression and bipolar illness; Group B for family members.
Hours: 2nd & 4th Wednesdays 6 - 7:15 pm
Fees: No fee.

National Association on Mental Illness - Washtenaw County
Website: [namiwc.org/about/mental-health-support-groups/](http://namiwc.org/about/mental-health-support-groups/)
Services: Support group meetings are structured in ways that encourage full group participation. Walk-ins are welcome; no registration is required.

- **Connection Recovery Support Group** - open to anyone with a mental health condition who is 31+. 1st & 3rd Wednesdays, 7 – 8:30 pm, St. Clare’s Episcopal Church/Temple Beth Emeth, 2309 Packard Street, Ann Arbor  MI 48104
- **Friends and Family** - for adults who have a friend/family member with a mental health condition. 3rd Wednesdays, 7 – 8:30 pm, St. Clare’s Episcopal Church/Temple Beth Emeth, 2309 Packard Street, Ann Arbor  MI 48104
- **NAMI Faith Group** - combines scripture lessons, educational topics and a sharing time to promote support and spirituality in mental health. Open to adults living with mental health challenges, and to anyone who wants to learn how to better support them. Inclusive and welcomes all religions and all people. 4th Monday, 6:30 - 8:30 pm, The First United Methodist
Many listings are pre-Covid-19; contact agencies directly for current information

Church of Saline (Christler Hall), 1200 N. Ann Arbor Street, Saline MI 48176. Exception: May’s meeting changes due to Memorial Day. Questions (734) 429-4730.

Fees: No Fee

**MULTIPLE SCLEROSIS**

**Ann Arbor MS Support Group**
**Address:** Ann Arbor Center for Independent Living (CIL), 3941 Research Park Drive, Ann Arbor MI 48108
**Website:** [www.nationalmssociety.org/Chapters/MIG/Ann-Arbor-MS-Support-Group](http://www.nationalmssociety.org/Chapters/MIG/Ann-Arbor-MS-Support-Group)
**Phone:** Jody (734) 663-0785  Barb (734) 878-9120
**Toll Free:** (866) 673-7436  peer support counselor
**Services:** Contact before attending Ann Arbor meeting the first time. National MS Association also offers telephone peer support counselors and online discussion and support groups.
**Hours:** Mondays 7 pm  (except legal holidays)
**Fees:** No fee.

**OSTEOPOROSIS**

**National Osteoporosis Foundation - NOF Ann Arbor Support Group**
**Address:** email for information
**Email:** [NOFannarborMI@gmail.com](mailto:NOFannarborMI@gmail.com)
**Hours:** email for information
**Fee:** No fee.

**PARKINSON'S DISEASE**

**Michigan Parkinson Foundation**
**Address:** 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025
**Website:** [www.parkinsonsmi.org/support-groups-directory/86-washtenaw](http://www.parkinsonsmi.org/support-groups-directory/86-washtenaw)
**Phone:** Bruce (734) 668-0427  Bob (734) 827-07847
**Services:** Support groups for people with PD and their families.
**Hours:** Second Sunday 1:30 pm September - May
**Fees:** No fee.

**PULMONARY DISEASE**

**Michigan Medicine - Division of Pulmonary & Critical Care Medicine - Support Groups**
**Website:** [www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups](http://www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups)
**Address:** Michigan Medicine Pulmonary Rehabilitation Center, Suite 14, Burlington Office Center, 325 East Eisenhower Parkway, Ann Arbor MI 48108
**Services:** Support group opportunities for those with lung diseases and their caregivers.
- **Better Breathers Club** - 4th Tuesday (May-October) 2:30 - 4 pm

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

- (734) 647-7840 or (734) 998-9686 or betterbreathersclub@med.umich.edu
- Please bring supplemental oxygen tank(s) as they will not be provided.

- **Harmonica Club** - Tuesdays 10 am (734) 998-8723 ask for club director
  - Participants must purchase their own harmonicas.

- **Quest for Breath Idiopathic Pulmonary Fibrosis Support (IPF) Support Group** - 1st Tuesday 2 - 3:30 pm (Meets on Second Level, Burlington Office Center)
  - Please bring supplemental oxygen tank(s) as they will not be provided.

St. Joseph Mercy Ann Arbor - Breathers Club
Website: [www.stjoesannarbor.org/](http://www.stjoesannarbor.org/)
Address: Towsley Health Building, 5361 McAuley Dr., Ypsilanti MI 48197
Phone: (734) 712-5367 or (734) 712-2903
Services: Educational and support programs that can help reduce the impact of lung disease and improve breathing.
Hours: Monthly
Fee: No fee.
TRANSPORTATION - rev April 2021

AARP Ride@50+℠ - Washtenaw County
Website: feonix.aarp.org/washtenaw
Toll Free: (844) 900-4892
Services: Helps find and book transportation for essential trips, like medical appointments and grocery stores. Scheduled and on-demand rides available. Book online, via phone or with the Feonix app for Android or iOS.
Hours: Monday to Friday 8:30 am to 6 pm  phone support

Ann Arbor Area Transportation Authority (AAATA) - The Ride
Website: www.theride.org
Address: 2700 S. Industrial, Ann Arbor MI 48104
Phone: General (734) 973-6500
   Route/Schedule Information (734) 996-0400
   A-Ride & Senior Gold Ride - GoldRide ID card (734) 973-6500
   Flex Ride: (734) 794-0377 or My Mode Car
   Holiday and Late Night Ride (734) 528-5432
Toll Free: MyRide Mobility Management Service (866) 977-9423
Fax: (734) 973-6338
TTY: (734) 973-6997
Services: The AAATA provides bus service seven days a week on 34 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SJMH and WCC), Chelsea, and Dexter.
   - **A-Ride**: Wheelchair accessible transportation for disabled people unable to ride fixed-route buses; advance reservations needed. Serves Ann Arbor and selected other locations (Pittsfield, Superior & Ypsilanti townships) for a low fare. 8 am - 5:30 pm weekdays; 8 am - 5 pm weekends.
   - **Fare Deal**: 30-day discounted passes for fixed routes based on income, age (60-64) or disability.
   - **Fixed-Route Bus Service**: 65+ free with GoldRide ID or discounts with Fare Deal card
   - **GoldRide**: Seniors citizens 65+ with an ID card issued by AAATA can ride free on regular fixed routes.
   - **Flex Ride**: A shared-ride transportation service providing connections to TheRide’s fixed-route bus system and to other destinations in the greater Ann Arbor and Ypsilanti area. (734) 794-0377 or My Mode Car
   - **Holiday and Late Night Ride**: late-night, door-to-door services in the City of Ann Arbor and downtown Ypsilanti by contract with local cab company. Call for fares. Reservations by phone (734) 528-5432 or via MyModeCar
   - **Michigan Flyer-Air Ride**: In addition to airport service for Ann Arbor, Brighton and East Lansing, provides transportation between Ann Arbor and Brighton as well as Ann Arbor and East Lansing on select routes. Motorcoaches are wheelchair accessible. 24-hour advance reservations are recommended. (517) 333-0400 or online.
   - **MyRide Mobility Management Service**: Provides transportation coordination to transit dependent individuals within Washtenaw County and to select locations in surrounding

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
Many listings are pre-Covid-19; contact agencies directly for current information.

- **Senior Grocery Ride**: Provides weekly trips from select senior housing communities for $.75 cents each way per person. (734) 973-6500

**Fees**: Based on services used.

**Ann Arbor Community Center - Senior Ride Assist**
**Website**: [annarbor-communitycenter.org/services-seniors/](https://annarbor-communitycenter.org/services-seniors/)
**Phone**: (734) 662-3128
**Services**: Programs impacted due to Covid-19. Call for information.
**Hours**: Call and leave message.
**Fees**: No fee.

**Care Transport**
**Website**: [www.caretransport.us](http://www.caretransport.us)
**Address**: 4180 Packard Road, Ann Arbor MI 48108
**Phone**: (734) 216-4231 dispatch (734) 434-6786 office
**Fax**: (734) 434-6782
**Email**: info@caretransport.us
**Services**: Provides non-emergency transportation services by car, mlnivan, or wheelchair vans for ambulatory and wheelchair-bound persons. Wheelchair vans are equipped with lifts and raised roofs.
**Hours**: 24 Hours; call to schedule during regular business hours.
**Fees**: Charge per mile or flat rate; call for details. Accepts major credit cards and some automobile accident insurances.

**Chelsea Community Ride**
**Website**: [www.ridethewavebus.org](http://www.ridethewavebus.org)
**Phone**: (734) 475-9494
**Services**: Provides a free business district shuttle which can 'flex' between scheduled pickup points along the route to provide stops at the businesses of choice. W.A.V.E. policies and traffic conditions will be considered when passengers request 'flex' stops.
**Hours**: Services provided 7 days a week. Phone Monday – Friday 9 am – 5 pm for information.
**Fees**: Free for Chelsea residents.

**D2A2: Connecting Detroit and Ann Arbor - Regional Transit Authority of Southeast Michigan**
**Website**: [d2a2.com](http://d2a2.com) (available in multiple languages)
**Address**: D2A2 Blake Transit Center, 328 S. 5th Avenue, AA MI 48104
                  D2A2 Grand Circus Park, 1508 Park Avenue, Detroit MI 48226
**Phone**: (517) 333-0400
**Email**: info@michflyer.com
**Services**: Pilot express bus service between Detroit and Ann Arbor sponsored by the RTA and AAATA (The Ride; operated by Michigan Flyer.
**Hours**: See schedule for Monday - Friday and Saturday - Sunday hours. Temporarily suspended due to the COVID-19 Pandemic.
**Fees**: Reduced fares for seniors and the disabled with proof of age (65+) or disability id card.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 998-9353
Many listings are pre-Covid-19; contact agencies directly for current information

Freedom Road Transportation  
Website: freedomroadtransportation.org  
Phone: (248) 232-1259  
Fax: (248) 232-1242  
Email: info@freedomroadtransportation.org

Services: Provides a volunteer driver program for those in need of transportation. Provides monetary incentives for volunteer drivers.  
Hours: Call for information.  
Fees: No fee.

Health Plus Transportation  
Website: www.healthplustransport.com (in multiple languages)  
Address: 124 Pearl Street, Suite 403, (PO BOX 972054) Ypsilanti MI 48197  
Phone: (734) 547-7813  
Fax: (734) 547-8293  
Email: info@healthplustransport.com

Services: Provides non-emergency 24 hour transportation via wheelchair vans, minivans and sedans for medical needs.  
Hours: Services provided 24 Hours. Phone Monday – Friday 8 am – 5 pm or make reservations on website. Need a minimum of 3 hours notice.  
Fees: Call for fee. Accepts most insurances, workman’s compensation and private pay.

JFS Transportation Services (formerly CareVan)  
Website: www.jfsannarbor.org/programs-services/transportation-services  
Address: 2245 S. State Street, Ann Arbor MI 48104  
Phone: (734) 769-0209 ext. 305  
Fax: (734) 769-0224  
TTY: 711  
Email: info@jfsannarbor.org

Services: Provides rides within the Ann Arbor and Ypsilanti area to medical appointments, shopping, grocery stores, work, errands, and special events. Must be a JFS client and make reservations by phone during business hours 30 days to a minimum of one day in advance. May make appointments for recurring events.  
Hours: Office, Monday - Thursday; 9 am - 5 pm; Fridays 9 am - 3 pm  
Fees: Call for rates. Fees may be adjusted by the JFS Fee Review Committee to accommodate those who are unable to pay the full fee.

Manchester Area Senior Citizens Council, Inc.  
Website: www.facebook.com/groups/manchesterseniors  
Address: 410 City Road, (PO BOX 31) Manchester MI 48158  
Phone: (734) 385-6308  
Email: mascc2019@yahoo.com

Services: Transportation is available to medical appointments and to meals. Meals available Tuesdays and Thursdays for adults age 55+.  
Fees: Call for rates. Vouchers may be available from the Community Resource Center by calling (734) 428-7722 before scheduling an appointment.

Contact: Maire DeLand  
E-mail: delandm@med.umich.edu  
Phone: (734) 988-9353
MedSync Transportation & Services
Website: www.medsynctransportation.com
Address: 2035 Hogback Road, Suite 103, Ann Arbor MI 48105
Phone: (734) 646-8846 24 Hours
Fax: (877) 474-5065
Email: contact@medsts.com
Services: Provides non-emergency transportation for seniors, the disabled and those in wheelchairs in Ann Arbor, Metro Detroit, and Ypsilanti and extended transportation to the entire state of Michigan and neighboring states. Also has accompaniment service. Service for trips from 200-500 miles must be scheduled 36 hours in advance.
Hours: Service provided & phones answered 24 Hours, including federal holidays.
Fee: Fees are flexible. Insurance accepted. Call for fares.

Michigan Transportation Services, Inc. (MTS)
Website: www.michigantransportation.com
Address: PO Box 1118, Novi MI 48375
Toll Free: (877) 777-7900
Fax: (517) 552-1194
Email: customerservice@michigantransportation.com
Services: Provides non-emergency transportation in Washtenaw and adjoining counties for ambulatory and non-ambulatory individuals in sedans and wheelchair vans. Local and long distance door-to-door services available. Guarantees transportation with 24 hour notice; same day requests may be fulfilled.
Hours: Office Monday – Friday 8 am – 5 pm; Transportation services available 24 Hours
Fees: Accepts most major insurances and worker’s compensation plus private pay. Call for fees.

Milan Seniors for Healthy Living - Transportation
Website: milanseniors.org/home/transportation
Address: 45 Neckel Court Milan MI 48160
Phone: (734) 508-6229
Text: (734) 508-2739
Fax: (734) 439-4315
Email: mshl@milanseniors.org
Services: Transportation services for persons 50+ in the 48160 zip code. Uses wheelchair accessible vehicles.
Hours: Monday - Friday 7:30 am - 4 pm; closed federal holidays and for extreme weather
Fees: Visit the website for the current fees.

myride2
Website: www.myride2.com (multiple languages)
Toll Free: (855) myride2 (697-4332) also multilingual
Services: Provides telephone support and online information on finding transportation resources, continuing to drive safely, and how to use public transportation to seniors and adults with disabilities. Serves Washtenaw and other southeast Michigan counties, Developed by Area Agency on Aging 1-B.
Hours: Monday - Friday 8 am - 4 pm may leave message for call back on the next business day
Many listings are pre-Covid-19; contact agencies directly for current information

Fees: No charge for assistance; usual fees for transportation.

**Partners in Care Concierge (PICC) - Jewish Family Services**
*SUSPENDED by COVID*
Website: jfspartnersincare.org
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: partnersincare@jfsannarbor.org
Services: Medical appointment accompaniment service by and transportation with trained volunteer partners for older adults. Wheelchair accessible transportation provided.
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Call for rates.

**People’s Express (PEX)**
Website: www.peoplesexpressmi.com
Address: 10 Jennings Road, Whitmore Lake MI 48189
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Area Transit Authority (AAATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 am - 7 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on select holidays.
Fees: Call for fee.

**People’s Express (PEX) - Saline**
Website: peopleexpressmi.com/transportation-services
Phone: (877) 214-6073 Reservation Line
Fax: (734) 449-0840
Services: Transports residents of Saline to locations within the City of Saline and to certain destinations in Ann Arbor and Ypsilanti. Must make reservations 30 hours ahead. No weekend service. Call between the hours of 10 am - 2 pm for scheduling.
Hours: Monday – Friday 8 am - 5 pm; closed on normal holidays.
Fees: The fare for seniors and persons with disabilities is $2.00 for one-way trips within the City and to select nearby destinations. Fares for out of town trips vary with the destination.

**Reliable Home Care, LLC**
Website: www.reliablecarea2.com/
Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104
Phone: (734) 395-7887 24 Hours
Email: rhcareinyourhome@aol.com
Services: Call for information.
Hours: Call 24 Hours for information.
Fees: Call for information.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 996-9353
Many listings are pre-Covid-19; contact agencies directly for current information

**VA Ann Arbor Healthcare System - Veterans Transportation Service**
*Website: [www.annarbor.va.gov/services/Veterans_Transportation_Service](http://www.annarbor.va.gov/services/Veterans_Transportation_Service)*
*Phone: (734) 222-7145*
*Services:* Assists Veterans (both inpatients and outpatients) with transportation needs to appointments. Must schedule by 4 pm the day prior to an appointment. Available to qualified veterans, caregivers, family and guests.
*Hours:* 5:30 am - 6:30 pm dispatch or leave voicemail
*Fees:* No fee.

**Wheelchair Vans (formerly HVA Mobility Transportation)**
*Website: [www.emergenthealth.org/schedule-a-transport/#wheelchair-van](http://www.emergenthealth.org/schedule-a-transport/#wheelchair-van)*
*Address:* 1200 State Circle, Ann Arbor MI 48108
*Phone: (734) 994-4111 dispatch*
*Services:* Provides fully-equipped wheelchair vans for senior citizens and people with physical disabilities to medical appointments in Washtenaw, Western Wayne and Southeast Oakland counties.
*Hours:* Monday - Friday 6 am - 8 pm Saturday and after-hours pickup available by appointment.
*Fees:* Call for fee.

**Western-Washtenaw Area Value Express (WAVE)**
*Website: [www.ridethewavebus.org](http://www.ridethewavebus.org)*
*Phone: (734) 475-9494  Dispatch: 8 am - 4:15 pm*
*Services:*
- Provides affordable transportation to everyone in need.
- Door-to-Door service in the Chelsea area and the Dexter school district. Call in advance for this service.
- **Community Connector** (inter-urban express route) goes to AAATA transfer stop at Meijer on Jackson/Zeeb Road in Ann Arbor. Wheelchair lifts or ramps are available. Hop-On ride service; no reservations needed.
- **LifeLine Community Van Service** is available to residents of western Washtenaw County. May be used for medical appointments, grocery shopping, pharmacy visits or general shopping. Reservations needed.
*Hours:* Door to door services: Monday – Friday 8 am – 4:30 pm; Community Connector Bus Service: call for schedule.
*Fees:* Dependent upon distance and service. Personal care attendants ride free. Discounts are available for those under 60, seniors, the disabled and students.

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**COMMERCIAL RIDE-SHARING & CAR-SHARING SERVICES**

**GoGoGrandparent**
*Website: [GoGoGrandparent.com](http://GoGoGrandparent.com)*
*Phone: (855) 464-6872 or (855) GoGo-USA 24 Hours*
*Services:* Via the Transportation Network Companies, use Lyft or Uber via a touch-tone telephone or voice commands for rides up to 100 miles in any direction. Smartphone optional. Allows advanced and recurring scheduled reservations. Provides updates to designated person/s via text messages.

Contact: Maire DeLand
E-mail: delandm@med.umich.edu
Phone: (734) 988-9353
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Hours: 24 hours
Fees: Optional monthly membership fee. Concierge fee for members $0.27/minute in addition to Lyft or Uber fees. Cancellation and no-show fees apply. Up to 4 passengers at no additional cost.

Lyft
Website: www.lyft.com or ride.lyft.com or Android or iOS app
Services: Offers standard (up to 4 riders), economy/shared (4 riders), luxury (high-end vehicle seating 4) or extra seating (XL for 6 riders) options for rides up to 100 miles in the Ann Arbor area, including the airport. May schedule rides hours ahead of time and up to 7 days in advance. Riders must have an account with an email address and phone number. Some locations offer rentals of autos, bikes or scooters. Access Mode service sends an accessible vehicle to the user. Apps compatible with smartphone voice features.
Hours: 24 hours.
Fees: Fees vary by level of service, distance, traffic and demand. Offers a monthly Smart Savings Plan subscription. Payment via the app only which can be linked to major credit cards, debit cards, prepaid cards and PayPal, Apple Pay or Google Pay, Venmo or checking account. Cancellation fees may apply.

MyModeCar.com
Website: mymodecar.com
Phone: (734) 707-9707
Services: Allows on demand and advanced reservations booking for transportation services in the Ann Arbor and Ypsilanti area. Uniformed drivers undergo background checks. Includes service to and from the airport (DTW) and medical transportation plus others.
Hours: 24 hour dispatch
Fees: Vary by destination. All major credit cards accepted.

Obi (formerly Bellhop)
Website: www.rideobi.com for information; must use Android or iOS app
Services: Smartphone app for comparing prices of ride sharing services including bikes and scooters (where available). Filter allows viewing of wheelchair accessible vehicles.
Hours: 24 hours
Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

RideGuru
Website: RideGuru or Android or iOS app
Services: Price comparison tool gives accurate fare estimates and ride hailing information for companies such as Uber and Lyft or a traditional taxi or limo service. Site has general information on ridesharing and a forum for users to exchange information.
Hours: 24 hours
Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

Uber
Website: www.Uber.com or Android or iOS app (website available in Spanish)
Services: Matches riders with independent drivers for local rides with up to 2 extra stops. May schedule rides 5 minutes to 30 days ahead of time. Riders must have an account with an email address and phone number. Offers Assist vehicle options for those who require additional assistance.
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such as seniors or the physically disabled. UberWav program offers Wheelchair Accessible Vehicles. App does not require audio and is easy to use by deaf passengers. Those with low vision should enable smartphone voice services or use the wireless braille display.

**Hours:** 24 hours  
**Fees:** Fees vary depending on duration, distance, time and demand. Payment via credit or debit card, Uber Cash balance, PayPal or Venmo. Cancellation fees may apply.

**UpHail**  
**Website:** [UpHail.com](http://UpHail.com) or via Android or iOS app  
**Services:** A web tool or smartphone app which compares ride-sharing services Lyft, Uber and taxicabs (where each is available) and provides fare estimate and availability for residents of Dexter, Chelsea, Manchester, Milan, and Saline as well as Ann Arbor and Ypsilanti. No registration or login required for using the web site. Clicking on “Book It” goes to Lyft or Uber websites where an account is needed.  
**Hours:** 24 hours  
**Fees:** No fee. Regular fees apply for using Lyft, Uber, etc.

**ZipCar**  
**Website:** [ZipCar.com](http://ZipCar.com) for information; must use Android or iOS app  
**Services:** Access hourly, daily, weekly (14 day) car rentals available mostly on UM North and Central Campuses with a few locations downtown. Vehicle must be returned to home location. Booking available through website or smartphone app. Account and smartphone app required.  
**Hours:** 24 hours  
**Fees:** $25 non-refundable application fee; monthly or yearly membership fee. Hourly or daily rates; $0.58 per mile after 180 included miles per 24 hours; complimentary gas card; insurance included for members ($1,000 deductible).
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VOLUNTEER AND EMPLOYMENT OPPORTUNITIES - rev Jan 2021

Jewish Family Services of Washtenaw County
Website: jfsannarbor.org/programs-services-old/employment-economic-empowerment/
Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Email: info@jfsannarbor.org
Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm
Fees: Many services free, others based on ability to pay.

Michigan Works SE - Washtenaw Service Center (formerly E.T.C.S.)
Website: Workshop Registration www.mwse.org
Address: 304 Harriet Street, Ypsilanti MI 48197
Phone: (734) 714-9814
Toll Free: (800) 285-9675
TTY: 711
Fax: (734) 481-2516
Services: Provides job search assistance; access to computers, copier, telephone and fax services. Website offers a jobs database, workshop registration, and a link to Adult Education information.
Hours: Mondays, Wednesdays, Thursdays and Friday: 8 am - 5 pm; Tuesdays 8 am - 7 pm
Fees: No fee.

RSVP (Retired and Senior Volunteer Program) - Catholic Social Services of Washtenaw County
Website: csswashtenaw.org/seniors/rsvp-senior-volunteer-program/
Address: Senior Center, 5361 McAuley Drive, PO Box 995, Ann Arbor MI 48106
Phone: (734) 971-9781 press 8
Services: Matches people 55+ with Washtenaw County non-profit agencies who need volunteers.
Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm
Fees: No fee. Donations are welcome.

Senior Community Service Employment Program (SCSEP) - AARP Foundation
Website: www.aarp.org/aarp-foundation/our-work/income/scsep/
Address: 15100 Northline, Suite 157, Southgate MI 48195
Phone: (734) 281-2470
Fax: (734) 281-2471
Services: Program helps people 55+ who meet income guidelines find work at nonprofit and public agencies to improve work skills. Links to job-seeking tools, job sites, plus computer and typing tutorials. Must be registered with Michigan Works, have a current resume, and not be employed. Also links to

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Volunteer Opportunities, Experience Corps (tutoring K-3 students who are struggling to read) and the Tax Aide program.
**Hours:** Monday - Friday 8 am – 3:30 pm  
**Fees:** No fee.

Senior Environmental Employment Program (SEEP) - Environmental Protection Agency
**Website:** [www.epa.gov/careers/senior-environmental-employment-see-program](http://www.epa.gov/careers/senior-environmental-employment-see-program)
**Services:** Provides paid temporary, part-time and full-time positions. These are clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed via organizations that administer the SEE program:
- National Association for Hispanic Elderly (ANPPM)  
  234 E. Colorado Blvd., Suite 300, Pasadena CA 91101  
  Phone: (626) 564-1988
- National Asian Pacific Center on Ag

**Website:** [www.volunteerwashtenaw.org](http://www.volunteerwashtenaw.org)  
**Address:** 2305 Platt Road, Ann Arbor MI 48104  
**Phone:** (734) 971-8200  
**Fax:** (734) 971-6230  
**Email:** liveunited@uwwashtenaw.org
**Services:** Potential volunteers can search by interest or specific words, browse by interest or type of service, or see agencies’ volunteer needs.  
**Hours:** Website 24 Hours  
Office Monday - Friday 8 am - 4:30 pm  
**Fees:** No fee.

VolunteerMatch
**Website:** [www.volunteermatch.org](http://www.volunteermatch.org)  
**Services:** A database of opportunities available locally or virtually. Define skills and areas of interest to search. Create free account to save information for future searches.  
**Hours:** 24 Hours  
**Fees:** No fee.

Washtenaw County - Foster Grandparent Program
**Website:** [www.washtenaw.org/782/Foster-Grandparent-Program](http://www.washtenaw.org/782/Foster-Grandparent-Program)  
**Address:** 415 W. Michigan Ave, PO Box 915, Ypsilanti, MI 48197  
**Phone:** (734) 544-3040 Program Specialist  
**Fax:** (734) 544-6749  
**Services:** Matches low-income adults 60+ with youth in various settings for 20 hours/week. The foster grandparent acts as role model, mentor and friend; s/he engages the youth in activities that develop literacy and provide emotional support. Volunteers receive a monthly stipend, transportation assistance, meals while on duty, and a free annual medical checkup.  
**Hours:** Monday - Friday 8:30 am - 5 pm  
**Fees:** No fee.

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