

2018 FOOD: The Main Course to Digestive Health

Friday, September 28, 2018

Time:	Topic:	Speaker:
2:00-2:15 pm	Welcome & Introduction	William Chey (Univ of Michigan)
2:15-2:45	IBS: Medical Management	William Chey
2:45-3:15	IBD: Medical Management	Ryan Stidham (Univ of Michigan)
3:15-4:15	Dietary Therapy for IBS & IBD: The Low FODMAP Diet	Patsy Catsos (Nutrition Works, LLC)
4:15-5:00	Beyond FODMAPs: Other diet therapies for IBS & IBD	Kate Scarlata (For a Digestive Peace of Mind, LLC)
5:00-5:30	IBS/IBD: Panel Discussion	Chey, Stidham, Catsos, Scarlata, Tuck
6:00-8:00 pm	Reception (Holiday Inn, 3600 Plymouth Rd. Ann Arbor)	

Saturday, September 29, 2018

8:00-8:30 am	Breakfast and Networking	
8:30-9:15	Emerging Role of the Gut Microbiome in Health and Disease	Mark Pimentel (Cedars-Sinai)
9:15-9:45	SIBO: Diagnosis & Medical Management	Mark Pimentel
9:45-10:15	SIBO: Dietary Therapy	Kate Scarlata
10:15-10:30	Break	
10:30-11:15	GI Issues in Athletes	Renee Korczak (Univ of Minnesota)
11:15-11:45	Q & A: SIBO and GI Issues in Athletes	Pimentel, Scarlata, Korczak
11:45-12:45	Lunch	
12:45-1:30	Gastroparesis: Pathophysiology, Diagnosis & Medical Management	Allen Lee (Univ of Michigan)
1:30-2:15	Gastroparesis: Dietary Therapy	Emily Haller (Univ of Michigan)
2:15-2:45	Gastroparesis: Panel Discussion	Lee, Haller
2:45-3:00	Break	
3:00-3:45	Behavioral Therapies for Digestive Disorders	Megan Riehl (Univ of Michigan)
3:45-4:00 pm	Q & A	Riehl

Sunday, September 30, 2018

8:00-8:30 am	Breakfast and Networking	
8:30-9:15	Chronic Liver Disease: Pathophysiology & Medical Management	Robert Fontana (University of Michigan)
9:15-10:00	Chronic Liver Disease: Dietary Therapy	Jeanette Hasse (Baylor Univ)
10:00-10:30	Chronic Liver Disease: Panel Discussion	Fontana, Hasse
10:30-10:45	Break	
10:45-11:30	EOE: Pathophysiology & Medical Management	Joan Chen (Univ of Michigan)
11:30 -12:15	EOE: Dietary Therapy	Lauren VanDam (Univ of Michigan)
12:15-12:45	EOE: Panel Discussion	Chen, Van Dam
12:45-1:00 pm	Wrap Up	William Chey