THANK YOU FOR YOUR INTEREST!

This brochure is meant to briefly introduce the Self-Management Apps for Bipolar Disorder research project.

If you are interested in learning more about participating in this project, or have questions or concerns, please contact us (see back of this brochure). Participation is entirely voluntary.

This study has received approval from IRB MED: HUM00120802

© 2019 Regents of the University of Michigan.
WHO IS ELIGIBLE?

To be eligible to participate in this study, you must:

• Be a consumer receiving care at a participating community clinic and have a bipolar disorder diagnosis
• Be at least 18 years old
• Have and use an Android smartphone with the Android 5 operating system or higher

WHAT IS YOUR ROLE?

You will be asked to complete 3 surveys via phone over the course of 6 months. These surveys should take about 15-30 minutes to complete.

You will also be asked to use the Life Goals and PRIORI apps on your smartphone for up to 6 months.

You will receive $10 for each survey you complete.

You will also receive $1 for every day you use the Life Goals app over the course of 6 months. A maximum compensation of $210 is possible for full participation in this study.

REASONS TO PARTICIPATE

This project will enhance scientific knowledge and benefit individuals by looking at the feasibility of delivering mobile-health treatments to improve consumer outcomes such as symptom management, functioning, and overall health among people with mental health conditions.

As a participant in this project, you will play a role in helping to improve wellness and access to general medical care on a larger level.

Principal Investigators:
Amy Kilbourne, PhD, MPH
Melvin McInnis, MD
Kelly Ryan, PhD
University of Michigan, Department of Psychiatry

Supported by funds from the Heinz C. Prechter Bipolar Research Program and the Center of Medicare and Medicaid Services through the Michigan Department of Health and Human Services.