



HEINZ C. PRECHTER BIPOLAR
RESEARCH PROGRAM
MICHIGAN MEDICINE



Take a step toward improving your health!

Self - Management Apps for Bipolar Disorder

About the project:

This project is designed to look at the feasibility of use of the **Life Goals (LG)** and **PRIORI smartphone apps** in community settings. Life Goals may improve symptom management and overall health for individuals with bipolar disorder. PRIORI is a sensing app that runs in the background of the phone and helps predict an individual's energy levels.

Who is eligible to participate?

Consumers receiving care at [site name] who are at least **18 years or older** and have been diagnosed with **bipolar disorder** and **have an Android phone**.

To learn more:

To learn more about this study, please contact the person identified on this flyer or talk to your health care provider.

Contact: Bipolar Research Team
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