Instructions for the day before surgery

A parent or guardian will need to call the pre-op area the day before surgery at 877-331-3330 between 6am and 10am. Patients having Monday surgeries will need to call in on the Friday before. You will need to leave your child's name, registration number and a phone number where you can be reached between the hours of 10am and 5pm. A nurse from the pre-op area will call you back with instructions on when and where to arrive, and when to stop food and fluids. If you do not get a call by 5pm, you can call 877-368-1316, 734-763-5828 or 734-763-2513. On the morning of surgery, you will check in at the pre-op area on the 4th floor of Mott Children's Hospital.

What to bring to the hospital

You should bring your toiletries such as toothbrush, toothpaste, hairbrush or comb, deodorant, and any other personal care items you may prefer. Do not bring any valuables and leave jewelry at home. You will mainly use hospital gowns but may want to have clean underwear and a comfortable outfit for your trip home. Comfortable shoes will be best when you are up out of bed and doing physical therapy.

Parents staying at the bedside should bring their own toiletries and clothing needed during the stay.