Thank you for choosing our clinic to provide you with the best quality care and most comprehensive food allergy services available in Michigan. Our expert team of doctors, nurses and staff is here to meet your individual health needs. We understand that no two diagnoses are alike, and that food allergy can impact each patient and family differently. Our goal is to develop an individualized care plan that will help you – and those who care about you – to manage a food allergy diagnosis successfully.

Inside this folder, you will find resource materials to get you started, including an overview of our services, tips for managing food allergy and a card on how to read ingredient labels. These are just a first step in adjusting to life with food allergy. We suggest that you visit UofMFoodAllergy.org for the most up-to-date information and news, and a list of trusted food allergy websites.

Our specialized food allergy nurse, Nancy Polmear-Swendris, MS, RN, is also available for education and support. She has many years of experience assisting families like yours with transitions, school planning and other challenges. You can expect a personal phone call from Nurse Nancy as part of our follow up. Or contact her any time at (734) 232-2161 or npolmear@med.umich.edu.

We hope this information is useful. On your next visit, please share any feedback with us. We welcome your input as we strive to meet your needs and to improve quality of life for all of our food allergy patients.

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