

## Department of Urology

# Neurourology and Pelvic Reconstruction

February, 2016

### *Study from Urology's Dr. Anne Pelletier Cameron and Fellow Yahir Santiago-Lastra featured in Urology Times*

The study examined the effectiveness of PTNS in treating an overactive bladder (when paired with pharmacotherapy for a 3-month period). Investigators found the approach effective.

"In clinical trial settings, the rate of effectiveness of PTNS is 60% to 70%, but there is a paucity of real-world effectiveness data, and the drop-out rate has not been reported," explained presenting author Yahir Santiago-Lastra. "Our objectives were to determine the effectiveness of PTNS for refractory OAB in an independent clinical setting, report patient adherence to the recommended 12 weeks of therapy, and identify subsequent treatments offered to patients who did not improve during that period (of PTNS treatment)."

### *Dr. John Stoffel serves as co-investigator on \$2.7 million PCORI grant studying spinal cord injuries and quality of life*

Dr. John Stoffel, part of Michigan Urology's division of Neurourology and Pelvic Reconstructive Surgery, is serving as a co-investigator on a multi-institution, three-year grant studying how bladder symptoms in patients with spinal cord injuries (SCI) affect overall perception of quality of life and functioning. The study is funded by the Patient-Centered Outcomes Research Institute and seeks to better understand the burden of urinary issues and promote the best practices that allow SCI patients to be active and independent.

### *Urology's Dr. John DeLancey contributes to Miami Herald article on pelvic organ prolapse*

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Dr. DeLancey, who has a joint appointment with the University of Michigan's departments of Urology and Gynecology, provided insight on the changing perspective toward the condition and its associated treatments.

Dr. DeLancey spoke on how current views of pelvic organ prolapse were not conducive to action.

"This is a stigmatized condition," said Dr. DeLancey. "It's nothing people would talk about in polite company. ... And because nobody talks about it, everyone thinks they're the only one."