**CURRICULUM VITAE**

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**Title and Contents Page 1**

**Education and Postdoctoral Training Page 2**

**Certification and Licensure Page 2**

**Academic, Administrative and Clinical Appointments Page 2**

**Research Interests Page 4**

**Grant Support Page 4**

**Honors and Awards Page 7**

**Memberships in Professional Societies Page 8**

**Editorial Positions and Peer-Review Services Page 8**

**Teaching Activities Page 9**

**Committee and Administrative Service Page 12**

**Consulting Positions Page 14**

**Visiting Professorships and Extramural Invited Presentations Page 14**

**Bibliography Page 21**

**Education and Postdoctoral Training**

***Education***

09/1970 – 01/1973 BFA, (Drama) Illinois Wesleyan University, Bloomington, Illinois

09/1983 – 06/1986 Pre-Med, Eastern Michigan University, Ypsilanti, Michigan

09/1987 – 05/1993 MD, Michigan State University, East Lansing, Michigan

*Postdoctoral Training*

06/1993 – 06/1994 Internship, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

06/1994 – 06/1997 Family Medicine Residency, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

06/1994 – 06/1997 Research Fellowship, Department of Family Medicine, University of Michigan,

Ann Arbor, Michigan (concurrent with residency, resulting in an additional year of postdoctoral training)

07/1997 – 06/1999 Robert Wood Johnson Clinical Scholars Fellowship, University of Michigan,

Ann Arbor, Michigan

09/1998 – 06/1999 Faculty Development Institute, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

05/2004 – 05/2005 Rackham Summer Interdisciplinary Institute, University of Michigan, Ann Arbor, Michigan

**Certification and Licensure**

**Certifications**

07/1998 – 12/2015 Diplomat, American Board of Family Medicine (ABFM)

01/2000 – 12/2021 Founding Diplomat, American Board of Integrative Holistic Medicine (ABIHM)

***Medical Licensure***

05/1997 – 01/2019 State of Michigan, License Number 4301062141

05/1997 – 05/2018 Drug Enforcement Administration (DEA), License Number BW5557333

05/1997 – 12/2019 State of Michigan, Controlled Substance

**Academic, Administrative and Clinical Appointments**

***Academic Appointments***

07/1997 – 06/1999 Lecturer, Departments of Internal Medicine and Family Medicine, University of Michigan, Ann Arbor, Michigan

07/1999 – 04/2003 Lecturer, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

04/2003 – 05/2006 Assistant Professor, Department of Family Medicine, University of Michigan,

Ann Arbor, Michigan

05/2006 – 09/2008 Clinical Assistant Professor, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

09/2008 – Present Clinical Associate Professor, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

01/2011 – 01/2011 Visiting Fellow, Institute for Energy and Sustainable Development,

De Montfort University, Leicester, UK

01/2012 -- 01/2012 Visiting Fellow, Institute for Energy and Sustainable Development,

De Montfort University, Leicester, UK

05/2014 – Present Visiting Researcher, Social, Economic and Geographical Sciences Research Group, James Hutton Institute, Aberdeen, UK

07/2014 – Present Honorary Associate Professor, European Centre for Environment and Human Health, University of Exeter Medical School, Truro, UK

*Academic Administrative Appointments*

07/1998 – 09/2005 Co-Director, Complementary and Alternative Medicine Research Center (CAMRC), University of Michigan, Ann Arbor, Michigan

07/2003 – 07/2011 Co-Director, University of Michigan Integrative Medicine (UMIM), Ann Arbor, Michigan

03/2006 – 09/2010 Team Leader, Integrative Medicine Team 4, Briarwood Family Medicine Health Center, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

07/2006 – 06/2012 Director, Integrative Medicine Fellowship, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

07/2011 – Present Director, University of Michigan Integrative Medicine (UMIM), Ann Arbor, Michigan

***Clinical Appointments***

07/1997 – Present Staff Physician, University of Michigan Health System, Ann Arbor, Michigan

07/1997 – Present Staff Physician, Chelsea Hospital, Chelsea, Michigan

08/2014 Temporary Staff Physician, Mackinaw Straits Health System, St Ignace, Michigan

***Interdisciplinary Program Memberships***

01/2004 – 12/2006 Complementary, Alternative, Holistic and Integrative Health Care Research Council, University of Michigan, Ann Arbor, Michigan

01/2004 – Present Michigan Diabetes Research and Training Center, University of Michigan,

 Ann Arbor, Michigan

01/2012 – Present Institute for Healthcare Policy and Innovation (IHPI), University of Michigan,

 Ann Arbor, Michigan

**Research Interests**

1. Complementary and integrative medicine use and measurement – this includes international work to develop a flexible questionnaire to assess use of complementary therapies. Working with Family Medicine resident, Greg Shumer, we implemented the International CAM Questionnaire in Japan for the first time. I have also participated in the NIH-funded development of a new scale to better measure whole person change, the ‘Self-Assessment of Change’ questionnaire. Current work is focused on validity and reliability testing of the instrument.
2. Human-environment relationships – this research examines the health promoting impact of time spent in the natural environment. This work has been conducted in partnership with environmental psychologist, Katherine Irvine, PhD, at James Hutton Institute, Aberdeen, Scotland, UK. Recent projects involve two large qualitative studies of park users and a large quantitative study of individuals who participate in a walking program sponsored by Natural England. My Fulbright Scholarship at the European Centre for Environment and Human Health, University of Exeter, used the lens of ‘Nature-deficit Disorder’ as a method of engaging the medical community with research in this area.
3. Multi-modal programs – this area includes examining the impact of systems of care based on principles of Integrative Medicine, i.e., taking into account the status of the whole person (biopsychosocial-spiritual) and using a variety of therapeutic modalities to address these areas. Current projects include a partnership with a community group, Grass Lake Sanctuary, in evaluating weekend retreats for breast cancer survivors and evaluation of a 5-day retreat for the general population.
4. Biofield energy healing – research in this field grew out of an interest in spiritual healing and overlaps with an interest in shamanic healing. My work in this specialty includes a meta-analysis, qualitative phenomenological work, and a randomized controlled trial of Qigong, a traditional Chinese Medicine practice, as part of the NIH-funded Complementary and Alternative Medicine Research Center. Recently funded work with Paul Dieppe, Professor of Health and Wellbeing, University of Exeter Medical School, will further expand this area of interest.
5. Natural products – this current work focuses on translational research into the use of tart cherries in humans. Tart cherries are a major food crop of the state of Michigan and have potent anti-oxidant qualities. My team has completed the first human pharmacokinetic study with funding from the Cherry Marketing Institute. Recently, we completed such a pharmacodynamic study among individuals with metabolic syndrome.

**Grant Support**

Active

The Institute for Integrative Health Scholarship Program

*Cross-cultural Comparison of Healers and Healing*

Role: Co-Investigator (PI-Dieppe)

Dates: 01/01/2015 – 12/31/2016

Total Cost: $148,204/£122,047 (0 Cal Mos.)

Charles Woodson Interdisciplinary Award in Children’s Health

*The Martial Arts as ADHD Treatment (MAAT) Trial*

Role: Co-Investigator (PI-Tarini)

Dates: 04/01/2014 – 04/30/2015 (No-Cost Extension 03/31/16)

Total Cost: $30,000 (0 Cal Mos.)

RWJ Foundation

*RWJ Clinical Scholars Core Program 2014-2016*

Role: Co-Investigator (PI-Hayward)

Dates: 07/01/14 – 06/30/16

Total Cost: $1,035,300 (.90 Cal Mos.)

***Pending***

None

Completed

HRSA 25100

Health Resources and Services Administration (HRSA)

*Integrative Medicine Program in UMSPH Preventive Medicine Residency*

Role: Co-Investigator (PI-Wells)

Dates: 09/12 – 06/15 (No-Cost extension 09/15)

Total Cost: $150,000

14-PAF-04276

Weil Foundation

*Expanding Inter-Professional Faculty Development in Integrative Medicine in University Settings;*

*The Faculty Scholars Program in Integrative Healthcare (FSP)*

Role: Principal Investigator

Dates: 07/2014 – 06/2015

Total Cost: $10,000

Fulbright Scholar Program

*Investigating “Nature-Deficit Disorder” as a Medical Matter*

Role: Principal Investigator

Dates: 01/2014 – 04/2015

Total Cost: $14,345

13-PAF04447

Weil Foundation

*Expanding UM Faculty Scholars in Integrative Healthcare for University Settings*

Role: Principal Investigator

Dates: 07/2013 – 06/2014 (No-Cost extension 09/30/14)

Total Cost: $20,000

Older People & Ageing Research & Development Network (OPAN Cymru)

*Outdoor Activities and Healthy Ageing*

Role: Researcher (PI-Clayton)

Dates: 09/2012 – 06/2013

 Total cost: $2,532/£1600

MCubed

*A “Nature Pill” for Healthy Ageing in Urban Areas*

Role: Co-Investigator (PI-Hunter)

Dates: 07/2012 – 08/2014

Total Cost: $60,000

RWJ Foundation

*RWJ Clinical Scholars Core Program 2012-2014*

Role: Co-Investigator (PI-Hayward)

Dates: 07/2012 – 06/2014

Total Cost: $588,670

Cherry Marketing Institute

*Pilot Study of Daily Tart Cherry Consumption in Humans with Metabolic Syndrome*

Role: Principal Investigator

Dates: 03/2010 – 02/2011 (No Cost Extension 02/2012)

Total Cost: $128,039

Fannie E. Rippel Foundation 07-4198

*University of Michigan Integrative Medicine Fellowship*

Co-Investigator (PI-Skye)

Dates: 01/2007 – 12/2008

Total Cost: $150,000

National Institutes of Health, NCCAM
*Developing Patient-Centered Measures for Outcomes of CAM Therapies*
Role: Co-Principal Investigator (PI-Ritenbaugh)

Dates: 09/2006 – 08/2008

Total Cost: $100,122

Cherry Marketing Institute

*Pharmacokinetic Study of High and Low Doses of Tart Cherry in Humans*

Role: Principal Investigator

Dates: 11/2006 – 06/2007 (No Cost Extension 12/2009)

Total Cost: $160,633

Kalliopeia Foundation
*Medicine for the Earth: Healing the Heart*
Role: Principal Investigator

Dates: 05/2004 – 04/2005 (No Cost Extension 10/2006)

Total Cost: $39,827

W.K. Kellogg Foundation 03-2118

*Mind-Body Skills Group Intervention Program for Abused Women*

Role: Co-Investigator (PI-Benn)

Dates: 01/2003 – 12/2004

Total Cost: $25,000

Community Foundation of Southeast Michigan
*Michigan Prevention of Weight Regain (M-POWR) Trial*
Role: Co-Principal Investigator (PI-Schteingardt)

Dates: 04/2002 – 03/2005 (No Cost Extension 03/2006)

Total Cost: $428,355

JP McCarthy Foundation
*Active Hope Optimal Wellness*
Role: Principal Investigator

Dates: 2002 – 2004

Total Cost: $111,700

National Institutes of Health, NCCAM
*An Integrated Curriculum for Complementary and Alternative Medicine*

Role: Principal Investigator

Dates: 07/2001 – 06/2007

Total Cost: $1,607,779

National Institutes of Health, NCCAM
*Qigong and Psychosocial Effects on Rehabilitation Following Cardiac Surgery (Qi-PERCS)*
Role: Principal Investigator

Dates: 05/2000 – 06/2005

Total Cost: $125,000

OS-DHHS-US-01-0532

 Case Review of Metabolife Experience and Adverse Events

Role: Non-Faculty Principal Investigator

Dates: 09/2000 – 09/2001

Total Cost: $25,000

National Institutes of Health, NCCAM
*Complementary and Alternative Medicine Research Center for Cardiovascular Diseases (CAMRC)*

Role: Co-Principal Investigator (PI-Bolling)

Dates: 09/1999 – 06/2005

Total Cost: $5,176,239

American Academy of Family Physicians Advanced Research Training Grant
*Utilization of Complementary and Alternative Medicine for Cardiovascular Diseases*
Role: Non-Faculty Principal Investigator

Dates: 07/1999 – 06/2003

Total Cost: $100,000

Honors and Awards

1984 First Place Award, Scientific Exhibit, Technologist Section, 31st Annual Meeting of the Society of Nuclear Medicine, "Determination of Optimal Left Anterior Oblique Positions for Multiple-Gated Blood Pool Imaging."

1984 General Chemistry Award, Eastern Michigan University, Ypsilanti, Michigan.

1986 Second Place Award, Technologist Session, 33rd Annual Meeting of the Society of Nuclear Medicine, “Transesophageal Atrial Pacing and Handgrip Exercise as an Alternative to Treadmill and Bicycle Ergometry.”

1986 First Place Award, Technologist Session, Central Chapter Society of Nuclear Medicine, Hepatotoxicity of Intra-arterial Administration of Y-90 Microspheres.

1987 Second Place Award, Technologist Session, 34th Annual Meeting of the Society of Nuclear Medicine, Quantification of Relative Hepatic Tumor Perfusion and Epinephrine-Induced Alterations.

1993 Alpha Omega Alpha Medical Honor Society.

1993 Janet M. Glasgow Memorial Achievement Award (for women who graduate from medical school with academic distinction).

2007 Token of Appreciation from Medical Students (TAMS), University of Michigan, Ann Arbor, Michigan.

2013 – 2014 Fulbright Scholarship Award, US-UK Fulbright Commission; Host Institution: University of Exeter, European Centre for Environment & Human Health, Truro, UK.

2014 Occasional Lecturer Award, British Fulbright Scholars Association, London, UK.

2014 Fulbright Intercountry Lecturing Program: Award for speaking in Portugal.

Memberships in Professional Societies

1993 – 2008 Member, American Holistic Medical Association

1993 – Present Member, Alpha Omega Alpha Medical Honor Society

1995 – 2007 Member, American Academy of Family Physicians

1998 – 2002 Member, North American Primary Care Research Group

2002 – Present Steering Committee, Academic Consortium for Integrative Medicine and Health

2003 – Present Founding Member, International Society for Complementary Medicine Research

2004 – 2007 Founding Member, Society for Shamanic Practitioners

2014 – Present Founding Member, Academy of Integrative Health and Medicine

Editorial Positions and Peer-Review Services

Editorial Board Memberships

2001 – 2002 *Journal of Family Practice*

2001 – Present *International Journal of Healing and Caring*

2003 – 2008 *FACT: Focus on Alternative and Complementary Therapies*

2004 – Present *EXPLORE:* *The Journal of Science and Healing*

2014 – Present *Global Advances in Health and Medicine*

***Guest Editor***

2007 Haramati A, Elder W, Heitkemper M, Warber S. Cam Education. Academic Medicine[**; 82(10**](http://www.academicmedicine.org/pt/re/acmed/toc.00001888-200710000-00000.htm;jsessionid=HvFhFxhgntdBm7H7jLwPc1TRJQy2LWhqltkMmjxkwMdyJpDpyyF7!-1947435345!181195628!8091!-1)**):**919-66.

***Ad Hoc Peer-Reviewer***

*Advances in Mind-Body Medicine*

*Clinical Interventions in Aging*

*Medical Anthropology*

*Women’s Health Issues*

*Ammons Scientific*

***Other Reviews***

2010 External Reviewer, University of Minnesota Center for Spirituality & Healing, Minneapolis, Minnesota

2012 Critical Friend, Participation in environmental enhancement/conservation activities for health and well-being in adults. Protocol for Cochrane Database of Systematic Reviews

2012 Scientific Reviewer, International Research Congress on Integrative Medicine and Health

2013 Reviewer, *Green Exercise* Book Proposal, EarthScan, Routledge Taylor & Francis

***Study Sections***

2001 Special Emphasis Panel, National Center for Complementary and Alternative Medicine (NCCAM), NIH

2002 Special Emphasis Panel, National Center for Complementary and Alternative Medicine (NCCAM), NIH

2004 Health Canada Alternative Medicine Proposal Review

2004 Special Emphasis Panel, Mind-Body Proposals, Multiple Institutes and Centers, NIH

2005-2006 Scientific Review Study Section, National Center for Complementary and Alternative Medicine (NCCAM), NIH

2008 Chair, Special Emphasis Panel, Cost-effectiveness Research, National Center for Complementary and Alternative Medicine (NCCAM), NIH

2009 Special Emphasis Panel, Outside Opinion Review, National Center for Complementary and Alternative Medicine (NCCAM), NIH

2009 Chair, Special Emphasis Panel, Cost-effectiveness Research, National Center for Complementary and Alternative Medicine (NCCAM), NIH

Teaching Activities (See also Educator’s Portfolio)

*Medical School*

1997 – Present M3 Clinical Teaching-Family Medicine Clerkship, University of Michigan,

Ann Arbor, Michigan

2000 – Present Course Coordinator, M4 Elective - Complementary and Alternative Medicine Research, University of Michigan, Ann Arbor, Michigan

2000 – 2012, Course Coordinator, M4 Elective - Clinical Complementary Alternative and

2015 – Present Integrative Medicine, University of Michigan, Ann Arbor, Michigan

2003 – 2012 Course Coordinator, Longitudinal Curriculum in Integrative Medicine, University of Michigan, Ann Arbor, Michigan

2003 – 2011 Complementary, Alternative, or Integrative Medicine: Meeting Patient Needs, M1 University of Michigan, Ann Arbor, Michigan

2003 – 2012 CAM Approaches to Musculoskeletal Pain M1, University of Michigan, Ann Arbor, Michigan

2005 – 2011 Herbal Medicine: Real World Basics, M2 University of Michigan, University of Michigan, Ann Arbor, Michigan

*Department of Family Medicine Residents & Grand Rounds*

1997 – 2015 Attending Physician, Family Mother Baby Service, University of Michigan,

Ann Arbor, Michigan

2006 – Present Herbs and Health, Department of Family Medicine Residents, HO1 Block Month, University of Michigan, Ann Arbor, Michigan

2010 Integrative Approaches to Polycystic Ovarian Syndrome, Department of Family Medicine Resident Conference, University of Michigan, Ann Arbor, Michigan

2011 Integrative Therapies for Parkinson’s Disease, Department of Family Medicine Resident Conference, University of Michigan, Ann Arbor, Michigan

2012 Healthy Hearts: Integrating Natural Approaches with State-of-the-Art Care, Department of Family Medicine Resident Conference, University of Michigan,

Ann Arbor, Michigan

2012 Nature Deficit-disorder and Nature Prescriptions, Department of Family Medicine Grand Rounds, University of Michigan, Ann Arbor, Michigan

2012 – 2013 Qualitative Methods in Health Research: An Overview, Department of Family Medicine Resident Conference, University of Michigan, Ann Arbor, Michigan

2013 Advanced Herbs, Department of Family Medicine Resident Conference, University of Michigan, Ann Arbor, Michigan

*Seminars & Grand Rounds – Other UM Schools and Departments*

2008 – Present Complementary Alternative Medicine and Stress Management Interventions in Primary Care Settings, University of Michigan School of Nursing, Ann Arbor, Michigan

1. Use of Herbs in Neurology: Keeping Up with Our Patients. Neurology Seminar,

Ann Arbor, Michigan.

2008 Michigan Integrative Medicine: A Bird’s Eye View of the Journey. University of Michigan Integrative Medicine 10th Anniversary Symposium, Ann Arbor, Michigan.

2008 – 2010 An Integrative Approach to the Foundations of Health, University of Michigan School of Nursing, Ann Arbor, Michigan

2009 The Greening of Bioethics: Perspectives on the Relationship of Humans and Plants. Bioethics Grand Rounds, University of Michigan, Ann Arbor, Michigan

2010 Integrative Medicine and the Cancer Center: Exploring Collaboration for Patients’ Well-Being. Cancer Center Grand Rounds, Comprehensive Cancer Center,

Ann Arbor, Michigan

2010 Integrative Medicine – Benefiting the Cancer Patient through Collaboration. Symptom Management and Palliative Care Program Conference Series, University of Michigan Comprehensive Cancer Center, Ann Arbor, Michigan

2010 Complementary and Alternative Medicine for Parkinson’s Disease, Movement Disorders. Patient Seminar Series, Department of Neurology, University of Michigan, Ann Arbor, Michigan

2010 – Present Introduction to Integrative Medicine, Medical Anthropology, University of Michigan, Ann Arbor, Michigan

2011 – 2013 Herbs: Native American Herbal Use and Translations into Practice, School of Nursing, University of Michigan, Ann Arbor, Michigan

*Faculty Scholars Program in Integrative Healthcare*

2002 – Present Herbs for Cardiovascular Disease, Faculty Scholars Program, University of Michigan CAM Research Center, Ann Arbor, Michigan

2004 – Present Popular Herbs Panel, Faculty Scholars Program, University of Michigan Integrative Medicine, Ann Arbor, Michigan

2006 – Present Introduction to CAM & Evidence, Faculty Scholars Program, University of Michigan Integrative Medicine, Ann Arbor, Michigan

*Integrative Medicine Fellowship*

2006 – 2012 Director, Integrative Medicine Fellowship, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan

*Integrative Medicine Case Conferences*

2010 Breast Thermography, Integrative Medicine Case Conference, University of Michigan, Ann Arbor, Michigan

2011 Seasonal Affective Disorder (SAD): An Integrative Approach, Integrative Medicine Case Conference, University of Michigan, Ann Arbor, Michigan

2012 Integrative Diagnostic Testing: Promise and Problems, Integrative Medicine Case Conference, University of Michigan, Ann Arbor, Michigan

2013 Integrative Approaches to Parkinson’s Disease, Integrative Medicine Case Conference, University of Michigan, Ann Arbor, Michigan

*RWJ Clinical Scholars Program*

2009 – Present Core Faculty, Qualitative Methods in Research Design and Analysis, Robert Wood Johnson Clinical Scholars Program, Masters of Science, University of Michigan,

Ann Arbor, Michigan

*Continuing Medical Education*

2009 CME Course Co-Director, Impact of Integrative Medicine in Primary Care:

A Practical Update, University of Michigan, Ann Arbor, Michigan

2012 CME Course Co-Director, Creating Wellness: An Integrative Approach to Primary Care, University of Michigan, Ann Arbor, Michigan

*Medical Student Research*

2002 Heather Wolfe, MD, University of Michigan, Ann Arbor, Michigan

2002 Christina Olson, MD, University of Michigan, Ann Arbor, Michigan

2003 Andrea Kaye, MD, University of Michigan, Ann Arbor, Michigan

2004 Lisa Ladewski, MD, University of Michigan, Ann Arbor, Michigan

2007 Kathryn Tetreault, MD, University of Michigan, Ann Arbor, Michigan

2008 Shawn Brown, MD, University of Michigan, Ann Arbor, Michigan

2010 Ashley Dehudy, MD, University of Michigan, Ann Arbor, Michigan

*MPH Internship Supervision*

2000 Jenna Wunder, MPH, RD, University of Michigan, Ann Arbor, Michigan

2004 Ramona Rubin, MPH, University of Michigan, Ann Arbor, Michigan

2007 Amy Kaufman-Eddy, MPH, MAc, University of Michigan, Ann Arbor, Michigan

2010 Matthew Bialko, MPH, University of Michigan, Ann Arbor, Michigan

*PhD Supervision*

2000 – 2003 Dissertation Committee-PhD, Ellen J. Salkeld – Holistic Health: Healing from the Inside, Medical Anthropology, Wayne State University, Detroit, Michigan

2002 – 2004 Co-Chair, Dissertation Committee-PhD, Katherine N. Irvine – Work Breaks and Well-Being: The Effect of Nature on Hospital Nurses, School of Natural

 Resources, University of Michigan, Ann Arbor, Michigan

2010 – 2014 Second Supervisor-PhD, Melissa R. Marselle – Growing Resilience in Nature,

Institute for Energy and Sustainable Development, De Montfort University, Leicester, UK

2012 – Present Second Supervisor-PhD, Rebecca Bell – Dig for Health, Institute for Energy and Sustainable Development, De Montfort University, Leicester, UK

Committee and Administrative Service

***International***

2003 Co-Founder, International Society for Complementary Medicine Research

2003 – 2004 Secretary, International Society for Complementary Medicine Research

2004 – 2006 Planning Committee, North American Research Conference on Complementary and Integrative Medicine, Edmonton, Alberta, Canada, May 25-27, 2006

2004 – 2006 Chair, Financial Committee, North American Research Conference on Complementary and Integrative Medicine, Edmonton, Alberta, Canada,

May 25-27, 2006

2007 – 2009 Financial Committee Member, North American Research Conference on Complementary and Integrative Medicine, Minneapolis, Minnesota, May 12-15, 2009

2007 – Present Steering Committee, PATH Study, An International Observational Study of Cancer Patients and Use of Complementary and Alternative Medicine

2008 – Present Planning Committee, Island Group Whole Systems Research Meetings, 2009 – Minneapolis, Minnesota, USA; 2012 – Tromso, Norway; 2016 location TBA

***National***

2002 – 2004 Board of Directors, American Board of Integrative Holistic Medicine, Duluth, Minnesota

2002 – 2006 Treasurer, Consortium of Academic Health Centers for Integrative Medicine (now Academic Consortium for Integrative Medicine & Health), McLean, Virginia

2002 – Present Steering Committee Member, Consortium of Academic Health Centers for Integrative Medicine (now Academic Consortium for Integrative Medicine & Health), McLean, Virginia

2006 – 2008 Executive Committee At-Large Member, Consortium of Academic Health Centers for Integrative Medicine (now Academic Consortium for Integrative Medicine & Health), McLean, Virginia

2011 – 2014 Committee to Develop American Board of Integrative Medicine, American Board of Physicians Specialties, Tampa, Florida

2012 – Present Planning Committee for 2015 Nature-Based Therapeutic Research Symposium and Roundtable, University of Minnesota, Minneapolis, Minnesota

***Local***

1997 – 1999 Professional Skills Development Committee, Department of Family Medicine Residency, University of Michigan Medical School, Ann Arbor, Michigan

1998 – 1999 Women's Health Program Planning Committee, National Center of Excellence in Women's Health, University of Michigan Health Systems, Ann Arbor, Michigan

1998 – 1999 Complementary and Alternative Medicine Task Force, University of Michigan Comprehensive Cancer Center, Ann Arbor, Michigan

1998 – 2000 Cultural Competency Work Group, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

1998 – 2001 Curriculum Review Committee, University of Michigan Medical School, Ann Arbor, Michigan

2000 – 2002 Healing Garden Committee, University of Michigan Medical Center, Ann Arbor, Michigan

2003 – 2004 Cardiovascular Center Amenities Committee, University of Michigan Cardiovascular Center (CVC), Ann Arbor, Michigan

2003 – 2004 Environmental Standards, University of Michigan Hospitals and Health Centers,

Ann Arbor, Michigan

2004 – 2005 Task Force on the Research Enterprise, University of Michigan Medical School,

Ann Arbor, Michigan

2004 – 2005 Interdisciplinary Center Directors, University of Michigan Medical School,

Ann Arbor, Michigan

2004 – 2006 Advisory Committee on Academic Promotion and Tenure, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

2006 – 2012 Educational Steering Committee, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

2012 – Present Planning Committee for an Evidence-based Botanical Medicine Garden.

Matthaei Botanical Garden, University of Michigan, Ann Arbor, Michigan

2013 – Present Advisory Committee on Academic Promotion and Tenure, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

2015 – Present Executive Committee for the Michigan Mixed Methods Research and Scholarship Program (MMMRSP), Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

*Community Service*

1994 – Present Lay Spiritual Leader, Miniss Kitigan Drum, Elk Rapids, Michigan

2001 – 2006 Special Winning Attitude Team, Keith Hafner’s Karate, Ann Arbor, Michigan

Consulting Positions

1999 – 2002 WomenHeart: The National Coalition for Women with Heart Disease Scientific Advisory Board, Washington, DC

1999 – 2004 Nichols Arboretum Academic Advisory Committee, University of Michigan,

Ann Arbor, Michigan

2003 Natural Health Products Directorate, Health Products and Food Branch, Health Canada

2003 – 2005 Center for Biofield Science Advisory Group, University of Arizona, Tucson, Arizona

2003 – 2010 hearthealthywomen.org, Medical Advisory Board, New York, New York

2005 – 2010 Deep Lake Center Advisory Board, Battle Creek, Michigan

2009 – 2014 Grass Lake Sanctuary Honorary Advisory Board, Grass Lake, Michigan

2014 – Present Steiner Health Advisory Board, Community Supported Anthroposophic Medicine, Ann Arbor, Michigan

Visiting Professorships and Extramural Invited Presentations

International Visiting Professorships

1. Visiting Research Professor, Institute for Energy and Sustainable Development, De Montfort University, Leicester, UK, January 2011.

2. Visiting Research Professor, Institute for Energy and Sustainable Development, De Montfort University, Leicester, UK, January 2012.

3. Fulbright Scholar, US-UK Fulbright Commission; University of Exeter, European Centre for Environment and Human Health, Truro, UK, January – June 2014.

4. Visiting Researcher, Social, Economic and Geographical Sciences Research Group, James Hutton Institute, Aberdeen, UK, May May 2014.

International Invited Presentations

1. Identifying Health Outcomes for Green Space and Health Research. Institute for Energy and Sustainable Development, De Montfort University, Leicester, UK, January 2011.
2. Assessing Nature’s Benefits for Health and Wellbeing: Insight from the Field. European Centre for Environment and Human Health, Truro, UK, January 2012.
3. Prescribing Nature: Evidencing Nature’s Health Benefits. Environment and Climate Research Center, University of Leicester, Leicester, UK, February 2012.
4. Introduction to Nature-Deficit Disorders Seminar. European Centre for Environment and Human Health, University of Exeter Medical School, Truro UK, February 2014.
5. Nature-Deficit Disorder: Should We be Making the Diagnosis? School of Psychology Research Seminar, University of Plymouth, Plymouth, UK, February 2014.
6. Nature-Deficit Disorder: What Does It Mean For You? European Centre for Environment and Human Health, Children’s Health and Play Interest Group, Wadebridge, Cornwall, UK, February 2014.
7. Investigating Nature-Deficit Disorder as a Medical Matter. Continuing Professional Development Event, Cornwall Partnership National Health Service Foundation Trust, Newquay, UK, March 2014.
8. Integrative Approach to Women’s Cardiovascular Health. Escola Superior de Tecnologia da Saude do Porto, Politecnico do Porto, Porto, Portugal, April 2014.
9. Investigating Nature Deficit Disorder as a Medical Matter. 10th Anniversary Coloquio de Farmacia: Qualidad e Seguranca em Farmacia, Escola Superior de Tecnologia da Saude do Porto, Politecnico do Porto, Porto, Portugal, April 2014.
10. Investigating Nature Deficit Disorder (NDD) as Medical Matter, Health & Wellbeing Group. Institute of Health Research, University of Exeter Medical School, Exeter, UK, April 2014.
11. Nature-Deficit Disorder and the Effects of Nature Immersion Experiences. OPENSpace Research Centre in association with University of Edinburgh and Heriot-Watt University, Edinburgh UK, May 2014.
12. Nature-Deficit Disorder and the Effects of Nature Immersion Experiences. Co-sponsored by the Social, Economic and Geographical Sciences Research Group, James Hutton Institute and the Aberdeen Centre for Environmental Sustainability, University of Aberdeen, Aberdeen UK, May 2014.

International Invited Participation

1. Advancing Research in Complementary Medicine. The Wellcome Trust, London, UK, March 2000.
2. Whole Systems Research, Health Canada and the NIH National Center for Complementary and Alternative Medicine, Vancouver, British Columbia, Canada, October 2002.
3. Whole Systems Research, Sponsored by University of Tromso, Tromso, Norway, September 2005.
4. Whole Systems Research, Sponsored by The Island Group, Fraueninsel, Germany, May 2007.
5. Robert Wood Johnson Integrative Medicine Symposium. La Jolla, California, December 2008.
6. Whole Systems Research – Complexity Methods, Sponsored by The Island Group, Minneapolis, Minnesota, May 2009.
7. Whole Systems Research – Healing, Sponsored by University of Tromso, Tromso, Norway, December 2012.

National Invited Presentations

1. Energy Medicine: Creating a Research Program at the University of Michigan. Maharishi University of Management, Fairfield, Iowa, March 2002.
2. University of Michigan Integrated Curriculum in CAM – Panel Presentation. International Scientific Conference on Complementary, Alternative and Integrative Medical Research, Boston, Massachusetts,

April 2002.

1. Alternative Medicine for Women with Heart Disease – Panel Discussion. WomenHeart: The National Coalition for Women with Heart Disease’s Annual Meeting, Washington, DC, April 2002.
2. Complementary Medicine for Cardiovascular Disease: Setting a Research Agenda. University of Nebraska Medical Center, Omaha, Nebraska, August 2002.
3. Responsible Integrative Medicine: The Michigan Story. University of Nebraska Medical Center, Omaha, Nebraska, August 2002.
4. Herbs and Atherosclerosis. 31st Annual Southwest Heart Symposium and Retreat, Santa Ana Pueblo, New Mexico, August 2002.
5. Non-Pharmacologic Management of Hypertension. 31st Annual Southwest Heart Symposium and Retreat, Santa Ana Pueblo, New Mexico, August 2002.
6. Indigenous Healing Knowledge and Women’s Health. Indigenous Healing Traditions of the Americas, Washington, DC, November 2002.
7. Systematic Observational Data: Steps on the Path of Knowing. Indigenous Healing Traditions of the Americas, Washington, DC, November 2003.
8. Standards for Conducting Clinical Biofield Healing Research. First American Samuelli Symposium: Definitions and Standards in Healing Research, Newport Beach, California, January 2003.
9. Energy Medicine: Creating a Research Program. Second Annual Integrative Medicine Conference, Banner Health, Glendale, Arizona, October 2003.
10. Practicing Holistic Medicine – Panel Discussion. Fourth Annual American Board of Holistic Medicine (ABHM) Board Review Course: The Art, Science, & Practice of Holistic Medicine, Denver, Colorado, October 2003.
11. Alternatives for Cardiovascular Health: Help or Harm? Complementary Medicine Seminar, University of Connecticut School of Medicine, Farmington, Connecticut, April 2004.
12. Frontiers in Women’s Health Research: Energy Medicine. Celebrate Women Research Symposium, University of Connecticut School of Medicine, Farmington, Connecticut, April 2004.
13. The Art, Science, and Practice of Energy Medicine. ABHM Board Review Course at The Soul of Medicine, American Holistic Medical Association Scientific Conference, Albuquerque, New Mexico, April 2004.
14. Practice-based Research Networks Conference. National Cancer Institute, NIH, Bethesda, Maryland, September 2005.
15. Michigan Integrative Medicine: A Bird’s Eye View. Complementary Medicine Distinguished Lecturer Series, Johns Hopkins University, Baltimore, Maryland, January 2006.
16. Interconnectedness and Healing. Department of Family and Community Medicine, University of Arizona, Tucson, Arizona, April 2006.
17. Michigan Integrative Medicine: A Bird’s Eye View. Department of Family and Community Medicine, University of Arizona, Tucson, Arizona, April 2006.
18. The Clinical Practice of Integrative Medicine-Focus Group of National Leaders. Rand Institute,

Los Angeles, California, April 2006.

1. Healing the Heart: a Pilot Research Study. Society of Shamanic Practitioners Annual Meeting, Asilomar Conference Center, Pacific Grove, California, April 2006.
2. A Women’s Healthy Heart. International College of Integrative Medicine, Annual Meeting, Detroit, Michigan, September 2007.
3. Traditional Physician, Holistic Healer or Both? Integrative Medicine Education Today, Teleseminar, Institute for Noetic Science, Consciousness and Healing Channel, Petaluma, California, May 2008.
4. Research Wisdom. Consortium of Academic Health Centers for Integrative Medicine, Annual Meeting, Austin, Texas, November 2008.
5. The Science and Spirit of How Nature Heals. The Marsh, A Center for Balance and Fitness, Minnetonka, Minnesota, May 2009.
6. The Benefits of Nature in Elderhood – Panel Discussion. The Marsh, A Center for Balance and Fitness, Minnetonka, Minnesota, May 2009.
7. Vitamins and Supplements in Cardiovascular Disease Prevention. American College of Cardiology’s 61st Annual Scientific Session & Expo, Chicago, Illinois, March 2012.
8. How About a Walk in the Woods? Green Exercise for Wellbeing, Nature-Based Therapeutic Research Symposium and Roundtable, University of Minnesota, Minneapolis, Minnesota, October 2015.

Regional Invited Presentations

1. Herbal Therapies for Cardiovascular Disease: Help or Harm? Complementary Medicine Series, Professionals for Professionals, Medical College of Ohio, Toledo, Ohio, February 2003.
2. Herbs and Drug Interactions. Chelsea Community Hospital In-Service, Chelsea, Michigan, October 2003.
3. Minimizing Stress and Optimizing Health: Herbs and Mind-Body Approaches. Jewish Women’s Foundation of Metropolitan Detroit, Bloomfield Hills, Michigan, January 2004.
4. Introduction to Complementary and Alternative Medicine. Flowers Hospital, Toledo, Ohio, May 2004.
5. Menopause: Consider the Alternatives. Kappa Iota Women’s Health Spring Conference, Livonia, Michigan, March 2005.
6. Integrative Approach to Menopause. Women in Transition Workshop, University of Michigan Integrative Medicine, Plymouth, Michigan, October 2005.
7. Alternative Medicine: Herbs and Meditation; Update on Peripheral Vascular Disease: What Happens in the Arteries May Not Stay in the Arteries. CME Course. Heart & Vascular Institute, University of Michigan, Dearborn, Michigan, May 2006.
8. Integrative Medicine Today. Calvin Academy for Lifelong Learning, Grand Rapids, Michigan, October 2006.
9. Michigan Integrative Medicine – A Bird’s Eye View. Complementary and Alternative Medicine Meeting, Veterans Integrated Service Networks (VISN) II, Department of Veterans Affairs, Ann Arbor, Michigan, January 2007.
10. Alternative Strategies to Managing Menopause. Midwinter Family Practice Update. CME Course. University of Michigan, Harbor Springs, Michigan, January 2007.
11. Alternative Approaches to Cardiovascular Disease. Midwinter Family Practice Update. CME Course. University of Michigan, Harbor Springs, Michigan, January 2007.
12. Non–Surgical Obesity Treatments. Midwinter Family Practice Update. CME Course. University of Michigan, Harbor Springs, Michigan, January 2007.
13. An Integrative Approach to the Foundations of Health. Update in Integrative Therapies. CME Course, University of Michigan, Ann Arbor, Michigan, March 2007.
14. Integrative Approaches to PCOS. 16th Annual Primary Health Care of Women. CME Course, University of Michigan, Ann Arbor, Michigan, December 2007.
15. Herbs and Women’s Health. 23rd Annual Clinical Update in Obstetrics and Gynecology. CME Course, University of Michigan, Ann Arbor, Michigan, February 2008.
16. New Frontiers in Herbs and Hormones. Michigan State Medical Society, Annual Scientific Meeting, Troy, Michigan, October 2008.
17. Integrative Approach to Cardiovascular Disease in Women. 17th Annual Primary Health Care of Women. CME Course, University of Michigan, Ann Arbor, Michigan, December 2008.
18. Bringing Energy Healing from Beyond Your Grasp to Within Your Reach. Impact of Integrative Medicine in Primary Care: A Practical Update. CME Course, Department of Family Medicine, University of Michigan, Ann Arbor, Michigan, March 2009.
19. Complementary and Alternative Therapies for Parkinson’s Disease. Michigan Council of Nurse Practitioners Annual Conference, Ypsilanti, Michigan, April 2011.
20. Nature Deficit Disorder and Nature Prescriptions: Promoting Holistic Well-being. Creating Wellness: An Integrative Approach to Primary Care. CME Course, Michigan Academy of Family Physicians and Department of Family Medicine, University of Michigan, Ann Arbor, Michigan, March 2012.

21. Integrative Primary Care and the New Wellness Policies. Creating Wellness: An Integrative Approach to Primary Care. CME Course. Michigan Academy of Family Physicians and Department of Family Medicine, University of Michigan, Ann Arbor, Michigan, March 2012.

22. Nature Deficit Disorder and Nature Prescriptions? The Role in Primary Care, Family Medicine Update. CME Course. Michigan Academy of Family Physicians and Department of Family Medicine, University of Michigan, Ann Arbor, Michigan, October 2014.

23. Nature Deficit Disorder: Using Nature Prescriptions to Promote Wellbeing. 22nd Annual Primary Health Care of Women. CME Course. Michigan Academy of Family Physicians and University of Michigan,

Ann Arbor, Michigan, December 2014.

24. Beyond Tremors: A Multimodal Approach to Parkinson’s Disease. Creating a Space for Wellness: Integrative Health in Primary Care. CME Course. Michigan Academy of Family Physicians and Department of Family Medicine, University of Michigan, Ann Arbor, Michigan, March 2015.

***Conference Preliminary Communications, Panel Discussions***

1. Benn R, Dwyer D, Warber S, Gruppen L, Smith K, White C, Fantone J. The Faculty Scholars Program in Integrative Healthcare. Medical Education Day 2003, University of Michigan Medical School, Ann Arbor, Michigan, February 2003 (poster).

2. Benn R, Warber S, Smith K, Gruppen L. Evaluation of Curriculum Impact on First Year Medical Students’ Attitudes toward Complementary and Alternative Medicine. Medical Education Day 2003,

University of Michigan Medical School, Ann Arbor, Michigan, February 2003 (poster).

3. Warber SL, Dwyer D, Benn R, White C, Gruppen LD, Fantone JC. Intended Learner Outcomes for Complementary and Alternative Medicine. Medical Education Day 2003, University of Michigan Medical School, Ann Arbor, Michigan, February 2003 (poster).

4. Schiller AM, Wunder J, Gillespie B, Uhley VE, Watkins BA, Warber SL. A Pilot Cohort Study of Ephedra-Based Herbal Weight Loss Products on Overweight Women. American College of Sports Medicine (ACSM) Conference, San Francisco, California, May 2003 (poster).

5. Uhley V, Warber SL. A Prospective Pilot Cohort Study of the Effects of Dietary Supplements Containing Ephedra Alkaloids on Weight Loss. North American Association for the Study of Obesity (NAASO) Annual Meeting, Fort Lauderdale, Florida, October 2003.

6. Gruppen LD, Benn RK, White CB, Fantone JC, Smith K, Warber SL. Psychometric Characteristics of an Attitude Instrument for Complementary and Alternative Medicine. Association of American Medical Colleges (AAMC) Conference, Washington DC, November 2003.

7. Kaye A, Cornelio D, Warber S. The Role of Clients’ Attitudes in Seeking and Benefiting from Energy Therapy: A Qualitative Study. Student Biomedical Research Program’s 49th Annual Fall Forum,

University of Michigan Medical School, Ann Arbor, Michigan, November 2003.

8. Irvine K, Warber SL. Work Breaks & Well-being: The Effect of Nature on Hospital Nurses. American Public Health Association’s 31st Annual Conference: Behavior, Lifestyles and Social Determinants of Health, San Francisco, California, November 2003.

9. Warber SL, Cornelio D. The Client’s Role in Biofield Energy Healing – A Qualitative Study. 10th Annual Symposium on Complementary Health Care, Royal College of Physicians, London, England, November 2003.

10. Warber SL, Wunder J, Schiller A, Sandretto A, Uhley V, Bolling S. Use and Effect of Ephedra Weight Loss Products – A Pilot Cohort Study. 10th Annual Symposium on Complementary Health Care, Royal College of Physicians, London, England, November 2003.

11. Warber SL, Wimsatt L. Engaging Students in a Critical Analysis of the Scientific Basis of Complementary, Alternative, Integrative, and Holistic Medicine. Medical Education Day, University of Michigan,

Ann Arbor, Michigan, May 2004 (poster).

12. Warber SL, Cornelio D. Becoming an Energy Healer: A Qualitative Exploration. 14th Annual International Society for the Study of Subtle Energies & Energy Medicine Conference, Colorado Springs, Colorado, June 2004.

13. Warber SL. Active Hope Program: Enhancing Quality of Life for Blood Cancer Survivors. 11th Annual Symposium on Complementary Health Care, Exeter, United Kingdom, November 2004.

14. Filemyr A, Irvine K, Warber SL, Bhaskaran S. Struggles for Social Justice and Community Health: Three Perspectives. 26th Annual Meeting of the National Women’s Studies Association, Orlando, Florida, June 2005.

15. Rubin RM, Warber SL, Myklebust, M. Integrative Medicine and Clinical Outcomes Research: Tools for Measuring Holistic Outcomes. 133rd American Public Health Association (APHA) Annual Meeting & Exposition, Philadelphia, Pennsylvania, December 2005.

16. Warber SL, Gillespie BW, Ai A, Peterson C, Bolling SF. QiPERCS: Qigong and Psychosocial Effects on Rehabilitation after Cardiac Surgery. First Annual Research Symposium of the Complementary, Alternative, Holistic, and Integrative Healthcare Research Council. University of Michigan, Ann Arbor, Michigan, April 2006.

17. Lachance L, Zick S, Hawthorne V, Brien S, Hyland ME, Lewith G, Verhoef M, Warber S. Delphi Process for Developing a Common Epidemiologic Core for Complementary and Alternative Medicine (CAM) Prevalence. North American Research Conference on Complementary and Integrative Medicine, Edmonton, Alberta, Canada, May 2006.

18. Warber SL, Gillespie BW, Ai A, Peterson C, Bolling SF. The Effect of External Qigong Therapy on Post-Cardiovascular Surgery Pain, Wound Healing, and Length of Stay. International Congress on Complementary Medicine Research, Munich, Germany, May 2007.

19. Ritenbaugh C, Koithan M, Coons S, Verhoef M, Sutherland E, Warber S, Elder C. Developing Patient-Centered Measures for Outcomes of CAM Therapies. International Congress on Complementary Medicine Research, Munich, Germany, May 2007.

20. Warber SL, Ingerman S, Wunder J, Schreiber A, Gillespie BW, Durda K, Moura VL, Smith K, Rhodes K, Rubenfire M. Healing the Heart: A Randomized Pilot Study of a Spiritual Retreat for Acute Coronary Syndrome Patients. International Congress on Complementary Medicine Research, Munich, Germany, May 2007 (poster).

21. Uhley VE, Seymour EM, Wunder J, Kaufman P, Kirakosyan A, Al-Rawi S, Warber SL. Pharmacokinetic Study of the Absorption and Metabolism of Montmorency Tart Cherry Anthocyanins in Human Subjects. 2009 Experimental Biology Symposia, New Orleans, Louisiana, April 2009 (poster).

22. Warber SL, Brown S, Tetreault K, Kaye A, Cornelio D. Biofield Energy Therapy: A qualitative Study of the Client’s Perspective. North American Research Conference on Complementary & Integrative Medicine, Minneapolis, Minnesota, May 2009 (poster).

23. Irvine KN, Warber SL. Understanding Urban Green Space as Health Resource. North American Research Conference on Complementary & Integrative Medicine, Minneapolis, Minnesota, May 2009 (poster).

24. Warber SL. Tart Cherry Ingestion by Healthy Volunteers: Pharmacokinetics and Antioxidant Capacity. 5th International Congress on Complementary Medicine Research (ICCMR), Tromso, Norway, May 2010.

25. Verhoef M, de Valois B, Warber SL. Understanding Cancer Patients’ Pathways of Care. 5th International Congress on Complementary Medicine Research (ICCMR), Tromso, Norway, May 2010.

26. Irvine KN, Warber SL. Physical Pursuits and Relaxation: The Relationship between Urban Green Space Use and Human Health. 5th International Congress on Complementary Medicine Research (ICCMR), Tromso, Norway, May 2010 (poster).

27. Warber SL, Irvine KN. Modeling Well-Being and the Relationships between Individuals and their Environments. Well-being 2011: The First International Conference Exploring the Multi-dimensions of Well-being, Birmingham, United Kingdom, July 2011.

28. Marselle M, Irvine KN, Warber SL. Growing Resilience through Interaction with Nature: Assessing Well-Being from Green Space Walking. Well-being 2011: The First International Conference Exploring the Multi-dimensions of Well-being, Birmingham, United Kingdom, July 2011 (1st place award winning poster).

29. Warber SL, Bialko M, Lachance L, Mulkins A, McKenzie E, Balneaves L, Kolthan M, Verhoef M. Modification of the International CAM Questionnaire (I-CAM-Q) for Use in a Longitudinal Study of CAM Use and Patient Decision Making among Cancer Patients. Eighth International Conference for the Society for Integrative Oncology, Cleveland Ohio, November 2011 (poster).

30. Irvine KN, Dallimer M, Warber SL. Prescribing Nature: A Content Analysis of Qualitative Responses among Park Users by Socio-Demographics and Patterns Of Use. International Research Congress: Integrative Medicine and Health Conference, Portland, Oregon, May 2012 (poster).

31. Marselle MR, Warber SL, Irvine KN. Natural Health Service: Enhancing Wellbeing with Group Walks in Green Space. International Research Congress: Integrative Medicine and Health Conference, Portland, Oregon, May 2012 (poster).

32. Warber SL, Bialko MF, DeHudy AA, Irvine KN. Addressing Nature Deficit Disorder: A Quantitative Survey Study of Multidimensional Aspects of Well-Being among Young Adults at a Wilderness Camp. International Research Congress: Integrative Medicine and Health Conference, Portland, Oregon, May 2012 (poster).

33. Warber SL, Bialko MF, DeHudy AA, Irvine KN. Addressing Nature Deficit Disorder: A Mixed Methods Study of Social Well-Being among Young Adults Attending a Wilderness Science Camp. International Research Congress: Integrative Medicine and Health Conference, Portland, Oregon, May 2012 (poster).

34. Marselle MR, Irvine KN, Warber SL. Walking for Health: Does Well-Being Vary by Where You Walk? The 8th Annual Meeting and Symposium of the European Network for the Promotion of Health-Enhancing Physical Activity (HEPA Europe), Cardiff, Wales, September 2012 (poster).

35. Bell R, Irvine KN, Warber S, Wilson C. Life is Looking Up: A Pilot Study to Investigate Whether Stargazing Activity Demonstrates a Connectedness to Nature. Third World Congress on Positive Psychology, International Positive Psychology Association (IPPA), Los Angeles, California, June-July 2013 (poster).

36. Shumer G, Warber SL, Motohara S, Yajima A, Plegue M, Bialko M, Lida T, Sano K, Amenomori M, Tsuda T, Fetters M. Complementary and Alternative Medicine Use by Visitors to Rural Japanese Family Medicine Clinics: Results From The International Complementary and Alternative Medicine Survey. 41st Annual Meeting of the North American Primary Care Research Group (NAPCRG), Ottawa, Canada, November 2013 (poster).

37. Bell R, Reeves A, Irvine KN, Warber S. Spiritual Growth: An Investigation into How Interaction with Nature through Gardening May Develop Spiritual Wellbeing. The Research Students Poster Competition, De Montfort University, Leicester, UK, April 2014 (poster: Peer-reviewed Prize, Fourth Place Prize).

38. Bell R, Reeves A, Irvine, KN, Warber S. Spiritual Growth: How Might Interaction with Nature through Gardening Enhance Spiritual Wellbeing. The 7th European Conference on Positive Psychology (ECPP), Amsterdam, Netherlands, July 2014 (poster).

39. Marselle MR, Irvine KN, Lorenzo-Arribas A, Warber SL. Environmental Quality and Emotional Well-being: Perceived Restorativeness as a Potential Mediator. 11th Biennial Conference of Environmental Psychology, Gronegen, Netherlands, August 2015.

40. Irvine KN, Dallimer M, Warber SL, Gaston KJ. Ecological Quality and Human Wellbeing: Insights from the Field. Society for Ecological Restoration, 6th World Congress on Ecological Restoration, Manchester, UK, August 2015.

41. Warber SL, Bialko MF, Kane LE, Irvine KN: A Multi-Modal Retreat Program in a Natural Setting Promotes Long-Term Holistic Well-Being for Breast Cancer Survivors: A 12-Month Observational Study. 12th International Society for Integrative Oncology Conference, Boston, Massachusetts, November 2015 (poster).

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***Peer-Reviewed Journals and Publications***

1. Wollner IS, Knutsen CA, Ullrich KA, Niederhuber JE, Crudrup JW, Juni JE, Warber SL, Gyves J, Stetson PL, Ensminger WD. A dog model using an implanted system for protracted hepatic arterial chemotherapy.

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1. Buchsbaum DJ, Sinkule JA, Stites MS, Fodor PA, Hanna DE, Ford SM, Warber-Matich SL, Juni JE, Foon KA. Localization and imaging with radioiodine-labeled monoclonal antibodies in a xenogenetic tumor model for human B-cell lymphoma. *Cancer Res.* 1988;48(9):2475-82.
2. Wollner I, Knutsen C, Smith P, Priescorn D, Chrisp C, Andrews J, Juni J, Warber S, Klevering J, Cudrup J, Ensminger W. Effects of hepatic arterial Yttrium-90 glass microspheres in dogs. *Cancer Res.* 1988;61(7):1336-44.
3. Andrews JC, Walker-Andrews SC, Juni JE, Warber S, Ensminger WD. Modulation of liver tumor blood flow with hepatic arterial epinephrine: a SPECT study. *Radiology.* 1989;173(3):645-7.
4. Shores A, Warber-Matich S, Cooper T. The role of magnetic resonance spectroscopy in neuro-oncology. *Semin Vet Med Surg (Small Anim).* 1990;5(4):237-40.
5. Warber SL, Zick SM. Biologically based complementary medicine for cardiovascular disease: help or harm? *Clinics in Family Practice.* 2001;3(4):945-75.
6. Moura VL, Warber SL, James SA. CAM providers’ messages to conventional medicine: A qualitative study. *Am J Med Qual.* 2002;17(1):10-14.
7. Irvine KN, Warber SL. Greening healthcare: Practicing as if the natural environment really mattered.

*Altern Ther Health Med.* 2002;8(5):76-83.

1. Fetters MD, Warber SL. Complementary and alternative medicine in clinical practice: Ethical considerations. *Clinics in Family Practice.* 2002;4(4):765-72.
2. Zick SM, Raisler J, Warber SL. Pregnancy. *Clinics in Family Practice*. 2002;4(4):1005-28.
3. Kirakosyan A, Kaufman PB, Warber S, Bolling S, Chang SC, Duke JA. Quantification of major isoflavonoids and l-canavanine in several organs of kudzu vine (*Pueraria montana*) and in starch samples derived from kudzu roots. *Plant Sci.* 2003;164(5):883-8.
4. Warber SL, Fetters MD, Kaufman PB. Environmental ethics: Finding a moral compass for human-plant interaction. *Altern Ther Health Med.* 2003;9(2):100-5.
5. Kirakosyan A, Seymour E, Kaufman PB, Warber S, BollingS, Chang SC. Antioxidant capacity of polyphenolic extracts from leaves of Crataegus laevigata and Crataegus monogyna (hawthorn) subjected to drought and cold stress. *J Agric Food Chem.* 2003;51(14):3973-6.
6. Lal A, Warber S, Kirakosyan A, Kaufman PB, Duke JA. Upregulation of isoflavonoids and soluble proteins in edible legumes by light and fungal elicitor treatments. *J Altern Complement Med.* 2003;9(3):371-8.
7. Warber SL, Gordon A, Gillespie BW, Olson M, Assefi N. Standards for conducting clinical biofield energy healing research. *Altern Ther Health Med.* 2003;9(3 Suppl):A54-64.
8. Cornelio D, Warber SL. Social construction of CAM. *Mol Interv.* 2003;3(4):182-5.
9. Kirakosyan A, Kaufman PB, Duke JA, Warber S, Bolling S. Comparison of levels of L-Dopa and isoflavones in seeds as compared with seedlings of 24 different cultivars of Vicia faba (broad bean): Implications of human health. *Integr Med (Encinitas).* 2004;1(2):131-5.
10. Kirakosyan A, Kaufman P, Warber S, Zick S, Aaronson K, Bolling S, Chul Chang S. Applied environmental stresses to enhance the levels of polyphenolics in leaves of hawthorn plants. *Physiol Plant.* 2004;121(2):182-6.
11. Warber S, Cornelio D, Straughn J, Kile G. Biofield energy healing from the inside. *J Altern Complement Med.* 2004;10(6):1107-13.
12. [Feng AY](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Feng+AY%22%5BAuthor%5D), [Hallmeyer S](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Hallmeyer+S%22%5BAuthor%5D), [Peace D](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Peace+D%22%5BAuthor%5D), [Wunder J](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Wunder+J%22%5BAuthor%5D), [Warber SL](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Warber+SL%22%5BAuthor%5D), [Wilson M](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Wilson+M%22%5BAuthor%5D), [Walker LG](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Walker+LG%22%5BAuthor%5D), [Block KI](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Search&term=%22Block+KI%22%5BAuthor%5D). Integrative tumor board: Recurrent lymphoma. *Integr Cancer Ther.* 2004;3(3):238-56.
13. McKee J, Warber S. Integrative therapies for menopause. *South Med J.* 2005;98(3):319-26.
14. Kaufman PB, Kirakosyan A, Cseke LJ, Duke JA, Warber S, Bolling SF. Biotechnology studies on isoflavone production in edible legumes. *Plant Sci.* 2005;3:85-103.
15. McKee J, Warber S. The patient page. Symptom relief for menopause. *South Med J*. 2005;98(3):399.
16. Kirakosyan A, Kaufman P, Nelson RL, Kasperbauer MJ, Duke JA, Seymour E, Chang SC,

Warber S, Bolling S. Isoflavone levels in five soybean (Glycine max) genotypes are altered by phytochrome-mediated light treatments. *J Agric Food Chem.* 2006;54(1):54-8.

1. Sierpina V, Kreitzer MJ, Benn R, Warber S. Innovations in integrative healthcare education: Faculty development and the Faculty Scholars Program. *Explore (NY).* 2006;2(2):172-4.
2. Kirakosyan A, Kaufman P, Chang S, Warber S, Bolling S, Vardapetyan H. Regulation of isoflavone production in hydroponically grown *Pueraria montant* (kudzu) by cork pieces, XAD-4, and methyl jasmonate. *Plant Cell Rep.* 2006;25(12):1387-91.
3. Kornfeld A, Kaufman P, Lu CR, Gibson DM, Bolling SF, Warber SL, Chang SC, Kirakosyan A. The production of hypericins in two selected Hypericum perforatum shoot cultures is related to differences in black gland structure. *Plant Physiol Biochem*. 2007;45(1):24-32.
4. Kirakosyan A, Kaufman P, Duke J, Seymour EM, Warber S, Bolling S. Production of isoflavones in seeds and seedlings of different peanut genotypes. *Crop Sci.* 2007;47:717-21.
5. Haramati A, Elder W, Heitkemper M, Warber S. Preface: Insights from educational initiatives in complementary and alternative medicine. Acad Med. 2007; [**82(10**](http://www.academicmedicine.org/pt/re/acmed/toc.00001888-200710000-00000.htm;jsessionid=HvFhFxhgntdBm7H7jLwPc1TRJQy2LWhqltkMmjxkwMdyJpDpyyF7!-1947435345!181195628!8091!-1)**):**919-21.
6. Lachance L, Hawthorne V, Brien S, Hyland ME, Lewith G, Verhoef M, Warber S,Zick S. Delphi – derived development of a common core for measuring complementary and alternative medicine prevalence. *J Altern Complement Med*. 2009;15(5):489-94.
7. Kirakosyan A, Seymour EM, Noon K, Kaufman P, Warber S, Bolling S. Bioavailability of Tart Cherry Antioxidants in Human Subjects. *Free Radic Biol Med*. 2010;49:S221.
8. Kirakosyan A, Seymour EM, Noon KR, Urcuyo Llanes DE, Kaufman PB, Warber SL, Bolling SF. Interactions of antioxidants isolated from tart cherry (Prunus cerasus) fruits. *Food Chem.* 2010;122:78-83.
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10. Ritenbaugh C, Nichter M, Nichter MA, Kell KL, Sims CM, Bell IR, Castaneda HM, Elder CR, Koithan MS, Sutherland EG, Verhoef MJ, Warber SL, Coons SJ. Developing a patient-centered outcome measure for complementary and alternative medicine therapies I: Defining content and format. *BMC Complement Alt Med.* 2011;11:135. PMCID: PMC3293761
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14. Marselle MR, Irvine KN, Warber SL. Examining group walks in nature and multiple aspects of well-being: A large-scale study. *Ecopsychology.* 2014;6(3):134-7.
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