

THE JACK AND NANCY WESTMAN LECTURE IN FAMILY AND COMMUNITY PSYCHIATRY, 2014- 2024

2014



Thomas Dishion, PhD

Founder, REACH Institute (Research and Education Advancing Children's Health)
Professor of Psychology
Arizona State University

Thomas Dishion (dec. 6/1/2018) was a central figure advancing the field of prevention science, which brings techniques or interventions backed by research into the community. At Oregon, he founded the Child and Family Center, and at ASU, he re-envisioned prevention science by founding and directing the REACH Institute in the

Department of Psychology.

Dr. Dishion's developmental psychopathology research informed the development of the "Family Check-Up" and numerous other prevention interventions targeting antisocial behavior and substance abuse. The Family Check-Up program targets at-risk families with young children and teaches parenting skills that improve the interactions between parents and children. These simple parenting skills have wide-ranging effects and protect children against substance abuse and a range of mental health problems years later in life.

Dr. Dishion was a prolific scholar who was passionate about using rigorous methods in his research that he then applied to his interventions. During his 30-year career, he published over 300 papers in peer-reviewed journals, was awarded more than \$100 million in federal research grants and trained myriad scientists. His papers were heavily cited, which means his work widely influenced other scientists.

2015



Laurel Kiser, PhD, MBA

Associate Professor Division of Psychiatric Services Research
Department of Psychiatry
Principal Investigator, School of Medicine
Family Informed Trauma Treatment (FITT) Center
University of Maryland School of Medicine

Dr. Laurel Kiser has served as School of Medicine Principal Investigator of the Family Informed Trauma Treatment (FITT) Center, a National Child Traumatic Stress Network Category II Center, since 2007.

Dr. Kiser has expertise in the development and provision of intensive psychiatric services to children growing up in low-income, multiple problem families. Through this work, Dr. Kiser has treated many children and adolescents living in poverty, playing in dangerous neighborhoods, victims of neglect, physical and sexual abuse, with moderate to severe psychiatric and behavior disorders. She has written on the effects of posttraumatic stress disorder and physical/sexual abuse on children and adolescents as well as family processes related to stress and trauma.

Dr. Kiser has received support from the National Institute of Mental Health and the Substance Abuse and Mental Health Services Administration to develop family-based interventions to address the high rates of trauma exposure and the prevalence of trauma-related disorders related to poverty. Her articles appear frequently in the professional literature, and she is a regular presenter and invited lecturer at national conferences.

2016



Roger R. Harrison, PhD

Associate Professor of Pediatrics
Sidney Kimmel College of Medicine at Thomas Jefferson University
Pediatric Psychologist, Nemours Children’s Health

Dr. Roger Harrison currently serves as president-elect of the Delaware Psychological Association and chair of its diversity committee. In addition, he serves as a commissioner to the Delaware Health Care Commission, appointed by Governor John Carney. At Nemours, he is a diversity and inclusion educator in the Office of Health Equity and Inclusion (OHEI), and co-chairs the Division of Behavioral Health’s diversity subcommittee. Harrison has a special focus on ADHD, behavior disorders in childhood, anxiety and mood disorders, and parenting. He spends much of his time as a clinician and is involved in research projects focused on outcomes of parent-child conduct clinic group treatment, and outcomes for ADHD diagnostics. Dr. Harrison’s interests are figuring out the connection between learning problems and children with ADHD.

2017



Guy Diamond, Ph.D.

Associate Professor Emeritus and Director
Center for Family Intervention Science
Drexel University

Dr. Diamond is Professor Emeritus at the University of Pennsylvania School of Medicine and formerly was Associate Professor at Drexel University in the College of Nursing and Health Professions. His primary work has been in youth suicide prevention and treatment research. On the prevention side, he has created a program focused on training, screening and triage to be implemented in non-behavioral health settings.

On the treatment side, Dr. Diamond has focused on the development and testing of attachment-based family therapy (ABFT), especially for teens struggling with depression and suicide. ABFT has now been applied to children and young adults, LGBTQ youth and adults, and adopted in clinics all over the world where it is used as a transdiagnostic approach to patient mental health and ruptures in family attachment.

2018



Niobe Way, Ed.D.
Professor of Applied Psychology
New York University

In an age of increasing rates of loneliness, suicide, and mass violence, Dr. Niobe Way is an internationally recognized leader in the study of social and emotional development among adolescents. She is particularly focused on boys and young men and why they are at greater risk for such problems than girls and women. Dr. Way currently is a Professor of Developmental Psychology and the founder of the *Project for the Advancement of Our Common Humanity* at New York University. She is also past President of the Society for Research on Adolescence (SRA) and co-director of the Center for Research on Culture, Development, and Education at NYU. She has authored nearly a hundred journal articles and numerous books, including *Deep Secrets: Boys' Friendships and the Crisis of Connection* (Harvard University Press) and *Everyday Courage: The Lives and Stories of Urban Teenagers* (NYU Press). Her research has been funded by the National Institute of Mental Health, The National Science Foundation, The William T. Grant Foundation, The Einhorn Family Charitable Trust Foundation, The Spencer Foundation and numerous other foundations. She is a frequent contributor to the *Huffington Post* and has recently become an online contributor for *Psychology Today*.

2019



Holly Waldron, Ph.D.
Director, Center for Family and Adolescent Research (CFAR)
Oregon Research Institute

Dr. Holly Waldron has been the Director of CFAR since 1996. She is a nationally recognized expert in the development and evaluation of behavioral and family-based treatments for adolescent substance abuse, HIV risk and problem behaviors. She the Principal Investigator of CFAR's program of research in treatment for troubled teens and their families. Dr. Waldron is also actively involved as a supervision consultant and is a Functional Family Therapy (FFT) trainer to professionals both nationally and internationally.

Dr. Waldron's work in FFT began more than 30 years ago. As a clinical trainer and supervisor, she has extensive experience helping therapists excel in FFT. As a researcher, she has conducted numerous clinical trials to develop and evaluate FFT for youth with substance abuse, delinquency, and depression. Her work has led to innovations for helping troubled youth and families through FFT, including change strategies for substance abuse and depression, motivational incentives to promote drug abstinence, FFT aftercare for relapse prevention, specialized supervision methods, and FFT web-based service delivery. She is actively engaged in FFT dissemination through LIFFT - "Leading Implementations in Functional Family Therapy", an organization designed to train therapists and expand the reach and adoption of the FFT model.

2020



Altha J. Stewart, MD

Senior Associate Dean for Community Health Engagement
Associate Professor and Chief of Social/Community Psychiatry
Director, Center for Youth Advocacy and Well-Being
University of Tennessee Health Science Center Memphis

Dr. Altha J. Stewart is a psychiatric consultant, healthcare administrator, and nationally recognized expert in public sector and minority issues in mental health care. She currently serves as Executive Director for Just Care Family Network, Memphis' federally funded System of Care program for children with serious emotional disorders and their families. Prior to this she served as Executive Director of the SAMHSA/CMHS funded National Leadership Council on African American Behavioral Health (NLC). From 1999-2002, Dr. Stewart served as Executive Director of Detroit-Wayne County Community Mental Health Agency, one of the largest public mental health systems in the US, with a budget of over \$500 million. She worked for over a decade as CEO and Executive Director in large public mental health systems in Pennsylvania and New York, overseeing the management and development of programs for persons with mental illness and substance use disorders.

An invited participant at the historic 1999 White House Conference on Mental Health, Dr. Stewart is the recipient of numerous awards and honors including the 2001 Welcome Back Award in Psychiatry sponsored by Eli Lilly and Company, 2002 NAMI Exemplary Psychiatrist Award, the 2003 Pathfinders in Medicine Award from Wayne State University in Detroit, Michigan, and the 2006 American Psychiatric Association's Alexandra Symonds Award. A frequent guest on news and public affairs programs discussing mental illness and psychiatric treatment, she has been a featured guest on radio and television discussing mental illness in the African American community. Dr. Stewart is past president of the American Psychiatric Foundation, the Association of Women Psychiatrists and the Black Psychiatrists of America.

2021



Mary McKay, M.S.W., Ph.D.

Vice Provost of Interdisciplinary Initiatives
Professor, School of Medicine and Brown School of Social Work
Washington University in St. Louis
Research Scientist and McSilver Faculty Fellow, NYU Silver School of Social Work

Dr. Mary McKay joined the Brown School at Washington University in St. Louis as dean in 2016. Dr. McKay's academic experience connects deeply to both social work and public health. She has received substantial federal funding for research focused on meeting the mental health and health prevention needs of youth and families impacted by poverty. She also has significant expertise in child mental health services and implementation research methods, as well as over 20 years of experience conducting HIV prevention and care-oriented studies, supported by the NIH. Dr. McKay has authored more than 150 publications on mental and behavioral health, HIV/AIDs prevention and urban poverty, and more. Prior to joining the faculty at Washington University, Dr. McKay was the McSilver Professor of Social Work and the inaugural director of the McSilver Institute for Poverty Policy and Research at NYU's Silver School of Social Work.

2022

No Lecture

2023



Noni Gaylord-Harden, PhD

Professor, Department of Psychological and Brain Sciences
Texas A&M University

Dr. Gaylord-Harden's research focuses on traumatic stress, coping, and psychological functioning in Black youth and families. The goal of her community- and school-based research is to improve the lives of Black youth and families.

Dr. Gaylord-Harden's most recent work focuses on the impact of exposure to community violence and traumatic loss on Black adolescents and families in disinvested, urban communities. She has also examined the role of modifiable protective factors, such as future orientation, coping strategies, and parent-child relationships, that buffer the effects of traumatic stress. She and her team seek to address disparities in community violence exposure and traumatic loss and to minimize the adverse effects of violence exposure by enhancing existing strengths and assets embedded in Black youth, families, and communities. Dr. Gaylord-Harden aims to utilize findings from her research to design and implement strengths-based interventions that promote healing for Black adolescents and families.

2024



Lisa Amaya-Jackson, MD, MPH

Professor of Psychiatry and Behavioral Sciences
Child & Family Mental Health & Community Psychiatry Division
Duke University School of Medicine

Dr. Amaya-Jackson is child and adolescent psychiatrist with over 30 years working in the field of child trauma, post-traumatic stress disorder, and bringing effective treatments to community providers and service systems. She is tenured Professor in Psychiatry and Behavioral Sciences at Duke University School of Medicine. Currently she is Co-Director at the UCLA-Duke National Center for Child Traumatic Stress - coordinating center for the (SAMHSA funded) National Child Traumatic Stress Network and is Director of Duke Psychiatry's Evidence-based Practice Implementation Center. She is a co-founder of the Center for Child & Family Health, in Durham, N.C. - a tri-university collaboration that provides specialty services and training curriculum for community children exposed to trauma & Co-directs its NC Child Treatment Program, a comprehensive, public mental health initiative training clinicians to deliver trauma EBTs across the state. Known for research in assessment, cognitive-behavioral treatment, and effective implementation of child trauma-informed, evidence-based interventions into community practice, Dr. Amaya-Jackson's research and training interests currently center on national efforts to increase access and quality of services for children through policy, training, and clinical strategies aimed to create an evidence based, trauma-informed, mental health workforce.