What to Expect During Embryo Transfer

- Once the eggs have been fertilized and developed into embryos, the embryos are ready to be transferred back into the uterus.
- Your doctor will discuss the number of embryos to be transferred.
- The procedure is simple, does not require anesthesia, and takes only a few minutes.
- A speculum, an instrument that enlarges the opening of your vagina, is put in place and a small catheter is inserted through your cervix into your uterine cavity (see picture).
- The embryos are then transferred into your uterus through the catheter (see picture); any discomfort from the transfer is usually minimal.
- Your doctor may suggest freezing unused embryos to preserve them for future pregnancy attempts.