

# Fibromyalgia Educational Seminar



**CHRONIC PAIN  
AND FATIGUE**  
RESEARCH CENTER

Lobby M, Suite 3100  
Domino's Farm  
24 Frank Lloyd Wright Drive  
Ann Arbor, MI 48106

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## Upcoming Dates

Wednesday, February 12, 2020  
12:00 noon — 2:00 pm

Wednesday, March 25, 2020  
10:00 am — 12:00 noon

Wednesday, April 22, 2020  
12:00 noon — 2:00 pm

Wednesday, May 6, 2020  
10:00 am — 12:00 noon

Wednesday, May 20, 2020  
12:00 noon — 2:00 pm

Wednesday, June 3, 2020  
10:00 am — 12:00 noon

Wednesday, June 17, 2020  
12:00 noon — 2:00 pm

Wednesday, July 15, 2020  
10:00 am — 12:00 noon

Wednesday, July 29, 2020  
12:00 noon — 2:00 pm

Wednesday, August 12, 2020  
10:00 am — 12:00 noon

Wednesday, August 26, 2020  
12:00 noon — 2:00 pm



Each month, Dr. Dan Clauw, the director of the Chronic Pain and Fatigue Research Center, presents an overview of what is currently known (and suspected) about Fibromyalgia and discusses the rationale behind a variety of current research studies into the possible causes and mechanisms of FM. Information is provided regarding ways in which patients can assume an active role in the management of their symptoms, and specific things they can do to supplement prescribed treatments.

Topics addressed during the seminar include the role of cognitive behavioral therapy, exercise, medication, and how to discuss symptoms with treatment providers. The seminar is offered free of charge and friends and family members are welcome to attend. *Content is relevant to patients suffering from a range of other pain syndromes such as irritable bowel, pelvic pain, and headaches.*

The seminar is held at the Chronic Pain and Fatigue Research Center located on the third floor of Lobby M, Domino Farms Office Complex, Ann Arbor, Michigan. The session **will last approximately 2 hours**. The content of each session is the same.

To register, call **1-734-998-6939**

Space is limited. Attendance is not guaranteed unless you receive a confirmation message from our staff.

Space is limited.  
Call for current availability

<https://www.medicine.umich.edu/dept/chronic-pain-fatigue-research-center>

