

# ACT

## Amputee's Creating a New Tomorrow

Please join us for a six week class that can help you regain control of your life after losing a limb.

- Self-Management
- Physical Therapy
- Preventing further Limb Loss
- Pain Management
- Prosthetics
- Driving/Transportation
- Family Relations/Changing Roles
- Employment/Hobbies

**When:** Held yearly in the spring

**Where:** UM Orthotics & Prosthetics Center  
2850 S. Industrial Hwy, Suite 400 Ann Arbor, MI 48104

Class is free of charge and open to new amputees who feel they will benefit from the topics listed above. Please invite a family member, close friend or caregiver to attend along with you.

For more information or to register please contact: *Carla Vollmer (734) 975-7432*  
[cvollmer@med.umich.edu](mailto:cvollmer@med.umich.edu)

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Physical Medicine & Rehabilitation—PM&R  
Cardiovascular Center—CVC  
Orthotics & Prosthetics Center—O&P  
Department of Social Work