Lessons from Seven Years of Struggles and Successes

- Failure does not define you
- It’s okay to not be okay
- True diversity doesn’t end with race and gender
- Look out for others
- Let the humanity of our job make you a better human, not less of one
- Self-sacrifice is not a virtue
- Kindness is not weakness
- When you make yourself a priority you give others permission to do the same
- It’s still just a job
- Be grateful

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