Obesity is a driver of peripheral neuropathy...

...independent of diabetes.

BLOOD PRESSURE, BMI & FAT AROUND THE WAIST are all linked to cognitive decline.

Where fat collects is more important than overall obesity.

For example, fat concentrated around the waist is linked to neuropathy & cognitive decline.

1.9 B adults worldwide are overweight

650 M of these are obese

In the US, nearly (30.7%) are overweight

(42.4%) have obesity

Medical costs for obesity are almost $150 B per year in the US

Hypertension
Dyslipidemia
Heart disease
Stroke
Osteoarthritis
Breathing problems
Many types of cancer
Mental illness
Chronic pain
Death