Resource Guide for Persons with Limb Loss

University of Michigan Orthotics & Prosthetics Center Physical Medicine and Rehabilitation

2024 Guide



https://pmr.med.umich.edu/ucan 2850 S. Industrial Hwy, Suite 400 Ann Arbor, MI 48104 734-973-2400

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University of Michigan Orthotics and Prosthetics Center (UMOPC) only endorse Michigan Medicine and the University of Michigan (UM) departments. All other listings are for informational purposes only. Please contact Carla Vollmer via email at cvollmer@med.umich.edu to report information updates or to be added to or removed from this listing.

Amputee Networks/Support Groups

Ann Arbor University of Michigan Community Amputee Network (U-CAN)

1st Tuesday of each month, 5:30 to 7:30 p.m.

Meetings held in-person & virtually

University of Michigan Orthotics & Prosthetics Center

2850 South Industrial Highway, Suite 400

Contact: Carla Vollmer, Limb Loss Support Coordinator Brittany Shupe-Sawyer, LLMSW, Clinical Social Worker

Carla Vollmer: 734-975-7432 Email: cvollmer@med.umich.edu

Website: https://pmr.med.umich.edu/ucan

Zoom link for monthly group meetings: https://umich.zoom.us/j/97544788830

Commerce

Lakes Area Amputee Support Group

2nd Tuesday of each month, 6:30-8:30 p.m.

Meetings held in-person & virtually

Ropp Orthopedic

2075 E West Maple Rd Ste B-207, Commerce Township

Contact: Mike Grace 248-707-5421

Website: https://painfreeprosthetics.com/news-events/

Detroit Amputee support Group

1st Thursday of each month, 12:00-1:00 p.m.

Sports Ability room

Rehabilitation Institute of Michigan

261 Mack Ave

Contact: Brent Givens Email: bgivens@dmc.org

Detroit Limb Loss Support Group

1st Thursday of each month, 4:00-5:30 p.m.

Anew Life Prosthetics & Orthotics

6438 Woodward Ave Contact: Chris Casteel

734-552-9225

Email: chris@anewlifepando.com

Frankenmuth

Amputee Peer Community & Mobility Class

2nd Wednesday of the month, 4:00-6:00 p.m. (call or email in advance to register) Held in-person & virtually

Warenhaus Studio 1215B Weiss St.

855-977-1300

Email: info@bremerprosthetics.com

Grand Rapids Limb Loss Meet-up

2nd Wednesday of each month, 5:00-6:30 p.m (no meetings held July, August & December)

Corewell Health Blodgett Hospital 1840 Wealthy St. SE, Guild Room 1

Contact: Jamie DuVerneay

616-774-4135 616-774-8170

Email: <u>Jamie.DuVerneay@corewellhealth.org</u>

Grand Rapids

Great Lakes Amputee Network

3rd Tuesday of each month, 6:30- 8:00 p.m. Mary Free Bed Rehabilitation Hospital, Orthotics & Prosthetics 235 Wealthy St., SE, Grand Rapids

Contact: Stephanie Rose

616-591-8980

Email: stephanie.rose@maryfreebed.com

Kalamazoo

Southwest MI Amputee Resource Group

2nd Monday of each month, 6:30-7:30 PM Ascension Borgess Health & Fitness 3025 Gull Rd, Kalamazoo, MI

Contact: Denise Garten

269-425-0042

Email: smarq.amputees@gmail.com

Amputee Coalition

For a listing of support groups nearest you

900 East Hill Avenue, Suite 390 Knoxville, Tennessee 37915 Phone: 888-267-5669

Website: https://www.amputee-coalition.org/support-groups-peer-support/support-group-network/

Case Management

NADR—National Association of Disability Representatives

www.nadr.org/

1305 W. 11th street #222 Houston, TX 77008 Phone: 202-822-2155

Referral line: 800-747-6131

A not-for-profit national referral service for claimants seeking representation and information about Social Security Disability, continuing disability reviews, and over payment and under payment problems.

Aging Life Care Association

http://www.aginglifecare.org/

3275 W. Ina Road, Suite 130, Tucson, AZ 85741-2198

Phone: 520-881-8008

Also known as geriatric care management, is a holistic, client-centered approach to caring for older adults with a specialized focus on issues associated with aging and disabilities.

Community Resources

Disability Network Washtenaw, Monroe, Livingston

https://www.dnwml.org/ 3941 Research Park Drive Ann Arbor, MI 48108 734-971-0277

Disability Network's mission is to empower the lives of people with disabilities and advocate for a more inclusive community for all.

Easter Seals Michigan

https://www.easterseals.com/our-programs/

https://www.easterseals.com/MORC/connect-locally/easterseals-morc.html

2399 E. Walton Blvd., Auburn Hills, MI 48326 Phone: 248- 475-2150

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 100 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Michigan Ability Partners

https://www.mapagency.org/aboutus https://www.mapagency.org/services 3810 Packard, Ste 260 Ann Arbor, MI 48108 734-975-6880

MAP works with Veterans and people who have disabilities in support of their self-directed transformation to self-sufficiency; Helping find Permanent Supported Housing, Supportive Services including case management, Rapid Re-Housing, Employment Training, Job Placement Services and Representative Payee services.

Geriatrics Community Programs-Turner Senior Resource Center Michigan Medicine

https://medicine.umich.edu/dept/geriatrics-center/community-programs

https://medicine.umich.edu/dept/geriatrics-center/community-programs/turner-senior-resource-center

2401 Plymouth Rd, Ste C Ann Arbor, MI 48105

Offers outreach programs and activities serving older adults.

Counseling

University of Michigan

Eisenberg Family Depression Center

https://depressioncenter.org/about

https://depressioncenter.org/outreach-education/community-education/depression-

toolkit/looking-more-resources

https://medicine.umich.edu/dept/psychiatry/contact-us-0

734-764-0231

Providing care through the Department of Psychiatry for children & adults & addiction treatment services for teens and adults.

Michigan Psychological Association

https://www.michiganpsychologicalassociation.org/find-a-psychologist

124 West Allegan Street Suite 1900 Lansing, MI 48933 517-347-1885

MPA is an organization of more than 1,000 psychologists who's mission is to improve the health of the people of Michigan by advancing the science, education and practice of psychology. It is the Michigan affiliate of the American Psychological Association-search by city, type, name or specialty.

American Psychological Association

https://locator.apa.org/

To search for a psychologist outside of Michigan

Finances

Limbs For Life Foundation

http://www.limbsforlife.org/

9604 N. May Ave Oklahoma City, OK 73120 888-235-5462

Email: admin@limbsforlife.org

The Limbs for Life Foundation is a global nonprofit organization dedicated to providing fully functional prosthetic care for individuals who cannot otherwise afford it and raising awareness of the challenges facing amputees.

MI-UCP

Michigan United Cerebral Palsy

https://www.mi-ucp.org/accessibilityandmobility

23077 Greenfield Rd Suite 205 Southfield MI 48910 248-557-5070

Email: info@mi-ucp.org

One of Michigan's largest sources of support, education, referrals, and services for people with disabilities and their families. The programs they assist with: Michigan Assisted Technology loan fund, Quick Ramps for Kids, Ramps for people with disabilities, seniors & Veterans, Advocacy & Housing and Employment Services.

Government Resources

The Americans with Disabilities Act (ADA)
U.S. Department of Justice ADA Home Page
http://www.ada.gov/

Website provides Information and Technical Assistance on the ADA

Job Accommodation Network

http://www.jan.wvu.edu/ Job Accommodation Network PO Box 6080 Morgantown, WV 26506-6080 800-526-7234

JAN helps individuals with disabilities explore accommodation ideas and provides practical suggestions for requesting and negotiating accommodations with an employer.

Michigan Rehabilitation Services

https://www.michigan.gov/leo/bureaus-agencies/mrs

Office locator: https://www.michigan.gov/leo/bureaus-agencies/mrs/orientation-

intro/mrs-office-locator

877-901-9195

Michigan Rehabilitation Services provides vocational rehabilitation services for eligible individuals with disabilities. MRS partners with individuals and employers to achieve quality employment outcomes & independence for persons with disabilities.

Health & Home Care

Health Care.gov

https://www.healthcare.gov/get-coverage/

Information about the Affordable Care Act and the ability to look up plans and prices for healthcare in your area.

Department of Health and Human Services

https://www.hhs.gov/programs/index.html

Government site providing information from social services, mental health and more.

The office for Civil Rights

http://www.hhs.gov/ocr/

A federal government website managed by the U.S. Department of Health & Human Services that can answer questions you may have regarding healthcare coverage and the affordable care act, health & human services & the office for civil rights.

University of Michigan Home Med Services

https://homecare.med.umich.edu/

https://homecare.med.umich.edu/HospitalCareAtHome

https://homecare.med.umich.edu/HouseCalls

2850 S. Industrial Hwy, Suite 50 Ann Arbor MI 48104 -9821

Home Med provides a wide range of services in the comfort of your home, including hospital care and house calls to your home. Click on each link for more information.

Home Modifications

Builders and Remodelers Association of Greater Ann Arbor (BRAG)

Serving all of Washtenaw County

http://www.bragannarbor.com/

179 Little Lake Drive Ann Arbor, MI 48103 734-996-0100

BRAG members who have earned National Association of Home Builders (NAHB) professional designations and certifications.

Specialty Builders and contractors to accommodate your home or place of residence https://match.angi.com/sem/category.Specialty-Services-Disability-Chairlifts-Elevators.10431.html

The website helps you find a list of disability contractors in your area.

Michigan Homeowner Repair and Rehabilitation Assistance U.S. Department of Housing and Urban Development https://www.hud.gov/states/michigan/homeownership/repair_rehab There are several homeowner repair and rehabilitation programs available based on your individual circumstances. These programs are offered by a variety of organizations (local and national).

Housing Assistance

Community Housing Network

http://www.communityhousingnetwork.org/

The Community Housing Network provides homes for people in need through proven strategies of homelessness prevention, housing assistance, development of affordable housing, community education & advocacy. They work primarily in Southeast Michigan.

Valley Area Agency on Aging (VAAA)

https://valleyareaaging.org/

225 E. Fifth Street Suite 200

Flint MI 48502

Phone: 810-239-7671 Email: <u>info@valleyaaa.org</u>

The VAA collaborates with local senior centers to offer an array of services both for seniors in the community and caregivers, serving Genesee, Lapeer & Shiawassee counties.

Legal Services

American Bar Association

https://www.americanbar.org/

https://www.americanbar.org/groups/legal services/flh-home/flh-bar-directories-

and-lawyer-finders/

Service Center Hotline: 800-285-2221 Email: Service@americanbar.org

The legal services division is to support and expand access to justice for all persons through the provision of, and appropriate funding for, legal assistance, counsel, and representation in the nation's civil, criminal, and military justice systems. You can look up a lawyer by state, name & type of practice.

Special Needs Planners

https://specialneedsanswers.com/about-us

Special needs planning professionals such as attorneys, financial planners and trust officers who provide the highest quality service and advice to persons with special needs and to their families.

Organizations

Amputee Coalition

https://www.amputee-coalition.org/

601 Pennsylvania Ave, STE 420, South Bldg Washington DC, 20004 888-267-5669

The Amputee Coalition is a national nonprofit educational organization whose mission is to support, educate, and advocate for people impacted by limb loss and limb difference.

Amputee Community Resource Directory

https://livingwithamplitude.com/amputee-community-resource-directory/

The user-friendly database (put together by amplitude magazine) includes website links and descriptions for prosthetic care, social connections, healthcare rehab, kids' programming and more. You can search by term, category or state.

Amputee Blade Runners

https://amputeebladerunners.com/

410 42nd Ave North Suite 207 Nashville, TN 37209

They are a non-profit organization that specializes in redefines what's possible for amputee athletes in sports and life. They provide resources for amputee athletes and design, fit and fabricate specialized sport prosthetics for all ages, free of charge.

Challenged Athletes Foundation

https://www.challengedathletes.org/grants/

9591 Waples St., San Diego, CA 92121 858-866-0959

Their mission is to serve people with physical disabilities through sport and fitness with meaningful grants. The organization also has adaptive camps and clinics for children and adults for those individuals that have a physical disability.

Heather Abbott Foundation

https://heatherabbottfoundation.org/get-involved/apply-for-a-grant/

181 Bellevue Ave, #407 Newport, RI 02840

Helps amputees who have lost limbs due to traumatic circumstances get specialized prosthetic devices.

Limbs For Life

https://www.limbsforlife.org/get-help/

9604 N. May Ave Oklahoma City, Ok 73120

888-235-5462

Email: admin@limbsforlife.org

Provides financial assistance for prosthetic care provided by local professional partners to qualified, approved applicants at no cost to the amputee.

National AgrAbility Project

http://www.agrability.org/

225 South University St. West Lafayette IN 47907 800-825-4264

The organization's vision is to enhance the quality of life for farmers, ranchers, and other agricultural workers with disabilities.

Michigan Regional AgrAbility Project

https://www.michiganagrability.org/ http://www.agrability.org/resources/

Provides services to farmers in Michigan

The Prosthetic Foundation

https://www.theprostheticfoundation.org/about/

610 N. Main Ave San Antonio, TX 78205

Email: operations@theprostheticfoundation.org

Provides support and access for uninsured or under-insured amputees to obtain quality prosthetics with comprehensive aftercare, and to generate public awareness for these individuals (for Texas amputees)

Orthotics & Prosthetics

The American Board for Certification in Orthotics, Prosthetics & Pedorthics

(ABC) is the national certifying and accrediting body for the Orthotic, Prosthetic and Pedorthic professions. ABC certified individuals are considered leaders in the profession and provide the highest quality patient care, along with excellence in research and device design. ABC certified individuals must meet stringent educational standards, clinical training and a complete assessment of competency.

Search for an ABC certified individual or facility in your area: https://www.abcop.org/

University of Michigan Orthotics & Prosthetics Center (UMOPC) Ann Arbor

https://www.uofmhealth.org/our-locations/south-industrial-op 2850 S. Industrial Hwy, Suite 400 Ann Arbor, MI 48104 734-973-2400

Since the first orthoses were fabricated in 1912, the University of Michigan Orthotics and Prosthetics Center has been providing comprehensive services to clients from the University of Michigan Health System and to clients referred directly by their physicians. A physician prescription is required for all services.

Recreational Resources

Adaptive Adventures

https://adaptiveadventures.org/programs/

9053 Harlan Street, Suite 34 Westminster, CO 80031 303-679-2770

Establishes, sustains and scale adaptive sports programs in unserved and underserved communities for children, adults and veterans. They foster collaboration bringing the community together and provide training, education, equipment resources and administrative support to sustain ongoing programming.

Disability Network

https://www.dnwml.org/arts-recreation/

3941 Research Park Drive Ann Arbor, MI 48108 734-971-0277

The Disability Network offers social and recreational activities and experiences. They offer both virtual and in-person art programming, youth Dances, Movie Club, fun, and exciting high-quality sports, recreation, and activities for people of all ages and abilities.

Mary Free Bed Wheelchair & Adaptive Sports

https://moveunitedsport.org/organization/mary-free-bed-wheelchair-and-adaptive-sports/

235 Wealthy St SE Grand Rapids MI 49503

616-840-8356

Email: sports@maryfreebed.com

The Program provides enriching opportunities for people of all ages and abilities to challenge the body and the mind for a lifetime.

Michigan Adaptive Sports

https://www.michiganadaptivesports.com/

4301 Orchard Lake Rd West Bloomfield, MI 48323

Email: michiganadaptivesports@gmail.com

Michigan Adaptive Sports (MAS) is a chapter of *Move United*, a non-profit, tax-exempt educational organization established for the purpose of providing sports, recreation and physical fitness opportunities for persons with disabilities.

Michigan Amputee Golf Association

http://maga.golf/

586-201-5764

Email: bbiagioli@comcast.net

Established in 1955, the Michigan Amputee Golf Association has been conducting tournaments and encouraging participation for hundreds of amputee golfers in the Midwest.

Michigan Operation Freedom Outdoors

https://miofo.org/ 11800 Merriman Rd Suite 510684 Livonia MI 48151 734-612-6677

Email: tjones.miofo@gmail.com

Michigan Operation Freedom Outdoors provides improved outdoor recreation opportunities for wounded veterans and individuals with health challenges and to coordinate a support network that facilitates their recovery through connecting with nature.

Move United

https://moveunitedsport.org/about-us/our-mission-impact/

451 Hungerford Dr., Suite 608 Rockville, Maryland 20850 301-217-0960

Using the power of sports to push what is possible for people with disabilities, offering resources, adaptive equipment, sports and more.

Mt. Brighton Adaptive Sports

https://mtbadaptivesports.org/

Mt. Brighton Ski Resort 4141 Bauer Rd Brighton, MI 48116 810- 522-8904

Email: mtbadaptive@gmail.com

Provides adaptive sports opportunities for people with disabilities in the lower Michigan area.

Programs to Educate All Cyclists (PEAC)

http://www.bikeprogram.org/

110 N. River Street Ypsilanti, MI 48198 734-484-2758

Empowers Individuals with disabilities through cycling, active transportation, and self-advocacy education.

Rehabilitation Institute of Michigan Foundation

https://www.rimfoundation.org/

261 Mack Detroit, MI 48201 313-418-5908

Email: kspillane@rimfoundation.org

RIM Foundation Sportability Program provides competitive and recreational sporting opportunities for persons with disabilities.

UM Adaptive & Inclusive Sports Experience(UMAISE)

https://medicine.umich.edu/dept/pmr/patient-care/therapeutic-otherservices/umaise-university-michigan-adaptive-inclusive-sports-experience/offeredprograms

Recreational Therapy Clinic 1500 E. Medical Center Dr. Ann Arbor MI 48197 734-936-5491

Email: PMR-UMAISETR@umich.edu

Provides access to adaptive sports to participants and their families. We strive to cover as much of the cost as possible through generous donors and other University of Michigan resources.

UM Adaptive Sports & Fitness

https://www.umadaptivesports.com/ Haven Hall 505 S. State St.

Ann Arbor MI 48109-1045

asfoffice@umich.edu

The program aims to increase awareness, knowledge of, access to, and participation in adaptive sports and fitness among people with and without disabilities.

Driving

Creative Mobility Group

Driver Rehabilitation

https://www.creativemobilitygroup.com/shopping-tools/driver-rehabilitation/#driver-rehabilitation-michigan

888-998-4264

Driver rehabilitation is a specialized field of occupational therapy that involves helping individuals who have experienced illness or injury that has affected their ability to drive. The goal of driver rehabilitation is to help these individuals regain the skills and confidence necessary to safely operate a vehicle. Locate a provider near you -by county.

MedRehab Occupational Therapy & Drive-Ability Program

355 Briarwood Circle #4 Ann Arbor, MI 48108-5742 734-763-2554

The Drive-Ability Program provides comprehensive and individualized clinical driving evaluations for patients with physical, visual, perceptual and/or cognitive impairments that may impair their driving safety. Our driver rehabilitation specialists have specialized and advanced training in the evaluation and intervention of these specific problems. Following the clinical evaluation, recommendations are made regarding advancing to an on-road evaluation and/or equipment training. Patients and families are educated in compensatory strategies and driving equipment options. Coordination with the Department of Motor Vehicles and follow up with physicians are provided.

The Association for Drivers Rehabilitation Specialists

https://www.aded.net/page/consumer-page

200 First Ave, NW, Suite 505 Hickory, NC 28601 866-672-9466

Email: info@aded.net

ADED trains and certifies therapists & driver educators who perform vehicle evaluations & training. They have a membership directory of professionals in your area that include: Certified driver rehab specialists, mobility equipment dealers & manufacturers.

Disability Parking Permits

https://www.michigan.gov/sos/vehicle/disability-parking

Information on how to acquire: disability license plate, permanen & temporary portable disability placards and free parking sticker.

Vehicle Modifications

National Mobility Equipment Dealers Association

https://nmeda.org/

NMEDA is an Association of Mobility Dealers, Manufacturers and Rehabilitation Professionals that advocates providing safe, reliable vehicles and modifications to enhance accessibility for all people. Check the web site for dealers in your area.

Rebates

https://nmeda.com/how-to-buy/rebates/

Many manufacturers offer rebate assistance to customers when they purchase new mobility equipment. Check the website for a list of dealers and programs that offer rebate assistance.

Disability Rights Michigan

https://www.drmich.org/wp-

content/uploads/2022/05/DRM TA Accessibility Vehicle.pdf

Information on vehicle modifications, assistance in paying for them and website links that will take you directly to helpful information.

Transportation

Ann Arbor Transportation Authority A-Ride Accessible & Senior Service

https://www.theride.org/services/accessible-senior-service https://www.theride.org/how-ride/use-ada-accessible-services

734-973-6500

All AATA buses have low-floor vehicles and have a ramp for wheel-chair access.

AATA also provides door-to-door service to eligible individuals whose disabilities prevent them from riding the regular route buses. A-Ride trips are provided in accessible vehicles at a reduced cost. You must have a valid A-Ride I.D. to use A-Ride services. You can call for an ADA Eligibility Application or download it online. Professional certification of a disability is required as part of the application process.

National Aging and Disability Transportation Center

https://www.nadtc.org/about/transportation-aging-disability/unique-issues-related-to-older-adults-and-transportation/

The NADTC supports the development of convenient, affordable, and accessible transportation options. For more information about transportation in your area and to check out all available resources:

866-983-3222

Email: contact@nadtc.org

Travel

Amputee Coalition

https://www.amputee-coalition.org/advocacy-awareness/travel-questions-concerns/

Transportation Security Administration

https://www.tsa.gov/travel/special-procedures

The Amputee Coalition provides travel information for amputees and other travelers with disabilities along with the link forTSA procedures for people with disabilities and medical conditions. Click on the direct link for TSA for questions and answers about traveling with a disability and medical conditions.

Detroit Metro Airport

Accessibility & Additional Assistance for traveling through the airport

https://www.metroairport.com/at-dtw/getting-around/accessibility-additional-assistance

734-247-7678

Email: accessibility@wcaa.us

You can request wheelchair assistance by contacting the airline directly. Please note, you will need to visit your airline's ticket counter upon arrival to Detroit Metropolitan Airport for wheelchair service.

Amtrak

https://www.amtrak.com/accessible-travel-services

800-872-7245

Amtrak provides assistance for people with disabilities and accessible space can be requested. Discounts are available for passengers with disabilities and up to one travel companion. Click on the link for more information; https://www.amtrak.com/deals-discounts/everyday-discounts/passengers-with-disabilities-discounts.html

DisabledTravelers.com

http://www.disabledtravelers.com/

A resource dedicated to accessible travel information. The website will provide you with information on businesses from around the world that specialize in disability travel.

Society for Accessible Travel & Hospitality (SATH)

https://sath.org/resources/

347 Fifth Ave, Suite 605 New York, NY 10016 212-447-7284

Email: info@sath.org

An educational nonprofit organization whose mission is to raise awareness of the needs of all travelers with disabilities, remove physical and attitudinal barriers to free access and expand travel opportunities in the United States and abroad. They provide travel tips & access information, resources, need to know facts about traveling and more.

Wheelchair Seating & Services

Michigan Medicine Wheelchair Seating

https://homecare.med.umich.edu/Wheelchair-Seating-Service/Contact-Us 2850 South Industrial Highway, Suite 200 Ann Arbor, MI 48104 877-868-8889

Wheelchair Seating Service provides evaluations and mobility equipment for seating and mobility needs.

Rehabilitation Institute of Michigan Wheelchair Services and Seating Clinic https://www.rimrehab.org/services/wheelchair-services-and-seating-clinic 313-745-1020

They have 4 locations throughout Michigan, check the website for locations and more information.

National Seating and Mobility

https://www.nsm-seating.com/mobility/

833-289-1020

There are 5 locations throughout Michigan, check the website for locations and more information.