

Resource Guide for Persons with Limb Loss

**University of Michigan Orthotics & Prosthetics Center
Physical Medicine and Rehabilitation**

2022-2023 Guide



MICHIGAN MEDICINE

UNIVERSITY OF MICHIGAN

<https://pmr.med.umich.edu/ucan>

2850 S. Industrial Hwy, Suite 400

Ann Arbor, MI 48104

734-973-2400

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University of Michigan Orthotics and Prosthetics Center (UMOPC) only endorse Michigan Medicine and the University of Michigan (UM) departments. All other listings are for informational purposes only. Please contact Carla Vollmer via email at cvollmer@med.umich.edu to report information updates or to be added to or removed from this listing.

Amputee Networks/Support Groups

Ann Arbor

University of Michigan

Community Amputee Network (U-CAN)

1st Tuesday of each month, 5:30 to 7:30 PM

University of Michigan

Orthotics & Prosthetics Center

2850 South Industrial Highway, Suite 400

Contact: [Carla Vollmer](#), Limb Loss Support Coordinator

[Brittany Shupe-Sawyer](#), LLMSW, Clinical Social Worker

General Information: 734-973-2400

Carla Vollmer: 734-975-7432

cvollmer@umich.edu

<https://pmr.med.umich.edu/ucan>

Commerce Township

Lakes Area Amputee Support Group

2nd Tuesday of each month, 6:30-8:30 PM

Meetings held in-person & virtually

Ropp Orthopedic

2075 E West Maple Rd Ste B-207, Commerce, Twnshp

Contact: [Jeffrey Ropp](#)

248-669-9222

amputeesupport@painfreeprosthetics.com

Detroit Amputee support Group

Every 3 months on the 3rd Thursday, 4:00 PM

Meetings held virtually

Rehabilitation Institute of Michigan

Contact: [Ben Ringelberg](#)

313-745-0725

bringelb@dmc.org

Detroit Limb Loss Support Group

1st Thursday of each month, 4:00-5:30 PM

Anew Life Prosthetics & Orthotics

6438 Woodward Ave, Detroit

Contact: [Chris Casteel](#)

734-552-9225

chris@anewlifepando.com

Grand Rapids

Limb Loss Meet-up

2nd Wednesday of each month, 6:30 PM

Corewell Health West/Hanger Clinic

Location varies by month

Contact: [Jamie DuVerneay](#)

616-774-4135

Jamie.Duverneay@spectrumhealth.org

Grand Rapids

Great Lakes Amputee Network

Third Tuesday of each month, 6:30- 8:00 PM

Mary Free Bed Hospital, Orthotics & Prosthetics, Waiting area

235 Wealthy St., SE, Grand Rapids

Contact: [Stephanie Rose](#)

616-591-8980

stephanie.rose@maryfreebed.com

Holland

West Michigan Amputee Coalition

Contact: [Jon Cummings](#)

616-355-3970

joncum@hollandhospital.org

Kalamazoo

Southwest MI Amputee Resource Group

2nd Monday of each month, 6:30-7:30 PM

Ascension Borgess Health & Fitness

3025 Gull Rd, Kalamazoo, MI

Contact: [Denise Garten](#)

269-425-0042

smarg.amputees@gmail.com

Amputee Coalition

For a listing of support groups nearest you

900 East Hill Avenue, Suite 390

Knoxville, Tennessee 37915

Phone: 888-267-5669

<https://www.amputee-coalition.org/support-groups-peer-support/support-group-network/>

Case Management

NADR—National Association of Disability Representatives

www.nadr.org/

1305 W. 11th street #222

Houston, TX 77008

Phone: 202-822-2155

Referral line: 800-747-6131

A not-for-profit national referral service for claimants seeking representation and information about Social Security Disability, continuing disability reviews, and over payment and under payment problems.

Aging Life Care Association

<http://www.aginglifecare.org/>

3275 W. Ina Road, Suite 130, Tuscon, AZ 85741-2198

Phone: 520-881-8008

Also known as geriatric care management, is a holistic, client-centered approach to caring for older adults with a specialized focus on issues associated with aging and disabilities

Community Resources

Ann Arbor Center for Independent Living

<http://www.aacil.org/>

3941 Research Park Drive

Ann Arbor, MI 48108

734-971-0277

The Ann Arbor Center for Independent Living is a nonprofit organization dedicated to the success of children, youth and adults with disabilities at home, at school, at work and in the community. Their mission is to assure the equality of opportunity, full participation, independent living and economic self-sufficiency of people with disabilities in our community.

For CIL's outside of Ann Arbor: www.virtualcil.net/cils/

Easter Seals Michigan

<https://www.easterseals.com/our-programs/>

2399 E. Walton Blvd.,

Auburn Hills, MI 48326

Phone: (248)475-6400

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 100 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Michigan Ability Partners

<https://www.mapagency.org/aboutus>

<https://www.mapagency.org/services>

3810 Packard, Ste 260

Ann Arbor, MI 48108

734-975-6880

MAP works with Veterans and people who have disabilities in support of their self-directed transformation to self-sufficiency; Helping find Permanent Supported Housing, Supportive Services including case management, Rapid Re-Housing, Employment Training, Job Placement Services and Representative Payee services.

Michigan Disability Rights Coalition

<https://www.mymdrc.org/>

Michigan Disability Rights Coalition
3498 East Lake Lansing Road, Ste 100
East Lansing, MI 48823
800-578-1269 or 517-333-2477

MDRC cultivates disability pride and strengthens the disability movement by recognizing disability as a natural and beautiful part of human diversity while collaborating to dismantle all forms of oppression.

Counseling

University of Michigan Comprehensive Depression Center

<http://www.depressioncenter.org>

Rachel Upjohn Building
4250 Plymouth Road, SPC 5763
Ann Arbor, MI 48109-2700
734-764-0231

Providing care through the Department of Psychiatry, the U-M Health System, University Health Services, and our own clinical consultation program, U-M Depression Center clinicians connect with patients, families, and other healthcare providers across the University of Michigan.

Michigan Psychological Association

<http://www.michiganpsychologicalassociation.org/index.php>

124 West Allegan Street
Suite 1900 Lansing, MI 48933
517-347-1885

MPA is an organization of more than 1,000 psychologists working to advance psychology as a science and a profession and to promote the public welfare by encouraging the highest professional standards, offering public education and providing public service, and by participating in the public policy process on behalf of the profession and health care consumers. It is the Michigan affiliate of the American Psychological Association. Search by city, type or by name to find a psychologist.

American Psychological Association

<https://locator.apa.org/>

To search for a psychologist outside of Michigan

Durable Medical Equipment

University of Michigan Wheelchair Seating

<https://homecare.med.umich.edu/Wheelchair-Seating-Service>

2850 South Industrial Highway, Suite 200
Ann Arbor, MI 48104
877-868-8889

The UMHS, Wheelchair Seating Service provides evaluations and mobility equipment for seating and mobility needs. We offer a complete line of seating services including custom seating/positioning, and complex power mobility devices at affordable prices.

Rehabilitation Institute of Michigan Wheelchair Services and Seating Clinic

<https://www.rimrehab.org/services/wheelchair-services-and-seating-clinic>

RIM's team of wheelchair service professionals can evaluate and make recommendations for each patient based on his or her needs, goals and projected outcomes.

They have 4 locations throughout Michigan. Check the website for more information.

313-745-1203

National Seating and Mobility

<https://www.nsm-seating.com/mobility/>

833-289-1020

They have 7 locations throughout Michigan. Call or visit the website for more information.

Finances

Limbs For Life Foundation

<http://www.limbsforlife.org/>

9604 N. May Ave

Oklahoma City, OK 73120

Phone: 888-235-5462

Email: admin@limbsforlife.org

The Limbs for Life Foundation is a global nonprofit organization dedicated to providing fully functional prosthetic care for individuals who cannot otherwise afford it and raising awareness of the challenges facing amputees. Our goal is to provide a financial bridge between low-income amputees and the quality prosthetic care needed to restore their lives. Since the foundation began in 1995, we have helped over 7,700 amputees obtain the prosthetic care that enabled them to move forward with their lives.

**Michigan Assistive Technology Loan Fund
c/o Michigan United Cerebral Palsy of Michigan**

<https://www.ucpmichigan.org/assistivetech>

23077 Greenfield Rd.

Suite 205

Southfield, MI 48075

Phone: 800-827-4843

Email: info@mi-ucp.org

Michigan Assistive Technology Loan Fund allows people with disabilities and seniors (or their family members) to purchase assistive technology devices or services, including modification of vehicles and homes.

Ramp assistance

Quick Ramps for Kids are a simple, portable ramp solution for children who use a wheelchair.
Email for more information: quickramps@mi-ucp.org

Ramps for Independence is a MI-UCP program designed to improve the quality of life for people with disabilities, seniors and veterans with low to moderate income by making their housing more accessible.

Email for more information: rampsforindependence@mi-ucp.org

Government Resources

American with Disabilities

U.S. Department of Justice ADA Home Page

<http://www.ada.gov/>

Website provides Information and Technical Assistance on the American with Disabilities Act.

Office of Disability Employment Policy

<https://www.dol.gov/agencies/odep/topics>

The website lists disability-related resources on programs, services, laws and regulations to help people with disabilities lead full, independent lives. With just a few clicks, visitors can find critical information on a variety of topics, including benefits, civil rights, community life, education, emergency preparedness, employment, housing, health, technology and transportation.

Job Accommodation Network

<http://www.jan.wvu.edu/>

Job Accommodation Network

PO Box 6080

Morgantown, WV 26506-6080

800-526-7234

Resources for workplace productivity enhancements and reasonable accommodation solutions.

A service of the U.S. Department of Labor's [Office of Disability Employment Policy](#).

Michigan Rehabilitation Services

https://www.michigan.gov/leo/0,5863,7-336-94422_97702---,00.html

517-241-5324

800-605-6722

MRS partners with individuals and employers to achieve quality employment outcomes and independence for persons with disabilities.

Home Health/Personal Assistance

Health Care.gov

<http://www.healthcare.gov/index.html>

A federal government website managed by the U.S. Department of Health & Human Services that can answer questions you may have regarding healthcare coverage and the affordable care act.

U.S. Department of Health & Human Services

<https://www.hhs.gov/programs/index.html>

200 Independence Avenue, S.W.

Washington, D.C. 20201

877-696-6775

Take health care into your own hands: explore your options, find explanations and take a look at what it will cost. HHS programs is the United States government's principal agency for protecting the health of all Americans and providing essential human services.

The Office for Civil Rights enforces the HIPAA Privacy Rule, which protects the privacy of individually identifiable health information; the HIPAA Security Rule, which sets national standards for the security of electronic protected health information; and the confidentiality provisions of the Patient Safety Rule, which protect identifiable information being used to analyze patient safety events and improve patient safety.

<http://www.hhs.gov/ocr/>

University of Michigan Home Med Services

<https://homecare.med.umich.edu/>

2850 S. Industrial Hwy, Suite 50

Ann Arbor MI 48104 -9821

800-862-2731

Home Med provides a wide range of services in the comfort of your home.

University of Michigan Home Care Services – Michigan Visiting Nurses

<https://homecare.med.umich.edu/Michigan-Visiting-Nurses>

2850 S. Industrial Hwy, #75

Ann Arbor, MI 48104

800-842-5504

Michigan Visiting Nurses is a home care provider of skilled nursing and rehabilitation services. Our team provides comprehensive and individualized care to patients and families that may need wound management, infusion care, medication reconciliation and education, special rehab programs and general nursing. All services are customized to fulfill our patient's unique and changing needs, and are available on a per-visit basis.

Home Modifications

Builders and Remodelers Association of Greater Ann Arbor (BRAG)

Serving all of Washtenaw County

<http://www.bragannarbor.com/>

179 Little Lake Drive

Ann Arbor, MI 48103

734-996-0100

BRAG members who have earned National Association of Home Builders (NAHB) professional designations and certifications.

National Association of Home Builders (NAHB)

<http://www.nahb.org/>

Specialty Builders and contractors to accommodate your home or place of residence

<https://match.angi.com/sem/category.Specialty-Services-Disability-Chairlifts-Elevators.10431.html>

Housing Assistance

Ann Arbor Center for Independent Living

www.aacil.org

3941 Research Park Drive

Ann Arbor, MI 48108

734-971-0277

The Ann Arbor Center for Independent Living is a nonprofit organization dedicated to the success of children, youth and adults with disabilities at home, at school, at work and in the community. Our mission is to assure the equality of opportunity, full participation, independent living and economic self-sufficiency of people with disabilities in our community. **For CIL's outside of Ann Arbor:**

www.virtualcil.net/cils/

Community Housing Network

<http://www.communityhousingnetwork.org/>

Community Housing Network offers a variety of services to connect people to safe, decent and affordable housing opportunities.

Legal Services

American Bar Association

<http://www.americanbar.org/aba.html>

https://www.americanbar.org/groups/legal_services/flh-home/flh-bar-directories-and-lawyer-finders/

Service Center Hotline: 800-285-2221

Email: Service@americanbar.org

Hours: 9:00 AM- 6:00 PM ET

Special Needs Planners

<https://specialneedsanswers.com/about-us>

consists of special needs planning professionals such as attorneys, financial planners and trust officers who provide the highest quality service and advice to persons with special needs and to their families.

Organizations

AgrAbility

The organization's goal is to enhance the quality of life for farmers, ranchers, and other agricultural workers with disabilities. While the term "disability" often brings to mind conditions such as spinal cord injuries and amputations, AgrAbility addresses not only these but also many other conditions, such as arthritis, back impairments, and behavioral health issues.

National AgrAbility Project

Breaking New Ground Resource Center

Purdue University

ABE Bldg., 225 South University Street

West Lafayette IN 47907-2093

The vision of AgrAbility is to enable a high quality lifestyle for farmers, ranchers, and other agricultural workers with disabilities.

Phone: 1-800-956-4106

Michigan Regional AgrAbility Contact List

<http://www.agrability.org/resources/>

<http://agrability.org/Contact-lists/projectscontact.cfm#MI>

Amputee Coalition

<http://www.amputee-coalition.org/>

900 East Hill Avenue, Suite 290 Knoxville, Tennessee 37915-2568 888-267-5669

Toll-Free: 888/267-5669

The Amputee Coalition is a national nonprofit consumer educational organization whose mission is: to reach out to and empower people affected by limb loss to achieve their full potential through education, support and advocacy, and to promote limb loss prevention. The ACA includes individual amputees, amputee education and support groups for amputees, professionals, family members and friends of amputees, amputation or limb loss related agencies, and organizations.

Ann Arbor Center for Independent Living (AACIL)

<http://www.annarborcil.org/>

3941 Research Park Drive Ann Arbor, MI 48108

Phone: 734-971-0277

The Ann Arbor Center for Independent Living (part of the Disability Network-Michigan) is a nonprofit organization dedicated to the success of children, youth and adults with disabilities at home, at school, at work and in the community. The CIL can help you with: career services, long term care options, resources for community living, sports and recreation, computer/technology and much more.

For a CIL in your county see: www.virtualcil.net/cils/

Mismatched & Single Shoes Information

<https://www.amputee-coalition.org/resources/shoe-exchanges/>

The organizations listed on the website above accept donations of single shoes in good condition. The list also contains retailers that offer single shoes for sale at a discounted price.

Orthotics & Prosthetics

The American Board for Certification in Orthotics, Prosthetics & Pedorthics

(ABC) is the national certifying and accrediting body for the Orthotic, Prosthetic and Pedorthic professions. ABC certified individuals are considered leaders in the profession and provide the highest quality patient care, along with excellence in research and device design. ABC certified individuals must meet stringent educational standards, clinical training and a complete assessment of competency. Facility accreditation ensures quality healthcare in orthotic, prosthetic, and pedorthic practices. The standards set by ABC encourage best practices in patient care, safety, professionalism and organizational performance. This site allows you to search for an ABC certified individual or facility in your area.

University of Michigan Orthotics & Prosthetics Center (UMOPC)

Ann Arbor

<https://www.uofmhealth.org/our-locations/south-industrial-op>

2850 S. Industrial Hwy, Suite 400

Ann Arbor, MI 48104

734-973-2400

Since the first orthoses were fabricated in 1912, the University of Michigan Orthotics and Prosthetics Center has been providing comprehensive services to clients from the University of Michigan Health System and to clients referred directly by their physicians. A physician prescription is required for all services. Orthotists provide a full range of prefabricated and custom Orthotic services. We also have a full range of soft good and post-mastectomy products in our Personal Touch program. The Prosthetic team designs and fabricates prosthesis that is the most appropriate for an individuals' needs.

How to choose a Prosthetist—UM O&P Fact Sheet

<http://www.med.umich.edu/i/op/Policy%20&%20Procedure%20Manual/P&P%20PDF%20Folders/600%20PDF%20ver/Device%20Descriptions.%20PDF%20Files/CHOOSPRO.pdf>

Recreational Resources

Adaptive Adventures

<https://adaptiveadventures.org/programs/>

Provide progressive outdoor sports opportunities to improve quality of life for Children, adults and veterans with physical disabilities and their families

Currently providing free virtual fitness classes.

Ann Arbor Center for Independent Living

<http://www.annarborcil.org/offices/recreation/>

3941 Research Park Drive

Ann Arbor, MI 48108

734-971-0277

Michigan Adaptive Sports

<https://www.michiganadaptivesports.com/>

Michigan Adaptive Sports (MAS) is a chapter of ***Disabled Sports USA***, a non-profit, tax-exempt educational organization established for the purpose of providing sports, recreation and physical fitness opportunities for persons with disabilities.

Michigan Amputee Golf Association

<http://maga.golf/>

20200 Maxine Street

St. Clair Shores, MI 48080

Established in 1955, the Michigan Amputee Golf Association has been conducting tournaments and encouraging participation for hundreds of amputee golfers in the Midwest.

UM Adaptive & Inclusive Sports Experience

<https://medicine.umich.edu/dept/pmr/patient-care/therapeutic-other-services/umaise-university-michigan-adaptive-inclusive-sports-experience/offered-programs>

Recreational Therapy Clinic

Ann Arbor MI 48197

734-936-5491

UM Adaptive Sports & Fitness

<https://www.umadaptivesports.com/>

Haven Hall

505 S. State St.

Ann Arbor MI 48109

asfoffice@umich.edu

Transportation & Travel Resources

Driving

MedRehab Occupational Therapy & Drive-Ability Program

355 Briarwood Circle #4
Ann Arbor, MI 48108-5742
734-998-7888

The Drive-Ability Program provides comprehensive and individualized clinical driving evaluations for patients with physical, visual, perceptual and/or cognitive impairments that may impair their driving safety. Our driver rehabilitation specialists have specialized and advanced training in the evaluation and intervention of these specific problems. Following the clinical evaluation, recommendations are made regarding advancing to an on road evaluation and/or equipment training. Patients and families are educated in compensatory strategies and driving equipment options. Coordination with the Department of Motor Vehicles and follow up with physicians are provided.

The Association for Drivers Rehabilitation Specialists

<https://www.aded.net/page/consumer-page>

2425 N. Center St. #369
Hickory, North Carolina 28601
866-672-9466

Promoting excellence in the field of driver rehabilitation in support of safe, independent community mobility. ADED provides a membership directory of professionals working in the field of driver's education and transportation equipment modification for persons with disabilities. Web site also lists a links page for transportation information.

Disability Parking Permits

<https://www.michigan.gov/sos/vehicle/disability-parking>

Disability Parking information on plates, reduced fees for plates and information on portable disability placards for parking.

Vehicle Modifications

National Mobility Equipment Dealers Association

<https://nmeda.com/>

NMEDA is an Association of Mobility Dealers, Manufacturers and Rehabilitation Professionals that advocates providing safe, reliable vehicles and modifications to enhance accessibility for all people. Check the web site for dealers in your area.

Rebates

<https://nmeda.com/how-to-buy/rebates/>

Many manufacturers offer rebate assistance to customers when they purchase new mobility equipment. Please contact your manufacturer directly with questions.

Transportation

Ann Arbor Transportation Authority A-Ride Accessible & Senior Service

<https://www.theride.org/services/accessible-senior-service>
<https://www.theride.org/how-ride/use-ada-accessible-services>

734-973-6500

All AATA buses are low-floor vehicles, you do not have to climb steps to board these buses, and there is a ramp for wheel-chair access.

AATA also provides door-to-door service to eligible individuals whose disabilities prevent them from riding the regular route buses. A-Ride trips are provided in accessible vehicles at a reduced cost. You must have a valid A-Ride I.D. to use A-Ride services. You can call for an ADA Eligibility Application or download it online. Professional certification of a disability is required as part of the application process.

National Aging and Disability Transportation Center

<https://www.nadtc.org/about/transportation-aging-disability/unique-issues-related-to-older-adults-and-transportation/>

The NADTC supports the development of convenient, affordable, and accessible transportation options that enable individuals of *all* ages to travel to work, volunteer, spend time with family and friends, and enjoy entertainment, recreational and religious activities.

For more information about transportation in your area, you can contact them at:

866-983-3222

Email: contact@nadtc.org

United States Department of Transportation Federal Transit Administration

http://www.fta.dot.gov/civil_rights.html

1200 New Jersey Avenue, SE Washington, DC 20590

1-888-446-4511

The Federal Transit Administration works to ensure nondiscriminatory transportation in support of our mission to enhance the social and economic quality of life for all Americans. The FTA Office of Civil Rights is responsible for civil rights compliance and monitoring to ensure nondiscriminatory provision of transit services.

Travel

Amputee Coalition

<https://www.amputee-coalition.org/advocacy-awareness/travel-questions-concerns/>

888-267-5669

Provides general travel information and advice for amputees and other travelers with disabilities

Amtrak

<https://www.amtrak.com/accessible-travel-services>

Amtrak Station

325 Depot Street

Ann Arbor, MI 48104

800-872-7245

Amtrak provides assistance for people with disabilities and accessible space can be requested. For more information, check out their website.

Detroit Metro Airport

Accessibility & Additional Assistance for traveling through the airport

<https://www.metroairport.com/at-dtw/getting-around/accessibility-additional-assistance>

734-247-7678

If you are not accompanied by or met at the airport by a friend, relative or business associate, it is important that you contact your airline to inform them of any assistance you may require, e.g., a wheelchair (departing and arriving), specific seating requests, specific kinds of foods, etc. Security measures restrict public access beyond passenger screening to ticketed passengers only. However, airlines will allow persons with special needs to be accompanied by health care assistants or guardians. If a friend or family member wants to accompany an elderly or disabled person to or from the aircraft gate, they need to obtain permission from the airline.

Transportation Security Administration

<http://www.tsa.gov/travelers/airtravel/specialneeds/index.shtm>

Helpful TSA information for travelers with disabilities.

DisabledTravelers.com

<http://www.disabledtravelers.com/>

A resource dedicated to accessible travel information. The website will provide you with information on businesses from around the world that specialize in disability travel.

Easy Access Travel

<https://easyaccesstravel.com/>

951-202-2208

Easy Access Travel is dedicated to meeting the special needs of the disabled and mature travelers.

SATH (Society for Accessible Travel & Hospitality)

<https://sath.org/resources/>

347 Fifth Ave, Suite 605 New York, NY 10016 212-447-7284

An educational nonprofit organization whose mission is to raise awareness of the needs of all travelers with disabilities, remove physical and attitudinal barriers to free access and expand travel opportunities in the United States and abroad. They provide travel tips & access information, resources, need to know facts about traveling and more.