



MICHIGAN MEDICINE  
UNIVERSITY OF MICHIGAN

# Silver Club Memory Programs

*Together, we make every moment matter.*

### *Greetings from Silver Club!*

*Summer went by so quickly, and we are now moving on to crisp weather, falling leaves, and apple cider (my favorite!). Fall at Silver Club bring lots of new student volunteers- eager to learn and to give back to the community. Silver Club's members enjoy interacting with the volunteers and providing valuable career/ life advice.*

*We are already planning for The Big Hearts for Seniors 2020 event! On May 7th, members of our community will tell stories as it relates to aging (our theme this year is 'Big Hearted Stories'). Please see the save the date included in this edition and check out the website for more information on how YOU could be chosen to tell your story!*  
<https://victors.us/bighearts-forseniors>

*Sincerely,*

*Shannon Etcheverry, LMSW  
Director, Silver Club*



## Silver Club Garden

This Spring and Summer, the Silver Club life skills group planted a beautiful herb and vegetable garden. The group was very excited and waited in great anticipation to enjoy the rewards of their labor. The group planted tomatoes, green peppers, zucchini and cucumbers. In the back of the garden, the members created a flower garden that consisted Petunias, Marigolds, and for the fall they planted beautiful mums. Some of these herbs and spices include oregano, jalapeno peppers, mint, and chives. The members watered the garden daily and sat in amazement as they waited eagerly to see the fruits of their labor.

The life skills group, along with other groups of the silver club programs, created many edible treats from the garden. Some of the treats created were zucchini bread, and fried green tomatoes. The flowers and mums were donated to the Silver Club program by Zywicki's Greenhouse in Belleville, Michigan.

## Silver Club Visitors from Taiwan

This summer, two students from Mackay Medical College, Institute of Long-Term Care Master in Taiwan visited us at Silver Club Memory Programs. Da-Wei (David) Ren, and YiHan (Ellen) Chiu (also a Doctor in Biological and Technology, and an Assistant Professor teaching in Nursing Department at St. Mary's Junior College of Medicine), joined us for a week. While visiting, they participated in a tower building competition, taught our members how to make delicious pork dumplings, shared Chinese calligraphy, and taught our members how to pronounce their names in Chinese. Hand-painted gifts created by Ellen's mother were presented to each member that Ellen personalized, writing each member's name in Chinese on the beautiful bookmarks, and paper fans she brought. They also gave mini talks on Asia, Taiwan sharing so much of their Chinese culture.



They were a delight to have with us. They touched all of us with their caring personalities and showed us their joy for life and the program. They shared that they had been told what a wonderful program we have here at Silver Club Memory Programs and wanted to experience the program.

On their last day, Ellen stopped by Silver Club with her husband and parents on their way from the airport. While here, her mother painted a beautiful banner for us that represents Silver Club. The first Chinese character translates as "Silver", the second "Hair," the third "Together", the fourth "Happiness", and the last "Facility". That is the perfect definition of Silver Club! It was a wonderful collaboration and we hope to have many more visitors in the future.



*A tower building competition, dumpling making, and beautiful art created with our friends from Taiwan.*

## Elderberry Club Canvas Painting

Inspired by the Simpsonville painting at the UM Art Museum this past Spring, the Elderberry Club members embarked on a creative adventure and produced their own collaborative painting. Over the course of three weeks, our large canvas was primed and painted in the style of Edward Avedisian by all the members as a group effort. When the Elderberry women visited UMMA in October, the docents had included the Simpsonville painting in our tour. How surprised they were to learn this painting provided the inspiration and influenced our summer creative project! The finished canvas will hang on the wall at TSRC and be a beautiful example of what can be accomplished by individuals who all work together.



## Walk to End Alzheimer's

This year, Silver Club participated in the Alzheimer's Associations' *Walk to End Alzheimer's*. It is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. The walk is held annually in 600 communities nationwide, with about 60 of those communities right here in Michigan. The 123 teams and 951 participants here in our backyard of Washtenaw managed to raise over \$199,738 for the cause. Accompanied by our Silver Club/Therapaws mascot, Robin, Silver Club joined with the 'Michigan Medicine For A Cause' team to complete the 3 mile trek around Pioneer High School. The warm weather and cheers of support from passer-byers made the day exceedingly memorable. Silver Club will be certainly looking forward to supporting the cause in the coming years.



# SAVE THE DATE

## ☀️ May 7, 2020 ☀️

## Big Hearted Stories: Experiences of Aging

*Join us for a special evening of local storytelling, connection and entertainment at the Michigan Theater!*



*Stay tuned on how to apply to be one of the featured storytellers!*



### BENEFITTING

Ann Arbor Meals on Wheels  
Housing Bureau for Seniors  
Osher Lifelong Learning Institute  
Silver Club Memory Programs  
Turner Senior Wellness Program

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## Meet Our Staff and Volunteers

**Staff:** Halley Douglas, Shannon Etcheverry (Director), Jeanne Hagadone, Patricia Hall, Porchia Hardwick, Lyn Kelly, Jeanne Kero, Kalpana Kothari, Danni O'Brien, Kathi Tobey, Marianna Voica, Kathy Winchell

**Volunteers:** Susan Aramaki, Neal Captain, Niketh Chopra, Polly Connor, Diane Cosier, Jerry DePuit, Dorothy Doss, Julia Duffy, Alice Fishman & Robin, Lori Fithian, Stephanie Francalancia, Abby Gaughan, Derek Ge, Sienna Goren, Pat Grimes, Samantha Guagliardo, Sara Holmes, Allison Kavanagh, Sara Keller, Ann Litzler, Jennifer Melinsky, Myrna Miller, Hoon Oh, Scott Orlov, Judith Parker, Roger Parker, Rachel Pfannes, Jacqui Roe, Taylor Rousseau, Shreya Salwi, Christine Simon, Evan Sirls, Jennifer Steiner, Cathy Strachan, Jeremy Taigman, Couper Tanko, Nancy Terry, Randy Thackston, Jaya Thyagarajan, Gloria Van Alstine, Romeo and Juliet, Mariah, Mary Wisgerhof, Heidi Yeager, Diane Zhu

**Advisory Council:** Julie DeLoria, Leslie Kamil, Clare Kolevar, Myrna Miller, Jacqueline Roe, Cathy Strachan, Julie Young



Silver Club Memory Programs  
2401 Plymouth Road, Suite C  
Ann Arbor, MI 48105

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## An Opportunity to Support Silver Club

The goal at Silver Club is to always accept families in need, even if they are experiencing financial difficulties. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters.

We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

### How You Can Help:

Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.

Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.

Make a gift – the Silver Club relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link:

<https://leadersandbest.umich.edu/find/#/give/basket/fund/367384>.

**For more information about giving, contact us at (734) 998-9352.**

## Contact Information

Silver Club Memory Programs  
2401 Plymouth Road, Suite C  
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Phone: (734) 998-9352

GerMedSilverClub@umich.edu

Www.facebook.com/SilverClubMemory

9:00 AM - 5:00 PM, Mon-Fri

## Sponsors & Community Partners

Silver Club is primarily funded by donations and member fees. We are also supported by:

- U-M Geriatrics Center
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- Friends of the U-M Hospital
- Medicaid Waiver Program
- Veterans Affairs