

APPOINTMENT INFORMATION

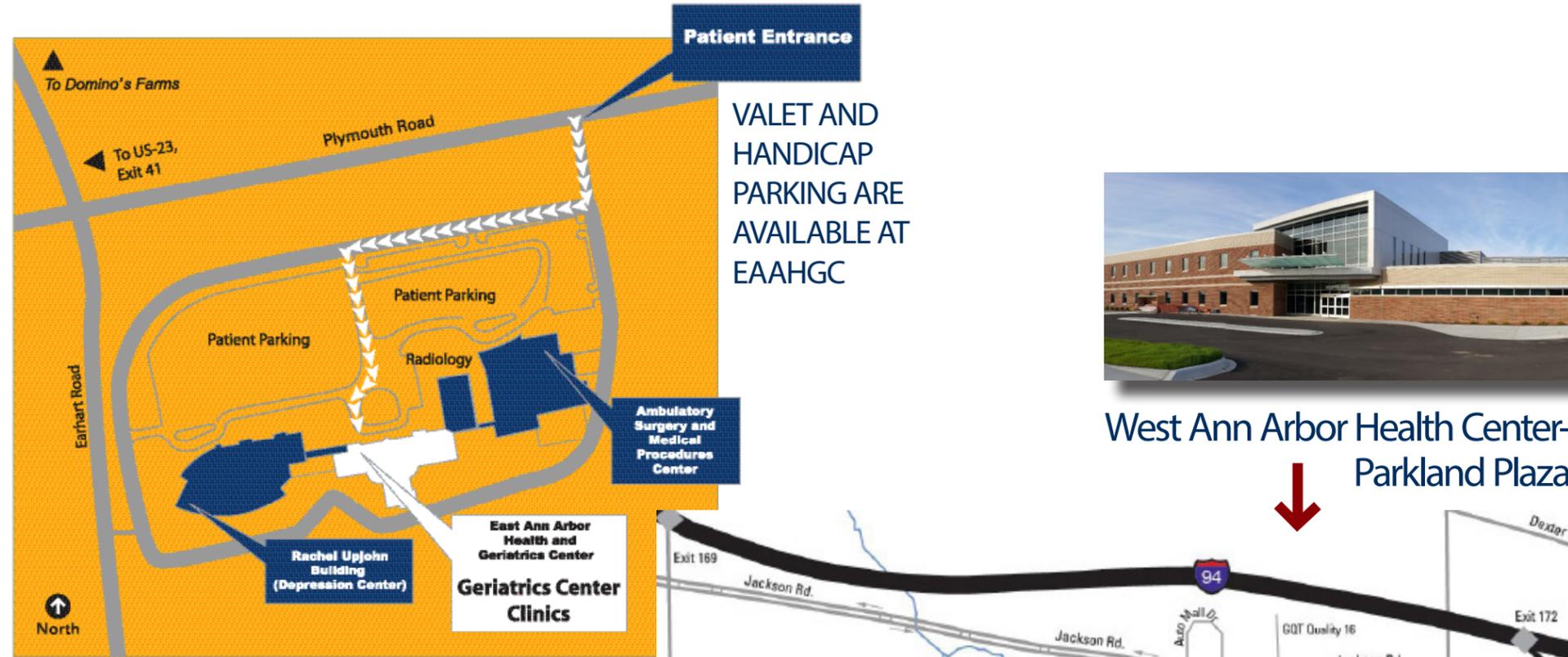
- For primary care and specialty care services, information or appointments, please call 734-764-6831.
- Our regular office hours are Monday through Friday, 8 am to 5 pm. After-hours help is available through our 24-Hour Careline 734-764-6831.
- Counseling Services—for information and appointments please call 734-764-2556.

INSURANCE INFORMATION

- The Geriatrics Center recommends calling your insurance company to determine your health care benefits before scheduling your appointment.
- All co-payments are expected to be paid in full at the time of service.

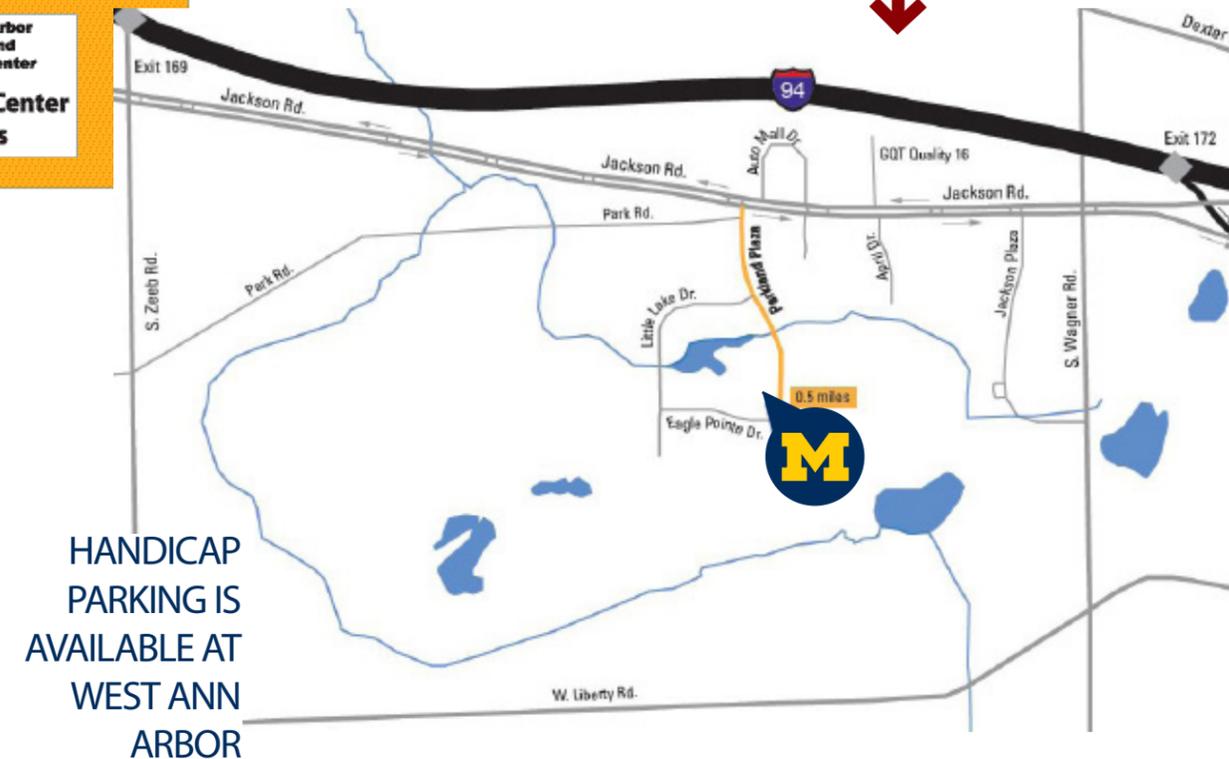
PARKING, MAP AND DIRECTIONS

- Patient and visitor parking is located just outside the front entrance of the building.
- A patient drop-off area is near the entrance of the building, and handicap access, valet parking services and wheelchairs are available.



**West Ann Arbor Health Center-
Parkland Plaza**

East Ann Arbor Health and Geriatrics Center



Geriatrics Center Clinics and Turner Geriatric Clinic



CONTACT US
734-764-6831

East Ann Arbor Health and Geriatrics Center
Geriatrics Center Clinics
4260 Plymouth Road
Ann Arbor, MI 48109-5796

West Ann Arbor Health Center- Parkland Plaza
380 Parkland Plaza
Ann Arbor, MI 48103

877-865-2167 Toll-free
734-764-2556 Social Work
734-647-8535 Clinic Fax
734-764-6831 24-Hour Careline

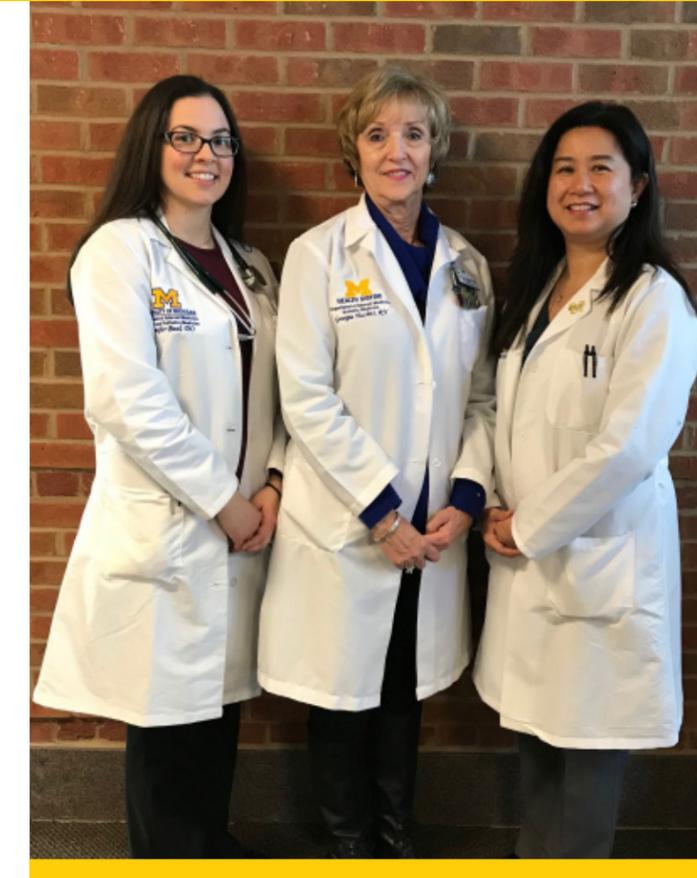
www.med.umich.edu/geriatrics/

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TAKING THE TIME TO CARE

Welcome to the outpatient clinics of the University of Michigan Geriatrics Center. Our goal is to help adults over the age of 60 lead healthier and more satisfying lives. The Geriatrics Center Clinics provide quality patient care, health promotion activities, learning programs, and community resource information. All of our staff have special training and an interest in working with older adults.

Patients are seen in our clinics at the East Ann Arbor Health and Geriatrics Center by physicians who are among the most accomplished clinicians, researchers and teachers in the field of geriatrics. We are pleased that our clinical and research programs have both long been recognized among the country's top geriatrics programs by U.S. News & World Report.

PRIMARY CARE AND ASSESSMENT AT TURNER GERIATRIC CLINIC

Turner Geriatric Clinic specializes in the comprehensive evaluation and treatment of older adults. We can provide you with ongoing primary care or coordinate your care with your regular physician. Our health care teams include physicians, nurse practitioners, social workers, nurses, medical assistants and pharmacists. These professionals work together to evaluate and treat health problems that become more common with aging.

SPECIALTY CLINICS

(East Ann Arbor only)

Multiple specialists are available in one convenient location. The Center's Specialty Clinics include:

- Blood Pressure Clinic
- Chinese Clinic
- Cognitive Disorders
- Endocrinology and Diabetes Care
- Foot Care
- Gastroenterology
- Incontinence
- Mobility Enhancement
- Movement Disorders
- Nephrology
- Neurogenetic Disorders
- Palliative and Supportive Care
- Physical Therapy
- Psychiatry
- Rheumatology

SOCIAL WORK AND COMMUNITY PROGRAMS

The goal of Social Work and Community Programs is to help patients, caregivers and other members of the community to obtain personalized help in matters that affect health and well-being. Social workers who recognize the interaction between physical and emotional health offer individual counseling sessions to older adults, family members or other caregivers. We also offer a wide range of health promotion programs, support groups, creative and volunteer opportunities, such as:

- Improving your memory classes
- Smoking cessation for seniors
- Support and information for those with vision and/or hearing loss
- Caregiving education and support groups
- Individual and group psychotherapy

Our social workers are knowledgeable and ready to help you with information and referrals to community resources:



- Referrals for family members and caregivers
- Assistance for long distance caregivers
- Information on memory loss, depression, and other health problems
- Community resources

For more information and volunteer opportunities call 734-764-2556.

ANCILLARY SERVICES

Diagnostic services available include:

- DEXA bone density scan, mammography, CT scan, MRI scan, laboratory, audiology and routine x-ray (East and West Ann Arbor)
- Retail pharmacy, Health Education Resource Center and Nutritional Services (East Ann Arbor only)

SERVICES ON THE EAST MEDICAL CAMPUS

- Ambulatory Surgery and Medical Procedures Center
- Rachel Upjohn Depression Center



OFF-SITE SERVICES

Turner Senior Resource Center

The Turner Senior Resource Center is home to community outreach programs enhancing physical, social and intellectual wellbeing and designed to meet the needs of older adults and their families. Services offered include:

- Turner Senior Wellness Program: high quality, low cost activities promoting health and well-being for seniors, such as healthy living presentations, exercise, technology mentoring, caregiver consultation, support groups, Lunch Program, and Gallery 55+
- Osher Lifelong Learning Institute at U-M: lectures, study groups, mini-courses and educational day trips
- Silver Club Memory Programs: adult day program, education and support groups for those with early memory loss

Turner Senior Resource Center is located at 2401 Plymouth Rd., Ann Arbor, MI 48105.

For information call 734-998-9353.

Acute Care for Elders (ACE) Unit

A state-of-the-art inpatient hospital unit specially-designed for senior patients, ACE provides geriatric care in collaboration with St. Joseph Mercy Hospital in Ann Arbor. From the style of care to the physical features, the ACE unit provides a geriatric-friendly space for recovery, aimed at shortening hospital stays, maintaining better physical and mental function, and decreasing the likelihood of being readmitted to the hospital.

The health care team consists of geriatric medicine physicians from University of Michigan and St. Joe's, geriatric-trained nurses and staff, social workers, dietitians, therapists, and pharmacists, to provide comprehensive care.

Admittance to the ACE unit is physician-directed, based on the specific needs of an individual patient. If a patient must be admitted to the hospital, their physician may recommend receiving care at this specialized unit, and will collaborate with the ACE geriatricians to decide if the unit would be beneficial.

The ACE unit is located at the St. Joseph Mercy Ann Arbor location. For questions, call 734-712-9080.